# Integrating cognitive, motivational and emotional self-regulation in early stage entrepreneurs

# **VOLUME 2 OF 2: APPENDICES**

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# **APPENDICES PERTAINING TO CHAPTER 7**

Appendix 7.1. Summary of Sources of Material for the design of the Interview and Questionnaire

Section	Topic	Source of Method	
	Intervi	iew	
Section 3	General Information	Lans et al (2004) and self-developed	
Section 4 & 6	Planning	Kraus (2003); Frese et al. (2007)	
Section 5 & 7			
		Baumgartner & Pieters (1998)	
Section 8	Entrepreneurial Orientation	Kraus (2003)	
	Learning Orientation		
	Innovation Orientation		
	Autonomy Orientation		
	Question		
1	Self-perceptions of success	Kraus (2003)	
1	Empirical measures of success	Baron (2007)	
2	<b>Entrepreneurial Orientation</b>	Kraus (2003); Kraus et al (2005)	
	Risk-taking	Gomez-Mejia and Balkin (1989); Norton and	
		Moore (1998)	
	Competitive Aggressiveness	Covin & Covin (1990)	
	Personal Initiative	Frese et al (1997); Frese et al (1996)	
3	Entrepreneurial Self-Efficacy Scale	DeNoble, Jung & Ehrlich (1999)	
3	Creative Self-Efficacy Scale	Tierney & Farmer (2002)	
4	Work Engagement	Schaufeli et al (2002)	
5	Problem-Focused Coping	COPE; Carver, Scheier & Weintraub (1989)	
6	Emotion Regulation Questionnaire	Gross & John (2003)	
	(ERQ)		
7	Demographic information	Self-developed	
	Job experience		
	Education		
	External Que		
	External Evaluation of Success	Adapted from Kraus (2003)	

# Appendix 7.2. Background Information Questionnaire

Participant ID:	Date:
1a. Have you, alone or with others, started a new independent firm?	pendent firm, or are you currently trying to start a
Yes	No
(Please circle as appropriate) (If no, please move on to question 2a overleaf).	
1.b. Do you own a share in this business?	
Yes	No
1.c. When was this business started (please indicate ho	ow long ago in <b>months</b> ) months
1.d. Please give details about the type of business and	the main products/services.
1.e. Where is this business located?	
Town/City:	County:
1.f. Has this business started to pay wages or salaries?	
Yes	No
1.g. If this business is paying wages or salaries, for ho	w long (in months) has it been doing so?
	months

2a. Have you ever (Please circle as		th others, attemp	pted to start a bu	isiness and give	n up?	
	Yes				No	
2.b. If <b>yes</b> , pleas	e indicate the	number of busin	nesses which yo	ou have started:		
0 (No)	1	2	3	4	5	6 or more
3.a. Have you ev transferred? (Please circle as		vner of a busines	ss that may have	e become inacti	ve, shut down,	, sold, or
	Yes				No	
3.b. If <b>yes</b> , pleas transferred:	e indicate the	<b>number</b> of busin	nesses which be	ecame inactive,	shut down, sol	ld or
0 (No)	1	2	3	4	5	6 or more
4. Would you be entrepreneurs lea (Please circle as	arn?	e part in an inter	rview which for	ms part of resea	rch examining	g how

### **Appendix 7.3. Interview Protocol**

### Materials Needed

-Recording device plus microphone -Contact Details Form

-paper and pens -Questionnaire

-Screening Questionnaire -External Evaluation Form for consent.

-Cards -Marking Schemes

### 1. Introduction

• The purpose of this interview is to look at the **goals** entrepreneurs set for themselves.

The results of your interview will be pooled with those of other similar interviews to examine
whether any common themes will emerge, and whether these can then be linked to performance and
success.

### 2. Informed Consent

Before I start, I need to let you know that:

- consenting to take part in this research is voluntary and you can withdraw at any time.
- any information provided will be considered private and treated confidentially.
- this research is guided by the Code of Ethics devised by the Psychological Society of Ireland.

Finally, before starting, I'd like to ask you whether you would mind if I record the interview, the reason being that in order to be able to examine the results of all the interviews, I need to keep an accurate record of what was said.

These recordings will only be used for the purposes of my research and will remain in my possession. Once the information has been analysed, the data will be destroyed.

### PRESS RECORD BUTTON.

### 3. General

3.1. To begin with, could you give me a general picture of your company? (PROMPT: Can you give me some examples of products or services that you offer?)

get information on type of company to enable classification into one of the following sectors

- **Extraction**. Agriculture, forestry, fishing and mining (extraction of products from the natural environment).
- **Transformation**. Construction, manufacturing, transportation, and wholesale distribution (physical transformation or relocation of goods and people).
- **Business services**. Where the primary customer is another business.
- Consumer-oriented. Where the primary customer is a physical person (e.g. retail, restaurants and bars, lodging, health education, social services and recreation).

Find out what country business is based in.

3.2. How did you get into this area of work/business?/ What prompted you to start your own business?

### 4. Goals and Strategy Process Characteristics (Planning)

To begin with, I'd talk quite generally about your business. In this section, I am interested in your overall goals for your business. (What are you most interested in? What targets do you have? What do you want to achieve in your business?)

I have written down a number of goals that have been shown to be important. I would like to know, what ones are most important for your business, and which ones are least important.

**Please put these cards into an order of importance**. Start with the most important one, then select the next most important one etc.

Write down the ranking of the cards: 1. 'innovativeness', 2. 'improve marketing strategy', 3. 'improve product/service', 4. 'perform better than competitors', 5. 'expanding', 6. 'make more profit'.

In the following, discuss the <u>two most important goals</u> (no. 1 and no. 2) in detail with regard to goal specificity, goal difficulty and strategy.

Ask for completeness, realism, planning and proactiveness.

**Prompts:** What do you mean by...? Can you give me an example for...? Do you want to do it differently in the future, how?

General prompt: repeat what S just said.

DON'T SAY: e.g. Are you planning this in detail.

DON'T STOP until it is known which strategy is used here (oppor, critp, compl, react)

One at a time, I'd like to discuss your two most important goals (goals no. 1 and goals no. 2) in a little more detail.

### **GOAL NUMBER 1**

4.1. So, focusing on (**point to goal no. 1**), can you tell me a bit more about your goals in this area. What do you want to achieve in this area? What do you aim for? (*Ask questions one at a time- not together*)

Aim: to find out what objectives are

Should lead to a description of operational subgoals

Be sure not to suggest any specificity.

4.1.2. Do you think this is a goal which is difficult to achieve or is it easy to achieve?

[Prompt: Do you think that your competitors have easier or harder ones?] Don't stop until you know how specific or difficult the goal is.

### In the following (section 1.2.) discuss the strategies of goal no. 1 in detail.

What needs to be known is:

- any/how much planning
- how much proactiveness
- how much reactiveness,

so a decision on "reactive", "opportunistic", "complete planning", and "critical point planning" can be made

- 4.2.1. You have said:...(**repeat the goals and subgoals that S has developed**). How do you go about achieving this goal/ these goals? or How do you reach this goal? or How do you do it?
- 4.2.2. What have you already done to achieve this goal? (possibly ask this question twice; ask for examples)

### 4.2.3. How have you done this in the past?

### Only if relevant

### 5. Anticipatory emotions (Barsade & Gibson, 2007; Bagozzi, Baumgartner & Pieters, 1998)

- 5.1. If you succeed in achieving your goal of (Goal No. 1), how intensely do you anticipate you will feel each of the following emotions? [give participant Anticipatory Emotions Answer Sheet]
- 5.1.1.Overall, how successful would you say you are at altering these emotions in order to reach your stated goal? [give participant Anticipatory Emotions Answer Sheet]
- 5.2. If you **do not succeed** in achieving your goal of (Goal No. 1), how intensely do you anticipate you will feel the following emotions? [give participant Anticipatory Emotions Answer Sheet]
- 5.2.1. Overall, how successful would you say you are at altering these emotions in order to reach your stated goal? [give participant Anticipatory Emotions Answer Sheet]

### **GOAL NUMBER 2**

### Now the same for goal no. 2.

6.1. Can you tell me a bit more about your goals in this area (**point to goal no. 2**); what do you want to achieve in this area? What do you aim for? (*Ask questions one at a time- not together*)

Aim: to find out what objectives are

Should lead to a description of operational subgoals

Be sure not to suggest any specificity.

6.1.2. Do you think this is a goal which is difficult to achieve or is it easy to achieve?

[Prompt: Do you think that your competitors have easier or harder ones?]

Don't stop until you know how specific or difficult the goal is.

### In the following discuss the strategies of goal no. 2 in detail.

What needs to be known is:

- any/how much planning
- how much proactiveness
- how much reactiveness,

so a decision on "reactive", "opportunistic", "complete planning", and "critical point planning" can be made

- 6.2.1. You have said:...(**repeat the goals and subgoals that S has developed**). How do you go about achieving this goal/ these goals? or How do you reach this goal? or How do you do it?
- 6.2.2. What have you already done to achieve this goal? (possibly ask this question twice; ask for examples)

### 6.2.3. How have you done this in the past?

Only if relevant

### 7. Anticipatory emotions

- 7.1. If you succeed in achieving your goal of (Goal No. 2), how intensely do you anticipate you will feel each of the following emotions? [give participant Anticipatory Emotions Answer Sheet]
- 7.1.1. Overall, how successful would you say you are at altering these emotions in order to reach your stated goal? [give participant Anticipatory Emotions Answer Sheet]
- 7.2. If you **do not succeed** in achieving your goal of (Goal No. 2), how intensely do you anticipate you will feel the following emotions? [give participant Anticipatory Emotions Answer Sheet]

7.2.1. Overall, how successful would you say you are at altering these emotions in order to reach your stated goal? [give participant Anticipatory Emotions Answer Sheet]

### 8. Entrepreneurial Orientation

### **Learning Orientation**

8.1. If you could start your business again, what would you do differently? (also important: concreteness, evidence of learning)

### **Autonomy Orientation**

8.2. What would happen if somebody would pay you good money to take over your firm and would make you the manager of the firm. You would have an income equivalent to a CEOs/ at least the same as your current income. Would you accept it? Why?

### **Innovative Orientation**

- 8.3. Do you plan to change your product-mix or service-mix in the next six months or year? In what way? If "no", go to 6.4.
- 8.3.1. Why do you plan to change your product (or service) mix?
- 8.4. Since you started your business/company (if new) OR over the last two years (if in operation longer), did you have a good or creative or innovative idea with regard to your business? What was this idea? (repeat if no answer or *prompt: I mean an idea where you said to yourself: Yes, that was a really good idea- it helps my business.*).
- 8.4.1. Was this your own idea or did you get if from someone else? Where did you get it from?

### 9. Questionnaire

### 10. Permission for external evaluation

I'd also like to get the opinion of someone who knows you and you're business by asking them to complete a short one-page questionnaire (*show questionnaire to interviewee*). Would you mind if you I asked X / Can you suggest someone who would complete the following questionnaire about your business?

### 11. Closing Information

Thank you very much for your time and effort. As I mentioned at the beginning, all the information you have given to me today will be treated in the strictest confidence. If you would like to provide me with your contact details, I can send you a transcribed copy of this interview in case you want to review, amend or clarify any points.

Give Contact Details Form to Interviewee.

Have you any other questions or comments you would like to make?

Finally, I wish you the very best with all your future endeavours.

### **Entrepreneurial Goals Cards**

# **GOAL**

# **Show Innovativeness**

## **GOAL**

Improve Marketing Strategy

**GOAL** 

# Improve the way to produce a Product/ Service

**GOAL** 

# Perform better than Competitors

**GOAL** 

# Expansion

**GOAL** 

Make More Profit

# Anticipatory Emotions Answer Sheet (for use during interview)

Goal No. 1:	Participant:
Juli 110. 1.	i ai acipant.

If you **succeed** in achieving your goal of (Goal No. 1), how intensely do you anticipate you will feel each of the following emotions?

	Not at all				Very much
Excitement	1	2	3	4	5
Delight	1	2	3	4	5
Happiness	1	2	3	4	5
Gladness	1	2	3	4	5
Satisfaction	1	2	3	4	5
Pride	1	2	3	4	5
Self-assurance	1	2	3	4	5

If you **do not succeed** in achieving your goal of (Goal No. 1), how intensely do you anticipate you will feel the following emotions?

	Not at all				Very much
Anger	1	2	3	4	5
Frustration	1	2	3	4	5
Guilt	1	2	3	4	5
Shame	1	2	3	4	5
Sadness	1	2	3	4	5
Disappointment	1	2	3	4	5
Depression	1	2	3	4	5
Worry	1	2	3	4	5
Discomfort	1	2	3	4	5
Fear	1	2	3	4	5

Goal No. 2: Participant:
--------------------------

If you **succeed** in achieving your goal of (Goal No. 2), how intensely do you anticipate you will feel each of the following emotions?

	Not at all				Very much
Excitement	1	2	3	4	5
Delight	1	2	3	4	5
Happiness	1	2	3	4	5
Gladness	1	2	3	4	5
Satisfaction	1	2	3	4	5
Pride	1	2	3	4	5
Self-assurance	1	2	3	4	5

If you **do not succeed** in achieving your goal of (Goal No. 2), how intensely do you anticipate you will feel the following emotions?

	Not at all				Very much
Anger	1	2	3	4	5
Frustration	1	2	3	4	5
Guilt	1	2	3	4	5
Shame	1	2	3	4	5
Sadness	1	2	3	4	5
Disappointment	1	2	3	4	5
Depression	1	2	3	4	5
Worry	1	2	3	4	5
Discomfort	1	2	3	4	5
Fear	1	2	3	4	5

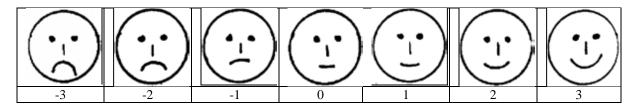
### **Appendix 7.4. Questionnaire**

### **SECTION 1.**

Please indicate the answer that best represents your opinion, by circling as appropriate.

	_	Not at all successful	Not that successful	Medium successful	Somewhat successful	Very successful
1.	How successful are you as an entrepreneur compared to your competitors?	1	2	3	4	5
		Not at all satisfied	Not that satisfied	Neither satisfied nor dissatisfied	Satisfied	Very satisfied
2.	How satisfied are you with your work as an entrepreneur?	1	2	3	4	5

3. How satisfied are you with your current income?



4. In the following, please indicate on the scale provided, for each pair of statements of entrepreneurs, which of the following statements applies most to you.

### (a) Entrepreneur A:

"I am satisfied as long as my business provides a living for my family and myself."

### **Entrepreneur B:**

"I am satisfied as long as my business keeps growing and becomes bigger."

	Exactly like A	More like A	More like B	Exactly like B
ſ	1	2	3	4

### (b) Entrepreneur A:

"I just do this business as long as I cannot find another, better job."

### **Entrepreneur B:**

"I really like to be an entrepreneur on my own- I don't want another job."

Exactly like A	More like A	More like B	Exactly like B
1	2	3	4

### (c) Entrepreneur A:

"If I earn enough money for my family, that is good enough."

### **Entrepreneur B:**

"I want my business to grow as much as possible."

1 Want my cusiness to grew as mach as possible.							
Exactly like A	More like A	More like B	Exactly like B				
1	2	3	4				

"I am really interested in what I do now as an entrepreneur; I would not like to do anything else."

### **Entrepreneur B:**

"I don't care what exactly I work on as long as I earn money with it."

Exactly like A	More like A	More like B	Exactly like B
1	2	3	4

The following questions relate to milestones which entrepreneurs typically go through in the first few years of setting up their business. Please answer yes or no to each question. If yes, please give further details as requested.

5. Has the company been	n officially incorporated? Yes		No
a. If yes, please indicate t incorporation:	he date of official		
6. Have you developed a	business plan in relation to	your venture?	
	Yes		No
a. If yes, has this business partner etc.?	s plan been evaluated by an ex	sternal source (e.g. venture	e capitalist; potential
partner etc.?	Yes		No
b. Source of Evaluation:			
c. This evaluation was:	-		
Very negative 1	Somewhat negative 2	Somewhat positive 3	Very positive 4
7. Has your venture bee	n successful in acquiring fol Yes	low-up financing?	No
8. Has your company m	ade its' first sale?		
	Yes		No
a. If yes, Please indicate t was made (in months):	he <b>time</b> from <b>official start-u</b> j	p to when the first sale	
9. Has your company re	ached break-even point?		
	Yes		No
a. If yes, please indicate t break-even point was re	he <b>time</b> taken from <b>official st</b> ached (in months):	art-up to when the	

10. At this point in time, please indicate the <i>number of patents and trademarks</i> that your business holds (if any):	
11. If applicable, please indicate the number of employees currently working in your business?	
a. If applicable, please indicate <b>how long</b> after the official start-up did you <b>employ your first employees</b> (in months):	

**SECTION 2a.**Please indicate the degree to which you agree with the statements below by circling as appropriate

Please indicate the degree to which you a	gree with the	statements be	low by circlin	ig as approp	riate.
	Strongly Disagree	Disagree	Neither agree nor	Agree	Strongly Agree
1. I am not willing to take risks when choosing a work environment.	1	2	disagree 3	4	5
2. I prefer a low risk/ high security work environment with predictable income over a high risk and high reward environment.	1	2	3	4	5
3. I prefer to remain in an environment that has problems that I know about, rather than to take the risks of a new environment that has unknown problems, even if the new environment has greater rewards.	1	2	3	4	5
4. I view job-related risk as a situation to be avoided at all costs.	1	2	3	4	5
5. I actively approach problems	1	2	3	4	5
6. Whenever something goes wrong, I search for a solution immediately.	1	2	3	4	5
7. Whenever there is a chance to get actively involved, I take it.	1	2	3	4	5
8. I take initiative immediately even when others don't.	1	2	3	4	5
9. I use opportunities quickly in order to attain my goals.	1	2	3	4	5
10. Usually, I do more than I am asked to do.	1	2	3	4	5
11. I am particularly good at realising ideas.	1	2	3	4	5

**SECTION 2b.** *Please indicate the degree to which you agree with the statements below by circling as appropriate.* 

In dealing with its competitors, my enterprise:

Typically responds to actions which competitors initiate	1	2	3	4	5	Typically initiates action which competitors then respond to
Is very seldom the first business to introduce new products/services, administrative techniques, operating technologies etc.	1	2	3	4	5	Is very often the first business to introduce new products/services, administrative techniques, operating technologies etc.
Typically seeks to avoid competitive clashes, preferring a 'live and let live' posture	1	2	3	4	5	Typically adopts a very competitive, 'undo-the-competitors' posture

# **SECTION 3.** *Please indicate the degree to which you agree with the statements below by circling as appropriate.*

How capable do you believe you are in performing each of the following tasks?

now capable do you beneve you are my	Strongly Disagree	Disagree	Neither agree nor disagree	Agree	Strongly Agree
1. I can work productively under continuous stress, pressure and conflict.	1	2	3	4	5
2. I can develop and maintain favourable relationships with potential investors.	1	2	3	4	5
3. I can see new market opportunities for new products and services.	1	2	3	4	5
4. I can recruit and train key employees	1	2	3	4	5
5. I can articulate vision and values of the organisation.	1	2	3	4	5
6. I can discover new ways to improve existing products.	1	2	3	4	5
7. I can develop relationships with key people who are connected to capital sources.	1	2	3	4	5
8. I can identify new areas for potential growth.	1	2	3	4	5
9. I can develop contingency plans to backfill key technical staff.	1	2	3	4	5

	Strongly Disagree	Disagree	Neither agree nor	Agree	Strongly Agree
10. I can inspire others to embrace vision and values of the company.	1	2	disagree 3	4	5
11. I can tolerate unexpected changes in business conditions.	1	2	3	4	5
12. I can design products that solve current problems.	1	2	3	4	5
13. I can identify potential sources of funding for investment.	1	2	3	4	5
14. I can create a working environment that lets people be their own boss.	1	2	3	4	5
15. I can persist in the face of adversity.	1	2	3	4	5
16. I can create products that fulfil customers' unmet needs.	1	2	3	4	5
17. I can formulate a set of actions in pursuit of opportunities.	1	2	3	4	5
18. I can develop a working environment that encourages people to try out something new.	1	2	3	4	5
19. I can bring product concepts to market in a timely manner.	1	2	3	4	5
20. I can determine what the business will look like.	1	2	3	4	5
21. I can encourage people to take initiatives and responsibilities for their ideas and decisions, regardless of outcomes.	1	2	3	4	5
22. I can identify and build management teams.	1	2	3	4	5
23. I can form partner or alliance relationship with others.	1	2	3	4	5
24. I feel that I am good at generating novel ideas.	1	2	3	4	5
25. I have confidence in my ability to solve problems creatively.	1	2	3	4	5
26. I have a knack for further developing the ideas of others.	1	2	3	4	5

### **SECTION 4.**

The following 17 statements are about how you feel at work. Please read each statement carefully and decide if you ever feel this way about your job. If you have never had this feeling, circle the '0' (zero) in the space after the statement. If you have had this feeling, indicate how often you feel it by crossing the number (from 1 to 6) that best describes how frequently you feel that way.

	Never	Almost Never/ A few times a year or less	Rarely Once a month or less	Sometimes A few times a month	Often Once a week	Very Often A few times a week	<b>Always</b> Everyday
1. At my work I feel bursting with energy.	0	1	2	3	4	5	6
2. I find the work that I do full of meaning and purpose	0	1	2	3	4	5	6
3. Time flies when I'm working	0	1	2	3	4	5	6
4. At my job, I feel strong and vigorous	0	1	2	3	4	5	6
5. I am enthusiastic about my job	0	1	2	3	4	5	6
6. When I am working, I forget everything else around me	0	1	2	3	4	5	6
7. My job inspires me	0	1	2	3	4	5	6
8. When I get up in the morning, I feel like going to work	0	1	2	3	4	5	6
9. I feel happy when I am working intensely	0	1	2	3	4	5	6
10. I am proud of the work that I do	0	1	2	3	4	5	6
11. I am immersed in my work	0	1	2	3	4	5	6
12. I can continue working for very long periods at a time	0	1	2	3	4	5	6
13. To me, my job is challenging	0	1	2	3	4	5	6
14. I get carried away when I'm working	0	1	2	3	4	5	6

	Never	Almost Never/ A few times a year or less	Rarely Once a month or less	Sometimes A few times a month	Often Once a week	Very Often A few times a week	<b>Always</b> Everyday
15. At my job, I am very resilient, mentally	0	1	2	3	4	5	6
16. It is difficult to detach myself from my job	0	1	2	3	4	5	6
17. At my work I always persevere, even when things do not go well	0	1	2	3	4	5	6

### **SECTION 5.**

In this section, we are interested in how people respond when they confront difficult or stressful events in the setting up of a business. There are lots of ways to try to deal with stress. This section asks you to indicate what **YOU** have been doing, when **YOU** have experienced stressful events since beginning the process of starting your business. Obviously, different events bring out somewhat different responses, but think about what you have been doing when you are under a lot of stress.

Please try to respond to each item separately in your mind from each other item. Choose your answers thoughtfully, and make your answers as true FOR YOU as you can. Please answer every item. There are no "right" or "wrong" answers, so choose the most accurate answer for YOU--not what you think "most people" would say or do. Indicate what YOU have been doing when YOU have experienced a stressful event associated with your venture.

	I haven't done this at all	I have done this a bit	I have done this a medium amount	I have done this a lot
1. I concentrate my efforts on doing something about it.	1	2	3	4
2. I make a plan of action.	1	2	3	4
3. I keep myself from getting distracted by other thoughts or activities.	1	2	3	4
4. I restrain myself from doing anything too quickly.	1	2	3	4
5. I try to get advice from someone about what to do.	1	2	3	4
6. I take additional action to try to get rid of the problem.	1	2	3	4
7. I try to come up with a strategy about what to do.	1	2	3	4
8. I focus on dealing with this problem, and if necessary let other things slide a little.	1	2	3	4

	I haven't done this at all	I have done this a bit	I have done this a medium amount	I have done this a lot
9. I hold off doing anything about it until the situation permits.	1	2	3	4
10. I talk to someone to find out more about the situation.	1	2	3	4
11. I take direct action to get around the problem.	1	2	3	4
12. I think about how I might best handle the problem.	1	2	3	4
13. I try hard to prevent other things from interfering with my efforts at dealing with this.	1	2	3	4
14. I make sure not to make matters worse by acting too soon.	1	2	3	4
15. I talk to someone who could do something concrete about the problem.	1	2	3	4
16. I do what has to be done, one step at a time.	1	2	3	4
17. I think hard about what steps to take.	1	2	3	4
18. I put aside other activities in order to concentrate on this.	1	2	3	4
19. I force myself to wait for the right time to do something.	1	2	3	4
20. I ask people who have had similar experiences what they did.	1	2	3	4

### **SECTION 6.**

In this section, we are interested in how you control emotions associated with tasks that you need to do in order to ensure the success of your business. Please indicate the degree to which you agree with the statements below by circling as appropriate.

	Strongly Disagree	Disagree	Neither agree nor disagree	Agree	Strongly Agree
1. I control my emotions by changing the way I think about the situation I'm in.	1	2	3	4	5
2. I control my emotions by not expressing them.	1	2	3	4	5
3. When I want to feel less negative emotion, I change the way I'm thinking about the situation.	1	2	3	4	5
4. When I am feeling negative emotions, I make sure not to express them.	1	2	3	4	5

	Strongly Disagree	Disagree	Neither agree nor disagree	Agree	Strongly Agree
5. When I want to feel more positive emotion, I change the way I'm thinking about the situation.	1	2	3	4	5
6. I keep my emotions to myself.	1	2	3	4	5
7. When I want to feel more positive emotion (such as joy or amusement), I change what I'm thinking about.	1	2	3	4	5
8. When I am feeling positive emotions, I am careful not to express them.	1	2	3	4	5
9. When I want to feel less negative emotion (such as sadness or anger), I change what I'm thinking about.	1	2	3	4	5
10. When I'm faced with a stressful situation, I make myself think about it in a way that helps me stay calm.	1	2	3	4	5
SECTION 7.					
1. What is your age?					
2. Are you: Male (Please circle as appropriate)	F	emale			
3. Have you friends or relatives that are or	have been er	ntrepreneurs?	(Please indic	ate the numb	per of each)
Friends	Relatives				
4. In the space provided below, please give you in setting up your business:	details of yo	our main area	s of work exp	perience whi	ch have helped
Job Title	Type of In	idustry		Approx. Len	

Type of Qualification	Subject Area	Year Conferred
(e.g. B.A., M.A. etc.)		
helped you in setting up you		g which you have undergone which has  Duration (days/months/years)
nelped you in setting up you	business:  Type of Training	
helped you in setting up you	business:  Type of Training	
nelped you in setting up you	business:  Type of Training	
6. In the space provided belo helped you in setting up you Subject Area	business:  Type of Training	

# Appendix 7.5. External Evaluation Questionnaire

Pa	rticipant:		D	ate:	
Na	me of Evaluator	:			
1.	How successful competitors?	do you think the perso	n in question is as an o	entrepreneur in compa	arison with his/her
su	elongs to the less accessful half of entrepreneurs	Belongs to the more successful half of entrepreneurs	Belongs to the upper 25% of successful entrepreneurs	Belongs to the 10% most successful entrepreneurs	Most successfu entrepreneur
	1	2	3	4	5
2.	How successful competitors?  Not at all successful	do you think the perso	n in question is as an e	Somewhat successful	Very successfu
	1	2	3	4	5
<ol> <li>4.</li> </ol>	a) ( ) I a b) ( ) I a c) ( ) I a d) ( ) I a e) ( ) Ot	ationship to the person m an employee of Ente m an employee of a Co m the director/manage m an employee of a Bu her- Please Specify ou know each other? Ple	erprise Ireland bunty Enterprise Board r of an Entrepreneur S usiness Innovation Cen	d upport Service ntre	

### **Appendix 7.6. Informed Consent Form**

### I. Research Study Title

An investigation into the self-regulation processes of entrepreneurs

Principal Investigator: Deirdre O'Shea, DCU Business School, Dublin City University Supervisor: Dr. Finian Buckley, DCU Business School, Dublin City University.

### II. Clarification of the purpose of the research

This research investigates the management of the self in the process of starting a venture. It proposes a model which relates self-regulation to both psychological and external success factors in entrepreneurs. The main research questions are:

- 1. What are the goals that early stage entrepreneurs and new business owners set for themselves?
- 2. How do entrepreneurs manage cognition, emotion and motivation in starting a venture?
- 3. Does this management relate to performance or success in entrepreneurial ventures?

### III. Confirmation of particular requirements as highlighted in the Plain Language Statement

<u>Participant – please complete the following (Circle Yes or No for each question)</u>	
Do you understand the information provided?	Yes/No
Are you aware that your interview will be audiotaped?	Yes/No
Have you had an opportunity to ask questions and discuss this study?	Yes/No
Have you received satisfactory answers to all your questions?	Yes/No

### IV. Confirmation that involvement in the Research Study is voluntary

- Consenting to take part in this research is *voluntary and you can withdraw at any time*.
- Any information provided will be considered private and treated confidentially.
- This research is guided by the Code of Ethics devised by the Psychological Society of Ireland

# V. Advice as to arrangements to be made to protect confidentiality of data, including that confidentiality of information provided is subject to legal limitations

Throughout the research, data will be stored on a password protected personal computer. Following completion of the research, all data will be destroyed.

### VII. Signature:

I have read and understood the information in this form. My questions and concerns have been answered by the researchers. Therefore, I consent to take part in this research project

Participants Signature:			
Name in Block Capitals:			
Witness:			
Date:			

### Appendix 7.7. Coding Scheme for Interview data

#### Goals

### (i) Achievement Goal Orientation (DeShon & Gillespie, 2005; Schmidt, Dolis & Tolli, 2009)

### Mastery Approach Goal

- Statements of sub-goals that emphasise a focus on developing one's competence, the desire to learn from the experience of setting up the venture, a desire to master what was necessary in order to make the venture a success, or similar.
- Such an approach may be evidenced by individual seeking out situations where gaps exist between their goals and their performance, as they provide opportunities for growth and improvement
- May be indicated by statements such as references to "being out of my comfort zone"; "pushing myself" etc.
- Such individuals also believe that challenges can be overcome through effort, so statements relating to increasing effort to achieve a goal may also indicate a mastery orientation.

### Performance Approach Goal

- Statements of sub-goals that emphasise desires to perform better than competitors, develop a product that was better than anything currently on the market, or similar. The focus is on demonstrating competence to oneself and/or others.
- · May be indicated by a focus on both needing achievement and fear of failure

### Performance Avoid Goal

- Statements of sub-goals that emphasise avoiding failure, demonstrations of incompetence, or not wishing to do poorly in relation to a principle goal.
- Such individuals are frequently threatened by and shy away from indications of struggle or potential
  failure.
- May also refer statements that emphasise avoiding a context, situation, state of affairs etc.

### Step 1:

Goal 1

Goal 2:

# mastery approach subgoals

# mastery approach subgoals

# performance approach subgoals

# performance approach subgoals

# performance avoid subgoals

# performance avoid subgoals

### Step 2: Ratings by Goal Orientation type

Mastery Approach Achievement Goal Orientation

Score for Goal 1 + Score for Goal 2

Performance Approach Achievement Goal Orientation

Score for Goal 1 + Score for Goal 2

Performance Avoid Achievement Goal Orientation

Score for Goal 1 + Score for Goal 2

### (ii) Goal Difficulty

Difficulty of participants' goals (assessed by the participants and raters) (Kraus, 2003)

### Very Difficult (5)

- very difficult with lots of effort necessary to reach, given the situation the participant is in.
- may be significant obstacles, hurdles or problems which the participant must overcome or solve in order to reach the goal, for which the solution is not necessarily immediately obvious.

### Difficult (4)

- a reasonable amount of effort necessary to reach the goal, given the situation the participant is in. *Neither difficult nor easy (3)* 
  - some effort, but not a huge amount, necessary to reach the goal, given the situation that the participant is in.
  - some obstacles or problems may be evident, but they should not pose a significant challenge to overcome.

### Easy (2)

• little effort necessary to reach the goal, given the situation the participant is in.

### Very Easy (1)

- very little, or no, effort necessary to reach the goal, given the situation the participant is in.
- no major obstacles or problems to overcome.

### Goal difficulty scale:

- Goal difficulty (goal 1) subject's estimate
- Goal difficulty (goal 2) subject's estimate
- Goal difficulty (goal 1) raters estimate
- Goal difficulty (goal 2) raters estimate

### (iii) Goal-Specificity

High Specificity (5)

- Goals that incorporate specific performance standards such as discrete values or time-linked progression stages
- Explicit and detailed through the use of targets and quotas (Steers & Porter, 1974)

High-moderate Specificity (4)

- Some evidence of specific performance standards, but may not be present for all goals *Moderate Specificity* (3)
- An indication of goals/aims, but clear progression stages may not be clarified in any great depth Low-moderate Specificity (2)
  - Reasonably vague goals, with little indication of targets, progression stages etc.

Non-specific/low specificity (1)

- Vague goals with few or no substeps
- Implicit and largely unspecified quantitatively or qualitatively (Steers & Porter, 1974)

### Planning (Frese et al., 2007)

Planning refers to the development of specific alternative behavioural paths by which a goal can be attained, or in other words, a plan is a strategy (Austin & Vancouver, 1996), but may be a simple list of subgoals. In the psychological sense, a plan means that one has some kind of order of operation for the next few seconds, minutes, months or years (Frese, 2007) and can mean everything from the first idea of how to proceed to an elaborated blueprint (Frese & Zapf, 1994).

Planning is assessed along two dimensions: (i) elaborateness and (ii) proactiveness.

### **Elaborate Plan:**

- Detail of plan
  - Goal specificity
- Number of substeps identified
  - Identify the number of subgoals
- Taking steps towards implementing certain substeps.
- past actions in similar areas
  - see goal-directed behaviour

### Highly Elaborate (5)

- include at least 3 substeps
- first actions or preparations towards accomplishing at least one of the substeps has already been done.

### Moderately Elaborate (3)

- included a plan for one issue of substep in more detail
- if owner had done the first actions or preparations towards accomplishing the substep.

### Low in Elaborateness (1)

- no mention of a plan
- only an abstract plan was revealed that did not include concrete substeps, or no concrete action had been taken to accomplish any of the plan's substeps

### **Proactiveness of a plan:**

- 1. produces change and is not a copy of others in the relevant environment
- 2. includes unusual ideas or buying supplies, production or marketing
- 3. contains thoughts about future problems and opportunities and prepares for these problems and opportunities now and thus is not waiting to see what happens

### High proactiveness (5)

• when the thoughts of the participants included at least two of these components.

### Moderately proactive (3)

• some evidence of considering the components above, but may not be strong in these areas (e.g. may recognise a future problem, but not have considered ways to combat it).

### Low proactiveness (1)

- waiting for things to come
- · copying what others did
- not expecting future problems or opportunities and not preparing for them.

### Combining ratings for planning

- Questions and coding of plan characteristics were done for the two most important goal areas.
- Result:
- Elaborate Planning Index
- Proactive Planning Index
- The Elaborate Planning and Proactive Planning scale
  - o Goal 1: elaborate planning
  - o Goal 2: elaborate planning
  - o Goal 1: proactive planning
  - o Goal 2: proactive planning

#### Goal-directed behaviour

Relates to (i) actions in the past; i.e. to actions that have already been taken by the participant, or (ii) to intended actions which are already planned out.

### High Activity (5)

Actions taken in relation to all sub-goals

Somewhat high activity (4)

Actions taken towards a number of sub-goals with plans in place to take other steps.

### Moderate Activity (3)

 Actions identified for all sub-goals, but steps towards achieving these actions may not as yet have been taken

### Moderate/Low activity

• Actions may have been identified for some (but not all) sub-goals, but steps towards achieving these actions may not as yet have been taken.

### Low Activity (1)

- No steps taken in relation to sub-goals
- No intentions to take action in the near future

### No Activity (0)

No actions taken in relation to sub-goals, with no plan/strategy, or no intention to take action.

### Combining rating for goal-directed behaviour

- Actions in the past- Goal 1
- Actions in the past- Goal 2

### Entrepreneurial Orientation: Qualitative measures

Three components of entrepreneurial orientation were assessed through interview: (i) Learning Orientation, (ii) Autonomy Orientation and (iii) Innovative Orientation.

### (i) Learning Orientation

Willingness to learn from experience and foster personal development on that basis (Kraus, 2003) Scale

- Learning Orientation (Interviewer evaluation) (1-5)
- Evidence of learning from experience (1-5)

### Learning Orientation: Interviewer Evaluation

### High Learning Orientation (5)

• Participant demonstrates a strong desire to learn from experience and engage in relevant personal development activities, and shows evidence of having done this.

### Moderate Learning Orientation (3)

• Participant recognises areas where they may need to learn more or engage in personal development activities, but may not have set plans to engage in such as yet.

Low Learning Orientation (1)

- Participant does not demonstrate a strong desire to learn from experience and engage in relevant development activities.
- Shows little or no evidence of engaging in any such activities.

### Evidence of Learning from Experience

### *High* (5)

- Participant shows evidence of actively approaching a situation, either with an explicit intention
  to learn and/or demonstrating evidence of reflecting on the experience, learning from mistakes,
  or attempting to improve in the future.
- Participants who may not wish to change much, but may demonstrate evidence of having planned and monitored their actions in order to ensure that no grievous errors were made.

### Moderate (3)

Participant may show some evidence of recognising that the experience was one in which they
learned, but may not strongly demonstrate evidence of reflection, learning from mistakes, or
changing their behaviour in future as a result of the experience.

#### Low (1)

Participant demonstrates little or no evidence of reflecting on past actions, or considering how
they could have been achieved more effectively. Little evidence of changing their behaviour as a
result of past experience.

### (ii) Autonomy Orientation

The individual's preference for self-employment (Kraus, 2003)

Disliking of hierarchical authority and need for autonomous action. The desire to express one's individuality in the workplace, to disliking superior's orders and the refusal of being just a cog in an organisational machine (Kraus, 2003).

### Scale

- Shows autonomy orientation (1-5)
- Autonomous orientation (interviewer evaluation) (1-5)

### Evidence of Autonomy Orientation (more proximal)

High Evidence of Autonomy Orientation (5)

 high motivation demonstrated with regard to realising one's own ideas and visions for the business.

Moderate Evidence of Autonomy Orientation (3)

- Moderate motivation with regard to realising one's own ideas and visions for the business Low Evidence of Autonomy Orientation (1)
  - Low motivation shown with regard to realising one's own ideas and visions for the business.

### Autonomous Orientation (Interviewer Evaluation) (more distal)

Highly autonomous (5)

- Participant has a high desire to express his/her individuality in the workplace, dislikes superior's
  orders and would refuse to be a cog in the organisational wheel
- Would not return to full-time employment, and would not be happy to pass the running of the company to someone else

### Moderately autonomous (3)

- Participant would prefer to be able to express his/her individuality in the workplace, but is willing to operate in workplaces where this is not possible. He/she does not mind taking orders from superiors, but equally will work to their own schedule/goals where possible.
- Would not relish the prospect of returning to full-time employment, but if necessary would do it. Low autonomy (1)
  - Participant does not have a strong desire to express his/her individuality in the workplace, does
    not feel strongly about taking orders from superior's and does not have a problem being a cog in
    the organisational wheel
  - Would return to full-time employment, would be happy to pass the running of the company to someone else.

### (iii) Innovative Orientation

- Positive attitude towards innovation (Kraus, 2003)
- Innovativeness: Participants innovativeness in developing new business ideas and competitive advantages

### **Innovative Orientation Scale:**

- Innovativeness of change (1-5)
- Innovativeness of business idea (1-5)

• Innovativeness (interviewer evaluation) (1-5)

### Innovativeness (of change and/or business idea)

High innovativeness (5)

- Concept is new or novel
  - o it may refer to the development of a brand new product/service, but may also be novel with regard to the context that it is being utilised in (e.g. the adaptation of something from a different context)
  - o It may refer to ideas or changes that radically changed the thought processes of the individual
- a change or idea that is novel, appropriate, useful, and actionable, and is also successfully implemented (Amabile, 1997)

Moderate innovativeness (3)

- May demonstrate novelty as defined above, but the utility may be limited, or at least not explicitly evidence
- Or, maybe have clear utility but be a copy of something others are already engaged in *Low innovativeness* (1)
  - Little evidence of novelty or utility

<u>Innovativeness</u> (<u>Interviewer evaluation</u>)

*High innovative orientation (5)* 

 Participant displays a very positive attitude towards innovation and places a constant emphasis/effort on being innovative

Moderate innovative orientation (3)

• Participant may hold quite a positive attitude towards innovation, but it may not be a big focus of their work

Low innovative orientation (1)

 Participant does not display an attitude towards innovation, and/or does not attempt to be innovative in their work.

•

### Success/ Goal achievement

### 1. Objective Measure of Success:

Success Milestones: Questionnaire Section 1 Questions 5-11

Milestone	Answer	Code
1. officially	Yes	1
incorporated?	No	0
2. business plan	Yes	1
developed?	No	0
3. success in acquiring	Didn't need follow-up	1
follow-up financing?	financing	
	Yes	1
	No	0
4. company made first	Yes	1
sale?	No	0
5. company reached	Yes	1
break-even point?	No	0
6. patents and	Yes	1
trademarks?	No	0
7. employees?	Yes	1
	No	0
Total (7)		_

### 2. External Evaluation of success

Total score for 2 items: Questions 1 + 2 on External Evaluation Form

### 3. Personal Perception of Success

Total score for 3 items: Questionnaire Section 1 Questions 1-3

### **Appendix 7.8. Autocoded Transcript Headings**

Sector

Motivation for starting venture

**Goal Ratings** 

Goal Number 1

Goal 1- Difficulty

Competencies- Goal 1

Emotions- Goal 1

Motivation- Goal 1

Goal Number 2

Goal Difficulty- Goal 2

Competencies- Goal 2

Emotions Goal 2

Motivation- Goal 2

Learning Orientation

**Autonomy Orientation** 

**Innovative Orientation** 

# **Appendix 7.9. Missing Data Analysis**

Table A7.9.i Missing data analysis for dataset N = 75

	Missing		Valid
	N		N
Objective Success			
(Success Milestone) 1.7. Has your venture been successful in acquiring follow-up financing?	12	16.0	63
(Success Milestone) 1.7. Has your venture been successful in acquiring follow-up limineting:	11	14.7	64
Self-Perceptions of Success	11	14.7	0+
(Self-perception of success) 1.1. How successful are you as an entrepreneur compared to your	1	1.3	74
competitors?	1	1.5	74
Entrepreneurial Orientations			
Learning Orientation (Total)	4	5.3	71
LO2. Evidence of Learning Orientation	4	5.3	71
LO1. Learning Orientation Interviewer evaluation	4	5.3	71
Achievement orientation	2	2.7	73
	2	2.7	73 73
Competitive Aggressiveness Orientation (total) (Competitive Aggressiveness) 2b.3. seeks to avoid competitive clashes/ adopts a very	2	2.7	73 73
competitive Aggressiveness) 20.5. seeks to avoid competitive classies/ adopts a very competitive undo-the-competitor posture	2	2.7	73
	2	2.7	73
(Competitive Aggressiveness) 2b.2. very seldom the first business to introduce new/ very	2	2.7	73
often the first business to introduce new	2	2.7	72
(Competitive Aggressiveness) 2b.1. responds to actions competitors initiate/ initiates actions	2	2.7	73
competitors respond to			
(Achievement orientation) 1.4a. A. my business provides a living for my family and myself/			
B. my business keeps growing and becomes bigger	1	1.2	7.4
(Achievement orientation) 1.4c. A. If I earn enough money for my family, that is good	1	1.3	74
enough/ B. I want my business to grow as much as possible.			
Work Engagement	_		
Absorption total (Work engagement)	2	2.7	73
Dedication total (Work engagement)	2	2.7	73
Vigor total (Work engagement)	3	4.0	72
(Absorption) 4.6. When I am working, I forget everything else around me.	2	2.7	73
(Dedication) 4.5. I am enthusiastic about my job.	2	2.7	73
(Vigor) 4.4. At my job, I feel strong and vigorous.	2	2.7	73
(Absorption) 4.3. Time flies when I'm working.	2	2.7	73
(Dedication) 4.2. I find that work that I do full of purpose and meaning.	2	2.7	73
(Vigor) 4.1. At my work I feel bursting with energy.	2	2.7	73
(Vigor) 4.8. When I get up in the morning, I feel like going to work.	1	1.3	74
Goals			
Goal 2 Proactiveness of plan	1	1.3	74
Goal 2 Elaborateness of plan	1	1.3	74
Goal 2 Actions towards substeps	1	1.3	74
Goal 2 Goal Specificity	1	1.3	74
Goal 2 Difficulty Rating (Interviewer)	2	2.7	73
Goal 2 Difficulty Rating (Subject)	2	2.7	73
Goal 2 Performance Avoid Goal orientation (# goals)	1	1.3	74
Goal 2 Performance Approach Goal orientation (# goals)	1	1.3	74
Goal 2 Mastery Approach Goal orientation (# goals)	1	1.3	74
Entrepreneurial Self-Efficacy			
ESE6 Developing Critical Human Resources	1	1.3	74
ESE2 Building an innovative environment	1	1.3	74
(ESE) 3.14 I can create a working environment that lets people be their own boss.	1	1.3	74
(ESE) 3.9. I can develop contingency plans to backfill key technical staff.	1	1.3	74

Table A7.9.ii Results of mean replacement at the item level for dataset N = 75

Item	#	Original	Origin	New Mean	New SD	Sd <sub>orig.</sub> -
	missing values	Mean	al SD	210112120112	11011 02	Sd <sub>new</sub>
(Self-perception of success 1) 1.1. How successful	1	3.527	0.940	3.527	0.933	0.006
are you as an entrepreneur compared to your competitors?						
(Achievement orientation 1) 1.4a. A. my business provides a living for my family and myself/ B. my business keeps growing and becomes bigger	2	2.822	0.962	2.822	0.949	0.013
(Entre Motivation 1) 1.4b. A. I just do this business as long as I cannot find another, better job/ B. I really like to be an entrepreneur on my own- I don't want another job	1	3.730	0.477	3.730	0.474	0.003
(Achievement orientation 2) 1.4c. A. If I earn enough money for my family, that is good enough/B. I want my business to grow as much as possible.	1	3.189	0.839	3.189	0.833	0.006
(Competitive Aggressiveness 1) 2b.1. responds to actions competitors initiate/ initiates actions competitors respond to	2	3.644	0.963	3.644	0.950	0.013
(Competitive Aggressiveness 2) 2b.2. very seldom the first business to introduce new/ very often the first business to introduce new	2	3.877	1.105	3.877	1.090	0.015
(Competitive Aggressiveness 3) 2b.3. seeks to avoid competitive clashes/ adopts a very competitive undo-the-competitor posture	2	3.260	1.131	3.260	1.115	0.015
(ESE) 3.9. I can develop contingency plans to backfill key technical staff.	1	3.473	0.895	3.473	0.889	0.006
(ESE) 3.14 I can create a working environment that lets people be their own boss.	1	3.919	0.807	3.919	0.801	0.005
(VII) 4.1. At my work I feel bursting with energy.	1	4.685	0.780	4.685	0.769	0.011
(DE1) 4.2. I find that work that I do full of purpose and meaning.	2	4.767	1.112	4.767	1.097	0.015
(AB1) 4.3. Time flies when I'm working.	2	5.425	0.686	5.425	0.676	0.009
(VI2) 4.4. At my job, I feel strong and vigorous. (DE2) 4.5. I am enthusiastic about my job.	2 2	4.685 5.260	0.848 0.708	4.685 5.260	0.836 0.698	0.012 0.010
(AB2) 4.6. When I am working, I forget everything	2	4.753	1.382	4.753	1.363	0.019
else around me. (VI3) 4.8. When I get up in the morning, I feel like	1	5.162	0.828	5.162	0.822	0.006
going to work.						
LO1. Learning Orientation Interviewer evaluation	4	3.493	1.194	3.493	1.161	0.033
LO2. Evidence of Learning Orientation	4 2	3.606	1.140	3.606	1.109	0.031
Goal 2 Difficulty Rating (Subject)	2	3.288	1.060	3.288	1.046	0.014
Goal 2 Difficulty Rating (Interviewer)	2	3.356	1.046	3.356	1.032	0.014
Goal 2 Goal Specificity (Elab. Plan 1)	1	3.068	1.317	3.068	1.308	0.009
Goal 2 Actions towards substeps (Elab. Plan 3)	1	3.378	1.257	3.378	1.249	0.009
Goal 2 Elaborateness of plan	1	3.014	1.266	3.014	1.257	0.009
Goal 2 Proactiveness of plan	1	3.230	1.420	3.230	1.410	0.010

Table A7.9.iii Missing data analysis for dataset N = 64

	Miss N	ing %	Valid N
	IN	%0	IN
Coping Strategies			
(Active Cope3) 5.11. I take direct action to get around the problem.	2	3.1	62
(Plan4) 5.17. I think hard about what steps to take.	1	1.6	63
Reappraisal			
(Reappraisal 6) 6.10. When I'm faced with a stressful situation, I make myself think about it in	2	3.1	62
a way that helps me stay calm.			
Goal 1 Positive Emotions			
G1 Gladness	2	3.1	62
Goal 1 Negative Emotions			
G1 Guilt	2	3.1	62
G1 Shame	2	3.1	62
G1 Shame	1	1.6	63
G1 Sadness	1	1.6	63
G1 Depression	1	1.6	63
G2 Positive Emotions			
G2 Excitement	12	18.8	52
G2 Delight	12	18.8	52
G2 Happiness	12	18.8	52
G2 Gladness	12	18.8	52
G2 Satisfaction	12	18.8	52
G2 Pride	13	20.3	51
G2 Self-Assurance	12	18.8	52
Goal 2 Negative Emotions			
G2 Anger	13	20.3	51
G2 Frustration	13	20.3	51
G2 Guilt	13	20.3	51
G2 Shame	13	20.3	51
G2 Sadness	13	20.3	51
G2 Disappointment	13	20.3	51
G2 Depression	14	21.9	50
G2 Worry	13	20.3	51
G2 Discomfort	13	20.3	51
G2 Fear	13	20.3	51

Table A7.9.iv Results of mean replacement at the item level for dataset N = 64

Item	# missing values	Original Mean	Original SD	New Mean	New SD	$\mathrm{Sd}_{\mathrm{orig.}}$ - $\mathrm{Sd}_{\mathrm{new}}$
Gladness (G1 + G2)	1	4.06	.843	4.06	.836	.007
Depression (G1 + G2)	1	2.00	1.11	2.00	1.10	.010
(Active Cope3) 5.11. I take direct action to get around the problem.	2	3.08	.731	3.08	.719	.012
(Plan4) 5.17. I think hard about what steps to take.	1	3.38	.607	3.38	.602	.005
(Reappraisal 6) 6.10. When I'm faced with a stressful situation, I make myself think about it in a way that helps me stay calm.	2	4.00	.724	4.00	.713	.011

## **APPENDICES PERTAINING TO CHAPTER 8**

# Appendix 8.1: Assessment of the model of the direct effect of goal orientation on external success.

Table A8.1.i outlines the factor loadings, weights, composite scale reliability, and Average Variance Extracted (AVE). All of the measurement components for the external success measure met the minimum requirements. However, each of the goal orientations measures proved somewhat problematic. The AVEs were at or just below the 0.5 criteria, but the composite reliability scores were between .5 and .6, and the factor loadings for one of the indicators in each goal orientation was low. The Fornell-Larker criterion was met, with the square root of the AVE being higher than the correlations between the variables (see Table A8.1.ii), which provides evidence for convergent and discriminant validity. However, the crossloadings were somewhat problematic also.

The problematic measurement results for goal orientations in this model, compared to the direct effect model examining objective success and subjective perceptions of success may be due to a number of reasons. Firstly, the PLS algorithm iterates between the measurement model and structural model in making its path estimations, and hence, the differential results of the two goals could be indicative of the participants using varying goal orientations for different types of goals. Secondly, the sample size is reduced in this model, and this may be introducing bias into the results.

Table A8.1.i. Factor loadings, Weights, Composite Scale Reliability, and Average Variance Extracted (AVE) to assess reliability of constructs (goal orientation & external success).

Construct	Measure	Factor Loadings	Weights of measures	Composite Reliability	AVE
Mastery	G1MAGO	0.147	-0.284	.542	.477
Approach	G2MAGO	0.966	1.079		
Performance	G1PAGO	0.029	-0.029	.514	.500
Approach	G2PAGO	0.999	1.001		
Performance Avoid	G1PAvGO	0.224	0.224	.590	.500
	G2PAvGO	0.975	0.975		
External Success	ExtS1	0.900	0.557	.895	.809
	ExtS2	0.899	0.555		

Table A8.1.ii. Average Variance Extracted and correlations between constructs (goal orientation & external success).

success).	1	2	3	4
External Success	0.900			
Mastery Approach	-0.2377	0.691		
Performance Approach	0.2318	-0.3845	0.707	
Performance Avoid	-0.1234	-0.0414	-0.1268	0.707

(Note: Bold numbers on the diagonal show the square root of the AVE; Numbers below the diagonal represent construct correlations)

Table A8.1.iii. Cross-loadings for measurement model (goal orientation & external success).

	External Success	Mastery Approach	Performance Approach	Performance Avoid
ExtS1	0.900	-0.188	0.206	-0.158
ExtS2	0.899	-0.240	0.211	-0.064
G1MAGO	0.054	0.147	-0.057	0.005
G2MAGO	-0.206	0.966	-0.371	-0.037
G1PAGO	-0.007	0.029	0.029	-0.157
G2PAGO	0.231	-0.383	0.999	-0.131
G1PAvGO	-0.028	-0.090	0.045	0.224
G2PAvGO	-0.120	-0.022	-0.141	0.975

The results of the measurement model urge caution in the analysis of the structural model. However, given that the purpose in examining this model is to provide added support from an external source for the results already found in relation to the objective indicators of success and the entrepreneurs own self-perceptions of success, there is merit in examining the direct effects of goal orientations on external success. Table 8.1.iv outlines the  $R^2$  and  $Q^2$  estimations for the inner model. The  $R^2$  estimations suggest that in total, 8.2% of the variance in the external rating of success was explained by the goal orientation of the individual, which represents a small-medium effect size. To calculate the predictive relevance of each of the LVs, the blindfolding procedure was performed, with the omission distance set to 7. The  $Q^2$  cross validated commonality was above zero, but the cross-validated redundancy was below zero, suggesting that there may be issues with the predictive relevance of the model. Furthermore, none of the path coefficients were found to be statistically significant. However, estimation of the effect sizes suggests that both mastery approach and performance approach have small effects on external success, which may be suggesting that the model (due to the reduced sample size), may not have sufficient statistical power to detect significant results (see Table A8.1.v).

Table A8.1.iv. Estimation of the structural model (goal orientation, and external success).

	$\mathbb{R}^2$	R <sup>2</sup> effect size	Q <sup>2</sup> Cross validated commonality	Q <sup>2</sup> Cross validated redundancy
External Success	0.092	Small	.483	-0.717

Table A8.1.v. Statistical results for Path Coefficients (goal orientation and external success).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	$f^2$ effect size
Mastery Approach → External Success	-0.186	0.823	.226	.226	628; .256	0.031	Small
Performance Approach → External Success	0.146	0.841	.174	.174	195; .487	0.020	Small
Performance Avoid $\rightarrow$ External Success * p < .05, ** p < .001; *** p < .0001	-0.113	0.621	.181	.181	468; .242	0.012	Negligible
$t_{0.05, 4999} = 1.645$ ; $t_{0.01, 4999} = 2.576$ ; $t_{0.001, 4999} = 3.291$ (one-tailed)					ndley & Scott,	1984)	
Calculating the Confidence Interval: $CI_{95} = \beta \pm t_{CV}*SE$ where $t_{CV} = 1.96$ for two-tailed 95% Confidence Interval				(Hir	nkle, Wiersma	& Jurs, 19	998)

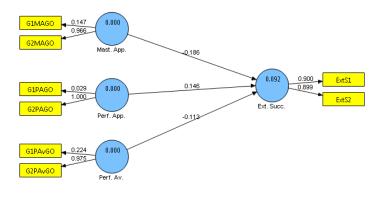


Figure A8.1.ii. Original PLS output for the model examining the direct effects of goal orientations on external success

Appendix 8.2: Model investigating the direct effects of goal orientations on objective success and self-perceptions of success.

Table A8.2.i Factor loadings, weights, composite scale reliability, and AVE to assess the reliability of constructs (goal orientations, objective success, and self-perceptions of success).

Construct	Measure	Factor Loadings	Weights of measures	Composite Reliability	AVE
Mastery	G1MAGO	0.720	0.454	0.800	0.669
Approach	G2MAGO	0.906	0.743		
Performance	G1PAGO	0.628	0.590	0.684	0.524
Approach	G2PAGO	0.808	0.779		
Performance	G1PAvGO	0.881	0.843	0.110	0.536
Avoid	G2PAvGO	-0.543	-0.475		
Objective	ObjSucc	1.00	1.00	1.00	1.00
Success	0.100 1	0.977		0.027	0.615
Self-Perceptions of Success	SelfSucc1	0.877	0.569	0.826	0.615
of Success	SelfSucc2	0.769	0.363		
	SelfSucc3	0.697	0.318		

Table A8.2.ii Average variance extracted (AVE) and correlations between constructs (goal orientation, objective success, and self-perceptions of success).

	1	2	3	4	5
1. Mastery Approach	0.818				
2. Objective Success	-0.331	1.00			
3. Performance Approach	-0.209	0.127	0.724		
4. Performance Avoid	-0.052	-0.078	-0.031	0.732	
5. Self Perceptions of success	-0.233	0.311	0.225	-0.245	0.784

(Note: Bold numbers on the diagonal show the square root of the AVE;

Numbers below the diagonal represent construct correlations)

Table A8.2.iii. Cross-loadings for measurement model (goal orientation, objective success and self-perceptions of success).

	Mastery Approach	Performance Approach	Performance Avoid	Objective Success	Self. Perceptions of success
G1MAGO	0.720	-0.066	-0.020	-0.225	-0.101
G2MAGO	0.906	-0.242	-0.057	-0.308	-0.252
G1PAGO	-0.006	0.628	-0.269	0.056	0.151
G2PAGO	-0.264	0.810	0.164	0.120	0.174
G1PAvG0	-0.080	-0.135	0.881	-0.089	-0.214
G2PAvGO	-0.033	-0.176	-0.543	0.006	0.135
ObjSucc5	-0.331	0.127	-0.078	1.00	0.311
SelfS1	-0.317	0.186	-0.215	0.315	0.877
SelfS2	-0.033	0.219	-0.210	0.271	0.769
SelfS3	-0.129	0.125	-0.145	0.105	0.697

Table A8.2.iv Estimation of the structural model (goal orientations, objective success and self-perceptions of success).

	$\mathbb{R}^2$	R <sup>2</sup> effect size	<b>Q</b> <sup>2</sup> Cross	Q <sup>2</sup> Cross
			validated commonality	validated redundancy
Objective Success	0.122	Medium	1.00	0.105
Self-Perceptions of Success	0.149	Medium	0.547	0.020

Table A8.2.v Statistical results of path coefficients (goal orientations, objective success and self-perceptions of success).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	f² effect size	
Mastery Approach → Objective Success	-0.324***	3.87	0.084	0.084	.159; .489	.114	Small- medium	
Mastery Approach → Self- Perceptions of Success	-0.210*	1.66	0.127	0.127	458; .038	.048	small	
Performance Approach → Objective Success	0.056	0.437	0.128	0.128	195; .307	.003	Negligible	
Performance Approach → Self- perceptions of Success	0.173	1.43	0.122	0.122	066; .412	.024	small	
Performance Avoid → Objective Success	-0.093	0.67	0.139	0.139	365; .179	.010	Negligible	
Performance Avoid $\rightarrow$ Self- perceptions of success * p < .05, ** p < .001; *** p < .000	<b>-0.250*</b>	2.28	0.110	0.110	466;034	.066	Small	
$t_{0.05, 4999} = 1.645; t_{0.01, 4999} = 2.576; t_{0.001, 4999} = 3.291 $ (one-tailed) (Lindley & Scott, 1984)								
Calculating the Confidence Interval: $CI_{95} = \beta \pm t_{CV} *SE$ where $t_{CV} = 1.96$ for two-tailed 95% Confidence Interval (Hinkle, Wiersma & Jurs, 1998)							998)	

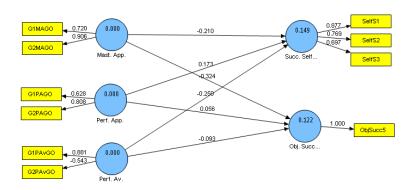


Figure A8.2.i PLS output for the direct effects of goal orientations on self-perceptions of success and objective success.

# Appendix 8.3: Model investigating the relationship between goal orientation, planning and success.

Table A8.3.i Factor loadings, Weights, Composite Scale Reliability, and Average Variance Extracted (AVE) to assess reliability of constructs (goal orientations, planning, objective and self-perceptions of success, direct effects).

Construct	Measure	Factor Loadings	Weights of measures	Composite scale Reliability	Average Variance Extracted (AVE)
Mastery	G1MAGO	0.958	0.847	.776	.645
Approach	G2MAGO	0.611	0.309		
Performance	G1PAGO	0.426	0.381	.654	.518
Approach	G2PAGO	0.925	0.906		
Performance Avoid	G1PAvGO	0.985	0.999	.531	.490
	G2PAvGO	0.090	0.171		
Planning	G1ProactPlan	0.843	0.320	.903	.701
	G1ElabPlan	0.813	0.274		
	G2ProactPlan	0.847	0.329		
	G2ElabPl <b>a</b> n	0.844	0.270		
Objective Success	ObjSucc	1.00	1.00	1.00	1.00
Self-Perceptions	SelfSucc1	0.740	0.320	.809	.593
of Success	SelfSucc2	0.928	0.691		
	SelfSucc3	0.609	0.200		

Table A8.3.ii Average Variance Extracted by constructs and correlations between constructs (goal orientations, planning, objective and self-perceptions of success, direct effects).

	1	2	3	4	5	6
Mastery Approach	0.803					
Objective Success	-0.286	1.000				
Performance Approach	-0.137	0.130	0.720			
Performance Avoid	-0.072	-0.088	-0.094	0.700		
Planning	0.269	0.231	0.369	-0.234	0.837	
Self Perceptions of Success	-0.116	0.309	0.219	-0.235	0.274	0.770

(Note: Bold numbers on the diagonal show the square root of the AVE;

Numbers below the diagonal represent construct correlations)

Table A8.3.iii. Cross-loadings for measurement model (goal orientations, planning, objective and self-perceptions

of success, direct effects).

	Mastery Approach	Performance Approach	Performance Avoid	Planning	Objective Success	Self Perceptions of Success
G1MAGO	0.958	-0.056	-0.056	0.281	-0.225	-0.082
G2MAGO	0.611	-0.291	-0.080	0.102	-0.308	-0.152
G1PAGO	-0.047	0.426	-0.323	0.146	0.056	0.179
G2PAGO	-0.132	0.925	0.032	0.346	0.120	0.167
G1PAvGO	-0.065	-0.059	0.985	-0.227	-0.089	-0.247
G2PAvGO	-0.043	-0.203	0.090	-0.040	0.006	0.073
G1ProPlan	0.357	0.293	-0.210	0.843	0.185	0.182
G1EPlan	0.290	0.219	-0.184	0.813	0.166	0.209
G2ProPlan	0.145	0.375	-0.228	0.847	0.230	0.289
G2EPlan	0.102	0.341	-0.152	0.844	0.187	0.234
ObjSucc5	-0.286	0.130	-0.088	0.231	1.00	0.309
SelfS1	-0.231	0.180	-0.148	0.142	0.315	0.740
SelfS2	-0.048	0.196	-0.260	0.305	0.271	0.928
SelfS3	-0.046	0.130	-0.039	0.089	0.105	0.609

Table A8.3.iv. Estimation of the inner model (goal orientations, planning, objective and self-perceptions of success).

