

# **Development of Innovative Microfluidic Polymeric Technologies for Point-of-care & Integrated Diagnostics Devices**

by

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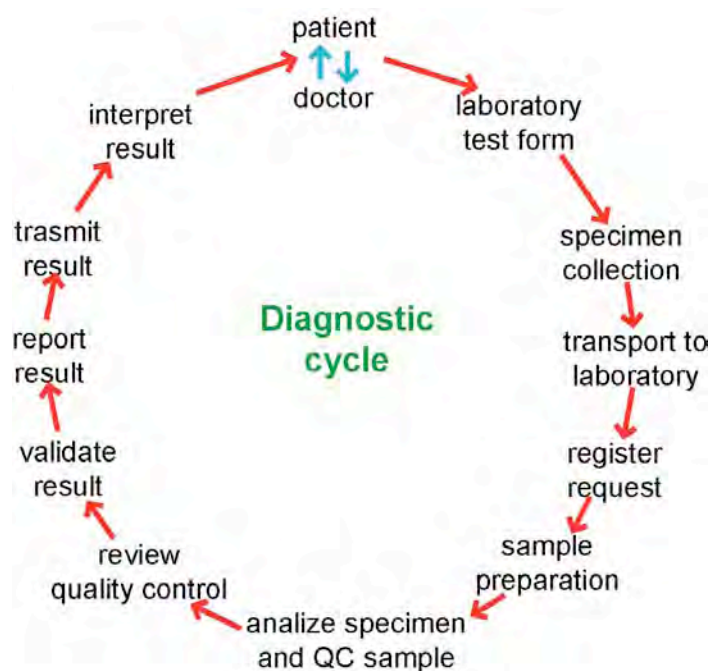
# 1

## Introduction

## 1.1 Diagnostics

Traditionally, healthcare systems have relied on a patient-doctor relationship in which the patient regards the doctor as the ultimate expert and trusts his/her good judgment. The patient visits a doctor in his/her office or at the hospital and explains his or her symptoms during the consultation. Depending on the condition, the diagnostic cycle begins with the doctor ordering laboratory tests. What follows can be an excruciating process that can take from 2 hours to 4 days to get a result back from the laboratory.<sup>1</sup>

The diagnostic cycle involves four major steps: sample collection, sample pre-treatment, analyte detection and measurement, and interpretation. The rest of the steps deal more with administration and logistics tasks ranging from the personnel involved in the process to the labeling, transportation, and quality control of the sample. It is estimated that there could be as many as 56 steps between a doctor requesting a test and receiving the result.<sup>1</sup> Figure 1.1 illustrates some of the activities involved in the diagnostic cycle. Based on the test results, the doctor can order more specific tests or make a decision on a drug treatment, hospitalization, or surgery. A similar cycle is applicable to other settings such as the emergency room (ER), the operation room (OR), or intensive care units (ICUs).



**Figure 1.1** Steps involved in the diagnostic cycle. Adapted from <sup>1</sup>.

The diagnostic cycle begins by collecting the specimen (blood, urine, feces, or tissue samples) either in the same doctor's office or in a test facility where the patient may have to make an appointment beforehand. The specimen is then labeled and transported to the clinical laboratory. Specimen preparation may be required to "clean up" the sample in order to isolate the analyte of interest in a form compatible with the laboratory analyzer (used to detect and

measure the analyte). The specimen may also require an incubation time, such as in blood culturing for pathogens. Sample preparation can include a variety of tasks either performed individually or in tandem, such as centrifugation, filtration, distillation, dilution, target amplification, and target extraction.<sup>2</sup> These tasks can be manually performed by trained personnel; however, some modern facilities have instruments that automate most of these tasks. Next, the processed sample is analyzed by various techniques and instruments such as enzyme-linked immunosorbent assay (ELISA), flow cytometry, or polymerase chain reaction (PCR), to name a few.

Next in the diagnostic process, after the analyte has been detected, quantified, and validated, is the interpretation step. The results are compared to a reference point associated with normality or with previous results when monitoring the progression of a disease. A report is then sent to the doctor indicating the significance of the results. The doctor should be able to take a decision or may continue the cycle by soliciting more specific tests.

There are historical and economic reasons why the diagnostic cycle happens this way. Ideally, a doctor should be able to accurately diagnose in a single consultation any health problems regarding the patient condition, which will eliminate or diminish the number of follow-up visits. For the patient this will translate into time and cost savings. Also, faster test turnaround times mean earlier therapeutic interventions, which increase the chances of a successful outcome. However, many of the instruments or techniques used in diagnostics are difficult to bring into a doctor's office because (i) maintenance, operation, and running costs of the instruments are very expensive, (ii) some instruments/techniques require conditioned rooms for their operation, and (iii) trained personal are needed to operate the equipment and interpret results. Therefore, it is more economical and practical to channel the tests to centralized clinical laboratories, which combine a set of instruments, personnel, and unique facilities to perform most of the clinical tests.

Processing all the tests in a clinical laboratory, however, suffers from many disadvantages: long turnaround times (in the ER or OR, turnaround times become critical to make decisions that can save a life), inconvenience for patients, and high costs for both the patient and healthcare systems. As noted above, there are up to 56 steps involved in the diagnostic cycle, giving rise to frequent errors and largely responsible for delays in the delivery of a result.<sup>3</sup> Specimens not processed in timely manner, sample mislabeling or misplacement, inappropriate identification of patients, and errors during transportation are some of the pitfalls of the process.<sup>4,5</sup> Despite these problems, clinical laboratories remain the workhorses of diagnostics in most of the developed world.



## 1.2 Human and veterinary diagnostics

Most of the time the term diagnosis refers to human diagnostics. However, the diagnosis of livestock diseases is potentially more challenging than human diseases. Depending on the disease, human beings have the ability to describe their symptoms, often before the disease becomes serious, but for animals it is only when symptoms become visible that veterinarians can begin diagnosis of the disease, and oftentimes visible symptoms are an indication that the disease has escalated to such a point that the chances of successful treatment are minimal.

Diseases are progressive and some can take a number of weeks to develop, but even in the early stages there are indicators that can be used for early diagnosis. Therefore, monitoring these indicators on a continual basis is necessary to prevent escalation of a particular disease. Veterinarians also need to be able to process an easily accessible body fluid such as saliva, urine, feces, or milk, and as a last resort, blood, which is more costly and requires more resources.

The logistics for diagnosing infections and diseases in livestock share a number of similarities with human diagnostics. Consider the case of bovine mastitis. Mastitis is a common disease that afflicts dairy cattle worldwide; it is caused by a range of pathogens. As with the diagnostic cycle, milk samples are collected from the farm, labeled, and transported to a central laboratory where multiple tests are performed on the milk. Finally a technician reports the result back to the farmer or veterinarian, who may then take a decision on administering antibiotics or isolating the animal. Problems with transportation, sample mislabeling, and identification are also typical in this process.

## 1.3 Point-of-care diagnostics

Point-of-care (POC) testing is seen as one possible solution to the problems encountered in clinical or veterinary laboratories.<sup>3</sup> POC medical diagnosis means that clinical tests (i) are performed near the location of patient care (ii) use easy-to-operate devices that analyze the patient specimens in a short time and (iii) are carried out by personnel who may or may not have some training in related laboratory practice.<sup>3</sup> This has been made possible by (1) recent technological developments that have permitted some clinical tests to be miniaturized and simplified and (2) scientific advances in molecular biology that have accelerated the discovery of new biomarkers and the precise identification of pathogens at the molecular level.<sup>6</sup>

Although shortening the diagnostic cycle to provide faster turnaround times is perceived to be the main benefit of POC testing,<sup>1</sup> other advantages have been identified, such as a reduction in analytical errors, shortened length of stay in the ER, immediate identification of life-threatening conditions, and increased patient compliance and satisfaction, among others.<sup>3,4,7</sup> POC diagnostic devices are likely to revolutionize and improve global public health by

diagnosing diseases in a more timely manner, preventing epidemics, controlling chronic health conditions, tailoring treatments, and decreasing national healthcare system costs.<sup>6,8,9</sup> Criticisms of POC testing typically focus on their accuracy, instrument/test calibration, quality control, training requirements, and the limited number of tests that is currently available.<sup>3,4</sup> Although many of these issues also pertain to centralized laboratory testing, they are better controlled there because of rigorous standards.<sup>7</sup> There is still much debate on the benefits and pitfalls of POC testing and it will likely remain the subject of controversy until it proves its economic benefits over the centralized laboratory for a wide range of tests, and until it is widely adopted by doctors and nurses.<sup>7</sup>

The developing world presents an ideal environment in which to adopt the philosophy of POC testing because, contrary to developed nations, healthcare infrastructure is typically found mostly in large cities.<sup>9</sup> On the other hand, healthcare workers are the main source of healthcare in rural areas, where most of the population is usually concentrated, but where healthcare infrastructure is lacking or intermittent; there may even be a lack of basic services such as running water and electricity.<sup>9</sup> POC systems for deprived-resource settings, therefore, require portability, easy disposability, low cost, simplicity of use, ruggedness, and a degree of temperature independence.<sup>6,8,9</sup> They also need to deliver assay results with similar sensitivity, reproducibility, and selectivity to centralized laboratory tests.<sup>6,8,9</sup> Finally, POC devices should operate with minimal, non-expert operator attention.

## **1.4 Microfluidics and lab-on-a-chip technologies**

Of the different technologies that currently exist to address the technological aspects of POC test development, microfluidic and lab-on-a-chip technologies have the potential and the toolset to make many POC diagnostic systems a reality.<sup>8,10</sup> The lab-on-a-chip vision is to miniaturize clinical laboratory processes, integrating them onto disposable units the size of a credit card using minute amounts of complex samples and precious reagents. These autonomous and integrated chips would consist of different modules or components to handle a complex sample such as blood, preparing it and mixing it with the necessary reagents to produce a signal that can be detected by a miniaturized detection system.

## **1.5 Centrifugal microfluidics**

Most of the work presented in this thesis is based on the controlling of liquid flow in microfluidic channels using centrifugal forces. A plastic circular substrate, usually the size of a Compact Disc (CD), is commonly used as the platform upon which to form microfluidic networks or to mount devices. The size of the CD can accommodate many assays on a single disc. The CD is mounted on the spindle of a rotary motor and, upon spinning the disc, fluids flow through the channels, driven by radially directed forces. Researchers often use the term

Lab-on-a-CD to refer to centrifugal microfluidics.<sup>11</sup>

Centrifugal microfluidics offers several advantages compared to other, more commonly used methods to transport and handling fluids in microchannels, namely pressure-driven flow using syringe pumps, diaphragm pumping, or electrokinetic phenomena.<sup>12,13</sup> By controlling the angular speed, the length of the channel, and its radial distance from the center of rotation, flow rates from 1nL/sec to 100  $\mu$ L/sec can be achieved.<sup>12</sup> Microfluidic mixing is easily implemented by periodically alternating the direction of rotation. The centrifugal platform has successfully pumped biological fluids and solutions with a range of physicochemical properties. Valving can be accomplished by exploiting capillary forces, hydrophobic methods, and more recently using paraffin-based valves.<sup>14</sup> Fluid metering and flow switching are also relatively easy to implement in this platform. Applications of the centrifugal platform include whole-blood processing, sample lysis and homogenization, nucleic acid amplification (PCR and digital-PCR), immunoassays, DNA hybridization onto microarrays, and cell-based assays.<sup>11</sup>

These characteristics have made the CD a versatile platform to carry out a variety of bioassays; they are the reasons we decided to employ this platform for the various devices presented in this thesis.

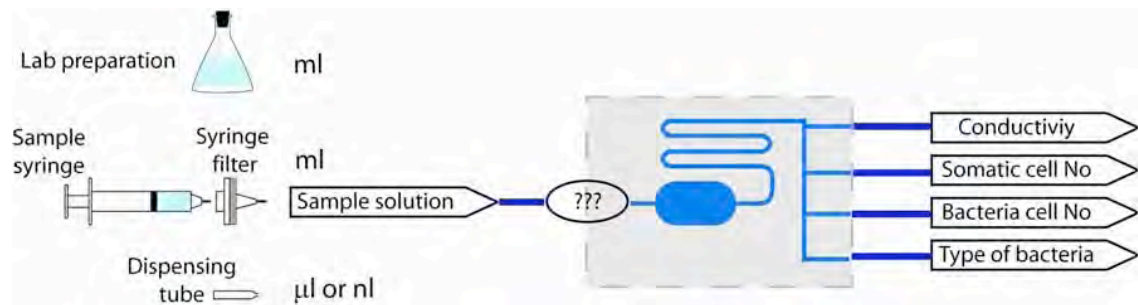
The theory behind microfluidic centrifugal pumping is explained in Chapter 4. The same chapter also presents a detailed study of the coupling of centrifugal and capillary forces in a microchannel. The sedimentation theory of particles, with application to the movement of cells under centrifugally generated forces, is presented in Chapter 3. Valves for centrifugal microfluidics are discussed in detail in Chapter 6.

## 1.6 Scope of the thesis

The goal of the work described by this thesis was the development of POC diagnostic tests based on microfluidic and lab-on-a-chip technologies. Chapter 2 describes the advantages of using these technologies for POC testing, as well as the hurdles that impede the field as its workers attempt to realize the vision of miniaturizing lab-on-a-chip systems to the size of a credit card, this despite the significant progress that has been achieved over nearly two decades of research and development on this topic. In the same chapter, we explore the key components in a lab-on-a-chip technology and show how this vision shaped the work described in this thesis.

Because diagnostics encompasses a diverse selection of topics, the work described in this thesis is focused on the case of veterinary diagnostics, more specifically bovine mastitis (BM). BM offers a good model of the diagnostic cycle, as there are similar steps involved during the diagnostic process. However, sample handling and safety requirements are less stringent than when using blood or human cells from the point of view of regulatory bodies (although obtaining milk samples with desired properties proved not to be as easy as expected).

The BM project was also one of three integration projects in the first five-year funding cycle of the Biomedical Diagnostics Institute (BDI); the objective of the BM project was to develop integrated diagnostic tests for the detection of BM, see Figure 1.2. There were two partners working along with the BDI to reach this objective. One team, from the National University of Ireland (NUI) Galway, supported the project in the area of molecular biology, optimizing assays, and developing molecular probes. Enfer, our industrial partner, is an Irish veterinary diagnostics company that provides advanced diagnostics to improve animal disease management. The BDI team led the integration and miniaturization of the assays onto microfluidic platforms.



**Figure 1.2** Early conceptual design of the BM diagnostic chip. At the beginning of the project, there were four parameters that were chosen as a basis to diagnose mastitis: electrical conductivity, somatic cell count, bacterial cell count, and bacteria identification. We ingeniously believed all of them could be integrated into a single microfluidic platform.

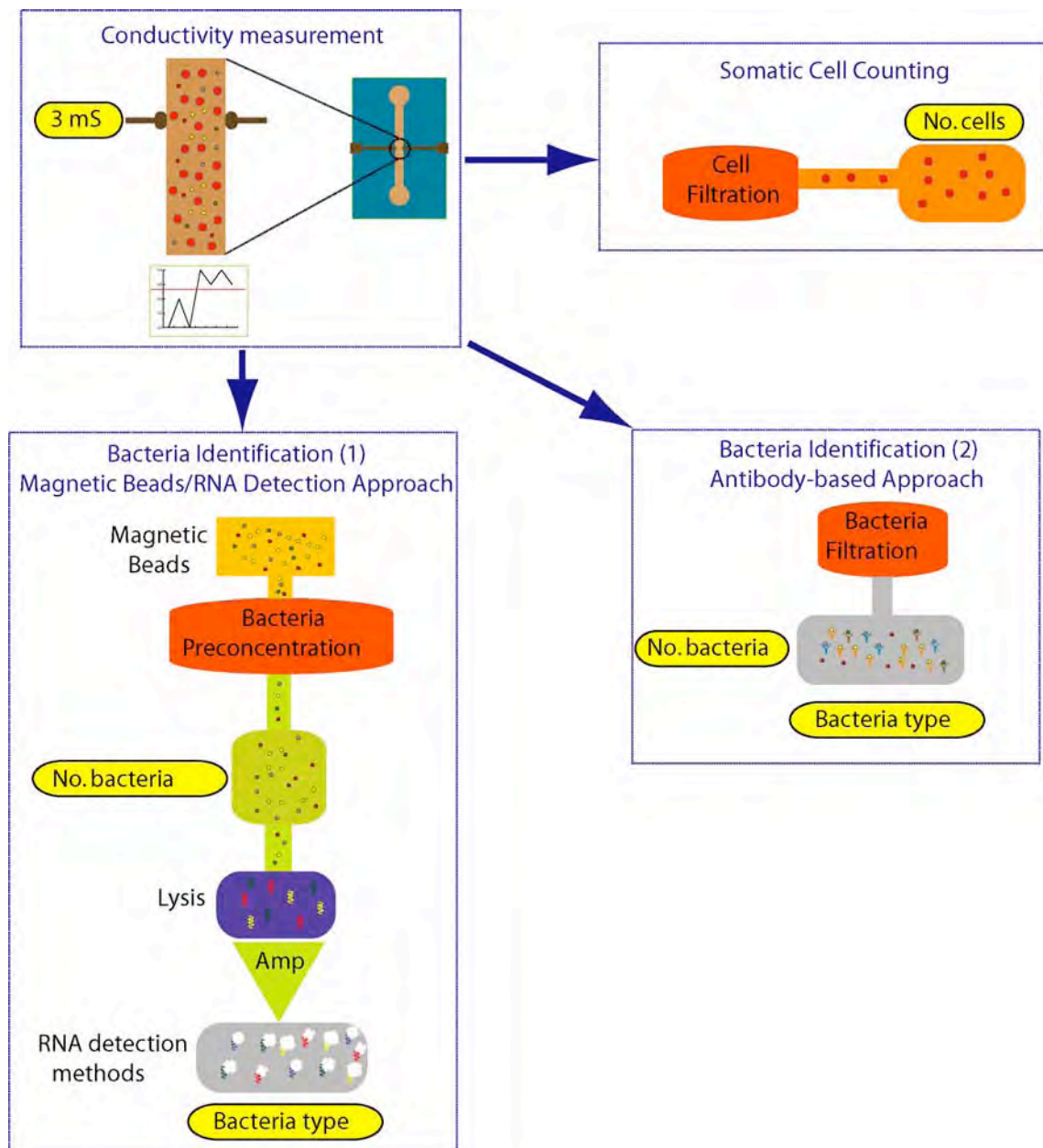
Our objective was to develop two different POC-based microfluidic devices to diagnose BM. Both devices would take a sample of raw milk and present an answer to the user after analysis of the sample. The first goal was to develop an easy-to-use and cost-effective POC diagnostic device that would measure the number of somatic cells in milk. This device would give an indication of a potential infection in the animal, but would not identify the causative pathogen. If the result of this test were positive, a more expensive, sophisticated, and ambitious lab-on-a-chip device would determine the type of bacteria causing the infection. Based on this, a farmer (or veterinarian) could decide if the animal would need a particular antibiotic or should be separated from the rest of the herd to prevent more infections.

In the development of this second device, our team consisted of scientists with different backgrounds and expertise ranging from chemistry, molecular biology, and microbiology, to optics, physics, and engineering. Our target was the detection of 10 bacteria in 1 mL of milk. There are different bacteria that cause BM such as *Staphylococcus aureus*, *Streptococcus dysgalactiae*, and *Escherichia coli*, among others.<sup>15</sup> We chose *E. coli* for several reasons. Firstly, it is one of the most common bacteria that cause BM. Secondly, working with the particular non-pathogenic *E. coli* strain we chose did not pose any safety challenges in the laboratory. Finally, there were molecular probes already being developed by one of our partners

to detect messenger RNA (mRNA) from *E. coli*.

In initial conversations with the team and my supervisor, we agreed that we could adopt one of two approaches for the detection of bacteria using microfluidics as shown in Figure 1.3. The first approach we agreed upon was to capture bacteria using an immunological approach. Using antibodies against some of the most common bacteria that cause mastitis was a sound strategy as our group had the expertise to generate antibodies against these bacteria, as well as a chemist who had broad experience immobilizing antibodies on different substrate materials. The second approach was to use a molecular biological technique to detect and analyze the tmRNA from bacteria. Because there are more copies of tmRNA in a single bacterium than DNA (about 1000 copies of mRNA vs. ~3 of DNA), albeit less stable than DNA but more stable than ordinary m-RNA, we hoped that our test would be more sensitive than current assays.

The strategy we followed was that the BDI group was going to develop the microfluidic platforms for both approaches while the group in NUI Galway and the Enfer groups would optimize and minimize the number of steps used in both assays. They would also downscale volumes as much as possible so that they could be transferred into a microfluidic platform. This thesis describes the process and results of trying to integrate these assays into different microfluidic platforms.



**Figure 1.3** After some research and internal discussions within the group it was decided that developing independent devices to measure each of the four parameters was a more realistic and sound approach. The conductivity test was dropped because it is a very unreliable assay. In the end, the group agreed that three devices would be developed: one device would measure somatic cell counts, whereas the other two would detect bacteria either by employing an RNA detection approach or by using an immunoassay technique.

Chapter 3 describes the first of these screening tests. It offers an introduction to BM and describes a POC microfluidic sedimentation cytometer developed for the enumeration of somatic cells and fat percentage in milk.

The remaining of the chapters presents a series of polymeric microfluidic technologies for the detection of bacteria in milk. In chapter 4, a platform for recirculation of liquids in a microfluidic channel by the interplay of capillary and centrifugal forces is described. The idea

emerged as a result of needing a method to sample high volumes of milk through a microfluidic channel that contains much less than the full sample volume. One of the surfaces in the microfluidic channel would be patterned with antibodies specific against the target bacteria and it was expected that by recirculating the sample through the channel several times the number of binding events between the bacteria and the antibodies would increase, thus enhancing the probability of capturing the bacteria. Chapter 4 describes the construction and physical characterization of the device.

Chapter 5 presents a device to capture and concentrate bacteria, similar in concept to the POC sedimentation cytometer. The device also integrates other functionalities such as bacteria lysis and RNA amplification using nucleic acid sequence-based amplification (NASBA) for the speciation and precise quantification of the number of bacteria initially present in milk.

One of the problems we encountered with the device presented in Chapter 5 was the fabrication of the microvalve. Fluid control in microfluidic devices is typically regulated by a microvalve, but current microvalves are difficult to integrate into manufacturing processes. In addition, microfluidic valves are one of the most important components of monolithic microfluidic systems. A novel microfluidic single-use valve that we hope will solve this problem is introduced in Chapter 6. We present the approach to its fabrication, the results of its characterization, and an application to store liquid reagents on-chip.

Conclusions and future work close this thesis in Chapter 7.

Finally, I would like to emphasize one word in the title of this thesis: *polymeric*. All the microfluidic devices presented in this thesis have been constructed using different types of polymers, mostly thermoplastics. Let us not forget that DNA is also a type of polymer; however, polymeric is a more proper technical term than plastic, so I have decided to use the word polymer when referring to plastics.

For most microfluidic applications, the material polydimethylsiloxane (PDMS) has become indispensable for prototyping microfluidic devices in research laboratories because of its optical and physical properties,<sup>16</sup> as argued in Chapter 2. Despite the fact that new microfabrication techniques are developed every year<sup>17-21</sup> with the objective of simplifying the fabrication of microfluidic devices, it is arguably difficult to see the real advantages of these techniques over the use of photolithography to fabricate PDMS-based microfluidic devices (or “soft-lithography”), even when they could consume less time or offer lower cost. Recipes for fabrication of microstructures have been well established for almost thirty years thanks to developments in the semiconductor and the microelectromechanical systems (MEMS) fields, so it is straightforward to adapt these recipes to the fabrication of structures with high aspect ratios (mm to  $\mu\text{m}$  or nm) and tight tolerances (nm) or structures that combine different heights.<sup>22</sup> After the microstructures are fabricated, they can be easily cast in PDMS. These advantages make

PDMS an ideal material for microfluidic devices because it facilitates the control of fluids and the manipulation of cells or bacteria.<sup>23</sup> In addition, most universities in the developed world have access to a cleanroom and/or basic equipment for photolithography (a spin-coater and a mask aligner), as is the case at Dublin City University. In my opinion and considering all of these facts, it is impractical for someone doing research on microfluidics not to utilize PDMS.

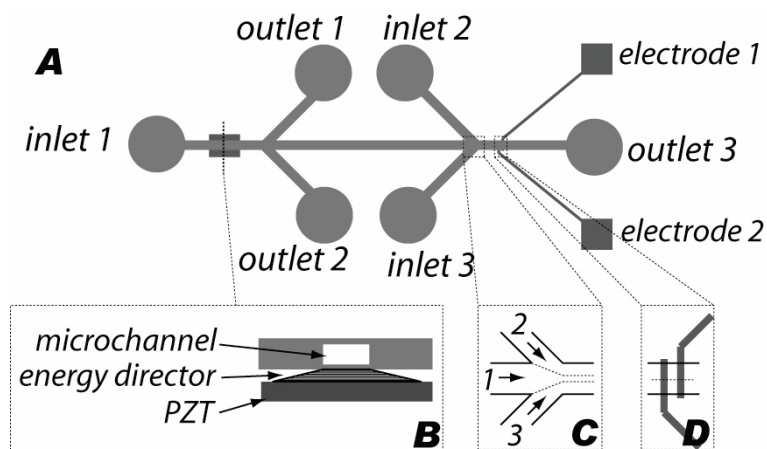
However, a series of unfortunate circumstances delayed me from not working with PDMS during the first few months on my PhD, mainly because of maintenance work in our cleanroom. During this time, I familiarized myself with other microfabrication equipment and techniques such as micro-milling, a CO<sub>2</sub> laser cutting system, an injection molding machine, and a lamination system (for bonding plastics with thin pressure-sensitive adhesives). This equipment does not offer the same resolution and precision as photolithographic processes, but they work well with thermoplastics (however, they are incompatible with PDMS). Two conclusions I drew early on in my PhD from the different seminars I attended was that manufacturing costs are a major obstacle in the commercialization of microfluidic technologies<sup>24</sup> and, secondly, that there is hardly any microfluidic or diagnostic device or biotechnology research tools company using PDMS as a substrate for building devices, conceivably because casting of PDMS does not lend itself to mass-manufacturing,<sup>24</sup> because it is incompatible with organic solvents, and because it is laborious to bond PDMS to itself or to other materials.<sup>23</sup> Most companies use thermoplastics and glass to build microfluidic devices, as thermoplastics are a much less expensive material than glass and polymeric replication technologies (such as injection molding) are available for large-volume manufacturing, necessary for POC diagnostics.<sup>24</sup>

Therefore, at the device-design stage it is important to consider the advantages and limitations of the materials and the techniques available for large-scale manufacturing; at least, I believe this to be true for the scientist who would like to see the outcome of his or her research transition by commercial enterprise to the market.

These conditions, added to my interest in translational research (as well as those of the BDI), made me realize that a more interesting challenge would be to design my devices with what I call a “top-down” philosophy rather than the more traditional “bottom-up” approach for the design of microfluidic systems for POC diagnostic devices. I believe that the primary goal of most academic researchers working in microfluidics is that of understanding, learning, and advancing their field, and of course publishing their results, but rarely is translational research considered one of the principal objectives (although this perception is beginning to change in the scientific community, and it is a topic that probably should include some history of the technology and consideration of personal motivations). However, I do not believe that both objectives are necessarily in conflict with each other, and actually have huge implications on the way research is performed or the way some approaches to solving problems are undertaken. For



example, consider the sedimentation cytometer presented in Chapter 3. The cytometer could have been designed in a different way by using microfluidic components already developed by several research groups. We initially thought that somatic cells could be separated from fat globules using acoustic forces created in a silicon microfluidic channel,<sup>25</sup> and the separated cells could then have been counted one at a time by impedance cytometry,<sup>26</sup> as shown in Figure 1.4. (Actually the chip shown in Figure 1.4 was initially thought to be a good solution to count somatic cells in milk.) This is what I call a “bottom-up approach”, an approach that aims to integrate or combine what other researches have proven to work for particular problems, but that does not consider the feasibility of fabricating the device in large volumes. Neither does this approach consider if the device is actually easy to set up and operate, but rather, relies upon the belief that these problems should be addressed by someone else.



**Figure 1.4** First design of a microfluidic cytometer for counting somatic cells in milk (A). The device consisted of two sections, one to separate fat globules from milk using ultrasound standing waves generated by a piezoelectric transducer (B), and the other to count cells by hydrodynamically focusing (C) the cells over a pair of electrodes where a change in the impedance would indicate the passage of a cell (D).

However, let us return to the idea of translational research. Although the device laid out in Figure 1.4 seems like a plausible solution to the problem of counting somatic cells in milk and could have possibly given me valuable experience with different techniques, possibly generated a stream of publications and intellectual property, the questions always remained: was this the simplest solution (once development was complete), the easiest to use, and the least costly to manufacture? As my supervisor Prof. Ricco simply put it, I needed to imagine a farmer trying to use the device: would he have been able to use such a complex device? Would the device have been robust enough to operate on a farm? How much volume sample would the device need? Could the device be manufactured on polymers, with a small number of manufacturing steps? These four questions started me thinking about the problem in a different way. Addressing those questions from the start, combined with an understanding of materials limitations and of mass-manufacturing technologies, are key to designing a device that could

ultimately be useful as a point-of-care system and not only be regarded as a piece of research. So this is what I consider the “top-down” philosophy for point-of-care microfluidic devices, which starts by considering addressing the limitations. This philosophy permeated the rest of the work presented in this thesis, whether the outcome was successful or not.

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# 2

## The Philosophy of Lab-on-a-Chip\*

In this chapter we discuss the philosophy of the field of lab-on-a-chip. We begin by presenting a historical perspective of the field and the advantages of miniaturization. Fabrication techniques as well as fluid movement and handling are discussed. Finally, the main components of a lab-on-a-chip systems are presented.

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## 2.1 Introduction

Imagine standing in a chemistry, biology, or clinical laboratory and observing the activity: a chemist deciphering the composition of a new substance, a biochemist developing a new drug to cure a disease; in a clinical laboratory, technicians analyze patients' blood samples for pathogens or diagnostic markers. Now, imagine the possibility of devices, some as small as electronic microchips, none much larger than a human hand, that perform these and many other laboratory tasks without human intervention, providing a more efficient, rapid, and reliable way to detect the composition of the substance, to develop not just a new but a more effective drug, or to provide more comprehensive information about a patient's state of health. This possibility is gradually becoming reality; this chapter examines how such devices are developed, what impedes widespread implementation of the lab-on-a-chip vision, and how implementing this philosophy generates advances in basic science and applied technology.

In general, laboratory processes, including biochemical or chemical syntheses, analytical assays, and in-vitro experiments with microorganisms, involve manipulation of samples and reagents, and, in many cases, the subsequent detection or quantification of analytes using detectors and instruments. Diverse labware, balances, dispensers, mixers, filters, and incubators, together with instruments such as spectrometers and chromatographs, enable such processes. Volumes from tens of nanoliters to many milliliters of solutions are typical. Time-consuming manipulations are carried out by a variety of personnel; qualified technicians operate costly equipment and instruments. It is remarkable, with feats of modern engineering surrounding us – particularly the many examples of miniaturization and automation – that some procedures have changed very little in more than a century, still relying on skilled human labor. How is it possible that such procedures, particularly the most common, have not been integrated into automated systems?

Decades ago, the manufacturing industry began adopting automation systems in the form of robots, increasing productivity, reducing costs, minimizing human error, and avoiding hazardous situations. Clearly, automatic systems could mechanize many of the human manipulations in assays; except for minimizing human labor and error, however, merely automating established, lengthy procedures in their human-executable form provides minimal benefit in terms of time, efficiency, operating cost, or other measures of performance. Still, criticizing modern engineering for failing to address the needs of complex laboratory manipulations and measurements would be unjust: flow-injection analysis (FIA) systems automate liquid handling and analysis for tiny samples; the fluorescence-activated cell sorter (FACS) analyzes and sorts single cells at rates near 100,000/second; laboratory automation is a thriving commercial endeavor, with robotic dispensers, multiwell plate conveyors, plate reading spectrometers, and incubators linked together for high-throughput automated assays. Mass

spectrometers and DNA sequencers, along with their sample-introduction “front ends” and software, are impressive examples of engineering integration applied to difficult analytical challenges. Impressive indeed, but the sizes of these instruments dwarfs the scale of the samples they analyze: microliters or picograms of biological cells, biopolymers, or small molecules. Furthermore, while the human genome sequencing project owes its ahead-of-schedule finish to the automated DNA sequencer,<sup>1</sup> as much as 75% of the cost of sequencing the genome was associated with sample preparation involving manual manipulations, with highly automated electrophoretic sequencing accounting for just 25%. Protein analysis (proteomics) and drug-candidate screening also need new tools to process large numbers of samples in a specified time period, i.e. they have throughput requirements to attain economic viability.<sup>2</sup>

Simply automating human-executed steps or applying conventional automation and instrumentation engineering to laboratory procedures are not in accord with the lab-on-a-chip philosophy. Rather, to realize the vision of major scale-down, comprehensive integration, and massive parallelization of laboratory tasks, new paradigms and architectures must be developed to shrink and adapt sequences of laboratory processes to the components and methods of microfluidics. The newly integrated lab-on-a-chip tools often must provide better limits of detection or enhanced resolution at lower cost than the laboratory systems they replace in order to be adopted by practitioners of traditional laboratory methods.

Can modern science and technology lead to the attainment of such ambitious goals? Are miniaturization and integration invariably beneficial? Can complex manipulations in fact be replaced by on-chip operations? How is all this to be accomplished? The following sections address these questions.

## **2.2 Historical perspective**

The use of modern microfabrication technologies to construct and integrate the components of miniaturized analytical instrumentation was inaugurated some 30 years ago when Terry and coworkers at Stanford described a microfabricated gas chromatograph (GC) constructed on a single silicon wafer.<sup>3</sup> Just a few years earlier, advances in glass capillary-based chromatography had shown that high-performance separations were possible using column cross sections measured in micrometers, provided column lengths were measured in centimeters to meters. Advances in conventional chromatography were made in both gas and liquid phase, with the improved performance of liquid chromatography (LC) giving rise to the term “high-performance liquid chromatography” (HPLC).

Comparable utilization of the tools of microfabrication for liquid-phase analyses came a decade later, when electrokinetic phenomena were proposed to separate dissolved species on chips: the application of a high electric field between the ends of a small-diameter column or channel can both transport and separate dissolved species in conductive solution without

moving mechanical parts. The concept of “chip-CE” (capillary electrophoresis) was first described in the patent literature in 1990,<sup>4,6</sup> wherein CE separations are performed in microfabricated columns or microchannels on planar substrates. At the same time, publications appeared detailing the concept of integrating separations and other processing steps on a chip, extolling its potential to revolutionize chemical analysis.<sup>7</sup>

Research and development of chemical and biological sensors preceded the first chip-integrated analytical separations systems by a decade or more, but the considerable enthusiasm for the elegant “immerse-and-read” sensor-based analytical method was damped by the realization that requirements for low limits of detection (LODs), high chemical specificity, and rapid reversibility can be contradictory. This made the “ideal” sensor an elusive, often unattainable goal: rapid reversibility requires small interaction energies, while high specificity and low LODs imply strong binding. This potential Achilles’ Heel applies to some of the most important samples: medical analytes, as well as many environmental, health-and-safety, and industrial process-control samples, are often (bio)chemically complex mixtures, typically requiring one of three strategies to avoid errors due to interference with the target analyte: high selectivity, usually with accompanying irreversibility – making the sensor a dosimeter for all practical purposes; use of an array of sensors, wherein the pattern of responses from multiple partially selective sensors provides chemical discrimination without loss of reversibility; or coupling of the sensor – which in effect becomes a detector – with a chromatographic “front end” that separates complex mixtures into their components.

Many samples, both biological and chemical, require not only separation of interferences to provide meaningful sensor response; they may also require significant processing to cleanse the sample of debris, to add reagents, to change the concentration of background ions or change the solvent, to attach readily detectable “labels” to the target species, to carry out thermally-stimulated reactions, or to enhance LODs by pre-concentration or replication (termed “amplification” for nucleic acids) of the target species. Because of the success in miniaturizing LC, instead of employing traditional methods that use tubing to connect components and glassware for sample processing, scientists and engineers have embraced the lab-on-a-chip philosophy to miniaturize and integrate the purification, isolation, reaction, concentration, and separation steps, and, where applicable, the detectors or sensors, into one integrated chemical analytical system.<sup>7-9</sup> Because many such systems have analysis as the end goal, they are frequently referred to as micro-total analytical systems, or  $\mu$ TAS; the central role played by fluidics on the micrometer scale (detailed in the following sections) has resulted in these systems often being called simply “microfluidic devices.” Regardless of nomenclature, the lab-on-a-chip philosophy, even as it enables analyses not possible with discrete sensors alone, signals a paradigm shift in the way laboratory work is performed.

## 2.3 Miniaturization

The advantages of reducing the size of an integrated (bio)chemical processing / analysis system can be significant, with overall enhancement of performance, measured in various ways, emerging as a common theme. Specific benefits can be deduced by assessing how some parameters, such as volume, reaction time, and device density, change as the system is scaled down in size.<sup>2,10</sup> Imagine a reaction of sample and reagent carried out in two different-sized cube-shaped flasks with edge length  $d$ . The first flask ( $d = 1$  cm) is a macrosystem: it has a volume of 1 mL. The second flask ( $d = 100$   $\mu\text{m}$ ) is a microsystem: it has a volume of 1 nL. The 100-fold reduction in linear dimension results in a one-million-fold decrease in volume. Other factors being unchanged, the microscale system requires a million times less sample and reagent volume to perform an assay, so many times more analyses can be performed with the same amount of solution. Less chemical waste is produced; expensive reagents are consumed in smaller quantities. Also, chemical reactions including highly toxic or reactive species that are prone to cause accidents in laboratories are more easily controlled and safer using miniature systems because lower volumes mean less hazardous material and lower risk of thermal runaway.