	Direct effects only model				Direct and indirect effects model				
	R <sup>2</sup>	R <sup>2</sup> effect size	Q <sup>2</sup> Cross validated commonality	Q <sup>2</sup> Cross validated redundancy	$\mathbb{R}^2$	R <sup>2</sup> effect size	Q <sup>2</sup> Cross validated commonality	Q <sup>2</sup> Cross validated redundancy	
Planning	0.270	Large	.773	.196	0.259	Large	.772	.181	
Objective Success	0.080	Small- Medium	1.00	060	0.212	Medium- Large	1.00	.065	
Self- Perceptions of Success	0.075	Small- Medium	.494	.020	0.172	Medium- Large	.605	.052	

Table A8.3.v Statistical results for Path Coefficients (goal orientations, planning, objective and self-perceptions of success, direct effects).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	f² effect size
Mastery Approach → Planning	0.311**	3.16	0.098	0.098	.119; .503	.123	Small- medium
Performance Approach → Planning	0.396***	4.09	0.097	0.097	.206; .586	.200	Medium
Performance Avoid → Planning	-0.174	1.64	0.107	0.107	383; .035	.041	Small
Planning → Objective Success	0.231*	2.10	0.110	0.110	.015; .447	Not c	alculated as
Planning → Self-Perceptions of Success	0.274*	2.33	0.117	0.117	.045; .503		y one path

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$ 

where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval (Hinkle, Wiersma & Jurs, 1998)

Table A8.3.vi. Statistical results for Path Coefficients (goal orientations, planning, objective and self-perceptions of success, direct and indirect effects).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	f² effect size
Mastery Approach → Objective Success	-0.426***	4.13	0.103	0.103	628;224	.197	Medium
Mastery Approach → Planning	0.301**	2.67	0.113	0.113	.081; .542	.112	Small- medium
Mastery Approach → Self- Perceptions of Success	-0.248*	1.85	0.134	0.134	511; .014	.054	Small
Performance Approach → Objective Success	-0.090	0.716	0.126	0.126	337; .156	.008	Negligible
Performance Approach → Self-Perceptions of Success	0.081	0.625	0.130	0.130	174; .336	.005	Negligible
Performance Approach → Planning	0.422***	3.61	0.117	0.117	.193; .651	.224	Medium
Performance Avoid → Objective Success	-0.047	0.346	0.136	0.136	314; .220	.003	Negligible
Performance Avoid → Self- perceptions of success	-0.208*	1.83	0.113	0.113	429; .013	.050	Small
Performance Avoid → Planning	-0.171	1.52	0.113	0.113	392;050	.039	Small
Planning → Objective Success	0.351**	2.76	0.127	0.127	.102; .600	.115	Small- medium
Planning → Self-Perceptions of Success	0.223*	1.71	0.130	0.130	032; .477	.042	Small

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$  where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

(Hinkle, Wiersma & Jurs, 1998)

Table 8.3.vii Test of the indirect effects of Mastery Approach and Performance Approach on the three success variables, via planning.

Indirect path	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
Mastery Approach → Planning → Self- perceptions of success	.067	.660	.048	1.40	02; .17
Mastery Approach → Planning → Objective Success	.106	.105	.061	1.74*	.00; .24
Performance Approach → Planning → Self- perceptions of success	.094	.093	.062	1.52	02; .22
Performance Approach → Planning → Objective success	.148	.142	.061	2.43*	.03; .27
Performance Avoid → Planning → Self- perceptions of success	038	041	.037	-1.03	12; .02
Performance Avoid → Planning → Objective success	060	063	.050	-1.20	17; .03

<sup>\*</sup> p < .05, \*\* p < .01; \*\*\* p < .001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

t = (ab original) / (SD ab Bootstrapped)

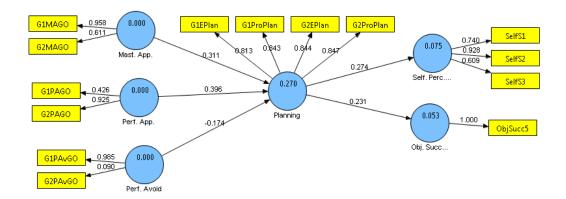


Figure A8.3.i. PLS output for the direct effects of goal orientations on planning, and planning on objective and self-perceptions of success.

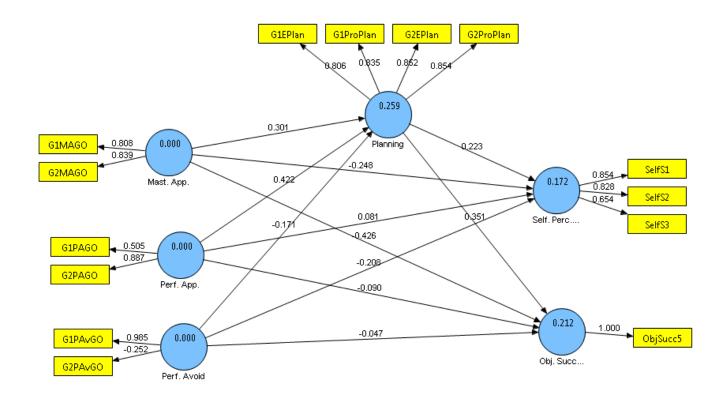


Figure A8.3.ii. PLS output for the direct and in direct effects of goal orientations via planning on objective and self-perceptions of success.

# Appendix 8.4: Analysis of the PLS Model investigating the relationship between goal orientation, planning and external success.

In this model direct and indirect effects of goal orientations and planning on external success are evaluated. The sample size requirements are the same as those outlined in section 9.3. Given that the sample size in this model is reduced to N=48, the power of the test to detect small and medium effect sizes is an issue. The measurement model calculations outlined below are based on the model including the direct paths only. The model which also includes the indirect paths did not show any significant difference in its measurement estimation. The results of the measurement model are similar to those already described in section 9.3 and hence, they will not be outlined in detail.

Table A8.4.i. Factor loadings, Weights, Composite Scale Reliability, and Average Variance Extracted (AVE) to assess reliability of constructs (goal orientations, planning, external success, direct effects).

Construct	Measure	Factor Loadings	Weights of measures	Composite scale Reliability	Average Variance Extracted (AVE)
Mastery	G1MAGO	0.988	0.921	0.759	0.632
Approach	G2MAGO	0.536	0.169		
Performance Approach	G1PAGO	0.765	0.727	.692	0.529
	G2PAGO	0.688	0.646		
Performance	G1PAvGO	0.962	0.962	0.323	0.500
Avoid	G2PAvGO	-0.272	-0.273		
Planning	G1ProactPlan	0.825	0.336	0.891	0.672
	G1ElabPlan	0.848	0.345		
	G2ProactPlan	0.791	0.277		
	G2ElabPl <b>a</b> n	0.813	0.260		
External Success	Ext1	0.838	0.409	0.888	0.800
	Ext2	0.947	0.694		

Table A8.4.ii. Average Variance Extracted by constructs and correlations between constructs (goal orientations, planning, external success, direct effects).

	1	2	3	4	5
1. External Success	0.894				
2. Mastery Approach	0.007	0.795			
3. Performance Approach	0.164	-0.076	0.727		
4. Performance Avoid	-0.019	-0.023	-0.133	0.707	
5. Planning	0.229	0.281	0.394	-0.386	0.820

(Note: Bold numbers on the diagonal show the square root of the AVE; Numbers below the diagonal represent construct correlations)

Table A8.4.iii. Cross-loadings for measurement mode	(goal orientations, planning, external success, direct
effects).	

	External Success	Mastery Approach	Performance Approach	Performance Avoid	Planning
ExtS1	0.838	0.041	0.058	0.093	0.145
ExtS2	0.947	-0.014	0.202	-0.082	0.245
G1MAGO	0.047	0.99	-0.042	-0.011	0.296
G2MAGO	-0.213	0.536	-0.221	-0.078	0.054
G1PAGO	0.020	-0.003	0.765	-0.250	0.303
G2PAGO	0.231	-0.115	0.688	0.075	0.269
G1PAvGO	-0.048	-0.023	-0.184	0.962	-0.371
G2PAvGO	-0.101	0.004	-0.162	-0.272	0.105
G1EPlan	0.254	0.276	0.348	-0.323	0.848
G1ProPlan	0.180	0.348	0.296	-0.338	0.825
G2EPlan	0.116	0.097	0.345	-0.303	0.813
G2ProPlan	0.184	0.159	0.307	-0.298	0.791

Moving to evaluate the structural model, the  $R^2$  estimations suggest that in total, 35.9% of the variance in planning was explained by the goal orientation of the participants (a large effect). Planning in turn had a small effect on external success, uniquely explaining 5.3% of its variance. Looking at the model that specified both the direct and indirect effects, goal orientations and planning combined explained 6.8% of the variance in external success. To calculate the predictive relevance of each of the LVs, the blindfolding procedure was performed, with the omission distance set to 7. In the direct effects only model, all of the  $Q^2$  results, calculated using both the construct cross validated commonality, and the construct cross validated redundancy were above 0, indicating that the model had predictive relevance. However, the cross validated redundancy for external success in the direct and indirect effects model was below zero (the cross validated commonality was above zero), suggesting that the direct effects only model had more predictive relevance for the external success variable.

Table 8.4iv. Estimation of the inner model (goal orientations, planning, external success).

	Direct effects only model			Direct and indirect effects model				
	R <sup>2</sup>	R <sup>2</sup> effect size	Q <sup>2</sup> Cross validated commonalit	Q <sup>2</sup> Cross validated redundanc	R <sup>2</sup>	R <sup>2</sup> effect size	Q <sup>2</sup> Cross validated commonalit	Q <sup>2</sup> Cross validated redundanc
Planning	.359	Large	<b>y</b> .583	<b>y</b> .224	.368	Large	<b>y</b> .601	<b>y</b> .245
External Success	.053	Small	.472	.150	.068	Small	.480	470

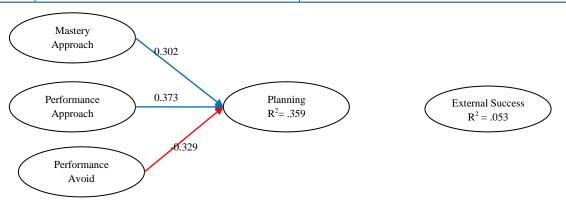


Figure A8.4.i. Results of Partial Least Squares analysis for the model investigating the direct effects of goal orientation on planning and planning on success. (\*\*\* p < .001; \*\*p < .01; \* p < .05; non-significant paths are not shown).

Table A8.4.v. Statistical results for Path Coefficients (goal orientations, planning, external success, direct effects).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	f <sup>2</sup> effect size
Mastery Approach → Planning	0.302*	2.29	0.132	0.132	.043; .561	.140	Medium
Performance Approach → Planning	0.373**	3.07	0.122	0.122	.134; .612	.203	Medium
Performance Avoid → Planning	-0.329*	2.80	0.118	0.118	560; - .098	.164	Medium
Planning → External Success	0.229	1.53	0.150	0.150	065; .523		alculated as ath included

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$  where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

(Hinkle, Wiersma & Jurs, 1998)

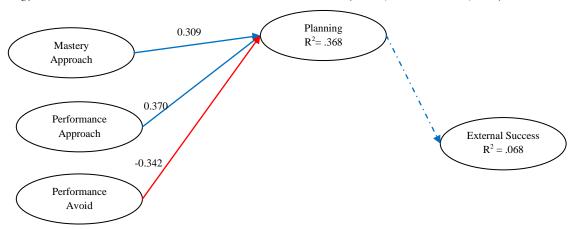


Figure A8.4.ii. Results of Partial Least Squares analysis for the model investigating the direct and indirect effects of goal orientation and planning on success. (\*\*\* p < .001; \*\*p < .01; \* p < .05; non-significant paths are not shown).

Table A8.4.vi. Statistical results for Path Coefficients (goal orientations, planning, external success, direct and indirect effects).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	f² effect size
Mastery Approach → External Success	037	0.148	0.250	0.250	527; .453	.011	Negligible
Mastery Approach → Planning	.309*	1.93	0.160	0.160	005; .623	.149	Medium
Performance Approach → External Success	.098	0.456	0.215	0.215	323; .519	.009	Negligible
Performance Approach → Planning	.370	2.80**	0.136	0.136	.103; .637	.210	Medium
Performance Avoid → External Success	.085	0.404	0.210	0.210	327; .497	.011	Negligible
Performance Avoid → Planning	342	2.41*	0.142	0.142	620; - .064	.180	Medium
Planning → External Success	.231	1.17	0.197	0.197	155; .617	.031	Small

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$  where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

(Hinkle, Wiersma & Jurs, 1998)

Figures A8.4i and ii, and Tables A8.4.v and vi demonstrate the significant and non-significant path coefficients,  $\beta$ , t values, standard deviations (SD) and effect sizes for each of the dependent DVs (see also Figures A8.4iii and iv for the original PLS output). None of the goal orientations had a significant

direct effect on external success in this model. All three of the goal orientations had a significant impact on planning in the expected directions, which provides support for hypothesis 3. It is of note that performance avoid had a significant impact in this model, which it did not in the model investigating objective success and self-perceptions of success. Although, the path from planning to external success was not significant, the results indicate that it had a small impact. Given that the sample size was not sufficient to detect small effects, it is likely that this path would be significant in a larger sample. This provides some weak support for hypothesis 2.

To investigate the indirect effects of goal orientations on external success via planning (hypothesis 4), the recommendations of Preacher and Hayes (2004) were followed. The bootstrap estimations and the associated results of the indirect effects are outlined in Table A8.4.vii. These estimations are based on the model which includes both the direct and indirect paths from goal orientations to success, in order to control for the direct effects. No significant indirect paths were found.

Table A8.4.vii. Test of the indirect effects of Mastery Approach and Performance Approach on the three success variables, via planning.

Indirect path	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
Mastery Approach → Planning → External success	.071	.078	.074	0.959	06; .24
Performance Approach → Planning → External success	.088	.101	.090	0.978	05; .31
Performance Avoid → Planning → External success	079	081	.076	-1.04	24; .05

<sup>\*</sup> p < .05, \*\* p < .01; \*\*\* p < .001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

t = (ab original) / (SD ab Bootstrapped)

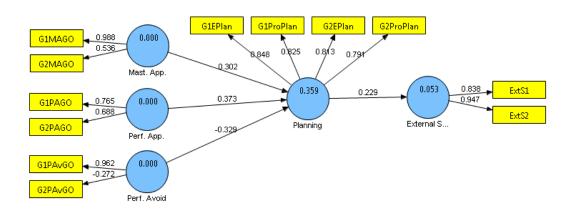


Figure A8.4.iii. Original PLS output for model investigating the direct effects of entrepreneurial orientation on planning and planning on external success.

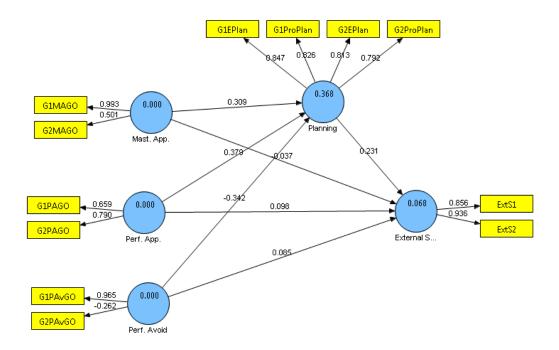


Figure A8.4.iv. Original PLS output model investigating the direct and indirect of entrepreneurial orientation and planning on external success.

# Appendix 8.5: Analysis of the direct effects of goal orientations on Actions towards the goal

Table A8.5.i outlines the factor loadings, weights, composite scale reliability, and Average Variance Extracted (AVE) for the model investigating the direct effects of goal orientations on actions taken towards ones goals. The measurement criteria for actions towards ones goals was valid and reliable, meeting all of the necessary criteria. Similar issues with regard to the measurement model of the goal orientation variables were found as in the analysis performed in Appendix 8.1, which looked at the direct effects of goal orientations and external success. For this reason, they will not be outlined in detail here.

Hence, while the performance avoid variable is somewhat problematic, overall, the other variables meet all of the measurement criteria. Based on these results, the measurement model overall was deemed to be valid and reliable, except for one item in the Performance Avoid measure, which appeared to have little effect on the overall model.

Table A8.5.i. Factor loadings, Weights, Composite Scale Reliability, and Average Variance Extracted (AVE) to assess reliability of constructs (goal orientation and actions).

Construct	Measure	Factor Loadings	Weights of measures	Composite Reliability	AVE
Actions	G1Actions	0.896	0.700	0.809	0.681
	G2Actions	0.760	0.500		
Mastery	G1MAGO	-0.491	-0.824	0.016	0.324
Approach	G2MAGO	0.639	0.933		
Performance	G1PAGO	0.281	0.234	0.617	0.512
Approach	G2PAGO	0.972	0.961		
Performance	G1PAvGO	0.996	1.00	0.501	0.496
Avoid	G2PAvGO	0.011	0.093		

Table A8.5.ii. Average Variance Extracted and correlations between constructs (goal orientation and actions).

	1	2	3	4
1. Actions	0.831			
2. Mastery Approach	-0.240	0.570		
3. Performance Approach	0.306	-0.254	0.716	
4. Performance Avoid	-0.218	-0.030	-0.028	0.704

(Note: Bold numbers on the diagonal show the square root of the AVE; Numbers below the diagonal represent construct correlations)

Table A8.5.iii. Cross-loadings for measurement model (goal orientation and actions).

	Actions	Mastery Approach	Performance Approach	Performance Avoid
G1Action	0.886	-0.259	0.286	-0.184
G2Action	0.760	-0.118	0.212	-0.179
G1MAGO	0.128	-0.491	-0.048	-0.053
G2MAGO	-0.145	0.639	-0.314	-0.079
G1PAGO	0.073	0.086	0.281	-0.324
G2PAGO	0.301	-0.285	0.972	0.050
G1PAvGO	-0.216	-0.032	-0.008	0.996
G2PAvGO	-0.020	0.020	-0.214	0.011

Regarding the structural model, the model was found to have predictive relevance, with goal orientations predicting 16.9% of the variance in taking actions towards ones goals, which is indicative of a medium effect size. However, performance approach was the only goal orientation to have a significant

and positive impact on actions. However, although non-significant, mastery approach and performance avoid orientations did have a small negative effect on taking actions towards ones goals (see Figure A 8.5.i and Tables A8.5.iv and v).

Table A8.5.iv. Estimation of the structural model (goal orientation, objective success and self-perceptions of success).

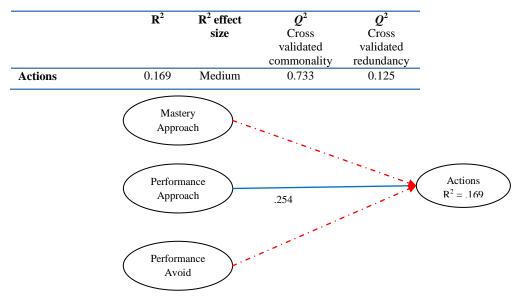


Figure A8.5.i. Results of Partial Least Squares analysis for the model investigating the relationships between goal orientation and actions. (\*\*\* p < .001; \*\*p < .01; \* p < .05; dashed lined indicate non-significant paths).

Table A8.5.v. Statistical results for Path Coefficients (goal orientation and actions).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	f² effect size
Mastery Approach → Actions	-0.182	1.077	0.169	0.169	513; .128	.039	Small
Performance Approach → Actions	0.254*	1.949	0.130	0.130	.000; .508	.071	Small- medium
Performance Avoid → Actions	-0.217	1.494	0.145	0.145	541; .027	.053	Small
* $p < .05$ , ** $p < .001$ ; *** $p < .0001$							
$t_{0.05, 4999} = 1.645; t_{0.01, 4999} = 2.576; t_{0.001, 4999} = 3.291 $ (one-tailed) (Lindley & Scott, 1984)							
Calculating the Confidence Interval: $CI_{95} = \beta \pm t_{CV} *SE$ where $t_{CV} = 1.96$ for two-tailed 95% Confidence Interval (Hinkle, Wiersma & Jurs, 1998)						98)	

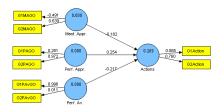


Figure A8.5.ii. Original PLS output model investigating the direct effects of goal-setting on objective success and self-perceptions of success.

# Appendix 8.6: Analysis of the direct effects of goal setting on objective success and self-perceptions of success.

Table A8.6.i outlines the factor loadings, weights, composite scale reliability, and Average Variance Extracted (AVE) for the model investigating the direct effects of goal orientations on actions taken towards ones goals. The AVE and composite reliability were all above the recommended criteria, but a number of the factor loadings were somewhat low. All of the criteria for validity were also met.

Table A8.6.i. Factor loadings, Weights, Composite Scale Reliability, and Average Variance Extracted (AVE) to assess reliability of constructs (goal-setting, self-perceptions of success, and objective success).

Construct	Measure	Factor Loadings	Weights of measures	Composite Reliability	AVE
	G1DiffI	0.596	0.184	.806	.543
Goal Difficulty	G1DiffS	0.296	-0.057		
	G2DiffI	0.928	0.433		
	G2DiffS	0.932	0.543		
Coal Specificity	G1Spec	0.504	0.119	.747	.621
Goal Specificity	G2Spec	0.994	0.946		
Objective Success	ObjSucc5	1.00	1.00	1.00	1.00
~	SelfS1	0.775	0.383	.811	.596
Self-perceptions of success	SelfS2	0.914	0.658		
01 040000	SelfS3	0.593	0.172		

Table A8.6.ii. Average Variance Extracted and correlations between constructs (goal-setting, self-perceptions of success, and objective success).

	1.	2.	3.	4.
1.Goal Difficulty	0.737			
2. Goal Specificity	0.303	0.788		
3. Objective Success	0.236	0.099	1.000	
4. Self Perceptions of Success	0.094	0.272	0.317	0.772

(Note: Bold numbers on the diagonal show the square root of the AVE; Numbers below the diagonal represent construct correlations)

Table A8.6.iii. Cross-loadings for measurement model (goal-setting, self-perceptions of success, and objective success).

	Goal Difficulty	Goal Specificity	Objective Success	Self Perceptions of Success
G1DiffI	0.596	0.231	0.058	0.099
G1DiffS	0.296	0.055	-0.008	-0.056
G2DiffI	0.928	0.340	0.181	0.120
G2DiffS	0.932	0.215	0.271	0.037
G1Spec	0.235	0.504	0.098	0.005
G2Spec	0.291	0.994	0.093	0.287
ObjSucc5	0.236	0.099	1.00	0.317
SelfS1	0.015	0.173	0.315	0.775
SelfS2	0.085	0.295	0.271	0.914
SelfS3	0.187	0.070	0.105	0.593

Regarding the structural model, the model had predictive relevance for self-perceptions of success, but the cross validated redundancy for objective success was below zero. Overall, goal-setting was found to predict 7.4% of the variance in self-perceptions of success, and 5.7% of the variance in

objective success. However, none of the individual paths were statistically significant, although the results indicated that both goal difficulty and goal specificity had a small effect on objective success.

Table A8.6.iv. Estimation of the structural model (goal-setting, self-perceptions of success, and objective success).

	$\mathbb{R}^2$	R <sup>2</sup> effect size	<b>Q</b> <sup>2</sup> Cross validated commonality	Q <sup>2</sup> Cross validated redundancy
Self-perceptions of	.074	Small-	.504	1.00
success		medium		
Objective Success	.057	Small-	100	.105
		medium		

Table A8.6.v. Statistical results for Path Coefficients (goal-setting, self-perceptions of success, and objective success).

	β	t	SD	SE	$ ext{CI}_{95}$	$f^2$	f <sup>2</sup> effect size
Goal Difficulty → Objective Success	0.227	1.39	0.163	0.163	092; .546	.050	Small
Goal Difficulty → Self Perceptions of Success	0.012	0.057	0.217	0.217	413; .437	.001	Negligible
Goal Specificity → Objective Success	0.030	0.248	0.12	0.122	209; .269	.001	Negligible
Goal Specificity → Self Perceptions of Success	0.269	1.17	0.230	0.230	182; .720	.040	Small

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$  where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

(Hinkle, Wiersma & Jurs, 1998)

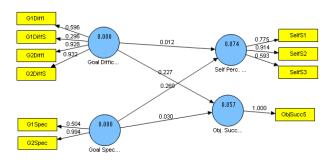


Figure A8.6.i. Original PLS output for the model investigating the direct effects of goal-setting on objective success and self-perceptions of success

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Appendix 8.7: Model investigating goal orientations, goal-setting, actions, objective success and subjective success.

Table A8.7.i Factor loadings, Weights, Composite Scale Reliability, and Average Variance Extracted (AVE) to assess reliability of constructs.

Construct	Measure	Factor Loadings	Weights of measures	Composite scale Reliability	Average Variance Extracted (AVE)
Mastery Approach	G1MAGO	0.980	0.905	0.753	0.623
	G2MAGP	0.534	0.211		
Performance	G1PAGO	0.542	0.501	0.675	0.522
Approach	G2PAGO	0.866	0.841		
Performance Avoid	G1PAvGO	0.856	0.898	0.613	0.466
	G2PAvGO	0.447	0.520		
Goal-Difficulty	G1DiffI	0.794	0.346	0.854	0.600
	G1DiffS	0.549	0.149		
	G2DiffI	0.873	0.396		
	G2DiffS	0.840	0.355		
Goal Specificity	G1Spec	0.848	0.611	0.826	0.704
	G2Spec	0.830	0.581		
Actions towards	G1Action	0.842	0.626	0.813	0.685
goals	G2Action	0.813	0.581		
Objective Success	ObjSucc5	1.00	1.00	1.00	1.00
Self-Perceptions of	SelfS1	0.789	0.393	0.829	0.619
Success	SelfS2	0.855	0.528		
	SelfS3	0.709	0.336		

Table A8.7.ii Average Variance Extracted by constructs and correlations between constructs to assess Convergent and Discriminant Validity.

	1.	2.	3.	4.	5.	6.	7.	8.
1. Actions	0.828							
2. Goal Difficulty	0.459	0.774						
3. Goal Specificity	0.641	0.325	0.839					
4. Mastery Approach	0.069	0.229	0.194	0.789				
5. Objective Success	0.328	0.186	0.114	-0.269	1.000			
6. Performance Approach	0.288	0.135	0.248	-0.112	0.129	0.722		
7. Performance Avoid	-0.205	-0.227	-0.155	-0.077	-0.077	-0.190	0.682	
8. Subjective Perceptions of Success	0.263	0.095	0.147	-0.117	0.303	0.227	-0.147	0.787

(Note: Bold numbers on the diagonal show the square root of the AVE;

Numbers below the diagonal represent construct correlations)

Table A8.7.iii Cross-loadings for measurement model

	Actions	Goal Difficulty	Goal Specificity	Mastery Approach	Objective Success	Performance Approach	Performance Avoid	Subjective Perceptions of Success
G1Action	0.842	0.387	0.620	0.162	0.190	0.260	-0.173	0.200
G2Action	0.813	0.373	0.435	-0.056	0.360	0.214	-0.166	0.237
G1DiffI	0.360	0.794	0.305	0.234	0.058	0.147	-0.137	0.100
G1DiffS	0.158	0.549	0.073	0.050	-0.008	-0.043	-0.186	-0.087
G2DiffI	0.420	0.873	0.334	0.236	0.181	0.159	-0.181	0.137
G2DiffS	0.408	0.840	0.214	0.133	0.271	0.077	-0.225	0.057
G1Spec	0.545	0.262	0.848	0.216	0.098	0.174	-0.166	-0.010
G2Spec	0.530	0.283	0.830	0.106	0.093	0.244	-0.093	0.263
G1MAGO	0.111	0.241	0.201	0.980	-0.225	-0.062	-0.067	-0.083
G2MAGO	-0.149	0.050	0.055	0.534	-0.308	-0.265	-0.079	-0.198
ObjSucc5	0.328	0.186	0.114	-0.269	1.00	0.129	-0.077	0.303
G1PAGO	0.078	0.101	0.113	-0.054	0.056	0.542	-0.293	0.163
G2PAGO	0.295	0.100	0.228	-0.101	0.120	0.866	-0.052	0.172
G1PAvGO	-0.217	-0.199	-0.115	-0.060	-0.089	-0.102	0.856	-0.228
G2PAvGO	-0.020	-0.093	-0.099	-0.043	0.006	-0.189	0.447	0.110
SelfS1	0.189	-0.011	0.135	-0.207	0.315	0.185	-0.080	0.789
SelfS2	0.254	0.103	0.181	-0.050	0.271	0.210	-0.239	0.855
SelfS3	0.162	0.135	-0.007	-0.027	0.105	0.128	0.031	0.709

Table A8.7.iv Estimation of the inner model

		Direct effe	ects only model			Direct and in	direct effects m	odel
	R <sup>2</sup>	R <sup>2</sup> effect size	Q <sup>2</sup> Cross validated commonalit	Q <sup>2</sup> Cross validated redundanc	R <sup>2</sup>	R <sup>2</sup> effect size	Q <sup>2</sup> Cross validated commonalit	Q <sup>2</sup> Cross validated redundanc
Goal Difficulty	0.111	Medium	0.612	0.108	0.111	Medium	.607	.092
Goal Specificity	0.119	Medium	0.732	0.220	0.119	Medium	0.731	.193
Actions towards goals	0.481	Large	0.641	0.220	0.505	Large	0.642	0.286
Objective Success	0.108	Medium	1.00	0.239	0.128	Medium	1.00	0.243
Self-Perceptions of Success	0.069	Small- Medium	0.740	-0.027	0.070	Small- medium	0.700	-0.033

Table A8.7.v Statistical results for Path Coefficients (goal orientations, goal-setting, actions, objective success and subjective success, direct effects only).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	$f^2$ effect size
Actions → Objective Success	0.328**	3.16	0.104	0.104	.124; .532	-	Only predictor
Actions → Self-Perceptions of Success	0.263**	3.09	0.085	0.085	.096; .430	-	Only predictor
Goal Specificity → Actions	0.550***	7.25	0.076	0.076	.401; .699	.524	Large
Goal-difficulty → Actions	0.280**	3.28	0.085	0.085	.113; .447	.131	Small- medium
Mastery Approach → Goal Specificity	0.215*	1.71	0.126	0.126	032; .462	.051	Small
$Mastery\ Approach \rightarrow Goal\text{-}difficulty$	0.229*	1.87	0.122	0.122	010; .468	.056	Small
Performance Approach → Goal Specificity	0.255*	2.19	0.116	0.116	.028; .482	.069	Small
Performance Approach → Goal-difficulty	0.125	1.15	0.109	0.109	089; .339	.017	Small
Performance Avoid → Goal Specificity	-0.090	0.725	0.125	0.125	355; .155	.009	Negligible
Performance Avoid → Goal-difficulty	-0.185*	1.66	0.111	0.111	403; .033	.031	Small

<sup>\*</sup> p < .05, \*\* p < .01; \*\*\* p < .001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$  where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval 1998)

(Hinkle, Wiersma & Jurs,

Table A8.7.vi Statistical results for Path Coefficients (goal orientations, goal-setting, actions, objective success and subjective success, direct and indirect effects).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	$f^2$ effect size
Actions → Objective Success	0.409**	2.65	0.155	0.155	.105; .713	.100	Small- medium
Actions → Self-Perceptions of Success	0.292	1.60	0.182	0.182	065; .649	.034	Small
Goal Specificity → Actions	0.523***	5.76	0.091	0.091	.345; .701	.461	Large
Goal Specificity → Objective success	-0.168	1.19	0.141	0.141	444; .108	.014	Very small
Goal Specificity → Self-perceptions of success	-0.025	0.119	0.209	0.209	435; .385	.001	Negligible
Goal-difficulty → Actions	0.278**	3.09	0.090	0.090	.102; .454	.123	Small- medium
Goal Difficulty → Objective success	0.060	0.433	0.140	0.140	214; .334	.018	Small
Goal Difficulty → Self-perceptions of success	-0.028	0.150	0.188	0.188	388; .340	.001	Negligible
Mastery Approach → Goal Specificity	0.208	1.53	0.136	0.136	059; .475	.049	Small
Mastery Approach $\rightarrow$ Goal-difficulty	0.237	1.55	0.153	0.153	063; .536	.062	Small
Mastery Approach → Actions	-0.068	0.462	0.148	0.148	350; .222	.006	Negligible
Performance Approach → Goal Specificity	0.253*	2.27	0.112	0.112	.033; .472	.070	Small
Performance Approach $\rightarrow$ Goal-difficulty	0.123	1.13	0.109	0.109	091; .337	.017	Very small
Performance Approach → Actions	0.116	0.877	0.132	0.132	143; .375	.024	Small
Performance Avoid → Goal Specificity	-0.099	0.806	0.123	0.123	331; .142	.011	Very small
Performance Avoid → Goal-difficulty	-0.192*	1.70	0.113	0.113	413; .029	.036	Small
Performance Avoid → Actions	-0.068	0.569	0.119	0.119	301; .165	.010	Very small

<sup>\*</sup> p < .05, \*\* p < .01; \*\*\* p < .001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$  where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

(Hinkle, Wiersma & Jurs, 1998)

Table A8.7.vii Estimations of the significance of the specific indirect effects with one mediator.

	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
Mastery Approach → Goal difficulty → Actions	.066	.057	.046	1.43	05; .14
Mastery Approach → Goal specificity → Actions	.109	.105	.077	1.41	05; .26
Performance Approach → Goal difficulty → Actions	.034	.039	.033	1.04	02; .11
Performance Approach → Goal specificity → Actions	.132	.140	.063	2.10*	.024; .267
Performance Avoid → Goal difficulty → Actions	053	050	.037	1.44	13; .02
Performance Avoid → Goal specificity → Actions	052	055	.063	082	18; .09
Goal difficulty → Actions → Self- Perceptions of success	.081	.079	.056	1.45	02; .20
Goal difficulty → Actions → Objective Success	.114	.111	.057	1.99*	.01; .24
Goal specificity → Actions → Self- Perceptions of success	.153	.160	.106	1.44	04; .38
Goal specificity → Actions → Objective Success	.214	.215	.097	2.21*	.05; .43

<sup>\*</sup> p < .05, \*\* p < .01; \*\*\* p < .001

Table A8.7.viii Estimations of the significance of the total indirect effects from goal orientations to actions.

	Total indirect effect	Mean Bootstrapped total indirect effect	Bootstrapped Sd	t	BC CI <sub>95</sub>
Mastery Approach → Actions <sup>1</sup>	.175	.163	.102	1.72*	09; .35
Performance Approach $\rightarrow$ Actions <sup>2</sup>	.166	.179	.073	2.27*	.04; .33
Performance Avoid $\rightarrow$ Actions <sup>3</sup>	158	106	.079	-2.00*	25; .08

\* p < .05, \*\* p < .01; \*\*\* p < .001  $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed) (Lindley & Scott, 1984)

 $t_{0.05, 4999} = 1.645; t_{0.01, 4999} = 2.576; t_{0.001, 4999} = 3.291$  (one-tailed) (Lindley & Scott, 1984)

<sup>&</sup>lt;sup>1</sup> Mastery Approach  $\rightarrow$  Actions = (MA $\rightarrow$ GD $\rightarrow$ Actions) + (MA $\rightarrow$ GS $\rightarrow$ Actions)

<sup>&</sup>lt;sup>2</sup> Performance Approach  $\rightarrow$  Actions = (PA $\rightarrow$ GD $\rightarrow$ Actions) + (PA $\rightarrow$ GS $\rightarrow$ Actions)

<sup>&</sup>lt;sup>3</sup> Performance Avoid  $\rightarrow$  Actions = (PAv $\rightarrow$ GD $\rightarrow$ Actions) + (PAv $\rightarrow$ GS $\rightarrow$ Actions)

Table A8.7.ix Estimations of the significance of the specific indirect effects with two sequential mediators.

	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
Mastery Approach → Goal difficulty → Actions → Self-perceptions of success	.018	.017	.019	0.947	02; .06
Mastery Approach → Goal difficulty → Actions → Objective success	.027	.023	.022	1.23	02; .07
Mastery Approach → Goal specificity → Actions → Self-perceptions of success	.032	.034	.037	0.865	02; .13
Mastery Approach → Goal specificity → Actions → Objective Success	.045	.046	.043	1.05	02; .15
Performance Approach → Goal difficulty → Actions →Subjective perceptions of success	.010	.012	.013	0.769	01; .04
Performance Approach → Goal difficulty → Actions → Objective Success	.014	.017	.017	0.824	01; .06
Performance Approach → Goal specificity → Actions → Self-perceptions of success	.039	.043	.034	1.15	01; .12
Performance Approach → Goal specificity → Actions → Objective success	.054	.058	.038	1.42	.00; .15
Performance Avoid → Goal difficulty → Actions → Self perceptions of success	015	014	.015	-1.00	05; .01
Performance Avoid → Goal difficulty → Actions → Objective success	022	020	.017	-1.29	06; .01
Performance Avoid → Goal specificity → Actions → Self perceptions of success	015	016	.025	-0.600	07; .03
Performance Avoid → Goal specificity → Actions → Objective success	021	022	.031	-0.677	09; .04
* p < .05, ** p < .01; *** p < .001 $t_{0.05, 4999} = 1.645$ ; $t_{0.01, 4999} = 2.576$ ; $t_{0.001, 4999} = 3.576$ ;	3.291 (one-ta	niled)	(Lindley & Sc	ott, 1984)	

Table A8.7.x Estimations of the significance of the total indirect effects from goal orientations to success.

	Original ab	Mean Bootstrapped ab	Bootstrappe d Sd	t = (ab orig.)/ (SD ab Bootstrapped)	BC CI <sub>95</sub>
Mastery Approach → Self-perceptions of success <sup>4</sup>	.051	.051	.050	1.02	03; .17
Mastery Approach → Objective success <sup>5</sup>	.072	.070	.058	1.24	03; .20
Performance Approach → Self perceptions of success <sup>6</sup>	.048	.054	.042	1.14	01; .15
Performance Approach → Objective Success <sup>7</sup>	.068	.075	.046	1.48	.01; .18
Performance Avoid → Self perceptions of success <sup>8</sup>	046	031	.033	-1.39	11; .03
Performance Avoid → Objective Success <sup>9</sup>	065	042	.038	-1.71*	13; .04
* p < .05, ** p < .01; *** p < .001 $t_{0.05, 4999} = 1.645; t_{0.01, 4999} = 2.576; t_{0.001, 4999} = 1.045; t_{0.001, $	3.291 (one-t	ailed)	(Lindley & S	cott, 1984)	

<sup>&</sup>lt;sup>4</sup> Mastery Approach → Self-perceptions of success = [(MA→GD→Actions) + (MA →GS →Actions)][Actions →self-perceptions]

<sup>&</sup>lt;sup>5</sup> Mastery Approach → Objective success = [(MA→GD→Actions) + (MA →GS →Actions)][Actions →objective success]

success]

<sup>6</sup> Performance Approach  $\rightarrow$  Self perceptions of success = [(PA $\rightarrow$ GD $\rightarrow$ Actions) + (PA $\rightarrow$ GS $\rightarrow$ Actions)][Actions  $\rightarrow$ self-perceptions]

<sup>→</sup>self-perceptions]

<sup>7</sup> Performance Approach → Objective Success = [(PA→GD→Actions) + (PA →GS →Actions)][Actions →objective success]

<sup>&</sup>lt;sup>8</sup> Performance Avoid → Self perceptions of success = [(PAv→GD→Actions) + (PAv →GS →Actions)][Actions →self-perceptions]

<sup>&</sup>lt;sup>9</sup> Performance Avoid → Objective Success = [(PAv→GD→Actions) + (PAv →GS →Actions)][Actions →objective success]

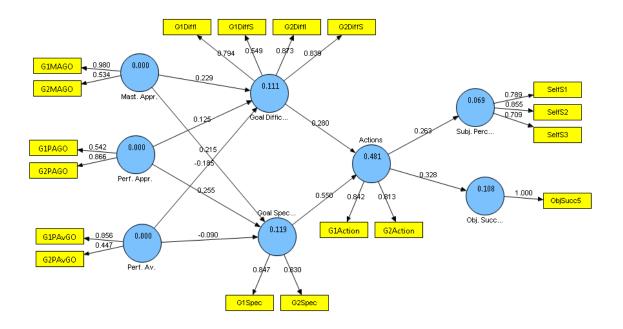


Figure A8.7.i. Original PLS output for the model investigating the direct effects of goal-orientations on goal-setting, goal-setting on actions, and actions on objective success and self-perceptions of success.

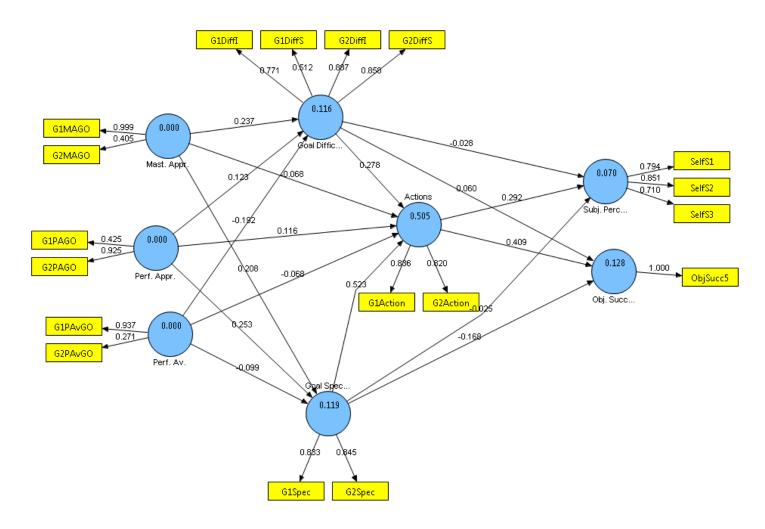


Figure A8.7.ii. Original PLS output for the model investigating the direct and indirect effects of goal-orientations, goal-setting, and actions on objective success and self-perceptions of success.

# Appendix 8.8: Analysis of the effects of goal orientations, goal setting and actions on external success.

The model tested in this appendix is analogous to that tested in section 8.4, but included the external success measure and excluded objective success and self-perceptions of success. Hence, this analysis uses the reduced sample of N=48 for which data was available on the external success measure. As a result, this model is only powerful enough to detect large effects at a significant level, but serves to corroborate the findings of the previous analysis. As in section 8.4., the model was estimated using both the fully specified model (both indirect and direct paths) and the direct effects only, which is what the measurement model estimations are based upon. The results of the measurement are in line with that described in section 8.4, and hence, the explanation will not be repeated here. Overall, the measurement model was deemed to be valid and reliable, save for the same issues with goal orientation as in previous analysis.

Table A8.8.i. Factor loadings, Weights, Composite Scale Reliability, and Average Variance Extracted (AVE) to assess reliability of constructs.

Construct	Measure	Factor Loadings	Weights of measures	Composite scale Reliability	Average Variance Extracted (AVE)
Mastary Approach	G1MAGO	0.994	0.947	0.744	0.617
Mastery Approach	G2MAGP	0.496	0.118		
Performance Approach	G1PAGO	0.974	0.961	0.620	0.515
	G2PAGO	0.284	0.227		
Performance Avoid	G1PAvGO	0.995	0.995	0.442	0.500
	G2PAvGO	-0.104	-0.105		
	G1DiffI	0.728	0.304	0.847	0.596
C1 D:ff:1	G1DiffS	0.443	0.064		
Goal-Difficulty	G2DiffI	0.915	0.381		
	G2DiffS	0.907	0.443		
C 10 'C''	G1Spec	0.825	0.566	0.829	0.708
Goal Specificity	G2Spec	0.858	0.622		
Actions towards	G1Action	0.851	0.634	0.816	0.690
goals	G2Action	0.810	0.569		
E 4 10	ExtS1	0.842	0.417	0.889	0.801
External Success	ExtS2	0.945	0.687		

Table A8.8.ii. Average Variance Extracted by constructs and correlations between constructs to assess Convergent and Discriminant Validity.

	1.	2.	3.	4.	5.	6.	7.
1. Actions	0.831						
2. External Success	0.429	0.895					
3. Goal Difficulty	0.387	-0.014	0.772				
4. Goal Specificity	0.616	0.130	0.255	0.841			
5. Mastery Approach	0.020	0.020	0.206	0.151	0.786		
6. Performance Approach	0.387	0.071	0.239	0.318	-0.027	0.717	
7. Performance Avoid	-0.375	-0.036	-0.201	-0.291	-0.019	-0.252	0.707

(Note: Bold numbers on the diagonal show the square root of the AVE; Numbers below the diagonal represent construct correlations)

	Actions	External Success	Goal Difficulty	Goal Specificity	Mast. Appr.	Perf. Appr.	Perf. Avoid
G1Action	0.851	0.298	0.328	0.603	0.086	0.316	-0.342
G2Action	0.810	0.422	0.315	0.410	-0.061	0.327	-0.279
ExtS1	0.277	0.842	-0.092	0.096	0.051	-0.050	0.066
ExtS2	0.456	0.945	0.035	0.131	-0.002	0.133	-0.093
G1DiffI	0.248	-0.004	0.728	0.189	0.232	0.134	-0.115
G1DiffS	0.068	-0.042	0.443	-0.049	0.033	-0.099	-0.187
G2DiffI	0.318	-0.109	0.915	0.285	0.212	0.223	-0.157
G2DiffS	0.420	0.070	0.907	0.207	0.119	0.271	-0.214
G1Spec	0.502	0.130	0.142	0.825	0.104	0.277	-0.193
G2Spec	0.533	0.090	0.281	0.858	0.149	0.259	-0.293
G1MAGO	0.055	0.047	0.213	0.159	0.994	-0.021	-0.010
G2MAGO	-0.271	-0.213	0.037	0.005	0.496	-0.060	-0.084
G1PAGO	0.329	0.019	0.268	0.289	-0.005	0.974	-0.275
G2PAGO	0.309	0.231	-0.080	0.176	-0.097	0.284	0.052
G1PAvGO	-0.372	-0.047	-0.209	-0.284	-0.019	-0.267	0.995
G2PAvGO	0.053	-0.102	-0.063	0.089	0.005	-0.124	-0.104

The results of the structural model for the two versions of the model are outlined below. Goal orientations explained 12.2% of the variance in goal difficulty and 17.2% of the variance in goal specificity. Goal setting, in turn explained 43.5% of the variance in actions, and when the direct paths from goal orientations were included, this increased to 54.3%. Taking actions towards ones goals explained 18.4% of the variance in external success, and this increased to 24.4% when the direct paths from the two goal-setting components were included as well. The model overall had predictive relevance, but the cross validated redundancy for the external success measure was below zero, although the cross-validated commonality was above zero, suggesting that there may be some issue with predictive relevance for this variable.

Table A8.8.iv Estimation of the inner model

	Direct effects only model				Direct and indirect effects model			
	R <sup>2</sup>	R <sup>2</sup> effect size	Q <sup>2</sup> Cross validated commonalit	Q <sup>2</sup> Cross validated redundanc	R <sup>2</sup>	R <sup>2</sup> effect size	Q <sup>2</sup> Cross validated commonalit	Q <sup>2</sup> Cross validated redundanc
Goal Difficulty	0.122	Medium	у .733	у .124	0.093	Medium	у .731	y .084
Goal Specificity	0.172	Medium	.727	.261	0.179	Medium	.734	.244
Actions towards goals	0.435	Large	.663	0.291	0.543	Large	.662	.553
External Success	0.184	Medium	.476	080	0.244	Large	.480	523

Looking at the individual path coefficients, goal specificity and goal difficulty had large and small-medium significant effects on actions, and actions had a large significant impact on ratings of external success. None of the goal orientations had significant effects on variables they were hypothesised to predict, but the effect size estimations suggest that they did have a small effect on all these variables. Hence, it can be concluded that goal orientations are having an impact, but the sample size is not large enough for the test to detect this as significant. Similarly, goal-difficulty and goal-specificity had a small, but non-significant effect on external success.

Table A8.8.v. Statistical results for Path Coefficients (goal orientations, goal-setting, actions, external success, direct effects only).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	f <sup>2</sup> effect size
Actions → External Success	0.429***	4.29	.100	.100	.233; .529	-	-
Goal Specificity → Actions	0.553***	5.47	0.101	0.101	.355; .751	.506	Large
Goal-difficulty → Actions	0.246*	2.32	0.106	0.106	.038; .454	.096	Small- medium
Mastery Approach → Goal Specificity	0.154	0.849	0.182	0.182	203; .511	.029	Small
Mastery Approach → Goal-difficulty	0.209	1.07	0.195	0.195	173; .592	.047	Small
Performance Approach → Goal Specificity	0.266	1.44	0.185	0.185	097; .629	.081	Small- medium
Performance Approach → Goal-difficulty	0.208	1.19	0.175	0.175	135; .551	.047	Small
Performance Avoid → Goal Specificity	-0.145	1.54	0.144	0.144	427; .137	.054	Small
Performance Avoid → Goal-difficulty	-0.221	0.913	0.159	0.159	533; .091	.013	Very small

<sup>\*</sup> p < .05, \*\* p < .01; \*\*\* p < .001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$  where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

(Hinkle, Wiersma & Jurs, 1998)

With regard to the indirect effects, the following paths were significant:

• Goal specificity → actions → external success

The total indirect effect of mastery approach on actions via both goal difficulty and goal specificity, did not reach significance, but the BC  $CI_{95}$  did not include zero, suggesting that there may indeed be an indirect effect. None of the other indirect effects reached significance.

Table A8.8.vi. Statistical results for Path Coefficients (goal orientations, goal-setting, actions, and external success, direct and indirect effects).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	$f^2$ effect size
Actions → External Success	.633***	4.29	0.147	0.147	.345; .921	.294	Medium- Large
Goal Specificity → Actions	.422***	3.54	0.119	0.119	.187; .655	.295	Medium- Large
Goal Specificity → External success	206	1.20	0.172	0.172	543; ,131	.028	Small
Goal-difficulty → Actions	.175*	1.65	0.106	0.106	033; .382	.002	Negligible
Goal Difficulty → External success	210	1.28	0.164	0.164	852; .111	.041	Small
Mastery Approach → Goal Specificity	130	0.822	0.159	0.159	442; .182	.021	Small
Mastery Approach → Goal-difficulty	174	1.04	0.167	0.167	501; .153	.035	Small
Mastery Approach → Actions	194	0.717	0.270	0.270	723; .335	.079	Small
Performance Approach → Goal Specificity	.267*	1.72	0.155	0.155	037; .571	.085	Small
Performance Approach $\rightarrow$ Goal-difficulty	.138	0.766	0.181	0.181	217; .488	.028	Small
Performance Approach → Actions	.196	1.16	0.169	0.169	135; .527	.050	Small
Performance Avoid → Goal Specificity	246*	1.76	0.140	0.140	030; .520	.066	Small
Performance Avoid → Goal-difficulty	179	1.18	0.152	0.152	477; .119	.013	Very small
Performance Avoid → Actions	193	1.51	0.128	0.128	444; .058	.090	Small

<sup>\*</sup> p < .05, \*\* p < .01; \*\*\* p < .001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$  where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

(Hinkle, Wiersma & Jurs, 1998)

Table A8.8.vii Estimations of the significance of the specific indirect effects with one mediator.

	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t = (ab orig.)/ (SD ab Bootstrapped)	BC CI <sub>95</sub>
Mastery Approach → Goal difficulty → Actions	030	042	.043	678	14; .04
Mastery Approach → Goal specificity → Actions	055	073	.085	647	27; .08
Performance Approach → Goal difficulty → Actions	.024	.034	.044	.545	05; .13
Performance Approach → Goal specificity → Actions	.113	.147	.089	1.27	.00; .34
Performance Avoid → Goal difficulty → Actions	031	034	.042	738	13; .05
Performance Avoid → Goal specificity → Actions	043	106	.069	623	25; .02
Goal difficulty → Actions → External success	.111	.139	.079	1.41	.00; .31
Goal specificity → Actions → External Success	.267	.288	.113	2.36*	.09; .54

<sup>\*</sup> p < .05, \*\* p < .01; \*\*\* p < .001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

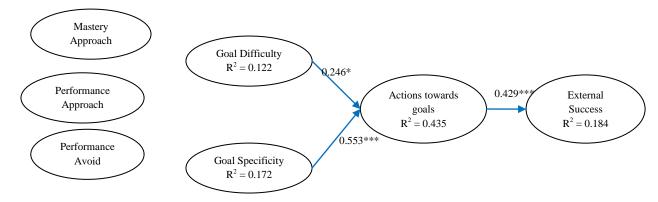


Figure A8.8.i. Results of Partial Least Squares analysis for the model investigating the direct relationships between goal orientation, goal-setting, actions, and external success (\*\*\* p < .001; \*\*p < .01; \* p < .05; non-significant paths are not shown).

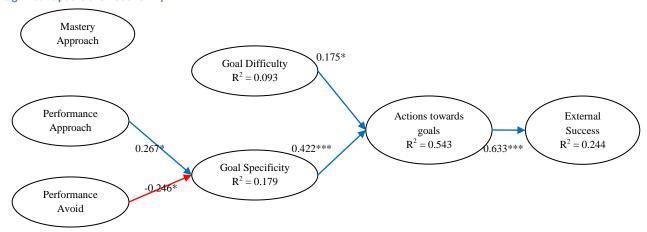


Figure A8.8.ii. Results of Partial Least Squares analysis for the model investigating the direct and indirect relationships between goal orientation, goal-setting, actions, and external success (\*\*\* p < .001; \*\*p < .01; \* p < .05; non-significant paths are not shown).

Table A8.8.viii. Estimations of the significance of the total indirect effects from goal orientations to actions.

	Total indirect effect	Mean Bootstrapped total indirect effect	Bootstrapped Sd	t = (ab orig.)/ (SD ab Bootstrapped)	BC CI <sub>95</sub>
Mastery Approach → Actions <sup>10</sup>	088	115	.103	854	34; .07
Performance Approach → Actions <sup>11</sup>	.137	.181	.100	1.37	.01; .40
Performance Avoid $\rightarrow$ Actions <sup>12</sup>	074	140	.082	902	31; .02

<sup>\*</sup> p < .05, \*\* p < .01; \*\*\* p < .001

(Lindley & Scott, 1984)

Table A8.8.ix. Estimations of the significance of the specific indirect effects with two sequential mediators.

	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t = (ab orig.)/ (SD ab Bootstrapped)	BC CI <sub>95</sub>
Mastery Approach → Goal					
difficulty $\rightarrow$ Actions $\rightarrow$ External success	013	028	.030	433	10; .02
Mastery Approach → Goal					
specificity → Actions → External success	024	048	.059	407	19; .05
Performance Approach → Goal					
difficulty → Actions → External success	.010	.022	.029	.345	03; .09
Performance Approach → Goal					
specificity → Actions → External	.048	.094	.064	.750	.00; .25
success					
Performance Avoid → Goal					
difficulty → Actions → External success	013	022	.028	464	09; .03
Performance Avoid → Goal					
specificity $\rightarrow$ Actions $\rightarrow$ External	018	069	.052	346	19; .02
success					,
* p < .05, ** p < .01; *** p < .001					
$t_{0.05, 4999} = 1.645; t_{0.01, 4999} = 2.576; t_{0.001, 4999} = 3.291 $ (one-tailed) (Lindley & Scott, 1984)					

Table A8.8.x. Estimations of the significance of the total indirect effects from goal orientations to success.

	Orig. ab	Mean Bootstrapped ab	Bootstrapped Sd	t = (ab orig.)/ (SD ab Bootstrapped)	BC CI <sub>95</sub>
Mastery Approach → External success <sup>13</sup>	038	076	.074	510	25; .04
Performance Approach → External success <sup>14</sup>	.058	.116	.075	.784	.00; .29
Performance Avoid → External success <sup>15</sup>	032	091	.063	504	24; .01
* p < .05, ** p < .01; *** p < .001 $t_{0.05, 4999} = 1.645; t_{0.01, 4999} = 2.576; t_{0.001, 4999}$	(Lindley & S	cott, 1984)			

<sup>&</sup>lt;sup>10</sup> Mastery Approach  $\rightarrow$  Actions = (MA $\rightarrow$ GD $\rightarrow$ Actions) + (MA $\rightarrow$ GS $\rightarrow$ Actions)

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

<sup>&</sup>lt;sup>11</sup> Performance Approach  $\rightarrow$  Actions = (PA $\rightarrow$ GD $\rightarrow$ Actions) + (PA $\rightarrow$ GS $\rightarrow$ Actions)

<sup>&</sup>lt;sup>12</sup> Performance Avoid  $\rightarrow$  Actions = (PAv $\rightarrow$ GD $\rightarrow$ Actions) + (PAv $\rightarrow$ GS $\rightarrow$ Actions)

<sup>&</sup>lt;sup>13</sup> Mastery Approach → External success =  $[(MA \rightarrow GD \rightarrow Actions) + (MA \rightarrow GS \rightarrow Actions)][Actions \rightarrow External success]$ 

<sup>&</sup>lt;sup>14</sup> Performance Approach → External success = [(PA→GD→Actions) + (PA →GS →Actions)][Actions → External success]

<sup>&</sup>lt;sup>15</sup> Performance Avoid → External success =  $[(PAv \rightarrow GD \rightarrow Actions) + (PAv \rightarrow GS \rightarrow Actions)][Actions \rightarrow External success]$ 

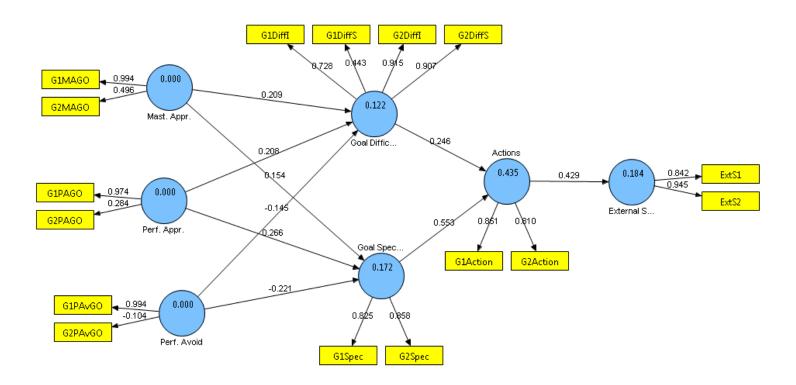


Figure A8.8.iii. Original PLS output for the model investigating the direct relationships between goal orientations, goal-setting, actions, and external success.

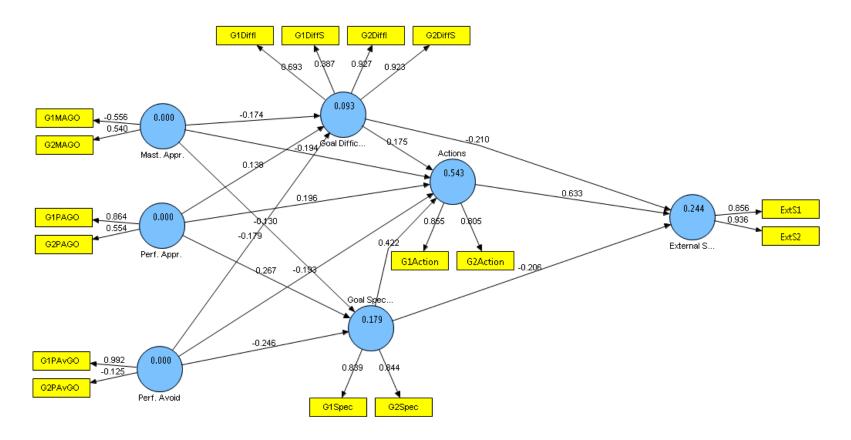


Figure A8.8.iv. Original PLS output for the model investigating the direct and indirect relationships between goal orientations, goal-setting, actions, and external success.

## **APPENDICES PERTAINING TO CHAPTER 9**

# Appendix 9.1: Model estimating the direct effects of entrepreneurial orientations and personal initiative on success.

Prior to investigating the structural relationship between entrepreneurial orientations, personal initiative and success (objective and self-perceptions), the measurement model was examined. Table A9.1.i outlines the factor loadings, composite scale reliability and AVE for each of the variables. In relation to self-perceptions of success, the AVE was above the required cut-off of 0.5, the composite reliability was 0.818 which was again above the required cut-off, and each of the three items loaded quite well on the latent variable. With regard to Personal Initiative, the AVE was a little below the 0.5 cut-off criteria at 0.443, but the composite reliability was high at 0.847. The majority of the factor loadings were in the .60 to .75 range, which is a little below the required level of 0.7. Overall, however, the measurement for this variable is close to the recommended guidelines.

Table A9.1.i. Factor loadings, Weights, Composite Scale Reliability, and Average Variance Extracted (AVE) to assess reliability of constructs.

Construct	Measure	Factor Loadings	Weights of measures	Composite scale Reliability	Average Variance Extracted (AVE)
Entrepreneurial	AO	0.533	0.325	0.662	0.291
Orientations	AutO	0.645	0.399		
	CAgg	0.372	0.163		
	IO	0.581	0.211		
	LO	0.754	0.514		
	RTrs	0.003	-0.186		
Personal Initiative	PI1	0.606	0.094	0.847	0.443
	PI2	0.688	0.138		
	PI3	0.678	0.195		
	PI4	0.701	0.196		
	PI5	0.746	0.389		
	PI6	0.616	0.235		
	PI7	0.612	0.235		
Objective Success	ObjSucc	1.00	1.00	1.00	1.00
Self-Perceptions of	SelfSucc1	0.907	0.637	0.818	0.605
Success	SelfSucc2	0.761	0.353		
	SelfSucc3	0.642	0.239		

The AVE for Entrepreneurial Orientations was quite low at 0.291, but the composite reliability was adequate at 0.662. However, only one of the indicators (Learning Orientations) loaded above 0.7 with most others between 0.5 and 0.7. However, the Risk-Taking indicator loaded extremely low on its LV. Removing the Risk-Taking indicator did increase both the AVE and the composite reliability, but did not increase the AVE to a value above the recommended 0.5. However, as outlined in chapter 10, section 2, the CFA for this variable suggested that all the paths between the indicators and the latent variable were significant. Hence, the EO construct was not changed, and it was deemed appropriate to retain the Risk-Taking indicator.

Moving to address issues of discriminant validity, Table A9.1.ii and A9.1.iii outline the latent variable correlations and cross-loadings. The Fornell-Larcker criterion is met, as the square root of the AVE is higher than any of the correlations between the latent variables. With regard to the cross-loadings, the indicators for Self-Perceptions of Success and Personal Initiative load more highly on their own LV than on any other. With regard to Entrepreneurial Orientations, all the indicators load more highly on their own LV than any other, with the exception of the Risk-Taking variable, which is likely due to its extremely low loading on its own LV as identified above.

Table A9.1.ii Latent variable correlations (entrepreneurial orientations, personal initiative, objective success and self-perceptions of success).

	1.	2.	3.	4.
1. Entrepreneurial Orientations	0.539			
2. Objective Success	0.242	1.000		
3. Personal Initiative	0.307	0.122	0.666	
4. Self-Perceptions of Success	0.329	0.322	0.469	0.777

(Note: Bold numbers on the diagonal show the square root of the AVE; Numbers below the diagonal represent construct correlations)

Moving to consider the structural model, entrepreneurial orientations and personal initiative combined explained 25.7% of the variance in self-perceptions of success and 6.1% of the variance in objective success, which are indicative of large and small-medium effects respectively (see Table A9.1.iv). Both types of  $Q^2$  are above zero for each type of success, indicating that the model overall has predictive relevance.

Table A9.1.iii Cross loadings of indicators (entrepreneurial orientations, personal initiative, objective success and self-perceptions of success).

	EO	Objective Success	PI	Self- Perceptions
				of Success
AOtot	0.533	0.186	0.339	0.123
AutOTot	0.645	0.059	0.192	0.276
CAgg	0.372	-0.061	0.303	0.176
IOTot	0.581	0.229	0.166	0.001
LOTot	0.754	0.210	0.153	0.257
RTTotRS	0.003	-0.065	0.227	-0.101
ObjSucc5	0.242	1.00	0.122	0.322
PI1	0.126	-0.056	0.606	0.143
PI2	0.225	-0.078	0.688	0.209
PI3	0.184	-0.034	0.678	0.276
PI4	0.137	0.022	0.701	0.263
PI5	0.340	0.294	0.746	0.456
PI6	0.180	0.131	0.620	0.286
PI7	0.123	-0.020	0.612	0.326
SelfS1	0.317	0.315	0.528	0.907
SelfS2	0.281	0.271	0.240	0.761
SelfS3	0.119	0.105	0.199	0.642

Table A9.1.iv. Estimation of the structural model (entrepreneurial orientations, personal initiative, objective success and self-perceptions of success).

	$\mathbb{R}^2$	R <sup>2</sup> effect size	<b>Q</b> <sup>2</sup> Cross validated commonality	Q <sup>2</sup> Cross validated redundancy
<b>Objective Success</b>	0.061	Small- medium	1.00	0.132
Self-Perceptions of Success	0.257	Large	0.541	0.009

Looking at the individual path coefficients (see Table A9.1.v and Figure A9.1.i), the only significant path was from personal initiative to self-perceptions of success. The effect size calculation indicates that personal initiative has a medium effect of self-perceptions of success. Although the other paths were non-

significant the effect size calculations indicated that entrepreneurial orientations had a small effect on both objective success and self-perceptions of success. Given the power calculation for the present sample, it is likely that such small effects would become significant in a large sample. The original PLS output can be found in Figure A9.1.ii.

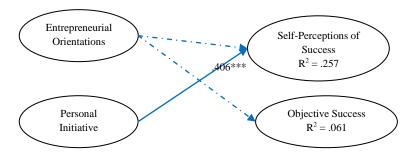


Figure A9.1.i. Results of Partial Least Squares analysis for the model investigating the relationships between entrepreneurial orientations, personal initiative, objective success and self-perceptions of success. (\*\*\* p < .001; \*p < .01; \*p < .05; dashed lined indicate non-significant paths).

Table A9.1.v. Statistical results for Path Coefficients (entrepreneurial orientations, personal initiative, objective success and self-perceptions of success).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	f² effect size
Entrepreneurial Orientations → Objective Success	0.226	1.24	0.183	0.183	133; .585	.050	Small
Entrepreneurial Orientations → Self-Perceptions of Success	0.204	1.20	0.171	0.171	131; .539	.043	Small
Personal Initiative → Objective Success	0.053	0.369	0.143	0.143	227; .333	.002	Negligible
Personal Initiative → Self- Perceptions of Success	0.406***	3.36	0.121	0.121	.169; .643	.198	Medium

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$  where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

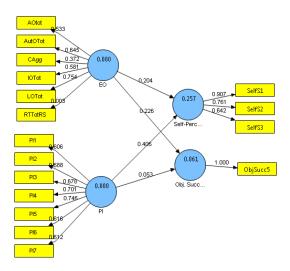


Figure A9.1.ii. Original PLS output for the model examining the direct effects of entrepreneurial orientations and personal initiative on objective success and self-perceptions of success.

# Appendix 9.2: Model estimating the direct effects of entrepreneurial orientations and personal initiative on work engagement.

Before looking at the structural model, which investigated the direct effects of entrepreneurial orientations and personal initiative on work engagement, the measurement model was assessed (see Table A9.2.i). Looking firstly at work engagement, the AVE was 0.773, the composite reliability was 0.911, and the factor loadings were all above 0.80. Hence, there were no issues with measurement of this variable. Moving to examine personal initiative, while the composite reliability was good at 0.854, the AVE was a little below 0.5 at 0.458. In relation to the factor loadings, three of the seven indicators loaded above 0.7, with three others slightly below, in region of 0.64 to 0.69. However, one indicator loaded at 0.523. Hence, the measurement of personal initiative was suboptimal. In relation to entrepreneurial orientations, again, although the composite reliability was above 0.7, the AVE was quite low at 0.321. The factor loadings were in the range of 0.43 to 0.66, which are below the recommended. However, as reported previously, when a CFA was conducted on this variable, the path coefficients for all of the indicators were significant.

Moving to examine the discriminant validity (see Table A9.2.ii and iii), the square root of the AVE was higher than any of the correlations between the latent variables, indicating that their measurement was distinct. None of the individual indicators loaded more highly on another latent variable than on their own, which provides a second method for checking the discrimanant validity.

Table A9.2.i. Factor loadings, Weights, Composite Scale Reliability, and Average Variance Extracted (AVE) to assess reliability of constructs.

Construct	Measure	Factor Loadings	Weights of measures	Composite scale Reliability	Average Variance Extracted (AVE)
Entrepreneurial	AO	0.656	0.391	0.735	0.321
Orientations	AutO	0.429	0.151		
	CAgg	0.621	0.348		
	IO	0.599	0.242		
	LO	0.478	0.230		
	RTrs	0.581	0.359		
Personal Initiative	PI1	0.704	0.182	0.854	0.458
	PI2	0.769	0.238		
	PI3	0.681	0.163		
	PI4	0.723	0.199		
	PI5	0.646	0.244		
	PI6	0.666	0.320		
	PI7	0.523	0.122		
Work Engagement	Vigor	0.921	0.419	0.911	0.773
	Absorption	0.844	0.291		
	Dedication	0.871	0.423		

Table A9.2.ii Latent variable correlations (entrepreneurial orientations, personal initiative, and work engagement).

,	1.	2.	3.
1. Entrepreneurial Orientations	0.566		
2. Personal Initiative	0.417	0.677	
3. Work Engagement	0.375	0.507	0.879

(Note: Bold numbers on the diagonal show the square root of the AVE; Numbers below the diagonal represent construct correlations)

Table A9.2.iii Cross loadings of indicators (entrepreneurial orientations, personal initiative, and work engagement).

	Entrepreneurial	Personal	Work
	Orientations	Initiative	Engagement
AOtot	0.656	0.334	0.273
AutOTot	0.429	0.196	0.106
CAgg	0.621	0.267	0.243
IOTot	0.599	0.163	0.169
LOTot	0.478	0.140	0.161
RTTotRS	0.581	0.259	0.251
PI1	0.353	0.704	0.278
PI2	0.345	0.769	0.363
PI3	0.176	0.681	0.248
PI4	0.237	0.723	0.303
PI5	0.405	0.646	0.372
PI6	0.214	0.666	0.489
PI7	0.230	0.523	0.186
Absorption	0.282	0.321	0.844
Dedication	0.318	0.509	0.871
Vigor	0.379	0.474	0.921

Moving to the structural model, entrepreneurial orientations and personal initiative had a large effect on work engagement, explaining 29% of the variance in total, and the model had predictive relevance as the  $Q^2$  values were above zero (see Table A9.2.iv).

Table A9.2.iv. Estimation of the structural model (entrepreneurial orientations, personal initiative, and work engagement).

	$\mathbb{R}^2$	R <sup>2</sup> effect size	<b>Q</b> <sup>2</sup> Cross validated	<b>Q</b> <sup>2</sup> Cross validated
			commonality	redundancy
Work Engagement	0.290	Large	0.743	0.248

Figure A9.2.i and Table A9.2.v outline the results of the specific paths. Both entrepreneurial orientations and personal initiative had a significant effect on work engagement. However, while personal initiative had a medium-large effect on work engagement, entrepreneurial orientations only had a small effect. The confidence interval for entrepreneurial orientations also included zero, suggesting that this result should be cautiously interpreted.

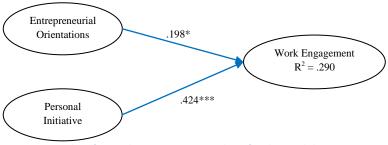


Figure A9.2.i. Results of Partial Least Squares analysis for the model investigating the relationships between entrepreneurial orientations, personal initiative, and work engagement. (\*\*\* p < .001; \*\*p < .01; \* p < .05; dashed lined indicate non-significant paths).

Table A9.2.v. Statistical results for Path Coefficients (entrepreneurial orientations, personal initiative, and work engagement).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	f <sup>2</sup> effect size
Entrepreneurial Orientations → Work Engagement	.198*	1.85	0.108	0.108	014; .410	.044	Small
Personal Initiative → Work Engagement	.424***	4.27	0.099	0.099	.230; .618	.210	Medium- large

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$  where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

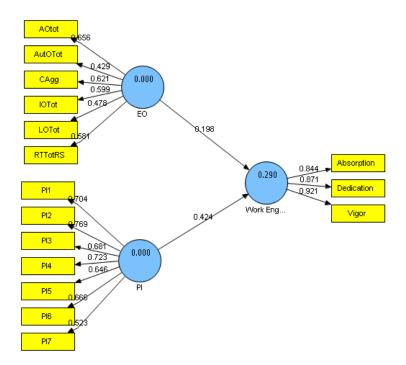


Figure A9.2.ii. Original PLS output for the model examining the direct effects of entrepreneurial orientations and personal initiative on work engagement.

# Appendix 9.3: Model estimating the direct effects of entrepreneurial and creative self-efficacy on success.

The focus of the analysis in this section relates to the direct effects of entrepreneurial self-efficacy and creative self-efficacy on objective success and self-perceptions of success. Firstly, looking at the measurement model (see Table A9.3.i), the AVE and composite reliability were all above the recommended criteria (0.5 and 0.7 respectively) for each of the variables. Looking at the factor loadings, two of those for self-perceptions of success were above 0.7, while the third was 0.661. In relation to the six indicators of entrepreneurial self-efficacy, four were above the recommended 0.7, while the other two were slightly below at 0.668 and 0.641. Of the three creative self-efficacy indicators, one loaded very highly at .936, which the other two were somewhat below the criterion at 0.608 and 0.578. Hence, although a number of the factor loadings were a little low, overall there were few issues with the measurement model.

Table A9.3.i. Factor loadings, Weights, Composite Scale Reliability, and Average Variance Extracted (AVE) to assess reliability of constructs.

Construct	Measure	Factor Loadings	Weights of measures	Composite scale Reliability	Average Variance Extracted (AVE)
Entrepreneurial self-	ESE1	0.668	0.170	0.893	0.586
efficacy	ESE2	0.826	0.230		
	ESE3	0.723	0.208		
	ESE4	0.881	0.258		
	ESE5	0.641	0.155		
	ESE6	0.822	0.267		
Creative self-efficacy	CSE1	0.578	0.261	0.760	0.527
	CSE2	0.608	0.166		
	CSE3	0.936	0.799		
Objective success	ObjSucc	1.00	1.00	1.00	1.00
Self-perceptions of	SelfS1	0.850	0.512	0.826	0.615
success	SelfS2	0.828	0.473		
	SelfS3	0.661	0.262		

Table A9.3.ii outlines the latent variable correlations. The Fornell-Larker criterion is met, as none of the correlations are higher than the square root of the AVE for each of the LVs. Table A9.3.iii highlights the cross-loadings for the measurement model. All of the indicators load most highly on their own LV, although ESE1 also loads quite highly on creative self-efficacy, in addition to entrepreneurial self-efficacy. Overall, however, discriminant validity is evident.

Table A9.3.ii. Latent variable correlations (entrepreneurial self-efficacy, creative-self efficacy, objective success and self-perceptions of success).

	1.	2.	3.	4.
1. Creative Self Efficacy	0.726			
2. Entrepreneurial Self Efficacy	0.457	0.765		
3. Objective Success	0.225	0.081	1.000	
4. Self-perceptions of success	0.196	0.483	0.317	0.784

(Note: Bold numbers on the diagonal show the square root of the AVE; Numbers below the diagonal represent construct correlations)

Table A9.3.iii. Cross loadings of indicators (entrepreneurial self-efficacy, creative self-efficacy, objective success and self-perceptions of success).

	CSE	ESE	Objective Success	Self- perceptions
				of success
CSE1	0.578	0.450	-0.011	0.175
CSE2	0.608	0.456	-0.032	0.140
CSE3	0.936	0.330	0.292	0.159
ESE1	0.619	0.668	0.046	0.287
ESE2	0.337	0.826	0.010	0.396
ESE3	0.303	0.723	0.123	0.340
ESE4	0.350	0.881	0.019	0.444
ESE5	0.255	0.641	0.049	0.260
ESE6	0.305	0.822	0.122	0.442
ObjSucc5	0.225	0.081	1.00	0.317
SelfS1	0.180	0.446	0.315	0.850
SelfS2	0.181	0.413	0.271	0.828
SelfS3	0.068	0.227	0.105	0.661

Moving to examine the structural model, the two types of self-efficacy (entrepreneurial and creative) in total explained 23.4% of the variance in self-perceptions of success (an effect which is approaching the large range) and explained 5.1% of the variance in objective success (a small effect). The Q<sup>2</sup> estimations indicate that the model had predictive relevance (see Table A9.3.iv).

Table A9.3.iv. Estimation of the structural model (entrepreneurial self-efficacy, creative self-efficacy, objective success and self-perceptions of success).

	$\mathbb{R}^2$	R <sup>2</sup> effect size	<b>Q</b> <sup>2</sup> Cross validated commonality	Q <sup>2</sup> Cross validated redundancy
Objective Success	0.051	Small	1.00	.111
Self-Perceptions of Success	0.234	Large	.669	.164

Looking at the significance of the individual paths (see Table A9.3.v and Figure A9.3.i), entrepreneurial self-efficacy had a large positive effect on self-perceptions of success. While none of the other paths reached significance, the results showed that creative self-efficacy had a small effect on objective success also. Given that the present sample is not powerful enough to detect small effects, it is likely that this path may be significant with a larger sample.

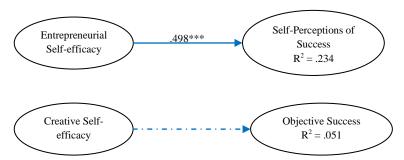


Figure A9.1.i. Results of Partial Least Squares analysis for the model investigating the relationships between entrepreneurial and creative self-efficacy, objective success and self-perceptions of success. (\*\*\* p < .001; \*\*p < .01; \* p < .05; dashed lined indicate non-significant paths).

Table A9.3.v. Statistical results for Path Coefficients (entrepreneurial self-efficacy, creative self-efficacy, objective success and self-perceptions of success).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	f <sup>2</sup> effect size
Entrepreneurial self-efficacy → Objective Success	028	.194	.145	.145	312; .256	.013	Negligible
Entrepreneurial self-efficacy → Self-Perceptions of Success	.498***	4.59	.108	.108	.286; .710	.244	Large
Creative self-efficacy → Objective Success	.238	.978	.244	.244	240; .716	.046	Small
Creative self-efficacy → Self- Perceptions of Success	032	.221	.144	.144	314; .250	0.00	None

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$  where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

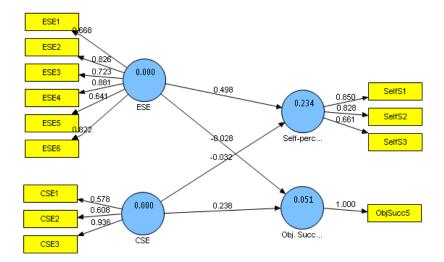


Figure A9.3.ii. Original PLS output for the model examining the direct effects of entrepreneurial self-efficacy and creative self-efficacy on objective success and self-perceptions of success.

# Appendix 9.4: Model investigating the direct and indirect effects of the motivational and volitional resources on objective success and self-perceptions of success

Table A9.4.i. Factor loadings, Weights, Composite Scale Reliability, and AVE of constructs.

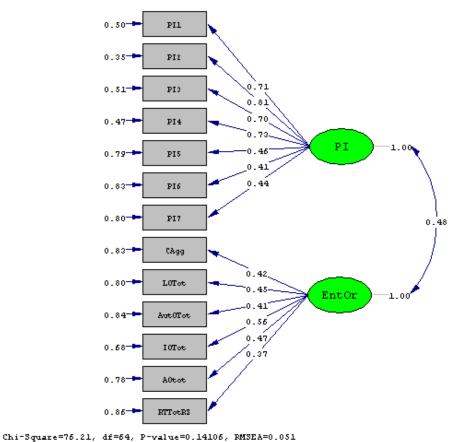
Construct	Measure	Factor Loadings	Weights of measures	Composite scale Reliability	Average Variance Extracted (AVE)
Entrepreneurial	AO	0.671	0.389	0.721	0.310
Orientations	AutO	0.534	0.301		
	CAgg	0.687	0.449		
	IO	0.501	0.169		
	LO	0.344	0.079		
	RTrs	0.534	0.296		
Personal Initiative	PI1	0.693	0.194	0.856	0.460
	PI2	0.762	0.207		
	PI3	0.685	0.177		
	PI4	0.711	0.165		
	PI5	0.660	0.267		
	PI6	0.590	0.209		
	PI7	0.634	0.267		
Entrepreneurial	ESE1	0.746	0.281	0.893	0.582
Self-efficacy	ESE2	0.779	0.180		
	ESE3	0.715	0.196		
	ESE4	0.863	0.240		
	ESE5	0.709	0.241		
	ESE6	0.754	0.176		
Creative Self-	CSE1	0.828	0.489	0.818	0.603
efficacy	CSE2	0.840	0.448		
	CSE3	0.646	0.339		
Work Engagement	Absorption	0.834	0.264	0.910	0.772
	Dedication	0.876	0.433		
	Vigor	0.923	0.434		
Objective Success	ObjSucc	1.00	1.00	1.00	1.00
Self-Perceptions of	SelfSucc1	0.947	0.787	0.784	0.558
Success	SelfSucc2	0.563	0.041		
	SelfSucc3	0.680	0.342		

Table A9.4.ii Average Variance Extracted by constructs and correlations between constructs to assess Convergent and Discriminant Validity.

	1.	2.	3.	4.	5.	6.	7.
1. Creative Self-Efficacy	0.776						
2. Entrepreneurial Orientations	0.415	0.557					
3. Entrepreneurial Self-Efficacy	0.576	0.504	0.763				
4. Objective Success	0.079	0.099	0.076	1.000			
5. Personal Initiative	0.505	0.432	0.612	0.071	0.678		
6. Self-perceptions of success	0.175	0.178	0.439	0.295	0.454	0.747	
7. Work Engagement	0.355	0.365	0.562	0.004	0.478	0.267	0.878

(Note: Bold numbers on the diagonal show the square root of the AVE;

Numbers below the diagonal represent construct correlations)



.ni-square-(b.21, dr-b4, P-value-0.1410b, RMSEA-0.031

Figure A9.4.i CFA for Entrepreneurial Orientations and Personal Initiative (standardised solution shown, all paths are significant).

Table A9.4.iii. Cross-loadings for measurement model

	CSE	ЕО	ESE	Objective Success	PI	Self- perceptions of success	Work Engagement
CSE1	0.828	0.386	0.485	-0.011	0.422	0.135	0.325
CSE2	0.840	0.265	0.486	-0.032	0.487	0.133	0.246
CSE3	0.646	0.317	0.357	0.292	0.238	0.144	0.252
AOtot	0.229	0.671	0.393	0.186	0.329	0.120	0.273
AutOTot	0.107	0.534	0.362	0.059	0.180	0.225	0.110
CAgg	0.364	0.687	0.371	-0.061	0.300	0.163	0.246
IOTot	0.262	0.501	0.036	0.229	0.168	-0.055	0.169
LOTot	0.148	0.344	-0.004	0.210	0.138	0.279	0.159
RTTotRS	0.251	0.534	0.236	-0.065	0.256	-0.077	0.253
ESE1	0.694	0.503	0.746	0.046	0.561	0.263	0.537
ESE2	0.403	0.254	0.779	0.010	0.363	0.351	0.377
ESE3	0.305	0.432	0.715	0.123	0.446	0.340	0.286
ESE4	0.415	0.394	0.863	0.019	0.496	0.390	0.461
ESE5	0.339	0.310	0.709	0.049	0.457	0.315	0.546
ESE6	0.384	0.360	0.754	0.122	0.415	0.375	0.257
ObjSucc5	0.079	0.099	0.076	1.00	0.071	0.295	0.004
PI1	0.296	0.352	0.369	-0.056	0.693	0.171	0.279
PI2	0.327	0.344	0.384	-0.078	0.762	0.219	0.368
PI3	0.280	0.175	0.330	-0.034	0.685	0.335	0.252
PI4	0.285	0.201	0.285	0.022	0.711	0.315	0.305
PI5	0.354	0.426	0.553	0.294	0.660	0.474	0.374
PI6	0.284	0.236	0.427	0.131	0.590	0.287	0.489
PI7	0.486	0.242	0.444	-0.020	0.634	0.292	0.189
SelfS1	0.220	0.255	0.447	0.315	0.490	0.947	0.285
SelfS2	0.200	0.166	0.384	0.271	0.222	0.563	0.015
SelfS3	-0.020	-0.087	0.209	0.105	0.173	0.680	0.124
Absorption	0.296	0.241	0.336	0.003	0.281	0.138	0.834
Dedication	0.323	0.330	0.560	-0.037	0.496	0.236	0.876
Vigor	0.315	0.366	0.532	0.045	0.436	0.296	0.923

Table A9.4.iv Estimation of the structural model (entrepreneurial orientations, personal initiative, entrepreneurial self-efficacy, creative self-efficacy, work engagement, objective success and self-perceptions of success).

		Direct	effects only mo	del	Direct and indirect effects model			
	R <sup>2</sup>	R <sup>2</sup> effect size	Q <sup>2</sup> Cross validated commonality	Q <sup>2</sup> Cross validated redundancy	R <sup>2</sup>	R <sup>2</sup> effect size	Q <sup>2</sup> Cross validated commonality	Q <sup>2</sup> Cross validated redundancy
Entrepreneurial self-efficacy	0.446	Large	.704	.325	0.424	Large	.707	.310
Creative self- efficacy	0.303	Large	.702	.279	0.294	Large	.710	.265
Work Engagement	0.317	Large	.764	.140	0.351	Large	.759	.063
Objective success	0.000	None	1.00	041	0.025	Small	1.00	.060
Self-perceptions of success	0.071	Small	.652	105	0.275	Large	.608	.162

Table A9.4.v Statistical results for Path Coefficients in direct effects only model (entrepreneurial orientations, personal initiative, entrepreneurial self-efficacy, creative self-efficacy, work engagement, objective success and self-perceptions of success).

	ß	t	SD	SE	$CI_{95}$	$f^2$	$f^2$ effect size
Entrepreneurial orientations → creative self-efficacy	0.242*	2.04	0.119	0.119	.009; .475	.062	Small
Entrepreneurial orientations → entrepreneurial self-efficacy	0.295**	2.77	0.106	0.106	.087; .503	.132	Small- Medium
Personal Initiative →Creative self- efficacy	0.401**	3.20	0.125	0.125	.156; .646	.174	Medium
Personal initiative →entrepreneurial self-efficacy	0.485***	4.89	0.099	0.099	.291; .679	.354	Large
Creative self-efficacy → work engagement	0.046	0.398	0.116	0.116	181; .273	0.00	None
Entrepreneurial self-efficacy → Work engagement	0.536***	5.51	0.097	0.097	.346; .726	.281	Medium- Large
Work engagement →self-perceptions of success	0.267	1.46	0.183	0.183	092; .626	N/A	Only predictor
Work engagement → objective success	0.004	0.040	0.103	0.103	198; .206	N/A	Only predictor

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$ where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

(Hinkle, Wiersma & Jurs, 1998)

Table A9.4.vi Statistical results for Path Coefficients in fully specified model (entrepreneurial orientations, personal initiative, entrepreneurial self-efficacy, creative self-efficacy, work engagement, objective success and self-perceptions of success).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	$f^2$ effect size
Entrepreneurial orientations → creative self-efficacy	.247*	1.97	0.126	0.126	0.00; .247	.064	Small
Entrepreneurial orientations → entrepreneurial self-efficacy	.259*	2.25	0.115	0.115	035; .553	.099	Small- Medium
Entrepreneurial orientations → work engagement	.092	0.692	0.134	0.134	171; .354	.008	Negligible
Entrepreneurial orientations  →objective success	.121	0.670	0.181	0.181	233; .476	.012	Very small
Entrepreneurial orientations→ self- perceptions of success	020	0.110	0.181	0.181	375; .335	001	Negligible
Personal Initiative →Creative self- efficacy	.389**	2.93	0.133	0.133	.128; .650	.161	Medium
Personal initiative →entrepreneurial self-efficacy	.498***	4.81	0.104	0.104	.294; .702	.358	Large
Personal initiative → work engagement	.228	1.60	0.143	0.143	052; .508	006	Negligible
Personal initiative → objective success	.041	0.265	0.156	0.156	265; .347	003	Negligible
Personal initiative → self- perceptions of success	.277*	1.84	0.151	0.151	019; .573	.055	Small
Creative self-efficacy → work engagement	007	0.050	0.136	0.136	274; .260	.00	None
Creative self-efficacy →objective success	.041	0.248	0.165	0.165	282; .364	.001	Negligible
Creative self-efficacy →self- perceptions of success	143	0.975	0.147	0.147	431; .145	.011	Very small
Entrepreneurial self-efficacy → Work engagement	.375**	2.88	0.130	0.130	.120; .630	.112	Small- Medium
Entrepreneurial self-efficacy → objective success	.021	0.108	0.192	0.192	355; .397	009	Negligible
Entrepreneurial self-efficacy → self- perceptions of success	.470*	2.46	0.191	0.191	.096; .844	.098	Small- medium
Work engagement →self-perceptions of success	140	0.832	0.168	0.168	469; .189	.006	Negligible
Work engagement → objective success	088	0.596	0.147	0.147	376; .200	.006	Negligible

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed) Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$ where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

(Lindley & Scott, 1984)

Table A9.4.vii Test of the indirect effects of Entrepreneurial Orientations and Personal Initiative on work engagement, via entrepreneurial self-efficacy and creative self-efficacy.

Indirect path	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
EO →ESE →WEng	.097	.109	.057	1.70*	.01; .23
$EO \rightarrow CSE \rightarrow WEng$	002	004	.041	.000	10; .08
$PI \rightarrow ESE \rightarrow WEng$	.187	.190	.081	2.31*	.06; .37
$PI \rightarrow CSE \rightarrow WEng$	003	120	.058	051	14; .09

<sup>\*</sup> p < .05, \*\* p < .01; \*\*\* p < .001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

t = (ab original) / (SD ab Bootstrapped)

Table A9.4.viii Test of the indirect effects of entrepreneurial self-efficacy and creative self-efficacy on objective success and self-perceptions of success, via work engagement.

Indirect path	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
ESE → WEng →Obj. Success	033	040	.062	53	18; .07
$ESE \rightarrow WEng \rightarrow Self$ -perceptions of success	053	058	.076	070	22; .08
$CSE \rightarrow WEng \rightarrow Obj. Success$	.001	.006	.023	.043	04; .07
$CSE \rightarrow WEng \rightarrow Self$ -perceptions of success	.001	.003	.031	.032	06; .08

<sup>\*</sup> p < .05, \*\* p < .01; \*\*\* p < .001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

t = (ab original) / (SD ab Bootstrapped)

Table A9.4.ix Test of the indirect effects of Entrepreneurial Orientations and Personal Initiative on objective success and self-perceptions of success, via entrepreneurial self-efficacy, creative self-efficacy and work engagement.

Indirect path	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
EO →ESE →WEng → Obj. Success	014	011	.019	715	06; .02
EO →ESE →WEng → Self-perceptions of Success	009	017	.023	371	07; .02
EO →ESE → Obj. Success	.005	.008	.059	.092	12; .13
EO →ESE → Self-perceptions of Success	.122	.141	.090	1.35	.00; .34
EO → CSE →WEng → Obj. Success	.0003	.001	.007	.040	01; .02
EO → CSE → WEng → Self-perceptions of success	.0002	.001	.009	.020	02; .02
EO →CSE → Obj. Success	.010	.016	.049	.207	07; .13
EO →CSE → Self-perceptions of Success	035	040	.050	706	16; .04
PI →ESE →WEng →Obj. Success	026	019	.031	845	09; .04
PI →ESE →WEng →Self-perceptions of Success	016	028	.039	422	12; .05
PI →ESE → Obj. Success	.010	.009	.102	.103	22; .19
PI →ESE → Self-perceptions of Success	.234	.227	.100	2.34*	.02; .42
$PI \rightarrow CSE \rightarrow WEng \rightarrow Obj.$ Success	.0004	.002	.010	.042	01; .03
PI → CSE → WEng → Self-perceptions of success	.0003	.002	.014	.012	02; .03
PI →CSE → Obj. Success	.016	.012	.068	.235	13; .15
PI →CSE → Self-perceptions of Success	056	057	.064	869	20; .06

<sup>\*</sup> p < .05, \*\* p < .01; \*\*\* p < .001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

t = (ab original) / (SD ab Bootstrapped)

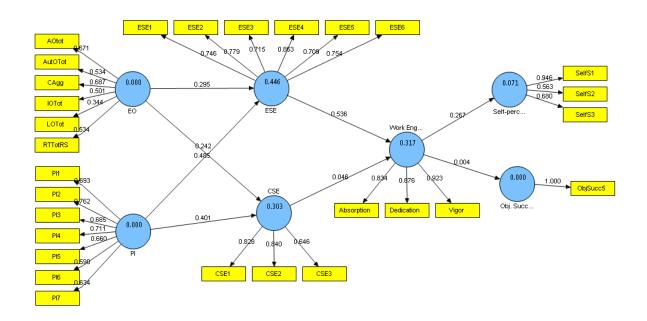


Figure A9.4.ii Original PLS output for the model specifying the direct effects between each sequential level of the model only (Entrepreneurial orientations, personal initiative, entrepreneurial self-efficacy, creative self-efficacy, work engagement, objective success and self-perceptions of success).

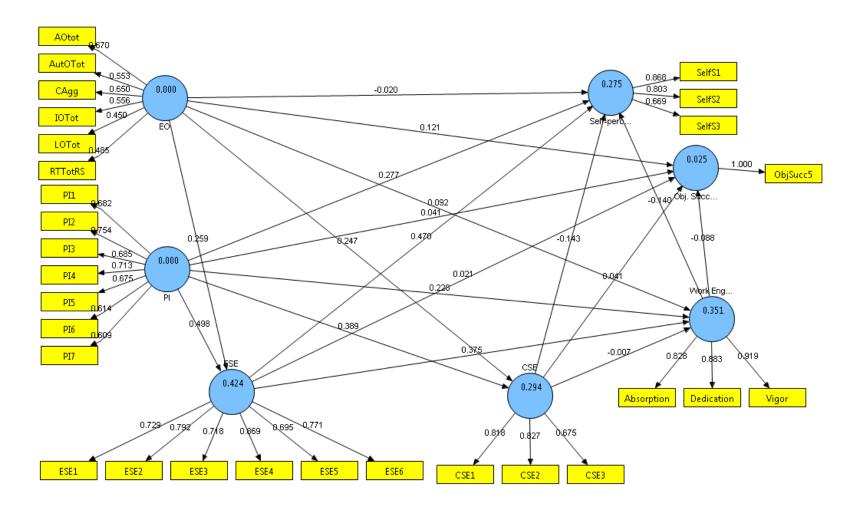


Figure A9.4.iii Original PLS output for the fully specified model (Entrepreneurial orientations, personal initiative, entrepreneurial self-efficacy, creative self-efficacy, work engagement, objective success and self-perceptions of success).

# Appendix 9.5: Model estimating the direct effects of entrepreneurial orientations and personal initiative on external success

This model investigates the direct effects of entrepreneurial orientations and personal initiative on external success. Given that there was a reduced response rate for this variable, the sample size for this model is reduced to N = 48. This sample size is only sufficient to detect large effects in the present model which has a maximum of two arrows pointing to any given variable (Green, 1991).

Table A9.5.i outlines the factor loadings, composite scale reliability and AVE for each of the variables. The measurement of external success was good, with both the AVE and composite reliability between .80 and .90, and high factor loadings for the two individual indicators. However, the measurement components of both entrepreneurial orientations and personal initiative were quite poor, with both the AVE and the composite reliability between 0.1 and 0.2 for both variables. These low values are likely due to the fact that some of the items are loading negatively on each of the two latent variables. This is quite unusual, given that this did not occur in previous models, where all items loaded positively for each latent variable. One possible tentative explanation may be that the individual items are differentially predicting external success (the dependent variable), which because of the iterative nature of the PLS algorithm may be resulting in some negative factor loadings in this case.

Moving to assess the discriminant validity (see Tables A9.5.ii and iii), the latent variable correlations were below the square root of the AVEs as required, while the cross-loadings were largely unproblematic except in the case of one of the entrepreneurial orientations indicators (LO) which loaded more highly on personal initiative and two of the personal initiative indicators (PI3 and PI7), which loaded on entrepreneurial orientations. However, given the problems with the factor loadings outlined above, this is not surprising.

Table A9.5.i. Factor loadings, Weights, Composite Scale Reliability, and Average Variance Extracted (AVE) to assess reliability of constructs.

Construct	Measure	Factor Loadings	Weights of measures	Composite scale Reliability	Average Variance Extracted (AVE)
Entrepreneurial	AO	-0.207	-0.400	0.123	0.161
Orientations	AutO	-0.443	-0.464		
	CAgg	0.254	0.154		
	IO	0.664	0.809		
	LO	0.113	-0.154		
	RTrs	0.460	0.334		
Personal Initiative	PI1	0.780	0.958	0.180	0.158
	PI2	0.463	0.019		
	PI3	0.096	-0.206		
	PI4	0.341	0.099		
	PI5	-0.056	0.109		
	PI6	-0.372	-0.557		
	PI7	-0.116	-0.244		
External Success	ExtSucc1	0.874	0.490	0.893	0.808
	ExtSucc2	0.923	0.620		

Despite the poor indicator values for entrepreneurial orientations and personal initiative, the structural model for this SEM model was evaluated in order to be able to assess the impact of the direct effects of both entrepreneurial orientations and personal initiative on external success, independently of the indirect effects.

Table A9.5.ii Latent variable correlations (entrepreneurial orientations, personal initiative, and external success).

	1.	2.	3.
1. Entrepreneurial Orientations	0.401		
2. External Success	-0.254	0.899	
3. Personal Initiative	0.233	-0.346	0.397

(Note: Bold numbers on the diagonal show the square root of the AVE; Numbers below the diagonal represent construct correlations)

Table A9.5.iii Cross loadings of indicators (entrepreneurial orientations, personal initiative, and external success).

	Entrepreneurial	External	Personal
	Orientations	Success	Initiative
AOtot	-0.207	0.085	0.062
AutOTot	-0.443	0.099	-0.007
CAgg	0.254	-0.033	0.001
IOTot	0.664	-0.173	0.143
LOTot	0.113	0.033	-0.173
RTTotRS	0.460	-0.071	0.334
ExtS1	-0.113	0.874	-0.324
ExtS2	-0.320	0.923	-0.303
PI1	0.165	-0.245	0.780
PI2	0.115	-0.005	0.463
PI3	-0.154	0.053	0.096
PI4	0.221	-0.025	0.341
PI5	0.105	-0.028	-0.056
PI6	-0.095	0.143	-0.372
PI7	0.185	0.063	-0.116

Looking at the structural model, entrepreneurial orientations and personal initiative combined explained 15.1% of the variance in external success, which is a medium effect (see Table A9.5.iv). The cross-validated commonality  $Q^2$  is above zero, but the cross validated redundancy  $Q^2$  is not above zero, indicating that there is an issue with the predictive relevance of the model. This may be due to the reduced sample size however.

Table A9.5.iv. Estimation of the structural model (entrepreneurial orientations, personal initiative, objective success and self-perceptions of success).

	$\mathbb{R}^2$	R <sup>2</sup> effect	$Q^2$	$Q^2$
		size	Cross	Cross
			validated	validated
			commonality	redundancy
<b>External Success</b>	0.151	Medium	.850	.000

Both entrepreneurial orientations and personal initiative had a small effect on external success, but neither of the paths reached significant, which is likely due to the reduced sample size (see Table A9.5.v). Of note however, is that these effects were negative, which is in the opposite direction to that specified in the hypotheses, and that found for the other two forms of success. However, it is difficult to say whether this is an artefact of the measurement issues, or is a true effect. The original PLS output can be found in Figure A9.5.i.

Table A9.5.v. Statistical results for Path Coefficients (entrepreneurial orientations, personal initiative and external success).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	f² effect size
Entrepreneurial Orientations → External Success	183	.676	.270	.270	712; .346	.029	Small
Personal Initiative → External Success	304	.919	.330	.330	951; .343	.073	Small

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$  where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

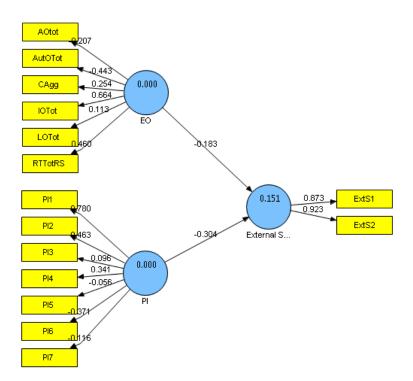


Figure A9.5.i. Original PLS output for the model examining the direct effects of entrepreneurial orientations and personal initiative on external success.

### Appendix 9.6: Model estimating the direct effects of entrepreneurial selfefficacy and creative self-efficacy on external success

The focus of the analysis in this section relates to examining the direct effects of entrepreneurial self-efficacy and creative self-efficacy on external success. The sample size requirements are the same as that outlined in Appendix 9.5, and hence, the sample is sufficient to detect only large effects. Firstly, looking at the measurement model (see Table A9.6.i), the AVE and composite reliability were all above the recommended criteria (0.5 and 0.7 respectively) for each of the variables, except for the AVE of entrepreneurial self-efficacy, which was slightly below this at .420. This may be due to a very low factor loading on one of the indicators for this variable (ESE1). A number of the other indicators loaded somewhat lower than optimally for this variable also. For creative self-efficacy, two of the indicators loading above 0.8, while the third loaded at .565. Both of the external success loaded above the recommended level of 0.8.

Table A9.6.i. Factor loadings, Weights, Composite Scale Reliability, and Average Variance Extracted (AVE) to assess reliability of constructs.

Construct	Measure	Factor Loadings	Weights of measures	Composite scale Reliability	Average Variance Extracted (AVE)
Entrepreneurial self-	ESE1	0.072	-0.184	.786	.420
efficacy	ESE2	0.771	0.283		
	ESE3	0.684	0.348		
	ESE4	0.637	-0.007		
	ESE5	0.525	0.153		
	ESE6	0.880	0.548		
Creative self-efficacy	CSE1	0.822	0.559	.787	.558
	CSE2	0.565	0.135		
	CSE3	0.825	0.564		
External success	ExtS1	0.922	0.617	.894	.808
	ExtS2	0.875	0.493		

Moving to the assessment of discriminant validity, the Fornell-Larcker criterion is met (see Table A9.6.ii) as the square root of the AVE is higher than any of the inter-correlations between the latent variables. As a second check on discriminant validity, all of the indicators load more highly on their own latent variable than on any other, with the exception of one of the indicators (ESE1) for entrepreneurial self-efficacy, which loads more highly on creative self-efficacy (see Table A9.6.iii). However, the loading for this item is problematic as outlined in the previous paragraph. Hence, although there are a number of small issues evident in the measurement of this model, overall it is reasonably adequate.

Table A9.6.ii Latent variable correlations (entrepreneurial self-efficacy, creative-self efficacy, external success).

	1.	2.	3.
1. Creative Self-Efficacy	0.747		
2. Entrepreneurial Self-Efficacy	0.191	0.648	
3. External Success	-0.114	0.295	0.899

(Note: Bold numbers on the diagonal show the square root of the AVE; Numbers below the diagonal represent construct correlations)

Table A9.6.iii Cross loadings of indicators (entrepreneurial self-efficacy, creative self-efficacy, external success).

	Creative Self- Efficacy	Entrepreneurial Self-Efficacy	<b>External Success</b>
CSE1	0.822	0.037	-0.097
CSE2	0.565	0.244	-0.024
CSE3	0.825	0.244	-0.010
ESE1	0.743	0.072	-0.098
ESE2	0.281	0.771	0.149
ESE3	0.268	0.684	0.184
ESE4	0.361	0.637	-0.003
ESE5	0.293	0.525	0.081
ESE6	0.206	0.880	0.290
ExtS1	-0.121	0.288	0.922
ExtS2	-0.081	0.238	0.875

Examining the structural model indicates that the two types of self-efficacy (entrepreneurial and creative) in total explained 10.7% of the variance in external success (a medium effect). The  $Q^2$  estimations indicate that the model had predictive relevance (see Table A9.6.iv).

Table A9.6.iv. Estimation of the structural model (entrepreneurial self-efficacy, creative self-efficacy, external success).

	$\mathbb{R}^2$	R <sup>2</sup> effect size	<b>Q</b> <sup>2</sup> Cross	Q <sup>2</sup> Cross
			validated	validated
			commonality	redundancy
External Success	0.117	Medium	0.822	0.097

Looking at the significance of the individual paths (see Table A9.6.v), entrepreneurial self-efficacy had a small-medium effect on external success, while creative self-efficacy had a small effect. However, neither of these paths reached statistical significance. Given that the present sample is not powerful enough to detect small or medium effects, it is likely that these paths may be significant with a larger sample. However, of note is the fact that while entrepreneurial self-efficacy had a positive effect on external success, in line with expectations, creative self-efficacy had a negative effect, which contradicted that which was expected. The original PLS output in shown in Figure A9.6.i.

Table A9.6.v. Statistical results for Path Coefficients (entrepreneurial self-efficacy, creative self-efficacy, objective success and self-perceptions of success).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	f <sup>2</sup> effect size
Entrepreneurial self-efficacy → External Success	.329	1.01	.326	.326	310; .968	.117	Small- medium
Creative self-efficacy → External Success	177	.944	.188	.188	545; .191	.034	Small

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$  where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

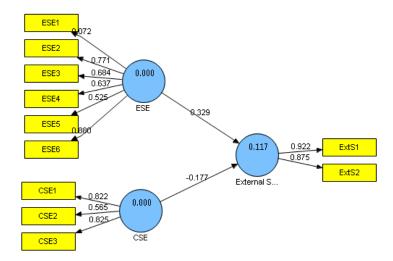


Figure A9.6.i. Original PLS output for the model examining the direct effects of entrepreneurial self-efficacy and creative self-efficacy on external success.

# Appendix 9.7: Model estimating the direct and indirect effects of entrepreneurial orientations and personal initiative, entrepreneurial and creative self-efficacy and work engagement on external success

This model investigates the direct and indirect effects of the motivational and volitional resources on external success, and follows the same procedure as the model which investigated the effects of these variables on objective success and self-perceptions of success (see section 9.2 in chapter 9). As in section 9.2, two versions of the model were specified; one which specified only the direct paths between each sequential step in the model, and a second, the fully specified model, which included all the potential direct and indirect paths. Given that both measurement models were very similar, the assessment of the measurement model outlined below refers to first model above (direct effects only). Table A9.7.i presents a summary of the factor loadings, composite reliability and Average Variance Extracted for each latent variable. All of the reliabilities were above 0.6 indicating that the measures are reliable, and two of the AVE were above 0.5 (work engagement and creative self-efficacy), indicating more than 50% of the variance in the indicators are accounted for in each LV. The AVE for personal initiative was slightly below the recommended criterion of 0.5 at 0.454, as were the AVEs for entrepreneurial self-efficacy at .481 and external success at .443. The AVE for entrepreneurial orientations was somewhat lower at 0.362. The AVE results for personal initiative and entrepreneurial orientations are similar to those found in the analysis of the complete dataset. However, in this previous analysis, where the sample size was larger, the AVE for entrepreneurial self-efficacy was not an issue. Similarly, the AVE for external success in the previous analyses outlined in Appendices 9.5 and 9.6 was very high. Hence, these deviations were considered relatively minor.

Table A9.7.i. Factor loadings, Weights, Composite Scale Reliability, and AVE of constructs.

Construct	Measure	Factor Loadings	Weights of measures	Composite scale Reliability	Average Variance Extracted (AVE)
Entrepreneurial	AO	0.709	0.361	0.763	0.362
Orientations	AutO	0.367	0.187		
	CAgg	0.647	0.259		
	IO	0.724	0.313		
	LO	0.646	0.262		
	RTrs	0.414	0.272		
Personal Initiative	PI1	0.642	0.192	0.852	0.454
	PI2	0.704	0.182		
	PI3	0.673	0.146		
	PI4	0.753	0.170		
	PI5	0.747	0.318		
	PI6	0.592	0.234		
	PI7	0.587	0.249		
Entrepreneurial	ESE1	0.634	0.334	0.846	0.481
Self-efficacy	ESE2	0.688	0.177		
	ESE3	0.595	0.200		
	ESE4	0.795	0.247		
	ESE5	0.753	0.321		
	ESE6	0.678	0.162		
Creative Self-	CSE1	0.778	0.457	0.810	0.587
efficacy	CSE2	0.767	0.433		
	CSE3	0.753	0.416	0.926	
Work Engagement	Absorption	0.858	0.323		0.808
	Dedication	0.909	0.376		
	Vigor	0.927	0.411		
External Success	ExtSucc1	0.239	-0.527	0.542	0.443
	ExtSucc2	0.911	1.24		

Looking at the factor loadings, all of the indicators for work engagement and creative self-efficacy were above 0.7. Only two of the factor loadings for entrepreneurial orientations were above 0.7 (AO and IO), with a further two slightly below at .647 and .646 (CAgg and LO respectively). The final two indicators were quite low and in the range of .36 to .42 (AutO and RT). Personal initiative had three indicators that were above 0.7, with two others above .6 and two above .58. For entrepreneurial self-efficacy, two indicators were above 0.7, two were above .675, one was at .634 and the final indicators loaded at .595. Finally, looking at external success, one of its two indicators loaded very highly, while the second loaded quite poorly. These issues with factor loadings may account for the problematic AVEs. To evaluate discriminant validity, the square root of the AVEs were compared with the correlations

between the LVs (displayed in Table A9.7.ii). The AVEs are all larger than the square of the correlations between LVs, indicating that more variance is shared between the LV and its block of indicators than with any other LV- i.e. discriminant validity is evident. As a second check on discriminant validity the cross-loadings were examined (see Table A9.7.iii). With the exception of one of the entrepreneurial self-efficacy items, which also loaded on creative self-efficacy, all of the indicators loaded more highly on their own latent variable than on any other.

Table A9.7.ii. Average Variance Extracted by constructs and correlations between constructs to assess Convergent and Discriminant Validity.

	1.	2.	3.	4.	5.	6.
Creative Self-Efficacy	0.766					
2. Entrepreneurial Orientations	0.468	0.601				
3. Entrepreneurial Self-Efficacy	0.592	0.433	0.694			
4. External Success	-0.055	0.058	0.067	0.666		
5. Personal Initiative	0.441	0.447	0.534	-0.046	0.674	
6. Work Engagement	0.403	0.411	0.631	-0.048	0.558	0.899

(Note: Bold numbers on the diagonal show the square root of the AVE;

Numbers below the diagonal represent construct correlations)

Table A9.7.iii. Cross-loadings for measurement model

	Creative Self- Efficacy	Entrepreneurial Orientations	Entrepreneurial Self-Efficacy	External Success	Personal Initiative	Work Engagement
CSE1	0.778	0.468	0.425	0.019	0.245	0.325
CSE2	0.767	0.191	0.463	-0.089	0.418	0.387
CSE3	0.753	0.414	0.477	-0.061	0.357	0.209
AOtot	0.282	0.709	0.412	0.193	0.397	0.399
AutOTot	0.131	0.367	0.231	0.219	0.033	-0.063
CAgg	0.259	0.647	0.234	-0.021	0.239	0.229
IOTot	0.422	0.724	0.166	-0.141	0.297	0.154
LOTot	0.325	0.646	0.169	0.075	0.328	0.236
RTTotRS	0.213	0.414	0.309	-0.084	0.209	0.404
ESE1	0.722	0.559	0.634	0.051	0.448	0.520
ESE2	0.301	0.103	0.688	-0.122	0.181	0.387
ESE3	0.261	0.323	0.595	0.235	0.397	0.227
ESE4	0.363	0.253	0.795	-0.013	0.303	0.464
ESE5	0.368	0.188	0.753	-0.011	0.484	0.597
ESE6	0.233	0.246	0.678	0.195	0.261	0.231
ExtS1	-0.090	-0.070	0.092	0.239	0.025	0.014
ExtS2	-0.083	0.017	0.093	0.911	-0.027	-0.033
PI1	0.284	0.271	0.275	-0.150	0.642	0.364
PI2	0.282	0.333	0.251	-0.030	0.704	0.347
PI3	0.122	0.296	0.287	0.096	0.673	0.293
PI4	0.182	0.371	0.300	-0.115	0.753	0.381
PI5	0.395	0.382	0.517	-0.013	0.747	0.428
PI6	0.330	0.204	0.348	0.089	0.592	0.535
PI7	0.335	0.237	0.385	-0.093	0.587	0.225
Absorption	0.389	0.360	0.474	-0.181	0.466	0.858
Dedication	0.336	0.359	0.573	-0.066	0.492	0.909
Vigor	0.367	0.389	0.639	0.084	0.540	0.927

Table A9.7.iv outlines the R<sup>2</sup> values and predictive relevance for both versions of the models. In the model specifying only the direct paths between each sequential step, 33.2% of the variance in entrepreneurial self-efficacy and 28.6% of the variance in creative self-efficacy were explained by entrepreneurial orientations and personal initiative. In turn, these two forms of self-efficacy explained 40% of the variance in work engagement and work engagement explained 2% of the variance in external success. Unsurprisingly, this version of the model did not demonstrate predictive relevance for external success, but did demonstrate predictive relevance for all other variables.

Table A9.7.iv. Estimation of the structural model (entrepreneurial orientations, personal initiative, entrepreneurial self-efficacy, creative self-efficacy, work engagement, and external success).

		Direct e	effects only mod	lel		Direct and indirect effects model					
	R <sup>2</sup>	R <sup>2</sup> effect size	Q <sup>2</sup> Cross validated commonalit	Q <sup>2</sup> Cross validated redundanc	R <sup>2</sup>	R <sup>2</sup> effect size	Q <sup>2</sup> Cross validated commonalit	Q <sup>2</sup> Cross validated redundanc			
Entrepreneurial self-efficacy	.332	Large	<b>y</b> .519	<b>y</b> .084	.321	Large	<b>y</b> .519	<b>y</b> .085			
Creative self- efficacy	.286	Large	.549	.145	.276	Large	.547	.129			
Work Engagement	.400	Large	.879	.361	.486	Large	.879	.487			
External success	.002	Negligible	031	102	.058	Small	.482	200			

Looking at the fully specified model, entrepreneurial orientations and personal initiative explained slightly less of the variance in entrepreneurial self-efficacy and creative self-efficacy (32.1% and 27.6% respectively) in this model, but both effects were still large in size. Slightly more of the variance in work engagement was explained (48.6%) when the direct path from entrepreneurial orientations and personal initiative were included as well as the two forms of self-efficacy as predictors. Finally, this version of the model still demonstrated issues with the predictive relevance for external success, with the cross validated commonality  $Q^2$  above zero, but the cross-validated redundancy  $Q^2$  below zero.

Looking at the direct paths (see Table 9.7.a. and Figure 9.7.a.), both entrepreneurial orientations and personal initiative had a significant effect on creative self-efficacy, while personal initiative also predicted entrepreneurial orientations. Entrepreneurial self-efficacy had a significant effect on work engagement. However, the effects of creative self-efficacy on work engagement, and work engagement on self-perceptions of success and objective success were not significant.

In the fully specified model (see Table 9.6.b and Figure 9.3.b), these significant paths remained so. In addition, personal initiative had a significant direct effect on work engagement. The original PLS output for both versions of the model can be found in Appendix 10.4. These significant direct paths are in line with the direct effects models that are outlined in Appendices 9.1 through 9.3. However, in the fully specified model, personal initiative had a significant effect on work engagement. In the model including the larger sample (N=75), entrepreneurial orientations also had a significant effect on entrepreneurial self-efficacy, but personal initiative did not have a direct effect on work engagement. However, in the fully specified model, nearly all the non-significant paths, except for those to external success, were small in magnitude, suggesting that they may be significant in a larger sample.

Given that none of the variables had a direct effect on external success, the indirect paths from the more distal variables through the more proximal ones were not calculated. Indirect effects from entrepreneurial orientations to work engagement, via entrepreneurial and creative self-efficacy were previously calculated in the full sample, and hence, were not re-calculated here.

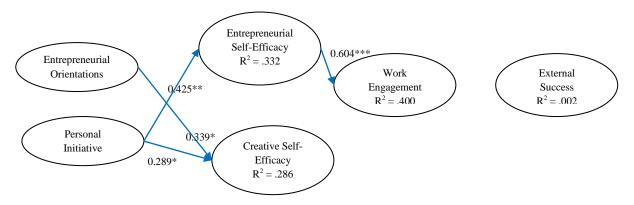


Figure A9.7.i. Results of Partial Least Squares analysis for the model investigating the relationships between entrepreneurial orientations, personal initiative, entrepreneurial self-efficacy, creative self-efficacy, work engagement, and external success. (\*\*\* p < .001; \*\*p < .01; \* p < .05; non-significant paths are not shown).

Table A9.7.vi. Statistical results for Path Coefficients in direct effects only model (entrepreneurial orientations, personal initiative, entrepreneurial self-efficacy, creative self-efficacy, work engagement, objective success and self-perceptions of success).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	$f^2$ effect size
Entrepreneurial orientations → creative self-efficacy	.339*	2.22	0.153	0.153	.039; .639	.112	Small- medium
Entrepreneurial orientations → entrepreneurial self-efficacy	.242	1.55	0.157	0.157	066; .550	.078	Small
Personal Initiative →Creative self-efficacy	.289*	1.83	0.158	0.158	021; .598	.064	Small
Personal initiative  →entrepreneurial self-efficacy	.425**	2.91	0.146	0.146	.139; .711	.138	Small- medium
Creative self-efficacy → work engagement	.045	0.311	0.145	0.145	239; .329	.008	Negligible
Entrepreneurial self-efficacy → Work engagement	.604***	6.779	0.089	0.089	.430; .778	.39	Large
Work engagement →external success	048	0.232	0.208	0.208	456; .360	N/A	Only predictor

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$  where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

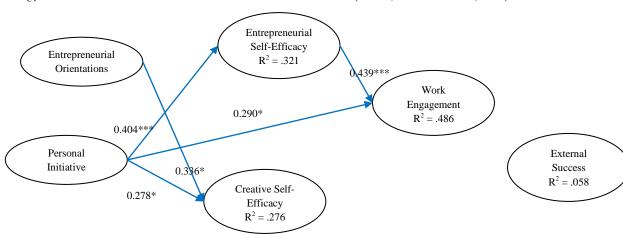


Figure A9.7.ii. Results of Partial Least Squares analysis for the model investigating the relationships between entrepreneurial orientations, personal initiative, entrepreneurial self-efficacy, creative self-efficacy, work engagement, and external success. (\*\*\* p < .001; \*\*p < .01; \* p < .05; non-significant paths are not shown).

Table A9.7.vii. Statistical results for Path Coefficients in fully specified model (entrepreneurial orientations, personal initiative, entrepreneurial self-efficacy, creative self-efficacy, work engagement, and external success).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	f² effect size
Entrepreneurial orientations → creative self-efficacy	.336*	2.08	0.162	0.162	.018; .654	.109	Small- medium
Entrepreneurial orientations → entrepreneurial self-efficacy	.253	1.51	0.168	0.168	076; .582	.080	Small
Entrepreneurial orientations → work engagement	.147	1.04	0.141	0.141	129; .423	.025	Small
Entrepreneurial orientations  →external success	013	0.057	0.226	0.226	456; .430	.003	Negligible
Personal Initiative →Creative self-efficacy	.278*	1.67	0.167	0.167	049; .605	.062	Small
Personal initiative  →entrepreneurial self-efficacy	.404**	2.69	0.150	0.150	.110; .698	.186	Medium
Personal initiative → work engagement	.290*	1.92	0.151	0.151	006; .586	.109	Small- medium
Personal initiative → external success	.002	0.009	0.257	0.257	502; .506	.00	None
Creative self-efficacy → work engagement	046	0.299	0.156	0.156	352; .260	012	Negligible
Creative self-efficacy →external success	232	0.992	0.234	0.234	691; .227	.035	Small
Entrepreneurial self-efficacy → Work engagement	.439***	3.73	0.117	0.117	.210; .668	.198	Medium
Entrepreneurial self-efficacy → external success	.320	0.986	0.324	0.324	315; .955	.048	Small
Work engagement → external success	115	0.455	0.252	0.252	609; .379	009	Negligible

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95}$  =  $\beta$  ±  $t_{CV}$ \*SE where  $t_{CV}$  = 1.96 for two-tailed 95% Confidence Interval

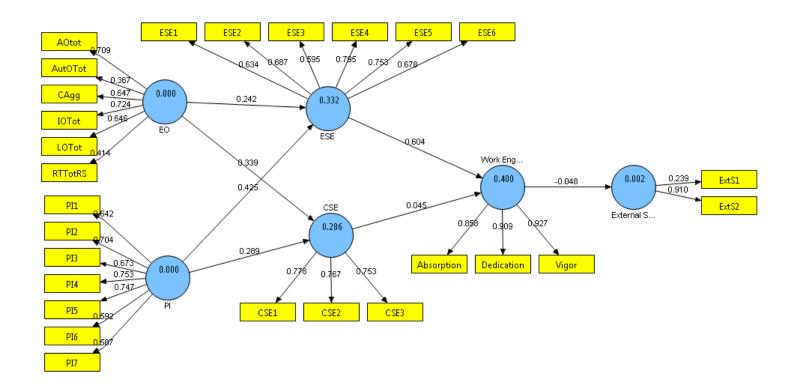


Figure A9.7.iii. Direct effects only model investigating Entrepreneurial orientations, Personal initiative, entrepreneurial self-efficacy, creative self-efficacy, work engagement and external success.

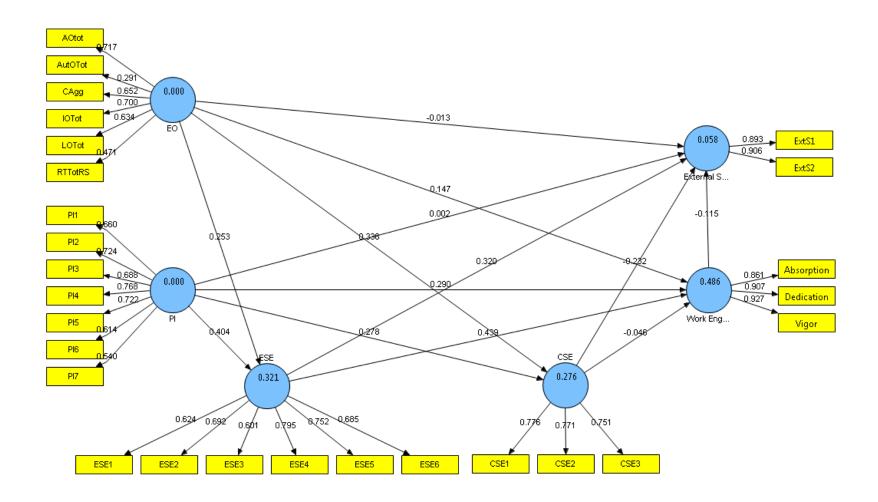


Figure A9.7.iv. Fully specified model investigating Entrepreneurial orientations, Personal initiative, entrepreneurial self-efficacy, creative self-efficacy, work engagement and external success.

# Appendix 9.8: Model investigating the direct and indirect effects of motivational resources, volitional resources and cognition (with planning) on objective success and self-perceptions of success.

Table A9.8.i Factor loadings, Weights, Composite Scale Reliability, and AVE of constructs.

Construct	Measure	Factor Loadings	Weights of measures	Composite scale Reliability	Average Variance Extracted (AVE)
Entrepreneurial Entrepreneurial	AO	0.673	0.392	0.719	0.308
Orientations	AutO	0.542	0.314	0.715	0.000
Offentations	CAgg	0.690	0.453		
	IO	0.472	0.128		
	LO	0.345	0.093		
	RTrs	0.534	0.302		
Personal Initiative	PI1	0.694	0.198	0.855	0.460
	PI2	0.761	0.206		
	PI3	0.681	0.174		
	PI4	0.705	0.158		
	PI5	0.666	0.276		
	PI6	0.593	0.211		
	PI7	0.632	0.264		
Entrepreneurial Self-	ESE1	0.745	0.279	0.893	0.582
efficacy	ESE2	0.779	0.179		
•	ESE3	0.717	0.200		
	ESE4	0.863	0.240		
	ESE5	0.705	0.236		
	ESE6	0.756	0.179		
Creative Self-efficacy	CSE1	0.829	0.494	0.818	0.603
•	CSE2	0.835	0.438		
	CSE3	0.651	0.345		
Work Engagement	Absorption	0.827	0.255	0.909	0.770
	Dedication	0.886	0.460		
	Vigor	0.917	0.416		
Mastery Approach	GIMAGO	0.933	0.795	0.790	0.659
• 11	G2MAGO	0.670	0.386		
Performance Approach	G1PAGO	0.476	0.433	0.664	0.520
**	G2PAGO	0.902	0.880		
Planning	G1EPlan	0.804	0.266	0.903	0.700
•	G1ProPlan	0.832	0.299		
	G2EPlan	0.852	0.279		
	G2ProPlan	0.859	0.349		
Objective Success	ObjSucc	1.00	1.00	1.00	1.00
Self-Perceptions of	SelfSucc1	0.858	0.527	0.826	0.616
Success	SelfSucc2	0.818	0.453		
	SelfSucc3	0.665	0.267		

Table A9.8ii Average Variance Extracted by constructs and correlations between constructs to assess Discriminant Validity.

	1.	2.	3.	4.	5.	6.	7.	8.	9.	10.
1. Creative Self-Efficacy	0.776									
2. Entrepreneurial Orientations	0.413	0.555								
3. Entrepreneurial Self-Efficacy	0.575	0.512	0.763							
4. Mastery Approach	0.012	-0.189	-0.114	0.812						
5. Objective Success	0.081	0.093	0.077	-0.298	1.00					
6. Personal Initiative	0.504	0.436	0.614	-0.008	0.074	0.678				
7. Performance Approach	0.121	0.288	0.278	-0.155	0.130	0.112	0.721			
8. Planning	0.190	0.311	0.066	0.257	0.232	0.089	0.370	0.837		
9. Self-Perceptions of Success	0.202	0.193	0.466	-0.168	0.317	0.406	0.223	0.239	0.785	
10.Work Engagement	0.356	0.366	0.563	-0.033	0.002	0.483	0.022	-0.053	0.192	0.877

(Note: Bold numbers on the diagonal show the square root of the AVE; Numbers below the diagonal represent construct correlations)

Table A9.8.iii Cross-loadings for measurement model

	CSE	EO	ESE	Mastery Approach	Obj. Success	PI	Perf. Approac h	Planning	Self-Perc. of Success	Work Eng.
CSE1	0.829	0.379	0.484	0.093	-0.011	0.421	0.012	0.188	0.173	0.329
CSE2	0.835	0.268	0.485	0.021	-0.032	0.487	0.146	0.104	0.140	0.244
CSE3	0.651	0.313	0.357	-0.125	0.292	0.240	0.148	0.150	0.159	0.250
AOtot	0.229	0.673	0.393	-0.209	0.186	0.331	0.144	0.128	0.115	0.270
AutOTot	0.109	0.542	0.364	-0.041	0.059	0.183	0.217	0.314	0.288	0.113
CAgg	0.365	0.690	0.371	-0.202	-0.061	0.301	0.197	0.044	0.154	0.248
IOTot	0.266	0.472	0.036	0.159	0.229	0.169	0.087	0.510	0.005	0.170
LOTot	0.150	0.345	-0.003	0.118	0.210	0.138	0.180	0.532	0.244	0.158
RTTotRS	0.251	0.534	0.236	-0.114	-0.065	0.257	0.154	0.090	-0.118	0.251
ESE1	0.695	0.504	0.745	-0.012	0.046	0.563	0.136	0.022	0.287	0.540
ESE2	0.403	0.262	0.779	-0.109	0.010	0.364	0.232	-0.030	0.395	0.380
ESE3	0.305	0.439	0.717	-0.096	0.123	0.449	0.313	0.203	0.341	0.286
ESE4	0.416	0.400	0.863	-0.069	0.019	0.498	0.269	0.044	0.442	0.467
ESE5	0.337	0.314	0.705	-0.186	0.049	0.458	0.152	-0.065	0.264	0.544
ESE6	0.384	0.369	0.756	-0.064	0.122	0.416	0.196	0.163	0.440	0.259
G1MAGO	-0.068	-0.195	-0.129	0.933	-0.225	-0.054	-0.059	0.273	-0.100	-0.050
G2MAGO	0.172	-0.088	-0.029	0.670	-0.308	0.089	-0.281	0.103	-0.230	0.020
ObjSucc5	0.081	0.093	0.077	-0.298	1.00	0.074	0.130	0.232	0.317	0.002
PI1	0.295	0.351	0.368	-0.017	-0.056	0.694	0.130	-0.010	0.123	0.279
PI2	0.325	0.344	0.384	0.009	-0.078	0.761	0.059	0.034	0.194	0.371
PI3	0.278	0.181	0.330	-0.024	-0.034	0.681	-0.010	0.068	0.242	0.256
PI4	0.284	0.199	0.285	-0.023	0.022	0.705	-0.063	0.046	0.232	0.307
PI5	0.354	0.427	0.554	-0.026	0.294	0.666	0.214	0.227	0.433	0.374
PI6	0.284	0.240	0.426	-0.029	0.131	0.593	0.096	0.039	0.274	0.490
PI7	0.485	0.241	0.444	0.054	-0.020	0.632	0.025	-0.021	0.326	0.195
G1PAGO	0.284	0.163	0.248	-0.041	0.056	0.061	0.476	0.147	0.161	-0.099
G2PAGO	-0.002	0.247	0.194	-0.156	0.120	0.097	0.902	0.349	0.174	0.074
G1EPlan	0.142	0.275	0.104	0.279	0.166	0.127	0.222	0.804	0.193	-0.025
G1ProPlan	0.129	0.253	0.124	0.342	0.185	0.038	0.289	0.832	0.143	0.008
G2EPlan	0.121	0.316	0.008	0.103	0.187	0.057	0.340	0.852	0.201	-0.035
G2ProPlan	0.229	0.211	-0.003	0.147	0.230	0.081	0.373	0.859	0.253	-0.113
SelfS1	0.220	0.262	0.447	-0.249	0.315	0.491	0.183	0.144	0.858	0.284
SelfS2	0.201	0.166	0.385	-0.046	0.271	0.223	0.203	0.308	0.818	0.021
SelfS3	-0.020	-0.076	0.209	-0.060	0.105	0.174	0.130	0.089	0.665	0.124
Absorption	0.297	0.239	0.334	-0.064	0.003	0.282	0.025	-0.058	0.059	0.827
Dedication	0.324	0.330	0.559	0.094	-0.037	0.496	-0.011	-0.012	0.223	0.886
Vigor	0.315	0.368	0.530	-0.143	0.045	0.439	0.050	-0.079	0.179	0.917

Table A9.8.iv Estimation of the structural model (motivational and volitional resources, goal orientations,

planning, objective success and self-perceptions of success).