Another relevant parameter is device density, which is well represented here by the number of reaction vessels per unit area. In the context of the two systems compared above, 100 vessels in the macrosystem would occupy 100  $\text{cm}^2$ ; in the microsystem, they occupy 1  $\text{mm}^2$ , a 10,000-fold reduction in surface area. Further reducing the edge-length of the vessels to 1  $\mu\text{m}$  (assuming no space is required between adjacent reactions) would fit  $10^{10}$  simultaneous reactions in the same area.

Now, for the same systems, consider a concentration of a certain “target” molecule of one nanomolar (nM).<sup>1</sup> There will be almost  $10^9$  target molecules in the macrosystem and 1000 molecules in the microsystem. Further reduction of the edge-length to 1  $\mu\text{m}$ , easily attainable with current microfabrication techniques, provides just 1 molecule per  $\mu\text{m}^3$ . One must then consider the interplay between dimensions, numbers of molecules, and detection: single-molecule detection is possible, but very challenging to implement on-chip, very limiting as to choice of detection technologies, and, at the single-molecule level, probability considerations mean that detection will only be successful some of the time.

Agitating and stirring (forcing convection) of a multicomponent solution or mixture of multiple solutions reduces the time for the solution to become homogeneous (completely mixed). Length, volume, and concentration reductions in the microsystem require scale-specific assessment of the behavior of fluids and molecules in a restricted space. A localized group of

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<sup>1</sup> 1 molar is  $6.023 \times 10^{23}$  molecules in one litre and nanomolar is  $6.023 \times 10^{14}$  molecules in one litre.



molecules having a diffusion coefficient<sup>2</sup> of  $10^{-5}$  cm<sup>2</sup>/s requires about one day to evenly diffuse, or spread, throughout the macrosystem in the absence of convection; in the microsystem, this process takes 10 seconds, and diffusion across 10  $\mu$ m takes just 100 ms (diffusion time scales with the square of length). Such short diffusion times can allow reaction rates to be limited only by how fast the reaction takes place (reaction kinetics), rather than by forced movement of the substances involved.

In addition to performance enhancements related to volume, time, and density of reactions, miniaturization also improves performance by other measures, for example, separations efficacy.<sup>7,10</sup> Some components, however, are proving challenging or unsuitable for miniaturization or monolithic integration because of inherent complexities in their design,<sup>10</sup> for example ultra-high-sensitivity detectors. Attempts to miniaturize macrosystem components are often motivated primarily by gains in performance and time rather than a desire to minimize space,<sup>7</sup> although some biomedical applications for which wearable or hand-held sensing systems are necessary, as well as remote military and aerospace applications, often place a high premium on size, mass, and power.

## 2.4 Microfluidics: fluid movement and handling

Fluid manipulation and transport of samples and reagents are often implemented in a network of microfluidic channels that interconnect the various components on a common substrate. These microchannels have dimensions ranging from hundreds of nanometers to hundreds of micrometers – comparable to, or in many cases much smaller than, a human hair. Flow in microchannels behaves very differently than in “macrochannels” such as laboratory tubing, water pipes, or a river.

In microchannels, the viscosity and, in many situations, the surface tension of the fluid dominate inertial (mass-related) forces. Thus, fluid movement shows a smooth, predictable behavior known as laminar flow.<sup>11</sup> Turbulence in microchannels is always negligible, although in-channel convection (without turbulence) can be created in a number of often-complex ways: rapid, effective mixing has proved to be one of the most interesting and well-studied fundamental challenges in microfluidics. In many cases, diffusion is relied upon for mixing because of its rapidity on micrometer length scales, but the system must be carefully evaluated when taking this approach: two streams of liquid flowing parallel to one another in a 200  $\mu$ m-wide channel at a velocity of 1 mm/s over a distance of 3 mm would have to be slowed by a factor of three to mix completely before exiting that short channel.

Because of the properties of microchannels, such as the material and coating of the surface, the high surface area-to-volume ratios can affect the behavior of the flow. Surface

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<sup>2</sup> The diffusion coefficient is a measure of the rate of diffusion of a species in absence of convection or migration contributions to mass transport; diffusion is often the controlling factor in the time it takes a solution species to spread throughout a given volume to reach equilibrium, i.e. to be evenly distributed.

effects, many depending on interfacial tension (surface energy) can give rise to interesting applications such as the formation of droplet emulsions, the use of capillary forces to pump fluid, and the modification of the surfaces to create hydrophobic stop-valves.<sup>11</sup> Also, high surface area-to-volume ratios facilitate rapid and controlled heating and cooling. Surface effects and topography (the route of the channel) define flow motion in the microchannel. The control and consequences of various microchannel characteristics makes them useful as components in their own right. For example, by changing their geometry they can be used as mixers, filters, injectors, separators, and the like.<sup>7,11</sup> Other fluidics-relevant physical phenomena, including electrokinetic, acoustic, and thermal effects are described in a recent review.<sup>11</sup>

## **2.5 Fabrication**

The development of microfluidic devices has been both limited and spurred ahead by limitations of and advances in the materials they are built from and how they are made. Without a doubt, the microelectronics industry gave a critical first impulse to the field by lending its microfabrication tools. Even today, the fabrication techniques used to make microfluidic devices are influenced by advances in the microelectronics industry.

Glass is ubiquitous in laboratory manipulations, while plastic dominates many modern molecular biology, biochemistry, and drug development labs. Glass does not react with most substances and is optically transparent; certain plastics are biocompatible, readily moldable into complex structures, and inexpensive enough to be discarded after a single use. The first microfluidic devices used glass or silicon as the substrate material, both substrates relying on microelectronics-industry-type patterning methods. However, the time, cost, and special (etching) facilities needed to fabricate devices with these methods and materials initially deterred some researchers from entering the field. New fabrication techniques for microfluidics based on “soft polymers” as well as traditional thermoplastics, began to be developed in 1991,<sup>3</sup> but not until the end of the 1990’s were these approaches more widely described<sup>12</sup> and adopted for rapid prototyping of devices at minimum cost.<sup>8</sup> The “soft lithography” technique was quickly adopted as *de facto* for fabrication of biologically-focused microfluidic devices in academic laboratories. Unfortunately, soft polymers are incompatible with many organic chemicals, including small molecules of interest in drug development; this approach has yet to be proven for mass fabrication of a commercial microfluidic device. Plastics are much “in vogue” nowadays, mainly because they are readily prototyped and suitable for manufacturing with long-standing techniques, such as hot embossing and injection molding, but also because they are inexpensive as a material and very familiar to the life sciences. To date, no single standard material has been adopted for the fabrication of microfluidic devices.

## 2.6 The lab-on-a-chip concept

Scientists and engineers from diverse disciplines – physics, chemistry, biology, and computer science, together with mechanical, chemical, electrical, and materials engineering – have broadened the approaches and concepts of  $\mu$ TAS and microfluidics. Contributions from and interactions among these fields have created more complex, sophisticated, and novel devices, which, together with the merging of the  $\mu$ TAS and microfluidics concepts, have led to the field of research and technology called lab-on-a-chip (LOC).<sup>3</sup>

The workhorse and core of a LOC is the microfluidic system. Built around it is some combination of detectors and sensors, actuators, electronic controls (microprocessors, field-programmable gate arrays, A-to-D converters, etc.), software, and reagents.<sup>9</sup> The microfluidic device consists of microchannels and components that effect operations such as filtration, pre-concentration, washing, mixing, purification, isolation, and separation. The configuration of the components of a microfluidic device should be dictated by whether the goal is to synthesize a compound, to grow an organism, to detect the presence of a target, or to determine the concentration of an analyte.

Analysis requires appropriately sensitive and, if separations are not part of the fluidic system, selective, detectors; these have varying degrees of sensitivity, accuracy, performance, ease of integration, and cost. Common detector technologies include optical, electrochemical, magnetic, impedimetric (conductance and/or capacitance), mechanical, and thermal. The specific type and configuration of detector depends on the details of the application. Non-optical detectors tend to be less sensitive and, in some cases less selective (optical detectors can include wavelength-based selectivity), but are generally smaller than optical detectors and easier to integrate with the microfluidic device.

Optical detection, particularly laser-induced fluorescence, is widely used with microfluidic devices due to high sensitivity, but infrequently integrated on chip. For most optical detection approaches, “labels,” i.e. molecules that fluoresce or strongly absorb light of a selected wavelength, must be bio/chemically attached to “tag” the analyte, adding an additional, sometimes challenging, process step. The more sensitive and readily-implemented optical detectors also require an external optics system,<sup>4</sup> which usually occupies significant physical space, often consumes more power than all the rest of the system, and can be the most expensive part of a lab-on-chip system.

Unlike optical detection, integrated electrical detectors (impedimetric, electrochemical, most mechanical and thermal, certain magnetic) require electrode interconnections and on-chip

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<sup>3</sup> The reader should note that these three terms, lab-on-a-chip, microfluidic devices and micro-total chemical analysis system are often, and erroneously, used interchangeably.

<sup>4</sup> The optics system incorporates different elements, such as mirrors, polarisers, condensers, among others, that are used to manipulate the light, which excites the label, collects and filters the fluorescence, and thereby enables the detection of the analyte.

electrical “traces” (conductive pathways) to connect to external electronics. Although this is an added complication, it is typically easier to implement than full monolithic integration of an optical excitation-and-detection system.

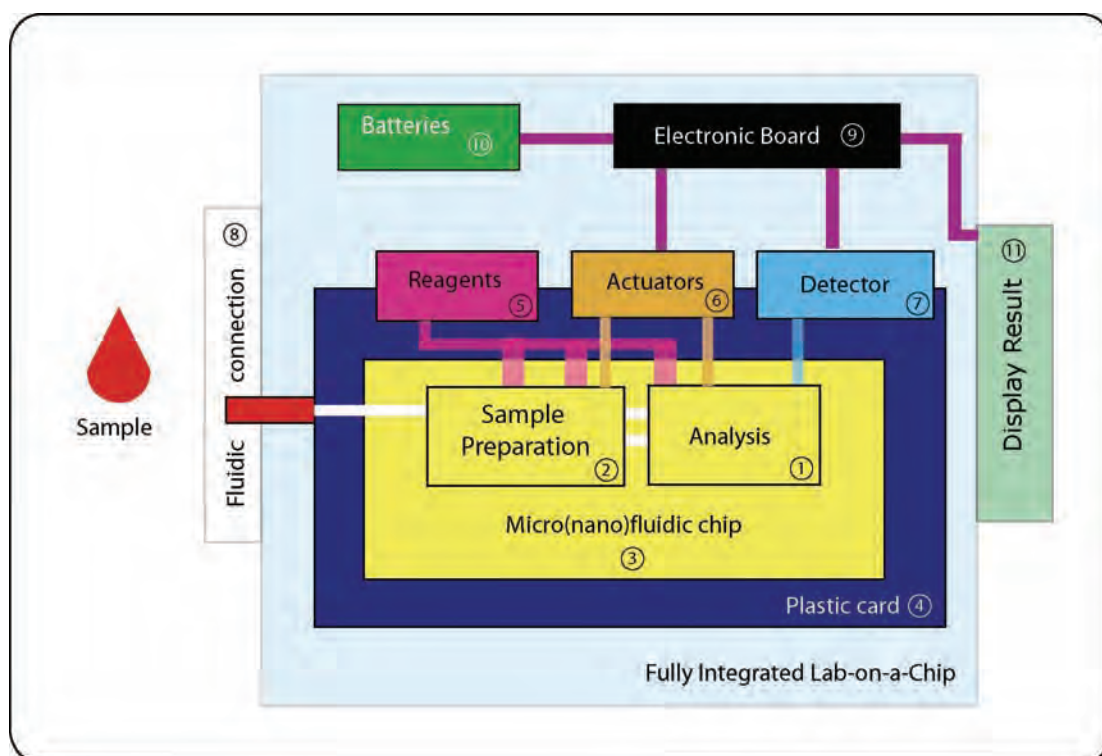
Actuators, such as valves or pumps, can be either integrated or external to the microfluidic device, and are needed to regulate the movement of fluids in the microchannels. Strict fluid regulation and control is important because the different steps of the components for the analysis need to be completed in a systematic and timely fashion in order to be successful.

Because vast amounts of information can potentially be generated in lab-on-a-chip systems, and because sophisticated analysis may be required to generate meaningful information from raw data, e.g. for protein analysis or drug discovery, data analysis requires appropriate computational power and speed. Thus, when data volume and analysis complexity are minor, appropriate microprocessors and affiliated components can be integrated in a hybrid fashion with the microfluidics or, more commonly, included on an external electronics board, eliminating the need for an external computer.

Reagents often must be mixed with the sample at one or more process steps to facilitate purification, separation, amplification, or labeling (for detection). It is possible, and for many commercial applications desirable, to integrate the reagents in liquid or powder (often lyophilized) form, on the chip. Optimally, the sample will be the only assay component dispensed onto the microfluidic device for analysis or reaction, making the LOC system easier to use, more efficient in reagent and power consumption, and more robust to errors in measurement or sequence.

Easily integrable, user-friendly, and, ideally, standardized, fluidic connections that facilitate microfluidic input/output (IO) are vital. Because of the varying size of microfluidic devices – sub-mm<sup>2</sup> to the size of a multiwell plate (> 100 cm<sup>2</sup>) – a related key challenge is an easy-to-handle, standard user interface.

The term ‘lab-on-a-chip’ has been used in a wide variety of contexts. Some of the best-studied applications are in chemical analysis, biological research, and medical diagnosis, with many other exciting uses under development, such as chemical synthesis, space studies, industrial automation and process control, fuel cells and power generation, printing devices, and environmental and food-safety monitoring. LOC may refer to a chemical or biological micro-reactor, a micro-cytometer, a screening tool for drug discovery, a diagnostic device for clinical use, or a sampling-and-analysis system for environmental monitoring. The ultimate goal of LOC is to integrate the microfluidic components with detectors, actuators, electronics, fluidic connections, and reagents in a single (often single-use) device that enables a complete process, whether synthetic, analytical, or “life support,” in an autonomous and automated fashion.



**Figure 2.1** Illustration of a fully integrated lab-on-a-chip (LOC) system, with components numbered according to their (approximate) historic integration with other LOC components, prevalence of research activities and publications that include that level of integration, and criticality of integration in order to accomplish an effective analysis. Historically, the analysis component (1) was first to be miniaturized and is indispensable to detect the analyte; it often includes a separation process. Sample preparation (2) is often required to make real-world samples amenable to analysis; the core microfluidic chip (3) thus consists of these two components connected by microchannels. For systems to be manufactured inexpensively in large volumes, the microfluidic chip might be fabricated on a plastic card (4) or other supporting substrate. Reagents (5) may be needed for sample preparation or analysis, for example to label the analyte with fluorescent molecules. Actuators (6) to motivate and regulate fluid movement through the various modules of the microfluidic chip can be integrated (or supported) on the same plastic card with the microfluidic device or remain external. The detector (7) is more often integrated in the case of electrical (electrochemical, impedance) detection approaches than for optical transduction. Sample is introduced to the chip through fluidic connections (8). An electronics board (9) controls the system and collects data; batteries (10) power the system. Following analysis with the aid of software, the “answer” is displayed (11).

## 2.7 Conclusions

LOC is now an area of intense research and technological development, having grown exponentially in the past two decades. Initially, LOC began by proving its feasibility and justifying its existence: postulating and demonstrating that miniaturization and integration of the components of bio/chemical systems were not only possible, but would bring substantial improvement relative to traditional macroscale systems. A vast number of proof-of-concept

components have been developed during the past few years and, when successfully integrated together, will form the basis of a range of functional LOC systems.

‘Simple’ LOCs, lacking sophisticated integration and focusing on the detection of a small concentration of a certain molecule or measuring one parameter like pH, are already a reality and have found their way to market.<sup>1,8</sup> The creation of a LOC that is capable of processing and analyzing high-volume, complex samples with low analyte concentrations, such as the sets of biological “markers” for cancer or other diseases, remains elusive, though there are a few commercial success stories [<http://www.biosite.com>, <http://www.abbottpointofcare/isat/>]. Although many of the necessary components are already available or demonstrated, progress in monolithically integrating disparate technologies has been slower than expected.

There are two explanations for why realization of the LOC vision is proving difficult. First, challenges are many, development is gradual, and many refinements are needed before the technology is accepted, reliable, and robust. Frequently, components are built in vastly different ways, with different geometries or structures different performance, and fundamental incompatibilities. Often, the more effective or successful components require cumbersome fabrication procedures and/or exotic materials. Additional components that would ideally be integrated may require a completely different set of fabrication steps that render integration incompatible with low-cost, automated manufacturing. Clearly, adopting standard components that are robust, give reproducible results, perform well, and are amenable to integration is essential for successful implementation of the LOC philosophy.

Second, this field, like few others, requires synergistic expertise and multidisciplinary cooperation in engineering, physics, chemistry, biology, and computer science. If LOCs are to be applied successfully to relevant and needy problems, engineers and physicists must more often liaise and communicate with biologists or chemists to understand their needs and questions. For success, those working in each of these fields must become knowledgeable in the basics and language of the disciplines with which they interact to make collaborations fruitful. The additional education and training for all the involved parties is essential, so more universities should establish undergraduate and graduate programs encouraging an interdisciplinary, “applications-aware” education.<sup>1</sup> This will expand the ranks of scientists and engineers with the skills necessary to make fundamental and unconventional advances in LOC science and technology.<sup>1</sup>

LOC systems have the potential to enhance, perhaps transform, our understanding of cell biology and biochemistry. It’s likely they will play a major role in the development of new drugs, and almost certainly in the earlier, more accurate diagnosis of disease. Nonetheless, much is still to be discovered and conceived: the promise of nanofluidics, ways to include optics directly on fluidic chips, the integration of multiple detector types, more efficient means to detect small numbers of molecules, etc. LOC technology is already finding special applications

niches in environmental monitoring and space exploration, with promise for everything from power generation to therapeutics to information technology. Most importantly, LOCs are poised to impact the world economy and society as a whole, in much the same way microelectronics technology now shapes our world.

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# 3

## **A Point-of-Care Microfluidic Sedimentation Cytometer (POC-SeCy) for Milk Quality and Bovine Mastitis Monitoring\***

In this chapter, we present a rapid, low-cost, portable microfluidic system for assessing the number of somatic cells and fat content of milk in 15 min. Our concept offers a “sample-in, answer-out” capability.

\*Parts of this chapter have been submitted for publication to Biomedical Microdevices.



### 3.1 Introduction

Bovine mastitis (BM) is a disease that affects dairy cattle worldwide and causes annual losses of US\$ 2 billion to the dairy industry in the US alone.<sup>1</sup> BM affects the composition of milk, reduces milk yield, and decreases milk quality and its price.<sup>2</sup> The costs of drug treatments, veterinarian services, and labor, as well as milk buyers' penalties, are part of the economical losses due to mastitis.<sup>3</sup> Prompt diagnosis of infection at early stages can help improve milk production, prevent permanent harm to the cow, decrease the effective costs of BM, and reduce the widespread propagation of the infection to the rest of the herd and consequent culling, resulting in economic benefit to farmers and the general public.<sup>1-3</sup>

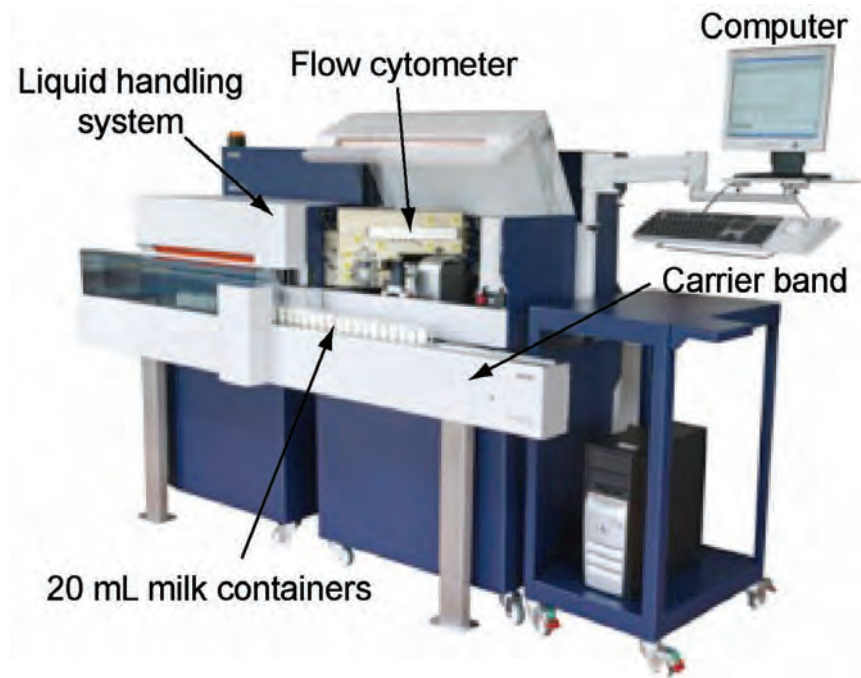
BM is caused by different pathogenic organisms, more commonly bacteria, and results in the inflammation of the (milk-producing) mammary gland.<sup>1,2</sup> The gold standard in diagnosing BM is microbiological testing, which accurately identifies the afflicting pathogen in most cases; such tests are lengthy and costly, however, and therefore not feasible to implement as a routine screening test for mastitis. Other, simpler screening tests exist to determine the presence of an infection, such as measuring the electrical conductivity of milk,<sup>1,4</sup> the viscosity change on addition of detergent (*e.g.* CMT), or pH changes, but these tests suffer from limited reliability.<sup>4</sup>

Without identifying the causative pathogen, determining the number of somatic cells present in milk has become the gold-standard test to assess the potential presence of an infection.<sup>4</sup> Somatic cell counts are used to assess the quality and therefore the monetary value of the milk. In addition, somatic cell tests are an important component of udder health management for dairy producers.<sup>5</sup> For these health-management programs to be successful, somatic cell tests should be implemented on a frequent basis and on-site.<sup>6</sup>

Fat (cream) content is used mainly as a measure of milk's monetary value,<sup>7</sup> and is an indicator of nutritional status as well,<sup>8</sup> providing farmers with a potential decision point for nutritional supplementation. Milk with low fat content could indicate the existence of health problems with the animal.<sup>7</sup> It has also recently been observed that high fat:protein ratios are associated with increased risk of mastitis.<sup>9</sup>

Current reliable methods to measure somatic cell counts (SCCs) include direct microscopy, flow cytometry, and electronic particle detection (using a Coulter counter).<sup>10</sup> Flow cytometers are one of the most widely employed SCC tests because of their high throughput and accuracy, see Figure 3.1. Their use has been standardized and recommended by international dairy organizations.<sup>11</sup> However, flow cytometers are expensive (> US\$50,000) and the labor and maintenance costs associated with the operation of the equipment have precluded small farmers from adopting them for routine monitoring

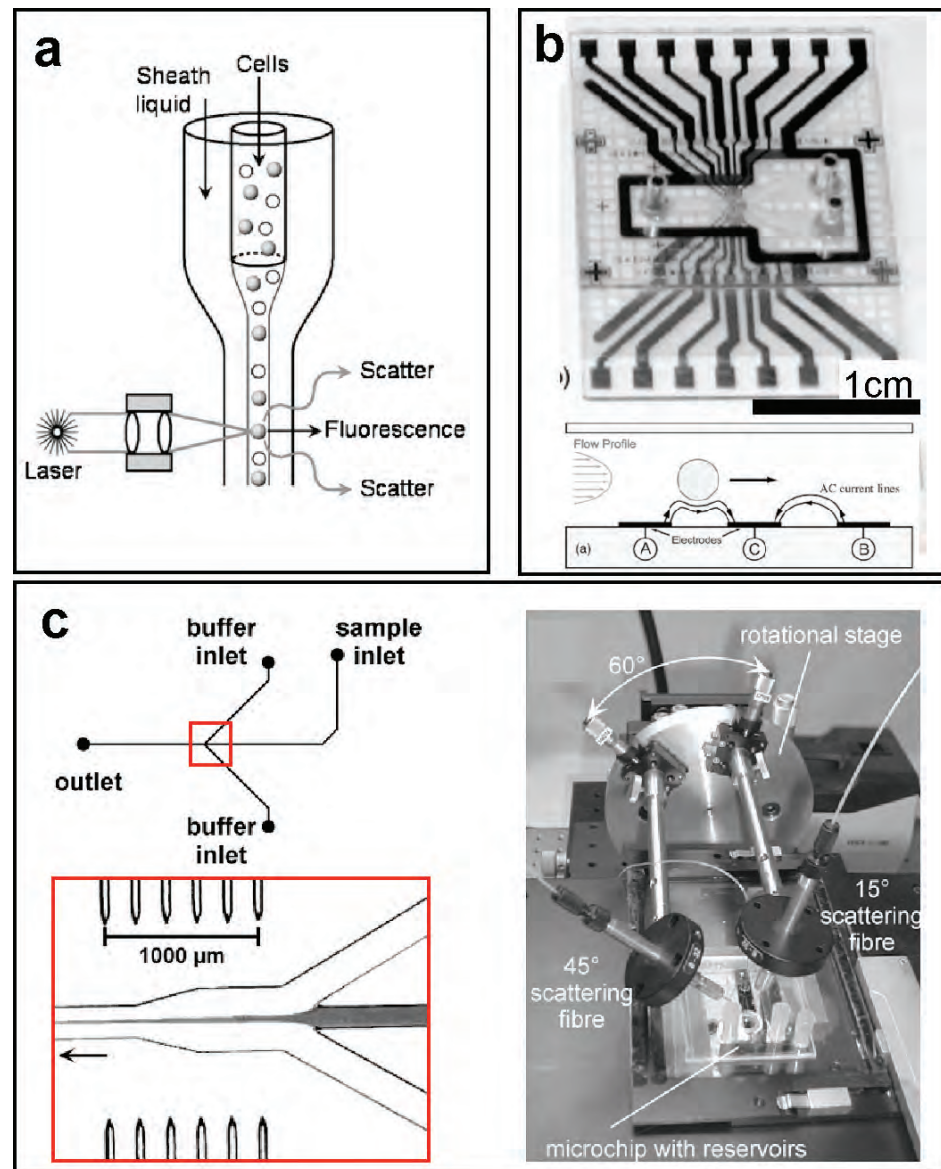
of herd health status. Typically, small farmers in developed countries send milk samples to government or centralized private laboratories to test the milk for somatic cell counts, along with other tests. This is less than ideal, as transportation of milk across long distances in non-refrigerated trucks, or delays in analyzing the samples, can affect the composition of milk, leading to inaccurate test results. Misplaced or mislabeled samples is also a recurrent problem.<sup>12</sup> In developing countries, the main problem is the nonexistence of such laboratories. In both developed and developing countries, farmers would benefit greatly from an affordable, robust, easy-to-use “cow-side” test enabling regular monitoring of the herd’s milk quality and incidence of mastitis.



**Figure 3.1** The MilkoScan FT 6000 is manufactured by FOSS (Denmark) and costs about US \$150,000. It consists of a flow cytometer, a liquid handling system, and custom electronics and optics. A carrier band transports the 20-mL milk containers from left to right and a blunt needle located at the middle of the carrier band aspirates a small amount of sample from each milk container. A computer reports the results back to the user. Similar systems are used in dairy research centers. The system can measure somatic cell counts, fat percentage, and protein content. Fat percentage and protein content are measured with infrared spectroscopy.

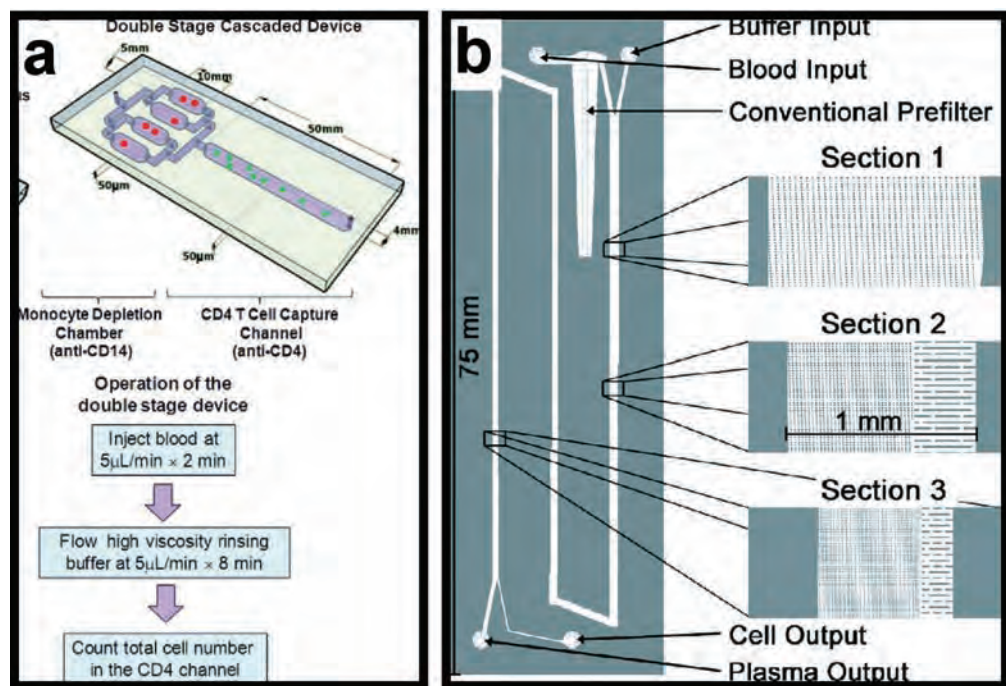
Several microfluidic systems have focused on miniaturization of the functionality of flow cytometers or electronic cell counters in hopes of reducing costs, automating manual tasks, and conferring portability, while also seeking to enable new discoveries and the processing of smaller sample volumes.<sup>13,14</sup> Although there have been successful demonstrations of miniaturized cytometers, providing similar sensitivity and quality of information to their benchtop counterparts, issues such as sample manipulation and automation are only beginning to be addressed.<sup>13-15</sup> Current “micro-cytometers” suffer

from: (i) elaborate microfabrication process sequences, some of which are not amenable to low-cost manufacturing;<sup>13-15</sup> (ii) requirement for very precise flow control to create a stable sheath flow;<sup>13</sup> (iii) clogging or fouling of microchannels;<sup>13</sup> (iv) malfunctioning caused by air bubbles;<sup>14</sup> (v) need for multiple buffers and reagents for flow control and staining of cells;<sup>13-15</sup> and (vi) complexity of operation necessitating significant operator training.<sup>10</sup> High-performance optics are commonplace in some commercial microfluidic flow cytometers, adding to cost;<sup>10,13</sup> see Figure 3.2.



**Figure 3.2** Examples of miniaturized flow cytometers. (a) Schematic of the operation of a flow cytometer. A sheath flow surrounds the sample and confines the fluorescent-labeled cells to a narrow single-file stream. High-end optics measure the scattering signal from the cell that pass through the laser beam.<sup>15</sup> (b) Schematic of a microfluidic flow cytometer that uses hydrodynamic focusing to confine cells in a narrow stream. Two optical fibers are used to interrogate cells passing through the incident laser beam.<sup>16</sup> (c) Example of a micromachined impedance spectroscopy flow cytometer for cell analysis and particle sizing. Electrodes in the channel detect change of impedance when a cell passes between them.<sup>17</sup>

Recently, Toner and colleagues<sup>18-20</sup> reported innovative approaches for cell enumeration that addressed some of the shortcomings listed above: no reagent required, easy-to-use, low-cost fabrication, portability, and minimum instrumentation. They demonstrated the detection and count of CD4+ lymphocytes from whole blood using a combination of immunoaffinity and controlled-shear stress to selectively capture CD4+ cells<sup>18,20</sup> while preventing the capture of other types of leukocytes. They also demonstrated that captured CD4+ cells can be quantified using impedance spectroscopy by lysing the cells, which alters the bulk conductance of the solution.<sup>19</sup> In another approach, Austin and colleagues demonstrated that cells can be efficiently sorted into different compartments—where presumably they could be counted—based on their sizes, using an array of microposts;<sup>21,22</sup> see Figure 3.3.



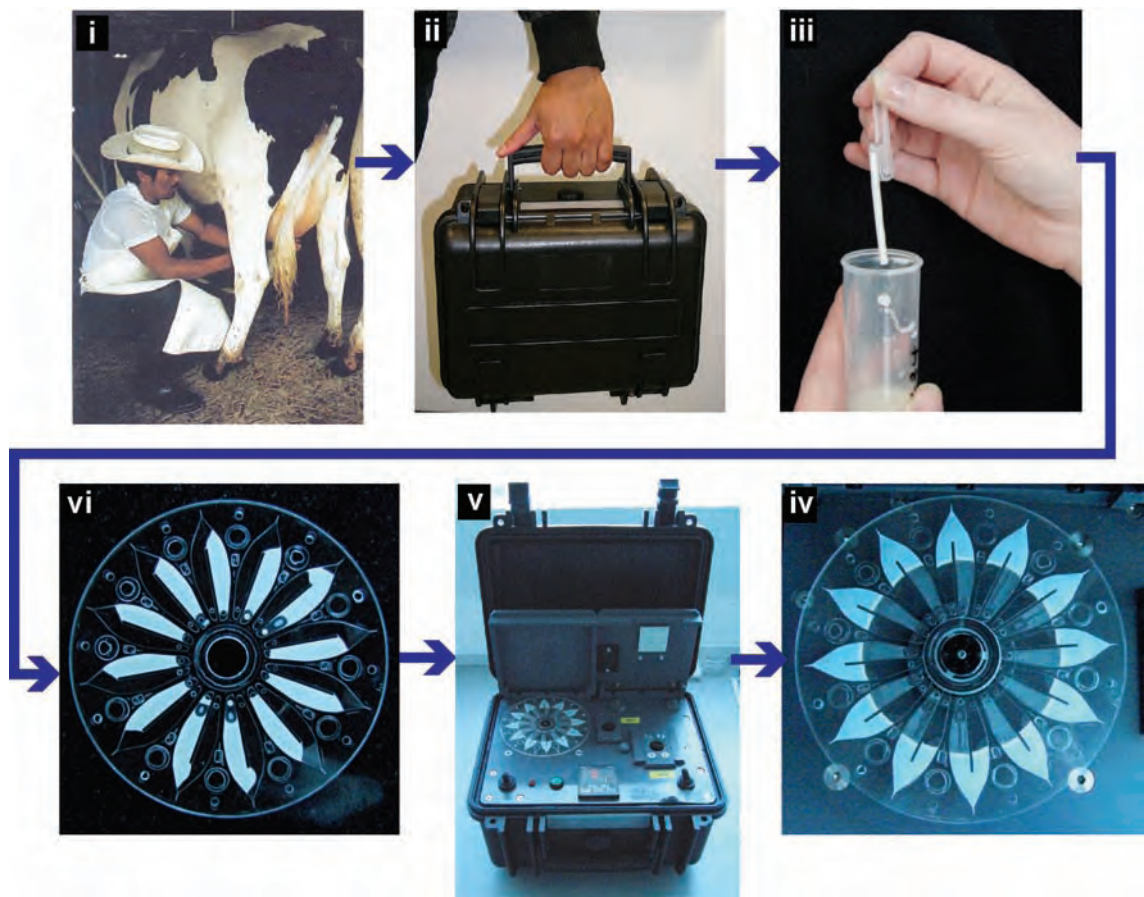
**Figure 3.3** Alternative approaches for the enumeration and separation of cells in microfluidic systems that exploit phenomena at the microscale. (a) In the first approach, cells are captured with antibodies at a specific flow rate.<sup>18</sup> (b) In the second approach, cells in blood can be separated by size using an array of posts.<sup>22</sup>

These innovative approaches demonstrate that miniaturization of bench-top instrumentation is not invariably the best strategy to address specific assays requiring cell counting and detection; rather, new approaches can exploit a range of bio/chemical/physical phenomena on the micro scale and at liquid/solid interfaces, leading to simpler, more economical, more practical solutions.

We demonstrate here a portable point-of-care (POC) microfluidic sedimentation cytometer (SeCy) to assess the numbers of somatic cells and the percentage of fat in milk; see Figure 3.4. Rather than counting cells one by one, our approach is to centrifuge the

somatic cells into a closed-end microfluidic channel, forming a packed pellet of cells whose volume is proportional to cell count. The device exploits the difference in cell and fat density from the rest of the milk components to separate them by centrifugation, forming the pellet and a fat band in opposite radial directions for convenient measurement.

The fluidic device has the same dimensions as a compact disc (CD) and allows for up to twelve tests to be performed at once; it is easy to use and handle, requiring no training other than learning to dispense 150  $\mu\text{L}$  of raw milk into each of the twelve SeCy's using a single-volume pipette. Unlike other cell-counting techniques, this assay does not require any additional reagents or sample preparation. Completing the assay requires fifteen minutes, at the end of which a reading of the cell count as well as the percentage of fat are made. Made of transparent polymer, the device is amenable to mass production, e.g. via injection molding. We also present a prototype portable reader unit to automate measurements, suitable for cow-side use; it includes two motors and two miniature microscopes



**Figure 3.4** General steps to operate point-of-care sedimentation cytometer. The process starts with a farmer milking a cow (i) and bringing the portable reader unit into the farm (ii). The farmer then draws 150  $\mu\text{L}$  of raw milk into an exact volume pipette (iii). Next, up to 12 different milk samples can be dispensed into the microfluidic sedimentation cytometer unit (iv). The disc is then loaded into the portable reader unit (v) which spins the disc for 15 min and analyses cell pellet size and cream band length (vi).

## **3.2 Design**

### **3.2.1 General concept of separation and analysis**

Cells and fat globules can be separated from the rest of a sample of milk by centrifugal acceleration in a rotating CD platform because their densities and volumes differ substantially from the rest of the milk. The volumes of the cell pellet and the cream band formed after centrifugation can then be correlated with the number of cells and fat percentage of the milk, respectively. The cell pellet volume is more easily quantified by localization in a comparatively long and narrow closed-end channel, but there is sufficient fat to simply measure the width of the band of cream that forms.

A number of constraints were placed on the design of the SeCY disc, the most relevant fundamental parameters being the properties of milk, cells, and fat globules; however, we also considered the smallest volume of milk reasonably handled by a farmer with a pipette, the maximum number of individual SeCY's that could fit on the footprint of a CD, and a desire to operate the disc using a conventional CD player motor.

### **3.2.2 Number of cells**

Assuming normally functioning immune response, somatic cell numbers increase dramatically after a pathogen invades one of the mammary glands of the animal.<sup>4</sup> SCC thresholds are often used to predict infection and to determine if milk is suitable for human consumption: the legal maximum for somatic cells in milk Grade A is 400,000 cells/mL in the European Union, New Zealand, and Australia, whereas in Canada and the US it is 500,000 and 750,000 cells/mL, respectively.<sup>23,24</sup> A threshold of 200,000 cells/mL has been suggested as indicative of a healthy "quarter", *i.e.* as measured in milk collected from one of the four teats of the cow.<sup>4</sup> Flow cytometers can detect up to ten million cells per mL. In designing this device, a target range of 0 to  $3 \times 10^6$  cells/mL was selected.

### **3.2.3 Properties of milk, cells, and fat globules**

Milk is a complex matrix composed in its majority of water (87.1%), fat (in the form of spherical droplets, 2.2 to 5.5%<sup>25</sup>), lactose (4.6%), and proteins (3.3%).<sup>25</sup> Present in less quantities are vitamins and minerals. Somatic cells in milk include mostly white blood cells (WBCs), and at lower percentages epithelial cells (0 - 7% of the SCC total).<sup>26</sup> Table 3.1 shows the physical properties of cells, fat globules, and milk plasma (milk minus fat globules). The viscosity of milk plasma is 1.68 mPa•s.<sup>25</sup> Cells being denser than milk plasma and fat globules being less dense, a centrifugal force field moves the two particle types in opposite directions, cells away from the axis of rotations and fat towards it.

**Table 3.1** Physical properties of somatic cells, fat globules, and milk plasma

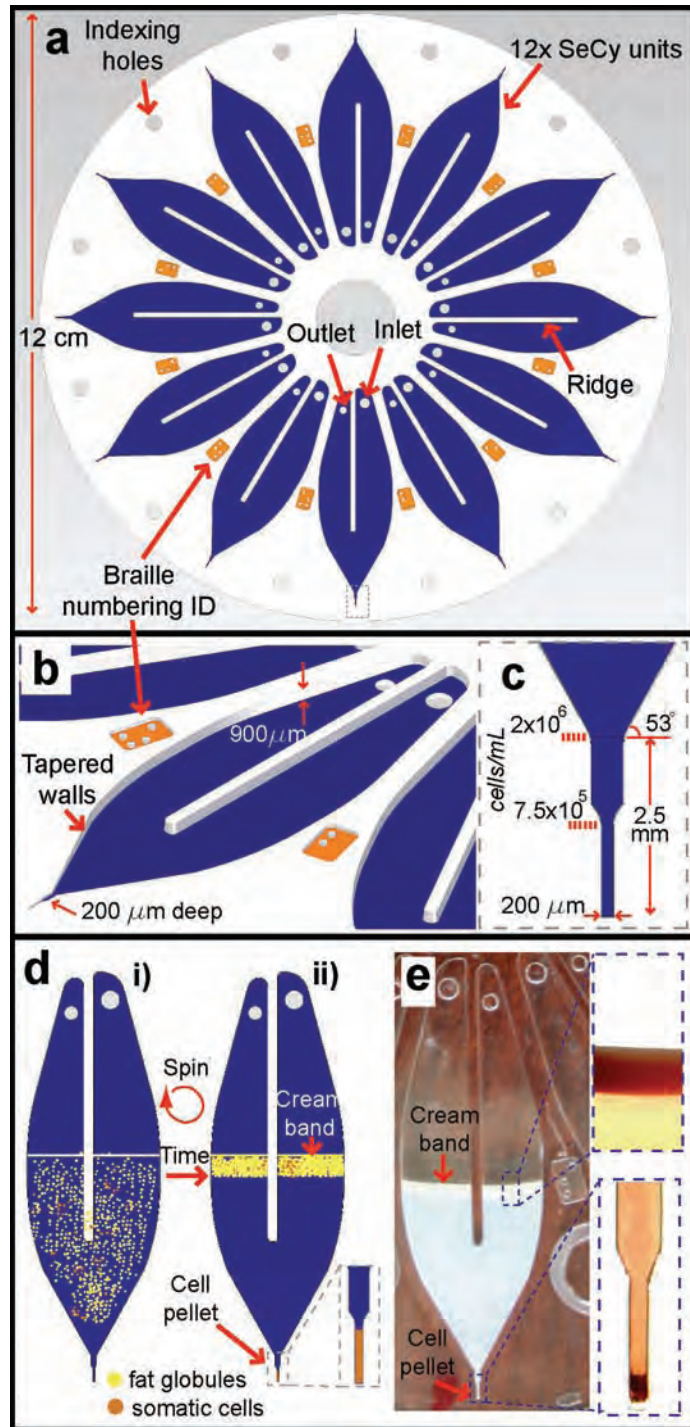
Component	Diameter ( $\mu\text{m}$ )	Mass density ( $\text{kg}/\text{m}^3$ )
Leukocytes (WBC)	6-10	1055-1085 <sup>27</sup>
Fat globules	1-8 <sup>28</sup>	916 (20°C) <sup>25</sup>
Milk plasma	-	1034 (20°C) <sup>25</sup>

### 3.2.4 Device

Each SeCy has one inlet and one outlet separated by a ridge as shown in Figure 3.5. The milk sample is introduced through the inlet and the gas is expelled through the outlet for reliable filling of the device. Attempts to use a SeCy containing a single inlet and no outlet were inconsistent because air was often trapped, preventing proper filling.<sup>29</sup>

An indexing system based on Braille code, embossed in the surface of the disc at a consistent radial distance, is used to identify each SeCy unit on a given CD. Numbers in Braille consist of a cell of six dots arranged in a matrix of 2 columns by 3 rows. The Braille code (numbers from 1 to 12) will enable a future reader to identify the funnel being scanned using pattern-recognition software.

Indexing holes facilitate correct and reproducible positioning of the disc in the reader system: protruding pins in the surface of the reader lock the disc in place and prevent movement to ensure that each image is collected in the same region of each SeCy unit.



**Figure 3.5** Design and principle of the sedimentation cytometer disc. (a) Top view of the disc, which comprises 12 SeCy units, each being identified with a Braille code. Indexing holes in the disc are used by the reader to facilitate correct and reproducible positioning of the disc relative to the microscopes. (b) A 3D view of a SeCy unit shows the tapered walls, which reduce gradually the height of the structure from 0.9 mm to 0.2 mm. (c) Magnification of the end of the closed-end channel. (d) Schematic of the SeCy unit with milk (left) shows that after spinning the disc for 15 min, the fat globules and cells separate into two distinct regions (right): the cream band forms near the upper part of the funnel while a cell pellet forms in the closed-end channel, its length proportional to cell count. (e) Images of a SeCy device spun for 15 min, captured with a conventional pocket digital camera. Insets show the cream band and cell pellet as viewed with the microscope.



### 3.2.5 Sample volume and channel geometry and dimensions

The sample must be easily collected and handled by a farmer, preferably with a dropper or inexpensive pipette. Disposable pipettes are available with precise, pre-defined volumes ranging from 20 – 400  $\mu\text{L}$  (Poly-Pipets, NJ, USA); the 150- $\mu\text{L}$  version is well matched to the current SeCy unit design.

The funnel should have a small footprint to fit as many as possible on each CD. The dimensions of the closed-end microchannel are defined by milk sample volume, desired cell count resolution, and maximum number of cells to be measured. In this regard, the microchannel must be long enough to accommodate the maximum number of cells, narrow enough that the cell distribution is uniform across the channel width (easing readout of the pellet size), and shallow enough to give a pellet length conducive to a quantitative result. The resultant microchannel dimensions should be consistent with low-cost manufacture, preferably without requiring tight tolerances on tooling for reproducible assay results (injection molding yields highly reproducible part dimensions for a given polymer and set of process conditions, but sizing the mold tooling in advance to make an exact part size is somewhat more challenging).

Cells constitute less than 0.01% of milk volume, hence the device must contain sufficient milk to provide a readily countable number of cells. The selected milk sample volume is 150  $\mu\text{L}$ , hence the closed-end microchannel must accommodate up to 450,000 cells ( $3 \times 10^6$  cells/mL), occupying approximately 235 nL (average cell radius of 5  $\mu\text{m}$ ; packing fraction is not considered for these calculations, as the cells are reasonably deformable.)<sup>30</sup> The designed 200 x 200  $\mu\text{m}$  closed-end microchannel cross section means that increments of 7,500 cells (50,000 cells/mL) correspond roughly to an increase in cell pellet length of 100  $\mu\text{m}$ . The pellet length at the “healthy” detection level is therefore 400  $\mu\text{m}$ .

Cell counting is greatly facilitated by well-chosen geometry, with a localization region where cells collect during centrifugation. Each SeCy comprises a funnel with a narrow closed-end channel as its tip, as shown in Figure 3.5. The design process was a trade-off between guiding the cells into the closed-end channel with minimal chance of trapping along the walls at readily attainable rotational speeds, containing sufficient milk, creating a compact cell pellet that can be readily measured without high-resolution microscopy, and choosing an overall form factor consistent with a number of the structures fitting onto a single CD. The upper wall of the V-shaped part of the funnel decreases from a height of 900  $\mu\text{m}$  to 200  $\mu\text{m}$  (where the closed-end channel begins) at an angle of 5.5°. The deeper region allows more milk sample to be contained in a given device area, while the shallower region creates a larger total area of compacted cells for quantitative measurement. Because the centrifugal acceleration can be separated into normal and

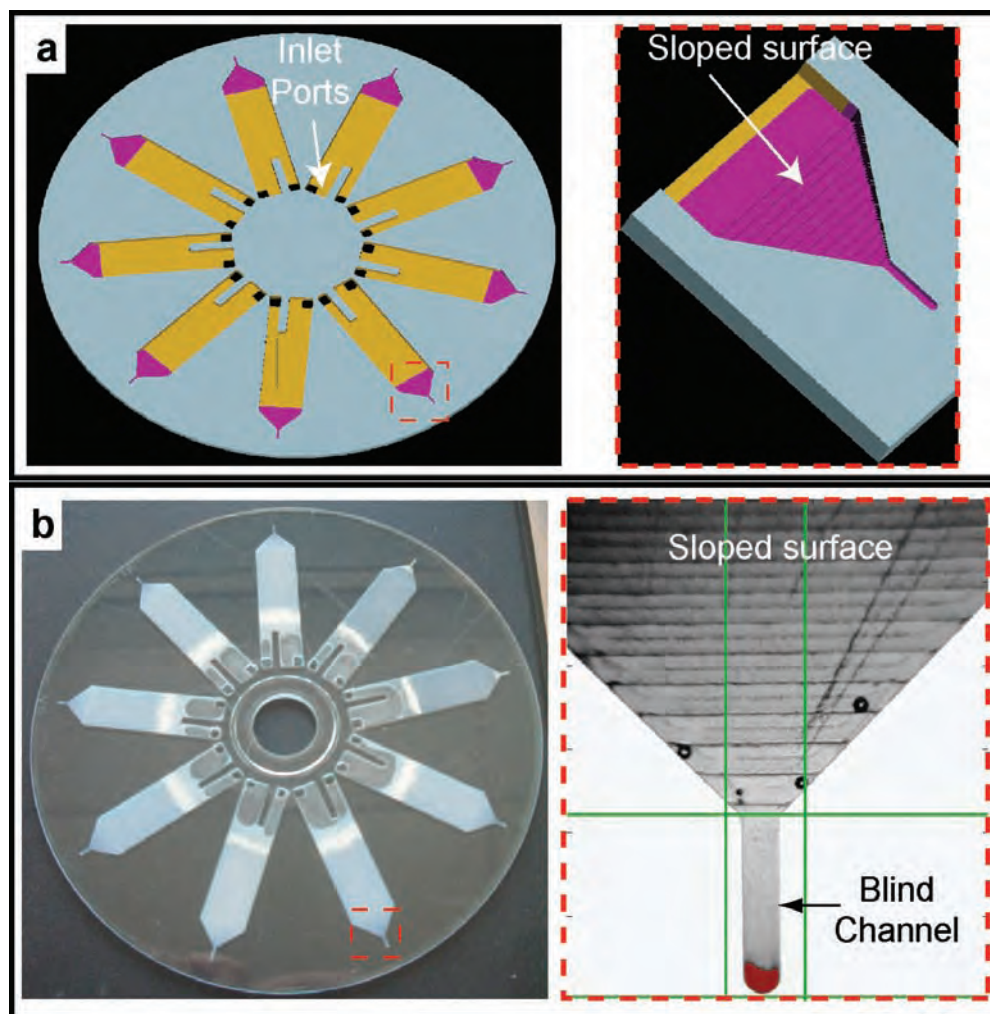
tangential components at the sloping “floor”,<sup>31</sup> the low 5.5° angle keeps the tangential component comparatively small, decreasing the likelihood that cells will become trapped along the sloping floor as they move into the closed-end channel. The V-shaped region of the funnel has a maximum angle of 37° relative to the disc radius, possibly larger than ideal for minimizing cell trapping along this region of the side walls, but the sample volume, height of the disc, and radius of the disc constrained this dimensional choice, which proved to be acceptable.

### **3.3 Materials and methods**

#### **3.3.1 Disc fabrication**

Initial CD-based assay prototypes were fabricated using a CAT3D micromilling machine (Datron, UK). Cyclo olefin polymer (COP, Zeonor 1060R, Zeonor Chemicals, Japan) plastic CDs were obtained from Åmic (Sweden). The discs had a 1.2 mm thickness, an inner hole and outer diameter of 15 mm and 120 mm, respectively. The design was laid out in a CAD program (Excalibur 5.0, Progressive Software Corporation, USA) and then converted into micromilling machine code using the same software. All the features were milled with a 1-mm solid carbide endmill tool (99010, Premier Machine Tools, Ireland) at 10,000 rpm except for the tip of the channel which was milled with a 0.5mm endmill tool (905005-MEGA-T, Premier Machine Tools) at 11,000 rpm. The V-shape of the funnel was machined in steps of 100 µm to create a tapered surface as shown in Figure 3.6.

Surface profiles of the fabricated devices were obtained using an optical profiling system (Wyco NT1100, VEECO, USA). Sheets of 250 µm thick poly(methyl methacrylate), PMMA, (Goodfellow, UK) were laminated into a sheet of 80 µm thick double-sided pressure sensitive adhesive, PSA, (Adhesives Research Ltd, Limerick, Ireland). The sheets were then cut to the size of a CD using a laser ablation system (Optec Micromaster, Belgium). The liner of the PSA was removed and the adhesive laminated into the milled plastic CD.



**Figure 3.6** Initial SeCy prototypes created with the micromilling machine. (a) 3D emulated design. (b) Fabricated device with a magnified view of the bottom part of the funnel, highlighting the cell pellet in red color.

The low throughput of this fabrication technique (three hours to fabricate a single disc; two more to characterize the dimensions), the challenges of alignment and reproducibility for small features on opposite extremes of the discs, and a need to understand a path towards commercialization, compelled the development of a high-volume manufacturing approach. Once a design was proven to work, the design was adapted to injection mold tooling and discs were mass-fabricated in 1.4 mm thick COC (5013-S04, Topas Advanced Polymers GmbH, Germany) by Microfluidic ChipShop (Jena, Germany) using injection molding. All channel features are included in the single molded layer. A flat 150- $\mu\text{m}$ -thick COC (8007, Topas Advanced Polymers GmbH, Germany) cover layer was bonded to the 1.4-mm-thick disc with proprietary technology (Microfluidic ChipShop).

Unbonded discs and closed-end microchannels in bonded devices were characterized with a Scanning Electron Microscope, SEM (Evo LS 15, Zeiss, Germany). Four SeCy units from a single disc located at  $90^\circ$  to one another were analyzed. Closed-end channels on bonded discs were manually cut with a knife for SEM characterization.

### **3.3.2 Milk collection**

Milk samples were obtained from the Irish Dairy Research Center, Teagasc (Fermoy, Co. Cork, Ireland). The samples came from local Teagasc dairy research herds and were analyzed using a milk analyzer, MilkoScan FT 6000 (FOSS, Denmark), which includes a flow cytometer to count somatic cells. Milk samples then were stored at 4° C and transported to our facilities for testing.

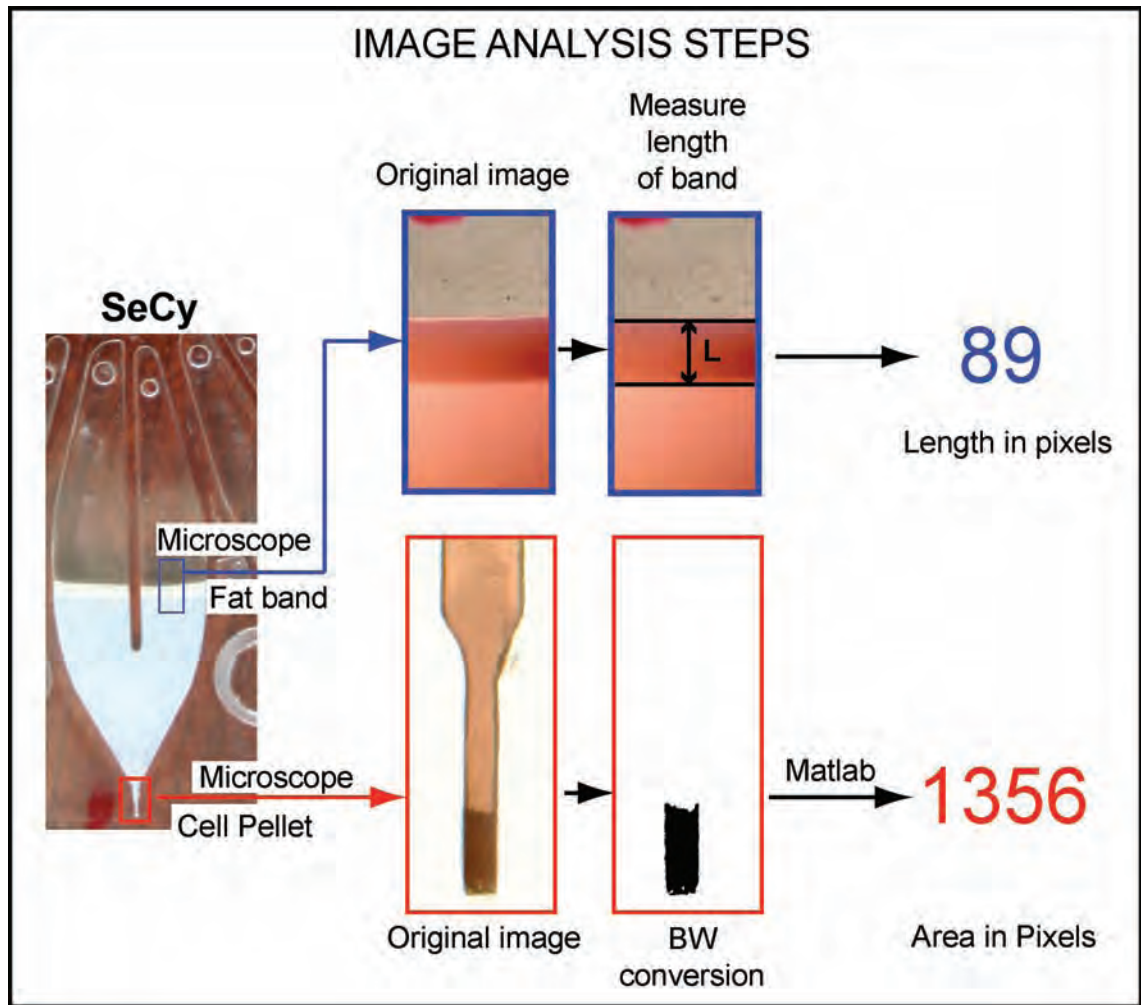
CD-based assay devices were loaded using exact volume pipettes of 150  $\mu$ L (Poly-Pipets Inc, NJ, USA).

### **3.3.3 Spinning station and optical setup**

Raw milk volumes of 150  $\mu$ L from individual samples were dispensed through the inlet of each SeCy unit using a pipette. Milk flowed into the left side of the SeCy unit as shown in Figure 3.1. No cross-contamination was observed between units when loading each device. Up to 12 samples can be processed by the SeCy disc.

Discs were mounted on the spindle of a brushless DC motor with an integrated optical encoder (Series 4490, Faulhaber, Switzerland). The motor was controlled by a host computer using WinMotion (v2.02, Faulhaber).

Images of the channel tips were recorded with a low-cost microscope (MIC-D, Olympus, USA). Images in bright-light provided enough contrast to distinguish the cell pellet and fat layer from the rest of the milk as shown in Figure 3.7. Microscope magnification was set to 22X to image the cream band whereas for the cell pellet it was set at 57X. Cell pellet images were converted to a black and white image manually adjusting the threshold using GIMP (v2.6.6, Free Software Foundation). Next, the pellet area was processed and measured with custom software (MATLAB, Mathworks, USA). The area returned by Matlab was in pixels so it had to be multiplied by a constant to obtain the area in  $\text{mm}^2$ . The volume of the cell pellet was obtained by multiplying the area times the height of the channel. GIMP tools were also used to measure the fat band size and converted to millimeters. Image processing results were compared to cell counts from the FOSS MilkoScan system.

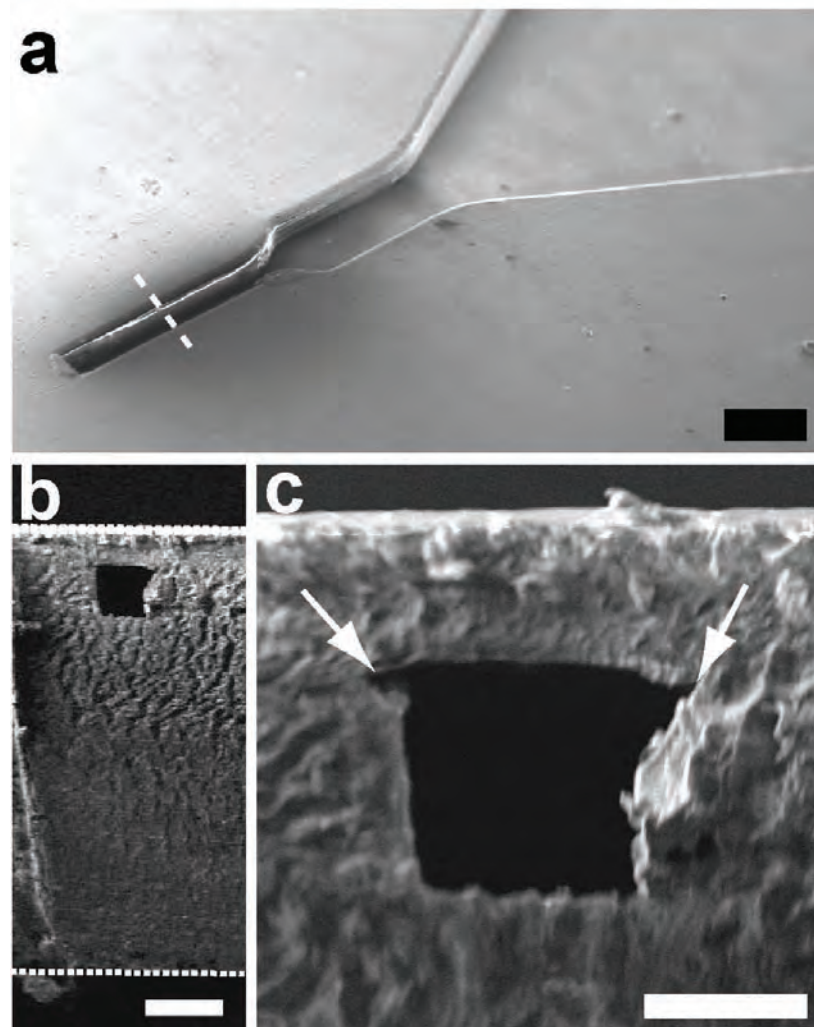


**Figure 3.7** Image analysis steps. The cream band and the cell pellet of each SeCy are imaged with a microscope. The length of the cream band is measured with GIMP (top). Images from the cell pellet (bottom) are manually converted to black and white (BW) using a raster graphic editor. BW images are analyzed with customized software which returns a numeric value indicating the size of the area in pixels.

## 3.4 Results and discussions

### 3.4.1 Characterization

The tip of the closed-end channels had a height of  $191 \pm 9 \mu\text{m}$  and a width of  $215 \pm 10 \mu\text{m}$ , a 2.6% increase relative to the designed area for a 200- $\mu\text{m}$  square. This deviation is small relative to the standard deviations determined by experimental measurement (see Cell Counts Results section) and therefore are not of concern.



**Figure 3.8** SEM images of the SeCy device showing images of the bottom part of the funnel (a); dotted line shows the approximate locations where the cross sectional images were obtained in (b) and (c). Cross sectional view of disc, highlighting disc borders with dotted lines (b), and cross sectional view of closed-end channel. Arrows in (c) point to defects during release of molded disc from mold insert and subsequent bonding. Scale bars are 500  $\mu\text{m}$ , 200  $\mu\text{m}$ , and 100  $\mu\text{m}$ , in images (a), (b), and (c), respectively.

### 3.4.2 Operational angular speeds

Air pockets became trapped in the closed-end microchannels during operation of the device with milk and thus prevented any cells to reach the bottom of the channel. This defect set the minimum angular speed of operation. Removal of all air pockets and filling of closed-end channels with cells was possible at speeds of 4000 rpm and above, which is equivalent to a pressure of 183 kPa at the tip of the channel. This pressure can be calculated from the following equation:<sup>32</sup>

$$P = \rho \omega^2 \bar{r} \Delta r \quad (3.1)$$

where  $\omega$  is the angular velocity,  $\rho$  the density of milk, and  $\bar{r}$  and  $\Delta r$  the average radial distance from the CD center and length of the milk sample in the SeCy unit, respectively.

The milk sample in the SeCy unit had an inner radius of 3.5 cm and the tip of the SeCy unit is 5.7 cm away from the centers of the CD. This inner radius distance, determined by the milk sample volume dispensed into the SeCy unit, is constant.

Previous SeCy designs demonstrated that filling of wider closed-end channels was possible at angular speeds of 3000 rpm.<sup>29</sup> The dimensions of the channel affects the filling and can be optimized according to the application. Strategies do exist for bubble-free priming of blind channels by a two-level hydrophilic structure<sup>33</sup>; however, surface treatment (e.g. hydrophilizing) represents an extra step and cost in the manufacturing of the SeCy system, which was desirable to avoid.

The maximum angular speed was set by pressures at which delamination of the sealed CD occurs. Fluid leakage started to occur above 6000 rpm, equivalent to a pressure of 413 kPa. Thus, the proper functioning for cell counting of the SeCy ranges between 4000 and 6000 rpm.

### 3.4.3 Theory sedimentation time

We performed a theoretical analysis to estimate the minimum amount of time to form the cell pellet and cream layer, the general case of the time for a single cell and a single fat globule to travel the full length of the liquid in the rotating SeCy unit is considered. Cells and fat globules are assumed to be rigid spheres, not subject to deformation for this analysis, and the same local concentration of particles is assumed throughout the trajectory. We also assumed milk plasma (whey) as the liquid medium where particles are suspended and the liquid has Newtonian properties.

Four forces act on a spherical particle of radius  $R$  that is rotating in the SeCy unit at an angular speed  $\omega$ : centrifugal,  $F_C = \omega^2 r V_p \rho_p$ ; buoyant,  $F_b = -\omega^2 r V_p \rho_m$ ; viscous drag,  $F_d = -\zeta u_\infty$ ; and Brownian,  $F_f$ ,<sup>34</sup> where  $r$  is the radial distance from the center of rotation to the particle,  $V_p = 4/3\pi R^3$  and  $\rho_p$  are the volume and density of the particle, respectively,  $\rho_m$  is the density of the medium,  $u_\infty$  is the velocity of the particle, and  $u_C$  is the (terminal) settling velocity of the particle corrected by a factor that considers the volume fraction of particles present in the solution.

The viscous friction coefficient,  $\zeta$ , is related to the size of the particle as  $\zeta = 6\pi\eta R$ , where  $\eta$  is the viscosity of the medium. Because the mean diameter of somatic cells is about 10  $\mu\text{m}$ , Brownian force is not included in these calculations. A cell reaches its terminal velocity in a uniform centrifugal field in a matter of microseconds,<sup>35</sup> so it is safe to assume that the total force acting on it is

$$F_T = F_C + F_b + F_d = 0 \quad (3.2)$$

or

$$\omega^2 r V_p (\rho_p - \rho_m) - \xi u_\infty = 0 \quad (3.3)$$

thus the settling velocity can be found from the following equation (known as the Stokes equation<sup>34</sup>):

$$u_\infty = \frac{dr}{dt} = \frac{\omega^2 r V_p (\rho_p - \rho_m)}{\xi} \equiv \frac{2 \omega^2 r R^2 (\rho_p - \rho_m)}{9 \eta} \quad (3.4)$$

This formula applies only to low-Reynolds-number conditions,  $Re < 1$ , for a single particle.<sup>36</sup> During sedimentation, hydrodynamic interactions with other cells or fat globules can decrease the settling velocity.<sup>34,35,37,38</sup> To correct for the particle concentration in solution, Equation 3.4 must be adjusted by a correction factor,

$$u_C = u_\infty (1 - C)^p \quad (3.5)$$

also known as Richard-Zaki correlation, where  $C$  is the solid volume fraction and  $p$  is an empirical constant equal to 5.5 for hard spheres and low  $Re$ .<sup>39</sup> The correction factor does not consider wall effects. Equations 3.4 and 3.5 have been studied for cubic and cylindrical containers,<sup>40,41</sup> hence the geometry of our device may require an alternate formulation. To simplify the analysis we do not include wall effects, particularly rolling of cells to the upper taper walls as they sediment, which could significantly affect settling velocity.<sup>31</sup> Thus, we assume that the majority of the cells remain in the bulk of the solution for most of the sedimentation process.

The total solids volume fraction in milk is 0.21, 0.05 from the fat content plus 0.16 from other components (casein micelles, lactose, and whey protein).<sup>42</sup> Although sedimentation processes are dynamic and give rise to the propagation of kinematic waves that change the volume fraction as a function of distance, Equation 3.5 remains a good approximation of the settling velocity.<sup>43</sup> A more thorough study of sedimentation processes in a centrifugal field can be found elsewhere.<sup>44,45</sup>

To calculate the time it takes for a particle to travel from a radial distance  $r_1$  to  $r_2$ , Equation 3.4 and 3.5 are integrated to give

$$t = \frac{9\eta}{2\omega^2 R^2 (\rho_p - \rho_m) (1 - C)^p} \ln \left( \frac{r_2}{r_1} \right) \quad (3.6)$$

#### **3.4.4 Fat globules sedimentation time**

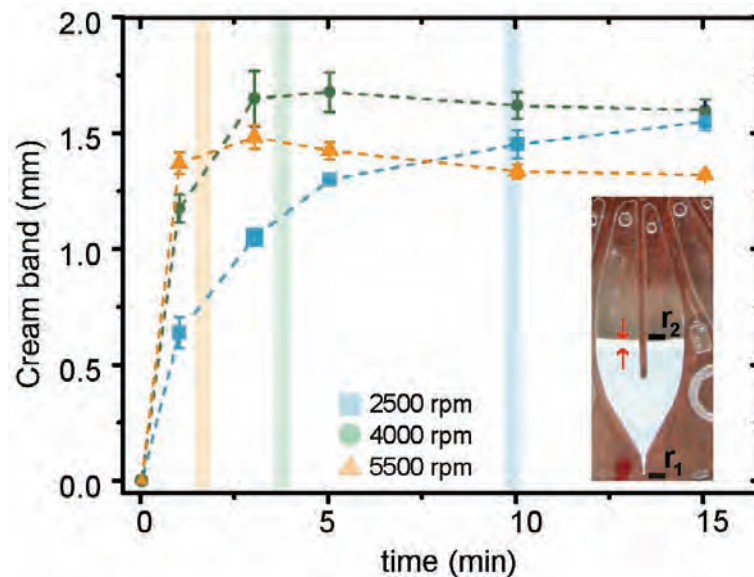
To determine the time it takes to form the band of cream (fat), experiments at different angular speeds were performed using raw milk with 4.5% w/w of fat. Figure 3.9 shows the time evolution of the width of the cream band size at 2500, 4000, and 5500 rpm. The time for a fat globule with a mean diameter<sup>42</sup> of 3.5  $\mu\text{m}$  to travel from the tip of the



SeCy unit,  $r_1 = 57$  mm, to the top of the liquid,  $r_2 = 35$  mm, was estimated using Equation 3.6. Calculated times were 9.6, 3.8, and 2 min for angular speeds of 2500, 4000, and 5500 rpm, respectively, and are represented as stripes in the same figure. At 2500 rpm, it takes almost 15 min to before the cream band attains a constant area (unchanged by additional spinning). A perceptible band is formed in  $\sim 3$  min at 4000 rpm and remains constant for the next 12.5 min. After 15 min, the 2500-rpm band converged to the same width as the 4000-rpm band.

At 5500 rpm, the cream band is rapidly formed in two minutes, increases slightly in width to a maximum in the next minute, then shrinks in size over the next 7 min, remaining almost constant for a subsequent 5 min. From the calculated theoretical values, the width of the cream layer was expected to remain constant after 2 min as was the case for the 4000-rpm band. The reduction in cream band width was unexpected, but careful observations on the disc revealed a significant protruding “bump” on the bottom part of the SeCy unit, i.e. protrusion of the 150- $\mu$ m bonded polymer cover layer. The high pressures generated during the rotation of the disc forced the thin layer to bulge up. This bulge caused the height of the SeCy unit to increase, and thus reduced the width of the cream band while accommodating the same volume of cream.

Calculated times from Equation 3.6 agree well with experimental findings and should serve as a rough guide for estimating the minimum amount time to form the cream band.

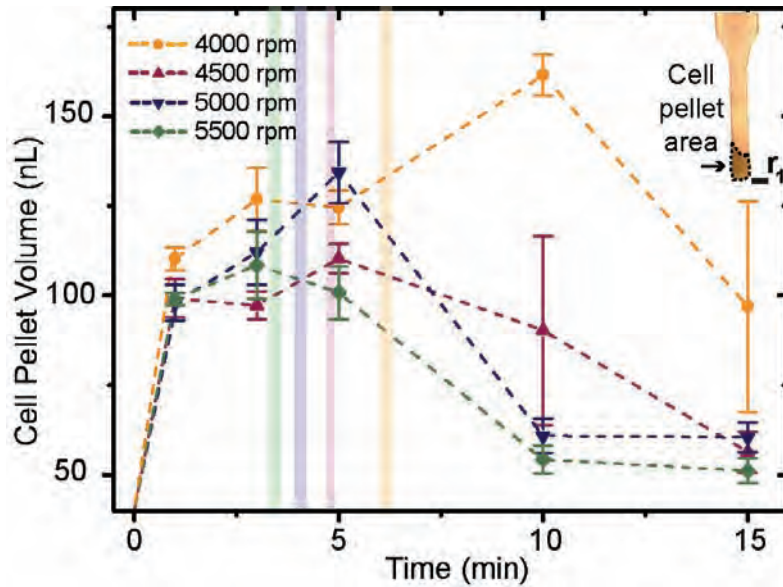


**Figure 3.9** Evolution of the cream band length over time at three different angular speeds (2500, 4000, and 5500 rpm). Vertical stripes indicate the theoretical time required for a fat globule to travel from  $r_1$  to  $r_2$ , calculated using Equation 3.6. The error bars represent the standard deviations from three independent measurements.

### 3.4.5 Somatic cells sedimentation time

Experiments at different speeds and times determined the appropriate conditions to

sediment the cells. Figure 3.10 shows experiments carried out with raw milk with a cell count of  $4.74 \times 10^5$  cells (as determined with the MilkoScan system) and a high fat content of 4.94%. A reproducible cell pellet is formed between 10 and 15 min at 5000 and 5500 rpm. The data show that the cell pellet is more compacted at 5500 rpm than at 5000 rpm. Error bars are smaller at faster speeds ( $\geq 5000$  rpm) than when slower speeds are used.



**Figure 3.10** Evolution of the cell pellet volume over time at four different angular speeds (4000, 4500, 5000, and 5500 rpm). Vertical stripes indicate the theoretical time it takes for a cell to travel from the upper layer of the liquid to the tip of the SeCy unit, calculated using Equation 3.6. Image processing software recognizes and measures the area occupied by the cells in the channel and computes the volume. The error bars represent the standard deviations from three independent measurements.

In analogy to the fat globules, the time was calculated for a cell with a mean diameter of  $6 \mu\text{m}$  to travel from  $r_1$  to  $r_2$ . Calculated times of 6.2, 4.9, 4, and 3.3 min for angular speeds of 4000, 4500, 5000, and 5500 rpm, respectively, are represented as vertical stripes in Figure 3.10. These times are not consistent with our experimental findings: there is a difference of 7 min between expected and calculated values at 5500 rpm, and at 4000 rpm this difference is 9 min and did not seem to form a constant pellet. Thus, Equation 3.6 does not predict cell sedimentation times nearly as well as the times for fat band formation.

Figure 3.10 shows a sharp rate of increase in the cell pellet volume vs. spin time for the first few minutes, followed by an almost two-fold decrease in subsequent minutes. Although it was anticipated that the cell pellet would compress over time in the closed-end channel, a two- or more-fold packing density increase was unexpected, even for a packing fraction reaching 100%.<sup>30</sup> In some cases, small debris or clusters of fat globules were observed slowly migrating center-wards from the region of the closed-end channel; the debris or clusters likely are initially trapped in the channel and slowly move center-wards as they detach from the cells already trapped in the closed-end channel. The cell pellet volume

ultimately remains stable at times exceeding 10 to 15 min for high angular speeds (> 5000 rpm).