		Direct (	effects only mod	lel		Direct and indirect effects model				
	$\mathbb{R}^2$	R <sup>2</sup> effect size	Q <sup>2</sup> Cross validated commonality	Q <sup>2</sup> Cross validated redundancy	$\mathbb{R}^2$	R <sup>2</sup> effect size	Q <sup>2</sup> Cross validated commonality	Q <sup>2</sup> Cross validated redundancy		
Entrepreneurial self-efficacy	.451	Large	.701	.327	.401	Large	.704	.297		
Creative self- efficacy	.300	Large	.701	.279	.290	Large	.697	.267		
Work Engagement	.337	Large	.805	.160	.376	Large	.811	.163		
Mastery Approach	.043	Small	.554	.040	.007	Very small	.568	.033		
Performance Approach	.083	Small- medium	.636	.145	.081	Small- medium	.640	.116		
Planning	.270	Large	.580	.192	.423	Large	.577	.251		
Objective success	.054	Small	1.00	076	.217	Medium- large	1.00	.419		
Self-perceptions of success	.099	Small	.727	.119	.376	Large	.725	.308		

Table A9.8.v Statistical results for Path Coefficients in direct effects only model (entrepreneurial orientations, personal initiative, entrepreneurial self-efficacy, creative self-efficacy, mastery approach, performance approach, work engagement, planning, objective success and self-perceptions of success).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	$f^2$ effect size
Entrepreneurial orientations → creative self-efficacy	0.238*	1.97	0.121	0.121	.001; .475	.060	Small
Entrepreneurial orientations → entrepreneurial self-efficacy	0.301*	2.56	0.118	0.118	.070; .532	.138	Small- medium
Entrepreneurial orientations → mastery approach	-0.229	1.29	0.178	0.178	578; .120	.045	Small
Entrepreneurial orientations → performance approach	0.295*	1.91	0.154	0.154	007; .597	.077	Small
Personal Initiative →Creative self- efficacy	0.401**	3.18	0.126	0.126	.154; .648	.174	Medium
Personal initiative →entrepreneurial self-efficacy	0.483***	4.61	0.105	0.105	.277; .689	.350	Large
Personal initiative → mastery approach	0.092	0.596	0.154	0.154	210; .394	.037	Small
Personal initiative → performance approach	-0.017	0.121	0.138	0.138	287; .253	.000	None
Creative self-efficacy → planning	0.217*	1.75	0.124	0.124	026; .460	.044	Small
Creative self-efficacy → work engagement	0.039	0.311	0.124	0.124	204; .282	.000	None
Entrepreneurial self-efficacy → planning	-0.144	0.987	0.146	0.146	430; .142	.014	Very small
Entrepreneurial self-efficacy → Work engagement	0.581***	5.36	0.109	0.109	.367; .795	.314	Medium- large
Mastery approach → planning	0.304**	2.92	0.104	0.104	.100; .508	.107	Small- medium
Mastery approach → work engagement	0.011	0.107	0.105	0.105	195; .217	.000	None
Performance approach $\rightarrow$ planning	0.431***	3.99	0.108	0.108	.219; .643	.223	Medium
Performance approach → work engagement	-0.142	1.04	0.137	0.137	354; .070	.029	Small
Planning → self-perceptions of success	0.250*	1.84	0.136	0.136	017; .517	.031	Small
Planning →objective success	0.233*	2.10	0.111	0.111	.015; .451	.057	Small
Work engagement →self-perceptions of success	0.206	1.29	0.159	0.159	106; .518	.026	Small
Work engagement → objective success	0.015	0.142	0.103	0.103	187; .217	.000	None

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$ 

where  $t_{\text{CV}} = 1.96$  for two-tailed 95% Confidence Interval

(Lindley & Scott, 1984)

Table A9.8.vi Statistical results for Path Coefficients in fully specified model (entrepreneurial orientations, personal initiative, entrepreneurial self-efficacy, creative self-efficacy, work engagement, objective success and self-perceptions of success).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	f² effect size
Entrepreneurial orientations → creative self-efficacy	0.238*	1.90	0.125	0.125	007; .483	.059	Small
Entrepreneurial orientations → entrepreneurial self-efficacy	0.188	1.35	0.140	0.140	086; .462	.052	Small
Entrepreneurial orientations → mastery approach	-0.086	0.492	0.175	0.175	429; .257	.006	Negligible
Entrepreneurial orientations → performance approach	0.284*	1.88	0.151	0.151	012; .580	.074	Small
Entrepreneurial orientations → planning	0.477**	2.93	0.163	0.163	.158; .796	.286	Medium- Large
Entrepreneurial orientations→ work engagement	0.145	1.22	0.119	0.119	089; .378	.022	Small
Entrepreneurial orientations  →objective success	-0.041	0.225	0.183	0.183	400; .318	.001	Negligible
Entrepreneurial orientations→ self-perceptions of success Personal Initiative → Creative	-0.164	0.959	0.171	0.171	499; .171	.010	Very small
self-efficacy Personal initiative	0.397**	3.05	0.130	0.130	.142; .652	.168	Medium
→entrepreneurial self-efficacy Personal initiative → mastery	0.535***	5.07	0.105	0.105	.329; .741	.406	Large
approach Personal initiative → mastery	0.056	0.413	0.136	0.136	211; .323	.003	Negligible
performance approach Personal initiative → work	0.001	0.008	0.134	0.134	262; .264	.001	Negligible
engagement	0.204	1.41	0.144	0.144	078; .486	.040	Small
Personal initiative → planning Personal initiative → objective	-0.053 0.076	0.453 0.557	0.118 0.136	0.118 0.136	284; .178 191; .343	.002	Negligible None
success Personal initiative → self- perceptions of success	0.295*	2.033	0.145	0.145	.011; .579	.077	Small
Creative self-efficacy → work engagement	-0.020	0.140	0.144	0.144	302; .262	002	Negligible
Creative self-efficacy → planning	0.079	0.619	0.127	0.127	170; .328	017	Very smal
Creative self-efficacy →objective success	0.060	0.401	0.149	0.149	232; .358	.001	Negligible
Creative self-efficacy →self- perceptions of success	-0.151	1.013	0.149	0.149	443; .141	.026	Small
Entrepreneurial self-efficacy → planning	-0.205	1.407	0.145	0.145	489; .079	003	Negligible
Entrepreneurial self-efficacy → Work engagement	0.428**	2.90	0.147	0.147	.140; .716	.149	Medium
Entrepreneurial self-efficacy → objective success	-0.011	0.058	0.188	0.188	379; .357	001	Negligible
Entrepreneurial self-efficacy → self-perceptions of success	0.443*	2.18	0.204	0.204	.043; .833	.103	Small- medium
Mastery approach → planning	0.303**	2.98	0.101	0.101	.105; .501	.133	Small- Medium
Mastery approach → work engagement	-0.007	0.072	0.092	0.092	187; ,173	002	Negligible
Mastery approach → self- perceptions of success	-0.269*	2.24	0.121	0.121	506; - .032	.091	Small
Mastery approach → objective success	0.436***	3.68	0.118	0.118	667; - .205	.195	Medium
Performance approach → planning	0.351**	3.06	0.115	0.115	.126; .576	.170	Medium
Performance approach → work engagement Performance approach → self-	-0.165	1.29	0.128	0.128	416; .086	.035	Small
Performance approach → self- perceptions of success	-0.057	0.491	0.117	0.117	286; .172	.006	Negligible

Table 9.8.vi (cont.).

	β	t	SD	SE	$CI_{95}$	$f^2$	$f^2$ effect size
Performance approach → objective success	0.072	0.717	0.136	0.136	364; .170	.009	Negligible
Work engagement →self- perceptions of success	-0.066	0.406	0.162	0.162	384; .252	.002	Negligible
Work engagement → objective success	-0.023	0.157	0.147	0.147	311; .265	.000	None
Planning →self-perceptions of success	0.357**	2.73	0.131	0.131	.100; .614	.087	Small
Planning → objective success	0.364**	2.61	0.140	0.140	.090; .638	.107	Small- medium

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95}$  =  $\beta$  ±  $t_{CV}$ \*SE where  $t_{CV}$  = 1.96 for two-tailed 95% Confidence Interval

(Hinkle, Wiersma & Jurs, 1998)

Table A9.8.vii Test of the indirect effects of Entrepreneurial Orientations and Personal Initiative on planning & work engagement, via entrepreneurial self-efficacy, creative self-efficacy & goal orientations.

Indirect path	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
EO →ESE →WEng	.080	.086	.069	1.16	04; .23
$EO \rightarrow CSE \rightarrow WEng$	005	004	.039	128	08; .08
$EO \rightarrow ESE \rightarrow Planning$	039	044	.048	813	16; .02
$EO \rightarrow CSE \rightarrow Planning$	.019	.019	.034	.559	05; .09
$EO \rightarrow MA \rightarrow WEng$	.001	.003	.019	.053	03; .05
$EO \rightarrow PA \rightarrow WEng$	047	054	.053	.887	18; .04
$EO \rightarrow MA \rightarrow Planning$	026	030	.056	464	16; .07
$EO \rightarrow PA \rightarrow Planning$	.100	.105	.062	1.61	01; .24
PI →ESE →WEng	.229	.226	.090	2.54*	.06; .42
$PI \rightarrow CSE \rightarrow WEng$	008	014	.063	127	16; .11
PI →ESE →Planning	110	096	.075	-1.47	25; .05
$PI \rightarrow CSE \rightarrow Planning$	.031	.041	.059	.525	06; .18
$PI \rightarrow MA \rightarrow WEng$	.000	.001	.014	.000	03; .03
$PI \rightarrow PA \rightarrow WEng$	.000	.005	.028	.000	05; .07
PI →MA →Planning	.017	.017	.042	.405	07; .11
$PI \rightarrow PA \rightarrow Planning$	.000	006	.049	.000	11; .10

<sup>\*</sup> p < .05, \*\* p < .01; \*\*\* p < .001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

 $t = (ab \ original) / (SD \ ab \ Bootstrapped)$ 

Table A9.8.viii Test of the indirect effects of entrepreneurial self-efficacy, creative self-efficacy, mastery approach and performance approach on objective success and self-perceptions of success, via work engagement and planning.

Indirect path	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
ESE → WEng →Obj. Success	010	015	.069	145	16; .12
$ESE \rightarrow WEng \rightarrow Self$ -perceptions of success	028	033	.077	364	20; .11
$ESE \rightarrow Planning \rightarrow Obj. Success$	075	067	.061	-1.23	18; .03
$ESE \rightarrow Planning \rightarrow Self-perceptions of success$	073	061	.052	-1.40	21; .03
$CSE \rightarrow WEng \rightarrow Obj. Success$	.000	.003	.022	.000	04; .06
$CSE \rightarrow WEng \rightarrow Self$ -perceptions of success	.001	.002	.027	.037	05; .06
$CSE \rightarrow Planning \rightarrow Obj. Success$	.029	.032	.050	.580	06; .15
$CSE \rightarrow Planning \rightarrow Self-perceptions of success$	.028	.029	.046	.609	05; .13
$MA \rightarrow WEng \rightarrow Obj.$ Success	.000	002	.014	.000	03; .03
$MA \rightarrow WEng \rightarrow Self$ -perceptions of success	.000	002	.016	.000	04; .03
$MA \rightarrow Planning \rightarrow Obj.$ Success	.110	.106	.060	1.83*	.00; .24
$MA \rightarrow Planning \rightarrow Self-perceptions of success$	.108	.098	.050	2.16*	.01; .21
$PA \rightarrow WEng \rightarrow Obj.$ Success	.004	.005	.031	.129	06; .07
$PA \rightarrow WEng \rightarrow Self$ -perceptions of success	.011	.014	.035	.314	05; .10
PA → Planning → Obj. Success	.128	.117	.059	2.17*	.01; .24
PA → Planning → Self-perceptions of success	.125	.114	.057	2.19*	.02; .24

<sup>\*</sup> p < .05, \*\* p < .01; \*\*\* p < .001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

 $t = (ab \ original) / (SD \ ab \ Bootstrapped)$ 

Table A9.8.ix Test of the indirect effects of Entrepreneurial Orientations and Personal Initiative on objective success and self-perceptions of success, via entrepreneurial self-efficacy, creative self-efficacy, goal orientations and work engagement.

Indirect path	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
EO →ESE →WEng → Obj. Success	002	002	.017	118	04; .03
EO →ESE →WEng → Self-perceptions of Success	005	007	.019	263	05; .03
$EO \rightarrow CSE \rightarrow WEng \rightarrow Obj.$ Success	.000	.001	.006	.000	01; .01
EO → CSE →WEng → Self-perceptions of success	.000	.000	.007	.000	01; .02
$EO \rightarrow MA \rightarrow WEng \rightarrow Obj.$ Success	.000	.000	.003	.000	01; .01
EO →MA →WEng → Self-perceptions of Success	.000	.000	.003	.000	01; .01
$EO \rightarrow PA \rightarrow WEng \rightarrow Obj.$ Success	.001	.001	.011	.091	02; .03
$EO \rightarrow PA \rightarrow WEng \rightarrow Self$ -perceptions of success	.003	.005	.013	.231	02; .04
PI →ESE →WEng →Obj. Success	005	007	.037	135	09; .06
$PI \rightarrow ESE \rightarrow WEng \rightarrow Self$ -perceptions of Success	015	016	.041	366	10; .07
$PI \rightarrow CSE \rightarrow WEng \rightarrow Obj.$ Success	.000	.001	.010	.000	02; .03
PI → CSE →WEng → Self-perceptions of success	.000	.001	.012	.000	02; .03
PI →MA →WEng →Obj. Success	.000	.000	.002	.000	01; .00
PI $\rightarrow$ MA $\rightarrow$ WEng $\rightarrow$ Self-perceptions of Success	.000	.000	.003	.000	01; .00
$PI \rightarrow PA \rightarrow WEng \rightarrow Obj.$ Success	.000	.000	004	.000	01; .01
$PI \rightarrow PA \rightarrow WEng \rightarrow Self$ -perceptions of success	.000	.000	.005	.000	01; .01

<sup>\*</sup> p < .05, \*\* p < .01; \*\*\* p < .001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed) t = (ab original) / (SD ab Bootstrapped)

(Lindley & Scott, 1984)

Table A9.8.x Test of the indirect effects of Entrepreneurial Orientations and Personal Initiative on objective success and self-perceptions of success, via entrepreneurial self-efficacy, creative self-efficacy, goal orientations and planning.

	Original	Mean	Bootstrapp	t	BC CI <sub>95</sub>
Indirect path	ab	Bootstrapped ab	ed Sd	ι	
EO →ESE →Planning → Obj. Success	014	017	.021	667	07; .01
EO →ESE → Planning → Self-perceptions of Success	014	014	.016	875	05; .01
$EO \rightarrow CSE \rightarrow Planning \rightarrow Obj.$ Success	.007	.007	.014	.500	02; .04
$EO \rightarrow CSE \rightarrow Planning \rightarrow Self-perceptions of success$	.007	.006	.013	.538	02; .04
$EO \rightarrow MA \rightarrow Planning \rightarrow Obj.$ Success	009	011	.023	391	07; .03
EO →MA → Planning → Self-perceptions of Success	009	010	.019	473	05; .02
$EO \rightarrow PA \rightarrow Planning \rightarrow Obj.$ Success	.036	.036	.026	1.38	.00; .10
$EO \rightarrow PA \rightarrow Planning \rightarrow Self-perceptions of success$	.036	.035	.025	1.44	.00; .09
$PI \rightarrow ESE \rightarrow Planning \rightarrow Obj.$ Success	040	034	032	-1.25	11; .02
PI →ESE → Planning →Self-perceptions of Success	039	032	.028	-1.39	10; .02
$PI \rightarrow CSE \rightarrow Planning \rightarrow Obj.$ Success	.011	.014	.024	.458	02; .07
PI → CSE → Planning → Self-perceptions of success	.011	.013	.021	.524	02; .07
$PI \rightarrow MA \rightarrow Planning \rightarrow Obj.$ Success	.006	.006	.017	.353	03; .04
PI →MA → Planning →Self-perceptions of Success	.006	.006	.015	.400	02; .04
$PI \rightarrow PA \rightarrow Planning \rightarrow Obj.$ Success	.000	001	.018	.000	04; .04
PI → PA → Planning → Self-perceptions of success	.000	001	.017	.000	04; .03

<sup>\*</sup> p < .05, \*\* p < .01; \*\*\* p < .001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed) t = (ab original) / (SD ab Bootstrapped)

(Lindley & Scott, 1984)

Table A9.8.xi Test of alternative indirect paths.

Indirect path	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
EO →ESE → Obj. Success	002	002	.047	043	10; .10
$EO \rightarrow ESE \rightarrow Self$ -perceptions of Success	.083	.095	.087	.954	03; .30
$EO \rightarrow CSE \rightarrow Obj.$ Success	.014	.018	.042	.333	06; .11
$EO \rightarrow CSE \rightarrow Self$ -perceptions of Success	036	042	.047	766	15; .03
$EO \rightarrow MA \rightarrow Obj.$ Success	.037	.046	.081	.457	09; .23
$EO \rightarrow MA \rightarrow Self$ -perceptions of Success	.023	.028	.052	.442	07; .15
$EO \rightarrow PA \rightarrow Obj.$ Success	028	029	.053	528	15; .06
$EO \rightarrow PA \rightarrow Self$ -perceptions of Success	.021	.005	.013	1.62	11; .06
EO →WEng → Obj. Success	003	005	.028	107	07; .05
EO →WEng → Self-perceptions of Success	010	007	.032	313	08; .06
$EO \rightarrow Planning \rightarrow Obj.$ Success	.174	.163	.090	1.93*	01; .34
EO →Planning → Self-perceptions of Success	.170	.160	.086	1.98*	.00; .34
$PI \rightarrow ESE \rightarrow Obj.$ Success	006	007	.103	058	22; .20
$PI \rightarrow ESE \rightarrow Self$ -perceptions of Success	.237	.228	.107	2.21*	.01; .44
$PI \rightarrow CSE \rightarrow Obj.$ Success	.024	.019	.064	.375	12; .14
$PI \rightarrow CSE \rightarrow Self$ -perceptions of Success	060	069	.068	882	22; .05
$PI \rightarrow MA \rightarrow Obj.$ Success	024	031	.060	400	16; .08
$PI \rightarrow MA \rightarrow Self$ -perceptions of Success	015	019	.038	395	10; .05
$PI \rightarrow PA \rightarrow Obj.$ Success	.000	.001	.022	.000	05; .05
$PI \rightarrow PA \rightarrow Self$ -perceptions of Success	.000	.002	.017	.000	03; .04
$PI \rightarrow WEng \rightarrow Obj.$ Success	005	007	.037	135	09; .07
$PI \rightarrow WEng \rightarrow Self$ -perceptions of Success	013	014	.043	302	11; .07
PI →Planning → Obj. Success	019	022	.047	404	13; .06
PI →Planning → Self-perceptions of Success	019	020	.043	442	11; .06

\* p < .05, \*\* p < .01; \*\*\* p < .001  $t_{0.05, 4999} = 1.645; t_{0.01, 4999} = 2.576; t_{0.001, 4999} = 3.291$  (one-tailed) t = (ab original) / (SD ab Bootstrapped)

(Lindley & Scott, 1984)

Table A9.8.xii Test of total indirect effects.

Total Indirect effect $(\sum ab - c')$	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
EO → planning	.054	.049	.097	.557	15; .21
$EO \rightarrow WEng$	030	031	.143	210	34; .23
$PI \rightarrow planning$	061	044	.103	592	24; .16
PI → WEng	.220	.218	.093	2.37*	.03; .40
EO → objective success	.211	.173	.246	.857	33; .62
$EO \rightarrow self$ -perceptions of success	.232	.236	.108	2.15*	.04; .45
PI → objective success	058	069	.098	592	27; .13
$PI \rightarrow self$ -perceptions of success	.093	.078	.121	.769	15; .32
$MA \rightarrow objective success$	.110	.104	.063	1.75*	01; .24
$MA \rightarrow self$ -perceptions of success	.108	.095	.057	1.90*	.00; .21
$PA \rightarrow objective success$	.131	.121	.067	1.96*	.00; .25
$PA \rightarrow self$ -perceptions of success	.136	.126	.067	2.03*	.01; .27
ESE → objective success	084	082	.087	966	27; .07
$ESE \rightarrow self$ -perceptions of success	101	090	.098	-1.03	30; .09
CSE → objective success	.029	.034	.055	.527	06; .15
$CSE \rightarrow self$ -perceptions of success	.029	.031	.056	.518	07; .16

\* p < .05, \*\* p < .01; \*\*\* p < .001  $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed) t = (ab original) / (SD ab Bootstrapped)

(Lindley & Scott, 1984)

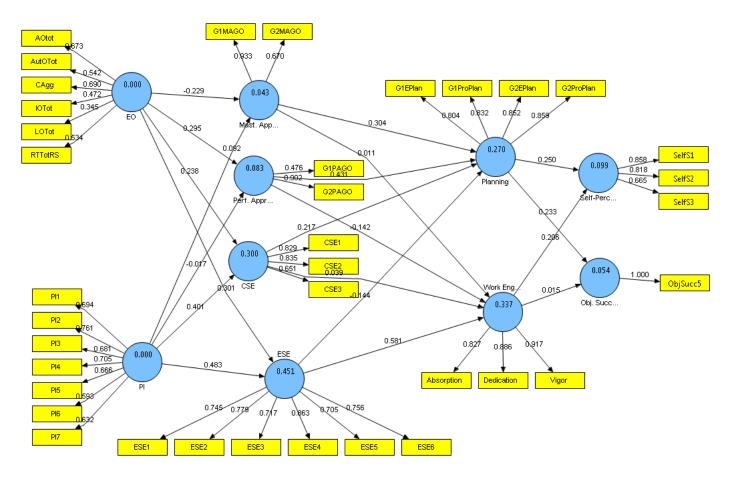


Figure A9.8.i. Direct effects only model investigating motivational and volitional resources, goal orientations, planning, objective success and self-perceptions of success.

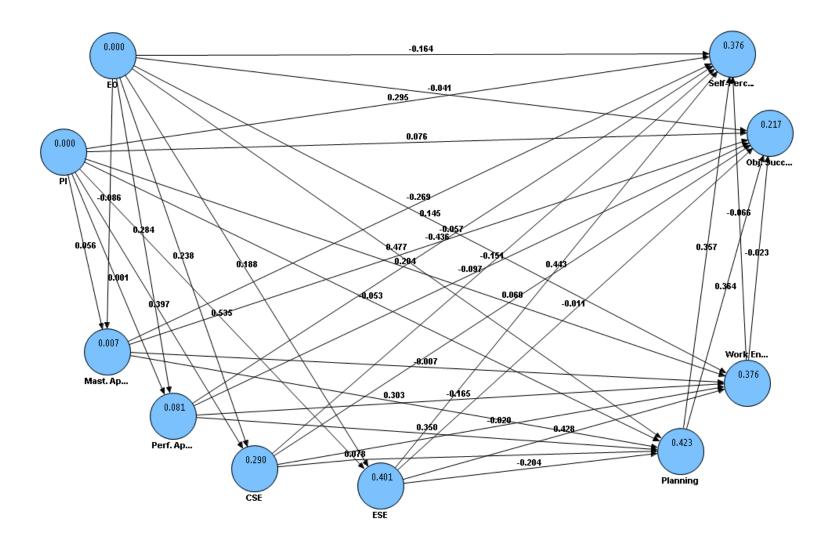


Figure A9.8.ii. Fully specified model investigating motivational and volitional resources, goal orientations, planning, objective success and self-perceptions of success (measurement model is not shown).

# Appendix 9.9: Model estimating the direct and indirect effects of motivational and volitional resources, goal orientations and planning on external success

The analysis presented in this appendix provides a further examination of the models tested in section 9.3 of chapter 10. However, the success variable of interest in this appendix is the external success ratings, and hence, the available sample for this variable is 48 participants, for which this rating from returned from a source external to the venture. The requirements for the specification of this model are the same as that outlined in section 9.3, and as such the sample of N=48 is only capable of determining large effects at a significant level. However, estimates of effect size are not influenced by sample size and so, using effect size estimates, the models examined in this appendix serve to corroborate the findings with the larger sample and the self-reported success measures.

The results of the measurement model which are shown in this section pertain to the model as specified in Figure A9.9.i. The fully specified model was also calculated, but as the results of the measurement model for both versions are very similar, they are presented only once. Table A9.9.i displays the average variance extracted, composite reliability, factor loadings and weights for each of the variables. The results demonstrate similar measurement issues to that found in section 9.3; with the AVEs for entrepreneurial orientations, personal initiative and entrepreneurial self-efficacy somewhat below the recommended level of 0.5. However the composite reliability for these variables is high. All of the other variables meet the recommended levels for the AVE and composite scale reliability. The factor loadings for work engagement, creative self-efficacy, planning and external success were all above the recommended level of 0.7. However, each of the other variables had at least one indicator that was below this.

Table A9.9.i. Factor loadings, Weights, Composite Scale Reliability, and AVE of constructs.

Construct	Measure	Factor	Weights of	Composite scale	Average Variance
		Loadings	measures	Reliability	Extracted (AVE)
Entrepreneurial	AO	0.744	0.407	0.762	0.359
Orientations	AutO	0.420	0.237		
	CAgg	0.647	0.273		
	IO	0.684	0.263		
	LO	0.629	0.240		
	RTrs	0.380	0.237		
Personal Initiative	PI1	0.643	0.193	0.852	0.454
	PI2	0.704	0.182		
	PI3	0.673	0.145		
	PI4	0.754	0.171		
	PI5	0.746	0.317		
	PI6	0.590	0.232		
	PI7	0.587	0.250		
Entrepreneurial	ESE1	0.634	0.340	0.847	0.482
Self-efficacy	ESE2	0.684	0.167		
•	ESE3	0.609	0.219		
	ESE4	0.795	0.240		
	ESE5	0.738	0.297		
	ESE6	0.690	0.184		
Creative Self-	CSE1	0.781	0.462	0.810	0.587
efficacy	CSE2	0.759	0.420		
J	CSE3	0.757	0.422		
Work Engagement	Absorption	0.847	0.292	0.926	0.807
8.8	Dedication	0.917	0.403		
	Vigor	0.928	0.413		
Mastery Approach	GIMAGO	0.975	0.877	0.779	0.652
	G2MAGO	0.594	0.244	*****	
Performance	GIPAGO	0.832	0.800	0.685	0.528
Approach	G2PAGO	0.602	0.555	0.000	0.020
Planning	G1EPlan	0.856	0.369	0.891	0.671
	G1ProPlan	0.821	0.321	0.021	0.0.1
	G2EPlan	0.805	0.232		
	G2ProPlan	0.793	0.294		
External Success	ExtS1	0.842	0.416	0.889	0.801
External Duccess	ExtS2	0.945	0.688	0.007	0.001

Moving to consider the discriminant validity, the Fornell-Larcker criterion is met (see Table A9.9.ii) and the cross-loadings are all smaller than the loadings of each indicator on its own latent variable (see Table A9.9.iii). Hence, although there are a number of minor issues with the measurement model, it was deemed appropriate to evaluate the structural model.

Table A9.9.ii. Average Variance Extracted by constructs and correlations between constructs to assess Discriminant Validity.

	1.	2.	3.	4.	5.	6.	7.	8.	9.
1. Creative Self-Efficacy	0.766								
2. Entrepreneurial Orientations	0.459	0.599							
3. Entrepreneurial Self- Efficacy	0.592	0.451	0.694						
4. External Success	-0.095	0.002	0.110	0.895					
5. Mastery Approach	0.024	-0.16	-0.203	-0.010	0.807				
6. Personal Initiative	0.439	0.442	0.534	-0.009	0.018	0.674			
7. Performance Approach	0.114	0.109	0.249	0.144	-0.078	-0.017	0.727		
8. Planning	0.312	0.394	0.189	0.232	0.274	0.225	0.392	0.819	
9. Work Engagement	0.399	0.402	0.624	-0.012	-0.136	0.557	-0.108	-0.058	0.898

(Note: Bold numbers on the diagonal show the square root of the AVE; Numbers below the diagonal represent construct correlations)

Table A9.9.iii. Cross-loadings for measurement model

	CSE	ЕО	ESE	External Success	Mastery Approach	PI	Performanc e Approach	Planni ng	Work Eng.
CSE1	0.781	0.443	0.422	-0.081	0.113	0.245	-0.041	0.284	0.326
CSE2	0.759	0.187	0.459	-0.04	0.066	0.417	0.149	0.191	0.384
CSE3	0.757	0.417	0.483	-0.098	-0.132	0.357	0.167	0.238	0.206
AOtot	0.283	0.744	0.416	0.097	-0.288	0.397	0.183	0.236	0.397
AutOTot	0.134	0.420	0.239	0.112	-0.239	0.033	0.146	0.182	-0.061
CAgg	0.260	0.647	0.236	-0.033	-0.196	0.239	-0.004	0.128	0.228
IOTot	0.427	0.684	0.17	-0.174	0.132	0.298	-0.033	0.372	0.154
LOTot	0.327	0.629	0.178	0.037	0.119	0.328	0.14	0.508	0.233
RTTotRS	0.212	0.380	0.31	-0.074	0.016	0.21	-0.102	0	0.405
ESE1	0.724	0.555	0.634	-0.073	-0.057	0.448	0.134	0.224	0.523
ESE2	0.300	0.122	0.684	0.102	-0.178	0.181	0.272	-0.018	0.386
ESE3	0.261	0.332	0.609	0.208	-0.102	0.397	0.243	0.306	0.226
ESE4	0.364	0.262	0.795	-0.006	-0.137	0.303	0.287	0.061	0.464
ESE5	0.365	0.195	0.738	0.067	-0.254	0.484	-0.11	-0.063	0.599
ESE6	0.232	0.267	0.690	0.290	-0.126	0.261	0.374	0.289	0.234
ExtS1	0.092	0.064	0.094	0.842	0.026	0.024	0.032	0.149	0.018
ExtS2	0.083	0.042	0.103	0.945	-0.031	0.028	0.189	0.247	-0.028
G1MAGO	0.034	0.164	0.213	0.047	0.975	0.005	-0.038	0.297	-0.157
G2MAGO	0.221	0.067	0.066	-0.213	0.594	0.091	-0.185	0.055	0.008
PI1	0.283	0.263	0.274	-0.243	0.050	0.643	-0.120	-0.089	0.362
PI2	0.279	0.331	0.249	-0.007	0.033	0.704	-0.106	-0.013	0.345
PI3	0.120	0.311	0.288	0.058	-0.014	0.673	0.032	0.174	0.293
PI4	0.182	0.359	0.296	-0.034	0.030	0.754	-0.211	0.101	0.379
PI5	0.395	0.374	0.524	-0.027	-0.028	0.746	0.194	0.344	0.428

	CSE	ЕО	ESE	External Success	Mastery Approach	PI	Performanc e Approach	Planni ng	Work Eng.
PI6	0.329	0.208	0.345	0.142	-0.014	0.590	-0.001	0.254	0.533
PI7	0.334	0.227	0.386	0.051	0.047	0.587	-0.016	0.136	0.229
G1PAGO	0.110	0.047	0.089	0.019	-0.001	0.111	0.832	0.304	-0.174
G2PAGO	0.047	0.128	0.319	0.231	-0.14	0.131	0.602	0.268	0.057
G1EPlan	0.314	0.38	0.215	0.254	0.265	0.275	0.357	0.856	-0.018
G1ProPlan	0.226	0.352	0.260	0.180	0.332	0.162	0.29	0.821	0.021
G2EPlan	0.143	0.317	0.009	0.115	0.098	0.127	0.342	0.805	-0.086
G2ProPlan	0.307	0.226	0.096	0.183	0.159	0.142	0.297	0.793	-0.129
Absorption	0.387	0.350	0.465	-0.166	-0.108	0.466	0.015	0.005	0.847
Dedication	0.335	0.349	0.563	-0.013	-0.082	0.492	-0.205	-0.076	0.917
Vigor	0.366	0.387	0.633	0.101	-0.172	0.540	-0.072	-0.070	0.928

Two versions of the structural model are evaluated, the first includes paths only between each sequential stage of the model, while the second includes all direct and indirect paths between latent variables. Table A9.9.iv provides an overview of both versions of the model. In the model which included only the direct effects, entrepreneurial orientations and personal initiative combined explained 34.3% of the variance in entrepreneurial self-efficacy, and 28.0% of the variance in creative self-efficacy (both large effects), but explained only a small amount of the variance in mastery approach goal orientations (3.5%) and performance approach goal orientations (1.7%).

Looking at the effects of the four variables in the proximal motivational phase, combined entrepreneurial and creative self-efficacy, and mastery and performance approach goals explained 31.4% of the variance in planning and 46.4% of the variance in work engagement (both large effects). Finally the volitional variables (planning and work engagement) had a small effect on external success, explaining 5.4% of the variance in this variable.

The results of the fully specified model resulted in largely similar findings, with the effect sizes of the same magnitude for any of motivational and volitional variables. However, the inclusion of the direct paths from all variables to external success resulted in a larger percentage of the variance being explained. Overall, 13.8% of the variance in external success was explained, which is a medium effect size. This result represents a similar trend to the analysis conducted with the two self-reported success variables analysed in section 9.3.

Table A9.9.v Estimation of the structural model (motivational and volitional resources, goal orientations, planning, and external success).

		Direct	effects only mod	'el		Direct and	indirect effects	model
	R <sup>2</sup>	R <sup>2</sup> effect size	Q <sup>2</sup> Cross validated commonalit	Q <sup>2</sup> Cross validated redundanc	R <sup>2</sup>	R <sup>2</sup> effect size	Q <sup>2</sup> Cross validated commonalit	Q <sup>2</sup> Cross validated redundanc
Entrepreneurial self-efficacy	.343	Large	<b>y</b> .520	<b>y</b> .093	.524	Large	<b>y</b> .521	<b>y</b> .090
Creative self- efficacy	.280	Large	.546	.130	.281	Large	.546	.137
Work Engagement	.464	Large	.864	.504	.322	Large	.867	.556
Mastery Approach	.035	Small	.774	.067	.018	Small	.608	.113
Performance Approach	.017	Small	.264	017	.014	Small	.335	015
Planning	.314	Large	.689	.360	.439	Large	.691	.360
External success	.054	Small	.476	.073	.138	Medium	.482	360

To explain these effects in more detail, the individual paths were examined. Figure A9.9.i and Table A9.9.vi outline the results of the path coefficients for the model specifying the direct paths between each sequential phase of the model only. The results indicate that personal initiative had a significant effect on both types of self-efficacy, having a medium effect on entrepreneurial self-efficacy and a small effect on creative self-efficacy. Entrepreneurial orientations had a small-medium effect on creative self-efficacy, a small positive (but non-significant) effect on entrepreneurial self-efficacy and a small, negative (but also non-significant) effect on mastery approach goals. In turn, entrepreneurial self-efficacy had a large effect on work engagement, and creative self-efficacy had a small, but non-significant effect on planning. Both mastery approach goals and performance approach goals significantly predicted planning, having small-medium and medium effects respectively. Performance approach goals also had a small negative effect on work engagement. Planning had a small effect on external success, but this did not reach significant, and work engagement had no effect. These results are largely in line with those found in section 9.3.

Figure A9.9.ii and Table A9.9.vii outline the results for the fully specified model. In this model, more weight is given to the effect size estimations as the sample size was not powerful enough to detect many potential effects at a significant level. In this model, entrepreneurial orientations had a significant positive effect on creative self-efficacy and planning, and small, but non-significant effects on entrepreneurial self-efficacy and work engagement. Personal initiative had a significant positive effect on entrepreneurial self-efficacy and work engagement, and a small, but non-significant effect on creative self-efficacy. Both performance approach and mastery approach goals significantly predicted planning, and performance approach also had a significant negative effect on work engagement. Entrepreneurial self-efficacy had a significant effect on work engagement, and a small, but non-significant effect on external success. Creative self-efficacy had a small positive effect on work engagement and a small negative effect on external success, but there did not reach significance. Finally, planning had a small, but non-significant effect on external success, but work engagement had no relationship with this variable.

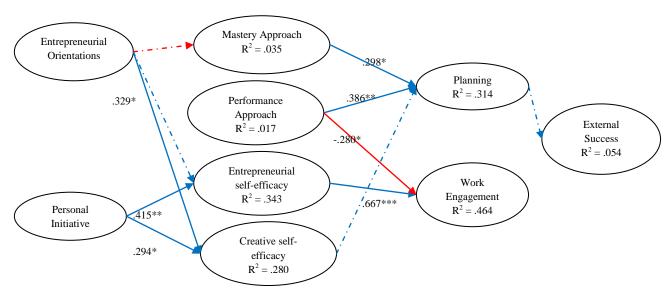


Figure A9.9.i. Results of Partial Least Squares analysis for the model investigating the relationships between motivational resources, volitional resources, goal orientations, planning, and external success. (\*\*\* p < .001; \*\*p < .05; blue/red dashed lines indicate positive/negative small but non-significant effects; black dashed lined indicate non-significant paths).

Table A9.9.vi. Statistical results for Path Coefficients in direct effects only model (entrepreneurial orientations, personal initiative, entrepreneurial self-efficacy, creative self-efficacy, mastery approach, performance approach, work engagement, planning, and external success).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	$f^2$ effect size			
Entrepreneurial orientations → creative self-efficacy	0.329*	2.06	0.160	0.160	.015; .643	.110	Small- medium			
Entrepreneurial orientations → entrepreneurial self-efficacy	0.268	1.38	0.195	0.195	114; .650	.093	Small			
Entrepreneurial orientations → mastery approach	-0.209	0.775	0.270	0.270	738; .320	.036	Small			
Entrepreneurial orientations → performance approach	0.144	0.563	0.256	0.256	358; .646	.017	Very small			
Personal Initiative →Creative self- efficacy	0.294*	1.78	0.165	0.165	029; .617	.074	Small			
Personal initiative  →entrepreneurial self-efficacy	0.415**	2.75	0.151	0.151	.119; .711	.207	Medium			
Personal initiative → mastery approach	0.110	0.577	0.191	0.191	264; .484	.011	Very small			
Personal initiative → performance approach	-0.080	0.321	0.250	0.250	570; .410	.005	Negligible			
Creative self-efficacy → planning	0.262	1.38	0.190	0.190	110; .634	.057	Small			
Creative self-efficacy → work engagement	0.037	0.245	0.151	0.151	259; .333	.007	Negligible			
Entrepreneurial self-efficacy → planning	-0.002	0.008	0.215	0.215	423; .419	003	Negligible			
Entrepreneurial self-efficacy → Work engagement	0.667***	5.20	0.128	0.128	.416; .918	.476	Large			
Mastery approach → planning	0.298*	1.76	0.169	0.169	033; .629	.114	Small- medium			
Mastery approach → work engagement	-0.024	0.169	0.139	0.139	296; .248	002	Negligible			
Performance approach → planning	0.386**	2.57	0.150	0.150	.092; .680	.168	Medium			
Performance approach → work engagement	-0.280*	2.11	0.132	0.132	539;021	.140	Small- medium			
Planning → external success	0.232	1.52	0.153	0.153	069; .532	.055	Small			
Work engagement → external success	0.001	0.008	0.175	0.175	342; .344	.000	None			
* $p < .05$ , ** $p < .001$ ; *** $p < .0001$ $t_{0.05, 4999} = 1.645$ ; $t_{0.01, 4999} = 2.576$ ; $t_{0.001}$										

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$  where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

Table A9.9.vii. Statistical results for Path Coefficients in fully specified model (entrepreneurial orientations, personal initiative, entrepreneurial self-efficacy, creative self-efficacy, work engagement, planning and external success).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	f <sup>2</sup> effect size
Entrepreneurial orientations → creative self-efficacy	0.348*	2.19	0.159	0.159	.036; .660	.121	Small- medium
Entrepreneurial orientations → entrepreneurial self-efficacy	0.239	1.22	0.196	0.196	145; .623	.071	Small
Entrepreneurial orientations → mastery approach	-0.149	0.622	0.240	0.240	619; .321	.018	Very small
Entrepreneurial orientations → performance approach	0.134	0.556	0.241	0.241	338; .606	.014	Very small
Entrepreneurial orientations → planning	0.381*	2.13	0.179	0.179	.030; .732	.175	Medium
Entrepreneurial orientations → work engagement	0.113	0.782	0.144	0.144	169; .395	.021	Small
Entrepreneurial orientations	-0.139	0.573	0.243	0.243	615; .337	.012	Very small
Personal Initiative →Creative self-efficacy Personal initiative	0.272	1.652	0.165	0.165	051; .595	.063	Small
→entrepreneurial self-efficacy Personal initiative → mastery	0.418**	2.71	0.154	0.154	.116; .720	.193	Medium
approach Personal initiative → mastery	0.080	0.411	0.194	0.194	300; .460	.005	Negligible
performance approach Personal initiative → work	-0.049	0.199	0.247	0.247	533; .435	.001	Negligible
engagement Personal initiative → planning	0.268* 0.064	1.64 0.373	0.163 0.171	0.163 0.171	.051; .587	.095 007	Small
Personal initiative → external	-0.055	0.208	0.171	0.171	574; .464	.003	Negligible Negligible
success Creative self-efficacy → work	-0.043	0.267	0.160	0.160	357; .271	.000	None
engagement Creative self-efficacy → planning	0.130	0.664	0.196	0.196	254; .514	.025	Small
Creative self-efficacy  →external success	-0.291	1.23	0.237	0.237	756; .174	.059	Small
Entrepreneurial self-efficacy → planning	-0.135	0.615	0.219	0.219	564; .294	.012	Very small
Entrepreneurial self-efficacy → Work engagement	0.513***	3.29	0.156	0.156	.207; .819	.254	Medium- large
Entrepreneurial self-efficacy → external success	0.283	0.774	0.366	0.366	434; 1.00	.034	Small
Mastery approach → planning Mastery approach → work	0.325*	1.88	0.173	0.173	014; .664	.168	Medium
engagement Mastery approach → external	-0.045	0.369	0.122	0.122	284; .194	.002	negligible
success	-0.042	0.177	0.238	0.238	508; .424	.001	Negligible
Performance approach → planning	0.404*	2.55	0.158	0.158	.094; .714	.240	Medium- large Small-
Performance approach → work engagement	-0.238*	1.85	0.129	0.129	491; .015	.107	medium
Performance approach → external success	-0.010	0.050	0.207	0.207	416; .396	002	Negligible
Work engagement → external success	0.031	0.120	0.259	0.259	477; .539	013	Very small
Planning → external success	0.348	1.52	0.229	0.229	101; .797	.059	Small

<sup>\*</sup> p < .05, \*\* p < .01; \*\*\* p < .001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$  where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

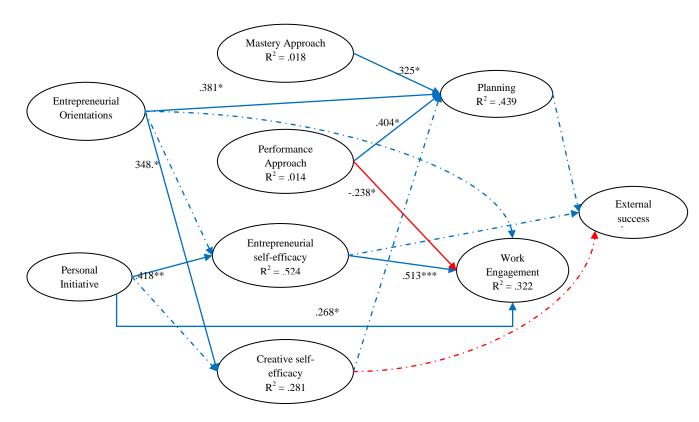


Figure A9.9.ii. Results of Partial Least Squares analysis for the fully specified model investigating the relationships between motivational resources, volitional resources, goal orientations, planning, and external success. (\*\*\* p < .001; \*\*p < .01; \* p < .05) (Blue/red dashed lines indicate positive/negative small but nonsignificant effects; other non-significant paths are not shown).

The final stage of the assessment of the structural model necessitated the investigation of the significance of the indirect paths. Only the indirect effects pertaining to external success were calculated as all others were already calculated in the main analysis in chapter 10. The bootstrap estimations and significance of the indirect effects can be found in Table A9.9viii, ix, x, and xi. These were based on the fully specified model in order to control for any direct effects that the variables may be having (i.e. to control for the c' paths). None of the indirect paths reached significance. However, this is more likely due to the small sample size upon which this model is based, rather than the absence of a true indirect effect.

Table A9.9.viii. Test of the indirect effects of entrepreneurial self-efficacy, creative self-efficacy, and goal orientations on external success via work engagement and planning.

Indirect path	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
ESE → WEng →Ext Success	.016	.034	.139	.115	20; .35
$ESE \rightarrow Planning \rightarrow Ext.$ Success	047	030	.098	480	25; .16
$CSE \rightarrow WEng \rightarrow Ext.$ Success	001	010	.047	021	13; .07
$CSE \rightarrow Planning \rightarrow Ext. Success$	.045	.045	.091	.494	12; .26
$MA \rightarrow WEng \rightarrow Ext.$ Success	001	.002	.036	028	07; .08
$MA \rightarrow Planning \rightarrow Ext.$ Success	.113	.095	.093	1.22	09; .29
$PA \rightarrow WEng \rightarrow Ext.$ Success	007	012	.064	109	16; .11
$PA \rightarrow Planning \rightarrow Ext.$ Success	.141	.121	.107	1.32	06; .36

\* p < .05, \*\* p < .01; \*\*\* p < .001  $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

t = (ab original) / (SD ab Bootstrapped)

Table A9.9.ix. Test of the indirect effects of Entrepreneurial Orientations and Personal Initiative on external success via entrepreneurial self-efficacy, creative self-efficacy, goal orientations and work engagement.

Indirect path	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
$EO \rightarrow ESE \rightarrow WEng \rightarrow Ext.$ Success	.004	.009	.042	.095	07; .11
$EO \rightarrow CSE \rightarrow WEng \rightarrow Ext.$ Success	.000	004	.021	.000	06; .03
$EO \rightarrow MA \rightarrow WEng \rightarrow Ext.$ Success	.000	.000	.010	.000	02; .02
$EO \rightarrow PA \rightarrow WEng \rightarrow Ext.$ Success	001	001	.021	048	05; .04
$PI \rightarrow ESE \rightarrow WEng \rightarrow Ext.$ Success	.007	.017	.066	.106	09; .19
$PI \rightarrow CSE \rightarrow WEng \rightarrow Ext.$ Success	.000	002	.015	.000	04; .02
$PI \rightarrow MA \rightarrow WEng \rightarrow Ext.$ Success	.000	.000	.009	.000	01; .02
$PI \rightarrow PA \rightarrow WEng \rightarrow Ext.$ Success	.000	001	.016	.000	04; .03

<sup>\*</sup> p < .05, \*\* p < .01; \*\*\* p < .001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

t = (ab original) / (SD ab Bootstrapped)

Table A9.9.x. Test of the indirect effects of Entrepreneurial Orientations and Personal Initiative on external success via entrepreneurial self-efficacy, creative self-efficacy, goal orientations and planning.

Indirect path	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
$EO \rightarrow ESE \rightarrow Planning \rightarrow Ext.$ Success	011	008	.030	367	08; .05
$EO \rightarrow CSE \rightarrow Planning \rightarrow Ext.$ Success	.016	.017	.040	.400	05; .11
$EO \rightarrow MA \rightarrow Planning \rightarrow Ext.$ Success	007	008	.032	219	08; .06
$EO \rightarrow PA \rightarrow Planning \rightarrow Ext.$ Success	.019	.018	.041	.463	06; .11
$PI \rightarrow ESE \rightarrow Planning \rightarrow Ext.$ Success	020	012	.048	417	12; .08
$PI \rightarrow CSE \rightarrow Planning \rightarrow Ext.$ Success	.012	.015	.032	.375	03; .10
$PI \rightarrow MA \rightarrow Planning \rightarrow Ext.$ Success	.009	.007	.026	.346	04; .06
$PI \rightarrow PA \rightarrow Planning \rightarrow Ext.$ Success	007	004	.038	184	08; .07

<sup>\*</sup> p < .05, \*\* p < .01; \*\*\* p < .001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

t = (ab original) / (SD ab Bootstrapped)

Table A9.9.xi. Test of alternative indirect paths.

Indirect path	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
$EO \rightarrow ESE \rightarrow Ext.$ Success	.068	.039	.118	.576	22; .29
$EO \rightarrow CSE \rightarrow Ext.$ Success	101	081	.110	918	32; .11
$EO \rightarrow MA \rightarrow Ext.$ Success	.006	001	.067	.090	14; .15
$EO \rightarrow PA \rightarrow Ext.$ Success	001	014	.066	015	17; .11
$EO \rightarrow WEng \rightarrow Ext.$ Success	.004	.018	.054	.007	06; .16
$EO \rightarrow Planning \rightarrow Ext. Success$	.133	.121	.110	1.21	06; .37
$PI \rightarrow ESE \rightarrow Ext.$ Success	.118	.047	.172	.686	38; .33
$PI \rightarrow CSE \rightarrow Ext.$ Success	079	053	.080	988	23; .09
$PI \rightarrow MA \rightarrow Ext.$ Success	003	024	.050	060	16; .05
$PI \rightarrow PA \rightarrow Ext.$ Success	.000	.014	.051	.000	08; .14
$PI \rightarrow WEng \rightarrow Ext. Success$	.008	.005	.080	.100	17; .17
PI →Planning → Ext. Success	.022	.010	.073	.301	14; .16

<sup>\*</sup> p < .05, \*\* p < .01; \*\*\* p < .001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

t = (ab original) / (SD ab Bootstrapped)

Finally, the total indirect effects were calculated across each sequential phase of the model (see Table A9.9.xii). None of the total indirect effects reached significance.

Table A9.9.xii. Test of total indirect effects.

Total Indirect effect (c - c')	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
EO → external success	.116	.104	.182	.637	26; .46
PI → external success	.068	.019	.177	.384	36; .35
MA → external success	.111	.095	.127	.874	12; .32
PA → external success	.133	.111	.113	1.18	09; .36
ESE → external success	030	.004	.168	179	30; .37
CSE → external success	.044	.035	.098	.449	15; .25

<sup>\*</sup> p < .05, \*\* p < .01; \*\*\* p < .001

 $t_{0.05, 4999} = 1.645; t_{0.01, 4999} = 2.576; t_{0.001, 4999} = 3.291$  (one-tailed)

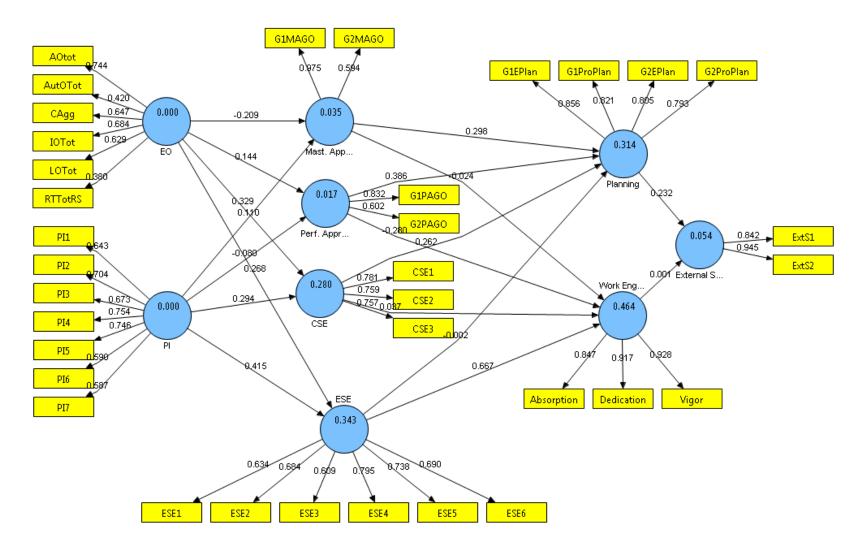


Figure A9.9.iii. Original PLS output for direct effects model examining motivational and volitional resources, goal orientations, planning and external success.

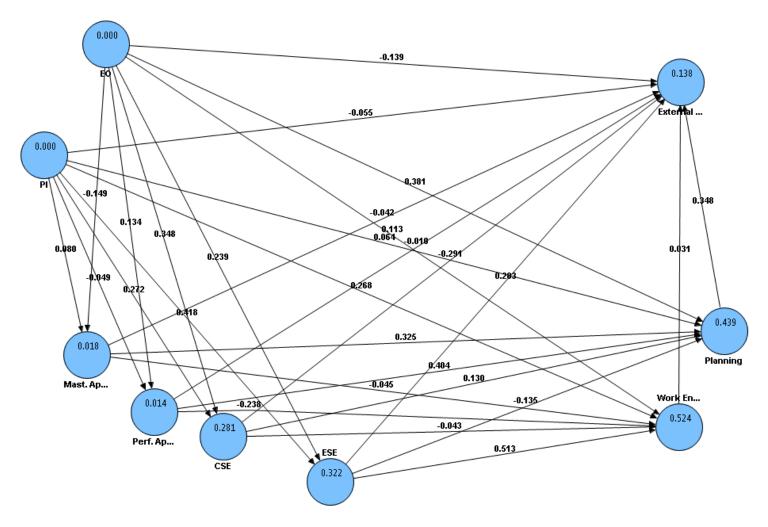


Figure A9.9.iv. Original PLS output for fully specified model examining motivational and volitional resources, goal orientations, planning and external success (measurement model has been hidden).

# Appendix 9.10: Model estimating the direct effects of entrepreneurial orientations and personal initiative on planning

The focus of the analysis in this section relates to the direct effects of entrepreneurial orientations and personal initiative on planning. Firstly, looking at the measurement model (see Table A9.10.i), the composite reliabilities for planning and personal initiative were above the recommended criteria (0.7 respectively), which for entrepreneurial orientations, it was just below this at .693. The AVE for planning .701 which was above the recommended level of 0.5, but the AVE for entrepreneurial orientations and personal initiative were somewhat below at .308 and .344 respectively, which is in line with previous analysis. Looking at the factor loadings, only one of the entrepreneurial orientations indicators was above 0.8, with one other above 0.7, and the other four between 0.3 and 0.5. In relation to personal initiative, one of the indicators was above 0.8, one was just below this at .779 (LO), the loading for autonomy orientations was .552 and the remaining three were between .25 and .40. For personal initiative, one indicator loaded very highly at .920, the next most highly loading indicator loaded at .607, while three of the indicators loaded between .5 and .6. The remaining two indicators loaded between .35 and .45. These generally poor factor loadings are in line with previous analyses using these variables. For planning, all of the four indicators loaded above 0.8.

Moving to examine discriminant validity, while personal initiative displayed discriminant validity from both entrepreneurial orientations and planning, there appeared to be some overlap between these latter two variables (see Tables A9.10.ii and iii). The square root of the AVE for entrepreneurial orientations is lower that its correlation with personal initiative. Looking at the cross-loadings (Table A9.10.iii), none of the entrepreneurial orientations indicators load more highly on any other variable, but the indicators for planning load more highly on entrepreneurial orientations than some of its own indicators. This is likely a problem with the measurement of entrepreneurial orientations, and the low AVE, rather than a lack of discriminant validity per se.

Table A9.10.i. Factor loadings, Weights, Composite Scale Reliability, and Average Variance Extracted (AVE) to assess reliability of constructs.

Construct	Measure	Factor Loadings	Weights of measures	Composite scale Reliability	Average Variance Extracted (AVE)
Entrepreneurial	AO	0.375	0.121	.693	.308
Orientations	AutO	0.552	0.290		
	CAgg	0.295	0.045		
	IO	0.801	0.469		
	LO	0.779	0.491		
	RTrs	0.258	0.087		
Personal Initiative	PI1	0.432	-0.044	.772	.344
	PI2	0.532	0.104		
	PI3	0.607	0.243		
	PI4	0.565	0.126		
	PI5	0.920	0.755		
	PI6	0.528	0.135		
	PI7	0.357	-0.057		
Planning	G1EPlan	0.820	0.294	.904	.701
	G1ProPlan	0.841	0.305		
	G2EPlan	0.849	0.298		
	G2ProPlan	0.839	0.297		

Table A9.10.ii Latent variable correlations (entrepreneurial orientations, personal initiative and planning).

	1.	2.	3.
1. Entrepreneurial Orientations	0.555		
2. Personal Initiative	0.311	0.587	
3. Planning	0.617	0.206	0.837

(Note: Bold numbers on the diagonal show the square root of the AVE; Numbers below the diagonal represent construct correlations)

Table A9.10.iii. Cross loadings of indicators (entrepreneurial orientations, personal initiative and planning).

	Entrepreneurial Orientations	Personal Initiative	Planning
AOtot	0.375	0.343	0.131
AutOTot	0.552	0.254	0.314
CAgg	0.295	0.271	0.049
IOTot	0.801	0.168	0.508
LOTot	0.779	0.181	0.532
RTTotRS	0.258	0.183	0.094
PI1	0.194	0.432	-0.013
PI2	0.245	0.532	0.031
PI3	0.138	0.607	0.074
PI4	0.185	0.565	0.038
PI5	0.299	0.920	0.229
PI6	0.124	0.528	0.041
PI7	0.096	0.357	-0.017
G1EPlan	0.506	0.266	0.820
G1ProPlan	0.529	0.120	0.841
G2EPlan	0.517	0.142	0.849
G2ProPlan	0.515	0.165	0.839

Given that the purpose of the additional analysis outlined here is to examine the direct effects of entrepreneurial orientations and personal initiative on planning, when the other variables in the main analysis are not included, it was considered worthwhile continuing to examine the structural model, despite the issues with measurement outlined above. Entrepreneurial orientations and personal initiative combined had a large effect on planning, predicting 38.1% of the variance. The Q² estimations indicate that the model had predictive relevance (see Table A9.10.iv). Looking at the significance of the individual paths (see Table A9.10.v and Figure A9.10.i), entrepreneurial orientations had a large effect on planning, but personal initiative did not have a significant effect. However, this result should be interpreted with caution in light of the issues with the measurement model.

Table A9.10.iv. Estimation of the structural model (entrepreneurial orientations, personal initiative and planning).

	$\mathbb{R}^2$	R <sup>2</sup> effect	$Q^2$	$Q^2$
		size	Cross	Cross
			validated	validated
			commonality	redundancy
Planning	.381	Large	.793	.372

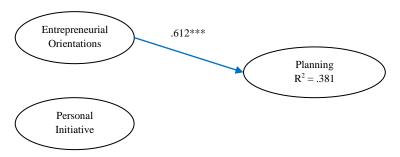


Figure A9.10.i. Results of Partial Least Squares analysis for the model investigating the relationships between entrepreneurial orientations, personal initiative, and planning. (\*\*\* p < .001; \*\*p < .01; \* p < .05; on-significant paths are not shown).

Table A9.10.v. Statistical results for Path Coefficients (entrepreneurial orientations, personal initiative, and planning).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	f² effect size
Entrepreneurial orientations → planning	0.612***	8.50	0.072	0.072	.471; .753	.527	Large
Personal initiative $\rightarrow$ planning	0.016	0.090	0.175	0.175	327; .359	.000	None

\* p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$  where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

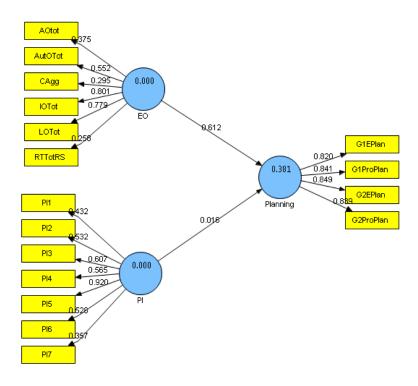


Figure A9.10.ii. Original PLS output for the model examining the direct effects of entrepreneurial orientations and personal initiative on planning.

# Appendix 9.11: Model estimating the direct effects of entrepreneurial orientations and personal initiative on goal-setting

The focus of the analysis in this section relates to the direct effects of entrepreneurial orientations and personal initiative on goal-setting. Firstly, looking at the measurement model (see Table A9.11.i), the composite reliabilities were all above the recommended criteria (0.7) for each of the variables. The AVEs for the goal-setting variables were above the recommended level of 0.5, but the AVE for entrepreneurial orientations and personal initiative were somewhat below, in line with previous analysis. Looking at the factor loadings, two of the entrepreneurial orientations indicators were above 0.7, and the other four between 0.3 and 0.5. In relation to personal initiative, one of the indicators was above 0.7, two were just below 0.7, three were between 0.5 and 0.6 and the final indicator was just below 0.5. These generally poor factor loadings are in line with previous analyses using these variables. For goal difficulty, three of the four indicators were above 0.7, and the fourth was above 0.6. Finally, both indicators for goal-specificity were above 0.7.

The variables in the model displayed discriminant validity; the square root of the AVE for each latent variable was higher than any of the intercorrelations between the latent variables (see Table A9.11.ii), and the indicators for each LV loaded more highly on their own LV than on any other (see Table A9.11.iii).

Table A9.11.i. Factor loadings, Weights, Composite Scale Reliability, and Average Variance Extracted (AVE) to assess reliability of constructs.

Construct	Measure	Factor Loadings	Weights of measures	Composite scale Reliability	Average Variance Extracted (AVE)
Entrepreneurial	AO	0.383	0.122	.705	.312
Orientations	AutO	0.485	0.210		
	CAgg	0.333	0.073		
	IO	0.841	0.527		
	LO	0.742	0.441		
	RTrs	0.346	0.164		
Personal Initiative	PI1	0.528	0.056	.817	.399
	PI2	0.592	0.033		
	PI3	0.692	0.274		
	PI4	0.688	0.232		
	PI5	0.850	0.609		
	PI6	0.516	0.103		
	PI7	0.470	0.066		
Goal-difficulty	G1DiffI	0.849	0.397	.857	.603
	G1DiffS	0.629	0.225		
	G2DiffI	0.832	0.390		
	G2DiffS	0.776	0.254		
Goal-specificity	G1Spec	0.764	0.476	.821	.697
	G2Spec	0.900	0.707		

Table A9.11.ii Latent variable correlations (entrepreneurial orientations, personal initiative and goal-setting).

	1.	2.	3.	4.
1. Entrepreneurial Orientations	0.558			
2. Goal-difficulty	0.502	0.776		
3. Goal-specificity	0.498	0.321	0.835	
4. Personal Initiative	0.309	0.097	0.234	0.631

(Note: Bold numbers on the diagonal show the square root of the AVE;

Numbers below the diagonal represent construct correlations)

Table A9.11.iii Cross loadings of indicators (entrepreneurial orientations, personal initiative and goal-setting).

	Entrepreneurial Orientations	Goal- difficulty	Goal- specificity	Personal Initiative
AOtot	0.383	0.143	0.072	0.336
AutOTot	0.485	0.073	0.300	0.216
CAgg	0.333	0.086	0.044	0.278
IOTot	0.841	0.511	0.423	0.171
LOTot	0.742	0.373	0.409	0.176
RTTotRS	0.346	0.173	0.117	0.212
G1DiffI	0.478	0.849	0.290	0.160
G1DiffS	0.270	0.629	0.069	0.084
G2DiffI	0.458	0.832	0.344	0.070
G2DiffS	0.286	0.776	0.220	-0.050
G1Spec	0.338	0.266	0.764	0.093
G2Spec	0.477	0.275	0.900	0.268
PI1	0.227	0.049	0.009	0.528
PI2	0.260	0.113	-0.030	0.592
PI3	0.128	-0.089	0.182	0.692
PI4	0.204	0.093	0.084	0.688
PI5	0.304	0.143	0.262	0.849
PI6	0.120	0.023	0.045	0.516
PI7	0.115	0.060	0.010	0.470

Moving to examine the structural model, entrepreneurial orientations and personal initiative combined predict 25.5% of the variance in both goal-difficulty and goal-specificity, which are indicative of large effects. The  $Q^2$  estimations indicate that the model had predictive relevance (see Table A9.11.iv). Looking at the significance of the individual paths (see Table A9.11.v and Figure A9.11.i), entrepreneurial orientations had medium-large effects on both goal-difficulty and goal-specificity, but personal initiative did not have a significant effect on either variable.

Table A9.11.iv. Estimation of the structural model (entrepreneurial orientations, personal initiative and goal-setting).

	$\mathbb{R}^2$	R <sup>2</sup> effect size	Q <sup>2</sup> Cross validated commonality	Q <sup>2</sup> Cross validated redundancy
Goal-difficulty	.255	Large	.579	.129
Goal -specificity	.255	Large	.690	.061

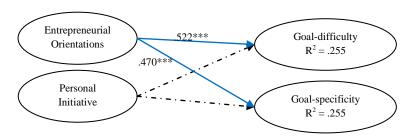


Figure A9.11.i. Results of Partial Least Squares analysis for the model investigating the relationships between entrepreneurial orientations, personal initiative, and goal-setting. (\*\*\* p < .001; \*\*p < .01; \* p < .05; dashed lined indicate non-significant paths).