The disagreement between calculated and experimental values for sedimentation time of somatic cell can be attributed to multiple factors, fat globules or debris (from the raw milk samples themselves) trapped in the channel being one. The fat globules tend to aggregate in clusters and could interact with cells, perturbing their flow path and reducing their velocity. The large difference in concentration between fat globules and somatic cells, ~4% versus 0.01%, makes this factor worthy of serious consideration. As shown in Figure 3.1, after 1 min at 5500 rpm, a dense cream band has formed that could block cell sedimentation. It is also likely that some of the cells roll along the wall(s) as they move toward the closed-end channel, decreasing the average settling velocity. Leatzow *et al.* found that small differences in the angles of tapered walls can cause as much as a 6-fold difference in the separation time.<sup>31</sup>

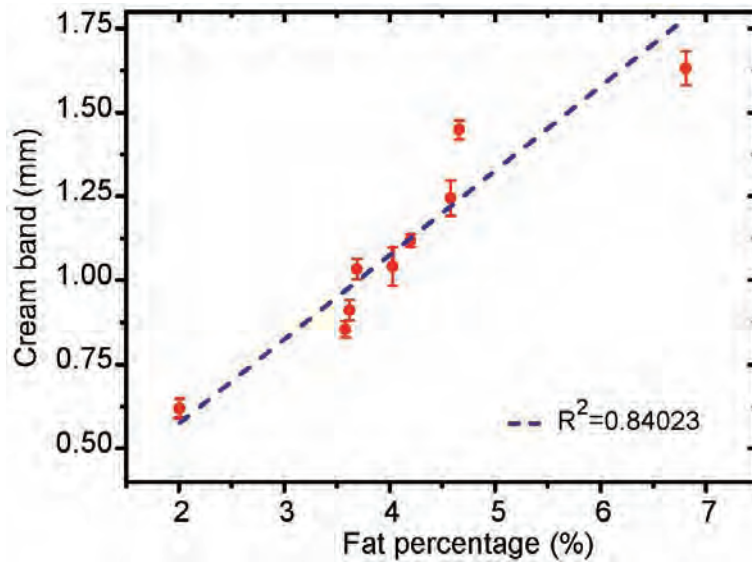
During experiments, we noted bulging of the 150- $\mu$ m layer bonded to the device at all speeds greater than 4000 rpm, more noticeable still at 5500 rpm. Upon stopping the disc, the bulge slowly returns to an almost normal position. This bulging may have a detrimental effect on the capture efficiency of the SeCys and will be further studied in the future.

Despite this fairly complicated behavior and the potential non-ideal effects, the correlation between cell pellet volume and somatic cell count is still close to 90% (see below).

#### **3.4.6 Cell counts and fat percentages**

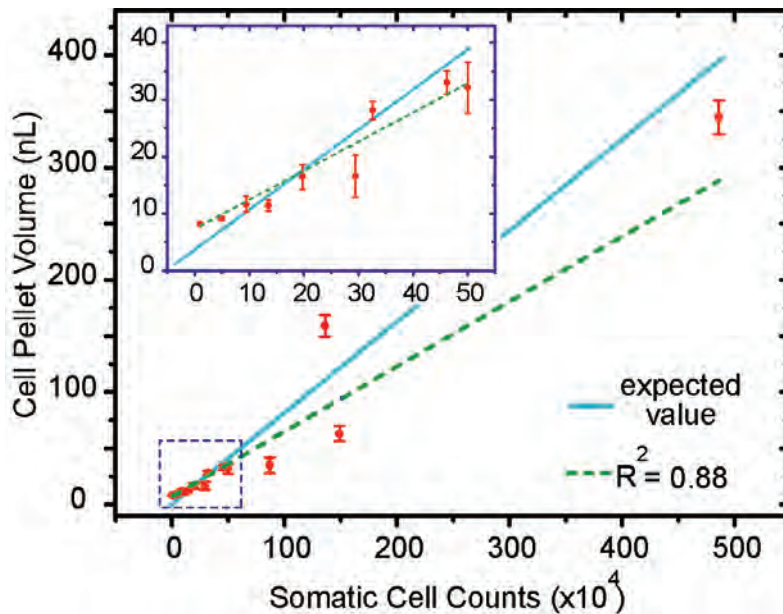
After developing and characterizing the protocol to sediment the cells and fat globules, a number of samples with different cell counts and fat percentages were tested. All experiments were carried out for 15 min at an angular speed of 5500 rpm using an angular acceleration of 150 rpm/sec to reach that speed.

Figure 3.11 shows results from various samples, comparing the width of the cream band with readings from the MilkoScan system. The SeCy compares favorably to this bench-top instrument, measuring samples with fat percentages ranging from 2 to 6.6%.



**Figure 3.11** Width of cream band compared to measurement of the same sample using the MilkoScan system. The error bars represent the standard deviations from three independent measurements.

Figure 3.12 compares the results of the SeCy to the flow cytometer readings. The SeCy detects cells in the range from  $5 \times 10^4$  to  $5 \times 10^6$  cells/mL with good correlation to the commercial system ( $R^2 = 0.88$ ); the estimated lower limit of detection is  $5 \times 10^4$  cells/mL. The data gap between  $2 \times 10^6$  and  $5 \times 10^6$  cells/mL is due to a lack of samples in that range. High-cell-count samples are uncommon in well-maintained herds exhibiting low incidence of mastitis; during the timeframe of these experiments, we could obtain only 3 samples above  $1 \times 10^6$  cells/mL.



**Figure 3.12** Cell pellet volumes obtained with the SeCY system compared to readings from the same sample using the MilkoScan system. The “expected value” line represents the theoretical limit of 100% cell-capture efficiency in the closed-end channel. Inset graph shows the comparison of up to  $5 \times 10^6$  somatic cells. The error bars represent the standard deviations from three independent measurements.

The cell pellet volumes obtained with the SeCy devices are very close to the expected values. Below 500,000 cells/mL, the SeCy system provides a better correlation ( $R^2=0.92$ ) than at much higher cell counts ( $>500,000$  cells/mL), where it is possible that some somatic cells become trapped in the dense cream band that forms very rapidly at 5500 rpm. In addition, at the onset of an infection and for cell counts higher than 200,000 cells, most of the somatic cells are neutrophils, which engulf not only bacteria, but micelles and fat globules as well,<sup>46,47</sup> thus changing the physical properties (density) of some of those cells and precluding them from reaching sedimenting in the closed-end channel.

A few parameters can be optimized to improve cell capture efficiency at high cell counts: for example, reducing the speed of rotation in the first minutes slows initial formation of the cream layer and may increase the chances of all cells sedimenting into the closed-end channel. The effect of reducing or increasing the milk sample volume might also be investigated. Future work could also include simulations to understand the effect of the geometry (wall angles, aspect ratios) on the efficiency of sedimenting the cells, and characterization of other phenomena such as the Coriolis effect.<sup>48</sup>

### 3.5 Reader

We developed a portable ‘point-of-cow’ (POC) reader system in parallel to the manufacturing and testing of the SeCy chip; it is housed in a “farm-appropriate,” rugged box. The reader, built by AOS Technology Ltd. (Leicester, UK), incorporates electronics, two microscopes, and a motor to spin the disc. The reader weighs 4 kg and measures 30 cm wide x 22 cm deep x 20 cm tall and includes spin and scan stations. The spin station rotates the disc at a fixed angular speed for a controllable time. The spin station also features a lid with interlock mechanisms that only allows the disc to rotate when the lid is closed as shown in Figure 3.13.

The scan station contains two USB digital microscopes with an integrated camera (Dino-Lite AM413t, Absolute Data Services Limited, UK), one to measure the cell pellet area and another to measure the cream band width. The former microscope is fixed at a magnification of 183X, the latter at a 36.8X. Due to spatial constraints, the microscopes are located at a 90° angle to one another, viewing different SeCy units. Selecting between the two microscopes is accomplished with a toggle switch. The reader is connected to a portable computer to acquire images. Electrical power is supplied from a rechargeable lithium ion battery. USB and electrical connectors are located in the back panel of the box.

To operate the POC-reader, the user inserts the disc into the spin station, closes the lid, and presses the spin button. The disc rotates for a fixed time. After the disc stops, the disc is manually transferred to the reading station where the two microscopes capture an image (Dino-Capture software) of the cell pellet and fat layer. Images can then be analyzed

with a portable computer. A future version of the POC reader will integrate a microcomputer and display in the same box.



**Figure 3.13** (a) Point-of-Cow sedimentation cytometer reader system. (b) The reader consists of a spin and a scan stations to facilitate and automate the cell pellet and band cream measurements.

### 3.6 Conclusions

We demonstrated the design, fabrication, and characterization of a low-cost, portable microfluidic system for assessing the number of somatic cells and fat content of whole, unprocessed milk in 15 min. This system is one of the few demonstrations of a microfluidic concept providing a “sample-in, answer-out” capability. Unlike other cell-counting techniques, this assay requires no additional reagents. It is easy to operate and handle: the user only needs to dispense 150  $\mu\text{L}$  into each SeCy unit and insert the disc into a portable reader.

Our CD-based device design was demonstrated to be manufacturable in large quantities using injection molding of COC thermoplastic resin and a thin polymer cover layer, in analogy to conventional CD manufacture. The CD includes twelve independent sedimentation cytometer units, each resembling a flattened funnel with sloped walls to facilitate the cell collection and featuring a narrow closed-end channel where cells sediment and form a column whose length is proportional to cell count.

We investigated the formation of the cream layer over a range of angular speeds and compared the results with theoretical values, and performed similar experiments for cell pellets. Results from our device correlate well with those from a bench-top flow cytometer designed specifically for milk analysis for both somatic cell counts and fat percentage measurements. Our SeCy units measure fat content in the range 2.0 - 6.5% and cell counts from  $5 \times 10^4$  to  $5 \times 10^6$  cells. The SeCy has captures efficiencies above 80% for cell counts below  $5 \times 10^4$  cells/mL and above 50% for higher cell counts.

We also reported the development of a ‘point-of-cow’ reader system to automate the measurements of the cell pellets and the band of cream. The POC reader is suitable for deployment on farms.

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# 4

## **Liquid Recirculation in Microfluidic Channels by the Interplay of Capillary and Centrifugal Forces\***

In this chapter a technique to recirculate liquids in a microfluidic channel is presented. By the interplay of capillary and centrifugal forces it is possible to sample successive sub-aliquots of a liquid by bringing them into successive contact with the same sensing surface.

\*Parts of this chapter have been published in the Journal of Microfluidics and Nanofluidics

## 4.1 Introduction

Immunological assays such as ELISA (enzyme-linked immunosorbent assay) are among the most reliable and widely used techniques in medical diagnostics.<sup>1-4</sup> Immunoassays are used to detect a variety of targets from raw samples: cells, bacteria, proteins, viruses, antigens, pollutants, hormones, peptides, nucleic acids, and even pesticides.<sup>5</sup> The combination of microfluidics with immunoassays, specifically with surface-bound probes, has demonstrated the potential to deliver low-cost, high-sensitivity, easy-to-operate, portable point-of-care (POC) devices.<sup>1</sup>

In assays carried out using microfluidic architectures, target analytes can be delivered effectively to surface-immobilized receptors using less reagent volume and/or less time than bench-top counterparts.<sup>6</sup> However, microfluidics has yet to become a workhorse for the analysis of precious raw samples containing very rare molecules or particles in large volumes, one important example being the detection of a handful of cancer cells in a few mL of whole blood,<sup>7</sup> and another being the detection of certain proteins at femtomolar levels and below (one target molecule in a 100- $\mu\text{m}$  cube).<sup>8</sup> Recent advances show that some microfluidic systems can successfully tackle this problem, the price being laborious fabrication methods, expensive materials, and costly instrumentation.<sup>2,7,8</sup>

To improve limits of detection (LODs) in microfluidic devices in such instances, three approaches have been proposed: (1) using sensors (detectors) with exceptional limits of detection and specificity; (2) employing a reliable microfluidic strategy that delivers most of the analyte to the sensor very efficiently; or (3) combining both approaches.<sup>2</sup> Any approach must include consideration of time-to-result, as well as manufacturability issues, if it is to be considered for commercial point-of-care use.

Successful fluidic approaches to improve LODs require a major fraction of the target species in a liquid sample to have sufficient time to diffuse to the detection surface as the sample flows by. If this is not the case, larger sample volumes are needed to provide a given limit of detection with reasonable assay times. To avoid localized target depletion around the sensor area, quick replenishment with fresh sample is necessary, and this is often provided by high flow rates that further increase sample consumption.<sup>9</sup>

Several strategies have been proposed to efficiently deliver analyte to the sensing surface. The most obvious has been simple reduction of channel or chamber size, which may not necessarily accelerate target capture adequately to shorten assay times to a few minutes<sup>10</sup> and can render some fluidic miniaturization strategies impractical. Reduction of channel height to dimensions where diffusion times are on the order of few seconds has been explored to increase sensor sensitivity.<sup>6,10</sup> However, reducing the channel dimensions implies either a reduction in volumetric flow rate and a corresponding increase in assay time, or an increase in pressure to

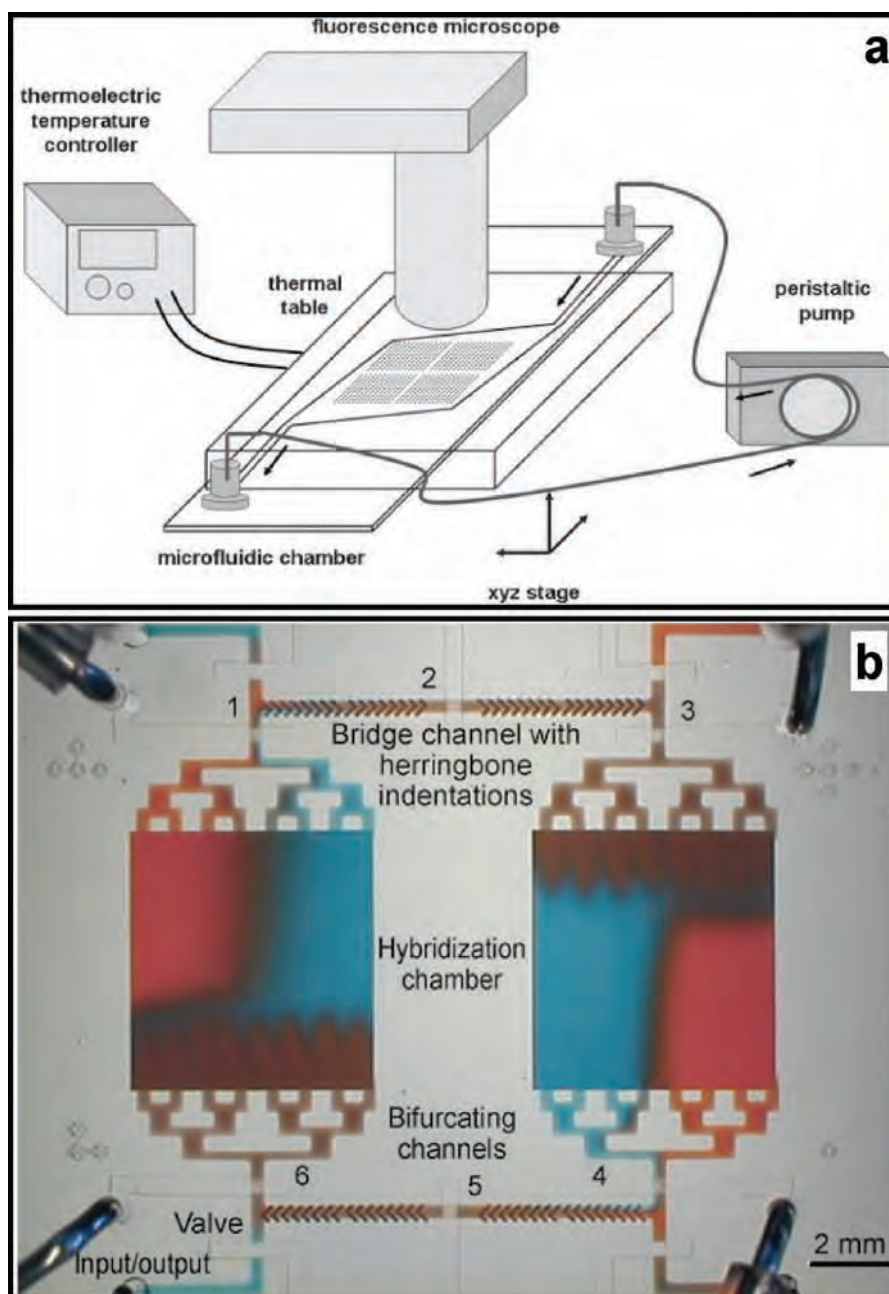
often-impractical levels to maintain the same flow rates and assay times. In addition, channels with heights less than 20  $\mu\text{m}$  are prone to clogging and remain challenging for large-scale manufacturing and bonding to other substrates.

Another strategy exploited in microfluidic devices is to flow the sample at very low flow rates (often nL/sec) to provide enough time for analytes to diffuse to surface receptors.<sup>9</sup> However, for large sample volumes this approach may be impractical due to its adverse impact on assay time.

Another microfluidic strategy is to confine the sample using sheath flow to reduce the flow layer thickness of the original sample. Although this method reduced assay times from 55 min to 13 min, it required 25 times more confining buffer than the original sample and relatively elaborate microfabrication techniques with exquisite flow control.<sup>6</sup> Some groups have explored the use of continuously and discontinuously rotating chambers,<sup>11</sup> microfluidic planetary centrifugal mixing,<sup>12</sup> and electrothermal stirring.<sup>13</sup>

On-chip passive mixing can also increase the rate of mass transfer to the sensor surface; this can be implemented by adding grooves, chevrons, or other structures to microfluidic channel surfaces.<sup>14-19</sup> Active mixing using external forces<sup>20-27</sup> can also enhance the rate of mass transfer. However, these mixing strategies require precise flow control, can involve elaborate microfabrication techniques, or require coupling of external actuators to the microfluidic channel.

Relative to diffusion-limited mass transport, recirculation and other means of liquid movement can enhance capture efficiency for surface-binding or solution-phase reaction kinetics for a given interaction time by providing more (frequent) collisions of solution-phase species with one another or with binding sites.<sup>24,28-32</sup> For a given assay time, (re)circulation can thus enable (i) use of smaller sample volumes without loss of assay sensitivity or (ii) more exhaustive sampling of larger sample volumes, improving limits of detection. Microfluidic recirculation has been shown variously to shorten nucleic acid hybridization times by 3x – 10x compared to conventional methods,<sup>28-30</sup> to enhance reaction kinetics by almost two orders of magnitude,<sup>31</sup> to reduce sample volume requirements by 1 to 3 orders of magnitude,<sup>32</sup> and to accelerate mixing.<sup>33,34</sup> Examples of devices used to recirculate solutions in microfluidic devices are shown in Figure 4.1.



**Figure 4.1** Examples of strategies used to recirculate solutions in microfluidic devices. (a) A peristaltic pump is used to pump and recirculate a solution in a hybridization chamber.<sup>30</sup> (b) Two hybridization chambers are connected by channels with herringbone indentations. The solution is then recirculated between the two chambers to reduce DNA hybridization times.<sup>28</sup>

We report herein a technique to (re)circulate liquids through microfluidic channels in a compact disc (CD)-format fluidic device using the interplay of capillary and centrifugal forces, demonstrating that a liquid sample can be recirculated through a microchannel at least 1000 times without observable change apart from slight evaporation. Li et al.<sup>35</sup> have shown an important application of this approach to accelerating the rate of hybridization of DNA.<sup>36</sup> We present here the physical equations and demonstrate the principles that govern this method, summarizing their implications for such key assay and device parameters as sample volume,

channel volume, diffusion coefficient, channel height, and number of "spin cycles" required to achieve a given surface binding percentage of a low-concentration analyte.

Solely by manipulating disc spin rates and durations, a sample with many times the volume of the channel can be brought into surface contact in its entirety by introducing successive aliquots of the sample, removing each aliquot after a defined interaction time, re-mixing the entire sample, then introducing a fresh aliquot. Liquid volumes of  $\mu\text{L}$  to  $\text{mL}$  can be handled in many sizes of microfluidic channels, provided the channel wall with greatest surface area is hydrophilic.

Our approach is easily implemented compared to techniques requiring special microfabrication methods or syringe pumps.<sup>28-32</sup> The polymer-based devices are inexpensive to produce in quantity and easy to prototype: one hour from concept to completed device. Another advantage is that the equipment needed to drive this process is minimal, requiring only a low-cost motor to spin a compact disc (80 g weight) up to 1500 rpm (CD player motors rotate at up to 3000 rpm and are inexpensive: less than \$US5 in electronics shops). Recirculation is achieved by spinning and stopping the disc.

## **4.2 Recirculation concept**

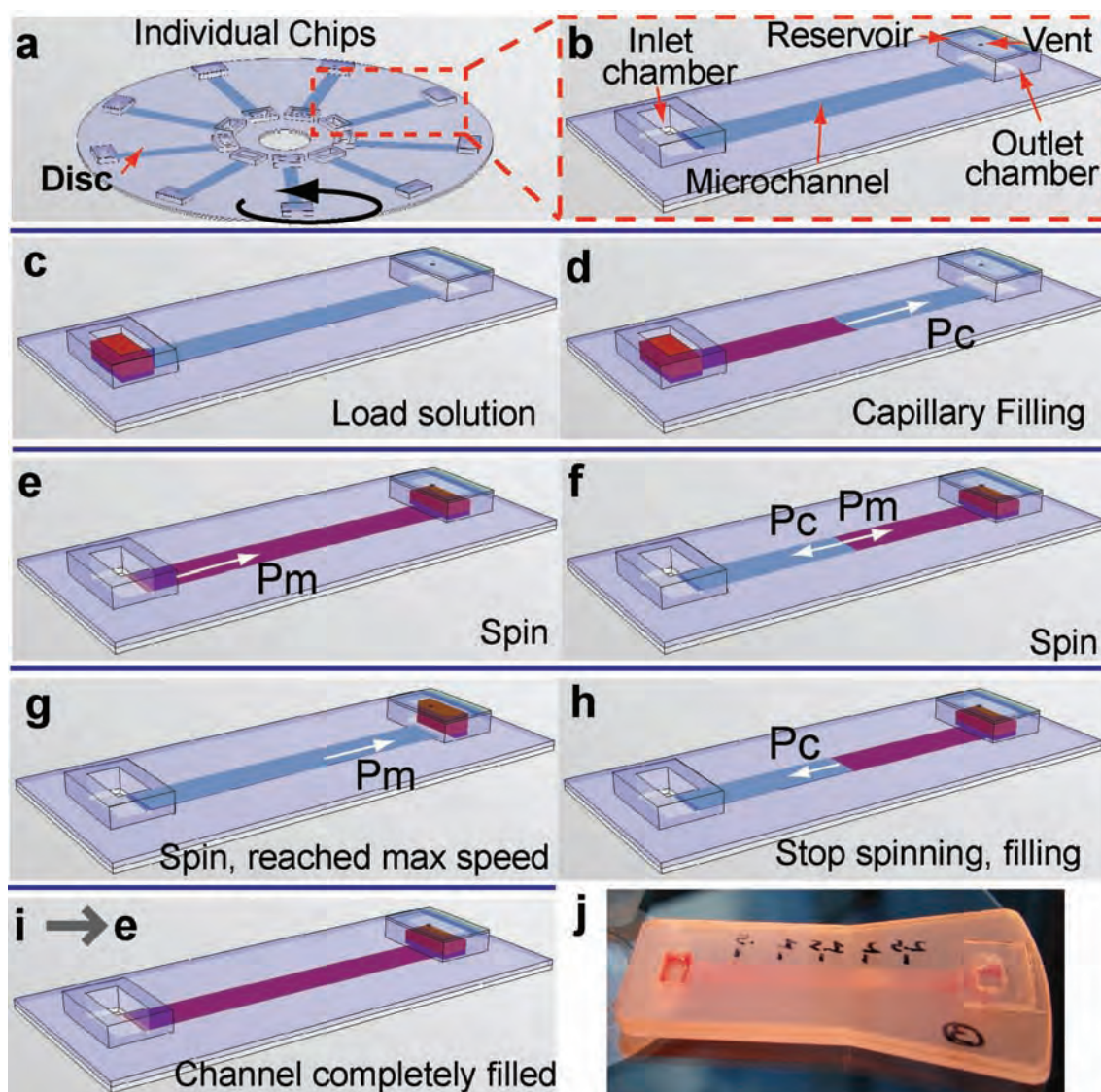
The device and its conceptual operation, Figure 4.2, show an inlet reservoir, a microfluidic channel, and a blind outlet reservoir that is vented by a small perforation to enable air ingress and egress. The top or bottom channel surface is hydrophilic to enable capillary filling. The inlet and outlet reservoirs, the volumes of which can exceed that of the solution to be circulated in a single cycle by many times, must be large enough to contain the entire sample volume. The connection to the outlet chamber is sufficiently narrow that liquid (re)fills the microchannel by capillary flow.

After the sample is introduced into the inlet reservoir, capillary action draws liquid into the channel. The fluid front stops at the junction between channel and outlet reservoir, leaving much or most of the liquid in the inlet reservoir. Spinning the device moves the fluid from the inlet, through the channel at a flow rate controlled by a combination of angular acceleration and final angular speed, into the outlet reservoir. This imparts momentum to the liquid moving from the channel into the outlet chamber, which exerts a force on the sample in the outlet reservoir. The centrifugal force also has a noticeable effect on the liquid contained in the outlet reservoir. At low angular speeds, the volume is spread uniformly over the entire "floor" of the reservoir, but as speed increases and more sample volume is added to the outlet reservoir, the liquid is forced against the outer wall of the reservoir, the height of the liquid column then being limited by gravity and/or the top cover of the reservoir. The Coriolis pseudo-force can also help to mix at high angular speeds and for wide outlet reservoirs. The Coriolis effect forces the moving liquid to one side of the chamber during rotation;<sup>37</sup> that, combined with the fluid momentum, is



another factor that changes the shape of the fluid within the reservoir in response to angular speed. Thus, two factors (driven by multiple phenomena), namely the momentum of the fluid entering the outlet reservoir and the changing shape and volume of the liquid in that reservoir, effectively mix the liquid by advection.

Once rotation stops, the now well-mixed liquid refills the channel by capillary action. This operation can be repeated many times, the mixing in the outlet chamber providing a random sample aliquot to the channel for each cycle.



**Figure 4.2** Process to (re)circulate liquids and capture scarce analytes. (a) A number of devices can fit on one CD. (b) Device schematic. Solution is loaded into the inlet reservoir (c), capillary forces draw liquid into the channel (d) until it reaches the outlet chamber, where it stops (e). Rotating the device forces the liquid to flow into the outlet reservoir (f,g). Immediately after stopping the device, liquid flows in the opposite direction (h), refilling the channel (i). This process is automatically repeated to sample the entire fluid volume (i→e). (j) Fabricated device.

## **4.3 Experimental details**

### **4.3.1 Design of devices**

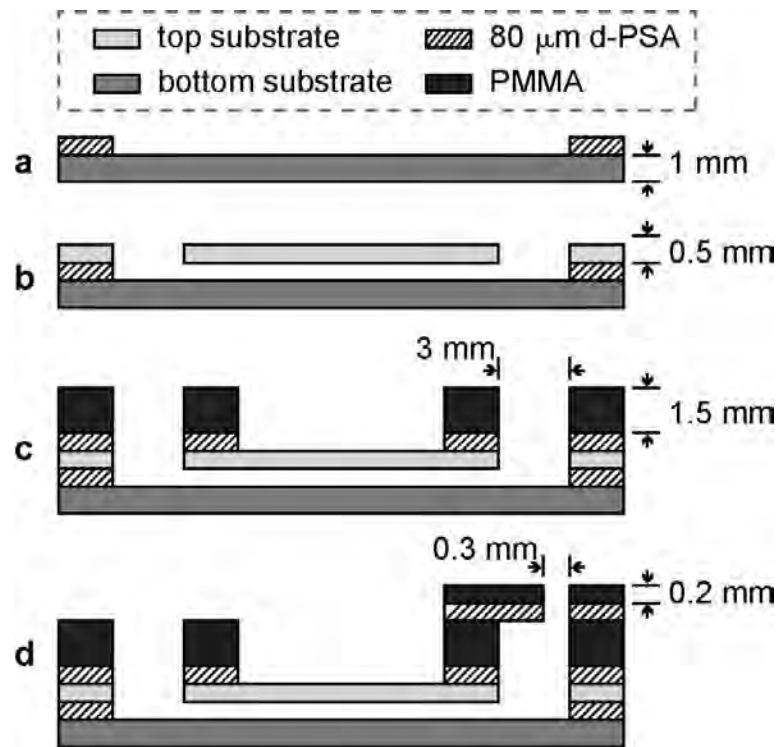
Dimensions of microfluidic channels were 4 mm wide and 80  $\mu\text{m}$  deep. The microfluidic channel length was 6 cm and 3.1 cm for the capillary filling and the centrifugal experiments, respectively. Devices were designed in a CAD program (AUTOCAD 2007, Autodesk, USA).

### **4.3.2 Fabrication of devices**

Different materials were used for top and bottom channel surfaces: hydrophilic layers (MH90368, Adhesives Research, Ireland), poly(methylmethacrylate) (PMMA) sheets (GoodFellow, UK), and cyclo-olefin polymer (COP) transparent compact discs (Zeonor 1060R, Zeon Chemicals, USA).

Devices were fabricated using multi-layer lamination as shown in Figure 4.3.<sup>35</sup> A CO<sub>2</sub> laser system (Laser Micromachining LightDeck, Optec, Belgium) was used to cut the different plastic layers. Microfluidic channels were laser-cut from an 80- $\mu\text{m}$  thick layer of double-sided pressure sensitive adhesive, d-PSA, film (AR9808, Adhesives Research, Ireland). Reservoir and inlet structures consisted of a 1 mm thick layer of PMMA bonded to a d-PSA. The lid on the reservoir was made of a 0.2 mm thick layer of PMMA bonded to a layer of d-PSA. A thermal roller laminator (Titan-110, GBC Films, USA) was employed to laminate the different polymer layers with the d-PSA films. For the assembly of all devices, the temperature in the laminator was set at 60°C with a height difference of 1.5mm between the rollers.

The maximum length of a device is restricted to the axial length of the CD which is 52.5 mm (inner radius 7.5 mm, outer radius 60 mm).



**Figure 4.3** Assembly of the recirculation microfluidic device. (a) The d-PSA is laminated to the bottom substrate. (b) The liner from the d-PSA is peeled off and the top substrate bonded onto it. The inlet and reservoir structures are created by (c) laminating a thick layer of acrylic with d-PSA onto the assembly. Finally, (d) a lid is attached to the reservoir structure using a thin layer of acrylic with d-PSA.

### 4.3.3 Test solution

To facilitate visualization of liquid displacement in the microchannels, a mixture of 40 mL of de-ionized water and 0.3 mL of red food coloring (Cochineal Artificial Food Colouring: Water, Colour (Carmoisine E122), Acid (Acetic); Goodall's, Ireland) was used. Surface tension was assumed to be  $71 \times 10^{-5}$  N, a density of  $1000 \text{ kg/m}^3$  and viscosity of 1 cP were also assumed, similar to the properties of water.

Contact angles of the different substrates were measured using a sessile drop analysis instrument (FTÅ200, First Ten Ångströms, USA). Solution contact angles of these materials were measured as  $12^\circ$ ,  $76^\circ$ , and  $90^\circ$  for the hydrophilic layer, PMMA, and COP, respectively.

### 4.3.4 Spinning station and optical setup

Fabricated devices were attached to a transparent compact disc (Åmic, Sweden). Discs were subsequently mounted on the spindle of a brushless DC motor with an integrated optical encoder (Series 4490, Faulhaber, Switzerland). Flow of liquids was monitored using a 12X motorized zoom lens (Navitar, UK) attached to a high-sensitivity camera (Sensicam QE, PCO AG, Germany). Motor and camera were controlled by a host computer. The motor triggered the camera every revolution to acquire images of the spinning disc. Camware (PCO AG, Germany) was used to acquire and analyze captured images.

## 4.4 Results and discussions

To control the movement of liquids in microchannels using this device, two principal forces acting on the fluid must be taken into account: capillary and centrifugal. The capillary force initially draws the liquid into the channel until it completely fills the channel. The filling speed is dictated by the hydrophilic properties (contact angle) of the channel's surfaces, its cross sectional area, and the fluid properties (viscosity, density, surface tension). When the disc is set in motion, the centrifugal force begins to displace the liquid in an outward direction from the center of rotation; however, as any given section of the channel becomes empty, the capillary force continues to act in a manner that would refill the channel, essentially in opposition to the centrifugal force. Thus, the centrifugal force must exceed the capillary force (which is constant), a process enabled by sufficient rotational speed, as discussed in Section 4.4.2.

In this work, we studied and characterized the effect of both forces in microfluidic channels. Due to the small vertical dimension of the system, the effect of gravitational force is negligible, so it is not considered in these calculations.

### 4.4.1 Capillary filling

The interfacial pressure  $P_C$  of a liquid front advancing into a rectangular channel is given by<sup>5,9</sup>:

$$P_C = -\gamma \left( \frac{\cos \theta_B + \cos \theta_T}{h} + \frac{\cos \theta_L + \cos \theta_R}{w} \right) \quad (4.1)$$

where  $\gamma$  is the surface tension of the liquid,  $h$  and  $w$  are the height and width of the channel, respectively, and  $\cos \theta_{B,T,L,R}$  are the contact angles of the liquid with the surface of the bottom, top, left, and right walls, respectively.

To obtain the filling speed of a channel up to distance  $L(t)$  by capillary action, the volumetric flow rate,  $Q$ , is given by

$$Q = \frac{\Delta P}{R} \quad (4.2)$$

subject to

$$Q = \frac{dV}{dt} = wh \frac{dL}{dt} \quad (4.3)$$

where  $V(t)$  is the time-dependent volume filled,  $\Delta P$  is the difference in pressure, and  $R$  is the hydrodynamic resistance of the channel and is given by:<sup>38</sup>

$$R = \frac{12\mu L}{wh^3} \left[ 1 - \frac{h}{w} \left( \frac{192}{\pi^5} \sum_{n, \text{odd}} \frac{1}{n^5} \tanh\left(\frac{n\pi w}{2h}\right) \right) \right]^{-1} \quad (4.4)$$

which for a rectangular microchannel for high-aspect ratio channels such that  $w \gg h$ , (our channels have an aspect ratio of 50:1) is given by:<sup>38</sup>

$$R \approx \frac{12\mu L}{wh^3} \left( 1 - 0.63 \frac{h}{w} \right) \quad (4.5)$$

where  $\mu$  is the fluid viscosity. Substituting Equation 4.5 in Equation 4.2 and equating Equation 4.3 and 4.2, we arrive to the following:

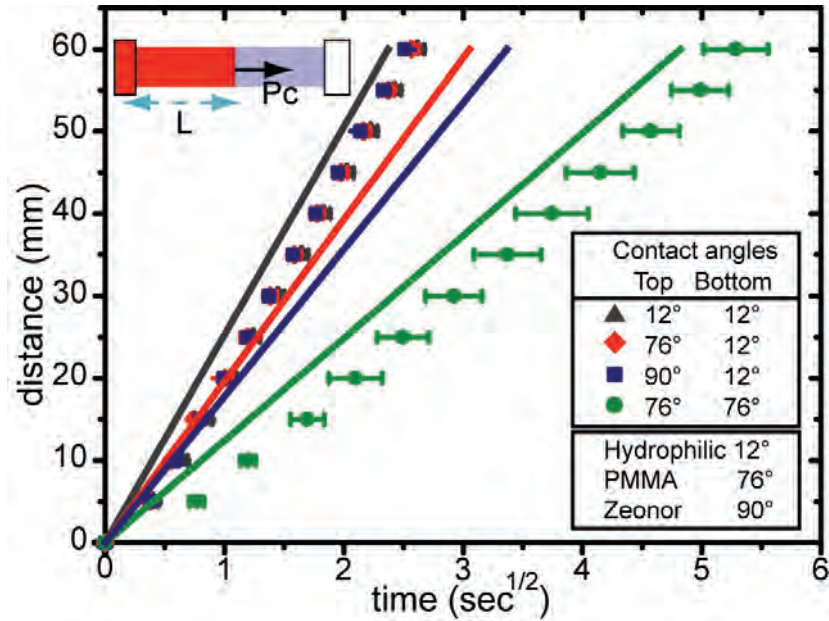
$$L \cdot dL = P_C \frac{h^2 (w - 0.63h)}{12\mu w} \cdot dt \quad (4.6)$$

Integrating Equation 4.6 results in:

$$L(t) = \sqrt{P_C t \frac{h^2 (w - 0.63h)}{6\mu w}} \quad (4.7)$$

which is also known as the Washburn equation<sup>39</sup> and describes the progression of the advancing meniscus in the microchannel at time  $t$ . Conversely, by expressing  $t$  as a function of  $L$ , equation 4.7 yields the (minimum) time required for the liquid to wick (back) into the channel.

In Figure 4.4, experimental results are compared to theoretical values from Equation 4.6. When at least one substrate is very hydrophilic ( $\theta_B$  or  $\theta_T < 15^\circ$ ), filling times are independent of the contact angle of the opposing substrate and are significantly faster than when both substrates have identical, moderate contact angles ( $\theta_B = \theta_T = 76^\circ$ ).



**Figure 4.4** Characterization of liquid filling an empty microchannel by capillary force as a function of the square root of time. Comparison of experimental (points are averages of 3 measurements) and theoretical values obtained from Equation 4.2 (lines) for different top and bottom surface contact angles. Upper left schematic shows the capillary force,  $P_c$ , acting on the plug of liquid displaced by a distance  $L$ . The error bars represent the standard deviation from three independent measurements.

Discrepancies between calculated and measured values may be attributable to the roughness of the channel side walls, which can “pin” the fluid along the walls during filling, slowing the flow. Also, the Washburn equation neglects inertial effects, gravity, and deviations from a fully-developed flow profile and a dynamic contact angle.<sup>40-42</sup> Nonetheless, it can be concluded that when one substrate is highly hydrophilic, the difference between expected and measured fill time is typically less than 200 ms.

#### 4.4.2 Centrifugal-capillary interaction

The centrifugally-induced hydrostatic pressure at the outer end of the liquid plug is given by:<sup>43,44</sup>

$$P_m = \rho \omega^2 \bar{r} \Delta r \quad (4.8)$$

where  $\rho$  is the density of the liquid and  $\omega$  is the angular velocity of the disc. And

$$\bar{r} = \frac{(r_o + r_i)}{2} \quad (4.9)$$

$$\Delta r = r_o - r_i \quad (4.10)$$

where  $\bar{r}$  is the average distance of the liquid plug in the channel from the center of rotation and  $\Delta r$  is the radial length of the liquid plug as shown in Figure 4.5.  $r_o$  and  $r_i$  are the inner and outer radii of the liquid plug, respectively.

$r_o$  remains constant at all times because the liquid cannot go further than this point. Also, the capillary pressure is constant at the front end of the liquid plug. The maximum speed of rotation needed to displace the liquid from the inlet to the outer edge of the microfluidic channel, as well as the minimum speed needed for the liquid to return into the channel, can be calculated, as can the displacement distance of the liquid front, or  $r_i$ , at different angular speeds. The (stationary) equilibrium position,  $r_i$ , of the inner meniscus,

$$r_i = \sqrt{r_o^2 - \frac{P_C}{\rho\omega^2}} \quad (4.11)$$

occurs when  $P_m$  is equal to  $P_C$  at all times, with

$$P_C = \rho\omega^2 (r_o^2 - r_i^2) \quad (4.12)$$

The liquid starts moving at an initial angular speed,  $\omega_i$ , where the centrifugal pressure overcomes the capillary force,  $P_m - P_C > 0$ , thus

$$\omega_i > \sqrt{\frac{P_C}{\rho(r_o^2 - r_i^2)}} \quad (4.13)$$

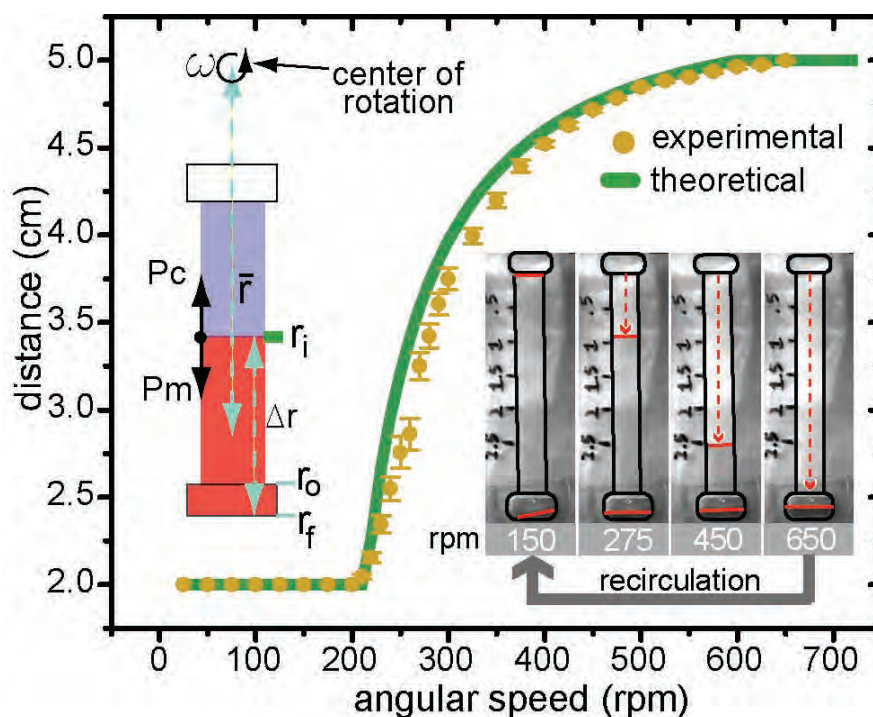
the final speed at which the liquid is fully displaced to the outlet chamber is

$$\omega_f > \sqrt{\frac{P_C}{\rho(r_o^2 - r_f^2)}} \quad (4.14)$$

where  $r_f$  is the radius of the end of the microfluidic channel.

To verify these relationships, we fabricated three identical devices with lengths of 3.5 cm ( $r_i = 2$  cm,  $r_f = 5$  cm,  $r_o = 5.5$  cm), widths of 4 mm and depths of 80  $\mu\text{m}$ , using hydrophilic layers for top and bottom substrates ( $\theta_B = \theta_T = 12^\circ$ ). The total sample volume was 25  $\mu\text{L}$ ; the enclosed microchannel volume was  $\sim 11$   $\mu\text{L}$ . With these values, Equation 4.1 yields a capillary pressure of 1214 Pa, from which equation 4.11 gives  $r_i$  as a function of  $\omega$ , shown in Figure 4.5;  $\omega_i$  and  $\omega_f$  were calculated from Equation 4.13 and 4.14 as 214 and 600 rpm, respectively.

Figure 4.5 shows that the liquid plug begins to move radially outward at 210 rpm, at which point centrifugal pressure overcomes capillary pressure. As  $\omega$  increases, the liquid plug advances, reaching the channel end at 600 rpm. These values agree well with calculated results, 214 and 600 rpm.



**Figure 4.5** Comparison of experimental and theoretical values for fluid radial displacement,  $r_i$ , versus the angular velocity  $\omega$  of the disc. Sequence of images shows liquid displacement from the top (corresponding to the reservoir near the disc's center) at different angular speeds. The outlet chamber is marked by a red bar at the bottom of each image. If the angular speed is reduced below 200 rpm, liquid wicks back into the channel by capillary action. Left schematic shows the two forces acting on the plug of liquid and the dynamic radii. The error bars represent the standard deviation from five measurements.

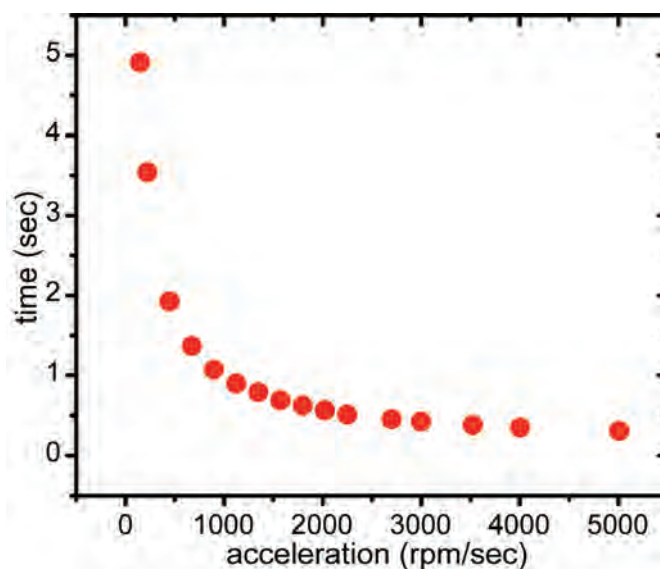
#### 4.4.3 Acceleration test

The flow velocity at which a solution passes over a capture region or sensor in a microchannel may affect the sensitivity and/or limit of detection of an assay or sensor. In some circumstances, it may be necessary to incubate the sample with the sensing surface region for a predetermined time, then replenish it with fresh sample solution. For example, a target protein in solution with a diffusion coefficient of  $10^{-6}$   $\text{cm}^2/\text{s}$  requires about 12 sec to diffuse across a 50- $\mu\text{m}$  channel; a red blood cell requires about 38 sec to gravitationally sediment through that same distance. By selecting the angular acceleration, final angular velocity, and incubation time between successive “spin cycles”, this platform can adjust to the characteristic binding, diffusion, and sedimentation times for any analyte and capture surface combination.

Using the device described above, a series of experiments revealed the time to flush the liquid from the microchannel into the outlet reservoir as a function of angular acceleration. For the range of accelerations and final frequencies studied, most of the liquid is displaced during the acceleration phase and is transferred to the outlet chamber by the time the final angular speed is attained, so the measurements were performed over a range of constant accelerations to the same final angular speed. The results, Figure 4.6, show that evacuation time can be controlled from 5 s to 400 ms (a shorter channel, of course, would have shorter evacuation



times). At low acceleration rates, it takes about 5 s to evacuate the liquid, whereas for acceleration rates above 4000 rpm/s, this time remains below 500 ms. Reaching a high final angular speed rapidly via very high acceleration creates high centrifugal pressure that displaces the liquid to the outlet chamber in a very short period of time (average flow velocity: 60 mm/sec). The minimum time to complete a cycle for this device would be 2.75 s (0.5 s to evacuate the channel, 2.25 s to refill it).



**Figure 4.6** Time to displace the liquid from the microchannel at different accelerations; in each case, acceleration continues until the microchannel is empty.

#### 4.4.4 Sampling time

The recirculation concept can be exploited to capture analytes on a functionalized surface of the device, *e.g.*, the bottom wall of the channel. Important considerations in the design of devices based on the recirculation concept are the dimensions of the channels (surface area to bind analytes and height of the channel, which plays a determining role in diffusion or sedimentation time) and the ratio of microchannel to total sample volume.

The diffusion time for the target analyte (assuming the bottom surface of the channel is functionalized, and further assuming a molecular analyte, for which the rate of diffusion significantly exceeds the rate of gravitational sedimentation) will, in the first instance, dictate the height of the channel. In order to reduce the incubation time, the diffusion time for the target analyte to travel the height of the microchannel should be on the order of seconds.

The size of the sample volume versus the volume held by the microchannel is also a significant factor. For example, recirculating a volume in the mL range through a microfluidic channel in the  $\mu\text{L}$  range could take hours to sample completely. One possible solution to this problem is to divide the sample into multiple aliquots that are distributed into multiple microfluidic channels. This decreases the microchannel-to-sample volume ratio and thus reduces the number of cycles.

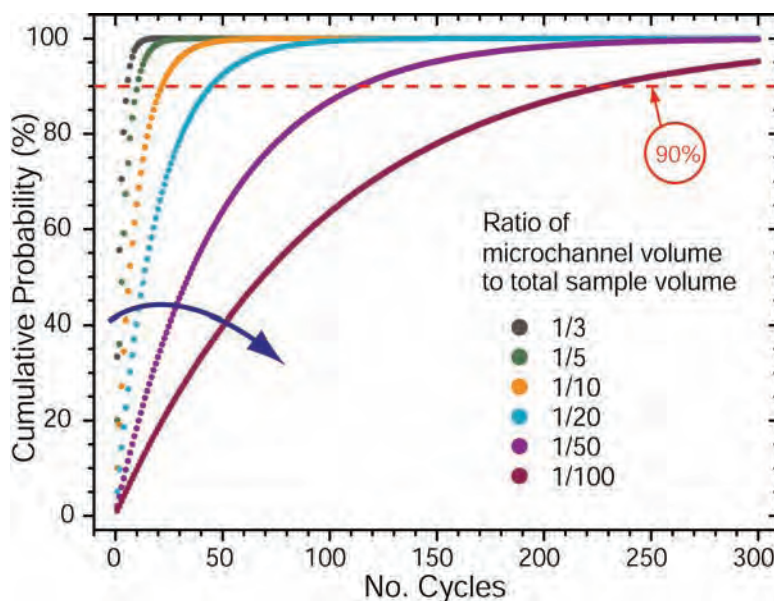
The particular details of the application will determine which factors can help to reduce the number of cycles and thus the time to result. Here, we introduce statistical calculations that help in choosing the appropriate device geometry in order to compute (and minimize) the number of cycles needed to capture a significant amount of the analyte.

For example, for respective sample and channel volumes of 100  $\mu\text{L}$  and 25  $\mu\text{L}$ , ideal mixing results in 25% “sampling overlap” between two successive spin cycles; thus, statistically, a total of 16 cycles samples more than 99% of the fluid volume at least once. Similarly, a volume of 5 mL can be sampled in 15  $\mu\text{L}$  aliquots with 95% efficiency by 1000 successive cycles. The fraction,  $F$ , of the sample brought within one diffusion length of the surface (diffusion length being defined here as channel height) in  $n$  spin cycles is given by:

$$F(n) = \sum_{i=1}^n p(1-p)^{i-1} \quad (4.15)$$

where  $p$  is the ratio of the microfluidic channel volume,  $V_M$ , to the total sample volume,  $V_T$ .

The probability of different fractions of sample volume-to-microchannel-volume ratios is plotted in Figure 4.7. For a fraction 1/3, it takes 6 cycles to sample 90% of the volume whereas it takes 45 cycles for a fraction of 1/50.



**Figure 4.7** Percentage of randomly distributed analyte molecules in a fluid sample brought within one diffusion length of the device surface as a function of the number of “spin cycles” of a fluidic CD device. Calculated values from Equation 4.15 are plotted for different ratios of microfluidic channel volume to total sample volume. For larger ratios ( $\geq 1/3$ ), the sample volume is 90% sampled in less than 10 cycles, whereas for low ratios ( $\leq 1/50$ ), over 100 cycles are needed to sample 90% of the sample volume.

For the CD devices we fabricated, a surface area of 1  $\text{cm}^2$  is available for binding of analytes, so a 15- $\mu\text{L}$  aliquot implies a channel height of 150  $\mu\text{m}$  which, if defined to be the diffusion length,  $\delta$ , yields a diffusion time of 113 s for an analyte with a typical diffusion

coefficient of  $10^{-6}$  cm<sup>2</sup>/s. With a total sample volume of 5 mL and 0.5 s allowed for each spinning step, this diffusion time implies a total assay time of 31 hr for 1000 spin cycles, an ineffective strategy for timely completion of an assay. Note, however, that if the assay detection limit goal can be attained by 50% sampling, only 231 cycles are required; further, if the assay surface area is increased to 6 cm<sup>2</sup> and the channel height decreased to 25 μm (readily accessible with the CD format and using off-the-shelf PSA films), assay time per spin cycle is 3.1 s and overall assay time for 50% sampling is just 14 min. Thus, an informed design of device geometry and assay process can produce a useful assay result some 130 times more quickly than the uninformed approach.

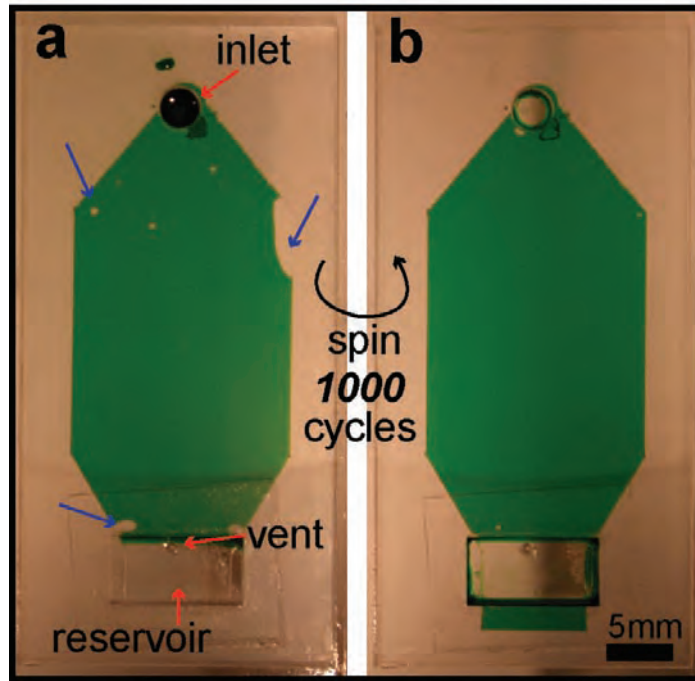
## 4.5 Design rules

To design new devices based on this technique, we suggest following these rules:

1. Define total sample volume and microfluidic channel volume. Design and fabricate outlet and inlet chambers as well as microfluidic channel accordingly.
2. Obtain the surface tension and contact angle of solutions with surface.
3. Get the dimensions of microfluidic channel and the radius of the end of the microfluidic channel.
4. Obtain the capillary pressure using Equation 4.1.
5. Calculate the minimum filling time of channel if needed using Equation 4.7.
6. Minimum and maximum angular speeds can be calculated from Equation 4.13 & 4.14.
7. If need be, approximate flow velocity can be calculated based on the angular acceleration.
8. Use Equation 4.15 to estimate the minimum number of cycles that device has to be spun to statistically sample the full volume

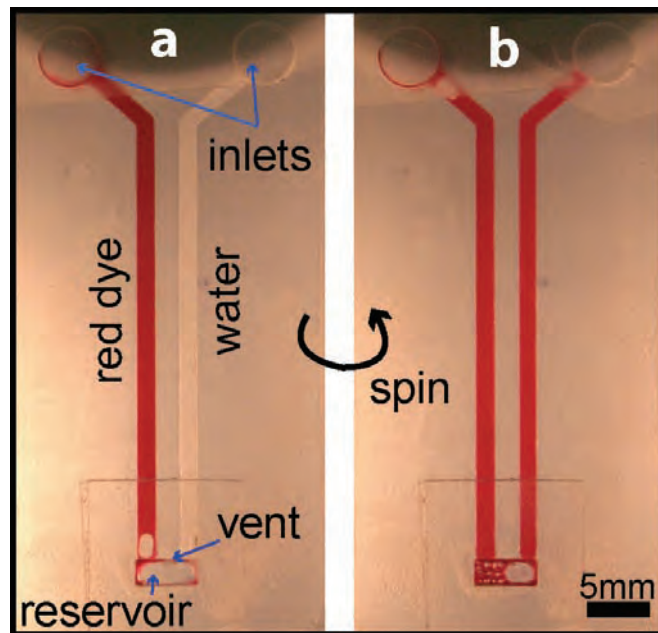
## 4.6 Applications

We fabricated two distinct devices to demonstrate the functionality and versatility of this novel concept. In one experiment, the device was spun 1000 times at 700 rpm for 5 sec each time, with a 5-sec pause between successive spin cycles to allow the channel to refill by capillary action. Figure 4.8 shows this device after 1000 recirculation cycles over 2.5 hr, at the end of which the channel continues to spontaneously refill.



**Figure 4.8.** Fabricated microfluidic channel, which contains 25  $\mu\text{L}$ ; the outlet chamber contains up to 100  $\mu\text{L}$ . Part **a** shows in detail the inlet, blind outlet, and vent. After loading the solution into the inlet chamber, several bubbles form (blue arrows). Part **b** shows the same device after 1000 recirculation cycles over 2.5 hr. Notice that the liquid initially visible in the inlet hole has been fully transferred to the blind outlet chamber; also note that there are no more bubbles in the channels. Scale bar: 5 mm.

Figure 4.9 shows that two liquids are mixed effectively using the same principle: 3 cycles over a total of 30 sec resulted in complete mixing, as shown in the photograph.



**Figure 4.9.** Complete mixing of two liquids. Part **a** shows two microfluidic channels, the left one filled with 3  $\mu\text{L}$  of red dye and the right one with water. After recirculating by rotation and pausing for refill three times (30 sec total elapsed time), the solution is completely mixed, as shown in **b**. Scale bar: 5 mm.

## 4.7 Conclusions

In summary, we have presented results from, as well as the fundamental physical principals underlying, a new technique to recirculate large-volume samples in microfluidic channels using a rotational platform. The interplay of capillary and centripetal forces makes it possible to move liquid repetitively through the channel, bringing a freshly mixed sample aliquot into the channel with each cycle. We provide a theoretical framework with which to calculate the speeds of rotation needed to circulate the liquid, facilitating the design of new devices that use this technique. We also presented results for, and compared with calculations, the time to fill a microfluidic channel for varying surface properties.

## 4.8 References

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# 5

## **Towards a Monolithic Centrifugal Microfluidic Platform for Bacteria Capture and Concentration, Lysis, Nucleic-Acid Amplification, and Real-Time Detection\***

We developed a centrifugal microfluidic device to capture and concentrate bacteria (*E. coli*), similar in concept to the POC-SeCy device presented in Chapter 3. We then added other important functions specific identification of small numbers of bacteria, including lysis and nucleic-acid amplification, on the same microfluidic unit. This chapter presents the results of the integration of these functions into a monolithic platform.

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## 5.1 Introduction

Rapid detection and precise identification of bacterial pathogens is critical in food and water monitoring and in clinical diagnostics.<sup>1,2</sup> Detection becomes more challenging because of the low concentration of pathogens (10 – 100) in large-volume samples (mL).<sup>2</sup> Traditional techniques such as visual microscopy, plating, or culture enrichment can require times on the order of days, require access to unique facilities (bio-hazard containment), and need skilled technicians who may have to perform many repetitive steps. Even with such labor-intensive methods, some microorganisms cannot be readily detected.<sup>3</sup>

Detection assays based on nucleic acid amplification methods have made possible the precise identification of low numbers of pathogens in relatively short periods time (tens of minutes to hours).<sup>3,4</sup> However, compared to traditional methods, there are more process steps involved to achieve sensitive detection of pathogens, such as lysis of the organism and, in some cases, nucleic acid purification. Also, reagents (lysis buffer, primers, and enzymes) are needed to conduct these reactions. Sample concentration may be required for the assay to be most effective and to reduce reagent consumption. In addition, processing involves manual handling, expensive instrumentation, and liquid transfer to multiple containers, which can worsen the limits of detection or lead to false positives. Thus, there is a clear need for an automated platform that integrates the many steps involved in nucleic-acid amplification-based assays.

Microfluidics and lab-on-a-chip (LOC) technologies are enabling the integration and automation of sophisticated diagnostic tests, traditionally carried out in clinical laboratories, into nearly-autonomous monolithic systems the size of a microscope slide or a credit card.<sup>2,5-14</sup> These devices offer reductions in reagent and sample volumes, as well as shorter assay times. Several microfluidic devices have been reported for the detection of bacteria<sup>5,7-11,14</sup> and viruses.<sup>6,12,13,15</sup> Magnetic microbeads coated with specific antibodies against the target organism are one popular technique to capture, isolate, and concentrate pathogens.<sup>5-14</sup> However, this technique adds cost to the assay because specific antibodies are needed for each target organism. Dielectrophoresis is another technique used to capture and concentrate bacteria; however, it has low throughput because low flow rates are needed to efficiently capture bacteria,<sup>8,10</sup> and operation of these devices requires the combination of electrophoretic and thermopneumatic pumps,<sup>11</sup> while other microdevices require syringe pumps and pneumatic lines to move liquids through the device.<sup>5,6,8-10,12</sup>

Centrifugal microfluidics offers inherent advantages over these and other microfluidic pumping and actuation mechanisms: it can pump liquids over a wide range of flow rates, mixing can be easily accomplished by alternating the direction of rotation, and short-term valving can be implemented by carefully controlling the rotation speed.<sup>15</sup>

Centrifugation is widely utilized in many laboratories to capture and isolate bacteria from complex sample matrices.<sup>3</sup> Because most bacteria have a higher density than the media in which they are suspended, they can be sedimented and thus concentrated and captured. Our device uses similar principles, combining the advantages of centrifugal microfluidics to control fluid transport and meter liquids. Our monolithic system executes two basic operations: bacteria capture and bacteria identification. First, bacteria are sedimented in a container and concentrated. Second, bacteria identification is accomplished by (1) lysing them to release the nucleic acids, (2) “amplifying” (replicating) target-specific nucleic acid sequences using nucleic acid sequence-based amplification, NASBA, and (3) monitoring the amplification process, and hence the amount of target nucleic acid present, in real time using fluorescence detection, as detailed below. Most of these reaction steps would require manual pipetting, which is eliminated by their integration onto the disc using a microfluidic channels to allow removal of unneeded materials.

## **5.2 Nucleic acid sequence-based amplification (NASBA)**

Nucleic acid diagnostics can identify bacteria by amplifying and detecting specific target sequences of either ribonucleic acid (RNA) or deoxyribonucleic acid (DNA). In diagnostics, nucleic acid amplification serves several purposes. It permits the precise and highly selective identification of pathogens (even when they are of the same strain or species) via the design of nucleic-acid probes against target sequences of DNA or RNA that are specific to the pathogen. This permits quantitative determination of the number of organisms initially present in the sample: nucleic acid amplification generates thousands to hundreds of millions of copies (amplicons) of a given target nucleic acid sequence, which can then be detected by electrophoresis or various blotting techniques.<sup>16</sup>

It is also possible to detect the amplification products as they are produced. So-called “real-time” amplification methods incorporate a “reporter” in the amplification process that produces a signal, often optical, in proportion the number of times a target NA sequence has been replicated. For example, amplicons can be labeled with a fluorescent reporter molecule (such as a “molecular beacon”) that contains a complementary sequence to the target nucleic acid. The molecular beacons fluoresce upon hybridization of the amplicon and the reporter molecule.<sup>3,16,17</sup> Fluorescence can then be plotted against time to give a real-time amplification curve. Over some part of the amplification process, usually shortly after the number of amplicons are sufficient to be detectable, the slope of the curve typically reflects the initial copy number of the particular NA target present in the sample.

DNA and RNA are found in different quantities and different locations within a microorganism. A bacterium—a prokaryote—may contain just three copies of chromosomal DNA, thus raising concerns about the limit of detection sensitivity, in particular when there are

only a handful of bacteria in a sample. Also, some molecular probes for genomic DNA may only be species specific,<sup>18</sup> lacking the subspecies information that can be important in treating infections. Ribosomal RNA, on the other hand, is the most conserved piece of genetic material in bacteria and can be present in as many as 10,000 copies per bacterium thus making it a more desirable and suitable target for amplification than DNA.<sup>18</sup> Another advantage of using RNA rather than DNA is that it allows differentiation between live and dead cells,<sup>17</sup> a consequence of the lower stability (shorter “life span”) of RNA. However, the very property that enables this live/dead differentiation often makes RNA more difficult to amplify, and can result in poor detection limits or false negatives. An exception to this rule is transfer-messenger RNA (tmRNA), which is a more stable type of RNA molecule, almost as robust as DNA.<sup>19</sup> tmRNA, encoded by the *ssrA* gene (10Sa), is ubiquitous in all bacteria and has properties of both a transfer RNA (tRNA) and messenger RNA (mRNA).<sup>20,21</sup> There are between 500-1000 copies of tmRNA in one *E. coli* cell<sup>22</sup> and as many as 2000 copies in some other bacteria.<sup>17</sup> Thus, tmRNA is an ideal candidate for amplification: it is present in high numbers, it is a robust nucleic acid molecule, and probes for it can be designed to identify a pathogen by strain or species.

Nucleic acids can be amplified using a variety of techniques including ligase chain reaction (LCR), strand displacement amplification (SDA), Q-beta replicase (QBR), cycling probe reaction (CPR), branched DNA (bDNA) amplification, nucleic acid sequence-based amplification (NASBA), and the most popular, polymerase chain reaction (PCR), to name a few.<sup>23,24</sup> However, only NASBA can selectively amplify an RNA analyte in the presence of similar DNA sequences.<sup>23</sup> NASBA is specifically designed to amplify an RNA sequence, including mRNA, rRNA, and tmRNA.<sup>19,23</sup> It is also possible to use NASBA to amplify single-stranded DNA targets and viral nucleic acids.<sup>23</sup> Real-time NASBA employs three enzymes (avian myeloblastosis virus reverse transcriptase, RNase H, and T7 RNA polymerase) working simultaneously with the forward and reverse primers and the molecular beacons to generate amplicons and fluorescent signal simultaneously and in direct proportion.

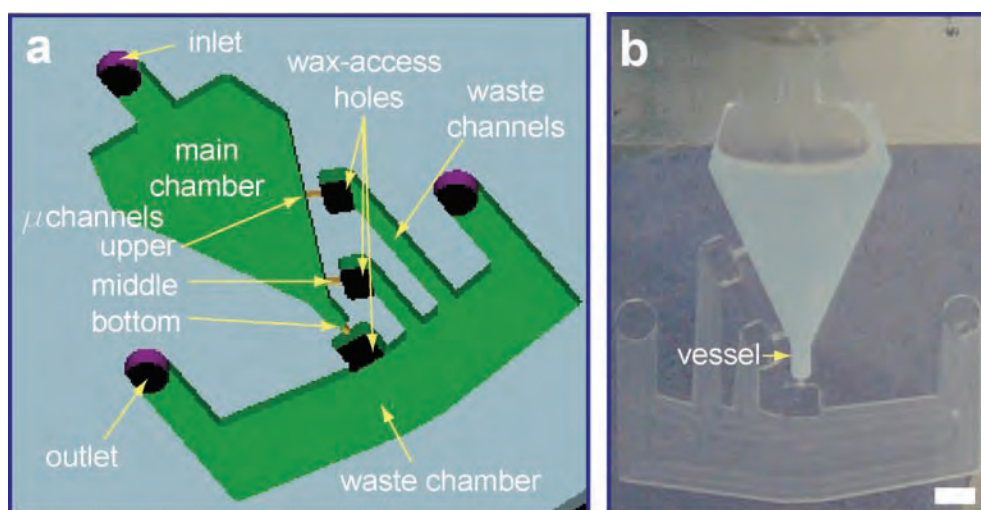
Another significant advantage of NASBA is that it runs under isothermal conditions (41 °C) as compared to the three temperatures steps (~95°C, 50-65°C, ~72-77°C) necessary for a PCR cycle.<sup>25</sup> This fact translates into several benefits for the design and fabrication of a microfluidic device: more materials and bonding methods can be used as 41°C is below the glass transition temperature for almost all thermoplastics; power consumption is reduced; the electronic system that provides thermal control can be simplified. Thus, NASBA was employed in this study for the specific detection of *E. coli*.

## 5.3 Device. Generation 1

### 5.3.1 Design and fabrication

The first centrifugal microfluidic device developed is shown in Figure 5.1. Its sole purpose is to capture and retain cells, whether prokaryotic or eukaryotic. The device consists of a funnel, three microchannels, a waste chamber, and outlet/inlet ports. The microchannels are connected to the waste chamber through the waste channels. Valves are formed by depositing wax in the microchannels through the access holes. Given the dimensions of the vessel (3 mm x 5 mm x 1 mm) and the low diffusion rates for cells, trapped cells will not exit the vessel in any reasonable time period once localized at the bottom of the vessel.

The solution is loaded through the inlet and centrifuged for enough time to sediment the cells to the bottom of the funnel. Next, the upper and middle wax valves are opened one after the other, with the device spinning between the openings, and the supernatant solution drained through both valves into the waste chamber.



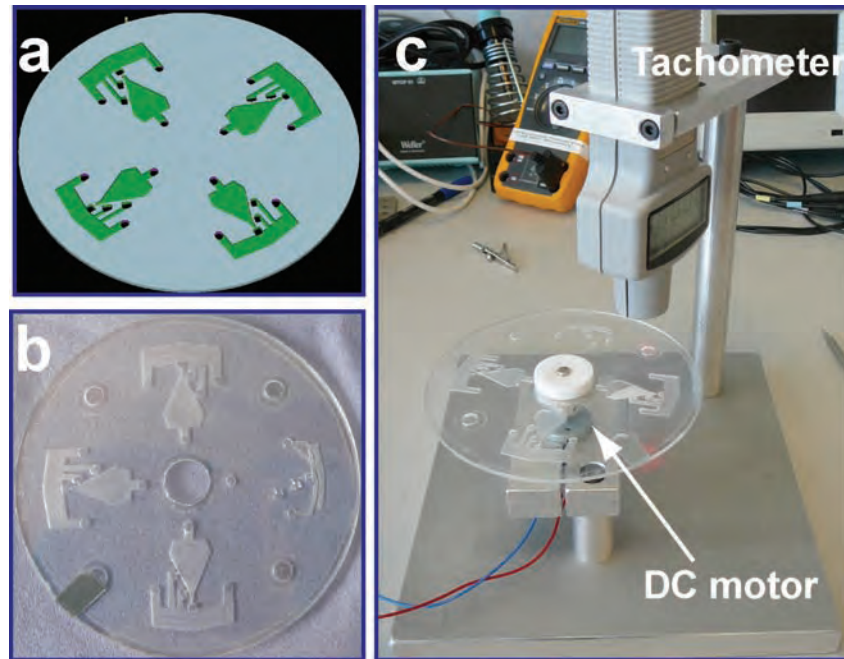
**Figure 5.1** (a) Schematic of the first centrifugal microfluidic device to capture bacteria. (b) Fabricated device. Scale bar is 5 mm.

Compact discs were laser-cut from a 1.5 mm thick sheet of poly(methyl methacrylate), PMMA, (Radionics, Ireland) using a CO<sub>2</sub> laser ablation system (Optec Micromaster, Belgium). The discs had inner and outer diameters of 15 mm and 120 mm, respectively. Initial prototypes were fabricated using a CAT3D micromilling machine (Datron, UK). The design was laid out in a CAD program (Excalibur 5.0, Progressive Software Corporation, USA) and then converted into micromilling machine code using the same software. All the features were milled in the PMMA discs with a 1mm solid carbide end-mill tool (99010, Premier Machine Tools, Ireland) at 10,000 rpm.

Sheets of 250  $\mu$ m thick PMMA, (Goodfellow, UK) were laminated onto a sheet of 80

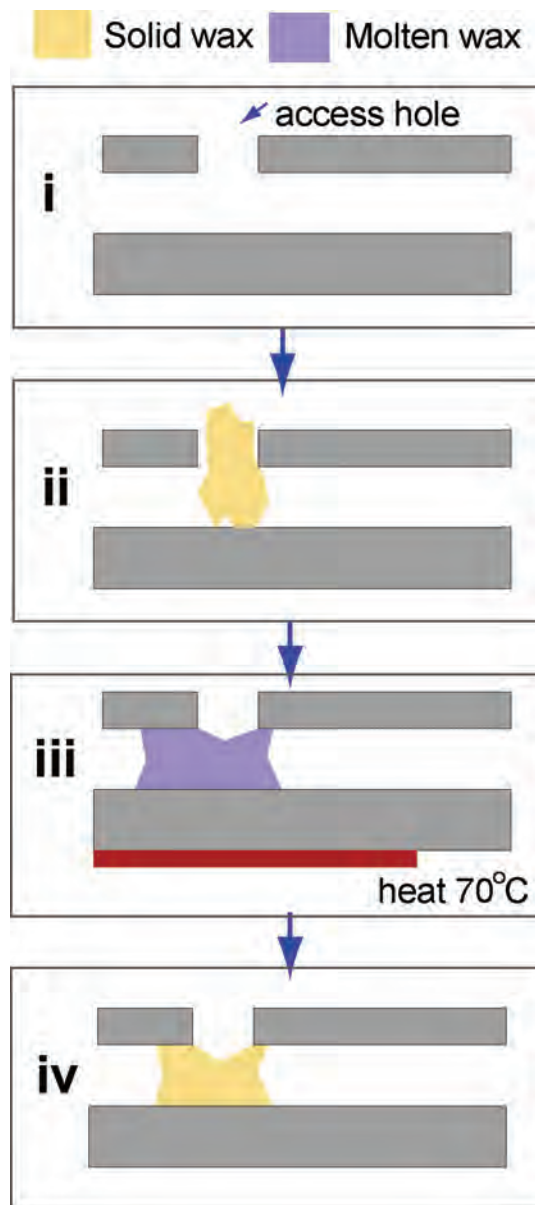
$\mu\text{m}$  thick double-sided pressure sensitive adhesive, PSA, (Adhesives Research Ltd, Limerick, Ireland). The sheets were then cut into the size of a CD using the laser ablation system. The liner of the PSA was removed and laminated into the milled plastic CD. The fabricated device is shown in Figure 5.2.

A DC motor was used to spin the disc. A tachometer suspended from a post was used to measure the angular speed as shown in Figure 5.2.c.



**Figure 5.2** (a) Schematic of a disc containing four centrifugal microfluidic devices to capture bacteria. (b) Image of a milled disc consisting of three devices; the tool broke while milling the last device. (c) The device was tested in a centrifugal platform consisting of a DC motor and a tachometer.

The valves were formed by manually loading a small amount of paraffin wax, with a melting point of 53-57° C (327204, Sigma-Aldrich, Ireland) through the wax-access holes, as shown in Figure 5.3. The device was then warmed on a hot plate at 70 °C to melt the wax, which then filled the entrance of the channels by capillary action.



**Figure 5.3** Assembly of wax valves. (i) An access hole is created where a valve is needed. (ii) A piece of solid wax is deposited through the access hole into the microfluidic channel. (iii) The bottom substrate is heated using a thermo-foil. (iv) The wax melts and capillary forces draw the molten wax into both sides of the channel. After a few seconds the wax re-solidifies and blocks the microchannel.