Table A9.11.v. Statistical results for Path Coefficients (entrepreneurial orientations, personal initiative, and goal-setting).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	$f^2$ effect size
Entrepreneurial orientations → goal-difficulty	0.522***	6.25	0.083	0.083	.359; .685	.287	Medium- Large
Entrepreneurial orientations → goal-specificity	0.470***	4.51	0.104	0.104	.266; .674	.283	Medium- Large
Personal initiative → goal-difficulty	-0.064	0.402	0.160	0.160	378; .250	.003	Negligible
Personal initiative → goal- specificity	0.088	0.391	0.226	0.226	355; .531	.012	Very small

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$  where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

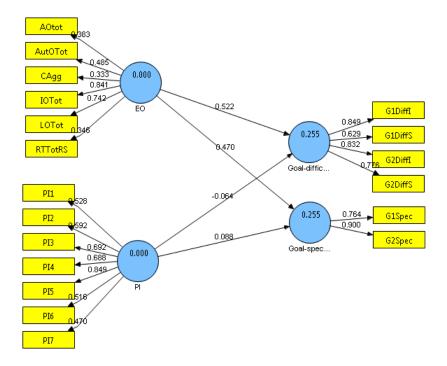


Figure A9.11.ii. Original PLS output for the model examining the direct effects of entrepreneurial orientations and personal initiative on goal-setting

# Appendix 9.12: Model estimating the direct effects of entrepreneurial orientations and personal initiative on actions towards the goal.

The focus of the analysis in this section relates to the direct effects of entrepreneurial orientations and personal initiative on the actions that an individual takes to achieve their goals. Firstly, looking at the measurement model (see Table A9.12.i), the composite reliability of actions is .803, for entrepreneurial orientations is .691 and for personal initiative is .491. This latter estimate is quite poor, being well below the recommended criteria (0.7). The AVE for actions is .674, which is above the recommended level of 0.5, but the AVE for entrepreneurial orientations and personal initiative were below this criteria. Looking at the factor loadings, both of the indicators for the actions LV are above 0.7. However, only one of the entrepreneurial orientations indicators was above 0.7 (Lo), but two others are close to this at .688 and .670 (IO and AutO). The remaining three indicators are quite a bit below the recommended level. In relation to personal initiative, one of the indicators was above 0.8, but the rest were well below the recommended level of 0.7. These generally poor measurement results for entrepreneurial orientations and personal initiative are in line with previous analyses using these variables.

The variables in the model displayed discriminant validity; the square root of the AVE for each latent variable was higher than any their intercorrelations (see Table A9.11.ii), and the indicators for each LV loaded more highly on their own LV than on any other (see Table A9.11.iii). However, due to the poor factor loadings for personal initiative, some of the indicators pertaining to the two other latent variables loaded more highly than its own indicators.

Table A9.12.i. Factor loadings, Weights, Composite Scale Reliability, and Average Variance Extracted (AVE) to assess reliability of constructs.

Construct	Measure	Factor Loadings	Weights of measures	Composite scale Reliability	Average Variance Extracted (AVE)
Entrepreneurial	AO	0.447	0.204	.690	.304
Orientations	AutO	0.670	0.428		
	CAgg	0.249	-0.011		
	IO	0.688	0.308		
	LO	0.765	0.516		
	RTrs	0.230	0.079		
Personal Initiative	PI1	0.011	-0.388	.491	.186
	PI2	0.189	0.036		
	PI3	0.401	0.355		
	PI4	0.204	-0.135		
	PI5	0.865	0.835		
	PI6	0.550	0.337		
	PI7	0.121	-0.207		
Actions	G1Actions	0.914	0.752	.803	.674
	G2Actions	0.715	0.436		

Table A9.12.ii Latent variable correlations (entrepreneurial orientations, personal initiative and actions).

	1.	2.	3.
1. Actions	0.821		
2. Entrepreneurial Orientations	0.514	0.551	
3. Personal Initiative	0.377	0.270	0.431

(Note: Bold numbers on the diagonal show the square root of the AVE; Numbers below the diagonal represent construct correlations)

Table A9.12.iii Cross loadings of indicators (entrepreneurial orientations, personal initiative and actions).

	Actions	Entrepreneurial Orientations	Personal Initiative
G1 Action	0.914	0.487	0.416
G2Action	0.715	0.338	0.145
AOtot	0.177	0.447	0.279
AutOTot	0.371	0.670	0.259
CAgg	-0.010	0.249	0.191
IOTot	0.268	0.688	0.068
LOTot	0.448	0.765	0.163
RTTotRS	0.068	0.230	0.001
PI1	-0.127	0.194	0.011
PI2	0.012	0.250	0.189
PI3	0.116	0.168	0.401
PI4	-0.044	0.172	0.204
PI5	0.274	0.316	0.865
PI6	0.110	0.154	0.550
PI7	-0.068	0.075	0.121

Moving to examine the structural model, entrepreneurial orientations and personal initiative combined had a large effect on the actions one takes towards achieving ones goals, predicting 32.5% of the variance. The  $Q^2$  estimations indicate that the model had predictive relevance (see Table A9.12.iv). Looking at the significance of the individual paths (see Table A9.12.v and Figure A9.12.i), entrepreneurial orientations had a medium-large effect on actions, while personal initiative had a small, but non-significant effect.

Table A9.12.iv. Estimation of the structural model (entrepreneurial orientations, personal initiative and actions).

	$\mathbb{R}^2$	R <sup>2</sup> effect size	<b>Q</b> <sup>2</sup> Cross validated commonality	Q <sup>2</sup> Cross validated redundancy
Actions	.325	Large	.658	.367

Table A9.12.v. Statistical results for Path Coefficients (entrepreneurial orientations, personal initiative, and actions).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	f² effect size
Entrepreneurial orientations → actions	.445***	5.53	.080	.080	.289; .602	.271	Medium- Large
Personal initiative → actions	.256	.915	.280	.280	292; .805	.093	Small

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$  where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

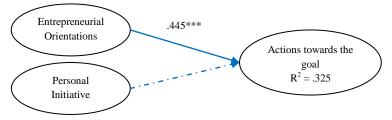


Figure A9.12.i. Results of Partial Least Squares analysis for the model investigating the relationships between entrepreneurial orientations, personal initiative, and actions. (\*\*\* p < .01; \*\*p < .01; \* p < .05; dashed lined indicate non-significant paths).

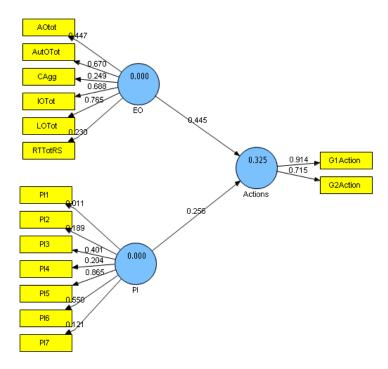


Figure A9.12.ii. Original PLS output for the model examining the direct effects of entrepreneurial orientations and personal initiative on actions taken to achieve ones goals.

# Appendix 9.13: Model estimating the direct effects of entrepreneurial self-efficacy and creative self-efficacy on actions towards the goal.

The focus of the analysis in this section relates to the direct effects of entrepreneurial self-efficacy and creative self-efficacy on the actions one takes to achieve ones goals. Firstly, looking at the measurement model (see Table A9.13.i), the AVE and composite reliability were all above the recommended criteria (0.5 and 0.6 respectively) for each of the variables. However, a number of the indicators loaded somewhat lower than optimally. For entrepreneurial self-efficacy four of the six indicators were above 0.7, while the remaining two were lower at .596 and .469. For creative self-efficacy, one of the indicators loaded highly at 0.883, while the other two loaded between 0.6 and 0.7. For actions, one of the indicator loaded very highly at .955, but the second was a little below the recommended level of 0.7 at .629.

Table A9.13.i. Factor loadings, Weights, Composite Scale Reliability, and Average Variance Extracted (AVE) to assess reliability of constructs.

Construct	Measure	Factor Loadings	Weights of measures	Composite scale Reliability	Average Variance Extracted (AVE)
Entrepreneurial self-	ESE1	0.596	0.117	.868	.532
efficacy	ESE2	0.712	0.043		
	ESE3	0.845	0.472		
	ESE4	0.829	0.248		
	ESE5	0.469	-0.055		
	ESE6	0.842	0.381		
Creative self-efficacy	CSE1	0.687	0.408	.782	.550
	CSE2	0.631	0.142		
	CSE3	0.883	0.714		
Actions	G1Actions	0.955	0.837	.784	.654
	G2Actions	0.629	0.319		

Table A9.13.ii Latent variable correlations (entrepreneurial self-efficacy, creative-self efficacy, actions).

	1.	2.	3.
1. Actions	0.809		
2. Creative Self-Efficacy	0.057	0.742	
3. Entrepreneurial Self-Efficacy	0.277	0.441	0.729

(Note: Bold numbers on the diagonal show the square root of the AVE;

Numbers below the diagonal represent construct correlations)

Table A9.13.iii. Cross loadings of indicators (entrepreneurial self-efficacy, creative self-efficacy, actions).

	Actions	Creative Self Efficacy	Entrepreneurial Self Efficacy
G1 Action	0.955	0.022	0.279
G2Action	0.629	0.121	0.136
CSE1	0.033	0.687	0.398
CSE2	0.012	0.631	0.385
CSE3	0.058	0.883	0.315
ESE1	0.073	0.661	0.596
ESE2	0.027	0.356	0.712
ESE3	0.292	0.307	0.845
ESE4	0.153	0.382	0.829
ESE5	-0.034	0.263	0.469
ESE6	0.236	0.323	0.842

Looking to the assessment of discriminant validity, the Fornell-Larcker criterion is met (see Table A9.13.ii) as the square root of the AVE is higher than any of the inter-correlations between the latent variables. As a second check on discriminant validity, all of the indicators load more highly on their own latent variable than on any other, with the exception of one of the indicators (ESE1) for entrepreneurial self-efficacy, which loads more highly on creative self-efficacy (see Table A9.13.iii). Hence, although there are a number of small issues evident in the measurement of this model, overall it is reasonably adequate.

Examining the structural model indicates that the two types of self-efficacy (entrepreneurial and creative) in total explained 8.2% of the variance in actions towards ones goals (a small-medium effect). The Q<sup>2</sup> estimations indicate that the model had predictive relevance (see Table A9.13.iv). However, looking at the significance of the individual paths (see Table A9.13.v), neither entrepreneurial self-efficacy nor creative self-efficacy had a significant effect on actions towards ones goals. The original PLS output in shown in Figure A9.13.i.

Table A9.13.iv. Estimation of the structural model (entrepreneurial self-efficacy, creative self-efficacy, actions).

	$\mathbb{R}^2$	R <sup>2</sup> effect	$Q^2$	$Q^2$
		size	Cross	Cross
			validated	validated
			commonality	redundancy
Actions	.082	Small-	.687	.251
		medium		

Table A9.13.v. Statistical results for Path Coefficients (entrepreneurial self-efficacy, creative self-efficacy, and actions).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	f² effect size
Entrepreneurial self-efficacy → actions	0.313	0.865	0.362	0.362	397; 1.023	.003	Negligible
Creative self-efficacy → actions	-0.081	0.384	0.212	0.212	497; .335	002	Negligible

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$  where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

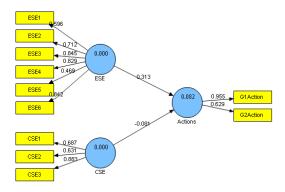


Figure A9.13.i. Original PLS output for the model examining the direct effects of entrepreneurial self-efficacy and creative self-efficacy on actions taken to achieve ones goals.

# Appendix 9.14: Model investigating the direct and indirect effects of motivational resources, volitional resources, goal orientations, goal-setting and actions on objective success and self-perceptions of success.

Table A9.14.i Factor loadings, Weights, Composite Scale Reliability, and AVE of constructs.

	Measure	Factor	Weights of	Composite scale	Average Variance
Construct		Loadings	measures	Reliability	Extracted (AVE)
Entrepreneurial	AO	0.675	0.394	0.718	0.308
Orientations	AutO	0.544	0.316		
	CAgg	0.688	0.452		
	IO	0.472	0.129		
	LO	0.343	0.089		
	RTrs	0.531	0.299		
Personal Initiative	PI1	0.695	0.198	0.855	0.459
	PI2	0.761	0.206		
	PI3	0.680	0.173		
	PI4	0.705	0.157		
	PI5	0.667	0.276		
	PI6	0.594	0.213		
	PI7	0.632	0.264		
Entrepreneurial	ESE1	0.746	0.280	0.892	0.581
Self-efficacy	ESE2	0.777	0.180		
	ESE3	0.719	0.197		
	ESE4	0.862	0.240		
	ESE5	0.708	0.240		
	ESE6	0.753	0.176		
Creative Self-	CSE1	0.828	0.496	0.818	0.603
efficacy	CSE2	0.830	0.427		
	CSE3	0.658	0.356		
Work Engagement	Absorption	0.835	0.274	0.910	0.771
	Dedication	0.881	0.448		
	Vigor	0.917	0.411		
Mastery Approach	G1MAG0	0.958	0.848	0.776	0.645
	G2MAGO	0.609	0.308		
Performance	G1PAGO	0.553	0.511	0.676	0.522
Approach	G2PAGO	0.860	0.834		
Goal-difficulty	G1DiffI	0.816	0.393	0.854	0.599
	G1DiffS	0.555	0.135		
	G2DiffI	0.869	0.410		
	G2DiffS	0.817	0.303		
Goal-specificity	G1Spec	0.846	0.601	0.826	0.704
	G2Spec	0.831	0.591		
Actions	G1Actions	0.836	0.6165	0.813	0.685
	G2Actions	0.820	0.5914		
Objective Success	ObjSucc	1.00	1.00	1.00	1.00
Self-Perceptions of	SelfSucc1	0.788	0.392	0.829	0.619
Success	SelfSucc2	0.855	0.528		
	SelfSucc3	0.710	0.338		

Table A9.14.ii Average Variance Extracted by constructs and correlations between constructs to assess Discriminant Validity.

	1.	2.	3.	4.	5.	6.	7.	8.	9.	10.	11.	12.
1. Actions	.828											
2. Creative Self Efficacy	.040	.777										
3. Entrepreneurial Orientations	.258	.413	.555									
4. Entrepreneurial Self-Efficacy	.102	.575	.512	.762								
5. Goal-difficulty	.458	.300	.264	.097	.774							
6. Goal-specificity	.640	.119	.253	.032	.331	.839						
7. Mastery Approach	.046	006	193	119	.226	.187	.803					
8. Objective Success	.330	.085	.094	.077	.179	.114	285	1.00				
9. Personal Initiative	.048	.503	.436	.615	.078	.100	018	.074	.677			
10. Performance Approach	.286	.144	.289	.288	.140	.248	133	.129	.113	.722		
11. Self- perceptions of	.264	.186	.165	.448	.100	.147	131	.302	.369	.227	.787	
success 12. Work Engagement	064	.357	.364	.561	.097	.042	038	.003	.480	.012	.162	.878

(Note: Bold numbers on the diagonal show the square root of the AVE; Numbers below the diagonal represent construct correlations)

Table A9.14iii Cross-loadings for measurement model

	Actions	CSE	ЕО	ESE	Goal- difficulty	Goal- specificity	Mastery Approach	Objective Success	PI	Performance Approach	Self- perceptions of success	Work Engagement
G1 Action	0.836	0.041	0.295	0.197	0.393	0.620	0.141	0.190	0.121	0.259	0.200	0.083
G2Action	0.820	0.024	0.129	-0.033	0.365	0.435	-0.069	0.360	-0.045	0.214	0.237	-0.196
CSE1	0.006	0.828	0.378	0.484	0.259	0.179	0.074	-0.011	0.421	0.032	0.148	0.327
CSE2	-0.013	0.830	0.268	0.485	0.181	0.069	0.006	-0.032	0.487	0.165	0.130	0.245
CSE3	0.118	0.658	0.313	0.358	0.264	0.003	-0.128	0.292	0.240	0.162	0.161	0.252
AOtot	0.181	0.229	0.675	0.394	0.145	0.066	-0.209	0.186	0.331	0.154	0.102	0.271
AutOTot	0.357	0.111	0.544	0.363	0.064	0.280	-0.053	0.059	0.183	0.221	0.295	0.11
CAgg	-0.030	0.365	0.688	0.371	0.081	0.04	-0.199	-0.061	0.301	0.197	0.117	0.246
IOTot	0.261	0.270	0.472	0.037	0.500	0.412	0.149	0.229	0.169	0.082	-0.002	0.170
LOTot	0.438	0.152	0.343	-0.003	0.383	0.408	0.127	0.210	0.138	0.173	0.230	0.159
RTTotRS	0.048	0.250	0.531	0.236	0.172	0.101	-0.115	-0.065	0.257	0.146	-0.137	0.250
ESE1	0.033	0.696	0.504	0.746	0.09	0.046	-0.015	0.046	0.563	0.152	0.262	0.538
ESE2	-0.012	0.402	0.263	0.777	0.012	-0.148	-0.119	0.01	0.364	0.246	0.398	0.377
ESE3	0.289	0.306	0.44	0.719	0.214	0.102	-0.097	0.123	0.449	0.308	0.324	0.284
ESE4	0.103	0.416	0.401	0.862	0.035	0.008	-0.07	0.019	0.499	0.285	0.437	0.462
ESE5	-0.108	0.335	0.314	0.708	0.093	-0.016	-0.188	0.048	0.458	0.142	0.245	0.543
ESE6	0.213	0.382	0.37	0.753	-0.025	0.151	-0.071	0.122	0.416	0.213	0.433	0.255
G1DiffI	0.358	0.341	0.284	0.152	0.816	0.304	0.227	0.057	0.18	0.146	0.097	0.068
G1DiffS	0.158	0.113	0.144	0.002	0.555	0.073	0.068	-0.008	0.096	-0.043	-0.087	-0.035
G2DiffI	0.42	0.287	0.258	0.121	0.869	0.335	0.226	0.181	0.064	0.159	0.138	0.201
G2DiffS	0.409	0.114	0.095	-0.037	0.817	0.214	0.118	0.271	-0.1	0.079	0.057	-0.021
G1Spec	0.543	0.086	0.141	-0.041	0.269	0.846	0.203	0.098	-0.015	0.174	-0.01	-0.084
G2Spec	0.530	0.115	0.286	0.096	0.286	0.831	0.109	0.092	0.187	0.244	0.263	0.016
G1MAGO	0.108	-0.069	-0.196	-0.13	0.247	0.201	0.958	-0.225	-0.054	-0.062	-0.083	-0.052
G2MAGO	-0.150	0.170	-0.087	-0.029	0.054	0.055	0.609	-0.308	0.089	-0.263	-0.198	0.018

Table A9.14.iii (cont.)

	Actions	CSE	ЕО	ESE	Goal- difficulty	Goal- specificity	Mastery Approach	Objective Success	PI	Performance Approach	Self- perceptions of success	Work Engagement
ObjSucc5	0.330	0.085	0.094	0.077	0.179	0.114	-0.285	1.00	0.074	0.129	0.302	0.003
PI1	-0.135	0.293	0.351	0.369	0.037	-0.019	-0.033	-0.056	0.695	0.135	0.096	0.278
PI2	0.002	0.324	0.344	0.384	0.098	-0.045	0.001	-0.078	0.761	0.050	0.173	0.367
PI3	0.097	0.275	0.181	0.330	-0.097	0.166	-0.034	-0.034	0.680	-0.013	0.205	0.253
PI4	-0.048	0.283	0.198	0.285	0.094	0.045	-0.028	0.022	0.705	-0.077	0.196	0.305
PI5	0.252	0.354	0.427	0.554	0.134	0.258	-0.025	0.294	0.667	0.211	0.400	0.373
PI6	0.071	0.283	0.240	0.427	0.016	0.018	-0.034	0.131	0.594	0.107	0.254	0.489
PI7	-0.073	0.484	0.241	0.444	0.047	0.008	0.048	-0.020	0.632	0.033	0.316	0.191
G1PAGO	0.079	0.284	0.164	0.246	0.098	0.113	-0.047	0.056	0.062	0.553	0.163	-0.097
G2PAGO	0.295	-0.002	0.246	0.194	0.107	0.228	-0.131	0.120	0.097	0.860	0.172	0.073
SelfS1	0.189	0.220	0.262	0.447	-0.009	0.135	-0.230	0.315	0.491	0.185	0.788	0.283
SelfS2	0.255	0.201	0.167	0.384	0.108	0.182	-0.048	0.271	0.223	0.211	0.855	0.018
SelfS3	0.163	-0.019	-0.076	0.209	0.136	-0.006	-0.045	0.105	0.174	0.128	0.710	0.123
Absorption	-0.120	0.298	0.239	0.335	0.055	-0.073	-0.068	0.003	0.282	0.021	0.037	0.835
Dedication	-0.030	0.325	0.329	0.559	0.072	0.012	0.085	-0.037	0.496	-0.024	0.210	0.881
Vigor	-0.044	0.316	0.367	0.532	0.120	-0.066	-0.141	0.044	0.439	0.041	0.139	0.917

Table A9.14.iv Estimation of the structural model (motivational and volitional resources, goal orientations, goal-

setting, actions, objective success and self-perceptions of success).

		Direct e	ffects only mode	el		Direct and i	ndirect effects n	ıodel
	R <sup>2</sup>	R <sup>2</sup> effect size	Q <sup>2</sup> Cross validated commonality	Q <sup>2</sup> Cross validated redundancy	$\mathbb{R}^2$	R <sup>2</sup> effect size	Q <sup>2</sup> Cross validated commonality	Q <sup>2</sup> Cross validated redundancy
Entrepreneurial self-efficacy	.453	Large	.702	.328	.391	Large	.686	.300
Creative self- efficacy	.299	Large	.703	.271	.286	Large	.689	.259
Work Engagement	.341	Large	.795	.174	.374	Large	.795	.181
Mastery Approach	.043	Small	.798	.048	.002	Negligible	.746	.000
Performance Approach	.084	Small	.498	.165	.075	Small	.433	.204
Goal-difficulty	.168	Medium	.660	.186	.266	Large	.657	.193
Goal-specificity	.125	Medium	.667	.205	.265	Large	.646	.175
Actions	.482	Large	.730	.180	.553	Large	.729	.350
Objective success	.109	Medium	1.00	.241	.239	Medium- large	1.00	.302
Self-perceptions of success	.069	Small	.539	.038	.344	Large	.517	.135

Table A9.14.v Statistical results for Path Coefficients for direct effects only model (entrepreneurial orientations, personal initiative, domain specific self-efficacy, goal orientations, work engagement, goal-setting, actions, objective success and self-perceptions of success).

	β	t	SD	SE	$CI_{95}$	$f^2$	$f^2$ effect size
Entrepreneurial orientations → creative self-efficacy	0.240*	2.02	0.119	0.119	.007; .473	.061	Small
Entrepreneurial orientations → entrepreneurial self-efficacy	0.302*	2.53	0.120	0.120	.067; .537	.139	Small- medium
Entrepreneurial orientations → mastery approach	-0.228	1.31	0.174	0.174	569; .113	.044	Small
Entrepreneurial orientations → performance approach	0.296*	1.89	0.157	0.157	012; .604	.078	Small
Personal Initiative →Creative self-efficacy	0.398**	3.18	0.125	0.125	.153; .643	.173	Medium
Personal initiative  →entrepreneurial self-efficacy	0.484***	4.69	0.103	0.103	.282; .686	.351	Large
Personal initiative → mastery approach	0.081	0.538	0.151	0.151	215; .377	.007	Negligible
Personal initiative → performance approach	-0.017	0.120	0.138	0.138	287; .253	.000	None
Creative self-efficacy → goal-difficulty	0.348*	2.52	0.138	0.138	.078; .618	.099	Small
Creative self-efficacy → goal- specificity	0.141	1.07	0.131	0.131	116; .398	.016	Very small
Creative self-efficacy → work engagement	0.045	0.365	0.122	0.122	194; .284	.000	None
Entrepreneurial self-efficacy → goal-difficulty	-0.120	0.854	0.141	0.141	396; .156	.006	Negligible
Entrepreneurial self-efficacy → goal-specificity	-0.107	0.664	0.161	0.161	423; .209	.007	Negligible
Entrepreneurial self-efficacy → Work engagement	0.583***	5.37	0.108	0.108	.371; .795	.322	Medium-large
Mastery approach → goal-difficulty	0.235*	1.92	0.122	0.122	004; .474	.067	Small
Mastery approach → goal- specificity	0.214*	1.69	0.126	0.126	033; .461	.050	Small
Mastery approach → work engagement	0.010	0.094	0.103	0.103	192; .212	.002	Negligible

Table A9.14.v (cont.)

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	$f^2$ effect size
Performance approach → goal-difficulty	0.156	1.32	0.118	0.118	075; .387	.030	Small
Performance approach → goal- specificity	0.287*	2.40	0.120	0.120	.052; .522	.086	Small
Performance approach → work engagement	-0.161	1.07	0.150	0.150	455; .133	.038	Small
Goal-difficulty →actions	0.286**	3.25	0.088	0.088	.114; .458	.133	Small- medium
Goal-specificity $\rightarrow$ actions	0.542***	6.89	0.079	0.079	.387; .697	.496	Large
Work engagement →actions	-0.069	0.815	0.085	0.085	236; .098	.004	Negligible
Actions $\rightarrow$ self-perceptions of success	0.264**	3.20	0.082	0.082	.103; .425	N/A	Only predictor
Actions →objective success	0.330**	3.21	0.103	0.103	.128; .532	N/A	Only predictor

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$  where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

Table A9.14.vi Statistical results for Path Coefficients in fully specified model (entrepreneurial orientations, personal initiative, entrepreneurial self-efficacy, creative self-efficacy, work engagement, goal-setting, actions, objective success and self-perceptions of success).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	$f^2$ effect size
Entrepreneurial orientations → creative self-efficacy	0.231*	1.91	0.121	0.121	006; .468	.057	Small
Entrepreneurial orientations → entrepreneurial self-efficacy	0.146	1.02	0.143	0.143	134; .426	.033	Small
Entrepreneurial orientations → mastery approach	-0.039	0.226	0.173	0.173	378; .300	.002	Negligible
Entrepreneurial orientations → performance approach	0.270*	1.77	0.152	0.152	028; .568	.067	Small
Entrepreneurial orientations → goal difficulty	0.396**	2.83	0.140	0.140	.122; .670	.166	Medium
Entrepreneurial orientations → goal specificity	0.423**	2.93	0.144	0.144	.141; .705	.185	Medium
Entrepreneurial orientations → work engagement	0.152	1.35	0.113	0.113	069; .373	.024	Small
Entrepreneurial orientations → actions	0.101	0.83	0.122	0.122	138; .340	.009	Very small
Entrepreneurial orientations  →objective success	0.047	0.267	0.175	0.175	296; .390	.003	Negligible
Entrepreneurial orientations→ self- perceptions of success	-0.065	0.370	0.174	0.174	406; .276	.000	None
Personal Initiative →Creative self- efficacy	0.403**	3.19	0.126	0.126	.156; .650	.175	Medium
Personal initiative  →entrepreneurial self-efficacy	0.556***	5.58	0.100	0.100	.360; .752	.437	Large
Personal initiative → mastery approach	0.035	0.253	0.137	0.137	234; .304	.001	Negligible
Personal initiative → performance approach	0.013	0.102	0.131	0.131	244; .270	.000	None
Personal initiative → work engagement	0.203	1.39	0.146	0.146	081; .284	.042	Small
Personal initiative → goal difficulty	-0.143	0.968	0.148	0.148	463; .177	.010	Very small
Personal initiative → goal specificity	0.043	0.304	0.140	0.140	231; .317	.000	None
Personal initiative → actions	-0.019	0.153	0.126	0.126	266; .228	.007	Very small
Personal initiative → objective success	0.094	0.646	0.146	0.146	192; .380	.001	Negligible
Personal initiative → self- perceptions of success	0.295*	1.88	0.157	0.157	013; .603	.072	Small
Creative self-efficacy → work engagement	-0.020	0.133	0.147	0.147	308; .268	003	Negligible

Table A9.14.vi (cont)

Creative self-efficacy → actions  Creative self-efficacy → objective success  Creative self-efficacy → objective success  Entrepreneurial self-efficacy → objective success  Mastery approach → self-perceptions of success  Mastery approach → objective success  Mast	Small Very small Small Negligible Very small Medium Very small Negligible
Creative self-efficacy → goal specificity  Creative self-efficacy → actions  -0.206* 1.74 0.118 0.118437; .025 .054  Creative self-efficacy → objective success  Creative self-efficacy → objective success  Creative self-efficacy → self-perceptions of success  Mastery approach → self-p	Very small Small Negligible Very small Medium Very small Negligible
Creative self-efficacy → actions         -0.206*         1.74         0.118         0.118        437; .025         .054           Creative self-efficacy → objective success         0.099         0.682         0.145         0.145        185; .383         .001         N           Creative self-efficacy → self-efficacy → self-perceptions of success         -0.117         0.618         0.189         0.189        487; .370         .008         V           Entrepreneurial self-efficacy → goal difficulty         0.428**         2.85         0.150         0.150         .134; .722         .149           Entrepreneurial self-efficacy → goal difficulty         -0.119         0.763         0.155         0.155        423; .185        012         V           Entrepreneurial self-efficacy → goal specificity         -0.178         1.12         0.159         0.159        490; .134         .001         N           Entrepreneurial self-efficacy → actions         0.210         1.48         0.142         0.142        068; .488         .043           Entrepreneurial self-efficacy → objective success         0.092         0.473         0.195         0.195        474; .106        001         N           Entrepreneurial self-efficacy → objective success         0.381*         1.73 <t< td=""><td>Small Negligible Very small Medium Very small Negligible</td></t<>	Small Negligible Very small Medium Very small Negligible
Creative self-efficacy → objective success         0.099         0.682         0.145         0.145        185; .383         .001         No. 185           Creative self-efficacy → self-perceptions of success         -0.117         0.618         0.189         0.189        487; .370         .008         Volume           Entrepreneurial self-efficacy → Work engagement         0.428**         2.85         0.150         0.150         .134; .722         .149           Entrepreneurial self-efficacy → Goal specificity         -0.119         0.763         0.155         0.155        423; .185        012         Volume           Entrepreneurial self-efficacy → Goal specificity         -0.178         1.12         0.159         0.159        490; .134         .001         No1           Entrepreneurial self-efficacy → Goal specificity         -0.178         1.12         0.159         0.159        490; .134         .001         No1           Entrepreneurial self-efficacy → Goal specificity         -0.018         0.142         0.142        068; .488         .043           Entrepreneurial self-efficacy → Goal specificity         -0.092         0.473         0.195         0.195        474; .106        001         No           Mastery approach → work engagement         -0.012         0.132 </td <td>Negligible Very small Medium Very small Negligible</td>	Negligible Very small Medium Very small Negligible
Success Creative self-efficacy → self- perceptions of success Entrepreneurial self-efficacy → Work engagement Entrepreneurial self-efficacy → Boal difficulty Entrepreneurial self-efficacy → Soal specificity Soal specificity Soal specificity Soal specificity  Interpreneurial self-efficacy → Soal specificity Soal spe	Very small Medium Very small Negligible
perceptions of success Entrepreneurial self-efficacy → Work engagement Entrepreneurial self-efficacy → goal difficulty Entrepreneurial self-efficacy → co.119	Medium Very small Negligible
Work engagement       0.425 str       2.83       0.130       0.130       0.134, 722       0.149       0.149       0.150       0.150       0.154, 722       0.149       0.149       0.142       0.155       0.155      423; .185      012       V         goal difficulty       Entrepreneurial self-efficacy → goal specificity       -0.178       1.12       0.159       0.159      490; .134       .001       N         Entrepreneurial self-efficacy → actions       0.210       1.48       0.142       0.142      068;.488       .043         Entrepreneurial self-efficacy → objective success       0.092       0.473       0.195       0.195      474; .106      001       N         Entrepreneurial self-efficacy → objective success       0.381*       1.73       0.221       0.221      052; .814       .059         Entrepreneurial self-efficacy → objective success       0.381*       1.73       0.221       0.221      052; .814       .059         Mastery approach → work engagement       -0.012       0.132       0.093       0.093      194; .170      002       N         Mastery approach → goal difficulty       0.191       1.59       0.120       0.120      044; .426       .045         Mastery approach → self-p	Very small
goal difficulty Entrepreneurial self-efficacy → goal specificity Entrepreneurial self-efficacy → detroins  0.210 1.48 0.142 0.195 0.195 0.195 0.195 0.474; .106 0.001 N Entrepreneurial self-efficacy → detroins N Entrepreneurial self-efficacy → detroins N 0.195 0.195 0.195 0.195 0.474; .106 0.001 N 0.002 N 0.003 0.003 0.003 0.003 0.003 0.003 0.003 0.003 0.003 0.001 0.001 N 0.001 N 0.002 0.003 0.003 0.003 0.003 0.003 0.003 0.003 0.003 0.003 0.003 0.003 0.004 0.001 0.0	Negligible
goal specificity Entrepreneurial self-efficacy → actions Entrepreneurial self-efficacy → objective success  Mastery approach → work engagement  Mastery approach → goal difficulty  Mastery approach → goal specificity  Mastery approach → actions  Mastery approach → actions  Mastery approach → self-perceptions of success  Mastery approach → self-perceptions of success  Mastery approach → objective suc	
actions  Entrepreneurial self-efficacy → objective success  Entrepreneurial self-efficacy → objective success  Entrepreneurial self-efficacy → self-perceptions of success  Mastery approach → work engagement  Mastery approach → goal difficulty  Mastery approach → goal specificity  Mastery approach → actions  Mastery approach → self-perceptions of success  Mastery approach → by actions  Mastery approach → self-perceptions of success  Mastery approach → self-perceptions of success  Mastery approach → objective success  Mas	
objective success       -0.092       0.473       0.195       0.195      474; .106      001       18         Entrepreneurial self-efficacy → self-perceptions of success       0.381*       1.73       0.221       0.221      052; .814       .059         Mastery approach → work engagement       -0.012       0.132       0.093       0.093      194; .170      002       N         Mastery approach → goal difficulty       0.179       1.24       0.145       0.145      105; .463       .042         Mastery approach → goal specificity       0.191       1.59       0.120       0.120      044; .426       .045         Mastery approach → self-perceptions of success       -0.123       0.960       0.128       0.128      374; .128       .022         Mastery approach → self-perceptions of success       -0.190       1.52       0.124       0.124      433; .053       .050         Mastery approach → objective success       -0.334*       2.33       0.144       0.144      616;052       .126         Performance approach → work engagement       -0.162       1.24       0.131       0.131      419; .095       .034         Performance approach → goal difficulty       0.080       0.680       0.117       0.117       <	Small
self-perceptions of success  Mastery approach → work engagement  Mastery approach → goal difficulty  Mastery approach → goal specificity  Mastery approach → actions  Mastery approach → self- perceptions of success  Mastery approach → objective success  Mastery approach → objective success  Performance approach → goal difficulty  Mastery approach → solf- perceptions of success  Mastery approach → objective success  Performance approach → goal difficulty  Mastery approach → objective success  Performance approach → work engagement  Performance approach → goal difficulty  Mastery approach → goal difficulty  D.132  D.132  D.132  D.145  D.145  D.145  D.145  D.145  D.145  D.145  D.145  D.145  D.140  D.140  D.140  D.141  D.141	Negligible
engagement $-0.012$ $0.132$ $0.093$ $0.093$ $-1.94; .170$ $-0.02$ IN Mastery approach $\rightarrow$ goal difficulty $0.179$ $1.24$ $0.145$ $0.145$ $0.145$ $105; .463$ $0.042$ Mastery approach $\rightarrow$ goal specificity $0.191$ $1.59$ $0.120$ $0.120$ $044; .426$ $0.045$ Mastery approach $\rightarrow$ actions $-0.123$ $0.960$ $0.128$ $0.128$ $374; .128$ $0.022$ Mastery approach $\rightarrow$ self-perceptions of success $-0.190$ $1.52$ $0.124$ $0.124$ $433; .053$ $0.50$ Mastery approach $\rightarrow$ objective success $-0.334*$ $2.33$ $0.144$ $0.144$ $616;052$ $1.26$ Success Performance approach $\rightarrow$ work engagement $-0.162$ $1.24$ $0.131$ $0.131$ $419; .095$ $0.034$ Performance approach $\rightarrow$ goal difficulty $-0.080$ $0.680$ $0.117$ $0.117$ $149; .309$ $0.003$ N	Small
difficulty  Mastery approach → goal specificity  Mastery approach → actions  O.191  O.192  O.192  O.192  O.193  O.193  O.194  O.194  O.194  O.194  O.194  O.195  O.190  O.190  O.190  O.190  O.191  O.191  O.191  O.191  O.192  O.192  O.190  O.191  O.191  O.191  O.192  O.192  O.192  O.193  O.194  O.194  O.194  O.194  O.194  O.194  O.194  O.195  O.196  O.190  O.190  O.190  O.190  O.190  O.191	Negligible
specificity  Mastery approach → actions  -0.123  0.960  0.128  0.128 044; .426  .045  Mastery approach → self- perceptions of success  Mastery approach → objective success  Mastery approach → objective success  Performance approach → work engagement  Performance approach → goal difficulty  0.191  1.59  0.120  0.120 044; .426  .045 045 044; .426  .045 045 044; .426  .045 046; .052  .126  .126  .050  .	Small
Mastery approach → actions       -0.123       0.960       0.128       0.128      374; .128       .022         Mastery approach → self-perceptions of success       -0.190       1.52       0.124       0.124      433; .053       .050         Mastery approach → objective success       -0.334*       2.33       0.144       0.144      616;052       .126         Performance approach → work engagement       -0.162       1.24       0.131       0.131      419; .095       .034         Performance approach → goal difficulty       0.080       0.680       0.117       0.117      149; .309       .003       N	Small
perceptions of success  Mastery approach → objective success  Performance approach → work engagement  Performance approach → goal difficulty  -0.190  1.52  0.124  0.124 433; .053  .050  -0.334*  2.33  0.144  0.144 616;052  .126  -0.162  1.24  0.131  0.131 419; .095  .034  0.080  0.080  0.080  0.117  0.117 149; .309  .003	Small
Mastery approach → objective success Performance approach → work engagement Performance approach → goal difficulty $-0.334*$ 2.33 0.144 0.144616;052 .126 $-0.162$ 1.24 0.131 0.131419; .095 .034 $-0.162$ 0.080 0.680 0.117 0.117149; .309 .003 N	Small
Performance approach → work engagement $-0.162$ 1.24 0.131 0.131419; .095 .034 Performance approach → goal difficulty $-0.080$ 0.680 0.117 0.117149; .309 .003 N	Small- medium
difficulty 0.000 0.000 0.117 0.117149; .509 .005 P	Small
	Negligible
Performance approach $\rightarrow$ goal specificity 0.223* 1.80 0.124 0.124020; .466 .053	Small
Performance approach $\rightarrow$ actions 0.039 0.279 0.141 0.141237; .315 .002 N	Negligible
Performance approach $\rightarrow$ self- perceptions of success 0.007 0.056 0.124 0.124236; .250 .000	None
Performance approach $\rightarrow$ objective -0.032 0.225 0.142 0.142310; .246 .001 N	Negligible
Work engagement $\rightarrow$ actions -0.142 1.32 0.108 0.108354; .070 .011 V	Very small
Work engagement →self- perceptions of success -0.082 0.454 0.180 0.180435; .270 .002 N	Negligible
Work engagement → objective -0.040 0.275 0.145 0.145324; .244 .001 N	Negligible
Goal difficulty $\rightarrow$ actions <b>0.322***</b> 3.48 0.092 0.092 .142; .502 .159	Medium
Goal difficulty $\rightarrow$ self-perceptions 0.025 0.140 0.181 0.181330; .380009 V of success	Very small
Goal difficulty $\rightarrow$ objective success 0.080 0.485 0.166 0.166245; .405 .011 V	Very small
Goal specificity $\rightarrow$ actions <b>0.512***</b> 5.28 0.097 0.097 .322; .702 .441	Large
Goal specificity $\rightarrow$ self-perceptions 0.064 0.448 0.143 0.143216; .344005 N of success	Negligible
Goal specificity → objective	Negligible
Actions self-percentions of	Very small
Actions $\rightarrow$ objective success <b>0.343*</b> 2.01 0.170 0.170 .010; .676 .078	

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95}$  =  $\beta$  ±  $t_{CV}$ \*SE where  $t_{CV}$  = 1.96 for two-tailed 95% Confidence Interval

Table A9.14.vii Test of the indirect effects of Entrepreneurial Orientations and Personal Initiative on goal-setting and work engagement, via entrepreneurial self-efficacy, creative self-efficacy and goal orientations.

Indirect path	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
EO →ESE →WEng	.062	.062	.069	.899	08; .20
$EO \rightarrow CSE \rightarrow WEng$	005	002	.039	128	08; .08
$EO \rightarrow ESE \rightarrow Goal$ -difficulty	017	018	.036	472	10; .04
$EO \rightarrow CSE \rightarrow Goal$ -difficulty	.061	.063	.050	1.22	02; .17
$EO \rightarrow ESE \rightarrow Goal$ -specificity	026	027	.042	619	13; .04
$EO \rightarrow CSE \rightarrow Goal$ -specificity	.000	001	.035	.000	08; .07
EO →MA →WEng	.000	.002	.019	.000	03; .05
$EO \rightarrow PA \rightarrow WEng$	044	048	.052	846	17; .04
$EO \rightarrow MA \rightarrow Goal$ -difficulty	007	005	.040	175	10; .07
$EO \rightarrow PA \rightarrow Goal$ -difficulty	.022	.018	.040	.550	07; .10
$EO \rightarrow MA \rightarrow Goal$ -specificity	007	005	.037	189	09; .07
$EO \rightarrow PA \rightarrow Goal$ -specificity	.060	.062	.051	1.18	02; .18
PI →ESE →WEng	.238*	.235	.095	2.51	.06; .44
$PI \rightarrow CSE \rightarrow WEng$	008	011	.065	123	16; .11
$PI \rightarrow ESE \rightarrow Goal$ -difficulty	066	051	.087	759	21; .14
$PI \rightarrow CSE \rightarrow Goal$ -difficulty	.106	.111	.071	1.49	01; .27
$PI \rightarrow ESE \rightarrow Goal$ -specificity	099	082	.087	-1.14	25; .11
$PI \rightarrow CSE \rightarrow Goal$ -specificity	001	.007	.059	017	10; .14
$PI \rightarrow MA \rightarrow WEng$	.000	.001	.014	.000	03; .03
$PI \rightarrow PA \rightarrow WEng$	002	.002	.027	074	05; .06
$PI \rightarrow MA \rightarrow Goal$ -difficulty	.006	.004	.031	.194	06; .07
$PI \rightarrow PA \rightarrow Goal$ -difficulty	.001	001	.018	.056	04; .04
$PI \rightarrow MA \rightarrow Goal$ -specificity	.007	.005	.029	.241	05; .07
$PI \rightarrow PA \rightarrow Goal$ -specificity	.003	.000	.033	.091	07; .07

\* p < .05, \*\* p < .01; \*\*\* p < .001  $t_{0.05,4999} = 1.645$ ;  $t_{0.01,4999} = 2.576$ ;  $t_{0.001,4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Table A9.14.viii Test of the indirect effects of entrepreneurial self-efficacy, creative self-efficacy, mastery approach and performance approach on actions via work engagement and goal-specificity.

Indirect path	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
ESE → WEng →actions	061	063	.055	-1.11	19; .03
$ESE \rightarrow goal difficulty \rightarrow actions$	038	032	.053	717	14; .07
$ESE \rightarrow goal specificity \rightarrow actions$	091	085	.087	-1.05	27; .08
$CSE \rightarrow WEng \rightarrow actions$	.003	.004	.028	.107	05; .07
$CSE \rightarrow goal difficulty \rightarrow actions$	.085	.084	.052	1.63	01; .20
$CSE \rightarrow goal specificity \rightarrow actions$	.000	.004	.068	.000	13; .14
$MA \rightarrow WEng \rightarrow actions$	.002	.001	.017	.118	03; .04
$MA \rightarrow goal difficulty \rightarrow actions$	.058	.050	.046	1.26	05; .14
$MA \rightarrow goal specificity \rightarrow actions$	.098	.088	.068	1.44	04; .24
$PA \rightarrow WEng \rightarrow actions$	.023	.023	.031	.605	03; .10
$PA \rightarrow goal difficulty \rightarrow actions$	.026	.023	.038	.684	05; .10
PA → goal specificity → actions	.114*	.111	.069	1.65	02; .26

<sup>\*</sup> p < .05, \*\* p < .01; \*\*\* p < .001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

t = (ab original) / (SD ab Bootstrapped)

t = (ab original) / (SD ab Bootstrapped)

Table A9.14.ix Test of the indirect effects of Entrepreneurial Orientations and Personal Initiative on actions, via entrepreneurial self-efficacy, creative self-efficacy, goal orientations, goal-setting and work engagement.

Indirect path	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
$EO \rightarrow ESE \rightarrow WEng \rightarrow actions$	009	010	.015	600	05; .01
$EO \rightarrow CSE \rightarrow WEng \rightarrow actions$	.001	.001	.008	.125	02; .02
$EO \rightarrow MA \rightarrow WEng \rightarrow actions$	.000	.000	.003	.000	01; .01
$EO \rightarrow PA \rightarrow WEng \rightarrow actions$	.006	.007	.012	.500	01; .04
$EO \rightarrow ESE \rightarrow goal difficulty \rightarrow actions$	006	006	.012	500	03; .01
$EO \rightarrow CSE \rightarrow goal difficulty \rightarrow actions$	.020	.020	.017	1.18	.00; .06
EO $\rightarrow$ MA $\rightarrow$ goal difficulty $\rightarrow$ actions	002	002	.012	167	03; .02
$EO \rightarrow PA \rightarrow goal \ difficulty \rightarrow actions$	.007	.005	.013	.538	02; .03
$EO \rightarrow ESE \rightarrow goal specificity \rightarrow actions$	013	015	.023	565	07; .02
$EO \rightarrow CSE \rightarrow goal specificity \rightarrow actions$	.000	001	.018	.000	04; .04
EO $\rightarrow$ MA $\rightarrow$ goal specificity $\rightarrow$ actions	004	003	.020	200	05; .04
$EO \rightarrow PA \rightarrow goal specificity \rightarrow actions$	.031	.032	.028	1.11	01; .10
$PI \rightarrow ESE \rightarrow WEng \rightarrow actions$	034	034	.031	-1.10	11; .01
$PI \rightarrow CSE \rightarrow WEng \rightarrow actions$	.001	.002	.012	.083	02; .03
$PI \rightarrow MA \rightarrow WEng \rightarrow actions$	.000	.000	.003	.000	01; .00
$PI \rightarrow PA \rightarrow WEng \rightarrow actions$	.000	.000	.005	.000	01; .01
$PI \rightarrow ESE \rightarrow goal difficulty \rightarrow actions$	021	017	.030	084	08; .04
$PI \rightarrow CSE \rightarrow goal difficulty \rightarrow actions$	.034	.034	.025	1.36	.00; .09
$PI \rightarrow MA \rightarrow goal difficulty \rightarrow actions$	.002	.002	.010	.200	02; .02
$PI \rightarrow PA \rightarrow goal difficulty \rightarrow actions$	.000	.000	.006	.000	01; .01
$PI \rightarrow ESE \rightarrow goal specificity \rightarrow actions$	051	044	.048	-1.06	14; .05
$PI \rightarrow CSE \rightarrow goal specificity \rightarrow actions$	.000	.004	.030	.000	05; .07
$PI \rightarrow MA \rightarrow goal specificity \rightarrow actions$	.003	.003	.015	.200	03; .04
$PI \rightarrow PA \rightarrow goal specificity \rightarrow actions$	.001	.000	.017	.059	04; .04

\* p < .05, \*\* p < .01; \*\*\* p < .001  $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed) t = (ab original) / (SD ab Bootstrapped)

Table A9.14.x Test of the indirect effects of Entrepreneurial Orientations and Personal Initiative on objective success and self-perceptions of success, via domain specific self-efficacy, goal orientations, work engagement, goal-setting and actions.

Indirect path	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
EO $\rightarrow$ ESE $\rightarrow$ Goal-difficulty $\rightarrow$ Actions $\rightarrow$ Obj. Success	001	002	.005	200	01; .00
EO $\rightarrow$ ESE $\rightarrow$ Goal-difficulty $\rightarrow$ Actions $\rightarrow$ Self- perceptions of Success	002	001	.003	667	01; .00
$EO \rightarrow ESE \rightarrow Goal$ -specificity $\rightarrow Actions \rightarrow Obj$ . Success	002	005	.010	200	03; .01
EO →ESE → Goal-specificity →Actions → Self-perceptions of Success	004	002	.005	800	02; .01
EO →ESE →work engagement →Actions → Obj. Success	001	004	.006	167	02; .00
EO →ESE → work engagement →Actions → Self-perceptions of Success	003	001	.003	-1.00	01; .00
$EO \rightarrow CSE \rightarrow Goal\text{-difficulty} \rightarrow actions \rightarrow Obj.$ Success	.003	.007	.008	.375	.00; .03
$EO \rightarrow CSE \rightarrow Goal$ -difficulty $\rightarrow$ actions $\rightarrow$ Self- perceptions of success	.007	.003	.005	1.40	.00; .01
EO → CSE → Goal-specificity →actions → Obj. Success	.000	.000	.007	.000	02; .01
EO → CSE → Goal-specificity →actions → Self-perceptions of success	.000	.000	.004	.000	01; .01
EO → CSE → work engagement →actions → Obj. Success	.000	.000	.003	.000	01; .01
EO → CSE → work engagement →actions → Self-perceptions of success	.000	.000	.002	.000	.00; .00

Indirect path	Orig. ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
$EO \rightarrow MA \rightarrow Goal$ -difficulty $\rightarrow$ actions $\rightarrow Obj$ . Success	.000	001	.005	.000	01; .01
$EO \rightarrow MA \rightarrow Goal$ -difficulty $\rightarrow$ actions $\rightarrow Self$ -	001	.000	.003	333	01; .00
perceptions of Success EO →MA → Goal-specificity →actions → Obj. Success	001	001	.008	125	02; .02
EO $\rightarrow$ MA $\rightarrow$ Goal-specificity $\rightarrow$ actions $\rightarrow$ Self-					
perceptions of Success	001	.000	.005	200	01; .01
$EO \rightarrow MA \rightarrow work engagement \rightarrow actions \rightarrow Obj.$	.000	.000	.001	.000	.00; .00
Success EO $\rightarrow$ MA $\rightarrow$ work engagement $\rightarrow$ actions $\rightarrow$ Self-					
perceptions of Success	.000	.000	.001	.000	.00; .00
$EO \rightarrow PA \rightarrow Goal$ -difficulty $\rightarrow$ actions $\rightarrow Obj$ . Success	.001	.002	.005	.200	01; .01
$EO \rightarrow PA \rightarrow Goal$ -difficulty $\rightarrow$ actions $\rightarrow Self$ -	.002	.001	.003	.667	.00; .01
perceptions of success $EO \rightarrow PA \rightarrow Goal$ -specificity $\rightarrow$ actions $\rightarrow Obj$ . Success	.005	.011	.012	.417	.00; .04
EO $\rightarrow$ PA $\rightarrow$ Goal-specificity $\rightarrow$ actions $\rightarrow$ Self-					
perceptions of success	.011	.005	.008	1.38	01; .03
$EO \rightarrow PA \rightarrow work engagement \rightarrow actions \rightarrow Obj.$	.001	.003	.005	.200	.00; .02
Success EO $\rightarrow$ PA $\rightarrow$ work engagement $\rightarrow$ actions $\rightarrow$ Self-					,,,,,
perceptions of success	.002	.001	.003	.667	.00; .01
$PI \rightarrow ESE \rightarrow Goal$ -difficulty $\rightarrow actions \rightarrow Obj$ . Success	003	006	.012	250	03; .02
$PI \rightarrow ESE \rightarrow Goal$ -difficulty $\rightarrow actions \rightarrow Self$ -	007	003	.007	-1.00	02; .01
perceptions of Success PI →ESE → Goal-specificity →actions →Obj. Success	008	016	.021	381	07; .02
$PI \rightarrow ESE \rightarrow Goal$ -specificity $\rightarrow$ actions $\rightarrow Ool$ . Success $PI \rightarrow ESE \rightarrow Goal$ -specificity $\rightarrow$ actions $\rightarrow Self$ -					
perceptions of Success	017	006	.013	-1.31	04; .02
$PI \rightarrow ESE \rightarrow work engagement \rightarrow actions \rightarrow Obj.$	005	012	.013	385	05; .00
Success  PL VESE A work angagement Apations A Solf					,
PI →ESE → work engagement →actions →Self- perceptions of Success	012	005	.009	-1.33	03; .01
$PI \rightarrow CSE \rightarrow Goal\text{-difficulty} \rightarrow actions \rightarrow Obj. Success$	.005	.011	.011	.455	.00; .04
$PI \rightarrow CSE \rightarrow Goal$ -difficulty $\rightarrow$ actions $\rightarrow Self$ -	.012	.005	.008	1.50	01; .02
perceptions of success PI → CSE → Goal-specificity →actions → Obj. Success	.000	.001	.011	.000	02; .03
$PI \rightarrow CSE \rightarrow Goal$ -specificity $\rightarrow$ actions $\rightarrow Cobl.$ Success $PI \rightarrow CSE \rightarrow Goal$ -specificity $\rightarrow$ actions $\rightarrow Self$ -					
perceptions of success	.000	.001	.007	.000	01; .02
PI → CSE → work engagement →actions → Obj. Success	.000	.001	.004	.000	01; .01
$PI \rightarrow CSE \rightarrow work engagement \rightarrow actions \rightarrow Self-$	.000	.000	.003	.000	.00; .01
perceptions of success					ŕ
$PI \rightarrow MA \rightarrow Goal$ -difficulty $\rightarrow$ actions $\rightarrow Obj$ . Success $PI \rightarrow MA \rightarrow Goal$ -difficulty $\rightarrow$ actions $\rightarrow Self$ -	.000	.000	.004	.000	01; .01
perceptions of Success	.001	.000	.002	.500	.00; .01
$PI \rightarrow MA \rightarrow Goal$ -specificity $\rightarrow$ actions $\rightarrow Obj$ . Success	.000	.001	.007	.000	01; .01
$PI \rightarrow MA \rightarrow Goal$ -specificity $\rightarrow$ actions $\rightarrow Self$ -	.001	.000	.004	.250	01; .01
perceptions of Success PI →MA → work engagement →actions →Obj. Success	.000	.000	.001	.000	.00; .00
$PI \rightarrow MA \rightarrow work engagement \rightarrow actions \rightarrow Self-$					
perceptions of Success	.000	.000	.001	.000	.00; .00
$PI \rightarrow PA \rightarrow Goal-difficulty \rightarrow actions \rightarrow Obj. Success$	.000	.000	.002	.000	.00; .01
PI → PA → Goal-difficulty →actions → Self- perceptions of success	.000	.000	.001	.000	.00; .00
$PI \rightarrow PA \rightarrow Goal$ -specificity $\rightarrow actions \rightarrow Obj$ . Success	.000	.000	.007	.000	01; .02
$PI \rightarrow PA \rightarrow Goal$ -specificity $\rightarrow$ actions $\rightarrow Self$ -	.001	.000	.004	.250	
perceptions of success	.001	.000	.004	.230	01; .01
PI → PA → work engagement →actions → Obj.	.000	.000	.002	.000	.00; .00
Success $PI \rightarrow PA \rightarrow work \ engagement \rightarrow actions \rightarrow Self-$	000	000	001	000	00.00
perceptions of success	.000	.000	.001	.000	.00; .00

\* p < .05, \*\* p < .01; \*\*\* p < .001  $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed) t = (ab original) / (SD ab Bootstrapped)

Table A9.14.xi Test of alternative indirect paths.

Indirect path	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
EO →ESE → Obj. Success	028	018	.042	667	12; .06
$EO \rightarrow ESE \rightarrow Self$ -perceptions of Success	.056	.060	.080	.700	07; .24
$EO \rightarrow CSE \rightarrow Obj.$ Success	.023	.024	.040	.575	05; .12
$EO \rightarrow CSE \rightarrow Self$ -perceptions of Success	027	033	.054	500	16; .05
$EO \rightarrow MA \rightarrow Obj.$ Success	.013	.015	.062	.210	11; .15
$EO \rightarrow MA \rightarrow Self$ -perceptions of Success	.007	.010	.037	.104	06; .09
$EO \rightarrow PA \rightarrow Obj.$ Success	009	004	.048	188	11; .10
$EO \rightarrow PA \rightarrow Self$ -perceptions of Success	022	.005	.041	537	08; .10
EO →WEng → Obj. Success	006	007	.028	214	07; .05
$EO \rightarrow WEng \rightarrow Self-perceptions of Success$	012	010	.035	343	09; .06
EO →goal-difficulty → Obj. Success	.032	.032	.073	.438	12; .17
EO →goal-difficulty → Self-perceptions of					ŕ
Success	.010	.016	.081	.123	14; .19
$EO \rightarrow goal$ -specificity $\rightarrow Obj$ . Success	049	053	.071	690	21; .07
$EO \rightarrow goal$ -specificity $\rightarrow Self$ -perceptions of	.027	.025	.066	.409	11; .17
Success					
$EO \rightarrow actions \rightarrow Obj.$ Success	.035	.039	.052	.673	04; .16
$EO \rightarrow actions \rightarrow Self-perceptions of success$	.016	.020	.035	.457	03; .11
$EO \rightarrow goal$ -difficulty $\rightarrow actions$	.128*	.130	.064	2.00	.02; .27
$EO \rightarrow goal$ -specificity $\rightarrow$ actions	.217**	.213	.084	2.58	.05; .38
$EO \rightarrow work engagement \rightarrow action$	022	024	.028	786	10; .01
PI →ESE → Obj. Success	051	050	.112	455	28; .17
$PI \rightarrow ESE \rightarrow Self$ -perceptions of Success	.212*	.211	.122	1.74	02; .47
$PI \rightarrow CSE \rightarrow Obj.$ Success	.040	.030	.063	.635	10; .15
$PI \rightarrow CSE \rightarrow Self$ -perceptions of Success	047	057	.085	553	24; .09
$PI \rightarrow MA \rightarrow Obj.$ Success	012	016	.047	255	12; .07
$PI \rightarrow MA \rightarrow Self$ -perceptions of Success	007	009	.028	250	07; .05
$PI \rightarrow PA \rightarrow Obj.$ Success	.000	.000	.019	.000	04; .04
$PI \rightarrow PA \rightarrow Self$ -perceptions of Success	001	.002	.017	588	04; .04
PI →WEng → Obj. Success	008	010	.036	222	10; .06
$PI \rightarrow WEng \rightarrow Self$ -perceptions of Success	017	016	.047	362	13; .08
PI →goal-difficulty → Obj. Success	011	009	.038	289	09; .07
$PI \rightarrow goal-difficulty \rightarrow Self-perceptions of$	004	006	.040	100	10; .07
Success					,
$PI \rightarrow goal$ -specificity $\rightarrow Obj$ . Success	005	004	.028	179	07; .05
$PI \rightarrow goal$ -specificity $\rightarrow Self$ -perceptions of	.003	.003	.023	.130	04; .06
Success $PI \rightarrow actions \rightarrow Obj.$ Success	007	005	.047	149	11; .09
					11, .09
$PI \rightarrow actions \rightarrow self-perceptions of success$	003	.001	.029	103	
PI → goal-difficulty → actions	046	048	049	938	16; .05
PI → goal-specificity → actions	.022	.018	.072	.306	12; .17
PI → work engagement → action	029	031	.034	853	11; .02
$ESE \rightarrow actions \rightarrow Obj. Success$	.072	.074	.066	1.09	03; .23
$ESE \rightarrow actions \rightarrow self-perceptions of success$	.033	.030	.046	.717	05; .14
$CSE \rightarrow actions \rightarrow Obj. Success$	071	064	.053	-1.34	19; .02
$CSE \rightarrow actions \rightarrow self-perceptions of success$	033	030	.042	786	13; .04
$MA \rightarrow actions \rightarrow Obj.$ Success	042	042	.057	737	18; .05
$MA \rightarrow actions \rightarrow self-perceptions of success$	020	017	.035	571	10; .04
$PA \rightarrow actions \rightarrow Obj.$ Success	013	.006	.053	245	11; .11
PA → actions → self-perceptions of success	.006	.005	.034	.176	06; .09
* p < .05, ** p < .01; *** p < .001	1017 4 1 1	) (I	indley & Scott 108	45	

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed) t = (ab original) / (SD ab Bootstrapped)

Table A9.14.xii Test of total indirect effects.

Total Indirect effect (∑ab – c')	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
EO → goal-difficulty	.059	.059	.072	.819	087; .190
EO → goal-specificity	.036	.028	.074	.486	127; .166
$EO \rightarrow WEng$	.015	.014	.076	.197	139; .166
$EO \rightarrow Actions$	.351**	.351	.125	2.81	.100; .575
EO → objective success	.147	.150	.111	1.32	077; .360
$EO \rightarrow self$ -perceptions of success	.137	.150	.122	1.12	091; .390
PI → goal-difficulty	.043	.059	.095	.453	122; .246
PI → goal-specificity	091	072	.093	978	253; .120
$PI \rightarrow WEng$	.227*	.225	.094	2.41	.042; .409
$PI \rightarrow Actions$	086	088	.129	667	339; .170
PI → objective success	078	086	.109	716	307; .125
PI → self-perceptions of success	.105	.090	.133	.789	166; .351
$MA \rightarrow actions$	.157	.135	.098	1.60	078; .323
MA → objective success	.004	003	.087	.046	182; .165
MA → self-perceptions of success	.023	.018	.064	.359	108; .151
$PA \rightarrow actions$	.163*	.159	.092	1.77	020; .346
$PA \rightarrow objective success$	.057	.046	.081	.704	118; .205
$PA \rightarrow self$ -perceptions of success	.062	.061	.068	.912	059; .205
$ESE \rightarrow actions$	190	182	.133	-1.43	456; .071
ESE → objective success	.001	.003	.108	.009	216; .214
$ESE \rightarrow self$ -perceptions of success	046	053	.128	359	341; .168
$CSE \rightarrow actions$	.087	.091	.102	.853	105; .298
$CSE \rightarrow objective success$	019	006	.084	226	172; .169
$CSE \rightarrow self$ -perceptions of success	011	005	.086	128	167; .183

<sup>\*</sup> p < .05, \*\* p < .01; \*\*\* p < .001  $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed) t = (ab original) / (SD ab Bootstrapped)

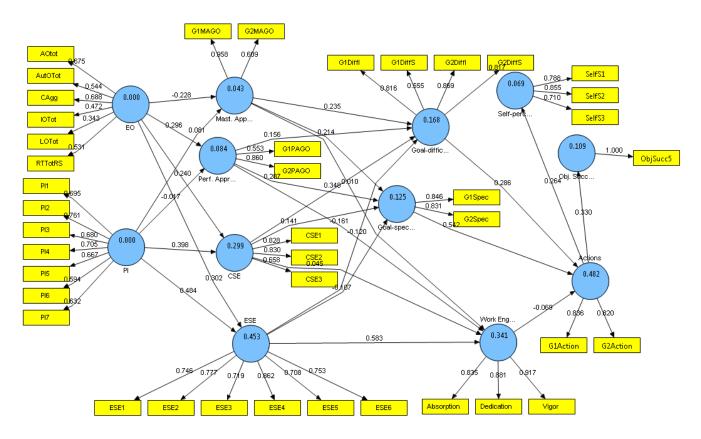


Figure A9.14.i. Original PLS output for direct effects only model investigating entrepreneurial orientations, personal initiative, entrepreneurial self-efficacy, creative self-efficacy, goal, orientations, work engagement, goal-setting, actions, objective success and self-perceptions of success.

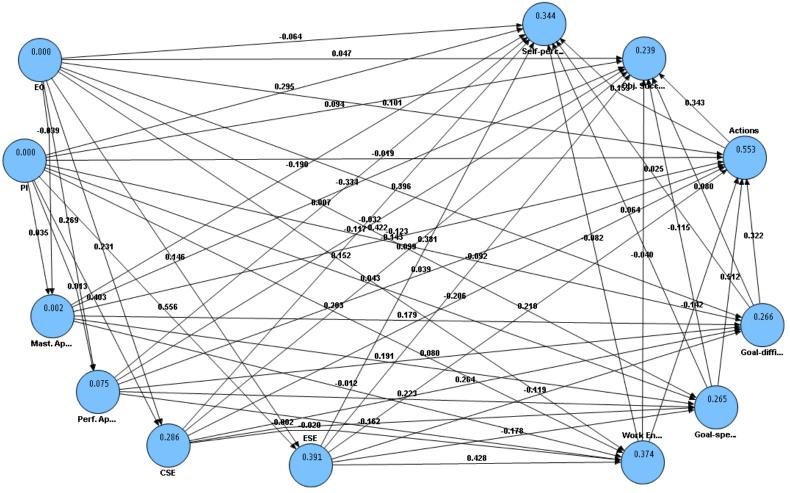


Figure A9.14.ii. Original PLS output for fully specified model investigating entrepreneurial orientations, personal initiative, entrepreneurial self-efficacy, creative self-efficacy, goal, orientations, work engagement, goal-setting, actions, objective success and self-perceptions of success (measurement model is not shown).

# Appendix 9.15: Model estimating the direct and indirect effects of motivational and volitional resources, goal orientations, goal-setting and actions on external success

The focus of this analysis is to examine the impact of the variables investigated in section 9.3.2. of chapter 9 but with external success rather than objective success or self-perceptions of success. In essence, this analysis investigates whether the same effects hold for external success as for the other two forms of success (objective success and self-perceptions of success).

The number of participants with available data for the external success measure reduces the sample size to 48 participants. The sample size requirements for this model are the same as those outlined in Figure 9.6 for the model investigating only direct effects between the sequential stages of the model, with a maximum of four predictors for any one variable (see Table 10.8). In this version of the analysis, this sample size will detect only large effects as significant. However, the fully specified model, where all direct and indirect paths are included, has a maximum of ten predictors for external success, and the sample size for this model is not sufficient. However, both versions of the model are calculated for comparative purposes. Effect size estimations are not affected by sample size, and in this analysis, may provide a more accurate estimation of the true effect. The results of the measurement model shown in this section pertain to the model which includes only direct effects between the sequential stages of the model. The fully specified model was also calculated, but as the results of the measurement model for both versions are very similar, they are presented only once.

An overview of the measurement model is outlined in Table A9.15.i. Similar to the previous analyses which included the other two success measures, the AVEs for external success, actions, work engagement, goal difficulty, goal specificity, creative self-efficacy, and both goal orientations measures were above the required criteria of 0.5. However, the AVE for entrepreneurial orientations, personal initiative and entrepreneurial self-efficacy were below this (.361; .456 and .479 respectively). The composite reliability for all variables was above the required level of 0.6, except for entrepreneurial selfefficacy, which was slightly below this at 0.587. Looking at the factor loadings for entrepreneurial orientations, one of the indicators loaded above 0.7, while another loaded very close to this at .698. Two other indicators loaded between 0.6 and 0.7 and the final two indicators were somewhat lower at .407 and .383. For personal initiative, three of the seven indicators loaded above 0.7, while another was a little under this at .674. The final three indicators ranged from .583 to .648. For entrepreneurial self-efficacy two of the indicators were above 0.7, while the other four were between 0.6 and 0.7. Similarly, for goal difficulty, three of the four indicators loaded highly, but the fourth loaded at .572. For both of the goal orientations, one of their respective indicators loaded above 0.7, but the second was below this. The factor loadings for the indictors pertaining to creative self-efficacy, work engagement, goal specificity, actions and external success were all high.

Tables A9.15ii and A9.15.iii outline the information needed to examine the discriminant validity of the latent variables. In Table A9.15.ii, none of the correlations between two variables are higher than the respective square root of the AVE for that latent variable, which provides one form of support for discriminant validity in the model. Table A9.15.iii outlines the cross-loadings of each indicator on the latent variables. The majority of indicators loaded more highly on their own latent variable than on any other. However, there were three problematic indicators. RT loaded on its own latent variable (entrepreneurial orientations) at .383, and on work engagement at .405. ESE1 loaded at .645 on its own latent variable (entrepreneurial self-efficacy), but loaded at .729 on creative self-efficacy. G2PAGO loaded at .189 on its own latent variable (performance approach goal orientations), but loaded more highly on external success, entrepreneurial self-efficacy and actions. This latter issue however is more likely due to the very low loading on its own variable.

These findings for the measurement model are largely in line with the results from the main analysis outlined in section 9.3.2 of chapter 10.

Table A9.15.i. Factor loadings, Weights, Composite Scale Reliability, and AVE of constructs.

Construct	Measure	Factor	Weights of	Composite scale	Average Variance
		Loadings	measures	Reliability	Extracted (AVE)
Entrepreneurial	AO	0.734	0.392	0.762	0.361
Orientations	AutO	0.407	0.225		
	CAgg	0.650	0.273		
	IO	0.698	0.282		
	LO	0.635	0.243		
	RTrs	0.383	0.238		
Personal Initiative	PI1	0.648	0.192	0.853	0.456
	PI2	0.709	0.184		
	PI3	0.674	0.144		
	PI4	0.763	0.188		
	PI5	0.740	0.307		
	PI6	0.586	0.227		
	PI7	0.583	0.247		
Entrepreneurial	ESE1	0.645	0.350	0.845	0.479
Self-efficacy	ESE2	0.674	0.162		
•	ESE3	0.608	0.221		
	ESE4	0.790	0.242		
	ESE5	0.745	0.308		
	ESE6	0.674	0.163		
Creative Self-	CSE1	0.795	0.486	0.809	0.586
efficacy	CSE2	0.739	0.388		
·	CSE3	0.761	0.429		
Work Engagement	Absorption	0.847	0.294	0.926	0.807
	Dedication	0.918	0.405		
	Vigor	0.927	0.409		
Mastery Approach	GIMAGO	0.968	0.858	0.786	0.659
7 11	G2MAGO	0.618	0.275		
Performance	G1PAGO	0.991	0.984	0.587	0.509
Approach	G2PAGO	0.189	0.132		
Goal-difficulty	G1DiffI	0.823	0.398	0.859	0.609
·	G1DiffS	0.572	0.168		
	G2DiffI	0.856	0.343		
	G2DiffS	0.837	0.338		
Goal-specificity	G1Spec	0.827	0.570	0.829	0.708
	G2Spec	0.855	0.618		
Actions	G1Actions	0.847	0.628	0.817	0.690
	G2Actions	0.814	0.575	****	2.22.2
External Success	ExtS1	0.841	0.415	0.889	0.801
	ExtS2	0.945	0.688	2.007	2.001

Table A9.15.ii. Average Variance Extracted by constructs and correlations between constructs to assess Discriminant Validity.

	1.	2.	3.	4.	5.	6.	7.	8.	9.	10.	11.
1. Actions	.831										
2. Creative Self-Efficacy	.182	.766									
3. Entrepreneurial Orientations	.304	.471	.601								
4. Entrepreneurial Self-Efficacy	.191	.597	.450	.692							
5. External Success	.430	097	004	.104	.895						
6. Goal-difficulty	.361	.507	.341	.244	022	.780					
7. Goal-specificity	.614	.278	.309	.096	.130	.234	.841				
8. Mastery Approach	028	.031	149	201	018	.204	.138	.812			
9. Personal Initiative	.179	.431	.443	.535	010	.212	.185	.022	.675		
10. Performance Approach	.365	.113	.060	.121	.049	.217	.308	020	098	.713	
11. Work Engagement	065	.396	.401	.630	013	.152	093	132	.555	164	.898

(Note: Bold numbers on the diagonal show the square root of the AVE;

Numbers below the diagonal represent construct correlations)

Table A9.15.iii. Cross-loadings for measurement model

	Actions	CSE	EO	ESE	External Success	Goal- difficulty	Goal- specificity	Mastery Approach	PI	Performance Approach	Work Engagement
G1 Action	0.847	0.265	0.352	0.336	0.298	0.314	0.603	0.040	0.233	0.292	0.090
G2Action	0.814	0.027	0.144	-0.035	0.423	0.285	0.410	-0.093	0.058	0.315	-0.212
CSE1	0.059	0.795	0.452	0.429	-0.080	0.433	0.305	0.122	0.243	0.037	0.326
CSE2	0.084	0.739	0.186	0.463	-0.040	0.284	0.183	0.071	0.414	0.100	0.384
CSE3	0.280	0.761	0.417	0.486	-0.098	0.433	0.136	-0.130	0.353	0.131	0.206
AOtot	0.259	0.283	0.734	0.419	0.097	0.176	0.173	-0.289	0.399	0.107	0.397
AutOTot	0.258	0.140	0.407	0.233	0.112	-0.094	0.123	-0.233	0.032	0.133	-0.061
CAgg	0.006	0.265	0.650	0.239	-0.033	0.029	0.055	-0.197	0.236	-0.047	0.228
IOTot	0.136	0.444	0.698	0.174	-0.174	0.529	0.308	0.136	0.300	0.006	0.155
LOTot	0.427	0.331	0.635	0.180	0.037	0.371	0.403	0.116	0.323	0.175	0.234
RTTotRS	0.001	0.209	0.383	0.313	-0.074	0.194	0.061	0.016	0.213	-0.181	0.405
ESE1	0.206	0.729	0.556	0.645	-0.073	0.277	0.202	-0.054	0.445	0.098	0.523
ESE2	0.004	0.297	0.116	0.674	0.102	0.069	-0.189	-0.174	0.177	0.216	0.386
ESE3	0.327	0.259	0.328	0.608	0.208	0.277	0.119	-0.102	0.394	0.076	0.225
ESE4	0.137	0.365	0.258	0.790	-0.006	0.122	0.009	-0.137	0.301	0.232	0.464
ESE5	-0.107	0.359	0.191	0.745	0.067	0.144	-0.050	-0.252	0.484	-0.234	0.599
ESE6	0.284	0.229	0.261	0.674	0.290	0.007	0.263	-0.125	0.256	0.314	0.233
ExtS1	0.276	-0.096	-0.066	0.087	0.841	-0.107	0.096	0.020	0.025	-0.072	0.018
ExtS2	0.458	-0.083	0.035	0.098	0.945	0.033	0.131	-0.038	-0.029	0.115	-0.029
G1DiffI	0.247	0.575	0.375	0.372	-0.004	0.823	0.189	0.228	0.333	0.135	0.216
G1DiffS	0.068	0.326	0.166	0.166	-0.042	0.572	-0.050	0.073	0.305	-0.093	0.038
G2DiffI	0.317	0.367	0.273	0.169	-0.109	0.856	0.284	0.198	0.101	0.236	0.166
G2DiffS	0.421	0.289	0.209	0.030	0.071	0.837	0.207	0.098	-0.019	0.289	0.007
G1Spec	0.501	0.213	0.220	0.083	0.130	0.128	0.827	0.077	0.102	0.265	-0.169
G2Spec	0.533	0.253	0.298	0.079	0.090	0.261	0.855	0.152	0.205	0.254	0.006

Table A9.15.iii. (cont.)

	Actions	CSE	EO	ESE	External Success	Goal- difficulty	Goal- specificity	Mastery Approach	PI	Performance Approach	Work Engagement
G1MAGO	0.054	-0.035	-0.155	-0.213	0.047	0.213	0.159	0.968	-0.004	-0.015	-0.157
G2MAGO	-0.271	0.222	-0.061	-0.066	-0.213	0.078	0.004	0.618	0.091	-0.024	0.009
PI1	-0.175	0.277	0.263	0.279	-0.243	0.067	-0.116	0.057	0.648	-0.083	0.362
PI2	-0.005	0.270	0.329	0.255	-0.007	0.141	-0.129	0.034	0.709	-0.124	0.345
PI3	0.199	0.116	0.306	0.291	0.058	-0.070	0.291	-0.014	0.674	-0.029	0.293
PI4	0.047	0.182	0.361	0.303	-0.034	0.211	0.092	0.029	0.763	-0.302	0.379
PI5	0.31	0.393	0.376	0.525	-0.027	0.203	0.270	-0.029	0.740	0.063	0.427
PI6	0.313	0.325	0.206	0.348	0.142	0.211	0.154	-0.011	0.586	-0.021	0.533
PI7	0.041	0.333	0.231	0.388	0.051	0.136	0.219	0.052	0.583	-0.052	0.230
G1PAGO	0.330	0.110	0.045	0.081	0.019	0.230	0.289	0.000	-0.117	0.991	-0.174
G2PAGO	0.309	0.040	0.122	0.317	0.231	-0.071	0.177	-0.150	0.128	0.189	0.057
Absorption	-0.060	0.383	0.350	0.472	-0.166	0.143	-0.053	-0.105	0.465	-0.019	0.847
Dedication	-0.097	0.334	0.349	0.570	-0.013	0.082	-0.059	-0.077	0.490	-0.265	0.918
Vigor	-0.021	0.362	0.384	0.637	0.101	0.186	-0.131	-0.172	0.538	-0.124	0.927

Table A9.15.iv provides an overview of both versions of the model. In the model which included only the direct effects, entrepreneurial orientations and personal initiative combined explained 34.3% of the variance in entrepreneurial self-efficacy, and 28.3% of the variance in creative self-efficacy (both large effects), but explained only a small amount of the variance in the mastery approach goal orientations (3.2%) and the performance approach goal orientations (2.3%).

Looking at the effects of the four variables in the proximal motivational phase, combined entrepreneurial and creative self-efficacy, and mastery and performance approach goals explained 32.0% of the variance in goal-difficulty (a large effect), 17.8% of the variance in goal-specificity (a medium effect), and 45.7% of the variance in work engagement (a large effect). The volitional variables (goal-difficulty, goal-setting and work engagement) combined had a large effect on actions towards the goal, explaining 43.0% of the variance. Finally, actions towards the goal explained 18.5% of the variance in external success (a medium effect). Despite the fact that the effect of actions on external success was in the medium range, the cross validated redundancy  $Q^2$  was below zero, indicating that there may be an issue with predictive relevance. However, the cross validated commonality  $Q^2$  was above zero. All other  $Q^2$  values were above zero, indicating that predictive relevance was evident.

The results of the fully specified model resulted in largely similar findings, with the effect size of the same magnitude for most of the motivational and volitional variables, although the effect size increased from medium to large for goal-specificity (with 27.5% of its variance explained). However, the inclusion of the direct paths from all variables to the success measures resulted in a much larger percentage of the variance in external success being explained. Overall, 28.2% of the variance in external success was explained (a large effect). The results for the  $Q^2$  calculations were similar with the same issue evident with regard to the cross-validated redundancy figure for external success. This appears as a somewhat unusual result, given that a large effect size was observed for this variable.

Table A9.15.iv. Estimation of the structural model (motivational and volitional resources, goal orientations, goal-setting, actions, and external success).

		Direct e	ffects only mode	rl .		Direct and	indirect effects n	ıodel
	R <sup>2</sup>	R <sup>2</sup> effect size	Q <sup>2</sup> Cross validated commonalit	Q <sup>2</sup> Cross validated redundanc	R <sup>2</sup>	R <sup>2</sup> effect size	Q <sup>2</sup> Cross validated commonalit	Q <sup>2</sup> Cross validated redundanc
Entrepreneurial self-efficacy	.343	Large	<b>y</b> .519	.088	.322	Large	<b>y</b> .518	<b>y</b> .089
Creative self- efficacy	.283	Large	.550	.137	.292	Large	.550	.116
Work Engagement	.457	Large	.879	.493	.519	Large	.881	.531
Mastery Approach	.032	Small	.810	.041	.011	Small	.611	.054
Performance Approach	.023	Small	.424	.063	.014	Small	.067	.043
Goal-difficulty	.320	Large	.650	.265	.324	Large	.618	.062
Goal-specificity	.178	Medium	.472	.226	.275	Large	.469	.275
Actions	.430	Large	.650	.328	.572	Large	.353	.465
External success	.185	Medium	.474	079	.282	Large	.481	713

Looking at the individual path coefficients for the model specifying the direct effects only (see Table A9.15.v and Figure A9.15.i), entrepreneurial orientations had a significant positive effect on entrepreneurial self-efficacy (a small-medium effect), and a non-significant positive effect on creative self-efficacy (a small effect). It also had a small, but non-significant negative effect on mastery approach goals. Personal initiative had significant positive effects on entrepreneurial self-efficacy (a medium effect) and creative self-efficacy (a small effect), but did not significantly predict either of the goal orientations.

Mastery approach goals had a small, non-significant positive effect on goal-specificity. Performance approach goals had a small-medium, significant negative effect on work engagement, and a non-significant effect on goal-specificity (small-medium effect) and goal-difficulty (small effect).

Entrepreneurial self-efficacy had a significant large positive effect on work engagement, but did not predict goal-setting. Creative self-efficacy had a medium positive effect on goal-difficulty, which was significant, and a non-significant, small positive effect on goal-setting.

Goal-specificity had a large positive effect on actions, while goal-difficulty had a small positive effect, both of which were significant. Work engagement did not significantly predict actions. Finally, actions towards the goal had a significant positive effect on external success.

The results for the fully-specified model resulted in similar findings as that for the previous model for the paths between each sequential phase of the model (see Table 9.20.b and Figure 9.7.b). However, the small, but non-significant effect from entrepreneurial orientations to mastery approach became negligible and to performance approach went from small to very small. The significant result from personal initiative to creative self-efficacy became non-significant. For creative self-efficacy a small but non-significant path to goal specificity became evident. For entrepreneurial self-efficacy a small, non-significant negative path to goal specificity became evident. The small effect from performance approach to goal difficulty became very small, but the small non-significant path to goal specificity became positive and medium in size. The small non-significant path from mastery approach to goal difficulty became negligible. Finally, the significant path from goal-difficulty to actions became non-significant, but a small effect was still evident. However, given that the power of this model to detect significant effects was lower than the previous model, these changes are not unexpected.

A number of additional significant paths were observed in the fully specified model. Entrepreneurial orientations had small, but non-significant effects on goal-difficulty, goal-specificity and work engagement. Personal initiative had a small but non-significant direct effect on work engagement and actions. Both entrepreneurial self-efficacy and performance approach goals had small but non-significant direct effects on actions. Mastery approach had a small, non-significant negative effect on external success. Finally, goal-difficulty had a small, non-significant negative effect on external success, but this could be a suppression effect. Figure A9.15.ii outlines the significant paths, as well the small effects that were non-significant. Other non-significant paths that were either negligible or very small are not shown for ease of interpretation.

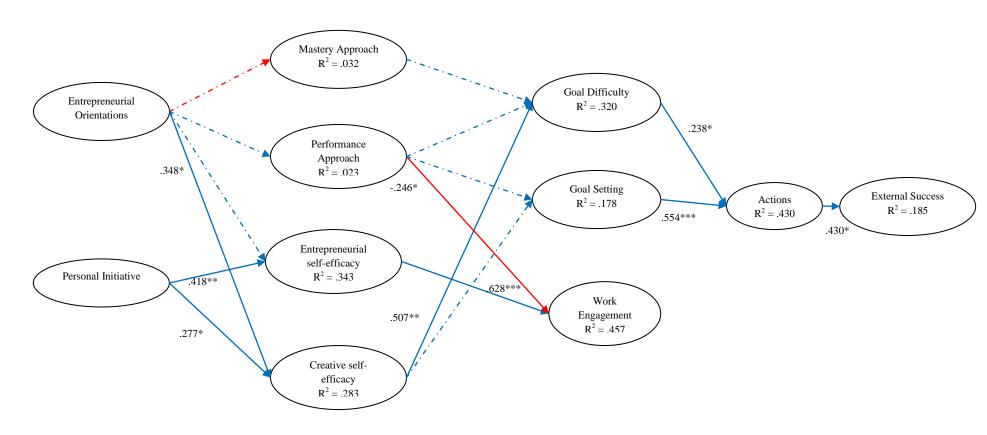


Figure A9.15.i. Results of Partial Least Squares analysis for the model investigating the relationships between motivational resources, volitional resources, goal orientations, goal setting, actions, and external success. (\*\*\* p < .001; \*\*p < .01; \* p < .05; dashed lined indicate non-significant paths; red/blue dashed lines indicate small but non-significant effects).

Table A9.15.v. Statistical results for Path Coefficients for direct effects only model (entrepreneurial orientations, personal initiative, domain specific self-efficacy, goal orientations, work engagement, goal-setting, actions and external success).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	$f^2$ effect size
Entrepreneurial orientations → creative self-efficacy	0.348*	2.29	0.152	0.152	.050; .646	.127	Small- medium
Entrepreneurial orientations → entrepreneurial self-efficacy	0.265	1.34	0.197	0.197	121; .651	.090	Small
Entrepreneurial orientations → mastery approach	-0.198	0.746	0.265	0.265	717; .321	.033	Small
Entrepreneurial orientations → performance approach	0.129	0.494	0.261	0.261	383; .641	.012	Very small
Personal Initiative →Creative self-efficacy	0.277*	1.75	0.159	0.159	035; .589	.071	Small
Personal initiative  →entrepreneurial self-efficacy	0.418**	2.74	0.153	0.153	.118; .718	.205	Medium
Personal initiative → mastery approach	0.109	0.561	0.195	0.195	273; .491	.010	Very small
Personal initiative → performance approach	-0.155	0.668	0.232	0.232	610; .300	.018	Very small
Creative self-efficacy → goal-difficulty	0.507**	2.83	0.180	0.180	.154; .860	.237	Medium
Creative self-efficacy → goal- specificity	0.297	1.55	0.191	0.191	077; .671	.066	Small
Creative self-efficacy → work engagement	0.049	0.307	0.160	0.160	265; .363	.004	Negligible
Entrepreneurial self-efficacy → goal-difficulty	-0.042	0.222	0.191	0.191	416; .332	006	Negligible
Entrepreneurial self-efficacy → goal-specificity	-0.093	0.477	0.194	0.194	473; .287	.005	Negligible
Entrepreneurial self-efficacy → Work engagement	0.628***	4.67	0.134	0.134	.365; .891	.433	Large
Mastery approach → goal-difficulty	0.183	1.01	0.181	0.181	172; .538	.047	Small
Mastery approach → goal- specificity	0.115	0.638	0.181	0.181	240; .505	.017	Very small
Mastery approach → work engagement	-0.012	0.088	0.142	0.142	290; .266	.000	Negligible
Performance approach → goal-difficulty	0.168	0.948	0.177	0.177	179; .515	.031	Small
Performance approach → goal-specificity	0.288	1.49	0.194	0.194	092; .668	.100	Small- medium
Performance approach → work engagement	-0.246*	1.97	0.125	0.125	491; - .001	.110	Small- medium
Goal-difficulty →actions	0.238*	2.22	0.107	0.107	.028; .448	.086	Small
Goal-specificity → actions	0.554***	5.02	0.110	0.110	.338; .770	.488	Large
Work engagement →actions	-0.050	0.378	0.133	0.133	311; .211	.002	Negligible
Actions → external success	0.430***	4.18	0.103	0.103	.228; .632	N/A	N/A

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$ 

where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

(Lindley & Scott, 1984)

(Hinkle, Wiersma & Jurs, 1998)

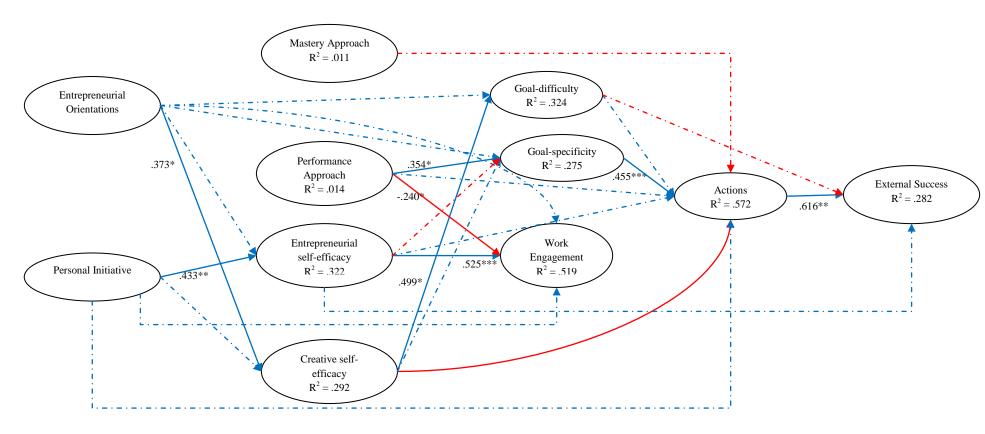


Figure A9.15.ii. Results of Partial Least Squares analysis for the fully specified model investigating the relationships between motivational resources, volitional resources, goal orientations, goal-setting, actions, and external success. (\*\*\* p < .01; \* p < .05) (Dashed lines indicate non-significant small effects; all other non-significant effects are not shown).

Table A9.15.vi. Statistical results for Path Coefficients in fully specified model (entrepreneurial orientations, personal initiative, entrepreneurial self-efficacy, creative self-efficacy, goal orientations, work engagement, goal-setting, actions, external success).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	f <sup>2</sup> effect size
Entrepreneurial orientations → creative self-efficacy	0.373*	2.53	0.147	0.147	.085; .661	.144	Small- medium
Entrepreneurial orientations → entrepreneurial self-efficacy	0.219	1.05	0.209	0.209	191; .629	.060	Small
Entrepreneurial orientations → mastery approach	-0.071	0.306	0.231	0.231	524; .382	.003	Negligible
Entrepreneurial orientations → performance approach	0.132	0.564	0.234	0.234	327; .591	.014	Very small
Entrepreneurial orientations → goal difficulty	0.249	1.49	0.167	0.167	078; .576	.065	Small
Entrepreneurial orientations → goal specificity	0.268	1.38	0.194	0.194	112; .648	.069	Small
Entrepreneurial orientations → work engagement	0.123	0.865	0.142	0.142	423; .669	.020	Small
Entrepreneurial orientations → actions	0.053	0.327	0.162	0.162	265; .371	.012	Very small
Entrepreneurial orientations  →external success	-0.130	0.577	0.226	0.226	573; .313	.013	Very small
Personal Initiative →Creative self-efficacy Personal initiative	0.257	1.62	0.158	0.158	053; .567	.061	Small
→entrepreneurial self-efficacy Personal initiative → mastery	0.433**	2.71	0.160	0.160	.119; .747	.210	Medium
approach Personal initiative →	0.118	0.673	0.176	0.176	227; .463	.011	Very small
performance approach Personal initiative → work	-0.079	0.336	0.236	0.236	542; .384	.005	Negligible
engagement Personal initiative → goal	0.252	1.54	0.164	0.164	378; .882	.081	Small
difficulty Personal initiative → goal	-0.016	0.082	0.196	0.196	400; .368	028	Small
specificity Personal initiative → actions	0.154 0.140	0.738 0.758	0.209 0.185	0.209 0.185	256; .564 223; .643	.011	Very small Small
Personal initiative $\rightarrow$ external	-0.100	0.377	0.266	0.266	621; .421	.013	Very small
success Creative self-efficacy → work engagement	-0.059	0.360	0.163	0.163	378; .260	.000	Negligible
Creative self-efficacy → goal difficulty	0.499*	2.44	0.204	0.204	.099; .899	.192	Medium
Creative self-efficacy $\rightarrow$ goal specificity	0.235	1.23	0.191	0.191	139; .609	.034	Small
Creative self-efficacy $\rightarrow$ actions	-0.122	0.733	0.166	0.166	447; .203	.007	Negligible
Creative self-efficacy →external success	-0.151	0.644	0.234	0.234	610; .308	.013	Very small
Entrepreneurial self-efficacy → Work engagement	0.525**	3.09	0.170	0.170	.192; .858	.281	Medium
Entrepreneurial self-efficacy → goal difficulty	-0.178	0.887	0.201	0.201	572; .216	001	Negligible
Entrepreneurial self-efficacy → goal specificity	-0.315	1.36	0.232	0.232	770; .140	.057	Small
Entrepreneurial self-efficacy → actions	0.131	0.634	0.207	0.207	275; .537	.016	Very small
Entrepreneurial self-efficacy → external success	0.206	0.593	0.347	0.347	474; .886	.021	Small

Table A9.15.vi (cont.).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	f² effect size
Mastery approach → work engagement	0.006	0.046	0.130	0.130	249; .261	.000	Negligible
Mastery approach → goal difficulty	-0.064	0.290	0.222	0.222	499; .371	.006	Negligible
Mastery approach → goal specificity	-0.037	0.200	0.187	0.187	404; .330	.001	Negligible
Mastery approach → actions	-0.236	1.33	0.178	0.178	113; .585	.110	Small- medium
Mastery approach → external success	-0.022	0.100	0.220	0.220	453; .409	.000	Negligible
Performance approach → work engagement	-0.240*	1.88	0.128	0.128	491; .011	.106	Small- medium
Performance approach → goal difficulty	0.104	0.568	0.183	0.183	255; .463	.012	Very small
Performance approach → goal specificity	0.354*	2.23	0.159	0.159	.042; .666	.153	Medium
Performance approach → actions	0.164	0.943	0.174	0.174	177; .505	.044	Small
Performance approach → external success	-0.108	0.544	0.198	0.198	496; .280	.013	Very small
Work engagement → actions	-0.164	1.01	0.163	0.163	483; .155	.014	Very small
Work engagement →external success	0.068	0.290	0.235	0.235	393; .529	.001	Negligible
Goal difficulty → actions	0.244	1.49	0.164	0.164	077; .565	.086	Small
Goal difficulty →external success	-0.122	0.625	0.195	0.195	504; .260	.021	Small
Goal specificity → actions	0.455***	3.36	0.135	0.135	.190; .720	.360	Large
Goal specificity →external success	-0.095	0.433	0.218	0.218	522; .332	003	Negligible
Actions →external success	0.616**	2.63	0.234	0.234	.157; 1.075	.259	Medium- large

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$  where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

(Hinkle, Wiersma & Jurs, 1998)

The final stage of the assessment of the structural model necessitates the investigation of the significance of the indirect paths (see Tables A9.15.vii and viii). None of the indirect paths reached significance.

Finally, the total indirect effects were calculated across each sequential phase of the model (see Table A9.15.ix). Only those related to external success were examined as all other were previously investigated in the main analysis. None of the total indirect effect reached significance.

Table A9.15.vii. Test of the indirect effects of Entrepreneurial Orientations and Personal Initiative on external success, via entrepreneurial self-efficacy, creative self-efficacy, goal orientations, work engagement, goal-setting and actions.

Indirect path	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
$EO \rightarrow ESE \rightarrow Goal$ -difficulty $\rightarrow Actions \rightarrow$	006	002	.013	462	029; .022
External success	000	002	.013	402	029, .022
$EO \rightarrow ESE \rightarrow Goal$ -specificity $\rightarrow Actions \rightarrow$	019	012	.027	704	078; .029
External success					,
EO →ESE → work engagement →Actions → External success	012	010	.018	667	056; .016
EXTERNAL SUCCESS $EO \rightarrow CSE \rightarrow Goal-difficulty \rightarrow actions \rightarrow$					
External success	.028	.029	.032	.875	005; .114
$EO \rightarrow CSE \rightarrow Goal$ -specificity $\rightarrow$ actions $\rightarrow$	025	020	020	022	027 002
External success	.025	.020	.030	.833	027; .093
$EO \rightarrow CSE \rightarrow work engagement \rightarrow actions \rightarrow$	.002	.002	.010	.200	016; .026
External success	.002	.002	.010	.200	010, .020
$EO \rightarrow MA \rightarrow Goal$ -difficulty $\rightarrow$ actions $\rightarrow$	.001	.000	.012	.083	026; .025
External success					,
EO →MA → Goal-specificity →actions → External success	.001	.001	.017	.059	031; .037
EO $\rightarrow$ MA $\rightarrow$ work engagement $\rightarrow$ actions $\rightarrow$					
External success	.000	.000	.005	.000	011; .009
$EO \rightarrow PA \rightarrow Goal$ -difficulty $\rightarrow$ actions $\rightarrow$	002	001	012	1.77	024 026
External success	.002	.001	.012	.167	024; .026
$EO \rightarrow PA \rightarrow Goal$ -specificity $\rightarrow$ actions $\rightarrow$	.013	.015	.030	.433	036; .088
External success	.015	.013	.030	.433	.030, .000
$EO \rightarrow PA \rightarrow work engagement \rightarrow actions \rightarrow$	.003	.004	.011	.273	008; .032
External success					•
$PI \rightarrow ESE \rightarrow Goal$ -difficulty $\rightarrow actions \rightarrow$	012	004	.023	522	055; .038
External success					
PI →ESE → Goal-specificity →actions →	038	021	.036	-1.06	101; .050
External success					, , , , , , , ,
PI →ESE → work engagement →actions →	023	018	.028	821	086; .027
External success					,
PI → CSE → Goal-difficulty → actions →	.019	.019	.024	.792	008; .086
External success	.017	.017	.02-1	.172	.000, .000
PI → CSE → Goal-specificity →actions →	.017	.014	.022	.773	015; .071
External success	.017	.014	.022	.113	015, .071
PI → CSE → work engagement →actions →	002	.002	.007	200	011. 010
External success	.002	.002	.007	.286	011; .019
PI →MA → Goal-difficulty →actions →	001	000	000	105	017. 010
External success	001	.000	.008	125	017; .019
PI →MA → Goal-specificity →actions					
	.000	.000	.013	.000	027; .026
→External Success					
$PI \rightarrow MA \rightarrow work engagement \rightarrow actions$	.000	001	.004	.000	010; .005
→External success					,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
PI → PA → Goal-difficulty →actions →	001	003	.011	091	032; .013
External success	001	003	.011	091	032, .013
PI → PA → Goal-specificity → actions →	000	007	029	200	070: 049
External success	008	007	.028	286	070; .048
PI → PA → work engagement → actions →	002	001	000	250	021. 012
External success	002	001	.008	250	021; .012

\* p < .05, \*\* p < .01; \*\*\* p < .001  $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed) t = (ab original) / (SD ab Bootstrapped)

(Lindley & Scott, 1984)

Table A9.15.viii. Test of alternative indirect paths.

Indirect path	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
$EO \rightarrow ESE \rightarrow External Success$	.045	.019	.102	.441	202; .233
$EO \rightarrow CSE \rightarrow External Success$	056	047	.105	533	270; .152
$EO \rightarrow MA \rightarrow External Success$	.002	013	.059	.034	147; .096
$EO \rightarrow PA \rightarrow External Success$	014	021	.063	222	166; .100
EO →WEng → External Success	.008	.021	.050	.160	051; .152
EO →Goal-difficulty → External Success	030	037	.070	429	200; .086
EO →Goal-specificity → External Success	025	020	.079	316	196; .139
$EO \rightarrow Actions \rightarrow external Success$	.081	.023	.102	.794	184; .238
$PI \rightarrow ESE \rightarrow External Success$	.089	.029	.173	.514	401; .321
$PI \rightarrow CSE \rightarrow External Success$	039	030	.073	534	201; .107
$PI \rightarrow MA \rightarrow External Success$	003	005	.045	067	103; .086
$PI \rightarrow PA \rightarrow External Success$	.009	.018	.051	.176	069; .143
$PI \rightarrow WEng \rightarrow External Success$	.017	.016	.070	.243	135; .161
PI →Goal-difficulty → External Success	.002	.007	.048	.042	088; .117
PI →Goal-specificity → External Success	015	004	.053	283	110; .107
$PI \rightarrow Actions \rightarrow External Success$	.086	.070	.119	.723	169; .314
$ESE \rightarrow Actions \rightarrow External Success$	.081	.065	.133	.609	222; .347
$CSE \rightarrow Actions \rightarrow External Success$	075	095	.110	682	337; .098
MA → Actions → External Success	145	110	.124	-1.17	382; .101
$PA \rightarrow Actions \rightarrow External Success$	.101	.084	.111	.910	121; .321
* p < .05, ** p < .01; *** p < .001					
$t_{0.05, 4999} = 1.645$ ; $t_{0.01, 4999} = 2.576$ ; $t_{0.001, 4999} = 3.576$ ; $t_{0.001, 4999} = 3.5$	.291 (one-tailed)	(1	Lindley & Scott, 198	4)	

Table A9.15.ix. Test of total indirect effects.

Total Indirect effect (∑ab − c')	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
EO → external success	.090	.069	.198	.455	322; .471
PI → external success	.126	.087	.209	.603	342; .482
$MA \rightarrow external success$	155	065	.198	783	379; .503
PA → external success	.178	.152	.143	1.24	126; .447
$ESE \rightarrow external success$	.000	.052	.181	.000	304; .431
CSE → external success	015	050	.149	101	364; .238

\* p < .05, \*\* p < .01; \*\*\* p < .001  $t_{0.05, 4999} = 1.645; t_{0.01, 4999} = 2.576; t_{0.001, 4999} = 3.291$  (one-tailed) t = (ab original) / (SD ab Bootstrapped)

(Lindley & Scott, 1984)

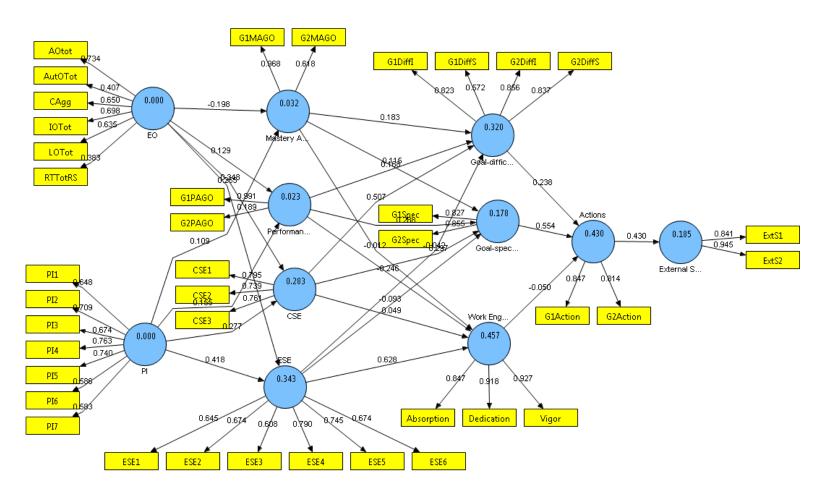


Figure A9.15.iii. Original PLS output for direct effects only model investigating entrepreneurial orientations, personal initiative, entrepreneurial self-efficacy, goal, orientations, work engagement, goal-setting, actions, and external success.

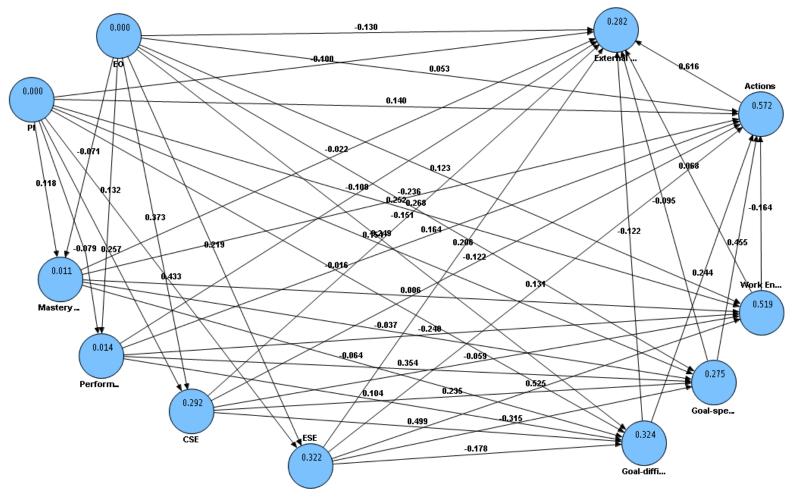


Figure A9.15.iv. Original PLS output for fully specified model investigating entrepreneurial orientations, personal initiative, entrepreneurial self-efficacy, goal, orientations, work engagement, goal-setting, actions and external success

**APPENDICES PERTAINING TO CHAPTER 10** 

Appendix 10.1:Model investigating the direct effects of the emotional variables on objective success and self-perceptions of success.

# **10.1.1. Preliminary analysis**

Table A10.1.i Correlations between anticipated emotions.

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
1. Excitement	1															
2. Delight	.745**	1														
3. Happiness	.550**	.744**	1													
4. Gladness	.544**	.725**	.816**	1												
5. Satisfaction	.214	.218	.506**	.408**	1											
6. Pride	.486**	.426**	.547**	.482**	.540**	1										
7. Self-Assurance	.219	.120	.196	.201	.279 <sup>*</sup>	.308*	1									
8. Anger	.193	.161	$.289^{*}$	.228	.253*	.334**	.216	1								
9. Frustration	.124	.140	.103	018	.109	.269*	.046	.648**	1							
10. Guilt	.264*	.306*	.300*	.228	.184	.420**	.268*	.600**	.578**	1						
11. Shame	.293*	$.272^*$	.217	.248*	.261*	.345**	.310*	.406**	.325**	.660**	1					
12. Sadness	.125	.065	.261*	.189	.291*	.306*	.074	.519**	.431**	.374**	.410**	1				
13.	038	084	105	142	.059	.186	$.250^{*}$	.467**	.661**	.426**	.398**	.470**	1			
Disappointment																
14. Depression	.125	.138	.214	.264*	.157	.190	.315*	.486**	.319*	.514**	.583**	.516**	.475**	1		
15. Worry	097	127	084	085	.099	.076	.089	.472**	.533**	.540**	.412**	.347**	.615**	.517**	1	
16. Discomfort	.119	.154	.136	.117	.026	.222	.184	.496**	.580**	.646**	.453**	.420**	.540**	.540**	.711**	1
17. Fear	004	044	.044	.095	.052	.021	.068	.457**	.263*	.507**	.402**	.359**	.396**	.575**	.644**	.540**

<sup>\*\*</sup> p < .01; \* p < .05

Table A10.1.ii Comments made by participants in relation to self-assurance

Participant	Comment in relation to self-assurance
P031	"Self assurance, please explain?"
P040	"Self assurance, and what do you mean by self assurance?"
P041	"self assurance, confidence yeah?"
P056	"self assurance. What do we mean here by self assurance? Kind of self realisation?"
P068	"Self assurance? Self assurance, not really goal related. I don't really know how I could express
	that. It's just completely irrelevant."
P084	"Self assurance?"

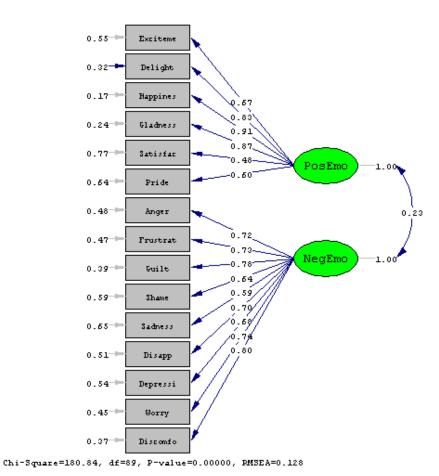
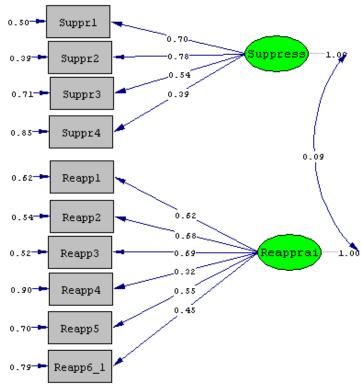


Figure A10.1.i CFA for goal-directed emotions, excluding self-assurance.

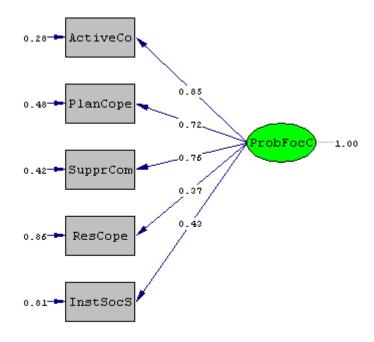


Chi-3quare=28.21, df=34, P-value=0.74666, RMSEA=0.000

Figure A10.1.ii CFA of Emotion regulation strategies (reappraisal and suppression).

Table A10.1.iii Comparison of model 4 and model 5 for Problem-focused coping CFA.

Index	Model 5	Model 4	Cut-off criteria
$\chi^2$	5.48	4.26	Should be non-sig.
^			(>0.05)
df	5	2	Informal rule of thumb:
			at most $\chi^2$ should be no
			more than 3x df
p	.350	.119	
GFI	0.97	0.97	>0.95
AGFI	0.90	0.84	>0.92
CFI	0.99	0.96	>0.90, but >0.95 better
NFI	0.95	0.93	
RMSEA	0.039	.134	<.05 good model fit
			<.08 model is good
			approximation
CI <sub>90</sub> RMSEA	0.00; 0.18	.00; .31	<.05; <.08
ECVI	0.40	.32	For model comparison;
AIC	25.48	20.26	the lower the number the
CAIC	57.07	45.54	better the model



Chi-Square=5.48, df=5, P-value=0.36020, RMSEA=0.039

Figure A10.1.iii CFA for Problem-focused coping strategies.

# 10.1.2. The impact of the emotional variables on objective success and self-perceptions of success.

Table A10.1.iv Factor loadings, Weights, Composite Scale Reliability, and Average Variance Extracted (AVE) to assess reliability of constructs (emotion variables, objective success and self-perceptions of success).

Construct	Measure	Factor Loadings	Weights of measures	Composite Reliability	AVE
Reappraisal	Reapp1	0.689	0.195	0.809	0.417
	Reapp2	0.630	0.170		
	Reapp3	0.741	0.367		
	Reapp4	0.590	0.340		
	Reapp5	0.669	0.262		
	Reapp6	0.535	0.207		
Suppression	Suppr1	0.211	-0.114	0.591	0.327
	Suppr2	0.204	-0.18		
	Suppr3	0.703	0.594		
	Suppr4	0.853	0.755		
Positive	Delight	0.862	0.252	0.904	0.617
anticipated emotions	Excitement	0.784	0.238		
	Gladness	0.865	0.239		
	Happiness	0.892	0.207		
	Pride	0.702	0.162		
	Satisfaction	0.558	0.162		

Table A10.1.iv (cont.)

Construct	Measure	Factor Loadings	Weights of measures	Composite Reliability	AVE
Negative	Anger	0.756	0.164	0.922	0.543
anticipated emotions	Depression	0.744	0.165		
	Disappointment	0.782	0.211		
	Discomfort	0.796	0.111		
	Fear	0.693	0.124		
	Frustration	0.742	0.139		
	Guilt	0.759	0.099		
	Sadness	0.626	0.078		
	Shame	0.635	0.075		
	Worry	0.809	0.172		
Problem-	ActiveCope	0.887	0.38	0.826	0.510
Focused Coping	InstSocSupp	0.509	0.174		
	PlanCope	0.818	0.336		
	ResCope	0.355	-0.009		
	SupprCompAct	0.842	0.36		
Objective Success	ObjSucc	1.00	1.00	1.00	1.00
Self-Perceptions	SelfSucc1	0.805	0.421	0.818	0.605
of Success	SelfSucc2	0.606	0.145		
	SelfSucc3	0.895	0.64		

Table A10.1.v Average Variance Extracted and correlations between constructs (emotion variables, objective success and self-perceptions of success).

the second and second persons of the second							
	1.	2.	3.	4.	5.	6.	7.
1. Anticipated Negative Emotions	0.737						
2. Anticipated Positive Emotions	0.187	0.786					
3. Objective Success	0.062	-0.007	1.000				
4. Problem-Focused Coping	0.002	0.413	0.115	0.714			
5. Reappraisal	-0.154	0.315	0.014	0.481	0.646		
6. Self-Perceptions of Success	0.180	0.055	0.243	0.285	-0.067	0.778	
7. Suppression	0.388	-0.061	0.083	0.025	-0.034	-0.054	0.572

(Note: Bold numbers on the diagonal show the square root of the AVE;

Numbers below the diagonal represent construct correlations)

Table A10.1.vi Cross-loadings for measurement model (emotion variables, objective success and self-perceptions of success).

	Anticipated Negative Emotions	Anticipated Positive Emotions	Objective Success	Problem- Focused Coping	Reappraisal	Self-Perceptions of Success	Suppression
Anger	0.756	0.296	0.015	0.157	-0.170	0.245	0.306
Depression	0.744	0.229	-0.058	0.049	-0.011	0.045	0.369
Disapp	0.782	-0.046	0.072	-0.088	-0.267	0.138	0.379
Discomfort	0.796	0.164	-0.098	-0.026	-0.076	0.010	0.224
Fear	0.693	0.032	0.090	-0.016	0.085	0.225	0.310
Frustration	0.742	0.143	0.118	-0.089	-0.314	0.225	0.200
Guilt	0.759	0.355	0.079	-0.015	-0.013	0.143	0.220
Sadness	0.626	0.243	0.025	0.167	0.008	0.221	0.177
Shame	0.636	0.341	0.096	0.160	0.137	0.092	0.219
Worry	0.809	-0.064	0.117	-0.113	-0.208	0.028	0.314
Delight	0.097	0.862	0.057	0.394	0.275	0.083	-0.051
Excitement	0.116	0.784	0.003	0.426	0.174	0.109	-0.139
Gladness	0.115	0.865	0.003	0.339	0.307	-0.003	-0.044
Happiness	0.148	0.892	-0.077	0.281	0.280	0.010	-0.055
Pride	0.294	0.702	-0.059	0.239	0.206	0.111	0.037
Satisfaction	0.182	0.558	0.015	0.210	0.240	-0.071	0.008
ObjSucc5	0.062	-0.007	1.000	0.115	0.014	0.243	0.083
ActiveCope	0.075	0.403	0.135	0.887	0.431	0.228	0.029
InstSocSupp	-0.095	0.175	0.181	0.509	0.385	0.035	0.055
PlanCope	-0.134	0.320	-0.061	0.818	0.436	0.275	-0.089
ResCope	-0.116	-0.048	0.068	0.355	0.307	-0.009	0.141
Suppr CompAct	0.095	0.339	0.149	0.842	0.296	0.278	0.098
Reapp1	-0.080	0.138	0.088	0.255	0.689	0.148	-0.113
Reapp2	-0.092	0.109	-0.058	0.257	0.630	-0.051	0.060
Reapp3	-0.087	0.291	-0.043	0.481	0.741	-0.100	0.038
Reapp4	-0.026	0.296	-0.045	0.348	0.590	-0.117	-0.008
Reapp5	-0.060	0.209	0.064	0.145	0.669	-0.096	-0.019
Reapp6	-0.318	0.033	0.100	0.263	0.535	0.069	-0.138
SelfS1	0.154	0.122	0.301	0.197	-0.008	0.805	-0.035
SelfS2	-0.001	-0.030	0.271	0.068	-0.050	0.606	-0.066
SelfS3	0.179	0.013	0.120	0.300	-0.088	0.895	-0.047
Suppr1	-0.056	-0.057	0.003	0.053	0.018	-0.122	0.211
Suppr2	-0.095	-0.134	0.122	0.047	0.081	-0.223	0.204
Suppr3	0.247	0.019	-0.041	0.105	-0.008	-0.238	0.703
Suppr4	0.289	-0.136	0.171	-0.031	-0.017	0.044	0.853

Table A10.1.vii Estimation of the inner model (emotional variables, objective and self-perceptions of success).

		Direct	effects only mod	lel el	Direct and indirect effects model				
	$\mathbb{R}^2$	R <sup>2</sup> effect size	Q <sup>2</sup> Cross validated commonality	Q <sup>2</sup> Cross validated redundancy	R <sup>2</sup>	R <sup>2</sup> effect size	Q <sup>2</sup> Cross validated commonality	Q <sup>2</sup> Cross validated redundancy	
Problem- focused coping Positive	.177	Medium	.570	.097	.337	Large	.573	.254	
anticipated emotions	.102	Medium	.642	.072	.099	Medium	.640	.054	
Negative anticipated emotions	.170	Medium	.531	.134	.079	Small- Medium	.502	.076	
Objective Success	.013	Small	1.00	046	.032	Small	1.00	105	
Self-Perceptions of Success	.081	Small- medium	.655	.077	.207	Medium- Large	.667	.242	

Table A10.1.viii. Statistical results for Path Coefficients (emotional variables, objective and self-perceptions of success, direct effects).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	f² effect size
Reappraisal → Anticipated positive emotions	0.313	1.43	0.218	0.218	114; .740	.108	Small- medium
Reappraisal → Anticipated negative emotions	-0.141	0.505	0.278	0.278	686; .404	.034	Small
Suppression → Anticipated positive emotions	-0.050	0.264	0.189	0.189	420; .320	.011	Very small
Suppression → Anticipated negative emotions	0.383	1.12	0.342	0.342	287; 1.05	.014	Very small
Anticipated positive emotions  → Problem-focused coping	0.428**	2.95	0.145	0.145	.144; .712	.215	Medium
Anticipated negative emotions  → Problem-focused coping	-0.078	0.444	0.176	0.176	423; .267	.009	negligible
Problem-focused coping → self-perceptions of success	0.285*	1.95	0.146	0.146	001; .571	-	annot be
Problem-focused coping → objective success	0.115	0.820	0.140	0.140	159; .389	calculated as only one predictor	

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$  where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

(Hinkle, Wiersma & Jurs, 1998)

Table A10.1.ix Statistical results for Path Coefficients (emotional variables, objective and self-perceptions of success, direct and indirect effects).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	f <sup>2</sup> effect size
Reappraisal → Anticipated positive emotions	0.302*	1.70	0.178	0.178	047; .651	.101	Medium
Reappraisal → Anticipated negative emotions	-0.175	0.794	0.221	0.221	608; .258	.029	Small
Reappraisal → Problem- Focused Coping	0.443***	3.04	0.146	0.146	.157; .729	.222	Medium- large
Reappraisal → self-perceptions of success	-0.191	1.07	0.179	0.179	542; .160	.014	Very small
Reappraisal → objective success	-0.049	0.260	0.188	0.188	417; .368	.003	Negligible
Suppression → Anticipated positive emotions	-0.093	0.542	0.171	0.171	428; .242	.010	Very small

Table A10.1.ix (cont).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	f <sup>2</sup> effect size
Suppression → Anticipated negative emotions	0.222	0.688	0.323	0.323	411; .855	.024	Small
Suppression → Problem- Focused Coping	0.116	0.826	0.141	0.141	160; .392	.017	Very small
Suppression → self- perceptions of success	-0.291	1.59	0.183	0.183	650; .068	.079	Small
Suppression → objective success	0.046	0.248	0.185	0.185	317; .409	.001	Negligible
Anticipated positive emotions  → Problem-focused coping	0.252*	1.78	0.142	0.142	026; .530	.066	Small
Anticipated positive emotions  → self-perceptions of success	-0.120	0.955	0.126	0.126	367; .127	.025	Small
Anticipated positive emotions  → objective success	-0.066	0.399	0.166	0.166	329; .259	.006	Negligible
Anticipated negative emotions  → Problem-focused coping	-0.024	0.169	0.142	0.142	302; .254	.002	Negligible
Anticipated negative emotions  → self-perceptions of success	0.252	1.43	0.177	0.177	095; .347	.014	Very small
Anticipated negative emotions  → objective success	0.077	0.507	0.152	0.152	221; .298	.008	Negligible
Problem-focused coping → self-perceptions of success	0.419**	2.77	0.151	0.151	.123; .296	.155	Medium
Problem-focused coping → objective success	0.174	1.13	0.155	0.155	130; .478	.008	Negligible

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$  where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

(Hinkle, Wiersma & Jurs, 1998)

Table A10.1.x Estimations of the significance of the specific indirect effects with one mediator.

	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t = (ab orig.)/ (SD ab Bootstrapped)	BC CI <sub>95</sub>
Reappraisal $\rightarrow$ Antic. Pos. Emotions $\rightarrow$ PFC <sup>16</sup>	.076	.079	.068	1.12	05; .22
Reappraisal → Antic. Neg. Emotions→ PFC	.004	.004	.041	.098	08; .09
Reappraisal → PFC→ Self- perceptions of success	.186*	.177	.095	1.96	.00; .37
Reappraisal → PFC → Objective Success	.077	.077	.078	.987	07; .24
Suppression → Antic. Pos. Emotions→ PFC	023	022	.049	469	13; .07
Suppression → Antic. Neg. Emotions→ PFC	005	009	.047	106	11; .08
Suppression → PFC→ Self- perceptions of success	.047	.040	.066	.712	08; .18
Suppression → PFC → Objective Success	.020	.013	.033	.606	05; .09
Antic. Pos. Emotions→ PFC  → Self-perceptions of success	.106	.097	.070	1.51	03; .25
Antic. Pos. Emotions→ PFC → Objective success	.044	.039	.049	.898	05; .15
Antic. Neg. Emotions→ PFC→ Self-perceptions of success	010	005	.061	164	13; .12
Antic. Neg. Emotions→ PFC→ Objective success	004	005	.033	121	08; .06

\* p < .05, \*\* p < .01; \*\*\* p < .001  $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

<sup>&</sup>lt;sup>16</sup> PFC = Problem-Focused Coping

Table A10.1.xi Estimations of the significance of the specific indirect effects with two sequential mediators.

	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t = (ab orig.)/ (SD ab Bootstrapped)	BC CI <sub>95</sub>
Reappraisal → Antic. Pos. Emotions → PFC → Self- perceptions of success	.032	.033	.032	1.00	02; .11
Reappraisal → Antic. Pos. Emotions → PFC → Objective success	.013	.014	.021	.619	02; .06
Reappraisal → Antic. Neg. Emotions → PFC → Self- perceptions of success	.002	.001	.017	.118	03; .04
Reappraisal → Antic. Neg. Emotions → PFC → Objective success	.001	.001	.009	.111	02; .02
Suppression → Antic. Pos. Emotions → PFC → Self- perceptions of success	010	009	.021	476	06; .03
Suppression → Antic. Pos. Emotions → PFC → Objective success	004	003	.012	333	03; .02
Suppression $\rightarrow$ Antic. Neg. Emotions $\rightarrow$ PFC $\rightarrow$ Self- perceptions of success	002	003	.020	100	05; .04
Suppression → Antic. Neg. Emotions → PFC → Objective success	001	001	.011	091	03; .02
* p < .05, ** p < .01; *** p < .001 $t_{0.05, 4999} = 1.645; t_{0.01, 4999} = 2.576;$	$t_{0.001, 4999} = 3.29$	91 (one-tailed)	(Lindle	ey & Scott, 1984)	

Table A10.1.xii Estimations of the significance of the total indirect effects.

	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t = (ab orig.)/ (SD ab Bootstrapped)	BC CI <sub>95</sub>
Reappraisal → PFC	.080	.083	.096	.833	09; .25
Suppression $\rightarrow$ PFC	028	029	.081	346	17; .10
Reappraisal → Self-perceptions of success	.139	.166	.126	1.10	06; .39
Reappraisal → Objective success	.058	.063	.117	.496	16; .29
Suppression → Self-perceptions of success	.104	.083	.136	.765	14; .33
Suppression → Objective success	.038	.025	.088	.432	12; .19

\* p < .05, \*\* p < .01; \*\*\* p < .001  $t_{0.05,4999} = 1.645$ ;  $t_{0.01,4999} = 2.576$ ;  $t_{0.001,4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Reappraisal  $\rightarrow$  PFC = [Total Reappraisal  $\rightarrow$  PFC] - [Direct effect Reappraisal  $\rightarrow$  PFC]

Suppression  $\rightarrow$  PFC = [Total Suppression  $\rightarrow$  PFC] - [Direct effect Suppression  $\rightarrow$  PFC]

Reappraisal 

Self-perceptions of success = [Total Reappraisal 

Self-perceptions of success] – [Direct effect Reappraisal → Self-perceptions of success]

Reappraisal → Objective success = [Total Reappraisal → Objective success] – [Direct Reappraisal → Objective Success] Suppression → Self-perceptions of success = [Total Suppression → Self-perceptions of success] – [Direct Suppression → Objective Success]

Suppression → Objective success = [Total Suppression → Objective success] – [Direct Suppression → Objective Success]

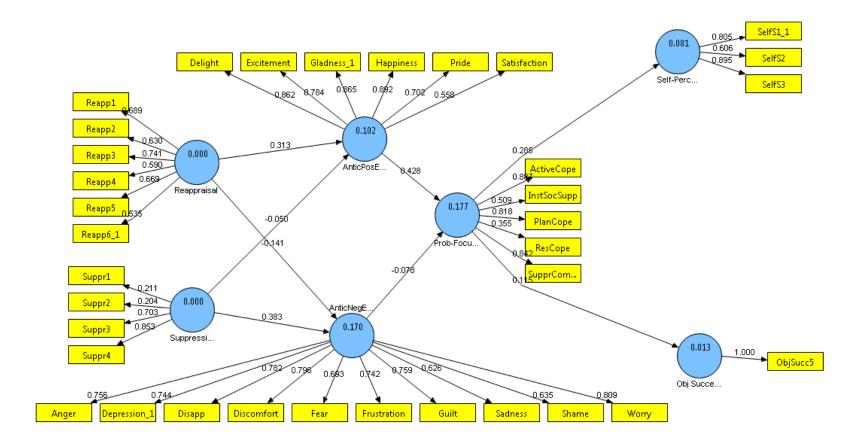


Figure A10.1.i PLS output for direct effect of emotions variables on self-perceptions of success and objective success.

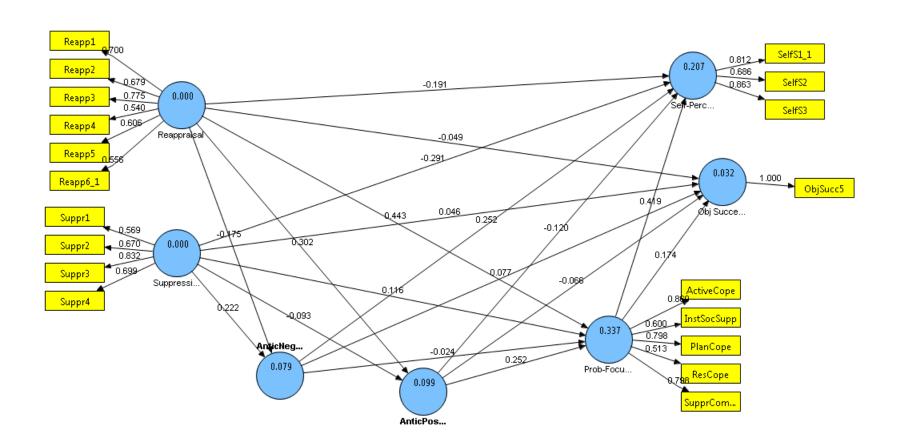


Figure A10.1.ii PLS output for the direct and indirect effects of emotions variables on self-perceptions of success and objective success.

# Appendix 10.2: PLS model investigating the relationships between the emotion variables and external success.

The analysis presented in this appendix is analogous to that outlined in section 10.3 pertaining to the influence of the emotional variables on success. However, in the analysis presented below the success variable investigated is the external measure of success. The sample size for this analysis is reduced from 64 to 39, as there was missing data in the external success measure. As with the analysis in 10.3, two versions of the analysis were calculated, the first where only the direct effects from each sequential phase were included, and the second where all direct and indirect effects were included. The sample size for these models are unlikely to be powerful enough to detect significant effects, and so effect size estimations were relied upon in the interpretation of the structural model. However, this analysis serves as an important adage to the other success measures as it was not self-reported.

Table A10.2.i. Factor loadings, Weights, Composite Scale Reliability, and Average Variance Extracted (AVE) to assess reliability of constructs (emotion variables, external success).

Construct	Measure	Factor Loadings	Weights of measures	Composite Reliability	AVE
Reappraisal	Reapp1	0.738	0.188	0.853	0.499
	Reapp2	0.707	0.173		
	Reapp3	0.874	0.387		
	Reapp4	0.486	0.197		
	Reapp5	0.703	0.205		
	Reapp6	0.673	0.238		
Suppression	Suppr1	0.157	-0.237	0.567	0.298
	Suppr2	0.291	-0.16		
	Suppr3	0.770	0.802		
	Suppr4	0.699	0.666		
Positive anticipated	Delight	0.930	0.255	0.929	0.691
emotions	Excitement	0.880	0.207		
	Gladness	0.861	0.223		
	Happiness	0.905	0.202		
	Pride	0.810	0.154		
	Satisfaction	0.538	0.149		
Negative	Anger	0.726	0.147	0.900	0.478
anticipated emotions	Depression	0.729	0.100		
	Disappointment	0.719	0.202		
	Discomfort	0.779	0.183		
	Fear	0.758	0.127		
	Frustration	0.681	0.179		
	Guilt	0.588	0.083		
	Sadness	0.639	0.105		
	Shame	0.432	0.034		
	Worry	0.787	0.233		
Problem-Focused	ActiveCope	0.898	0.347	0.843	0.540
Coping	InstSocSupp	0.577	0.172		
	PlanCope	0.836	0.312		
	ResCope	0.330	-0.004		
	SupprCompAct	0.870	0.379		
External Success	ExtS1	0.972	1.126	0.647	0.531
	ExtS2	0.340	-0.280		

The assessment of the measurement model presented below pertains to the direct effects only model, as the model which included both direct and indirect effects showed little differences in the measurement. Table A10.2.i outlines the factor loadings, weights, composite scale reliability, and Average Variance Extracted (AVE). The AVE for reappraisal, problem-focused coping, anticipated positive emotions and external success were at or above the recommended level of .5, and their respective composite reliabilities were high. However, a number of items had factor loadings that were somewhat suboptimal. For suppression and anticipated negative emotions, the AVE was a little low, but the composite reliability was high for anticipated negative emotions and approached .6 for suppression. Furthermore, a number of the factor loadings for both of these variables were on the low side. This is reasonably similar to the measurement model for the larger sample.

The Fornell-Larcker criterion is met as all of the correlations between latent variable pairs are lower than the square root of each variables AVE (see Table 10.7). However, of note is that rather high correlation between reappraisal and problem-focused coping, which was quite a bit higher than in the original analysis in section 10.3. Looking at the cross-loadings, all of the indicators load most highly on the own latent variable, except for Restraint Cope which loads similarly on Reappraisal as it does on its own latent variable of problem-focused coping (see Table 11.8). Hence, discriminant validity is relatively good.