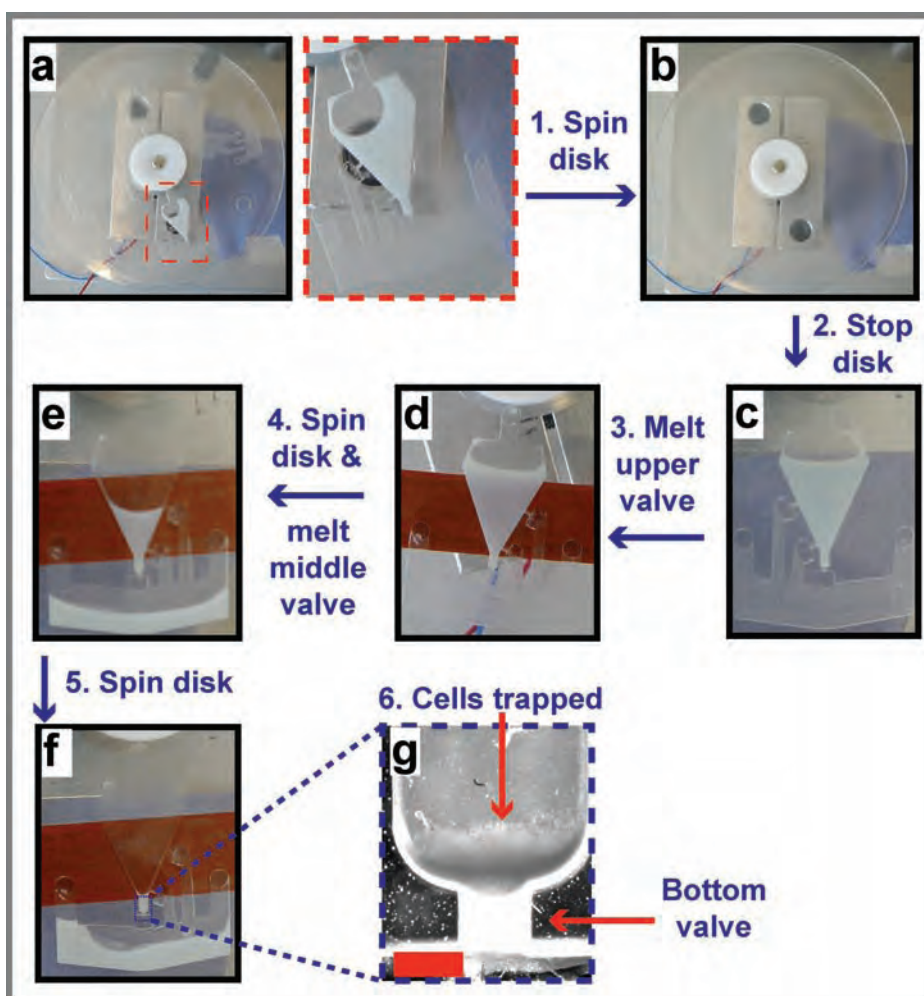
### 5.3.2 Results and discussion

Figure 5.4 shows the general steps for the operation of the centrifugal microfluidic device. The device was tested with raw milk. Initially, a 250- $\mu\text{L}$  milk sample was pipetted into the device and the disc was loaded into the centrifugal platform (a). The disc was spun for 5 min at 3000 rpm to sediment the cells (b). The device was stopped (c) and a thermofoil flexible heater (Minco, USA) was attached to the bottom part of the disc (d). The heater was connected to a power supply set at 12V. A single heater was sufficient to melt the wax in both valves. The heater extended over the regions of the two upper valves but it was positioned in such a way that the middle section of the heater coincided with the upper



valve. The heater is hottest in the center whereas the edges are cooler, at least 20°C below the temperature in the middle (Application Aid #25, Minco, USA). We observed that 15 sec was enough to melt the wax in the upper channel. The disc was quickly spun again at 3000 rpm for 30 sec. The centrifugal pressure generated by the liquid displaced the melted wax into the waste channel. Almost half of the supernatant is removed in this step (e).

The disc was stopped again and the leads of the heater reconnected to the power supply. The heater was left to warm for 30 sec, after which the disc was spun at 3000 rpm for 30 sec (f) to open the valve and drain the rest of the supernatant. Figure 5.4.g shows the cells trapped in the bottom of the funnel. The final concentration volume in the trapping vessel (tip of the funnel) was 15  $\mu\text{L}$ , which is 6% of the initial total volume of 250  $\mu\text{L}$ .



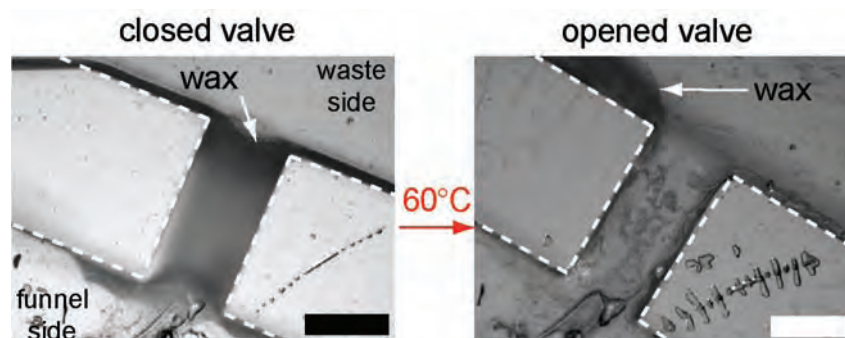
**Figure 5.4** Operation of the centrifugal microfluidic device to capture cells.

Scale bar on Figure g is 1 mm.

Draining the supernatant solution in two steps, as performed in this device using the two side valves, is believed not to disturb the pellet formed at the bottom of the vessel. If the middle valve alone were used to drain the supernatant solution, we believe that, given the very low resistance of the valve channel (1 mm wide x 1 mm long x 0.4 mm deep), the flow generated by the centrifugal pressure might create eddies that could ultimately disturb

the pellet during the concentration step. The upper valve is 1.3 cm away from the capture vessel and almost 50% of the total volume is drained when the valve is opened, thus reducing the liquid pressure at the middle valve.

Images of one of the wax valves are shown in Figure 5.5. The image to the left shows a closed valve with solidified wax blocking the microchannel. Heating the channel to 60 °C for a few seconds melts the wax. Immediately after the wax is in liquid form, the disk is spun, and the centrifugal pressure from the liquid pushes the wax into the waste channel side, as shown in the image to the right, opening the valve.



**Figure 5.5** Images of closed (left) and opened (right) wax valves. Scale bar in both images is 1 mm.

### 5.3.3 Conclusions

A centrifugal device for the localization and concentration of cells was demonstrated. The device resembles a flattened funnel and makes use of wax valves to remove most of the supernatant solution after the cells are spun to the bottom. A single flexible heater is conveniently attached to the back of the disc to melt both of the wax valves. Centrifugal forces are used to sediment the cells to the bottom of the funnel, to open the valves once the wax is melted, and to drain the supernatant to a waste chamber. The operation of the device consists of seven steps: spin disk, stop disk, power heater, spin disk, stop disk, power heater, and spin disk.

However, the device suffers from several limitations. Thermal control is needed for each of the wax valves, so there is a need for four independent thermal controllers. Also, the disc has to be stopped to power the heating elements so as to melt the wax. Then the disk has to be spun immediately to displace the molten wax, which adds more complexity to the electronic control. This is one reason why optofluidic valves were developed, as described in the next chapter. In addition, access holes are needed in the top substrate to deposit the wax, so an extra layer of plastic is needed to seal off the hole after the wax is deposited inside the channel. The size of the drill bits also limits the minimum dimensions of the wax valves and of the trapping vessel; although there are drill bits with diameters below 100  $\mu\text{m}$ , they generally wear down very quickly and are very fragile.

Another concern with the device was the bottom valve. This valve was designed to eventually communicate with another chamber where further analysis would be performed on the captured cells. However, because of the close contact of the valve with the cells, by melting the wax valve the cells would become trapped in the wax, which could have interfered with the downstream analysis. For these reasons, a similar platform that relies on the same capture mechanism but that is designed to integrate the different analysis steps in the capture vessel is described in the next section.

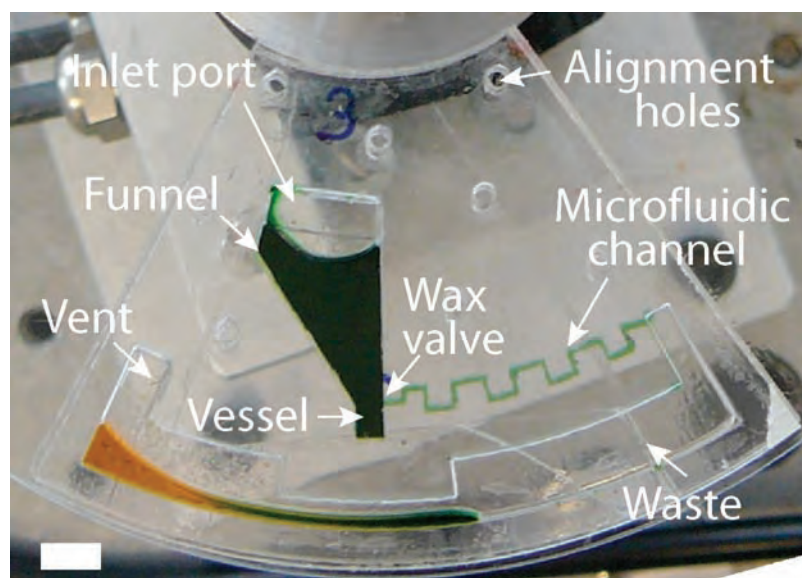
In spite of these limitations, the device proved to be a good strategy to capture and concentrate cells. The approximate volumetric concentration ratio is 17:1 starting from the 250  $\mu\text{L}$  volume in which the cells are initially contained and ending with the 15  $\mu\text{L}$  volume in the funnel tip. The quantification of the cell capture efficiency was performed in the second generation of this device.

## **5.4 Device. Generation 2**

### **5.4.1 Design and fabrication**

The design of the centrifugal microfluidic cartridge is shown in Figure 5.6. The device consists of a main chamber in the form of a funnel that holds a sample of 200  $\mu\text{L}$  (scalable to hold larger volumes). The bottom of the funnel features a rectangular-shaped vessel where the various reactions are carried out. The volume of this vessel is 5  $\mu\text{L}$ , and as with the funnel, it can also be scaled with corresponding scaling of reagent consumption.

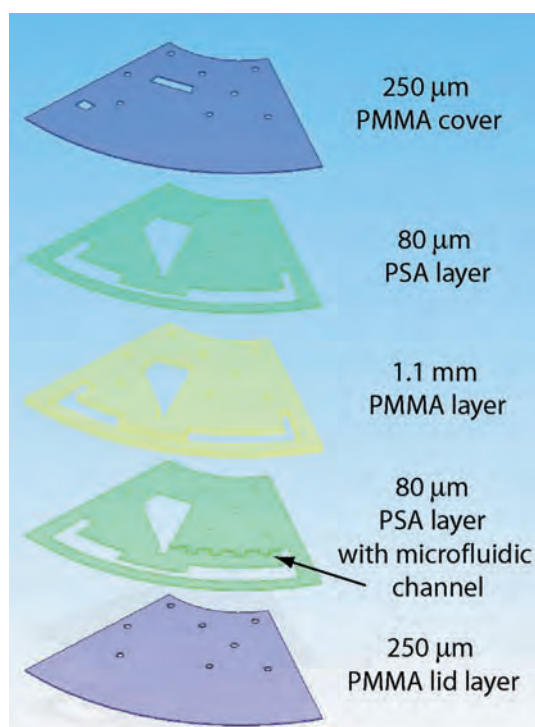
A 5-cm-long microfluidic channel connects the waste chamber to the main funnel-shaped chamber; its purpose is to remove reactants not needed and to define the vessel volume. The entrance to the microfluidic channel is initially sealed with wax. The waste chamber holds 100  $\mu\text{L}$  more volume than the main chamber, which is needed for the subsequent steps where other reagents are loaded into the cartridge. The waste chamber features a hole that functions as a vent, equalizing it with atmospheric pressure. Alignment holes are included on each layer to facilitate alignment.



**Figure 5.6** Centrifugal cartridge for the detection and analysis of bacteria. The cartridge consists of a flattened funnel that is initially loaded with sample through the inlet port. A wax valve separates the microfluidic channel from the funnel. All reactions are carried out in the vessel. Once a reactant is no longer needed, it is drained to the waste chamber via the microfluidic channel. Scale bar is 1 cm.

Devices were fabricated using multi-layer lamination as shown in Figure 5.7. A CO<sub>2</sub> laser system (Laser Micromachining LightDeck, Optec, Belgium) was used to cut the polymer layers. To laminate the layers, a thermal roller (Titan-110, GBC Films, USA) was used. The funnel structure and waste chamber were cut from a 1.2-mm thick poly(methylmethacrylate) sheet (GoodFellow, UK) previously laminated with an 80- $\mu$ m thick layer of pressure-sensitive adhesive, PSA (AR9808, Adhesives Research, Ireland). The microfluidic channel, cut from the same PSA, had a width of approximately 400  $\mu$ m, as measured with a microscope (MIC-D, Olympus, USA).

All layers except the cover were carefully aligned and passed through the laminator. The valve was formed by manually loading a small amount of solid wax at the intersection of the microfluidic channel with the main chamber. The device was then warmed on a hot plate at 70 °C to melt the wax, which then filled the entrance of the channel by capillary action. Finally, the cover layer was laminated onto the device. The final assembled device was mounted on a transparent compact disc (Åmic, Sweden) using the same PSA (AR9808).



**Figure 5.7** Five different plastic layers are used to build the centrifugal cartridge.

#### 5.4.2 *E. coli* culture

*E. coli* strain XL-1 blue, genetically modified to express green fluorescent protein (GFP), was used to facilitate the detection and quantification of bacteria captured in the device. *E. coli* was cultured overnight at 37 °C in Luria broth containing NaCl, 10g/L (Sigma-Aldrich, Ireland), Tryptone, 10g/L, and yeast extract, 5g/L (both from Lab M Ltd, UK). Optical density of the solution was measured the next day using an optical spectrometer (UV-160A, Shimadzu, UK) at a wavelength of 600 nm. Cell concentration per mL was calculated from a standard curve based on plate counts. The solution was diluted by factors of 10 to achieve the desired concentrations.

#### 5.4.3 Real-time amplification

NASBA reagents were supplied in a kit (NucliSens Basic Kit, bioMerieux, UK) also containing a reagent sphere and enzymes. Primers and molecular beacons were obtained from a different supplier (Eurofins MWG Operon, Germany). The primers and molecular beacons were designed for the specific detection of *E. coli* based on the RiboSEQ platform.<sup>19</sup> The reverse primer sequence was 5'-CTACATCCTCGGTAACA-3', the forward primer sequence was 5'-AATTCTAATACGACTCACTATAGGGAGATAGTCGAAACGACGAA-3', and the molecular beacon probe sequence was 5'-FAM-CCAGCTAGCCTGAT-TAAGTTTAAAGCTGG-BHQ1-3'.

The NASBA mix was prepared following the manufacturer's instructions. Briefly, the reagent sphere was mixed with 16 μL of molecular grade water, 80 μL of diluent, and 14 μL of

stock KCl (70 mM concentration). Next, 5  $\mu$ L of the required primers (5  $\mu$ M concentration) and 5  $\mu$ L molecular beacon probes (5  $\mu$ M concentration, FAM fluorophore, BHQ1 quencher, emission at 530 nm) were added. Off-chip NASBA experiments were carried out in a LightCycler 480 Real-Time PCR System (Roche Applied Science, USA). The NASBA reagent sphere was mixed with the primers and molecular beacons and heated on a block heater at 65 °C for 5 min to destabilize secondary structures in RNA<sup>26</sup> and then maintained at 41 °C for 5 min to allow primer and probe annealing. Next, 5  $\mu$ L of NASBA enzyme solution were added to the mixture to initiate amplification. Negative controls were prepared with RNase-free water mixed with the NASBA reaction mixture and with no target nucleic acid.

On-chip real-time amplification of tmRNA targets from NASBA was monitored with an inverted fluorescence microscope (Olympus IX81, UK). An incubation chamber (Solen Scientific, UK) encasing the microscope provided a constant temperature of 41 °C. The device was illuminated with 492-nm excitation (filter BP492/18 with a xenon light source, Olympus) for 230 ms. The emission of fluorescent light at 530 nm was measured through a filter cube (U-MF2, Olympus) adapted to a CCD camera (Hamamatsu C4742-80-12AG). Images were automatically recorded each minute. A 4x objective was used throughout all the experiments.

#### **5.4.4 Device operation**

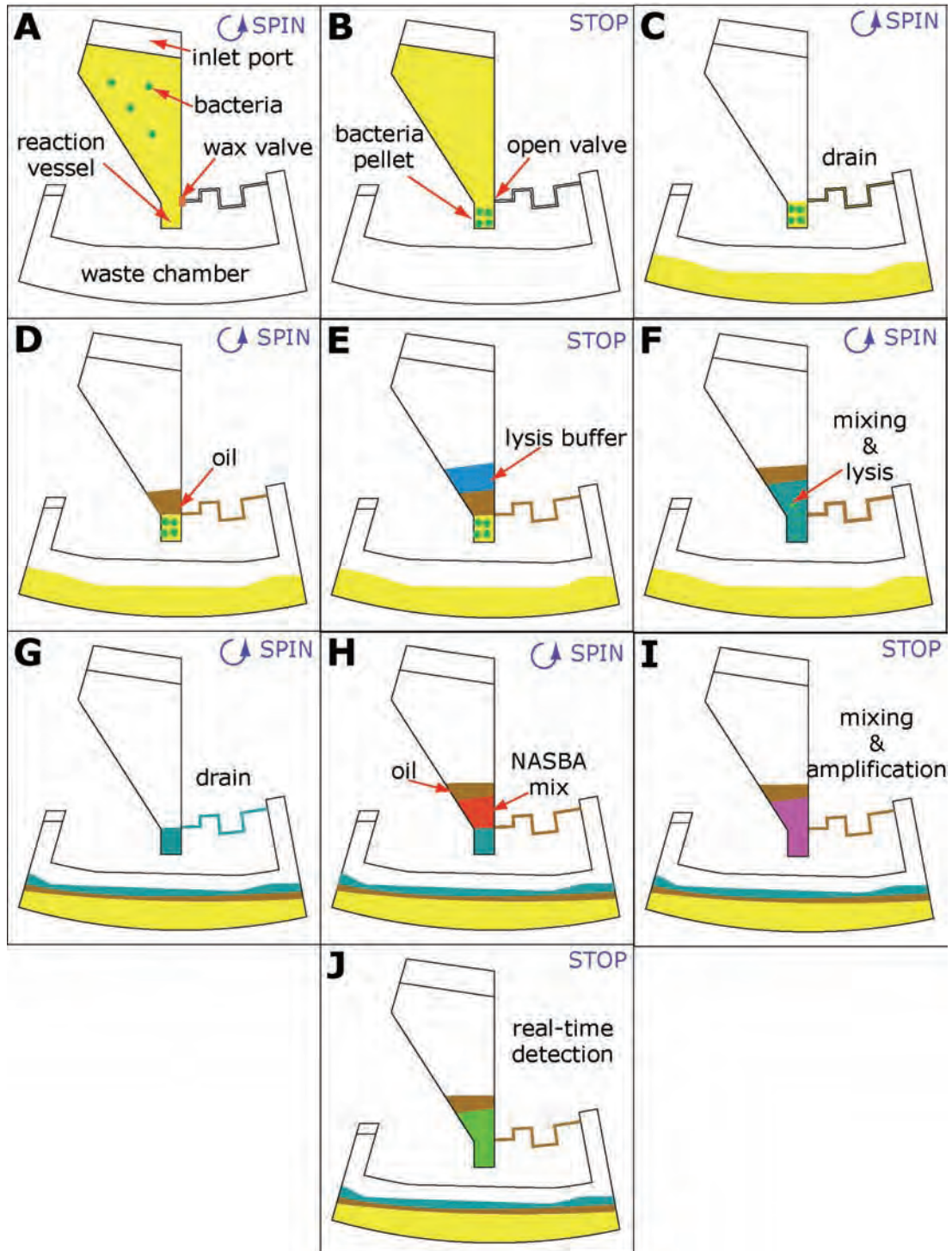
Figure 5.8 presents the sequence of steps performed on the microfluidic cartridge. A brushless DC motor with an integrated optical encoder (Series 4490, Faulhaber, Switzerland) was used to rotate the disc through the various steps. Sample is loaded in the main chamber and spun for 10 min at 6000 rpm to sediment the bacteria to the bottom of the funnel, Figure 5.8.A. Although higher speeds could decrease the sedimentation time, the adhesive layer does not withstand pressures above this speed, and the funnel would eventually rupture from the bottom. Sealing of the different layers with thermal lamination could prevent this problem.

The disc is stopped and the wax valve opened by heating it to 70° C using a thermoflex heater (Minco, USA), Figure 5.8.B. The disc is spun again at 700 rpm for 1 min to discharge the supernatant solution through the microfluidic channel into the waste chamber. The remaining 5  $\mu$ L of liquid in the vessel includes a “pellet” that contains most of the bacteria, Figure 5.8.C. Platform capture efficiency was characterized by applying different concentrations of *E. coli* and assaying the captured bacteria by fluorescence.

Next, 10  $\mu$ L of mineral oil for molecular biology (M5904, Sigma-Aldrich, Ireland) is introduced through the inlet port as shown in Figure 5.8.D. The disc is spun and the oil covers the contents of the reaction vessel and also seals the microfluidic channel, preventing any evaporation during the various reactions steps.

Next, 20  $\mu$ L of chemical lysis solution (microLysis Plus, Microzone, UK) are introduced through the inlet and, by spinning, the lysis reagent sinks and mixes with the bacteria pellet,

Figure 5.8.E. This mixture is thermally cycled as per the manufacturer's instructions (65 °C: 15 min, 96 °C: 2 min, 65 °C: 4 min, 96 °C: 1 min, 65 °C: 1 min, 96 °C: 30 sec) to lyse the bacteria, releasing nucleic acids including the RNA target. Thermal cycling also continuously mixes both solutions, Figure 5.8.F.



**Figure 5.8** Steps involved in the detection of bacteria in the centrifugal microfluidic platform. See text for details.

The disc is spun again, and some of the lysate goes into the waste compartment, but 5  $\mu$ L of the lysate remain in the vessel. The lysate is covered by a fresh layer of oil, and 5  $\mu$ L of

NASBA enzymes are introduced into the compartment by spinning and allowed to react with the lysate for 5 min at 61 °C. Finally, 15 µL of NASBA mixture, including primers and molecular beacons for the target bacterial tmRNA fragment, are loaded into the platform and the solution incubated at 41 °C. Detection of amplified tmRNA target is in real-time via molecular beacons whose fluorescence is unquenched when hybridized to complementary RNA amplicons.<sup>19,27</sup> Figure 5.10 shows the NASBA-based detection of *E. coli* on this platform.

#### 5.4.5 Results and discussion

Concentrations of GFP *E. coli* ranging from  $10^1 - 10^8$  cfu/mL (cfu = colony-forming units) were prepared. Then, 100 µL of each concentration were loaded into a microwell plate. The plate was read with a fluorescent plate reader (Infinite 200, Tecan, USA), revealing a linear correlation of fluorescent intensity to bacteria concentration from  $10^4 - 10^8$  bacteria/mL. These data enabled characterization of the bacteria capture efficiency of the funnel.

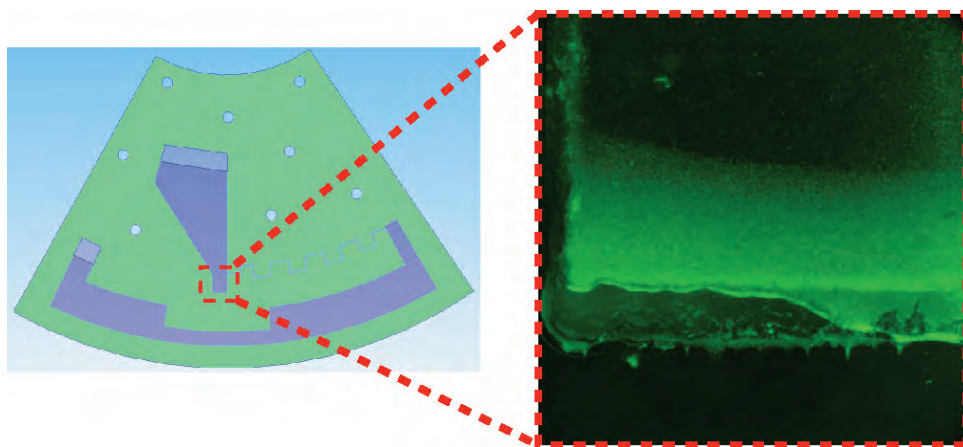
The density of *E. coli* is 1.088 g/cm<sup>3</sup>, while that of the sample buffer was ~1.022 g/cm<sup>3</sup>. This difference allows the sedimentation and concentration of bacteria. Microfluidic units were loaded with different concentrations, valves opened, and supernatant discarded into the waste chamber. 100 µL of supernatant were extracted from the waste chamber with a pipette, loaded into the microwell plate, and read with the fluorescent scanner.

To calculate the capture percentage efficiency of the devices, the supernatant concentration was subtracted from the initial concentration and divided by 100. Typically, more than 80% of the cells were captured in the compartment, as shown in Table 5.1. Experiments were repeated in triplicate. Figure 5.9 shows bacteria captured on one of the funnel from a solution containing  $10^8$  GFP *E.coli*/mL.

Initial Concentration (ml)	Supernatant Concentration (ml)	Capture percentage (%)
$10^8$	$1.4 \times 10^7$	85
$10^7$	$7.5 \times 10^5$	92
$10^6$	$1.9 \times 10^5$	80

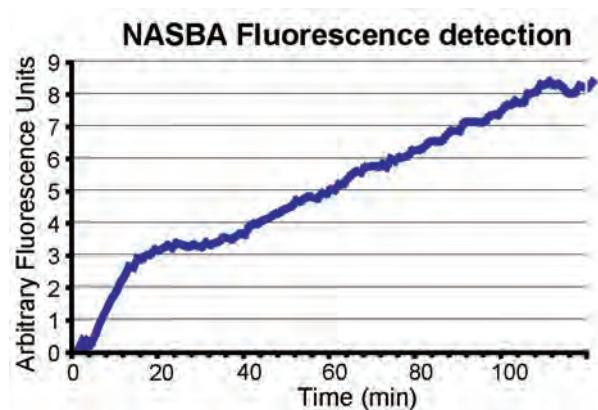
**Table 5.1** Bacterial capture efficiency of the centrifugal microfluidic platform.





**Figure 5.9** GFP *E. coli* captured at the bottom of the funnel.

The unit was characterized using water spiked with a concentration of  $10^5$  *E. coli*/mL, (i.e.,  $2 \times 10^4$  bacteria contained in the funnel) performing all the steps described in the **Device operation** section. Figure 5.10 shows the NASBA-based detection of *E. coli* on this platform.



**Figure 5.10** NASBA real-time detection of a sample containing  $10^5$  bacteria per mL.

### 5.4.6 Conclusions

A novel centrifugal microfluidic cartridge was demonstrated that integrates bacteria capture and concentration, lysis, and nucleic acid amplification operations. The microfluidic device is manufactured with polymers, cut with a laser system, and assembled in a four-layer stack using a lamination system. The cartridge resembles a flattened funnel and holds 200  $\mu$ L of sample, but can be easily scalable to hold larger volumes. A single wax valve incorporated in the device is used to remove the supernatant solution after bacteria are captured and concentrated. Because the wax is located on the side of the funnel, it is not affected by the large pressures generated during high-speed centrifugation. The wax is melted at 70  $^{\circ}$ C using a thermofoil heater and most of the supernatant drained into a waste chamber through a microfluidic channel; the concentration ratio is approximately 40:1 starting from the 200  $\mu$ L sample volume. Our device was shown to retain more than 80% of *E. coli* from concentrations of  $10^6 - 10^8$ /mL.

Lysis of bacteria is accomplished using chemical reagents and is performed inside the same container used to trap the bacteria. After the bacteria are lysed, NASBA reagents, primers, and molecular probes are mixed with the lysate. This mixture is then mixed with enzymes and heated to start the real-time nucleic acid amplification. A fluorescent microscope monitors the increase of fluorescent signal over time.

In summary, we integrated sample preparation and concentration, lysis of pathogens, and nucleic acid sequence-based amplification into a monolithic polymer platform that is inexpensive to manufacture.

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# 6

## **Optically Addressable Single-use Microfluidic Valves by Laser Printer Lithography\***

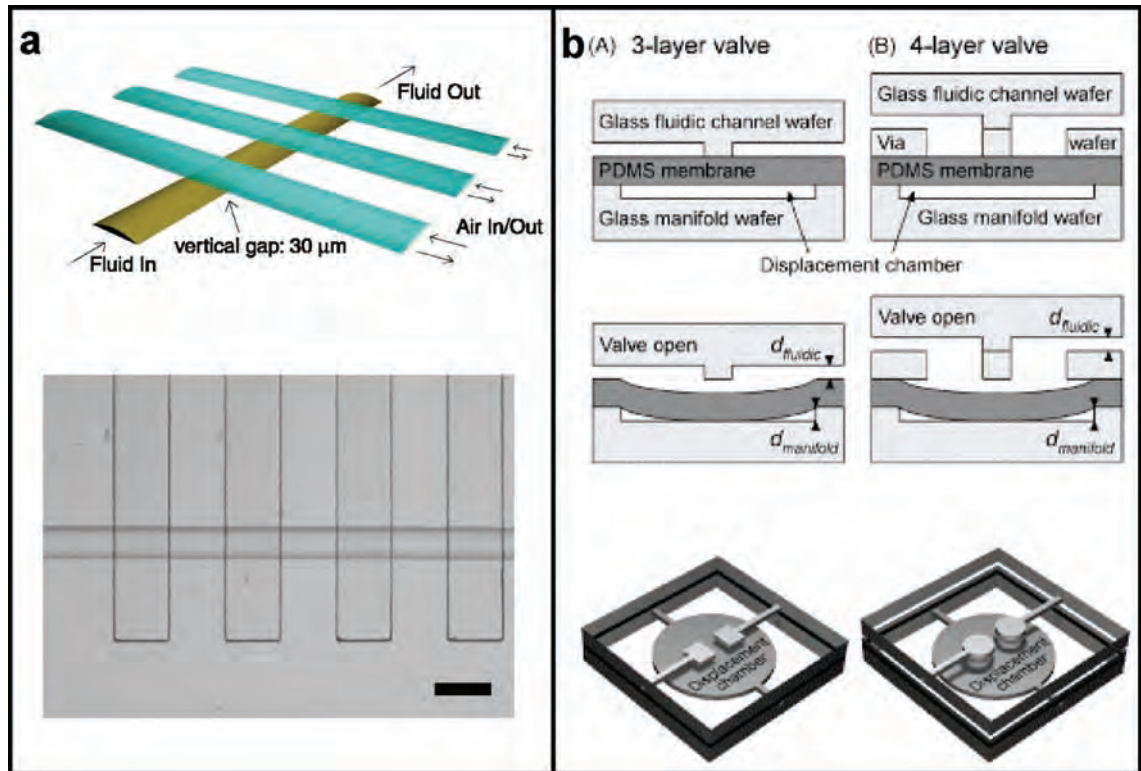
The laser-printer-based fabrication of pressure-resistant microfluidic single-use valves and their implementation on pressure-driven and centrifugal microfluidic platforms is discussed in this Chapter. A laser printer is used to selectively deposit toner on a plastic substrate in the form of circular dots. After assembly into a microfluidic device, the valve is opened (melted) with a pulse of laser light. This is an easy approach to connect multiple fluidic levels. This simple technology is compatible with a range of polymer microfabrication technologies and should facilitate the development of fully integrated, (re)configurable, and automated lab-on-a-chip systems, particularly when reagents must be stored on chip for extended periods, e.g. for medical diagnostic devices, lab-on-a-chip synthetic systems, or hazardous bio/chemical analysis platforms.

\*Parts of this chapter have been submitted to the Lab on a Chip Journal

## 6.1 Introduction

The microfluidic valve is a ubiquitous, core component of microfluidic systems<sup>1-10</sup> and its design, materials, and fabrication approach can greatly impact the cost-effective implementation of microfluidic systems manufacture. The microvalve controls fluid communication between fluidic elements such as microchannels, pumps, and reservoirs. Microvalves not only provide critical functionality, but can, together with pumping mechanisms and detection approaches, dictate fabrication methods and operational protocols. With the optofluidic valve reported here, we seek to address limitations of two of the most popular microfluidic valves, the elastomer diaphragm valve<sup>3,11,12</sup> and the phase-change valve,<sup>2,13,14</sup> which we briefly summarize.

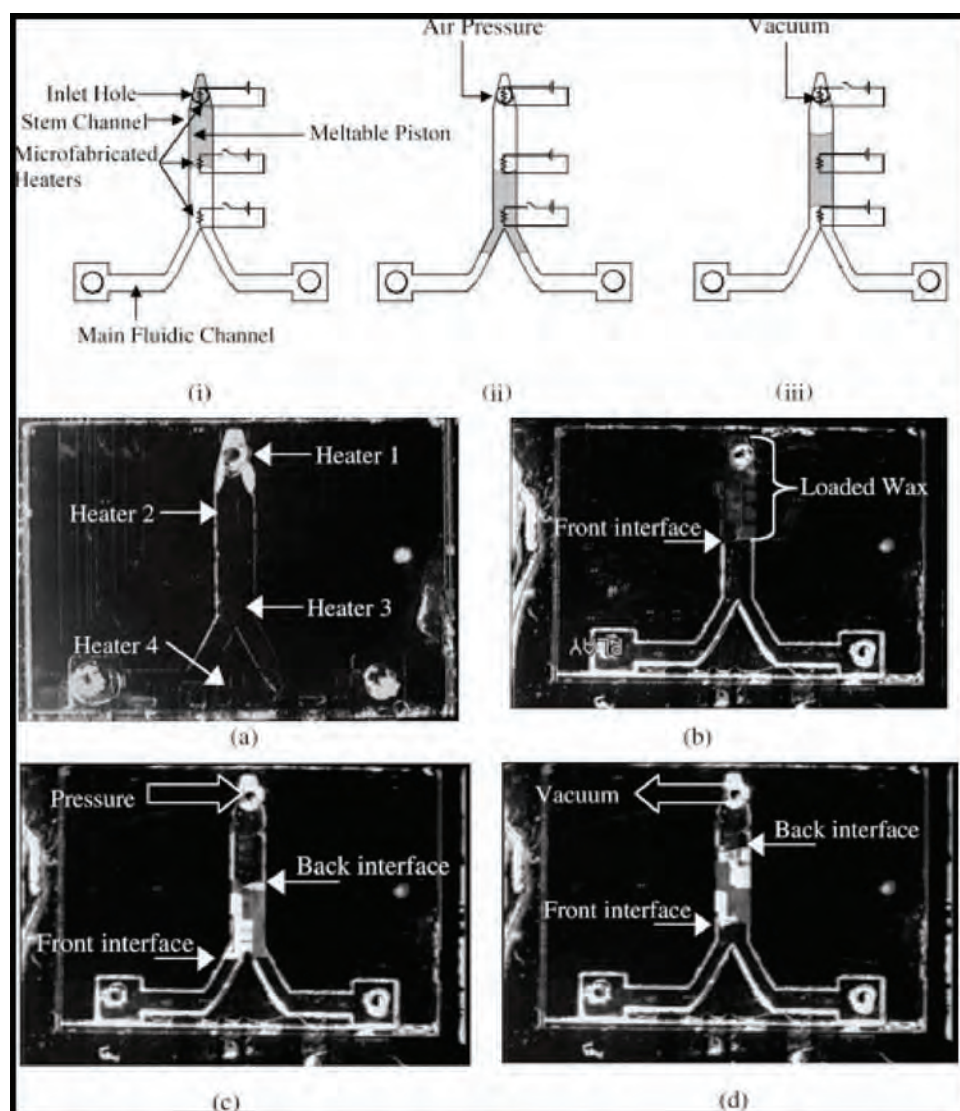
In the elastomer diaphragm valve, a membrane, typically polydimethylsiloxane (PDMS), is sandwiched between a fluidic channel and a control channel, pressurization of which either closes or opens the fluidic channel. These devices comprise at least three layers (e.g., PDMS/PDMS/glass); pressure to actuate the valves is typically controlled using mechanical screws or solenoids,<sup>15,16</sup> pins from a Braille display,<sup>17</sup> hydraulic means,<sup>18</sup> or, most popularly, air-pressure sources, again often controlled by electrical solenoid valves.<sup>3,9,11,12</sup> Two key limitations of the PDMS diaphragm valve are (1) the need for often-bulky external components to actuate the valves, and (2) the high permeability of PDMS to water vapor as well as most organic solvents and compounds, making long-term (days to months) isolation of fluids, even aqueous buffer solutions, impractical. Figure 6.1 shows two examples of elastomer diaphragm valves.



**Figure 6.1** Examples of elastomer diaphragm valves. (a) Valves fabricated only on PDMS consist of a fluid layer (yellow) and a control layer (blue). Valves are normally opened; applying a positive pressure on the control layer deflects the PDMS and blocks the fluidic channel.<sup>12</sup> (b) A PDMS membrane is sandwiched between two or more glass layers. The valve is normally closed; applying a negative pressure on the displacement chamber opens the valve.<sup>11</sup>

Phase-change valves,<sup>2,13,14,19</sup> in contrast, rely on a solid substance that, when heated, changes to a liquid state that can be displaced (or spontaneously displaces itself via capillary forces) to open or close a channel; actuation of these valves is accomplished with electric heaters<sup>2,13,20</sup> or a laser beam.<sup>14,21</sup> Two limitations of this valve are (1) the phase-change substance (e.g., a wax such as paraffin) is in long-term direct contact with the solutions or reagents in its solid phase, and also contacts those liquids when in its molten state, and (2) the phase-change material must be deposited, typically in molten form, in the microfluidic channel as part of the fabrication process, requiring a dedicated port or a heated-liquid dispense step in the device assembly process. An example of a phase-change valve is shown in Figure 6.2.





**Figure 6.2** Examples of a phase-change valve.<sup>13</sup> The valve consists of three inlets; one is dedicated to loading the wax and the other two are for the operation of the fluidic channel. Three electric heaters are needed to actuate the valves. The schematic and pictures show the operation of the valve.