Table A10.2.ii. Average Variance Extracted and correlations between constructs (emotion variables, external success).

	1.	2.	3.	4.	5.	6.
Anticipated     Negative Emotions	0.691					
2. Anticipated Positive Emotions	0.136	0.831				
3. External Success	0.005	-0.072	0.729			
4. Problem-Focused Coping	0.051	0.541	0.145	0.735		
5. Reappraisal	-0.228	0.32	0.014	0.614	0.706	
6. Suppression	0.474	-0.021	-0.217	-0.07	-0.012	0.546

(Note: Bold numbers on the diagonal show the square root of the AVE;

Numbers below the diagonal represent construct correlations)

Table A10.2.iii. Cross-loadings for measurement model (emotion variables, external success).

	Anticipated Negative Emotions	Anticipated Positive Emotions	External Success	Problem- Focused Coping	Reappraisal	Suppression
Anger	0.726	0.304	-0.012	0.241	-0.178	0.270
Depression	0.729	0.040	0.075	0.058	-0.016	0.245
Disappointment	0.719	-0.030	-0.100	-0.140	-0.298	0.395
Discomfort	0.779	0.162	-0.169	0.033	-0.058	0.442
Fear	0.758	0.077	0.205	0.171	0.022	0.320
Frustration	0.681	0.149	0.005	-0.057	-0.300	0.327
Guilt	0.588	0.361	-0.156	0.108	0.004	0.205
Sadness	0.639	0.095	-0.095	0.185	-0.118	0.196
Shame	0.432	0.300	-0.020	0.110	0.136	0.141
Worry	0.787	-0.099	0.204	-0.053	-0.304	0.464
Delight	0.061	0.930	-0.078	0.543	0.374	0.022
Excitement	0.139	0.880	-0.134	0.488	0.222	-0.021
Gladness	0.133	0.861	-0.059	0.458	0.348	-0.039
Happiness	0.150	0.905	-0.005	0.459	0.241	-0.033
Pride	0.192	0.810	-0.218	0.351	0.184	-0.036
Satisfaction	0.015	0.538	0.160	0.350	0.162	-0.008
ExtS1	0.036	-0.065	0.972	0.121	-0.003	-0.189

Table A10.2.iii. (cont.)

	Anticipated Negative Emotions	Anticipated Positive Emotions	External Success	Problem- Focused Coping	Reappraisal	Suppression
ExtS2	0.124	-0.006	0.340	-0.030	-0.061	0.015
ActiveCope	0.092	0.504	0.048	0.898	0.570	-0.080
InstSocSupp	-0.001	0.257	-0.011	0.577	0.460	0.189
PlanCope	-0.012	0.421	0.147	0.836	0.521	-0.142
ResCope	-0.143	-0.049	0.138	0.330	0.381	0.087
SupprCompAct	0.058	0.501	0.225	0.870	0.463	-0.080
Reapp1	-0.137	0.159	-0.051	0.485	0.738	-0.086
Reapp2	-0.057	0.196	0.125	0.327	0.707	0.084
Reapp3	-0.313	0.307	-0.035	0.489	0.874	-0.016
Reapp4	-0.006	0.264	-0.027	0.505	0.486	0.008
Reapp5	-0.089	0.218	0.191	0.291	0.703	-0.028
Reapp6	-0.215	0.173	-0.077	0.494	0.673	0.003
Suppr1	-0.103	-0.153	0.047	0.030	0.204	0.157
Suppr2	-0.068	-0.073	0.109	0.098	0.304	0.291
Suppr3	0.327	0.008	-0.197	0.018	0.043	0.770
Suppr4	0.266	-0.113	-0.047	-0.093	0.076	0.699

Moving to examine the structural, Table A10.2.iv demonstrates the percentage of variance explained in each endogenous variable for both versions of the model, the first where only the direct effects from each sequential phase of the model are included, and the second where all direct and indirect paths are specified. In the direct effects only model, anticipated positive and negative emotions explained 29.3% of the variance in problem-focused coping, which is indicative of a large effect. Individual differences in emotion reappraisal and suppression explained 9.3% of the variance in positive anticipated emotions and 27.4% of the variance in negative anticipated emotions, which represent a medium and large effect respectively. However, problem-focused coping on its own explained only a small portion of the variance in objective, explained 2.1%. This is a similar finding to the main analysis, which found that problem-focused coping had a small effect on objective success. All of the variables showed predictive relevance, except for external success, where the cross validated redundancy was below zero, but the cross-validated commonality was above zero, suggesting that overall, the predictive relevance for this variable was questionable in this model.

In the fully specified model, the percentage of variance explained in problem-focused coping increased to 55.0% (a large effect) when reappraisal and suppression were added as direct predictors. The percentage of variance explained in positive anticipated emotions and negative anticipated emotions remained relatively stable. A much higher amount of the variance in objective success was explained, which increased to a medium effect (9.1%). For all of the endogenous variables in this model, including external success, the  $Q^2$  estimations indicate that the model did have predictive relevance.

Table A10.2.iv. Estimation of the inner model (emotional variables, external success).

		Direct	effects only mod	lel		Direct and indirect effects model			
	$R^2$	R <sup>2</sup> effect size	Q <sup>2</sup> Cross validated commonality	Q <sup>2</sup> Cross validated redundancy	R <sup>2</sup>	R <sup>2</sup> effect size	Q <sup>2</sup> Cross validated commonality	Q <sup>2</sup> Cross validated redundancy	
Problem-focused coping	0.293	Large	.439	.227	.550	Large	.451	.371	
Positive anticipated emotions	0.103	Medium	.715	.025	.100	Medium	.706	.021	
Negative anticipated emotions	0.274	Large	.567	.099	.290	Large	.548	.100	
External Success	0.021	Small	.470	023	.101	Medium	.688	.168	

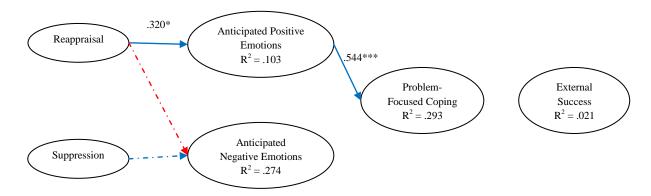


Figure 10.5.i. Results of Partial Least Squares analysis for the model investigating the direct effects of emotional variables on success. (\*\*\* p < .01; \*\*p < .01; \*\*p < .05; non-significant paths are not shown).

Moving to examine the effect of each individual variable for the first model (see Table A10.2.v and Figure A10.2.i), the results indicate that only two of the variables had significant effects. Reappraisal had a significant positive effect on anticipated positive emotions, and this in turn had a significant effect on problem-focused coping. However, looking at the effect size estimations indicates that a number of small effects were also evident which did not reach significance due to the sample size. Reappraisal had a small negative effect on negative anticipated emotions, and suppression had a small positive effect on the same variable.

Table A10.2.v. Statistical results for Path Coefficients (emotional variables, external success, direct effects).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	f² effect size
Reappraisal → Anticipated positive emotions	0.320*	1.72	0.187	0.187	047; .687	.114	Small- medium
Reappraisal → Anticipated negative emotions	-0.222	0.815	0.273	0.273	757; .313	.102	Small- medium
Suppression → Anticipated positive emotions	-0.017	0.070	0.245	0.245	497; .463	.006	Negligible
Suppression → Anticipated negative emotions	0.472	0.993	0.475	0.475	459; 1.40	.037	Small
Anticipated positive emotions  → Problem-focused coping	0.544***	3.70	0.147	0.147	.256; .832	.400	Large
Anticipated negative emotions  → Problem-focused coping	-0.023	0.107	0.220	0.220	454; .408	.000	Negligible
Problem-focused coping → external success	0.145	0.524	0.277	0.277	398; .688	Only o	one predictor

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$  where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

(Hinkle, Wiersma & Jurs, 1998)

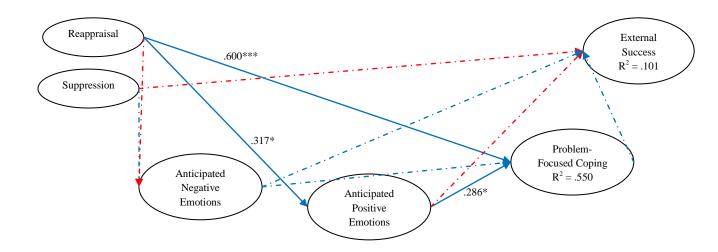


Figure A10.2.ii. Results of Partial Least Squares analysis for the model investigating the direct and indirect effects of emotional variables on external success. (\*\*\* p < .001; \*\*p < .01; \* p < .05; dashed lined indicate non-significant paths)

Table A10.2.vi. Statistical results for Path Coefficients (emotional variables, external success, direct and indirect effects).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	f <sup>2</sup> effect size
Reappraisal → Anticipated positive emotions	0.317*	1.79	0.177	0.177	030; .664	.111	Small- medium
Reappraisal → Anticipated negative emotions	-0.181	0.714	0.254	0.254	679; .317	.075	Small
Reappraisal → Problem- Focused Coping	0.600***	4.388	0.137	0.137	.331; .869	.538	Large
Reappraisal → external success	-0.104	0.327	0.318	0.318	727; .519	.016	Very small
Suppression → Anticipated positive emotions	0.016	0.066	0.246	0.246	466;.498	.001	Negligible
Suppression → Anticipated negative emotions	0.495	1.10	0.450	0.450	387; 1.377	.125	Small- Medium
Suppression → Problem- Focused Coping	-0.111	0.673	0.166	0.166	436; .214	007	Negligible
Suppression → external success	-0.278	1.06	0.261	0.261	790; .234	.060	Small
Anticipated positive emotions  → Problem-focused coping	0.286*	2.16	0.132	0.132	.027; .545	.142	Medium
Anticipated positive emotions  → external success	-0.170	0.826	0.206	0.206	421; .387	.022	Small
Anticipated negative emotions  → Problem-focused coping	0.172	1.02	0.169	0.169	159; .503	.044	Small
Anticipated negative emotions  → external success	0.200	0.722	0.278	0.278	345; .745	.048	Small
Problem-focused coping → external success	0.232	0.657	0.354	0.354	462; .926	.033	Small

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$  where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

(Hinkle, Wiersma & Jurs, 1998)

In the second version of the model, where all direct and indirect paths were included (see Table A10.2.vi, and Figure A10.2.ii), the two significant paths remained so; reappraisal had a significant effect on positive anticipated emotions and this had a significant effect on problem-focused coping. Reappraisal also had a significant effect on problem-focused coping, and a small non-significant negative effect on negative anticipated emotions. Suppression had a small-medium positive effect on anticipated negative

emotions, and a small negative effect on external success, although neither path reached statistical significance. Anticipated negative emotions also had a small positive effect on problem-focused coping. Finally, anticipated positive emotions had a small, but non-significant negative effect on external success, while anticipated negative emotions and problem-focused coping had small positive effects on external success.

In the final stage of the analysis, the indirect effects were calculated using bootstrapping. In the calculation of the indirect effects, the fully specified model (which specified all the potential direct and indirect paths) was used, in order to control for the direct effects (the c' path). Only the indirect effects pertaining to external success were calculated as all other indirect effects were previously calculated in the main analysis in 10.3. None of the separate indirect paths were significant (see Table A10.2.vii and Table A10.2.viii), nor the total indirect effects reached significance (see Table A10.2.ix).

Table A10.2.vii. Estimations of the significance of the specific indirect effects with one mediator.

	Origina l ab	Mean Bootstrapped ab	Bootstrapped Sd	t = (ab orig.)/ (SD ab Bootstrapped)	BC CI <sub>95</sub>
Reappraisal → PFC → External Success	.139	.140	.220	.632	29; .57
Suppression $\rightarrow$ PFC $\rightarrow$ External Success	026	013	.074	-342	19; .13
Antic. Pos. Emotions→ PFC → External success	.066	.060	.114	.526	16; .31
Antic. Neg. Emotions→ PFC→ External success	.040	.044	.087	.460	09; .27

<sup>\*</sup> p < .05, \*\* p < .01; \*\*\* p < .001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Table A10.2.viii. Estimations of the significance of the specific indirect effects with two sequential mediators.

	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t = (ab orig.)/ (SD ab Bootstrapped)	BC CI <sub>95</sub>
Reappraisal → Antic. Pos.					
Emotions $\rightarrow$ PFC $\rightarrow$ External success	.021	.023	.053	.396	07; .15
Reappraisal → Antic. Neg.					
Emotions $\rightarrow$ PFC $\rightarrow$ External success	007	009	.030	233	09; .04
Suppression $\rightarrow$ Antic. Pos.					
Emotions $\rightarrow$ PFC $\rightarrow$ External success	.001	008	.034	.029	09; .06
Suppression $\rightarrow$ Antic. Neg.					
Emotions $\rightarrow$ PFC $\rightarrow$ External	.020	.008	.047	.426	08; .12
success					
* p < .05, ** p < .01; *** p < .001					
$t_{0.05, 4999} = 1.645; t_{0.01, 4999} = 2.576;$	$t_{0.001, 4999} = 3.29$	91 (one-tailed)	(Lindle	ey & Scott, 1984)	

Table A10.2.ix. Estimations of the significance of the total indirect effects.

	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t = (ab orig.)/ (SD ab Bootstrapped)	BC CI <sub>95</sub>
Reappraisal → External success	.063	.088	.274	.230	46; .64
Suppression → External success	.092	.022	.217	.424	36; .48

<sup>\*</sup> p < .05, \*\* p < .01; \*\*\* p < .001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Reappraisal  $\rightarrow$  External success = [Total Reappraisal  $\rightarrow$  External success] - [Direct Reappraisal  $\rightarrow$  External Success] Suppression  $\rightarrow$  External success = [Total Suppression  $\rightarrow$  External success] - [Direct Suppression  $\rightarrow$  External Success]

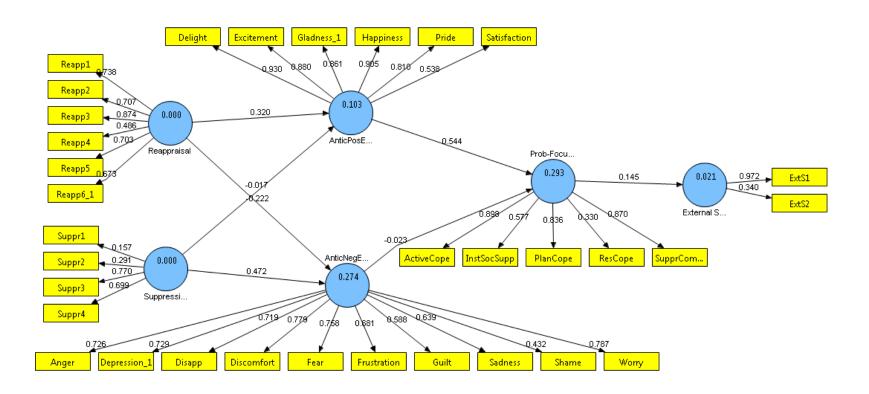


Figure A10.3.iii. Original PLS output for the direct effects model investigating emotions variables and external success

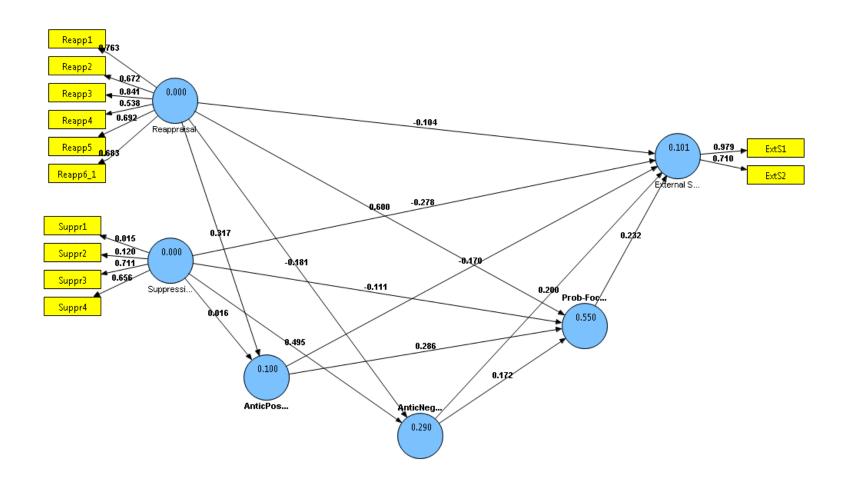


Figure A10.3.iv. Original PLS output for the fully specified model investigating emotions variables and external success

# Appendix 10.3: Model investigating the direct effects of Reappraisal and Suppression on Objective Success and Self-perceptions of success

The analysis presented in this appendix considers the direct effect of reappraisal and suppression on objective success and self-perceptions of success, in the absence of any mediating variables. Table A10.3.i outlines the factor loadings, weights, composite scale reliability, and Average Variance Extracted (AVE). The composite reliabilities for the three variables were all high. Self-perceptions of success demonstrated high AVE, composite reliabilities and factor loadings. Suppression demonstrated a good composite reliability, but its AVE was a little below the recommended level of 0.5, which may be due to a poor factor loading for one of its four indicators. Reappraisal demonstrated a very poor AVE and composite reliability, and some of it's' indicators loaded negatively. This appears unusual as these results are in contrast to other analyses which included this variable.

The poor measurement criteria for the reappraisal variable led to problems with the discriminant validity of the variables also. The correlation between the latent variables reappraisal and self-perceptions of success was higher than the square root of the AVE for reappraisal (see Table A10.3.ii). The negatively loading indicators for reappraisal also meant that the cross-loadings were less than optimal, and furthermore, the fourth suppression item also had a low factor loading which caused problems in the cross-loadings. Hence, discriminant validity could not be definitively established.

Overall, the measurement model was problematic. However, given that this analysis provides supplementary information to that in the main analysis, the structural model was calculated, although caution is needed in drawing inferences from the results.

Table A10.3.i. Factor loadings, Weights, Composite Scale Reliability, and Average Variance Extracted (AVE) to assess reliability of constructs (reappraisal, suppression, objective success, self-perceptions of success).

Construct	Measure	Factor Loadings	Weights of measures	Composite Reliability	AVE
Reappraisal	Reapp1	-0.517	-0.814	0.001	0.116
	Reapp2	0.217	0.346		
	Reapp3	0.346	0.466		
	Reapp4	0.354	0.580		
	Reapp5	-0.106	-0.110		
	Reapp6	-0.355	-0.354		
Suppression	Suppr1	0.696	0.353	0.730	0.445
	Suppr2	0.737	0.315		
	Suppr3	0.850	0.656		
	Suppr4	0.167	-0.214		
Self-perceptions of success	SelfS1	0.767	0.271	0.829	0.621
	Self22	0.900	0.637		
	SelfS3	0.684	0.321		
Objective Success	ObjSucc5	1.00	1.00	1.00	1.00

Table A10.3.ii. Average Variance Extracted and correlations between constructs (reappraisal, suppression, objective success, self-perceptions of success).

	1.	2.	3.	4.
1. Objective Success	1.000			
2. Reappraisal	-0.180	0.341		
3. Self-perceptions of success	0.293	-0.425	0.788	
4. Suppression	-0.024	0.159	-0.319	0.667

 $(Note: Bold\ numbers\ on\ the\ diagonal\ show\ the\ square\ root\ of\ the\ AVE;$ 

Numbers below the diagonal represent construct correlations)

Table A10.3.iii. Cross-loadings for measurement model (reappraisal, suppression, objective success, self-perceptions of success).

	Objective Success	Reappraisal	Self- perceptions of success	Suppression
ObjSucc5	1.00	-0.180	0.293	-0.024
Reapp1	0.088	-0.517	0.240	-0.106
Reapp2	-0.058	0.217	-0.093	0.057
Reapp3	-0.043	0.346	-0.140	0.064
Reapp4	-0.045	0.354	-0.178	0.037
Reapp5	0.064	-0.106	0.010	0.031
Reapp6	0.100	-0.355	0.078	-0.015
SelfS1	0.301	-0.169	0.766	-0.192
SelfS2	0.271	-0.500	0.900	-0.298
SelfS3	0.120	-0.191	0.684	-0.242
Suppr1	0.003	0.100	-0.162	0.696
Suppr2	0.122	0.077	-0.153	0.737
Suppr3	-0.040	0.191	-0.298	0.850
Suppr4	0.171	0.118	0.085	0.167

Moving to examine the structural model, Table A10.3.iv demonstrates that reappraisal and suppression explained 24.6% of the variance in self-perceptions of success (a large effect), but only had a small effect on objective success, explain 3.2% of the variance. Table A10.3.v indicates that reappraisal has a medium-large significant and negative effect on self-perceptions of success and a small negative non-significant effect on objective success. Suppression had a small negative non-significant effect on self-perceptions of success and no effect on objective success. However, the confidence intervals are wide and contain zero suggesting caution in the interpretation of these results is warranted.

Table A10.3.iv. Estimation of the inner model (reappraisal, suppression, objective success, self-perceptions of success).

	R <sup>2</sup>	R <sup>2</sup> effect size	<b>Q</b> <sup>2</sup> Cross validated commonalit	Q <sup>2</sup> Cross validated redundancy
Self- perceptions of success	0.246	Large	.731	.047
Objective success	0.032	Small	1.00	239

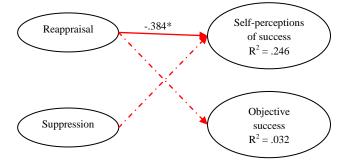


Figure A10.3.i. Results of Partial Least Squares analysis for the model investigating the direct effects of reappraisal and suppression on objective success and self-perceptions of success. (\*\*\* p < .001; \*\*p < .01; \* p < .05; dashed lined indicate non-significant paths).

Table A10.3.v. Statistical results for Path Coefficients (reappraisal, suppression, objective success, self-perceptions of success).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	f² effect size
Reappraisal → Self- perceptions of success	-0.384*	1.673	0.230	0.230	835; .067	.204	Medium- Large
Reappraisal → Objective success	-0.181	1.062	0.170	0.170	514; .152	.033	Small
Suppression → Self- perceptions of success	-0.258	1.165	0.222	0.222	693; .177	.065	Small
Suppression → Objective success	0.005	0.023	0.214	0.214	414; .424	001	Negligible

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$  where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

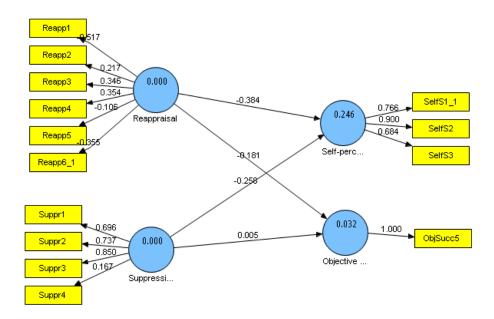


Figure A10.3.ii. Original PLS output for model investing the direct effects of reappraisal and suppression on self-perceptions of success and objective success.

# Appendix 10.4:Model investigating the direct effects of Reappraisal and Suppression on External success

The analysis presented in this appendix considers the direct effect of reappraisal and suppression on external success, in the absence of any mediating variables. Table A10.4.i outlines the factor loadings, weights, composite scale reliability, and Average Variance Extracted (AVE). The AVE, composite reliability and factor loadings for external success were high. However, for suppression and reappraisal, both the AVE and composite reliability were low, and there were problems with the factor loadings on both, with an indicator on both variables loading negatively. This appears unusual as these results are in contrast to other analyses which included these two variables, although are similar to that found in Appendix 10.3, which considered the direct effects on the other two success variables. These poor factor loadings also led to problems with the discriminant validity estimations, where some indicators were not loading as they should, and the correlation between reappraisal and external success, although negative, was higher in magnitude than the square root of the AVE (see Tables A10.4.ii and A10.4.iii).

Overall, the measurement model was problematic. However, given that this analysis provides supplementary information to that in the main analysis, the structural model was calculated, although caution is needed in drawing inferences from the results.

Table A10.4.i. Factor loadings, Weights, Composite Scale Reliability, and Average Variance Extracted (AVE) to assess reliability of constructs (reappraisal, suppression, external success).

Construct	Measure	Factor Loadings	Weights of measures	Composite Reliability	AVE
Reappraisal	Reapp1	0.196	0.408	0.078	0.102
	Reapp2	0.163	-0.021		
	Reapp3	0.414	0.563		
	Reapp4	0.129	0.111		
	Reapp5	-0.523	-1.138		
	Reapp6	0.297	0.271		
Suppression	Suppr1	0.641	0.1	0.519	0.330
	Suppr2	0.851	0.982		
	Suppr3	0.390	-0.005		
	Suppr4	-0.181	-0.563		
External success	ExtSucc1	0.841	0.484	0.871	0.772
	ExtSucc2	0.915	0.648		

Table A10.4.ii. Average Variance Extracted and correlations between constructs (reappraisal, suppression, external success).

	1.	2.	3.
External success	0.879		
Reappraisal	-0.531	0.319	
Suppression	0.188	0.005	0.574

(Note: Bold numbers on the diagonal show the square root of the AVE; Numbers below the diagonal represent construct correlations)

Table A10.4.iii. Cross-loadings for measurement model (reappraisal, suppression, external success).

	External success	Reappraisal	Suppression
ExtS1	0.841	-0.384	0.165
ExtS2	0.915	-0.533	0.168
Reapp1	-0.116	0.196	0.124
Reapp2	0.006	0.163	0.280
Reapp3	-0.160	0.414	0.276
Reapp4	-0.032	0.129	-0.015
Reapp5	0.324	-0.523	0.224
Reapp6	-0.077	0.297	0.228
Suppr1	0.015	0.012	0.641
Suppr2	0.143	-0.009	0.851
Suppr3	-0.001	0.004	0.390
Suppr4	-0.082	-0.022	-0.181

Moving to examine the structural model, Table A10.4.iv demonstrates that reappraisal and suppression explained 31.9% of the variance in external success (a large effect), but despite this the cross validated redundancy suggests that there is a problem with the predictive relevance of the model. Table A10.4.v indicates that reappraisal has a large negative effect and suppression had a small positive effect on external success, but neither path reached significance.

Table A10.4.iv. Estimation of the inner model (reappraisal, suppression, external success).

	R <sup>2</sup>	R <sup>2</sup> effect size	Q <sup>2</sup> Cross validated commonalit y	Q <sup>2</sup> Cross validated redundancy
External success	0.319	Large	.678	168

Table A10.4.v. Statistical results for Path Coefficients (reappraisal, suppression, objective success, self-perceptions of success).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	f <sup>2</sup> effect size
Reappraisal → External success	-0.532	1.181	0.450	0.450	-1.41; .350	.389	Large
Suppression → External success	0.191	0.737	0.259	0.259	317; .699	.053	Small

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$  where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

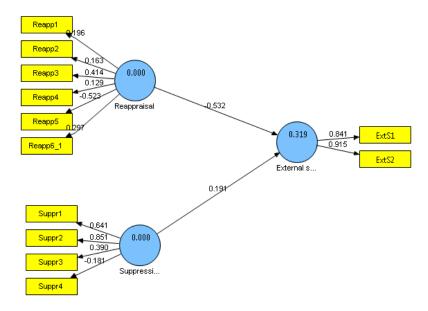


Figure A10.4.i. Original PLS output for model investigating the direct effects of reappraisal and suppression on external success.

# Appendix 10.5:Model investigating the direct effects of Reappraisal and Suppression on Problem-Focused Coping

The analysis presented in this appendix considers the direct effect of reappraisal and suppression on problem-focused coping, in the absence of any mediating variables. Table A10.5.i outlines the factor loadings, weights, composite scale reliability, and Average Variance Extracted (AVE). The composite reliabilities for the three variables were all high. The AVE was above .5 for suppression and problem-focused coping, but was a little below this for reappraisal. Three of the six indicators for reappraisal were above the recommended level of 0.7, but the other three were below this. Similarly, two of the four indicators for suppression were above 0.7, but the other two were below it, and three of the five indicators for problem-focused coping were above 0.7, while the other two were between .6 and .7. Discriminant validity was evident in the measurement. The Fornell-Larcker criterion was met as all of the correlations between latent variable pairs are lower than the square root of each variables AVE (see Table A10.5.ii). Furthermore, looking at the cross-loadings, (see Table A10.5.iii), all indicators load most highly on their own latent variable.

Table A10.5.i. Factor loadings, Weights, Composite Scale Reliability, and Average Variance Extracted (AVE) to assess reliability of constructs (reappraisal, suppression, problem-focused coping).

Construct	Measure	Factor Loadings	Weights of measures	Composite Reliability	AVE
Reappraisal	Reapp1	0.723	0.277	0.810	0.421
	Reapp2	0.700	0.234		
	Reapp3	0.787	0.410		
	Reapp4	0.495	0.242		
	Reapp5	0.581	0.129		
	<b>Reapp6</b>	0.558	0.212		
Suppression	Suppr1	0.655	0.143	0.795	0.504
	Suppr2	0.866	0.554		
	Suppr3	0.786	0.455		
	Suppr4	0.468	0.147		
Problem-	ActiveCope	0.822	0.301	0.845	0.524
Focused Coping	InstSocSupp	0.649	0.288		
	PlanCope	0.773	0.292		
	ResCope	0.610	0.272		
	SupprCompAct	0.744	0.234		

Table A10.5.ii. Average Variance Extracted and correlations between constructs (reappraisal, suppression, problem-focused coping).

	1.	2.	3.
1. Problem-Focused Coping	0.724		
2. Reappraisal	0.541	0.649	
3. Suppression	0.126	0.037	0.710

(Note: Bold numbers on the diagonal show the square root of the AVE; Numbers below the diagonal represent construct correlations)

Table A10.5.iii. Cross-loadings for measurement model (reappraisal, suppression, problem-focused coping).

	Problem- Focused Coping	Reappraisal	Suppression
ActiveCope	0.822	0.428	0.051
InstSocSupp	0.649	0.394	0.132
PlanCope	0.772	0.452	-0.132
ResCope	0.610	0.355	0.213
SupprCompAct	0.744	0.296	0.227
Reapp1	0.357	0.723	-0.091
Reapp2	0.302	0.700	0.102
Reapp3	0.528	0.787	0.113
Reapp4	0.311	0.495	-0.022
Reapp5	0.167	0.581	0.072
Reapp6	0.273	0.558	-0.056
Suppr1	0.032	0.009	0.655
Suppr2	0.125	0.083	0.866
Suppr3	0.103	-0.018	0.786
Suppr4	0.033	-0.011	0.468

Moving to examine the structural model, Table A10.5.iv demonstrates that reappraisal and suppression explained 30.4% of the variance in problem-focused coping, which is a large effect. However, examining the path coefficients (Table A10.5.v) indicates that reappraisal has a large significant and positive effect on problem-focused coping. Suppression did not have a significant effect on problem-focused coping.

Table A10.5.iv. Estimation of the inner model (reappraisal, suppression and problem-focused coping).

	$\mathbb{R}^2$	R <sup>2</sup> effect size	<b>Q</b> <sup>2</sup> Cross validated commonality	<b>Q</b> <sup>2</sup> Cross validated redundancy
Problem- focused coping	0.304	Large	.540	.178
(	Reappr	raisal	.537***	Problem- Focused Coping R <sup>2</sup> = . 304

Figure A10.5.i. Results of Partial Least Squares analysis for the model investigating the direct effects of reappraisal and suppression on problem-focused coping. (\*\*\* p < .001; \*\*p < .01; \* p < .05; non-significant paths are not shown).

Table A10.5.v. Statistical results for Path Coefficients (reappraisal, suppression, problem-focused coping).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	f² effect size
Reappraisal → Problem- focused coping	0.537***	5.98	0.090	0.090	.361; .713	.250	Medium- large
Suppression → Problem- focused coping	0.106	0.615	0.172	0.172	231; .443	.013	Very small

\* p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$  where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

Suppression

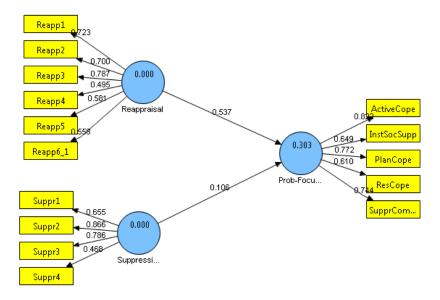


Figure A10.5.ii. Original PLS output for model investigating the direct effects of reappraisal and suppression on problem-focused coping.

# Appendix 10.6: Model investigating the direct effects of Positive and Negative Anticipated Emotions on Objective Success and Self-perceptions of success

The analysis presented in this appendix considers the direct effect of anticipated positive and negative emotions on self-perceptions of success and objective success, in the absence of problem-focused coping as a mediating variable. Table A10.6.i outlines the factor loadings, weights, composite scale reliability, and Average Variance Extracted (AVE). The composite reliabilities for the three variables were all high and the AVE's were above .5 for all variables. Three of the six indicators for anticipated positive emotions were above the recommended level of 0.7, two were a little below this ranging between 0.6 and 0.7, and one indicator had quite a poor loading at .194 (satisfaction). Five of the anticipated negative emotions indicators were above 0.7, and the other five were above 0.6. Two of the self-perceptions of success indicators were above 0.7, and the third approached this figure.

Discriminant validity was evident in the measurement. The Fornell-Larcker criterion was met as all of the correlations between latent variable pairs are lower than the square root of each variables AVE (see Table A10.6.ii). Furthermore, looking at the cross-loadings, (see Table A10.5.iii), all indicators load most highly on their own latent variable.

Table A10.6.i. Factor loadings, Weights, Composite Scale Reliability, and Average Variance Extracted (AVE) to assess reliability of constructs (anticipated emotions, self-perceptions of success and objective success).

Construct	Measure	Factor Loadings	Weights of measures	Composite Reliability	AVE
Positive	Delight	0.880	0.336	0.845	0.506
anticipated emotions	Excitement	0.911	0.475		
	Gladness	0.670	-0.029		
	Happiness	0.713	0.157		
	Pride	0.660	0.339		
	Satisfaction	0.194	-0.231		
Negative	Anger	0.820	0.219	0.915	0.519
anticipated emotions	Depression	0.656	0.005		
	Disappointment	0.726	0.137		
	Discomfort	0.695	-0.066		
	Fear	0.679	0.242		
	Frustration	0.781	0.261		
	Guilt	0.788	0.188		
	Sadness	0.689	0.203		
	Shame	0.637	0.110		
	Worry	0.708	0.053		
Objective Success	ObjSucc	1.00	1.00	1.00	1.00
Self-Perceptions	SelfSucc1	0.893	0.567	0.834	0.628
of Success	SelfSucc2	0.684	0.220		
	SelfSucc3	0.787	0.435		

Table A10.6.ii. Average Variance Extracted and correlations between constructs (anticipated emotions, self-perceptions of success and objective success).

	1.	2.	3.	4.
1. Negative anticipated emotions	0.720			
2. Objective Success	0.108	1.000		
3. Positive anticipated emotions	0.214	-0.015	0.711	
4. Self-perceptions of success	0.269	0.283	0.150	0.792

(Note: Bold numbers on the diagonal show the square root of the AVE; Numbers below the diagonal represent construct correlations)

Table A10.6.iii. Cross-loadings for measurement model (anticipated emotions, self-perceptions of success and objective success).

	Negative anticipated emotions	Objective Success	Positive anticipated emotions	Self-perceptions of success
Anger	0.820	0.015	0.239	0.231
Depression	0.656	-0.058	0.160	0.029
Disappointment	0.726	0.072	-0.009	0.119
Discomfort	0.695	-0.098	0.196	-0.031
Fear	0.679	0.090	-0.017	0.225
Frustration	0.781	0.118	0.189	0.234
Guilt	0.788	0.079	0.369	0.171
Sadness	0.689	0.025	0.153	0.209
Shame	0.637	0.095	0.314	0.080
Worry	0.708	0.117	-0.097	0.010
ObjSucc5	0.108	1.00	-0.015	0.283
Delight	0.134	0.057	0.880	0.101
Excitement	0.163	0.002	0.911	0.136
Gladness	0.146	0.003	0.670	-0.008
Happiness	0.208	-0.077	0.713	0.037
Pride	0.343	-0.058	0.660	0.091
Satisfaction	0.231	0.015	0.194	-0.064
SelfS1	0.258	0.301	0.187	0.893
SelfS2	0.111	0.271	0.045	0.684
SelfS3	0.224	0.120	0.078	0.787

Moving to examine the structural model, Table A10.6.iv demonstrates that both types of anticipated emotions combined explained 8.1% of the variance in self-perceptions of success (a small-medium effect) and 1.3% of the variance in objective success (a small effect). However, the cross validated redundancy estimates indicates that the model had poor predictive relevance for both success variables. None of the individual path coefficients reached significance (Table A10.6.v), although anticipated negative emotions did have a small effect on self-perceptions of success according to the effect size calculations.

Table A10.6.iv. Estimation of the inner model (anticipated emotions, self-perceptions of success and objective success).

	R <sup>2</sup>	R <sup>2</sup> effect size	<b>Q</b> <sup>2</sup> Cross validated commonality	Q <sup>2</sup> Cross validated redundancy
Self-perceptions of success	0.081	Small- medium	.655	029
Objective success	0.013	Small	1.00	.003

Table A10.6.v. Statistical results for Path Coefficients (anticipated emotions, self-perceptions of success and objective success).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	f <sup>2</sup> effect size
Anticipated positive emotions  → self-perceptions of success	0.097	0.439	0.221	0.221	336; .530	.011	Very small
Anticipated positive emotions  → objective success	-0.04	0.205	0.196	0.196	442; .362	.001	Negligible
Anticipated negative emotions  → self-perceptions of success	0.097	0.888	0.279	0.279	450; .644	.062	Small
Anticipated negative emotions  → objective success	0.117	0.590	0.198	0.198	271; .505	.013	Very small

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$  where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

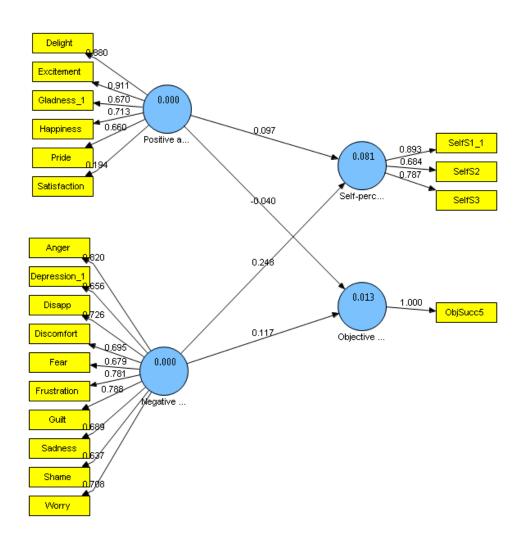


Figure A10.6.ii. Original PLS output for model investigating the direct effects of anticipated emotions on self-perceptions of success and objective success.

# Appendix 10.7: Model investigating the direct effects of Positive and Negative Anticipated Emotions on External Success

The analysis presented in this appendix considers the direct effect of anticipated positive and negative emotions on external success, in the absence of problem-focused coping as a mediating variable. Table A10.7.i outlines the factor loadings, weights, composite scale reliability, and Average Variance Extracted (AVE). The composite reliabilities for the three variables were all high and the AVE's were above .5 for external success and anticipated positive emotions, but below this for anticipated negative emotions. Both outer loadings were high for the external success variable. Three of the six indicators for anticipated positive emotions were above the recommended level of 0.7, two were a little below this ranging between 0.54 and 0.62, and one indicator had quite a poor loading at .282 (satisfaction). Only worry and fear loaded above 0.7 on anticipated negative emotions, although a number of others were close to this. The Fornell-Larcker criterion was met as all of the correlations between latent variable pairs were lower than the square root of each variables AVE (see Table A10.7.ii). Furthermore, looking at the cross-loadings, (see Table A10.7.iii), all indicators load most highly on their own latent variable, except for shame which also loads on anticipated positive emotions, and has a relatively low loading on its own latent variable.

Table A10.7.i. Factor loadings, Weights, Composite Scale Reliability, and Average Variance Extracted (AVE) to assess reliability of constructs (anticipated emotions, external success).

	Measure	Factor Loadings	Weights of measures	Composite Reliability	AVE
Construct					
Positive	Delight	0.786	0.145	0.852	0.516
anticipated emotions	Excitement	0.905	0.452		
	Gladness	0.541	-0.142		
	Happiness	0.620	-0.115		
	Pride	0.949	0.675		
	Satisfaction	0.282	-0.058		
Negative	Anger	0.552	0.140	0.814	0.339
anticipated emotions	Depression	0.672	0.072		
	Disappointment	0.279	-0.203		
	Discomfort	0.599	-0.071		
	Fear	0.946	0.617		
	Frustration	0.291	0.002		
	Guilt	0.442	0.017		
	Sadness	0.438	-0.001		
	Shame	0.311	-0.02		
	Worry	0.857	0.452		
External	ExtSucc1	0.888	0.584	0.873	0.775
Success	ExtSucc2	0.873	0.551		

Table A10.7.ii. Average Variance Extracted and correlations between constructs (anticipated emotions, external success).

	1.	2.	3.
1. External success	0.880		
2. Negative anticipated emotions	0.370	0.582	
3. Positive anticipated emotions	-0.175	-0.040	0.718

(Note: Bold numbers on the diagonal show the square root of the AVE; Numbers below the diagonal represent construct correlations)

Table A10.7.iii. Cross-loadings for measurement model (anticipated emotions, external success).

	External success	Negative anticipated emotions	Positive anticipated emotions
ExtS1	0.888	0.310	-0.217
ExtS2	0.873	0.344	-0.087
Anger	0.079	0.552	0.262
Depression	0.041	0.672	0.036
Disappointment	-0.114	0.279	0.041
Discomfort	-0.040	0.599	0.160
Fear	0.348	0.946	-0.020
Frustration	0.001	0.291	0.259
Guilt	0.010	0.442	0.492
Sadness	0.000	0.438	0.110
Shame	-0.011	0.311	0.387
Worry	0.255	0.857	-0.107
Delight	-0.035	-0.041	0.786
Excitement	-0.110	-0.015	0.905
Gladness	0.035	0.154	0.541
Happiness	0.028	0.082	0.620
Pride	-0.164	0.009	0.949
Satisfaction	0.014	0.032	0.282

Moving to examine the structural model, Table A10.7.iv demonstrates that both types of anticipated emotions combined explained 16.3% of the variance in external success which is a medium effect). Despite the magnitude of this effect the cross validated redundancy figure is below zero, although the cross-validated commonality is above zero, indicating that there may be a potential issue with the predictive relevance of the model. None of the individual path coefficients reached significance (Table A10.7.v), although the effect size estimations suggest that anticipated negative emotions had a medium effect on external success, while anticipated positive emotions had a small effect.

Table A10.7.iv. Estimation of the inner model (anticipated emotions, external success).

,		R <sup>2</sup>	R <sup>2</sup> effect size	Q <sup>2</sup> Cross validated commonalit y	Q <sup>2</sup> Cross validated redundancy
	Objective success	0.163	Medium	.817	040

Table A10.7.v. Statistical results for Path Coefficients (anticipated emotions, external success).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	f <sup>2</sup> effect size
Anticipated positive emotions  → external success	0.364	0.828	0.440	0.440	498; 1.23	.039	Small
Anticipated negative emotions  → external success	-0.160	0.669	0.239	0.239	628; .308	.143	Medium

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$  where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

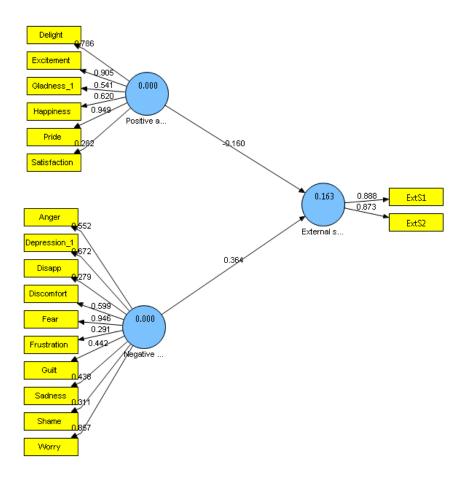


Figure A10.7.i. Original PLS output for model investigating the direct effect of anticipated emotions on external success.

# Appendix 10.8: Model investigating the emotional variables, cognitive variables with planning, self-perceptions of success and objective success.

Table A10.8.i Factor loadings, Weights, Composite Scale Reliability, and AVE of constructs.

Construct	Measure	Factor Loadings	Weights of measures	Composite scale Reliability	Average Variance Extracted (AVE)
Reappraisal	Reap1	0.687	0.192	0.809	0.417
**	Reap2	0.627	0.164		
	Reap3	0.740	0.369		
	Reap4	0.592	0.343		
	Reap5	0.665	0.258		
	Reap6	0.542	0.217		
Suppression	Supp1	0.228	-0.100	0.601	0.332
	Supp2	0.218	-0.171		
	Supp3	0.702	0.583		
	Supp4	0.859	0.758		
Positive	Delight	0.867	0.263	0.904	0.616
anticipated	Excitement	0.802	0.262	****	*****
emotions	Gladness	0.846	0.190		
	Happiness	0.883	0.211		
	Pride	0.717	0.197		
	Satisfaction	0.540	0.136		
Negative	Anger	0.752	0.149	0.922	0.544
anticipated	Depression	0.752	0.171	0.522	0.0
emotions	Disappointment	0.774	0.203		
cinotions	Discomfort	0.792	0.099		
	Fear	0.689	0.114		
	Frustration	0.736	0.136		
	Guilt	0.735	0.138		
	Sadness	0.628	0.081		
	Shame	0.659	0.099		
	Worry	0.800	0.162		
Problem-Focused	ActiveCope	0.883	0.370	0.828	0.513
Coping	InstSocSupp	0.513	0.174	0.020	0.515
Coping	PlanCope	0.826	0.352		
	ResCope	0.320	0.008		
	SupprCompAct	0.371	0.348		
Mastery Approach	G1MAGO	0.837	0.781	0.791	0.660
wastery Approach	G2MAGO	0.524	0.408	0.771	0.000
Performance	G1PAGO	0.062	0.347	0.634	0.507
Approach	G17 AGO G2PAGO	0.938	0.930	0.034	0.507
Approach Performance	G1PAvGO	0.938	0.889	0.175	0.521
Avoid	G11 AVGO G2PAvGO	-0.461	-0.412	0.173	0.321
Avoid Planning	G2FAVGO G1EPlan	0.805	0.270	0.898	0.689
ı mınınığ	G1ProPlan	0.803	0.270	0.070	0.007
	G1F10F1an G2EPlan	0.820	0.322		
	G2EPian G2ProPlan	0.850	0.270		
Objective Success	ObjSucc	1.00	1.00	1.00	1.00
Self-Perceptions	SelfSucc1	0.806	0.357	0.839	0.635
of Success	SelfSucc2			0.839	0.033
or success		0.755	0.374		
	SelfSucc3	0.827	0.520		

Table A10.8.ii Average Variance Extracted by constructs and correlations between constructs to assess Discriminant Validity.

	1.	2.	3.	4.	5.	6.	7.	8.	9.	10.	11.
1. Negative anticipated emotions	0.738										
2. Objective success	0.064	1.00									
<ul><li>3. Performance Avoid goal orientation</li><li>4. Performance</li></ul>	-0.090	-0.122	0.722								
approach goal orientation	0.039	0.121	0.022	0.712							
5. Planning	-0.047	0.158	-0.224	0.359	0.830						
6. Positive anticipated emotions	0.206	-0.01	-0.279	0.087	0.045	0.785					
7. Problem-focused coping	0.001	0.112	-0.025	0.205	0.101	0.411	0.716				
8. Reappraisal	-0.145	0.014	0.078	0.071	0.057	0.309	0.487	0.646			
9. Self-perceptions of success	0.149	0.271	-0.284	0.157	0.174	0.048	0.252	-0.067	0.797		
10. Suppression	0.382	0.085	-0.047	0.05	0.02	-0.064	0.024	-0.034	-0.062	0.576	
11. Mastery approach goal orientation	-0.218	-0.304	-0.04	-0.184	0.264	-0.178	-0.132	0.089	-0.166	-0.174	0.812

(Note: Bold numbers on the diagonal show the square root of the AVE; Numbers below the diagonal represent construct correlations)

Table A10.8.iii. Cross-loadings for measurement model

	Negative antic emotions	Objective success	Perf Avoid	Perf approach	Plann ing	Positive antic emotions	Problem-focused coping	Reappra isal	Self-percep of success	Suppres sion	Mastery approach n
Anger	0.752	0.015	-0.060	0.136	0.033	0.297	0.152	-0.174	0.232	0.305	-0.118
Depression	0.752	-0.058	0.057	0.090	-0.190	0.223	0.043	-0.012	0.024	0.366	-0.235
Disapp	0.774	0.072	-0.026	-0.054	-0.191	-0.037	-0.093	-0.268	0.081	0.376	-0.193
Discomfort	0.792	-0.098	-0.079	0.034	0.052	0.170	-0.030	-0.077	-0.033	0.221	-0.061
Fear	0.689	0.090	0.040	0.042	-0.015	0.026	-0.020	0.082	0.199	0.308	-0.117
Frustration	0.736	0.118	-0.245	0.045	0.109	0.156	-0.091	-0.315	0.227	0.196	-0.119
Guilt	0.775	0.079	-0.272	0.078	0.112	0.364	-0.021	-0.015	0.160	0.218	-0.233
Sadness	0.628	0.025	-0.010	-0.061	-0.079	0.241	0.163	0.008	0.195	0.176	-0.106
Shame	0.659	0.095	-0.126	-0.044	-0.007	0.345	0.154	0.135	0.085	0.220	-0.185
Worry	0.800	0.117	-0.003	-0.006	-0.039	-0.064	-0.116	-0.209	-0.005	0.310	-0.179
ObjSucc5	0.064	1.00	-0.122	0.121	0.158	-0.010	0.112	0.014	0.271	0.085	-0.304
G1PAvGO	0.033	-0.140	0.911	-0.062	-0.271	-0.244	0.007	0.019	-0.232	-0.014	-0.064
G2PAvGO	0.289	-0.005	-0.461	-0.186	-0.042	0.150	0.075	-0.150	0.189	0.084	-0.041
G1PAGO	0.038	0.034	-0.373	0.368	0.123	0.034	0.100	0.123	0.117	-0.051	-0.045
G2PAGO	0.027	0.117	0.163	0.938	0.340	0.081	0.183	0.030	0.125	0.073	-0.181
G1EPlan	-0.101	0.117	-0.090	0.236	0.805	-0.003	0.136	0.069	0.134	-0.146	0.275
G1ProPlan	-0.162	0.103	-0.201	0.259	0.826	-0.032	0.157	0.111	0.095	-0.129	0.349
G2EPlan	0.028	0.096	-0.196	0.322	0.830	0.127	0.041	-0.002	0.138	0.159	0.108
G2ProPlan	0.072	0.199	-0.240	0.365	0.858	0.064	0.008	0.009	0.204	0.170	0.142
Delight	0.110	0.057	-0.288	0.225	0.149	0.867	0.393	0.275	0.085	-0.053	-0.130
Excitement	0.128	0.002	-0.307	0.208	0.190	0.802	0.422	0.175	0.113	-0.141	-0.148
Gladness	0.125	0.003	-0.033	0.008	-0.052	0.846	0.335	0.306	-0.029	-0.044	-0.136
Happiness	0.158	-0.077	-0.216	0.071	-0.038	0.883	0.278	0.279	-0.001	-0.059	-0.144
Pride	0.306	-0.058	-0.281	-0.107	-0.083	0.717	0.235	0.208	0.066	0.034	-0.218

Table A10.8.iii (cont.)

	Negative antic emotions	Objective success	Perf Avoid	Perf approach	Plann ing	Positive antic emotions	Problem-focused coping	Reappr aisal	Self-percep of success	Suppres sion	Mastery approach
Satisfaction	0.189	0.015	-0.115	-0.163	-0.071	0.540	0.207	0.238	-0.082	0.007	-0.047
ActiveCope	0.079	0.135	-0.008	0.219	0.106	0.404	0.883	0.431	0.181	0.029	-0.157
InstSocSupp	-0.097	0.181	-0.049	0.188	0.237	0.170	0.513	0.385	0.020	0.057	0.019
PlanCope	-0.130	-0.061	-0.044	0.079	-0.004	0.323	0.826	0.439	0.288	-0.091	-0.036
ResCope	-0.118	0.068	0.042	0.003	0.042	-0.048	0.371	0.306	0.029	0.143	0.023
SupprCompA ct	0.100	0.149	0.004	0.183	0.062	0.342	0.837	0.298	0.231	0.099	-0.188
Reapp1	-0.069	0.088	-0.169	-0.014	0.068	0.135	0.263	0.687	0.193	-0.115	0.221
Reapp2	-0.094	-0.058	0.275	0.033	-0.008	0.099	0.259	0.627	-0.072	0.062	0.097
Reapp3	-0.079	-0.043	0.179	0.009	0.040	0.286	0.486	0.740	-0.121	0.041	0.029
Reapp4	-0.014	-0.045	-0.112	0.124	0.000	0.293	0.346	0.592	-0.149	-0.010	0.072
Reapp5	-0.054	0.064	0.132	0.069	0.079	0.200	0.146	0.665	-0.051	-0.017	-0.012
Reapp6	-0.315	0.100	0.018	0.022	0.045	0.041	0.267	0.542	0.076	-0.136	-0.008
SelfS1	0.156	0.301	-0.214	0.183	0.067	0.131	0.198	-0.008	0.806	-0.037	-0.271
SelfS2	0.006	0.271	-0.294	0.093	0.281	-0.023	0.074	-0.051	0.755	-0.065	-0.054
SelfS3	0.176	0.120	-0.189	0.110	0.086	0.020	0.296	-0.087	0.827	-0.047	-0.094
Suppr1	-0.052	0.003	0.264	-0.198	-0.171	-0.065	0.049	0.019	-0.143	0.228	-0.143
Suppr2	-0.094	0.122	0.175	-0.123	0.119	-0.139	0.047	0.079	-0.198	0.218	-0.031
Suppr3	0.243	-0.040	-0.055	-0.045	-0.018	0.017	0.103	-0.009	-0.273	0.702	-0.045
Suppr4	0.289	0.171	0.055	0.047	0.045	-0.138	-0.030	-0.018	0.065	0.859	-0.221
G1MAGO	-0.195	-0.242	-0.020	-0.080	0.276	-0.195	-0.127	0.061	-0.087	-0.143	0.924
G2MAGO	-0.162	-0.281	-0.060	-0.298	0.120	-0.064	-0.081	0.102	-0.241	-0.152	0.682

Table A10.8.iv Estimation of the structural model (emotional variables, cognitive variables with planning,

objective success and self-perceptions of success).

		Direct	effects only mode	l		Direct and	l indirect effects m	odel
	R <sup>2</sup>	R <sup>2</sup> effect size	Q <sup>2</sup> Cross validated commonality	Q <sup>2</sup> Cross validated redundancy	R <sup>2</sup>	R <sup>2</sup> effect size	Q <sup>2</sup> Cross validated commonality	Q <sup>2</sup> Cross validated redundancy
Positive anticipated emotions	.249	Large	.607	.159	.238	Medium- Large	.608	.201
Negative anticipated emotions	.189	Medium	.517	.152	.105	Medium	.483	.057
Problem-focused coping	.176	Medium	.470	.066	.368	Large	.481	.251
Mastery Approach	N/A	N/A	N/A	N/A	.037	Small	.764	.030
Performance Approach	N/A	N/A	N/A	N/A	.032	Small	.419	.093
Performance Avoid	N/A	N/A	N/A	N/A	.087	Small- medium	010	-201
Planning	.290	Large	.711	.156	.279	Large	.712	.167
Objective success	.034	Small	1.00	.053	.191	Medium	1.00	.335
Self-perceptions of success	.086	Small	.704	062	.268	Large	.698	.043

Table A10.8.v Statistical results for Path Coefficients in direct effects only model (emotional variables, cognitive variables with planning, objective success and self-perceptions of success).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	f² effect size
Planning → Objective success	0.148	1.22	0.122	0.122	136; .432	.022	Small
Planning → Self-perceptions of success	0.150	0.814	0.184	0.184	211; .511	.004	Negligible
Problem-focused coping → Objective success	0.097	0.707	0.137	0.137	172; .366	.009	Negligible
Problem-focused coping → Self- perceptions of success	0.237	1.36	0.174	0.174	104; .578	.026	Small
Negative anticipated emotions → Planning	-0.013	0.079	0.160	0.160	327; .301	004	Negligible
Negative anticipated emotions $\rightarrow$ PFC	-0.088	0.527	0.166	0.166	413; .237	.010	Very small
Positive anticipated emotions $\rightarrow$ Planning	0.009	0.088	0.105	0.105	197; .215	.052	Small
Positive anticipated emotions → Problem-focused coping	0.429**	2.75	0.156	0.156	.123; .735	.214	Medium
Mastery approach goal orientation → Negative anticipated emotions	-0.150	1.19	0.126	0.126	397; .097	.017	Very small
Mastery approach goal orientation → Planning	0.332**	2.97	0.112	0.112	.112; .552	.131	Small- medium
Mastery approach goal orientation → Positive anticipated emotions	-0.236*	1.86	0.127	0.127	485; .013	.076	Small
Performance approach goal orientation → Negative anticipated emotions	0.003	0.025	0.133	0.133	258; .264	.000	Negligible
Performance approach → Planning	0.424***	3.221	0.132	0.132	.165; .683	.238	Medium
Performance approach goal orientation → Positive anticipated emotions	0.031	0.186	0.169	0.169	300; .362	001	Negligible
Performance Avoid goal orientation → Negative anticipated emotions	-0.070	0.288	0.244	0.244	548; .408	.004	Negligible
Performance Avoid → Planning	-0.218	1.24	0.176	0.176	563; .127	.062	Small
Performance Avoid goal orientation → Positive anticipated emotions	-0.322*	1.84	0.175	0.175	665; .021	.133	Small- medium
Reappraisal → Negative anticipated emotions	-0.115	0.471	0.244	0.244	593; .363	.027	Small
Reappraisal → Positive anticipated emotions	0.349	1.62	0.216	0.216	074; .772	.145	Medium
Suppression → Negative anticipated emotions	0.349	1.14	0.305	0.305	249; .947	.044	Small
Suppression → Positive anticipated emotions	-0.110	0.683	0.161	0.161	426; .206	.112	Small- medium

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$ 

where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

(Lindley & Scott, 1984)

Table 10.8.vi Statistical results for Path Coefficients in fully specified model (emotional variables, cognitive variables with planning, objective success and self-perceptions of success).

	β	t	SD	SE	$\text{CI}_{95}$	$f^2$	$f^2$ effect size
Planning → Objective success	0.255*	1.73	0.148	0.148	035; .545	.067	Small
Planning → Self-perceptions of success	0.173	1.16	0.150	0.150	121; .467	.030	Small
Problem-focused coping → Objective success	0.095	0.622	0.152	0.152	188; .378	.012	Very small
Problem-focused coping → Self- perceptions of success	0.303*	1.75	0.173	0.173	036; .642	.086	Small
Negative anticipated emotions  → Planning	0.003	0.017	0.165	0.165	320; .326	006	Negligible
Negative anticipated emotions  → Problem-focused coping	-0.051	0.381	0.135	0.135	316; .214	.006	Negligible
Negative anticipated emotions  → Objective success	0.028	0.196	0.143	0.143	252; .308	006	Negligible
Negative anticipated emotions  → Self-perceptions of success	0.131	0.826	0.158	0.158	179; .441	.007	Negligible
Positive anticipated emotions → Planning	0.035	0.265	0.132	0.132	224; .294	.012	Very small
Positive anticipated emotions → Problem-focused coping	0.217	1.50	0.145	0.145	067; .501	.047	Small
Positive anticipated emotions → Objective success	-0.167	0.965	0.173	0.173	506; .172	.025	Small
Positive anticipated emotions → Self-perceptions of success	-0.200	1.50	0.133	0.133	461; .061	.044	Small
Mastery approach goal orientation → Negative anticipated emotions	-0.196	1.43	0.137	0.137	465; .073	.027	Small
Mastery approach goal orientation → Planning	0.368**	3.20	0.115	0.115	.143; .593	.153	Medium
Mastery approach goal orientation → Positive	-0.220*	1.72	0.128	0.128	471; .031	.055	Small
anticipated emotions Mastery Approach goal					,		
orientation → Problem-focused coping	-0.078	0.592	0.131	0.131	335; .179	.005	Negligible
Mastery Approach goal orientation → Objective success	-0.410***	3.46	0.118	0.118	641;179	.148	Medium
Mastery Approach goal orientation → Self-perceptions of success	-0.264*	1.67	0.158	0.158	574; .046	.057	Small
Performance approach goal orientation → Negative anticipated emotions	0.025	0.165	0.148	0.148	265; .315	004	Negligible
Performance approach goal orientation → Planning	0.462**	2.68	0.173	0.173	.123; .801	.258	Medium
Performance approach goal orientation → Positive anticipated emotions	0.003	0.014	0.188	0.188	365; .371	.206	Medium
Performance Approach goal orientation → Problem-focused coping	0.162	1.15	0.141	0.141	114; .438	.038	Small
Performance Approach goal orientation → Objective success	-0.065	0.393	0.165	0.165	388; .258	.004	Negligible
Performance Approach goal orientation → Self-perceptions of success	-0.018	0.118	0.157	0.157	326; .290	.001	Negligible
Performance Avoid goal orientation → Negative anticipated emotions	-0.219	0.984	0.223	0.223	656; .218	.023	Small
Performance Avoid goal orientation → Planning	-0.192	0.988	0.194	0.194	572; .188	.043	Small
Performance Avoid goal orientation → Positive anticipated emotions	-0.305	1.60	0.191	0.191	679; .069	.119	Small- medium

Table 10.8.vi (cont.).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	f² effect size
Performance Avoid goal orientation → Problem-focused	-0.086	0.543	0.159	0.159	398; .226	.003	Negligible
coping Performance Avoid goal orientation → Objective success	-0.110	0.655	0.168	0.168	439; .219	.010	Very small
Performance Avoid goal orientation → Self-perceptions of success	-0.217	1.44	0.151	0.151	513; .079	.023	Small
Reappraisal → Negative anticipated emotions	-0.094	0.487	0.192	0.192	470; .282	.016	Very small
Reappraisal → Positive anticipated emotions	0.369*	2.17	0.170	0.170	.036; .702	.155	Medium
Reappraisal → Mastery approach	0.116	0.849	0.136	0.136	151; .383	.013	Very small
Reappraisal → Performance approach	0.081	0.454	0.179	0.179	270; .432	.008	Negligible
Reappraisal → Performance avoid	0.143	0.749	0.192	0.192	233; .519	.032	Small
Reappraisal $\rightarrow$ Planning	-0.011	0.083	0.129	0.129	264; .242	011	Very small
Reappraisal → Problem-focused coping	0.450**	2.98	0.151	0.151	.154; .746	.205	Medium
Reappraisal → Objective success	0.062	0.326	0.190	0.190	310; .434	001	Negligible
Reappraisal → Self-perceptions of success	-0.068	0.350	0.194	0.194	448; .312	008	Negligible
Suppression → Negative anticipated emotions	0.038	0.138	0.272	0.272	495; .571	.007	Negligible
Suppression → Positive anticipated emotions	-0.101	0.689	0.147	0.147	389; .187	.009	Negligible
Suppression→ Mastery approach	-0.160	1.01	0.159	0.159	472; .152	.027	Small
Suppression → Performance approach	-0.163	0.914	0.178	0.178	512; .186	.028	Small
Suppression → Performance avoid	0.249	1.22	0.205	0.205	153; .651	.074	Small
Suppression → Planning	0.163	0.887	0.184	0.184	198; .524	.019	Small
Suppression → Problem-focused coping	0.122	0.860	0.142	0.142	156; .400	.005	Negligible
Suppression → Objective success	0.021	0.122	0.172	0.172	316; .358	002	Negligible
Suppression → self-perceptions of success	-0.212	1.14	0.185	0.185	575; .151	.044	Small
* p < .05, ** p < .001; *** p < .000	1						
$t_{0.05, 4999} = 1.645$ ; $t_{0.01, 4999} = 2.576$ ; $t_{0.01, 4999} =$			ed)	(Lindle	ey & Scott, 198	34)	
where $t_{CV} = 1.96$ for two-tailed 95%				(Hinkle	, Wiersma & Ju	ırs, 1998)	)

Table A10.7.vii Test of the indirect effects of reappraisal and suppression.