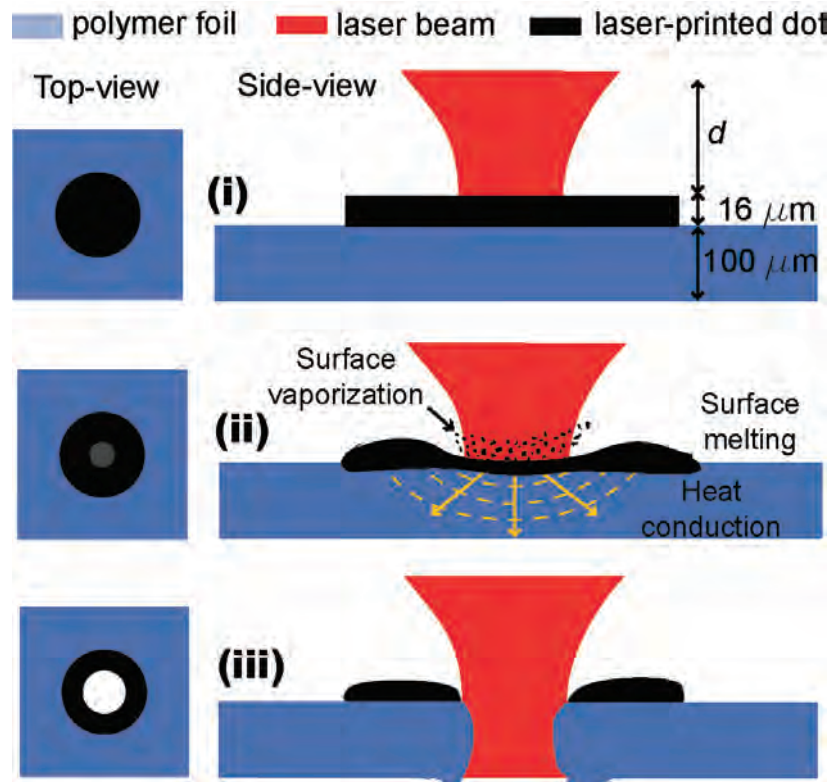
Both types of valve have been employed in several examples of microfluidic systems,<sup>1-9,17,19,22,23</sup> and a combination of these two valve concepts has also been recently proposed.<sup>1,20</sup> Other microvalves have been demonstrated including hydrogel valves,<sup>24,25</sup> thermopneumatically actuated valves,<sup>26</sup> and electrophoretically permeable photopatterned gel valves.<sup>27</sup> While droplet-based microfluidic architectures hold promise to drive complex assays without valves,<sup>28</sup> issues such as robustness to shock and vibration, evaporation, and compatibility with a wide range of liquid conductivities are still being addressed. Additional valve types have been proposed,<sup>29,30</sup> but, as of yet, not implemented in microfluidic systems, perhaps owing to complexities of fabrication and assembly.

In this chapter, we introduce a new approach to the single-use (“one-shot”) fluidic microvalve, based on “laser printer lithography”: an office laser printer precisely patterns dots of toner, on 100- $\mu\text{m}$  thick thermoplastic substrates, which ultimately serve as the control

elements of one-shot valves. The valves are ‘opened’ with a single laser shot or pulse that is efficiently absorbed by the toner and quickly melts the underlying plastic film; the approach is compatible in terms of power, wavelength, and spot size with low-cost semiconductor diodes found in commercial DVD read/write drives. This technology is compatible with polymers and fabrication techniques such as hot embossing and multilayer plastic lamination. Compared to a similar approach that melts holes in plastic films without the aid of absorption by laser toner,<sup>31</sup> our approach requires lower laser powers (100-500 mW) and uses completely transparent foils, enabling addressing of valves on multiple fluidic levels. Laser positioning is less demanding since a general raster of the laser beam in the vicinity of the valve opens it without damaging the surrounding, unpatterned plastic film.

## **6.2 Concept**

The optofluidic valve concept relies on the interaction of a laser beam with a toner-patterned polymer substrate as shown in Figure 6.3. Most transparent foils transmit light in the visible and near-infrared regions of the spectrum: a laser beam passes almost unaffected through the substrate except for front-surface reflection and minor scattering. However, patterning a patch of an absorbing material on one side of the substrate alters the interaction of the beam with the substrate: if formed of an appropriate material, e.g. a black material with high optical density, the patch absorbs and converts the optical energy into thermal energy, which above some energy threshold melts and perforates the substrate. The patterning patch is realized by printing a dot with an office laser printer. Having a dot rather than the entire surface made from an absorbing material reduces the required accuracy of aiming the laser, provided it is scanned over an area that encompasses the valve dot.

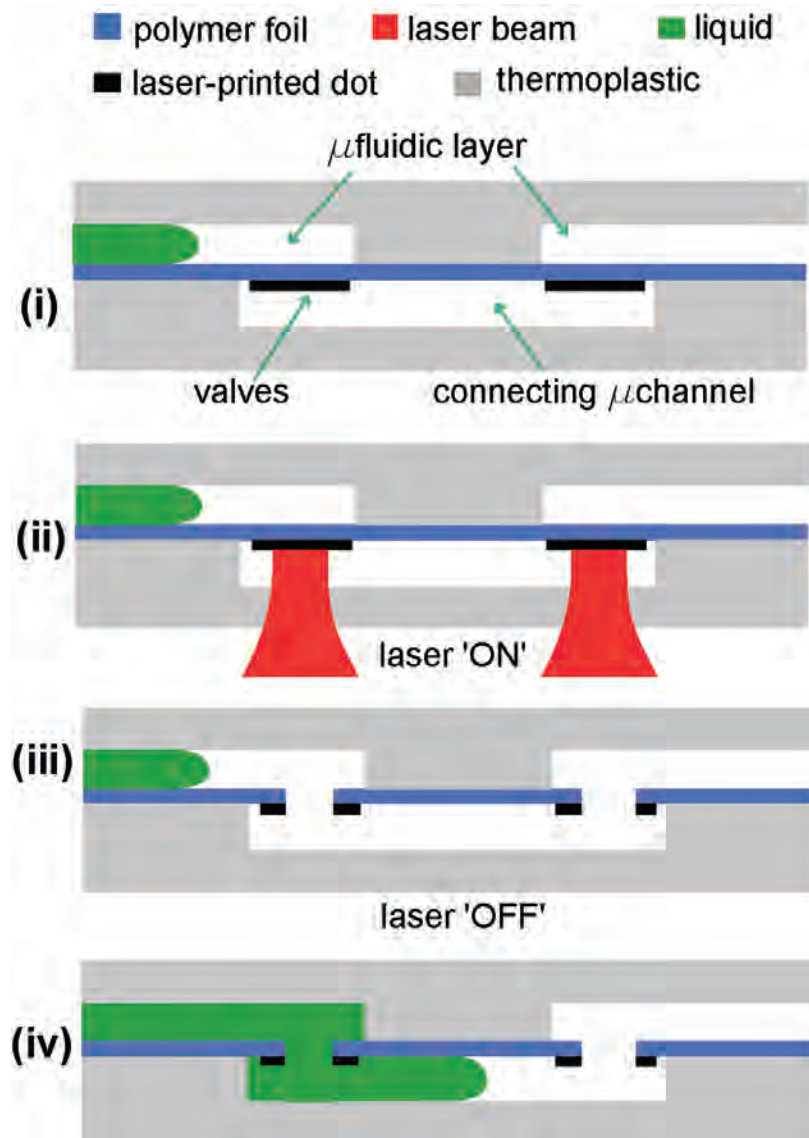


**Figure 6.3** Working principle of the one-shot optofluidic valve. (i) A dot patterned on a plastic substrate by a laser printer and a laser beam incident on that dot. (ii) The optical energy of the beam is converted into thermal energy with multiple consequences: surface vaporization, surface melting, and heat conduction through the plastic substrate. (iii) After 0.5 sec, the plastic recedes, leaving an orifice. The distance  $d$  from the focal point was varied, as was the optical power level, to characterize the one-shot valves.

### 6.3 Microfluidic Operation

This optofluidic valve principle was applied to the design and fabrication of microfluidic devices that require single-use valves of the type shown in Figure 6.4. The device consists of a single microfluidic “working layer” that includes and connects various fluidic components and modules. Fluidic continuity is interrupted in the working layer in places where valves are necessary; the working layer can include reservoirs with fluids stored for extended durations. The bottom layer is the microfluidic “connector layer,” containing a connecting microchannel in each location where segments of the working layer are to be (eventually) linked to one another. A plastic foil with laser-printed dots is sandwiched between these two layers. The foil underlying the dots can be perforated with a laser beam of appropriate power, connecting the separated regions of the working layer and allowing fluid to flow freely through. The valve must be designed in such a manner that bulk fluid is not in direct contact with the plastic in the region of the toner spot, as it would conduct away heat, preventing melting of the polymer foil. This is readily accomplished by the orientation of the fluidic device at time of valve opening and/or by placing the valve in a recessed feature where a small air bubble is trapped.

In another configuration of the optofluidic valve, the bottom microfluidic channel does not act as a connector *per se*, functioning instead as an independent microchannel that leads to other microfluidic elements or modules. In this case, only a single laser toner dot is required and just one orifice is created. Both configurations can be implemented in one device.



**Figure 6.4** Schematic of the microfluidic device operated with single-use valves. (i) A connecting microchannel in the bottom layer has two foil-blocked links to two channels in the upper microfluidic layer. Light from a laser beam melts orifices into the two valves (ii) opening them (iii). Liquid can flow from either upper channel, down through the connecting channel, and then into the other upper channel.

## 6.4 Materials and methods

### 6.4.1 Fabrication

Valves (toner dots) were designed in Illustrator (v10, Adobe, USA) and printed on various plastic foils using an office laser printer (LaserJet 3030, HP, USA). Settings for the laser printer were chosen as ‘Transparency’ and ‘Prosser 1200’ for paper and print quality options, respectively. Several thermoplastic polymer foils were used as valve substrates: 125- $\mu\text{m}$ -thick poly(methyl methacrylate), PMMA (GoodFellow, UK), 100- $\mu\text{m}$ -thick polycarbonate, PC (Microfluidic ChipShop, Germany), 100- $\mu\text{m}$ -thick cyclo olefin polymer, COP (Zeon Chemicals LP, Japan), and 100- $\mu\text{m}$ -thick polyethylene terephthalate, PET (transparency films, CG3700, 3M, USA). These materials are some of the most-used thermoplastics in the fabrication of microfluidic devices.

For the demonstration of optofluidic valve prototypes, polymer foil substrates were manually cut to the size of the microfluidic module and attached to a sheet of paper using double-sided tape. The paper with the foil was then passed through the laser printer. The printer was allowed to cool for two minutes between printings.

Devices were fabricated using multilayer lamination. A CO<sub>2</sub> laser system (Laser Micromachining LightDeck, Optec, Belgium) was used to cut the various polymer layers. Connecting and microfluidic channels were cut from an 80- $\mu\text{m}$ -thick layer of pressure-sensitive adhesive (PSA, AR9808, Adhesives Research, Ireland) and laminated onto a 250- $\mu\text{m}$  PMMA support layer (GoodFellow, UK) using a thermal roller laminator (Titan-110, GBC Films, USA).

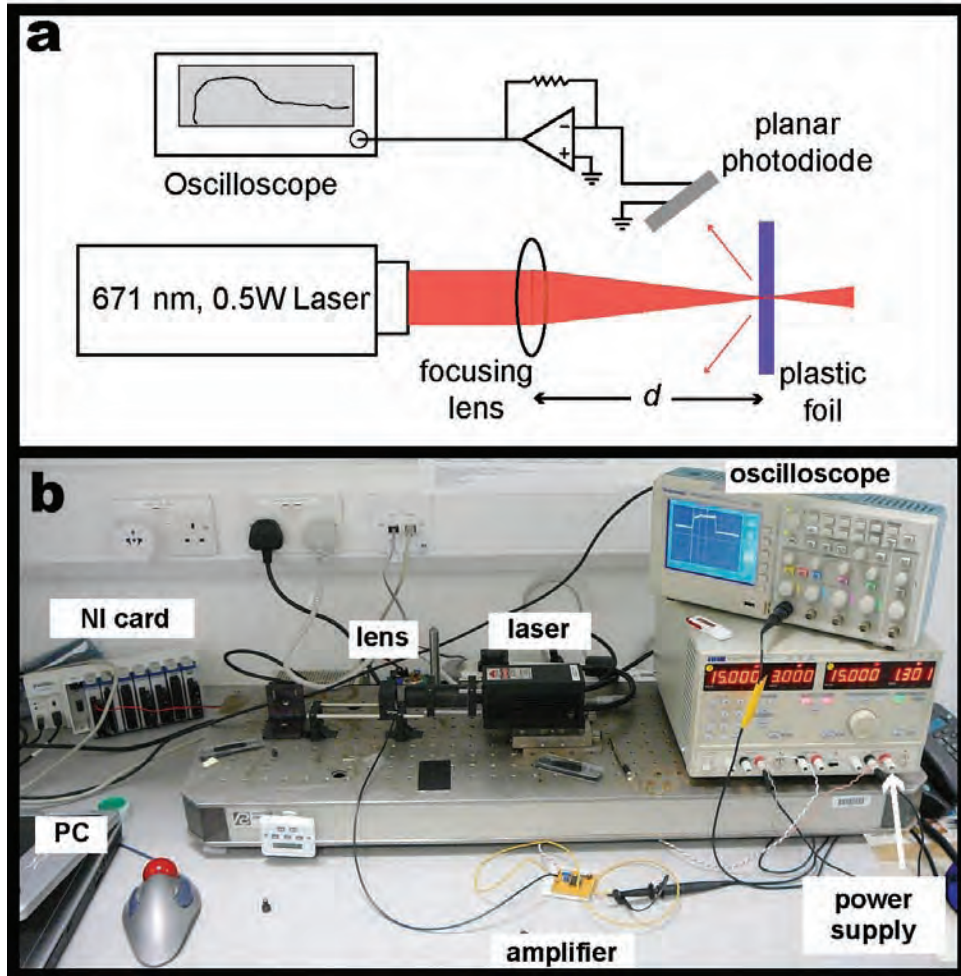
### 6.4.2 Characterization

Light transmittance of plastics was measured with a UV-visible spectrophotometer (Cary 50, Varian, USA). Laser toner layer thickness was characterized with a scanning electron microscope, SEM (Evo LS 15, Zeiss, Germany). Orifice size was measured with a non-inverted microscope (Olympus).

### 6.4.3 Experimental set-up

A 671-nm, 500-mW DPSS laser system (LSR-671-00400-03, OEM Laser Systems Inc, USA) was used to open the valves. DVD-RW players have similar power characteristics, see e.g. datasheet for GH16P40A8C,  $\lambda = 660$  nm, 400 mW pulsed operation, Sharp, Japan. The laser system includes a diode driver with thermal control. An analog output module (NI 9264, National Instruments, USA) connected to a NI-Compact-DAQ chassis (NI CDAQ-9172) controlled the power output of the laser system. The laser system was warmed up for fifteen minutes before performing the experiments in order to obtain a stable output power.

The laser beam was focused onto microfluidic chips using an achromatic lens (F32-724, Edmund Optics, UK) with an effective focal length of 60 mm. Optical power of the laser was measured directly with a power meter (LaserCheck, Coherent, UK). A planar photodiode (SLSD-71N7, Silonex, UK) was wired to a transimpedance amplifier circuit and the output connected to an oscilloscope (TDS-2024B, Tektronix, USA) to quantify the time to open the valves, as shown in Figure 6.5. The Wavestar program (Tektronix, USA) was used to transfer the data from the oscilloscope to a PC. Gathered data were analyzed using Origin 8.1 (Origin Lab, USA).

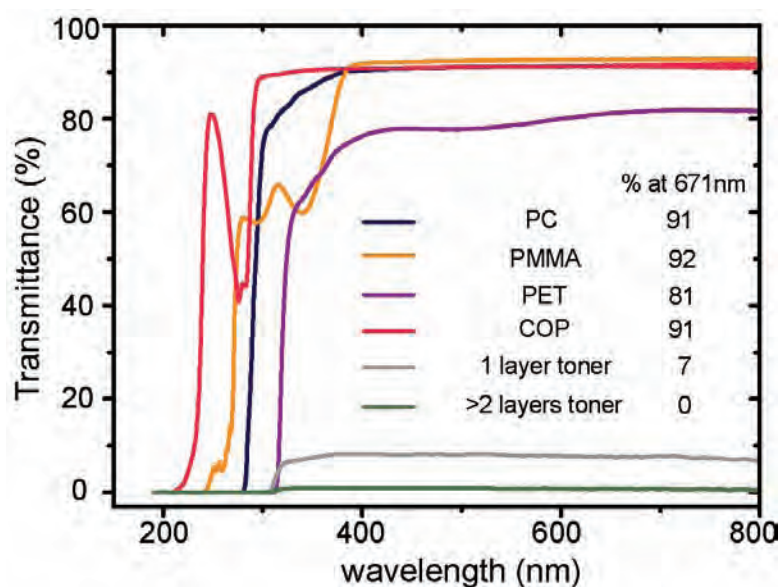


**Figure 6.5.** Schematic (a) and picture (b) of the experimental setup. Light from a 671-nm laser system is focused into a plastic foil with a lens. The distance  $d$  was varied to investigate the effect on the size of the orifice. Scattered light is measured using a planar photodiode connected to an oscilloscope through a transimpedance operational amplifier.

## 6.5 Results and discussions

### 6.5.1 Optical Spectra

Figure 6.6 shows spectral transmission, from 200 to 800 nm, of the various plastics used in this study. Many plastics exhibit high transparency above 400 nm and throughout the visible spectrum, including all of those we considered suitable for the laser valves, hence typical CD/DVD-power-level visible laser diodes could not be used to operate these valves in the absence of a light-absorbing spot. The effect of the number of black toner printed layers on the plastic was also investigated. For only one toner layer, 7% of light still passes through the film; for more than two printed toner layers, all the light is absorbed by the toner to the limit of detection of the spectrophotometer. Thus, in all subsequent experiments, plastic foils printed with two layers of black laser toner, which absorbs approximately 99% of the incident light, were used.



**Figure 6.6** Optical spectra of the different polymers employed to laser print dots. Single layer (gray) and double layer (green) laser-printing patterning on PET substrates.

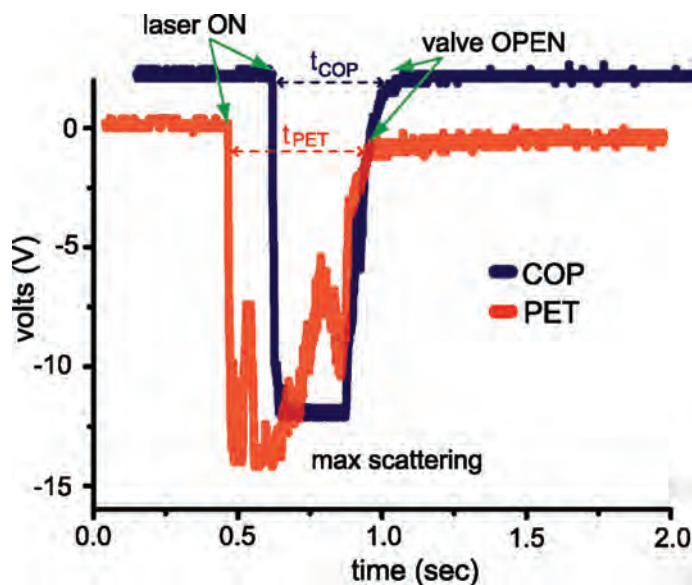
### 6.5.2 Printer toner composition and adhesion

The printed toner layer had a thickness of 16  $\mu\text{m}$  for two layers. Typically, laser printer toner is mainly composed of a copolymer (45-55 wt%) and iron oxide (45-55 wt%),<sup>32</sup> as is the case for the print cartridge used in our experiments (Q2612A-L, HP, USA). The polymeric base of the toner is polystyrene (82%) and PMMA (18%) copolymer; it also includes amorphous silica (1-3 wt%). Some printer toners contain carbon black rather than iron oxide.<sup>33</sup> The resolution of the printer and the size of the toner particles will affect the thickness of the layer as well as its absorbance.<sup>32,34</sup> Fused laser toner has been shown to be resistant to a variety of chemicals<sup>32</sup> and was utilized in the fabrication of polymeric microfluidic devices for electrophoresis, amperometric detection, and electrospray ionization.<sup>32,35</sup>

The laser printer drum reaches temperatures up to 185 °C during printing.<sup>36</sup> Many plastics at this temperature will melt or deform. Among the plastics we tested, only PET and COP substrates withstood these temperatures without deformation and with good adherence of the toner to the substrate. Although PC has a high glass transition point (150 °C), toner particles did not adhere well to the substrate. PMMA substrates deformed when passed through the printer.

### 6.5.3 Orifice size and response times

Response times and orifice sizes were characterized at three different powers: 100, 300, and 500 mW; each power level was maintained continuously until the plastic melted sufficiently to form a hole. The effect of varying the distance of the plastic foil from the focal point in 5 mm increments was also investigated. Figure 6.7 is a typical time-dependent response, showing three successive events, from a photodiode measuring scattered light during the characterization of one-shot laser valves on COP and PET substrates. Initially the laser is off and the signal from the photodiode is 0V. Next, the laser is turned on and the beam strikes the plastic foil, producing maximum light scattering and driving the signal almost to the voltage saturation, -15V. Once the plastic is perforated, the signal returns to almost 0V because light scattering decreases to a very low value: most of the laser beam passes through the orifice unaffected.

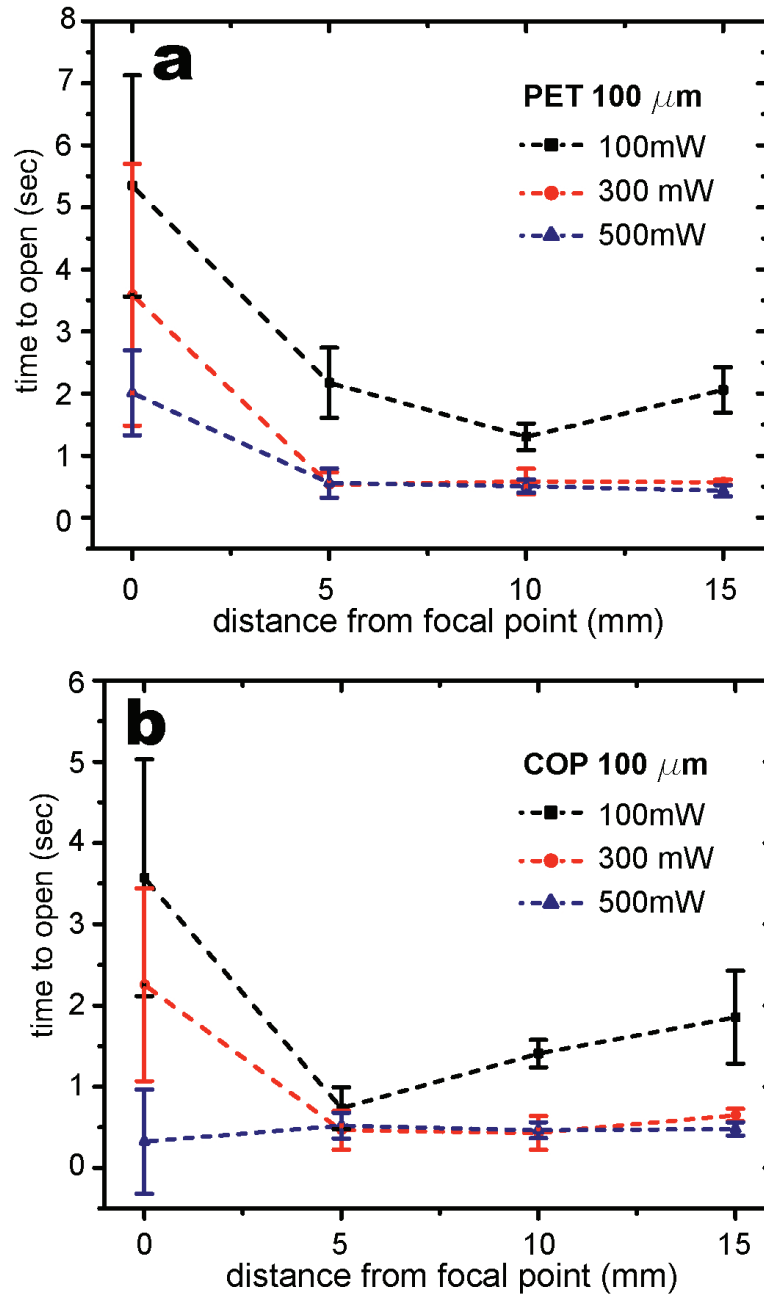


**Figure 6.7** Light-scattering-measured response time of the addressable optofluidic one-shot valves. Graph shows typical data from a photodiode (captured by an oscilloscope) for 100- $\mu$ m-thick COP and PET substrates. Initially, the signal is constant at 0 V; when the laser is activated, the photodiode responds to scattered light and the signal increases almost to the saturation point. Once the valve has opened, typically in 500 ms or less, the signal returns close to 0 V, corresponding to minimal light scattering.

To obtain the response time of the valves, the time difference between laser beam turn-on and the return of the signal to a constant, near-baseline value was measured. Response time for



the laser valves is constant at 0.5 sec starting at a distance from the focal point of 5 mm for 300 and 500 mW laser powers for both plastic substrates, increasing to no more than 2.5 sec at 100 mW, as shown in Figure 6.8. Of the distances tested, the response time of the valves is longest at the focal point (up to 10 sec for PET substrates). Thus, optimum operation of the valves should start from a distance from the focal point of 5 mm and with powers greater than 300 mW.



**Figure 6.8.** Valve response times. Results for 100- $\mu\text{m}$  thick (a) PET and (b) COP substrates. Distance from the focal point,  $d$ , was varied from 0 to 15 mm. The opening time varied from 0.5 to 5.5 sec for PET, whereas for COP the time ranged from 0.25 to 3.5 sec.

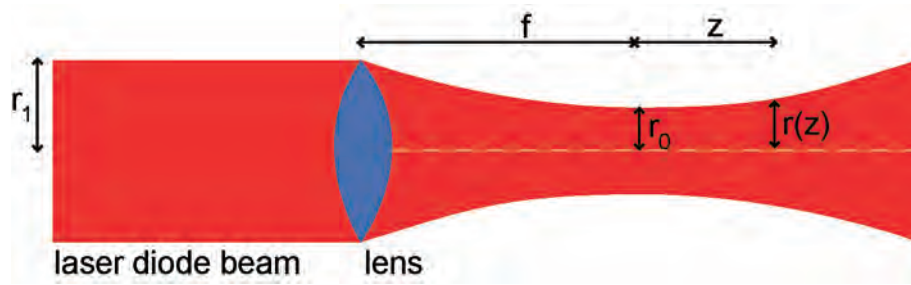
For PET and COP, the orifice size increases as a function of the distance of the focal point from the plastic foil and of the laser power, as shown in Figure 6.9. Orifice size for both substrates ranged from 32  $\mu\text{m}$  to 278  $\mu\text{m}$ , although bigger orifices should be achievable by further increasing the distance from the focal point. For both substrates, the orifice diameter is smaller than the theoretical laser beam waist except at the focal point, where the orifice size is almost the same as the focused beam, indicating that only part of the energy of the beam is used in the thermal ablation process. Similar results using low-power  $\text{CO}_2$  lasers have been reported for PMMA.<sup>37</sup>

The focused spot radius of the laser beam using a lens can be approximated using the following equation:<sup>38</sup>

$$r_0 = \frac{f\lambda}{\pi r_l} \quad (6.1)$$

where  $f$  is the focal length of the lens,  $\lambda$  is the wavelength of the laser,  $r_l$  is the radius of the laser beam before entering the lens, and  $r_0$  is the radius of the beam at the focal point, as shown in Figure 6.9. The equation assumes a small far-field divergence angle (our laser system had a divergence of 1 mrad). The beam radius,  $r(z)$ , at any axial position can thus be found using the following expression:

$$r^2(z) = r_0^2 \left[ 1 + \left( \frac{\lambda z}{\pi r_0^2} \right)^2 \right] \quad (6.2)$$

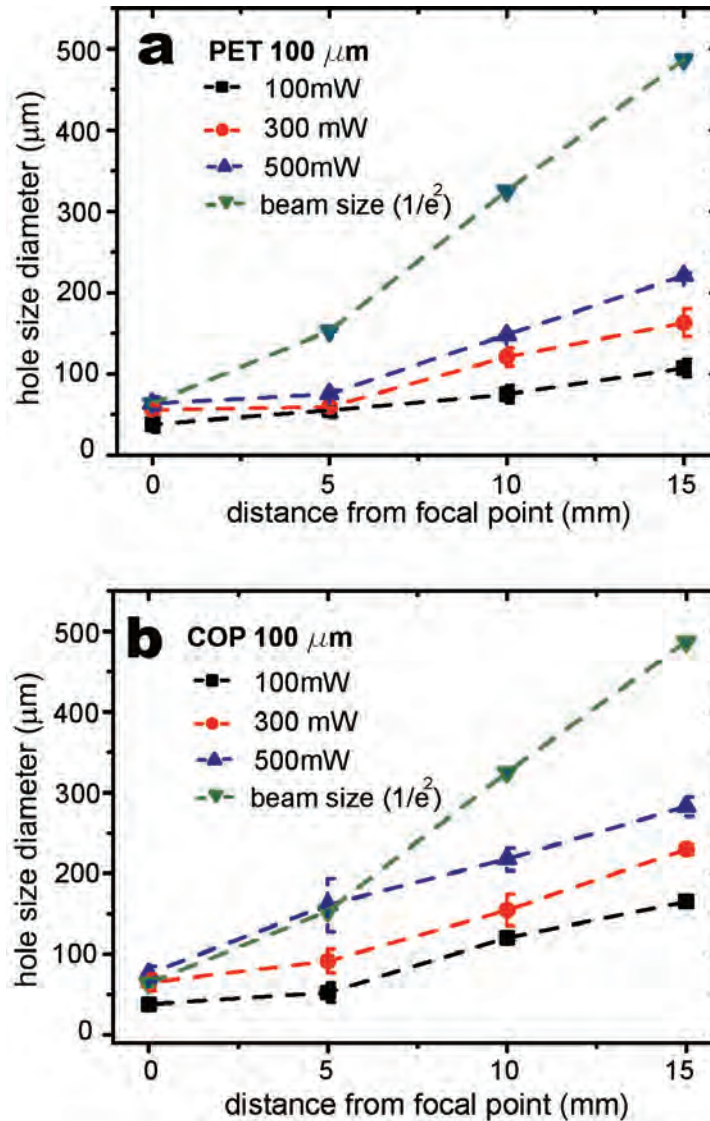


**Figure 6.9** Effect of the lens on the propagation of a Gaussian beam.

The axial position was varied in steps of 5 mm from the focal point to a distance of 15 mm away from this point. Table 6.1 shows the results of substituting the values of the laser beam used here into Equations 6.1 and 6.2 using  $r_l = 1$  mm,  $\lambda = 651$  nm,  $f = 60$  mm. To obtain a more accurate idea of the laser beam width, a ray-tracing program (TracePro, Lambda Research, USA) was also employed to estimate the beam waist diameter at same set of distances from the focal point (beam divergence: 1 mrad). The beam diameter was defined as where the intensity has fallen to  $1/e^2$  of the maximum value (thereby including 86% of the total beam energy). The laser beam radii obtained using this software were employed in subsequent calculations.

**Table 6.1** Laser beam radii at different distances from the focal point. Table shows the comparison between values obtained using Equation 6.1 (for a distance of 0 mm), 6.2 (for subsequent distances) and the ray-tracing program.

<i>distance from focal point (mm)</i>	<i>theoretical value (<math>\mu\text{m}</math>)</i>	<i>Ray-tracing value (<math>\mu\text{m}</math>)</i>
0	12	32
5	84	76
10	167	162
15	250	243



**Figure 6.9** Hole size characterization on PET and COP substrates. The distance from the focal point,  $d$ , was varied from 0 to 15 mm. The laser valve orifice diameter varied from 30  $\mu\text{m}$  to 225  $\mu\text{m}$  for PET, whereas for COP the diameter ranged from 35  $\mu\text{m}$  to 280  $\mu\text{m}$ . The ray-tracing program TracePro (Lambda Research, USA) was employed to estimate the beam waist diameter at different distances from the focal point (acromatic lens,  $f = 60$  mm, original laser beam diameter: 2 mm, beam divergence: 1 mrad). The beam diameter was defined where the intensity falls to  $1/e^2$  of the maximum value (including 86% of the total beam energy).

### 6.5.4 Laser beam - plastic interactions

In contrast to UV laser micromachining, where the ablation of plastics occurs through a photochemical process, we believe the removal of plastic to open our optofluidic valves occurs through a photothermal ablation mechanism similar to CO<sub>2</sub> laser micromachining and to laser-welding of plastics.<sup>39</sup> The laser beam is absorbed at the surface of the laser-printed spot and the resultant thermal energy is conducted through the thickness of the material. The laser quickly heats the material to its boiling point and material is vaporized and ejected. A solid-liquid interface is initially created, which moves away from the surface during the heating phase. The continuous laser irradiation causes a liquid-vapor interface to move through the material accompanied by removal of material through evaporation above the liquid-vapor interface.<sup>39</sup>

Many thermoplastics have a decomposition temperature between 200 - 400 °C.<sup>40</sup> An approximation of the surface temperatures generated with a Gaussian beam profile,  $T_{laser}$ , as in our laser system, can be calculated using the following expression:<sup>41</sup>

$$T_{laser} = \frac{2P}{\pi^2 r K} + T_{amb} \quad (6.3)$$

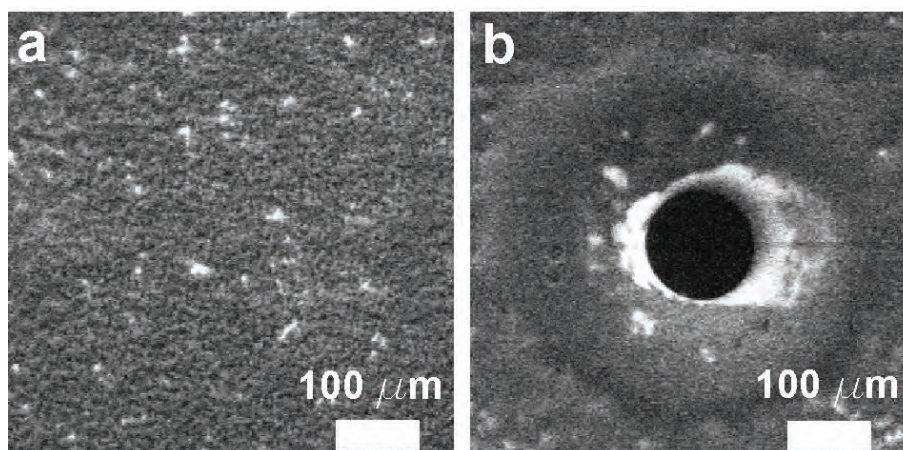
where  $P$  is the laser power,  $r$  is the radius of the laser beam,  $K$  is the thermal conductivity, and  $T_{amb}$  is the ambient temperature. This equation implies that the laser energy is instantaneously converted to heat and entirely neglects any loss of heat, so it is only an upper bound, not an accurate estimate. The laser beam radius in our experiments varied from 32 μm to 243 μm. Table 6.2 shows the theoretical values obtained from Equation 6.3 for the different laser powers used in our experiments. Thus, for PET, with  $K = 0.24$  W/(m·K), the surface temperatures are calculated from 367 °C for the largest spot (243 μm) at 0.1 W to 13,213 °C for the smallest spot (32 μm) at 0.5 W. The latter temperature is highly unrealistic, as multiple thermal loss mechanisms, including conduction, boiling, and/or vaporization of the polymer would limit heating before the temperature exceeded a few hundred degrees. But even the lower temperature is enough to melt PET (260 °C) and to initiate the decomposition (> 300 °C) of any PET that doesn't flow out of the beam. More realistic and detailed models<sup>38</sup> describe the different phase changes (melting, vaporization) that the foils undergo upon rapid heating and include heat loss, but Equation 6.3 is useful to set the upper bound based on power input to the material.

**Table 6.2** Calculated temperatures at the surface of the laser-printed obtained from Equation 6.3.

<i>distance from focal point (mm)</i>	<i>radius of laser beam (<math>\mu\text{m}</math>)</i>	<i>Calculated temperature* at different laser powers (<math>^{\circ}\text{C}</math>)</i>		
		<b>100mW</b>	<b>300mW</b>	<b>500mW</b>
0	32	2659	7936	13213
5	76	1131	3353	5575
10	162	541	1584	2626
15	243	367	1062	1757

\*thermal loss is not included in this calculation, hence temperatures are unrealistically high at the higher laser powers.

The gas pressure of the evaporating polymer can eject melted material. Figure 6.10 shows an SEM image of a printed toner dot before and after laser opening of an orifice in the plastic. In Figure 6.10(b), bulges are observed at the rim of the orifice; similar phenomena were reported by others when cutting with  $\text{CO}_2$  lasers.<sup>37,42</sup> These bulges are attributed to the ejection of molten polymer—from high-pressure gas (due to vaporization) or surface-tension-driven flow—that solidifies and accumulates on the rim when the material meets air.<sup>37,42,43</sup>

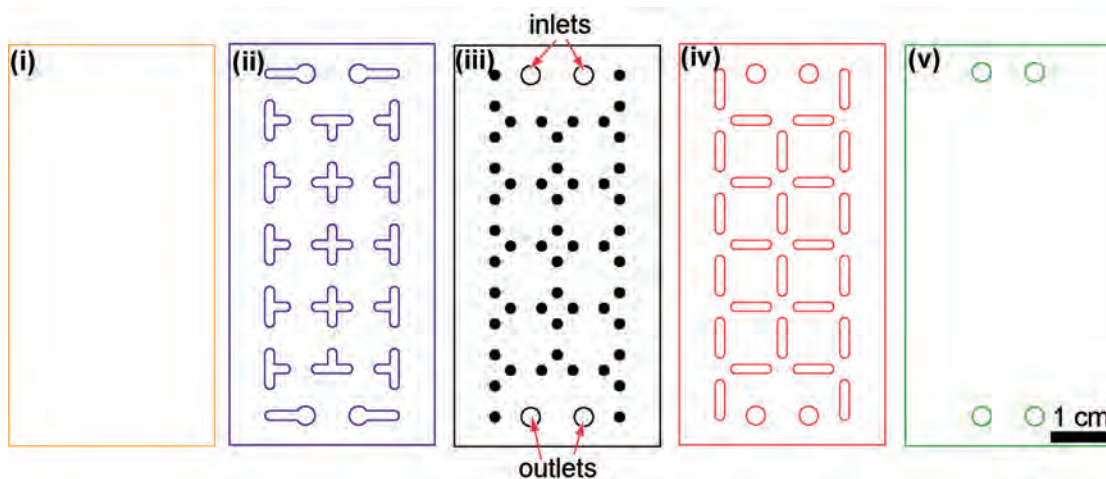


**Figure 6.10** (a) SEM image of a laser-printed spot on a PET substrate. (b) After a laser pulse melts the underlying plastic foil, creating an orifice that allows fluidic communication between two channels. Bulge formation at the rim of the orifice can be observed. Scale bars: 100  $\mu\text{m}$ .

## 6.6 Microfluidic device examples

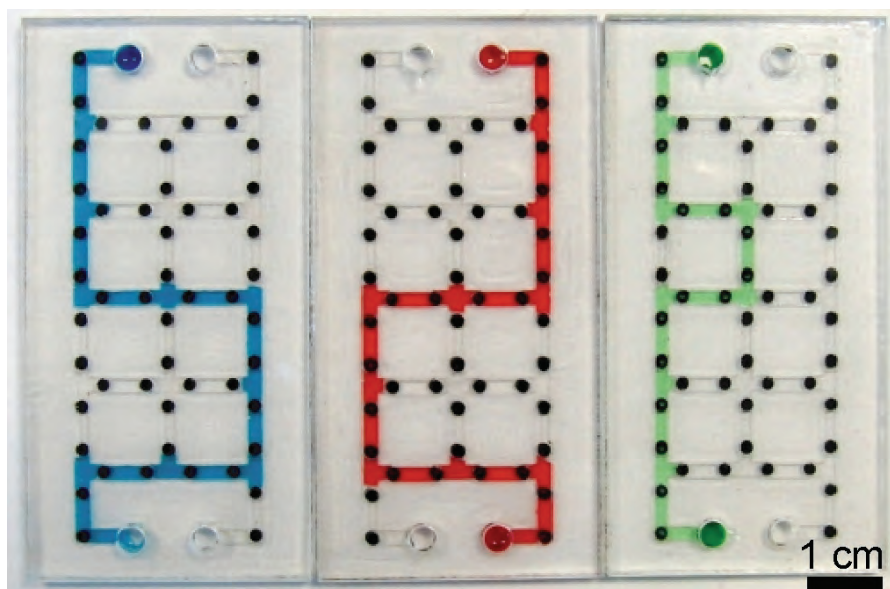
### 6.6.1 Liquid microfluidic display

To demonstrate the optofluidic valve concept with powers similar to those used in DVD drives, we fabricated two different microfluidic devices. The first is a liquid microfluidic display, a matrix of 106 valves printed on a PET substrate that connects the microfluidic channel layer with the microfluidic connecting layer. The design of the device is shown in Figure 6.11; it is fabricated as described in Section 6.4.1.



**Figure 6.11** CAD design of microfluidic device shown in Figure 6.12. The device consisted of 5 different layers cut with a laser-cutting machine and assembled by multi-layer lamination. The bottom substrate (i) consisted of a 500- $\mu\text{m}$  thick layer of PMMA whereas the top substrate (v) consisted of a 1.2-mm thick PMMA layer. A laser printer was used to pattern dots on a PET substrate (iii). Inlets and outlets were manually cut in these layers. The microfluidic layer (ii) and the connecting microfluidic layer (iv) were composed of stacks of three layers: 50- $\mu\text{m}$  double-sided PSA, 125- $\mu\text{m}$  thick PC, and 50- $\mu\text{m}$  double-sided PSA. Finally, the device was assembled by laminating these five layers together.

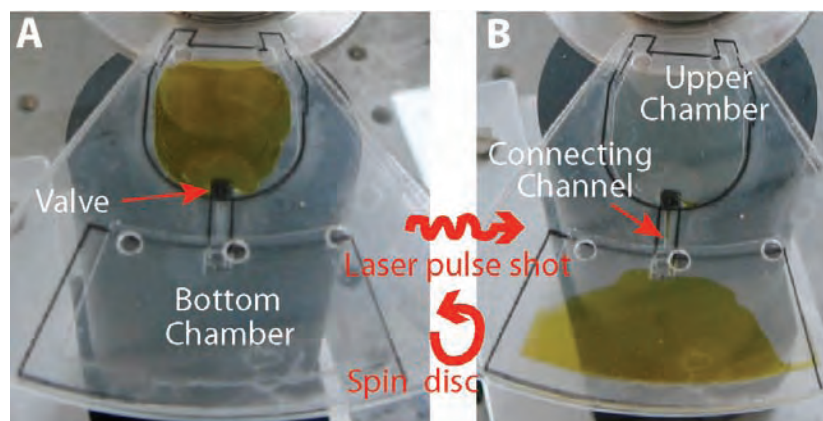
After the device was assembled, 56 of the valves were opened and a solution containing multiple colors of dye flowed through the channels, forming the letters ‘bdi’ as shown in Figure 6.12. This type of device shows the potential for reconfigurable microfluidic devices, where individual paths could be formed depending on the desired assay steps or on the outcome of the previous valve configuration/reaction.



**Figure 6.12** Liquid microfluidic display. The display consists of three devices, each with two inlets and two outlets. After the device was assembled, 56 of the 106 optofluidic valves were opened to form the letters ‘bdi’.

### 6.6.2 Centrifugal microfluidic device

The second example device is a centrifugal microfluidic “lab-on-a-disc” cartridge with two chambers connected by a microfluidic channel, see Figure 6.13. The solution is initially loaded into the upper chamber. The disc was rotated at different speeds and no leakage was observed through the valve even while spinning at 5000 rpm. The disc was then stopped and light from the laser diode aimed at the laser-printed area, creating a communication port. The disc was spun again and the solution was fully transferred to the bottom chamber.



**Figure 6.13** A centrifugal microfluidic system consisting of two chambers connected by a channel. The valve is in the location of the laser-printed black dot (A). After the valve is melted, the disc is spun for a few seconds and all the liquid is transferred to the bottom chamber (B).

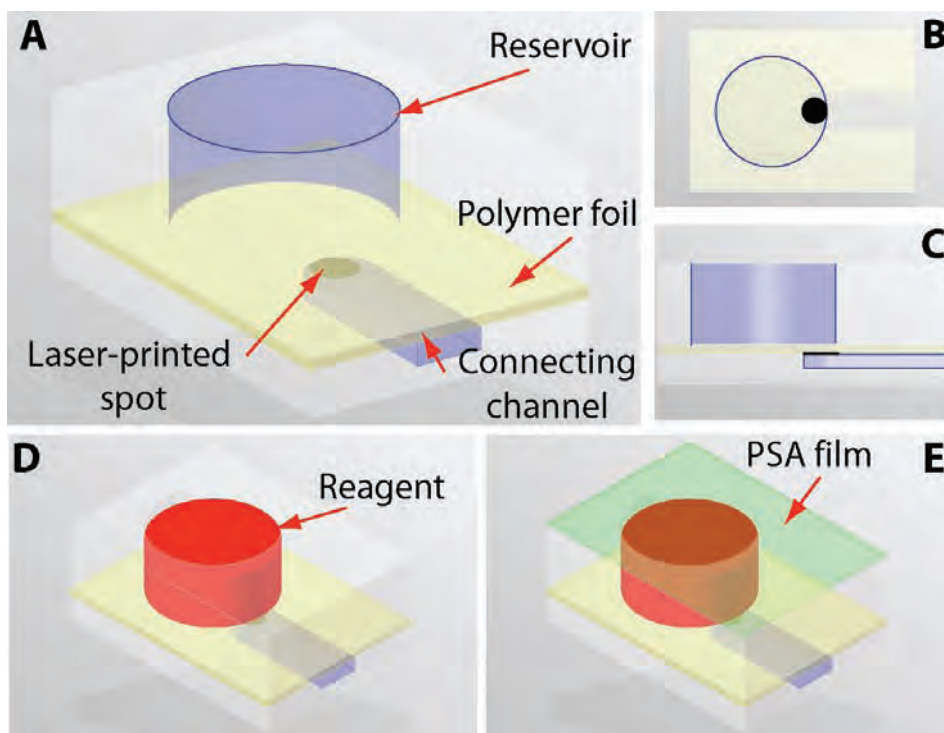
### 6.6.3 Long-term reagent storage

On-chip long-term reagent storage will be necessary for market success of many microfluidic point-of-care devices. Although both wet and dry reagent storage in microfluidic compartments has been reported,<sup>44-46</sup> a key issue remains: delivering the reagents after an extended storage time, in a well-controlled fashion. Linder and colleagues demonstrated storage of reagents inside plastic tubing in liquid plugs separated by air gaps,<sup>46</sup> but this and other methods that do not provide a sealed physical barrier are ill-suited to storage beyond a few hours due to migration of water in the vapor phase. Furthermore, this approach will not necessarily work in more complex, integrated microfluidic systems; alternatives are needed.

A design for long-term reagent storage reservoirs for microfluidic devices, based on the functionality of the laser valves, is demonstrated in Figure 6.14 A-C. A reservoir is defined in the upper layer and can be designed to hold any fluid volume. The valve for this storage reservoir is laser-printed at its peripheral end and at the intersection with a microfluidic channel that connects it to the rest of the microfluidic system. The barrier properties of the foil to store liquid reagents are exploited.

The operation of the device is shown in Figure 6.14 D-E. After assembly of the device, reagents are loaded into the reservoir and encapsulated using PSA film. This film seals tightly

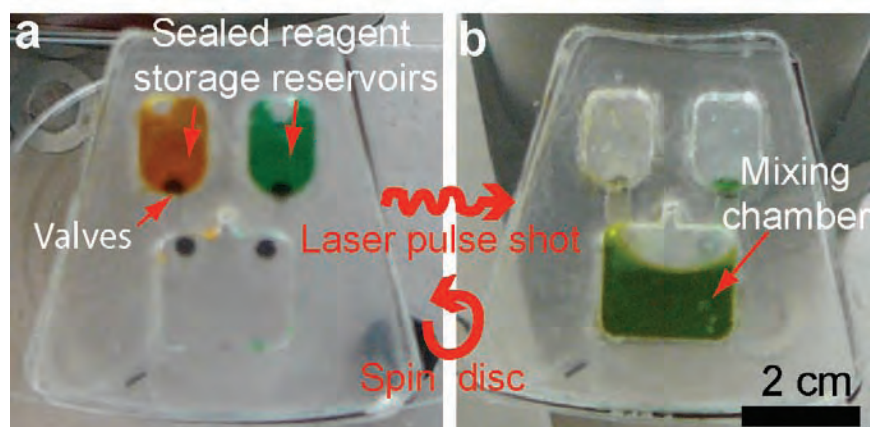
the storage reservoir and prevents evaporation. Liquid from the container can be cleanly released into the channel by centrifugal or capillary actuation.



**Figure 6.14** (A) Illustration of on-board reagent storage using laser-printed valves. The polymer foil is placed between the microfluidic connecting channel and the reservoir. Cross sectional (B) and frontal (C) views are shown. Reagent is loaded in the reservoir (D) and covered by a pressure-sensitive adhesive film (E).

Figure 6.15 illustrates the implementation of the long-term reagent storage principle in a centrifugal microfluidic “lab-on-a-disc” cartridge. The cartridge consists of two reservoirs connected to a mixing chamber through two independent microfluidic channels. In this system, the two reservoirs are located near the center of the disc. Two solutions are loaded into the reservoirs and sealed with PSA-coated film. The disc was rotated at a range of speeds and no leakage was observed through the valve even at 5000 rpm (the distance of the valve from the center of rotation is 3.2 cm, with an equivalent pressure of 100 kPa). The disc was then stopped, the laser diode beam was aimed in turn at each of the two toner dots, thereby creating a communicating port, and the disc was spun to move the two colored liquids into a mixing chamber. Fluids can remain in isolated on-disc reservoirs for periods of (at least) 30 days without noticeable fluid loss. That demonstration used a COP device and film, selected in part for their low permeability to water vapor.





**Figure 6.15** A centrifugal microfluidic system consisting of two chambers connected by two channels to a mixing chamber. **(a)** Two colored solutions are initially loaded in two compartments and sealed to prevent evaporation. **(b)** After the laser valves are opened, the two solutions are forced into the mixing chamber by spinning the disc.

## 6.7 Conclusions

In this chapter, the design, fabrication, and characterization of laser-printed, laser-actuated, one-shot optofluidic valves were presented. Using an office laser printer, toner dots that opto-thermally actuate the valves were deposited without damage to 100- $\mu\text{m}$ -thick PET and COP foils. Response time of the valves on both substrates is on the order of half a second at 100 and 300 mW laser power; orifice sizes range from 50 to 300  $\mu\text{m}$  at these powers. The valves open at power densities easily attainable with semiconductor diodes found in DVD R/W drives. Nevertheless, other visible semiconductor diodes such as those found in Bluray or CD players could also be used to open the valves.

This new laser-printed valve technology will facilitate the design and fabrication of fully integrated and automated lab-on-chip cartridges that require single-use valves, and in particular can, when combined with low-permeability materials of construction like COPs, enable long-term on-chip storage of aqueous buffers and reagents. The absence of mechanical components in the valve and its actuation process facilitate both its manufacture and use.

This technology can be adapted to multilevel microfluidics, where multiple layers of microfluidic channels are separated by multiple valving layers. As long as the laser-printed spots do not overlap, the appropriate valve can be selected on demand in any given layer, connecting channels on different layers at will.

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# 7

## **Summary, Conclusions and Future Prospects**

With many microfluidic technologies now maturing to the point where they could spur interesting commercial applications, an open question is whether these technologies are manufacturable in commercial volumes at economically viable costs; some authors claim that manufacturing costs are a principle obstacle in the commercialization of microfluidic devices.<sup>1</sup> In general, the more fabrication steps involved, the more expensive the manufacturing process. External support equipment and reagents needed to operate fluidic devices also drive system costs and, often more importantly, they can severely limit functionality and portability.<sup>2</sup> In nearly all demonstrations of microfluidic systems to date,<sup>2-9</sup> microvalves—when they are included—have dictated to lesser or greater extent the microfabrication and assembly steps and have often impacted functionality, flexibility, complexity, and cost as well.

Thermoplastic-based fluidic devices can be manufactured in large volumes at low cost through a diversity of well-established techniques, embossing and injection molding being the two most important.<sup>10-13</sup> There have been a number of demonstrations of microfluidic systems in thermoplastics,<sup>10,11,14,15</sup> but these examples are a rarity compared to microfluidic devices based on PDMS and glass.<sup>2,4,6,9,16-18</sup> Arguably, integrated microfluidic devices based on PDMS and glass<sup>2-4,6,7,9</sup> could be reconfigured as thermoplastic devices, but to date the examples of this are few, and researchers continue to actively seek ways to substitute PDMS for thermoplastics.<sup>19-22</sup> My belief is that integrated microfluidic systems should be designed from the outset with consideration of volume manufacture and commercializability, and that this naturally leads to a preference for thermoplastic components and structures.

An important recent trend is to operate microfluidic devices with the most inexpensive supporting instrumentation feasible,<sup>2,23</sup> and this in turn has led to the “borrowing” of sophisticated but inexpensive consumer electronics technologies for lab-on-a-chip systems. For example, cell phones have been employed successfully to read the results of an assay run in a paper-based microfluidic device,<sup>24</sup> and “smartphones” can power some types of lab-on-chip systems, potentially analyzing and communicating the results as well.<sup>25</sup> In the area of detection, miniature fluorescence detection systems,<sup>26</sup> lens-free holographic imaging systems,<sup>27</sup> and adaptation of optical pickup and disc-spinning technologies from compact-disc and digital-video-disc hardware<sup>28,29</sup> are examples of cleverly using affordable off-the-shelf consumer electronics components. Such approaches to capable but inexpensive systems could expedite the deployment of much-needed microfluidic-based diagnostic devices in developing nations.<sup>24</sup>

A number of different polymeric microfluidic technologies have been demonstrated in this thesis, some or all of which could form the basis for point-of-care diagnostic devices.

In Chapter 2, I discussed the lab-on-a-chip philosophy, history, and the impact that this technology is having in diverse fields. I also discussed the key components of a fully integrated microfluidic system.

In Chapter 3, the “top-down” philosophy discussed in Chapter 1 was applied in the development of a POC sedimentation cytometer (POC-SeCy) for milk quality monitoring with good results. It was shown that our SeCy can measure cell counts in a range from  $5 \times 10^4$  -  $5 \times 10^6$  cells and cream content from 3 - 7%. We investigated the best conditions, time and speed, to effect cell separation and cream band formation. A POC reader system was built so that the measurement of the cell counts and fat percentages were automated. The SeCy was initially prototyped in thermoplastic using a micromilling machine and bonding through lamination. To understand a path towards commercialization, the polymeric device was manufactured through a third party using injection molding, showing the feasibility of our concept for mass-production.

The device was designed to be used by a farmer and does not need sample preparation or any reagents. Raw milk is dispensed into one of the inlets of the SeCy. The disc then spins for 15 min in the reader system, after which two microscopes capture images of the pellet size and the cream band. Software image analysis is employed to correlate the size of the areas to the total cell count and fat percentage. Our POC-SeCy is one of the few demonstrations of a microfluidic system that can be readily deployed as a point-of-care system, does not utilize any reagents, and is easy to manufacture in large volumes at low cost.

I extended the same philosophy to the design of a microfluidic system for detecting bacteria in large volumes of milk (1 mL). Although detection of bacteria is a more challenging problem than that of counting cells because (a) they are present in much smaller quantities ( $\sim 10$ -100 cells per mL), (b) are much smaller ( $\sim 1 \mu\text{m}$ ), and (c) should ideally be identified to the species and strain level, not just counted, we developed two key technologies that should help solve this problem.

The microfluidic system demonstrated in Chapter 4 was designed to meet the challenge of capturing bacteria in a surface patterned with antibodies. The device recirculates a sample by the interplay of capillary and centrifugal forces. A motor is the only external piece of equipment needed to put this technique into practice. Recirculation can enhance the rate of surface-binding or solution-phase reaction kinetics and enables the capture of a larger fraction of target analytes from a large-volume sample by allowing the sample to flow in multiple aliquots over the same sensing surface several times. For a given assay time, (re)circulation can thus enable (i) use of smaller sample volumes without loss of assay sensitivity or (ii) more exhaustive sampling of larger sample volumes, improving limits of detection.

We developed a theoretical model of the forces operating in the liquid inside the microchannel and demonstrated it experimentally. We also demonstrated that samples can be recirculated at least 1000 times with no change other than slight evaporation. The recirculation microfluidic device is manufactured at low cost using a stack of different layers consisting mainly of thermoplastics and thin pressure-sensitive adhesives (PSAs). Plastics and PSA layers are cut with a CO<sub>2</sub> cutting laser system and then are assembled with a lamination system. We



believe that this technique has many other potential applications, for example, increasing the sensitivity of surface-binding-based biosensors and in the detection of scarce analytes (*e.g.* circulating tumour cells). By selecting the angular acceleration, final angular velocity, and incubation time between successive “spin cycles”, this platform can adjust to the characteristic binding, diffusion, and sedimentation times for any analyte and capture-surface combination. I believe this new tool will increase analyte capture efficiency and consequently diminish assay times and limits of detection of biosensors.

Pathogen detection using nucleic acid (NA) diagnostics requires the integration of different microfluidic units to perform different reactions necessary for the extraction of the nucleic acids from the cells. Any microfluidic device for the detection of pathogens in milk (and actually for most applications in food, water safety, and environmental monitoring) would be required to handle at least 1 mL of sample to find, capture, and concentrate ~10 - 100 bacteria. After the bacteria are captured, they must be lysed to release the nucleic acids. The lysate then needs to be cleaned of any contaminants that could interfere with the subsequent step of nucleic acid amplification. Reagents in various volumes have to be dispensed at predetermined times to drive the lysis, RNA purification, and nucleic acid amplification steps. Accurate thermal control is also necessary to drive all of these reactions and a reliable micro-valving and pumping system is needed to actuate all of these operations. In addition, all steps should be performed automatically with minimal supervision.

Our first attempt to solve this problem is the centrifugal microfluidic device proposed in Chapter 5, where bacteria are captured and concentrated from an initial 200  $\mu\text{L}$  volume into a 5  $\mu\text{L}$  space. A wax valve is then opened to remove most of the supernatant but retain the bacteria captured at the bottom of the container. We demonstrated that the device is able to capture up to 80% of the bacteria. The bacteria trapped in the container are then chemically lysed and overlaid with a layer of mineral oil to prevent evaporation. The RNA released after bursting open the bacteria are amplified with nucleic acid sequence-based amplification (NASBA).

Several significant challenges remain for a truly integrated microfluidic system that could automatically process one mL of sample and provide an answer of the type and quantity of bacteria present in a sample. Although not ideal, our solution addresses the part of sample pre-concentration that should facilitate the integration of other components as discussed below. With this device, it was also demonstrated that mineral oil is an effective solution to the problem of evaporation in reactions that occur at high temperatures or for long times. It was also shown that mineral oil does not mix with any of the reagents used for lysing and NA amplification.

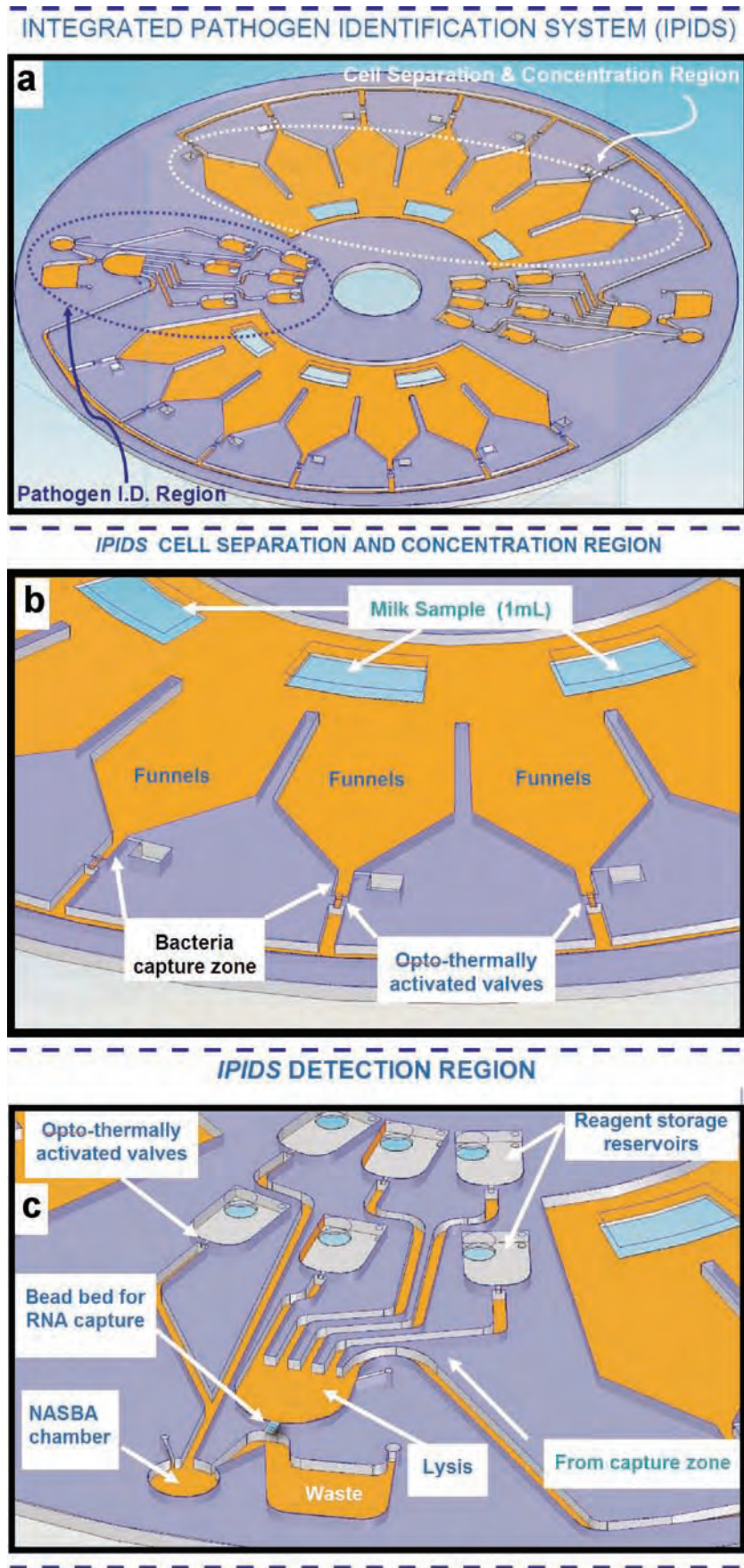
Finally, Chapter 6 describes the development of a microfluidic single-use (“one-shot”) laser valve. Only a typical office laser printer is needed to deposit black dots on a thin polymeric foil. Light from a laser diode is focused onto the black dot which melts the foil and

creates a hole to allow fluidic communication between two microfluidic channels, reservoirs, or other structures. The valve was characterized using different polymers and we investigated the time to melt the polymer foils. It was also shown that this valve can be used for isolating and later releasing stored liquid reagents, and can have other potential applications such as to route liquids to different chambers or to meter liquids.

Throughout this thesis, I have shown the fabrication, characterization, and operation of novel polymeric microfluidic technologies that could be the foundation for point-of-care and integrated diagnostic devices.

I believe the centrifugal microfluidic device presented in Chapter 5 and the single-use valves demonstrated in Chapter 6 can be the foundation of a microfluidic integrated pathogen identification system (IPIDS), which will incorporate different microfluidic units into a compact-disc (CD) platform as shown in Figure 7.1. Centrifugal forces will pump the liquids between and through the different components and also separate and concentrate bacteria by sedimentation. The IPIDS will consist of two regions, one to capture and concentrate bacteria and the other for the identification of the pathogens. The first region consists of an array of seven units similar in design to the one described in Chapter 5 that in total can contain up to 1 mL of liquid. The CD will then spin for a few minutes to separate and concentrate bacteria. Opto-thermally activated valves, as shown in Chapter 6, located beside the capture zone will then be opened to discard the supernatant solution. Next, the rest of the valves in the capture region will be opened to move the captured bacteria to the detection region.

The IPIDS detection region contains a lysis chamber where bacteria are transported after being captured. Lysis reagents are then released from the reagents storage reservoirs, mixed with the bacteria, and the lysis reaction is initiated. A silica bead bed capture region lies between the lysis and the amplification chamber. Its purpose is to retain the nucleic acids released during the lysis step; the lysate is flushed through the silica bead bed and sent to a waste chamber. The nucleic acids trapped on the surfaces of the beads are then washed with other reagents to remove any contaminants that can interfere in subsequent steps. The nucleic acids are then released with water into the amplification chamber. RNA is amplified using NASBA.



**Figure 7.1** Schematic of a fully integrated pathogen identification system (IPIDS). (a) One CD contains two IPIDS. Each system is divided in two regions, one for the separation and capture of bacteria (b) and the other for the detection of pathogens through nucleic acid amplification (c).

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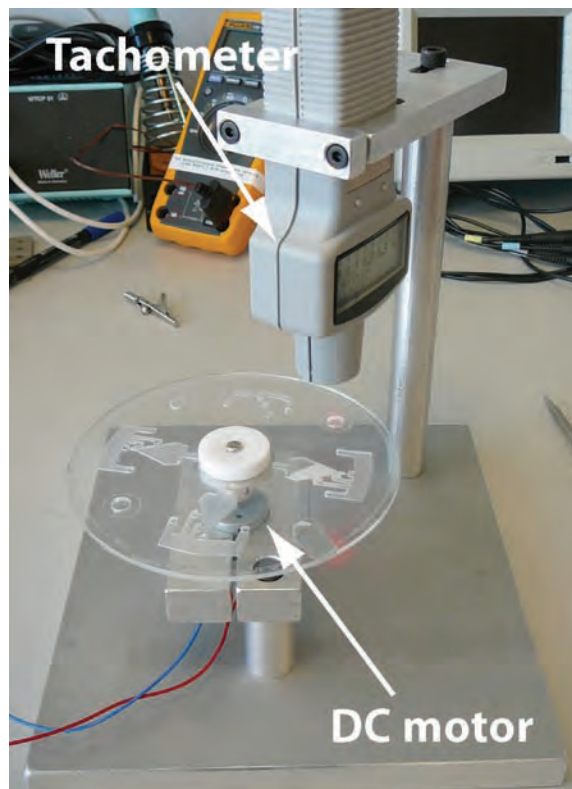


# Appendix A



Most of the experiments presented in this thesis were performed in a centrifugal test station. I assembled different centrifugal test stations throughout my research, starting from the most basic, consisting of a DC motor, to a more sophisticated version, that includes a high-sensitivity camera.

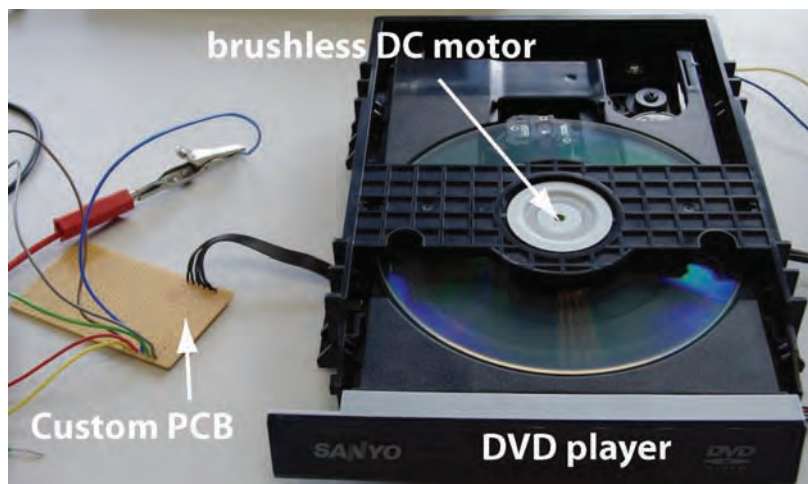
The first-generation centrifugal test station consists of a 12 VDC motor suspended on a mechanical platform as shown in Figure A.1. The motor speed is controlled with a power supply and can reach speeds of 6000 rpm. A tachometer is suspended from a post and it is used to calibrate the speed of the disk against the input voltage of the motor. Assuming that the ideal speed has been found for an application, this platform is inexpensive to set up (€3 for the motor) and light (100 g is the weight of the motor). The main problem with this setup, however, is to set the angular speed. Small differences in the disk weight change the speed for the same voltage and thus re-calibration of the voltage-speed curve is necessary for every disk.



**Figure A.1** First centrifugal platform assembled. It consisted of a DC motor and a tachometer.

In the second generation, I removed the motor from a DVD player and replaced it with a small brushless DC motor (1525BRC, Faulhaber, Switzerland). The shaft of the brushless motor was 2 mm so it was possible to just snap the motor into the player without any mechanical modifications to the motor or the DVD housing. The brushless motor comes with integrated drive electronics which provides a frequency output signal to indicate the speed. Speed control is also possible by adjusting an input voltage line. However, an electronic control box (a digital-to-analog converter combined with a tachometer for accurate control) was still required to accurately control the angular speed so the platform was abandoned in search of a

simpler solution. In addition, this platform only worked for disks with a maximum thickness of 1.5 mm. This platform is more expensive than the first platform, €95 for the motor plus the cost of the electronic control box and the DVD player casing. However, the DVD casing provides protection to the user in case the disk it is unbalanced or approaches speeds at which it could disengage from the motor spindle. The loading port of the player can also be used to automatically load and unload the disc.

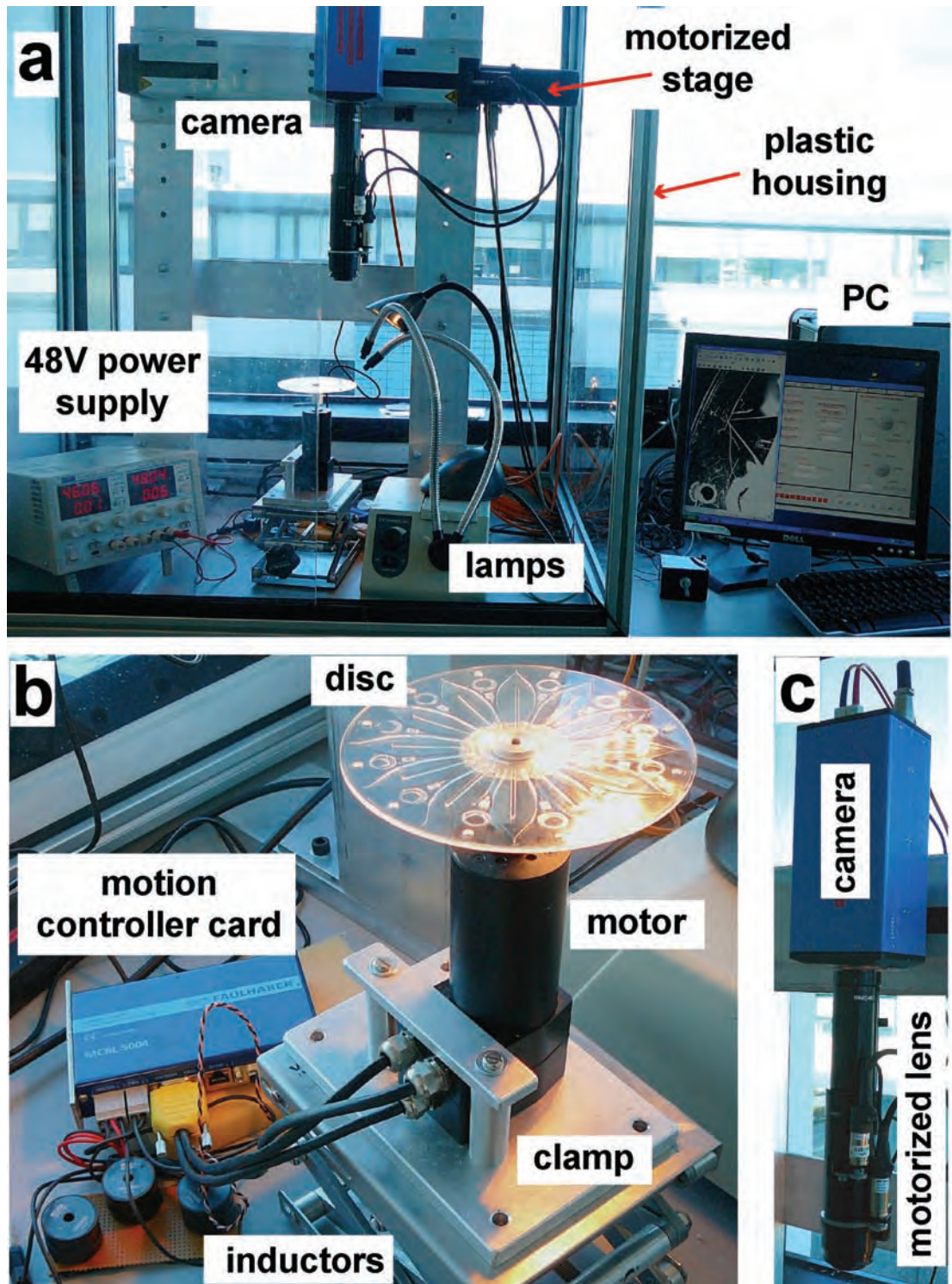


**Figure A.2** Second generation of the centrifugal platform. A DVD player was fitted with a brushless motor.

Finally, I decided to purchase a 200 W brushless DC motor equipped with an optical encoder (4490H-048B, Faulhaber, Switzerland). The motor speed, acceleration, and other parameters can be adjusted from a computer through a motion controller card (MCBL5004, Faulhaber) connected to the motor. The control software (WinMotion 2.02, Faulhaber) permits the creation of motion routines where different speeds and acceleration settings can be combined with cycles and timers.

The motor has high torque ( $\sim 200$  mN·m) and can reach speeds of up to 16,000 rpm. The motion card requires a 48 V power supply with a minimum current of 6 A. Three 200  $\mu$ H inductors, connected between the motor and the motion card, are necessary to prevent current spikes.

A high-performance cooled-detector digital camera (Sensicam qe, PCO AG, Germany) is used to image the devices while they are rotating. The camera is triggered every revolution by the motor. The camera is connected to a motorized 12X zoom lens (1-51314, Navitar, UK) to image small features. The camera with the lens is mounted on a motorized linear stage (8MT195-340, Standa, UK) to image different parts of the discs on its radial direction. The linear stage has a travel range of 34 cm. The camera, motorized lens, and the linear stage are all controlled from the computer.



**Figure A.3** (a) Picture of the third-generation centrifugal test stand. The motorized stage moves the camera in both directions. A plastic housing with sliding doors protects the user from any problems that may occur while the disc is spinning. A 48 V power supply is connected to the motor. Lamps are used to provide lighting around and on the disc. (b) A brushless DC motor is connected to the motion controller card, which is controlled from a PC. 200  $\mu\text{H}$  inductors are connected between the motion controller and the motor to prevent current spikes. (c) The high-sensitivity camera is connected to a motorized 12X zoom lens.

Although a more expensive test stand than its two predecessors (~€25,000), it offers several advantages: motion routines can be programmed and stored in the motion card memory, which reduces the time to test new structures or designs; fluid motion can be imaged with the CCD camera; different parts of the disc can be imaged while it is rotating; and the lens can be adjusted from the computer to different magnification power so that small or large structures can be observed.

The different centrifugal test stands have different uses. The most expensive test stand is ideal for the research environment as different motion routines can be programmed into it and the flow of liquids can be recorded while the disc spins. Due to its excessive cost, it is very difficult to imagine that such a test stand would ever be used at any point-of-care setting. Nevertheless, this test stand can be used to test proper functioning of a device before the motion routine is transferred to a more economical platform. The other two test stands are more economical and some version of these might be used at point-of-care settings.

# List of Publications, Conference Proceedings, and Patents

## Journals

- [1] I.K. Dimov, **J.L. Garcia-Cordero**, J. O'Grady, C. Poulsen, C. Viguier, L. Kent, P. Daly, B. Lincoln, M. Maher, R. O'Kennedy, T.J. Smith, A.J. Ricco, and L.P. Lee, *Integrated microfluidic tmRNA purification and real-time NASBA device for molecular diagnostics*, Lab Chip, 2008, **8**, 2071 – 2078
- [2] **J.L. Garcia-Cordero**, L. Basabe-Desmonts, J. Ducree, and A.J. Ricco, *Liquid recirculation in microfluidic channels by the interplay of capillary and centrifugal forces* (accepted for publication in Microfluidics and Nanofluidics)
- [3] **J.L. Garcia-Cordero**, L.M. Barret, R. O'Kennedy, and A.J. Ricco, *Microfluidic sedimentation cytometer for milk quality and Bovine Mastitis monitoring* (accepted for publication in Biomedical Microdevices)
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