Indirect path	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
Reappraisal → positive anticipated emotions → problem-focused coping	.080	.078	.075	1.07	06; .24
Reappraisal → negative anticipated emotions → problem-focused coping	.005	.006	.036	.139	06; .09
Reappraisal → positive anticipated emotions → planning	.013	.008	.053	.245	11; .11
Reappraisal → negative anticipated emotions → planning	.000	002	.036	.000	08; .07
Suppression → positive anticipated emotions → problem-focused coping	022	021	.042	524	12; .06
Suppression → negative anticipated emotions → problem-focused coping	002	007	.043	047	11; .08
Suppression → positive anticipated emotions → planning	004	001	.025	160	05; .06
Suppression → negative anticipated emotions → planning	.000	006	.046	.000	11; .08
Reappraisal → positive anticipated emotions → objective success	.035	062	.080	.478	24; .07
Reappraisal → positive anticipated emotions → self-perceptions of success	074	067	.064	-1.16	20; .05
Reappraisal → negative anticipated emotions →objective success	003	.002	.032	094	07; .08
Reappraisal → negative anticipated emotions → self-perceptions of success	012	003	.041	293	09; .09
Reappraisal → problem-focused coping → objective success	.043	.045	.076	.568	10; .21
Reappraisal → problem-focused coping → self-perceptions of success	.136	.140	.096	1.42	03; .35
Reappraisal → planning → objective success	003	.005	.037	081	07; .09
Reappraisal → planning → self-perceptions of success	002	.004	.031	065	06; .08
Suppression → positive anticipated emotions → objective success	010	.016	.038	263	05; .09
Suppression → positive anticipated emotions → self-perceptions of success	.020	.021	.038	.526	04; .09
Suppression → negative anticipated emotions → objective success	.001	.007	.043	.023	08; .10
Suppression → negative anticipated emotions → self-perceptions of success	.005	.028	.056	.089	06; 16
Suppression → problem-focused coping → objective success	.012	.011	.032	.375	05; .09
Suppression → problem-focused coping → self-perceptions of success	.037	.040	.057	.649	05; .17
Suppression → planning → objective success	.042	.030	.057	.737	08; .16
Suppression → planning → self-perceptions of success	.028	.028	.050	.560	04; .16

\* p < .05, \*\* p < .01; \*\*\* p < .001  $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed) t = (ab original) / (SD ab Bootstrapped)

(Lindley & Scott, 1984)

Table A10.8.viii Test of the indirect effects of Positive and Negative Anticipated Emotions

Indirect path	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
Positive anticipated emotions → problem- focused coping → objective success	.021	.022	.042	.500	05; .12
Positive anticipated emotions → problem- focused coping → self-perceptions of success	.066	.068	.068	.971	04; .22
Positive anticipated emotions → planning → objective success	.009	.004	.035	.257	07; .08
Positive anticipated emotions → planning → self-perceptions of success	.006	.005	.030	.200	05; .07
Negative anticipated emotions $\rightarrow$ problem- focused coping $\rightarrow$ objective success	005	008	.026	192	07; .04
Negative anticipated emotions → problem- focused coping → self-perceptions of success	015	023	.050	300	14; .07
Negative anticipated emotions → planning → objective success	.001	002	.047	.021	11; .09
Negative anticipated emotions → planning → self-perceptions of success	.001	.007	.039	.026	07; .10

(Lindley & Scott, 1984)

Table A10.8.ix Test of the indirect effects of Reappraisal and Suppression via two sequential mediators.

Indirect path	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
Reappraisal → positive anticipated emotions→ problem-focused coping → objective success Reappraisal → positive anticipated emotions→	.008	.008	.018	.444	02; .05
problem-focused coping → self-perceptions of success	.024	.026	.031	.774	02; .10
Reappraisal → negative anticipated emotions → problem-focused coping → objective success	.000	.001	.006	.000	01; .02
Reappraisal → negative anticipated emotions→ problem-focused coping → self- perceptions of success	.002	.001	.012	.167	02; .03
Reappraisal → positive anticipated emotions→ planning → objective success	.004	.001	.015	.267	03; .03
Reappraisal → positive anticipated emotions→ planning → self-perceptions of success	.002	.002	.012	.167	02; .03
Reappraisal → negative anticipated emotions→ planning → objective success Reappraisal → negative anticipated	.000	.000	.010	.000	02; .02
emotions → planning → self-perceptions of success	.000	001	.009	.000	02; .01
Suppression → positive anticipated emotions → problem-focused coping → objective success	002	002	.009	222	02; .01
Suppression → positive anticipated emotions → problem-focused coping → self-perceptions of success	007	007	.015	875	04; .02
Suppression → negative anticipated emotions → problem-focused coping → objective success	.000	001	.008	.000	02; .01
Suppression → negative anticipated emotions → problem-focused coping → self-perceptions of success	001	003	.015	067	04; .03

<sup>\*</sup> p < .05, \*\* p < .01; \*\*\* p < .001  $t_{0.05, 4999} = 1.645; t_{0.01, 4999} = 2.576; t_{0.001, 4999} = 3.291$  (one-tailed) t = (ab original) / (SD ab Bootstrapped)

Table A10.8.ix (cont.)

Indirect path	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
Suppression → positive anticipated emotions → planning → objective success	.001	.000	.007	.143	01; .01
Suppression → positive anticipated emotions → planning → self-perceptions of success	.001	.000	.006	.167	01; .01
Suppression → negative anticipated emotions→ planning → objective success	.000	002	.014	.000	04; .02
Suppression → negative anticipated					
emotions→ planning → self-perceptions of success	.000	001	.010	.000	02; .02

\* p < .05, \*\* p < .01; \*\*\* p < .001  $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed) t = (ab original) / (SD ab Bootstrapped)

(Lindley & Scott, 1984)

Table A10.8.x Test of total indirect effects.

Total Indirect effect (∑ab − c')	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
Reappraisal → Objective Success	061	046	.140	.436	33; .22
Reappraisal → Self-perceptions of success	.023	.046	.163	.141	28; .35
Reappraisal → problem-focused coping	.065	.056	.111	.586	18; .26
Reappraisal → planning	.063	.044	.125	.504	22; .27
Suppression → Objective Success	.072	.080	.132	.545	18; .33
Suppression → Self-perceptions of success	.034	.092	.169	.201	21; .42
Suppression → problem-focused coping	067	060	.108	620	28; .13
Suppression → planning	187	155	.137	-1.36	43; .10
Anticipated positive emotions → objective success	.029	.026	.060	.483	09; .15
Anticipated positive emotions → self- perceptions of success	.072	.074	.080	.900	06; .25
Anticipated negative emotions → objective success	004	011	.062	065	13; .10
Anticipated negative emotions → self- perceptions of success	015	017	.069	217	15; .11

\* p < .05, \*\* p < .01; \*\*\* p < .001  $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed) t = (ab original) / (SD ab Bootstrapped)

(Lindley & Scott, 1984)

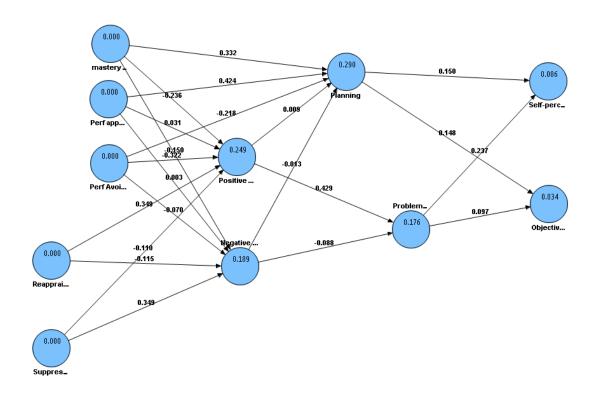


Figure A10.8.i. PLS output for direct effects only model (emotional variables, cognitive variables with planning, self-perceptions of success and objective success). NOTE: Measurement model is hidden for ease of interpretation.

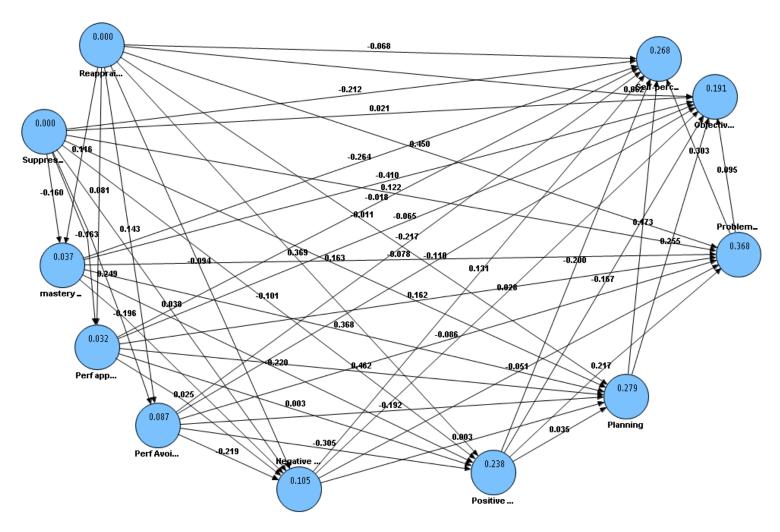


Figure A10.8.ii. PLS output for fully specified model (emotional variables, cognitive variables with planning, self-perceptions of success and objective success). NOTE: Measurement model is hidden for ease of interpretation.

# Appendix 10.9: Model investigating the effects of the Emotional and Cognitive components on External Success

This appendix outlines the analysis of the effects of the emotional and cognitive components (with planning) of the model on external success. As such, it presents a similar analysis to that outlined in 10.4.1, but with external success included instead of self-perceptions of success and objective success. The power of the sample size is only sufficient to determine large effects in this analysis, so effect size estimations were relied upon.

Table A10.9.i. Factor loadings, Weights, Composite Scale Reliability, and AVE of constructs.

Construct	Measure	Factor Loadings	Weights of measures	Composite scale Reliability	Average Variance Extracted (AVE)
Reappraisal	Reap1	0.731	0.180	0.853	0.498
	Reap2	0.707	0.173		
	Reap3	0.874	0.389		
	Reap4	0.489	0.201		
	Reap5	0.696	0.196		
	Reap6	0.682	0.252		
Suppression	Supp1	0.122	-0.270	0.542	0.285
11	Supp2	0.263	-0.167		
	Supp3	0.746	0.789		
	Supp4	0.708	0.690		
Positive	Delight	0.929	0.246	0.929	0.691
anticipated	Excitement	0.894	0.236		
emotions	Gladness	0.841	0.176		
	Happiness	0.896	0.198		
	Pride	0.830	0.190		
	Satisfaction	0.534	0.144		
Negative	Anger	0.743	0.160	0.901	0.481
anticipated	Depression	0.726	0.098		
emotions	Disappointment	0.698	0.180		
	Discomfort	0.775	0.168		
	Fear	0.760	0.135		
	Frustration	0.681	0.178		
	Guilt	0.630	0.127		
	Sadness	0.628	0.094		
	Shame	0.461	0.049		
	Worry	0.776	0.216		
Problem-Focused	ActiveCope	0.900	0.359	0.840	0.537
Coping	InstSocSupp	0.574	0.181		
1 0	PlanCope	0.838	0.316		
	ResCope	0.305	-0.035		
	SupprCompAct	0.865	0.368		
Mastery Approach	G1MAGO	0.914	0.729	0.820	0.697
	G2MAGO	0.748	0.447		
Performance	G1PAGO	0.617	0.595	0.675	0.514
Approach	G2PAGO	0.804	0.787		
Performance	G1PAvGO	0.852	0.877	0.116	0.479
Avoid	G2PAvGO	-0.483	-0.525		
Planning	G1EPlan	0.831	0.315	0.887	0.663
_	G1ProPlan	0.779	0.317		
	G2EPlan	0.814	0.296		
	G2ProPlan	0.832	0.301		
External Success	ExtSucc1	0.449	-0.140	0.719	0.594
	ExtSucc2	0.993	1.07		

For completeness, both versions of the model were assessed, but the measurement model outlined below presents the results for the version of the model with only the direct effects specified. Table A10.9.i outlines the AVE, composite reliability, and factor loadings for each latent construct. The AVEs for all variables except suppression were above the recommended level of 0.5, with reappraisal and performance avoid just below this level. However, the composite reliability for reappraisal is above the recommended level of 0.6, while for suppression is a little below this. All other variables with the exception of the performance avoid construct, which has a very low composite reliability were above the recommended level. This may be due to the fact that one of the two indicators for performance avoid

loaded negatively. Although this is suboptimal, both indicators were retained in order to ensure that the composition of the measurement model was comparable with other models tested in the research.

With regard to the factor loadings for the latent variables, three of the reappraisal indicators were above 0.7, with two just below this, and the final indicator at .489. Two of the suppression indicators were above 0.7, but the remaining two loaded quite poorly. However, given that the CFAs indicated that the measurement of suppression was a good fit, all indicators were retained. All of the positive anticipated emotions indicators loaded highly, with the exception of satisfaction, which was somewhat lower at .534. Five of the negative anticipated emotions indicators loaded above 0.7, four loaded above 0.6 and the final indicator loaded at .461. Three of the problem-focused coping indicators were above 0.7, with the other two below this. For each of the goal orientations, one of the two indicators loaded highly, but the other loaded suboptimally. All of the planning indicators loaded above 0.7. Finally, one of the external success indicators loaded very highly, but the second loaded somewhat suboptimally.

Table A10.9.ii outlines the latent variable correlations. None of the correlations between any two latent variables were higher than the square root of the AVE for that respective latent variable. Hence, the Fornell-Larcker criterion is met, and discriminant validity it evident. As a second check on discriminant validity, the cross-loadings were compared (see Table A10.9.iii). The negative loading of the second performance avoid indicator meant that some of the cross loadings for this indicator were higher for other constructs. Two of the suppression indicators loaded similarly on the reappraisal construct as it did on its own latent variable, but this is likely due to a low loading in the first place. One of the problem-focused coping indicators (restraint coping) also loaded on the reappraisal construct. All other indicators loaded more highly on their own latent variable than on any other. Although there were some minor issues with the measurement model, it was deemed appropriate to continue with the interpretation of the structural model in order to assess the extent to which the model predicted external success.

Table A10.9.ii. Average Variance Extracted by constructs and correlations between constructs to assess Discriminant Validity.

correlations)

	1.	2.	3.	4.	5.	6.	7.	8.	9.	10.
1. External Success	0.771									
2. Negative anticipated emotions	0.135	0.694								
3. Performance Avoid	-0.117	-0.167	0.692							
4. Performance approach	0.280	0.130	-0.108	0.717						
5. Planning	0.165	0.034	-0.458	0.393	0.814					
6. Positive anticipated emotions	-0.005	0.164	-0.340	0.094	0.161	0.831				
7. Problem-focused coping	-0.050	0.068	-0.100	0.220	0.233	0.543	0.733			
8. Reappraisal	-0.068	-0.216	0.176	0.117	0.137	0.313	0.613	0.706		
9. Suppression	0.039	0.472	-0.228	0.038	0.424	-0.018	-0.076	-0.018	0.534	
10. Mastery approach	-0.130	-0.096	-0.047	-0.188	0.261	-0.185	-0.045	0.066	0.082	0.83
(Note: Bold numbers on the diagor	nal show th	ne square	root of the	AVE; N	umbers l	below the	diagonal	represent	construct	

Table A10.9.iii Cross-loadings for measurement model

	External Success	Negative anticipated emotions	Performance Avoid	Performance approach	Planning	Positive anticipated emotions	Problem- focused coping	Reappraisal	Suppression	Mastery approach
ExtS1	0.449	0.034	0.126	0.109	0.035	-0.075	0.116	-0.006	-0.191	-0.044
ExtS2	0.993	0.131	-0.093	0.276	0.159	-0.015	-0.031	-0.065	0.011	-0.128
Anger	0.128	0.743	-0.161	0.173	0.075	0.305	0.240	-0.183	0.281	-0.063
Depression	-0.007	0.726	0.054	0.059	-0.154	0.038	0.065	-0.014	0.244	-0.107
Disappointment	-0.081	0.698	-0.019	0.016	-0.211	-0.024	-0.134	-0.297	0.400	-0.096
Discomfort	0.091	0.775	-0.143	0.116	0.065	0.161	0.039	-0.058	0.440	0.096
Fear	0.333	0.760	0.031	0.086	0.025	0.069	0.173	0.018	0.320	-0.161
Frustration	-0.003	0.681	-0.303	0.116	0.121	0.162	-0.056	-0.302	0.346	0.017
Guilt	0.154	0.630	-0.287	0.287	0.291	0.374	0.111	-0.001	0.215	-0.173
Sadness	0.085	0.628	-0.042	-0.081	-0.097	0.099	0.193	-0.117	0.194	-0.120
Shame	0.001	0.461	-0.147	0.036	0.057	0.310	0.115	0.133	0.144	-0.113
Worry	0.196	0.776	-0.101	0.052	0.040	-0.101	-0.052	-0.304	0.461	-0.077
G1PAvGO	-0.130	-0.013	0.852	-0.190	-0.432	-0.284	-0.048	0.014	-0.160	-0.043
G2PAvGO	0.006	0.297	-0.483	-0.111	0.15	0.174	0.111	-0.312	0.167	0.018
G1PAGO	0.127	0.022	-0.325	0.617	0.304	-0.131	0.043	0.071	0.034	0.004
G2PAGO	0.260	0.149	0.108	0.804	0.269	0.219	0.248	0.094	0.023	-0.242
G1EPlan	0.136	-0.015	-0.293	0.384	0.831	0.099	0.263	0.128	0.236	0.251
G1ProPlan	0.070	-0.060	-0.384	0.272	0.779	0.120	0.317	0.241	0.197	0.312
G2EPlan	0.124	0.075	-0.413	0.336	0.814	0.124	0.085	-0.026	0.506	0.117
G2ProPlan	0.210	0.118	-0.404	0.286	0.832	0.184	0.080	0.094	0.458	0.162
Delight	0.018	0.086	-0.320	0.208	0.259	0.929	0.549	0.374	0.023	-0.105
Excitement	-0.044	0.162	-0.419	0.173	0.246	0.894	0.492	0.224	-0.021	-0.182
Gladness	0.104	0.149	-0.048	-0.005	0.012	0.841	0.463	0.348	-0.042	-0.180
Happiness	0.046	0.168	-0.247	0.028	0.099	0.896	0.467	0.24	-0.033	-0.179

Table A10.9.iii. (cont.)

	External Success	Negative anticipated emotions	Performance Avoid	Performance approach	Planning	Positive anticipated emotions	Problem- focused coping	Reappraisal	Suppression	Mastery approach
Pride	-0.048	0.219	-0.379	-0.023	0.021	0.830	0.354	0.187	-0.029	-0.234
Satisfaction	-0.123	0.022	-0.227	0.010	0.095	0.534	0.352	0.160	0.003	-0.030
ActiveCope	0.077	0.105	-0.122	0.224	0.239	0.503	0.900	0.572	-0.083	-0.065
InstSocSupp	0.005	-0.001	-0.116	0.194	0.275	0.248	0.574	0.462	0.185	0.005
PlanCope	-0.112	-0.004	-0.089	0.047	0.074	0.422	0.838	0.524	-0.139	0.076
ResCope	0.063	-0.138	-0.012	0.076	0.248	-0.048	0.305	0.379	0.094	0.074
SupprCompAct	-0.110	0.072	-0.020	0.251	0.224	0.496	0.865	0.465	-0.088	-0.120
Reapp1	-0.121	-0.116	-0.048	0.110	0.226	0.153	0.477	0.731	-0.081	0.218
Reapp2	-0.080	-0.061	0.376	0.087	0.011	0.183	0.325	0.707	0.073	0.065
Reapp3	-0.192	-0.303	0.204	0.037	0.118	0.295	0.483	0.874	-0.022	0.128
Reapp4	-0.024	0.006	-0.054	0.188	0.229	0.265	0.509	0.489	0.005	0.034
Reapp5	0.303	-0.066	0.122	0.200	0.138	0.208	0.289	0.696	-0.031	-0.044
Reapp6	-0.050	-0.217	0.106	-0.038	-0.096	0.177	0.493	0.682	-0.010	-0.131
Suppr1	-0.014	-0.112	0.493	-0.131	-0.158	-0.158	0.031	0.209	0.122	-0.264
Suppr2	0.117	-0.069	0.182	0.013	0.205	-0.078	0.089	0.303	0.263	-0.078
Suppr3	0.137	0.311	-0.129	0.007	0.340	0.003	0.020	0.046	0.746	0.118
Suppr4	-0.078	0.268	0.054	0.000	0.214	-0.111	-0.100	0.075	0.708	-0.138
G1MAGO	-0.006	-0.060	-0.016	-0.088	0.288	-0.165	-0.043	0.071	0.142	0.914
G2MAGO	-0.282	-0.118	-0.080	-0.277	0.116	-0.145	-0.031	0.032	-0.048	0.748

Moving to examine the structural model, Table A10.9.iv provides an overview of both versions of the model. Only the results pertaining to external success are discussed as all other results were already assessed with the full sample. In the model which included only the direct effects between each sequential phase, 3.5% of the variance in external success was explained by planning and problem-focused coping. In the full specified model, this increased to 11.1% when all the variables were included as direct predictors of external success. However, even though this was a medium effect, the cross-validated redundancy was below zero, suggesting that there were potential issues with predictive relevance in both versions of the model. However, the cross-validated commonality figure was above zero in both versions.

Table A10.9.iv. Estimation of the structural model (emotional variables, cognitive variables with planning, objective external success).

		Direct	effects only mod	'el		Direct and	indirect effects	model
	R <sup>2</sup>	R <sup>2</sup> effect size	Q <sup>2</sup> Cross validated commonalit	Q <sup>2</sup> Cross validated redundanc	R <sup>2</sup>	R <sup>2</sup> effect size	Q <sup>2</sup> Cross validated commonalit	Q <sup>2</sup> Cross validated redundanc
Positive anticipated emotions	.321	Large	<b>y</b> .595	<b>y</b> .168	.331	Large	<b>y</b> .594	<b>y</b> .157
Negative anticipated emotions	.294	Large	.523	.075	.158	Medium	.101	.514
Problem-focused coping	.296	Large	.374	.024	.568	Large	.418	.143
Mastery Approach	N/A	N/A	N/A	N/A	.117	Medium	.777	.034
Performance Approach	N/A	N/A	N/A	N/A	.031	Small	.548	.221
Performance Avoid	N/A	N/A	N/A	N/A	.380	Large	.160	.021
Planning	.433	Large	.510	.221	.482	Large	.536	.248
External success	.035	Small	.608	118	.111	Medium	.661	093

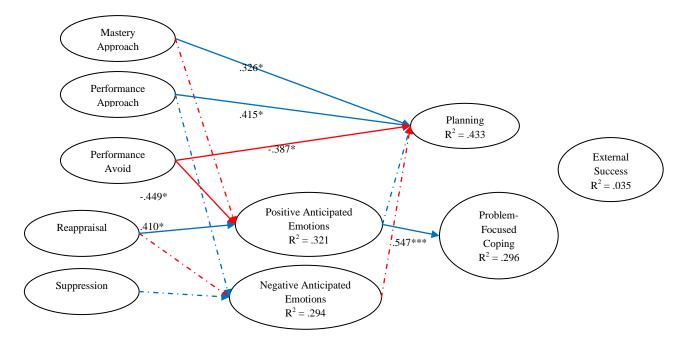


Figure A11.9.i. Results of Partial Least Squares analysis for the model investigating the relationships between emotional variables, cognitive variables with planning, objective and external success. (\*\*\* p < .001; \*\*p < .05; dashed lined indicate non-significant paths; blue dashed paths- small positive effects, red dashed paths-small negative effects).

To explain these effects in more detail, the individual paths were examined. Figure A10.9.i and Table A10.9.vi outline the results of the path coefficients for the model specifying the direct paths between each sequential phase of the model only. Largely the results are in line with the full sample, so only those pertaining to external success will be discussed in detail. Neither planning nor problem-focused coping were significant predictors of external success, and did not demonstrate any discernable effect on this form of success. In the fully specified model (see Figure A10.9.ii and Table A10.9.vi), none of the predictors had a significant effect on external success. However, both planning and performance approach goals had small positive effects. For ease of interpretation, only the significant paths and the non-significant but small effects paths are included in Figures A10.9.i and ii.

Table A10.9.v. Statistical results for Path Coefficients in direct effects only model (emotional variables, cognitive variables with planning, and external success).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	$f^2$ effect size
Planning → External success	0.186	0.801	0.233	0.233	271; .643	.015	Very small
Problem-focused coping → External success	-0.093	0.314	0.296	0.296	673; .487	.015	Very small
Negative anticipated emotions → Planning	-0.064	0.368	0.173	0.173	403; .275	.021	Small
Negative anticipated emotions → Problem-focused coping	-0.022	0.107	0.206	0.206	426; .382	.001	Negligible
Positive anticipated emotions → Planning	0.062	0.374	0.165	0.165	261; .385	.025	Small
Positive anticipated emotions → Problem-focused coping	0.547***	3.64	0.150	0.150	.253; .841	.361	Large
Mastery approach goal orientation  → Negative anticipated emotions	-0.099	0.532	0.186	0.186	464; .266	003	Negligible
Mastery approach goal orientation  → Planning	0.326*	1.92	0.170	0.170	007; .659	.169	Medium
Mastery approach goal orientation  → Positive anticipated emotions	-0.234	1.38	0.169	0.169	565; .097	.074	Small
Performance approach goal orientation → Negative anticipated emotions	0.116	0.551	0.212	0.212	300; .532	.025	Small
Performance approach goal orientation → Planning	0.415*	2.12	0.196	0.196	.031;.799	.280	Medium
Performance approach goal orientation → Positive anticipated emotions	-0.043	0.141	0.303	0.303	637; .551	.001	Negligible
Performance Avoid goal orientation  → Negative anticipated emotions	-0.015	0.061	0.252	0.252	509; .479	.003	Negligible
Performance Avoid goal orientation  → Planning	-0.387*	2.20	0.176	0.176	.042; .732	.215	Medium
Performance Avoid goal orientation  → Positive anticipated emotions	-0.449*	2.01	0.223	0.223	886; 012	.251	Medium
Reappraisal → Negative anticipated emotions	-0.211	0.811	0.261	0.261	723; .301	.078	Small
Reappraisal → Positive anticipated emotions	0.410*	2.23	0.184	0.184	.049; .771	.224	Medium
Suppression → Negative anticipated emotions	0.468	1.03	0.454	0.454	422; 1.36	.221	Medium
Suppression → Positive anticipated emotions	-0.092	0.495	0.186	0.186	457; .273	.010	Very small

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$ 

where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

(Lindley & Scott, 1984)

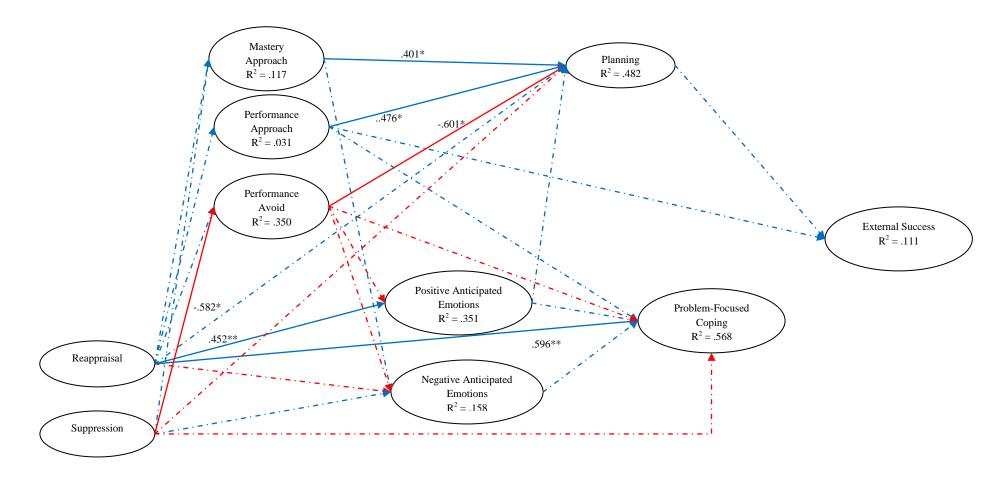


Figure A10.9.ii. Results of Partial Least Squares analysis for the fully specified model investigating the relationships between emotional variables, cognitive variables with planning, and external success. (\*\*\* p < .001; \*\*p < .01; \*\* p < .05) (dashed lines indicate non-significant small effects).

Table A10.9.vi. Statistical results for Path Coefficients in fully specified model (emotional variables, cognitive variables with planning, and external success).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	f <sup>2</sup> effect size
Planning → External success	0.105	0.351	0.299	0.299	.481; .691	.006	Negligibl
Problem-focused coping → External success	0.121	0.321	0.376	0.376	616; .858	.001	Negligibl
Negative anticipated emotions  → Planning	0.006	0.032	0.199	0.199	384; .396	.004	Negligibl
Negative anticipated emotions  → Problem-focused coping	0.078	0.440	0.177	0.177	269; .425	.037	Small
Negative anticipated emotions  → External success	0.110	0.380	0.290	0.290	458; .678	.015	Very sma
Positive anticipated emotions → Planning	-0.034	0.169	0.202	0.202	430; .362	.042	Small
Positive anticipated emotions → Problem-focused coping	0.225	1.23	0.183	0.183	134; .584	.067	Small
Positive anticipated emotions → External success	-0.111	0.445	0.249	0.249	599; .377	.009	Negligib
Mastery approach goal orientation → Negative anticipated emotions	-0.127	0.602	0.210	0.210	539; .285	057	Small
Mastery approach goal prientation → Planning	0.401*	2.05	0.196	0.196	.017; .785	.208	Mediun
Mastery approach goal rientation → Positive nticipated emotions	-0.275	1.49	0.185	0.185	638; .092	.079	Small
Mastery Approach goal rientation → Problem-focused oping	0.048	0.320	0.150	0.150	246; .342	.005	Negligib
Iastery Approach goal rientation → External success	-0.082	0.260	0.315	0.315	699; .535	002	Negligib
erformance approach goal rientation → Negative nticipated emotions	0.162	0.719	0.225	0.225	279; .603	.024	Small
erformance approach goal rientation → Planning erformance approach goal	0.476*	2.08	0.229	0.229	.027; .925	.363	Large
rientation → Positive nticipated emotions	0.010	0.035	0.291	0.291	560; .580	.001	Negligit
erformance Approach goal rientation → Problem-focused oping	0.138	0.768	0.180	0.180	215; .491	.030	Small
reformance Approach goal rientation → External success	0.188	0.608	0.310	0.310	420; .796	.020	Small
erformance Avoid goal rientation → Negative nticipated emotions	-0.147	0.483	0.304	0.304	743; .449	015	Very sm
erformance Avoid goal rientation → Planning	-0.601*	1.92	0.314	0.314	-1.22; .014	083	Small
erformance Avoid goal rientation → Positive nticipated emotions	-0.364	1.33	0.275	0.275	903; .175	.275	Mediu
erformance Avoid goal rientation → Problem-focused oping	-0.238	1.04	0.228	0.228	685; .209	.023	Small
erformance Avoid goal rientation → External success	0.069	0.205	0.335	0.335	588; .726	015	Very sm
Leappraisal → Negative nticipated emotions	-0.083	0.313	0.265	0.265	602; .436	.011	Very sm
eappraisal → Positive nticipated emotions eappraisal → Mastery	0.452**	2.66	0.170	0.170	.119; .785	.253	Mediur
pproach Reappraisal → Performance	0.160	0.799	0.200	0.200	232; .552	.027	Small
Reappraisai → Periormance approach	0.157	0.706	0.222	0.222	278; .592	.026	Small

Table A10.9.vi (cont.).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	$f^2$ effect size
Reappraisal → Performance avoid	0.106	0.543	0.196	0.196	278; .490	.026	Small
Reappraisal → Planning	0.162	0.850	0.191	0.191	212; .536	.035	Small
Reappraisal → Problem-focused coping	0.596***	3.40	0.175	0.175	.253; .939	.461	Large
Reappraisal → External success	-0.140	0.367	0.382	0.382	889; .609	003	Negligible
Suppression → Negative anticipated emotions	0.203	0.465	0.437	0.437	654; 1.06	.027	Small
Suppression → Positive anticipated emotions	0.135	0.708	0.190	0.190	237; .507	001	Negligible
Suppression   Mastery approach	0.344	1.60	0.215	0.215	077; .765	.127	Small- medium
Suppression → Performance approach	0.124	0.520	0.239	0.239	344; .592	.015	Very small
Suppression → Performance avoid	-0.582*	1.65	0.352	0.352	-1.27; .108	.651	Large
Suppression → Planning	-0.265	0.972	0.272	0.272	798; .268	.044	Small
Suppression → Problem-focused coping	-0.146	0.670	0.218	0.218	573; .281	.035	Small
Suppression → External success	-0.075	0.238	0.315	0.315	692; .542	002	Negligible

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$  where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

(Hinkle, Wiersma & Jurs, 1998)

The final stage of the assessment of the structural model necessitates the investigation of the significance of the indirect paths. The bootstrap estimations and significance of the single indirect effects can be found in Table A10.9.vii and viii, via two sequential mediators in Table A10.9.ix and the total indirect effects can be found in Table A10.9.x. These were based on the fully specified model in order to control for any direct effects that the variables may be having (i.e. to control for the c' paths). Only the direct effects pertaining to external success were calculated as all others had already been investigated. No indirect effects were found to be significant.

Table A10.9.vii. Test of the indirect effects of reappraisal and suppression on external success.

Indirect path	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
Reappraisal → positive anticipated emotions → external success	050	069	.125	401	35; .15
Reappraisal → negative anticipated emotions → external success	009	013	.103	089	27; .19
Reappraisal → problem-focused coping → external success	.072	.121	.249	.288	34; .69
Reappraisal → planning → external success	.017	.007	.063	.270	12; .15
Suppression → positive anticipated emotions → external success	001	016	.060	016	15; .10
Suppression → negative anticipated emotions → external success	.022	.005	.136	.164	26; .32
Suppression → problem-focused coping → external success	018	010	.093	190	23; .18
Suppression → planning → external success	028	034	.135	206	34; .23

<sup>\*</sup> p < .05, \*\* p < .01; \*\*\* p < .001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

t = (ab original) / (SD ab Bootstrapped)

Table A10.9.viii. Test of the indirect effects of Positive and Negative Anticipated Emotions on External Success

Indirect path	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
Positive anticipated emotions → problem- focused coping → external success	.027	.036	.108	.250	16; .29
Positive anticipated emotions → planning → external success	004	.001	.062	006	13; .14
Negative anticipated emotions → problem- focused coping → external success	.009	.020	.080	.113	12; .21
Negative anticipated emotions → planning → external success	.001	012	.070	.014	18; .12

<sup>\*</sup> p < .05, \*\* p < .01; \*\*\* p < .001

(Lindley & Scott, 1984)

t = (ab original) / (SD ab Bootstrapped)

Table A10.9.ix. Test of the indirect effects of Reappraisal and Suppression via two sequential mediators on **External Success** 

Indirect path	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
Reappraisal → positive anticipated emotions→ problem-focused coping → external success	.012	.016	.052	.231	08; .14
Reappraisal → negative anticipated emotions→ problem-focused coping → external success	001	004	.027	037	07; .04
Reappraisal → positive anticipated emotions→ planning → external success	002	.000	.030	067	06; .07
Reappraisal → negative anticipated emotions → planning → external success	.000	.002	.023	.000	04; .06
Suppression → positive anticipated emotions → problem-focused coping → external success	.004	.005	.026	.154	04; .07
Suppression → negative anticipated emotions → problem-focused coping → external success	.002	.001	.038	.053	07; .08
Suppression → positive anticipated emotions → planning → external success	001	.001	.014	071	03; .03
Suppression → negative anticipated emotions → planning → external success	.000	.002	.033	.000	06; .08

<sup>\*</sup> p < .05, \*\* p < .01; \*\*\* p < .001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

t = (ab original) / (SD ab Bootstrapped)

Finally, the total indirect effects were calculated across each sequential phase of the model (see Table A11.8.xi). None of the total indirect effects reached significance.

Table A10.9.x. Test of total indirect effects.

Total Indirect effect (∑ab − c²)	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
Reappraisal → External Success	.077	.070	.344	.224	59; .77
Suppression → External Success	002	.062	.413	005	71; .89
Anticipated positive emotions → External success	.024	.037	.130	.184	20; .31
Anticipated negative emotions → External success	.009	.010	.143	.063	22; .28

\* p < .05, \*\* p < .01; \*\*\* p < .001  $t_{0.05, 4999} = 1.645; t_{0.01, 4999} = 2.576; t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

t = (ab original) / (SD ab Bootstrapped)

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

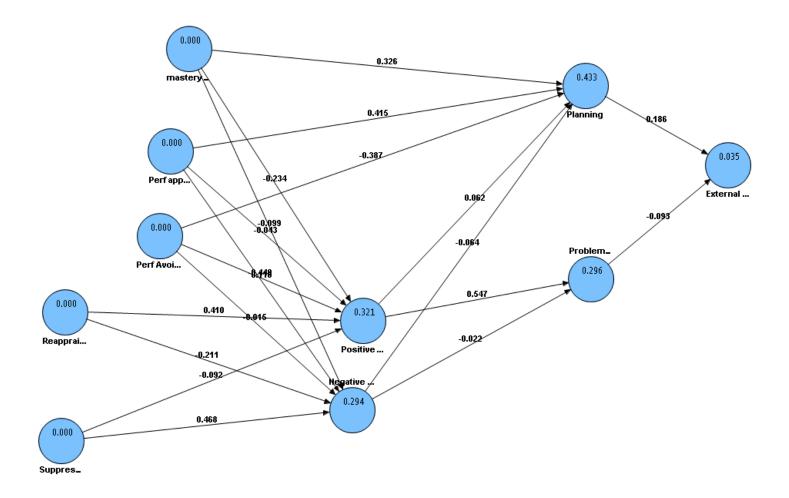


Figure A10.9.iii. Original PLS output for model investigating the direct effects of Emotion variables and Cognition (with planning) on External Success.

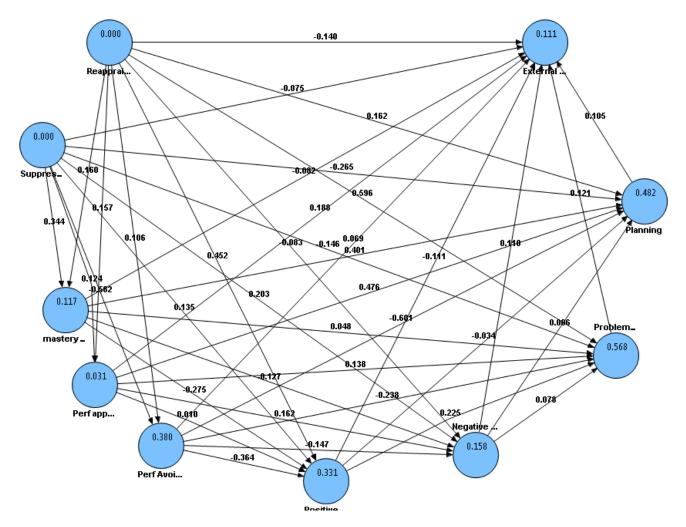


Figure A10.9.iii. Original PLS output for fully specified model investigating the effects of Emotion variables and Cognition (with planning) on External Success.

# Appendix 10.10: PLS output for model investigating the emotional variables, cognitive variables with goal-setting and actions, self-perceptions of success and objective success.

Table A10.10i Factor loadings, Weights, Composite Scale Reliability, and AVE of constructs.

Construct	Measure	Factor Loadings	Weights of measures	Composite scale Reliability	Average Variance Extracted (AVE)
Reappraisal	Reap1	0.682	0.19	0.807	0.414
	Reap2	0.627	0.165		
	Reap3	0.754	0.391		
	Reap4	0.597	0.351		
	Reap5	0.666	0.257		
	Reap6	0.509	0.178		
Suppression	Supp1	0.285	-0.063	0.643	0.357
**	Supp2	0.281	-0.128		
	Supp3	0.748	0.613		
	Supp4	0.841	0.709		
Positive	Delight	0.874	0.266	0.903	0.615
inticipated	Excitement	0.805	0.265		
emotions	Gladness	0.857	0.223		
	Happiness	0.882	0.197		
	Pride	0.701	0.175		
	Satisfaction	0.527	0.126		
Negative	Anger	0.735	0.147	0.921	0.541
inticipated	Depression	0.784	0.199		
emotions	Disappointment	0.744	0.173		
	Discomfort	0.797	0.124		
	Fear	0.740	0.169		
	Frustration	0.673	0.054		
	Guilt	0.756	0.103		
	Sadness	0.643	0.113		
	Shame	0.655	0.081		
	Worry	0.810	0.177		
Problem-Focused	ActiveCope	0.883	0.372	0.832	0.516
Coping	InstSocSupp	0.562	0.231	0.632	0.510
Coping	PlanCope	0.809	0.323		
	ResCope	0.387	0.015		
	SupprCompAct	0.367	0.333		
Mastery Approach	G1MAGO	0.823	0.851	0.773	0.642
viasiery Approach	G2MAGO	0.538	0.305	0.773	0.042
Performance	G1PAGO	0.578	0.560	0.669	0.510
Approach	G1PAGO G2PAGO	0.378	0.360	0.009	0.510
Approach Performance	G2PAGO G1PAvGO	0.829	0.816	0.630	0.476
Periormance Avoid	G1PAVGO G2PAvGO			0.030	0.470
	G2PAVGO G1DIffI	0.501 0.784	0.548	0.854	0.500
Goal-difficulty	G1DiffS	0.784	0.338 0.161	0.834	0.599
	G2DiffI	0.865	0.402		
7 1 '6''	G2DiffS	0.825	0.355	0.017	0.400
Goal-specificity	G1Spec	0.847	0.632	0.815	0.688
A	G2Spec	0.811	0.573	0.700	0.664
Actions	G1Actions	0.850	0.666	0.798	0.664
21: .:	G2Actions	0.778	0.558	1.00	1.00
Objective Success	ObjSucc	1.00	1.00	1.00	1.00
Self-Perceptions	SelfSucc1	0.811	0.362	0.840	0.637
of Success	SelfSucc2	0.773	0.399		
	SelfSucc3	0.810	0.491		

Table A10.10ii Average Variance Extracted by constructs and correlations between constructs to assess Discriminant Validity.

	1.	2.	3.	4.	5.	6.	7.	8.	9.	10.	11.	12.	13.
1. Actions	0.815												
2. Goal-difficulty	0.473	0.774											
3. Goal-specificity	0.658	0.357	0.829										
4. Negative anticipated emotions	-0.020	-0.060	-0.068	0.736									
5. Objective Success	0.242	0.146	0.060	0.052	1.000								
6. Performance Avoid	-0.234	-0.302	-0.148	0.235	-0.124	0.690							
7. Performance approach	0.350	0.173	0.204	0.041	0.115	-0.223	0.714						
8. Positive anticipated emotions	0.083	0.071	0.075	0.192	-0.007	-0.125	0.089	0.784					
9. Problem-focused coping	0.217	0.128	0.044	0.008	0.123	0.034	0.211	0.410	0.718				
10. Reappraisal	0.112	0.098	-0.032	-0.104	0.009	-0.066	0.095	0.316	0.498	0.643			
11. Self-perceptions of success	0.264	0.07	0.076	0.135	0.276	-0.106	0.169	0.047	0.237	-0.073	0.798		
12. Suppression	-0.043	-0.132	0.015	0.377	0.081	0.04	0.017	-0.067	0.038	-0.023	-0.088	0.597	
13. Mastery approach	0.047	0.233	0.174	-0.211	-0.292	-0.074	-0.153	-0.183	-0.129	0.085	-0.148	-0.165	0.801

(Note: Bold numbers on the diagonal show the square root of the AVE; Numbers below the diagonal represent construct correlations)

Table A10.10.iii Cross-loadings for measurement model

	Actions	Goal- difficulty	Goal- specificit y	Negative antic. emotions	Objective Success	Perf. Avoid	Perf approach	Positive antic. emotions	Problem- focused coping	Reappraisal	Self- percept success	Suppressio n	mastery approach
G1 Action	0.850	0.417	0.617	-0.065	0.104	-0.177	0.294	0.039	0.280	0.183	0.202	-0.123	0.140
G2Action	0.778	0.350	0.444	0.043	0.310	-0.208	0.276	0.102	0.055	-0.018	0.232	0.071	-0.083
G1DiffI	0.380	0.784	0.314	-0.184	-0.001	-0.179	0.138	0.033	0.112	-0.016	0.060	-0.278	0.253
G1DiffS	0.142	0.593	0.086	-0.080	-0.026	-0.199	-0.006	0.192	0.028	0.117	-0.072	-0.229	0.077
G2DiffI	0.445	0.865	0.366	0.045	0.157	-0.242	0.186	0.088	0.150	0.088	0.107	0.005	0.227
G2DiffS	0.403	0.825	0.254	-0.008	0.246	-0.316	0.149	-0.019	0.073	0.139	0.052	-0.011	0.123
G1Spec	0.561	0.311	0.847	-0.126	0.075	-0.135	0.171	0.019	-0.069	-0.132	-0.039	-0.120	0.199
G2Spec	0.531	0.280	0.811	0.020	0.023	-0.108	0.169	0.110	0.152	0.089	0.177	0.159	0.084
Anger	0.030	-0.143	-0.047	0.735	0.015	0.081	0.121	0.292	0.152	-0.161	0.229	0.289	-0.124
Depression	-0.167	-0.054	-0.158	0.784	-0.058	0.239	0.081	0.224	0.042	-0.007	0.021	0.359	-0.239
Disappoint	-0.113	-0.123	-0.120	0.744	0.072	0.089	-0.047	-0.045	-0.096	-0.264	0.074	0.362	-0.175
Discomfort	0.045	0.012	0.050	0.797	-0.098	0.236	0.040	0.168	-0.031	-0.070	-0.040	0.221	-0.067
Fear	0.046	-0.027	-0.028	0.740	0.090	0.352	0.024	0.028	-0.019	0.091	0.197	0.300	-0.106
Frustration	0.133	0.013	0.134	0.673	0.118	-0.122	0.056	0.147	-0.097	-0.31	0.227	0.168	-0.116
Guilt	0.106	-0.004	0.010	0.756	0.079	0.051	0.101	0.358	-0.029	-0.004	0.163	0.205	-0.237
Sadness	-0.067	-0.081	-0.111	0.643	0.025	0.215	-0.053	0.235	0.158	0.008	0.191	0.172	-0.107
Shame	0.030	0.162	-0.104	0.655	0.095	0.040	-0.021	0.341	0.151	0.148	0.084	0.219	-0.189
Worry	0.013	-0.045	0.014	0.810	0.117	0.256	0.004	-0.069	-0.120	-0.198	-0.010	0.310	-0.173
ObjSucc5	0.242	0.146	0.060	0.052	1.00	-0.124	0.115	-0.007	0.123	0.009	0.276	0.081	-0.292
G1PAvGO	-0.239	-0.295	-0.099	0.077	-0.140	0.837	-0.158	-0.237	-0.001	0.020	-0.238	-0.003	-0.059
G2PAvGO	-0.049	-0.084	-0.113	0.307	-0.005	0.501	-0.157	0.147	0.063	-0.153	0.184	0.076	-0.042
G1PAGO	0.085	0.087	0.134	0.027	0.034	-0.341	0.578	0.034	0.102	0.126	0.121	-0.050	-0.056
G2PAGO	0.370	0.153	0.159	0.032	0.117	-0.040	0.829	0.086	0.189	0.030	0.124	0.055	-0.15
Delight	0.146	0.183	0.131	0.094	0.057	-0.196	0.239	0.874	0.395	0.278	0.086	-0.050	-0.129

Table A10.10.iii (cont.)

Part		Actions	Goal- difficulty	Goal- specificity	Negative antic. emotions	Objective Success	Perf. Avoid	Perf approach	Positive antic. emotions	Problem- focused coping	Reapprai sal	Self- percept success	Suppressi on	mastery approach
Happiness         0.018         -0.012         -0.048         0.160         -0.077         -0.027         0.059         0.882         0.275         0.287         0.001         -0.062           Pride         -0.051         -0.095         -0.066         0.284         -0.058         -0.143         -0.121         0.701         0.225         0.210         0.000         0.019           Satisfaction         0.057         -0.179         -0.020         0.187         0.015         0.045         -0.152         0.527         0.200         0.252         -0.082         -0.001           ActiveCope         0.205         0.126         -0.001         0.097         0.135         0.064         0.205         0.405         0.833         0.435         0.172         0.033           DancOpe         0.109         -0.032         0.001         0.012         0.018         0.068         0.105         0.323         0.084         0.283         0.096         0.096           ResCope         0.109         0.010         0.012         0.018         0.068         0.161         0.036         0.311         0.036         0.148           SupprCompAct         0.132         0.019         0.018         0.068	Excitement	0.120	0.157	0.211	0.115	0.002	-0.234	0.226	0.805		0.179	0.115	-0.134	-0.151
Pride	Gladness	0.047	0.100	0.035	0.141	0.003	0.060	-0.026	0.857	0.338	0.313	-0.032	-0.038	-0.138
Satisfaction         0.057         -0.179         -0.020         0.187         0.015         0.045         -0.152         0.527         0.200         0.252         -0.082         -0.001           ActiveCope         0.205         0.126         -0.001         0.097         0.135         0.064         0.205         0.405         0.883         0.435         0.172         0.035           InstSocSupp         0.266         0.300         0.110         -0.084         0.181         -0.159         0.189         0.177         0.562         0.384         0.016         0.063           PlanCope         0.109         -0.032         0.001         -0.128         -0.061         0.086         0.105         0.323         0.809         0.436         0.289         -0.096           RespCope         0.020         0.010         0.021         0.118         0.068         -0.163         0.026         -0.046         0.387         0.311         0.036         0.148           SupprCompAct         0.132         0.067         0.055         0.102         0.149         0.064         0.171         0.343         0.825         0.305         0.225         0.118           Reapp1         0.011         0.049	Happiness	0.018	-0.012	-0.048	0.160	-0.077	-0.027	0.059	0.882	0.275	0.287	0.001	-0.062	-0.153
ActiveCope         0.205         0.126         -0.001         0.097         0.135         0.064         0.205         0.405         0.883         0.435         0.172         0.033           InstSocSupp         0.266         0.300         0.110         -0.084         0.181         -0.159         0.189         0.177         0.562         0.384         0.016         0.063           PlanCope         0.109         -0.032         0.001         -0.128         -0.061         0.086         0.105         0.323         0.809         0.436         0.289         -0.096           ResCope         0.020         0.010         0.025         0.118         0.068         -0.163         0.026         -0.046         0.387         0.311         0.036         0.148           SupprCompAct         0.132         0.067         0.055         0.102         0.149         0.064         0.171         0.343         0.825         0.305         0.218           Reapp1         0.017         0.075         -0.102         -0.085         -0.058         -0.036         0.036         0.137         0.227         0.627         -0.073         0.065           Reapp2         0.111         0.049         0.095         0.058<	Pride	-0.051	-0.095	-0.066	0.284	-0.058	-0.143	-0.121	0.701	0.225	0.210	0.060	0.019	-0.234
InstSocSupp         0.266         0.300         0.110         -0.084         0.181         -0.159         0.189         0.177         0.562         0.384         0.016         0.063           PlanCope         0.109         -0.032         0.001         -0.128         -0.061         0.086         0.105         0.323         0.809         0.436         0.289         -0.096           ResCope         0.020         0.010         0.021         -0.118         0.068         -0.163         0.026         -0.046         0.387         0.311         0.036         0.148           SupprCompAct         0.132         0.067         0.055         0.102         0.048         0.088         -0.136         0.086         0.137         0.273         0.682         0.199         -0.119           Reapp1         -0.017         0.075         -0.102         -0.048         0.088         -0.036         0.086         0.137         0.273         0.682         0.119         -0.019           Reapp2         0.111         0.049         0.019         -0.085         -0.058         -0.064         -0.001         0.104         0.270         0.627         -0.073         0.065           Reapp3         0.123         0.1	Satisfaction	0.057	-0.179	-0.020	0.187	0.015	0.045	-0.152	0.527	0.200	0.252	-0.082	-0.001	-0.055
PlanCope         0.109         -0.032         0.001         -0.128         -0.061         0.086         0.105         0.323         0.809         0.436         0.289         -0.096           ResCope         0.020         0.010         0.021         -0.118         0.068         -0.163         0.026         -0.046         0.387         0.311         0.036         0.148           SupprCompAct         0.132         0.067         0.055         0.102         0.048         0.088         -0.136         0.086         0.137         0.273         0.682         0.199         -0.119           Reapp1         -0.017         0.075         -0.102         -0.048         0.088         -0.136         0.086         0.137         0.273         0.682         0.199         -0.119           Reapp2         0.111         0.049         0.019         -0.085         -0.058         -0.064         -0.001         0.104         0.270         0.627         -0.073         0.065           Reapp3         0.123         0.189         0.096         0.071         -0.043         -0.080         0.035         0.290         0.489         0.754         -0.123         0.046           Reapp3         0.115         -0.074<	ActiveCope	0.205	0.126	-0.001	0.097	0.135	0.064	0.205	0.405	0.883	0.435	0.172	0.035	-0.160
ResCope 0.020 0.010 0.021 -0.118 0.068 -0.163 0.026 -0.046 0.387 0.311 0.036 0.148 SupprCompAct 0.132 0.067 0.055 0.102 0.149 0.064 0.171 0.343 0.825 0.305 0.225 0.118 Reapp1 -0.017 0.075 -0.102 -0.048 0.088 -0.136 0.086 0.137 0.273 0.682 0.199 -0.119 Reapp2 0.111 0.049 0.019 -0.085 -0.058 -0.064 -0.001 0.104 0.270 0.627 -0.073 0.065 Reapp3 0.123 0.189 0.096 -0.071 -0.043 -0.080 0.035 0.290 0.489 0.754 -0.123 0.046 Reapp4 0.026 0.037 -0.057 0.021 -0.045 0.037 0.120 0.287 0.348 0.597 -0.151 -0.008 Reapp5 0.115 -0.074 -0.082 -0.024 0.064 -0.029 0.080 0.198 0.154 0.666 -0.044 -0.012 Reapp6 0.056 0.046 -0.070 -0.302 0.100 -0.024 0.015 0.044 0.270 0.509 0.075 -0.131 SelfS1 0.158 -0.082 0.082 0.145 0.301 -0.086 0.193 0.129 0.188 -0.011 0.811 -0.054 SelfS2 0.292 0.096 0.149 -0.010 0.271 -0.247 0.120 -0.023 0.066 -0.060 0.773 -0.088 SelfS3 0.184 0.126 -0.026 0.176 0.120 0.048 0.104 0.019 0.290 -0.093 0.810 -0.067 Suppr1 -0.086 -0.086 -0.067 -0.131 -0.038 0.003 0.083 -0.216 -0.061 0.052 0.016 -0.064 0.285 Suppr2 0.089 0.155 0.124 -0.078 0.122 -0.099 -0.114 -0.130 0.061 0.083 -0.193 0.281 Suppr3 -0.106 -0.086 0.059 0.269 -0.040 0.123 -0.026 0.019 0.104 -0.004 -0.004 -0.275 0.748 Suppr4 0.040 -0.091 -0.019 0.282 0.171 -0.061 0.007 -0.140 -0.020 -0.013 0.066 0.841 GIMAGO 0.113 0.262 0.187 -0.191 -0.242 -0.060 -0.091 -0.192 -0.124 0.063 -0.090 -0.138	InstSocSupp	0.266	0.300	0.110	-0.084	0.181	-0.159	0.189	0.177	0.562	0.384	0.016	0.063	0.016
SupprCompAct         0.132         0.067         0.055         0.102         0.149         0.064         0.171         0.343         0.825         0.305         0.225         0.118           Reapp1         -0.017         0.075         -0.102         -0.048         0.088         -0.136         0.086         0.137         0.273         0.682         0.199         -0.119           Reapp2         0.111         0.049         0.019         -0.085         -0.058         -0.064         -0.001         0.104         0.270         0.627         -0.073         0.065           Reapp3         0.123         0.189         0.096         -0.071         -0.043         -0.080         0.035         0.290         0.489         0.754         -0.123         0.046           Reapp4         0.026         0.037         -0.057         0.021         -0.045         0.037         0.120         0.287         0.348         0.597         -0.151         -0.008           Reapp5         0.115         -0.074         -0.082         -0.024         0.064         -0.029         0.080         0.198         0.154         0.666         -0.044         -0.012           Reapp6         0.056         0.046         -0.070 <td>PlanCope</td> <td>0.109</td> <td>-0.032</td> <td>0.001</td> <td>-0.128</td> <td>-0.061</td> <td>0.086</td> <td>0.105</td> <td>0.323</td> <td>0.809</td> <td>0.436</td> <td>0.289</td> <td>-0.096</td> <td>-0.048</td>	PlanCope	0.109	-0.032	0.001	-0.128	-0.061	0.086	0.105	0.323	0.809	0.436	0.289	-0.096	-0.048
Reapp1         -0.017         0.075         -0.102         -0.048         0.088         -0.136         0.086         0.137         0.273         0.682         0.199         -0.119           Reapp2         0.111         0.049         0.019         -0.085         -0.058         -0.064         -0.001         0.104         0.270         0.627         -0.073         0.065           Reapp3         0.123         0.189         0.096         -0.071         -0.043         -0.080         0.035         0.290         0.489         0.754         -0.123         0.046           Reapp4         0.026         0.037         -0.057         0.021         -0.045         0.037         0.120         0.287         0.348         0.597         -0.151         -0.008           Reapp5         0.115         -0.074         -0.082         -0.024         0.064         -0.029         0.080         0.198         0.154         0.666         -0.044         -0.012           Reapp6         0.056         0.046         -0.070         -0.302         0.100         -0.024         0.015         0.044         0.270         0.509         0.075         -0.131           SelfS1         0.158         -0.082         0.082	ResCope	0.020	0.010	0.021	-0.118	0.068	-0.163	0.026	-0.046	0.387	0.311	0.036	0.148	0.014
Reapp2 0.111 0.049 0.019 -0.085 -0.058 -0.064 -0.001 0.104 0.270 0.627 -0.073 0.065 Reapp3 0.123 0.189 0.096 -0.071 -0.043 -0.080 0.035 0.290 0.489 0.754 -0.123 0.046 Reapp4 0.026 0.037 -0.057 0.021 -0.045 0.037 0.120 0.287 0.348 0.597 -0.151 -0.008 Reapp5 0.115 -0.074 -0.082 -0.024 0.064 -0.029 0.080 0.198 0.154 0.666 -0.044 -0.012 Reapp6 0.056 0.046 -0.070 -0.302 0.100 -0.024 0.015 0.044 0.270 0.509 0.075 -0.131 0.054 0.158 -0.082 0.082 0.145 0.301 -0.086 0.193 0.129 0.188 -0.011 0.811 -0.054 0.158 0.292 0.096 0.149 -0.010 0.271 -0.247 0.120 -0.023 0.066 -0.060 0.773 -0.088 0.1653 0.184 0.126 -0.026 0.176 0.120 0.048 0.104 0.019 0.290 -0.093 0.810 -0.067 0.067 0.085 0.1991 0.089 0.155 0.124 -0.038 0.003 0.083 -0.216 -0.061 0.052 0.016 -0.146 0.285 0.19973 -0.166 -0.086 0.059 0.269 -0.040 0.123 -0.026 0.014 -0.130 0.061 0.083 -0.193 0.281 0.146 0.040 -0.091 -0.019 0.282 0.171 -0.024 0.061 0.007 -0.140 -0.020 -0.013 0.066 0.841 0.104 0.019 0.000 -0.013 0.066 0.841 0.104 0.019 0.000 0.113 0.262 0.187 -0.019 0.282 0.171 -0.061 0.007 -0.140 -0.020 -0.013 0.066 0.841 0.104 0.019 0.019 0.104 0.003 -0.013 0.066 0.841 0.104 0.019 0.019 0.104 0.003 0.006 0.841 0.004 0.009 0.113 0.262 0.187 -0.019 0.282 0.171 -0.061 0.007 -0.109 0.102 0.012 0.013 0.066 0.841 0.004 0.019 0.013 0.066 0.841	SupprCompAct	0.132	0.067	0.055	0.102	0.149	0.064	0.171	0.343	0.825	0.305	0.225	0.118	-0.172
Reapp3 0.123 0.189 0.096 -0.071 -0.043 -0.080 0.035 0.290 0.489 0.754 -0.123 0.046 Reapp4 0.026 0.037 -0.057 0.021 -0.045 0.037 0.120 0.287 0.348 0.597 -0.151 -0.008 Reapp5 0.115 -0.074 -0.082 -0.024 0.064 -0.029 0.080 0.198 0.154 0.666 -0.044 -0.012 Reapp6 0.056 0.046 -0.070 -0.302 0.100 -0.024 0.015 0.044 0.270 0.509 0.075 -0.131 0.58  -0.082 0.082 0.145 0.301 -0.086 0.193 0.129 0.188 -0.011 0.811 -0.054 0.566 0.292 0.096 0.149 -0.010 0.271 -0.247 0.120 -0.023 0.066 -0.060 0.773 -0.088 0.153 0.184 0.126 -0.026 0.176 0.120 0.048 0.104 0.019 0.290 -0.093 0.810 -0.067 0.067 0.085 0.091 0.086 0.089 0.155 0.124 -0.078 0.122 -0.099 -0.114 -0.130 0.061 0.052 0.016 -0.146 0.285 0.091 0.091 0.091 0.091 0.091 0.091 0.091 0.091 0.091 0.281 0.281 0.091 0.0	Reapp1	-0.017	0.075	-0.102	-0.048	0.088	-0.136	0.086	0.137	0.273	0.682	0.199	-0.119	0.209
Reapp4 0.026 0.037 -0.057 0.021 -0.045 0.037 0.120 0.287 0.348 0.597 -0.151 -0.008 Reapp5 0.115 -0.074 -0.082 -0.024 0.064 -0.029 0.080 0.198 0.154 0.666 -0.044 -0.012 Reapp6 0.056 0.046 -0.070 -0.302 0.100 -0.024 0.015 0.044 0.270 0.509 0.075 -0.131 SelfS1 0.158 -0.082 0.082 0.145 0.301 -0.086 0.193 0.129 0.188 -0.011 0.811 -0.054 SelfS2 0.292 0.096 0.149 -0.010 0.271 -0.247 0.120 -0.023 0.066 -0.060 0.773 -0.088 SelfS3 0.184 0.126 -0.026 0.176 0.120 0.048 0.104 0.019 0.290 -0.093 0.810 -0.067 Suppr1 -0.086 -0.066 -0.067 -0.131 -0.038 0.003 0.083 -0.216 -0.061 0.052 0.016 -0.146 0.285 Suppr2 0.089 0.155 0.124 -0.078 0.122 -0.099 -0.114 -0.130 0.061 0.083 -0.193 0.281 Suppr3 -0.106 -0.086 0.059 0.269 -0.040 0.123 -0.026 0.019 0.104 -0.004 -0.004 -0.275 0.748 Suppr4 0.040 -0.091 -0.019 0.282 0.171 -0.061 0.007 -0.140 -0.020 -0.013 0.066 0.841 GIMAGO 0.113 0.262 0.187 -0.191 -0.242 -0.060 -0.091 -0.192 -0.124 0.063 -0.090 -0.138	Reapp2	0.111	0.049	0.019	-0.085	-0.058	-0.064	-0.001	0.104	0.270	0.627	-0.073	0.065	0.097
Reapp5         0.115         -0.074         -0.082         -0.024         0.064         -0.029         0.080         0.198         0.154         0.666         -0.044         -0.012           Reapp6         0.056         0.046         -0.070         -0.302         0.100         -0.024         0.015         0.044         0.270         0.509         0.075         -0.131           SelfS1         0.158         -0.082         0.082         0.145         0.301         -0.086         0.193         0.129         0.188         -0.011         0.811         -0.054           SelfS2         0.292         0.096         0.149         -0.010         0.271         -0.247         0.120         -0.023         0.066         -0.060         0.773         -0.088           SelfS3         0.184         0.126         -0.026         0.176         0.120         0.048         0.104         0.019         0.290         -0.093         0.810         -0.067           Suppr1         -0.086         -0.067         -0.131         -0.038         0.003         0.083         -0.216         -0.061         0.052         0.016         -0.146         0.285           Suppr3         -0.106         -0.086         0.059 <td>Reapp3</td> <td>0.123</td> <td>0.189</td> <td>0.096</td> <td>-0.071</td> <td>-0.043</td> <td>-0.080</td> <td>0.035</td> <td>0.290</td> <td>0.489</td> <td>0.754</td> <td>-0.123</td> <td>0.046</td> <td>0.025</td>	Reapp3	0.123	0.189	0.096	-0.071	-0.043	-0.080	0.035	0.290	0.489	0.754	-0.123	0.046	0.025
Reapp6         0.056         0.046         -0.070         -0.302         0.100         -0.024         0.015         0.044         0.270         0.509         0.075         -0.131           SelfS1         0.158         -0.082         0.082         0.145         0.301         -0.086         0.193         0.129         0.188         -0.011         0.811         -0.054           SelfS2         0.292         0.096         0.149         -0.010         0.271         -0.247         0.120         -0.023         0.066         -0.060         0.773         -0.088           SelfS3         0.184         0.126         -0.026         0.176         0.120         0.048         0.104         0.019         0.290         -0.093         0.810         -0.067           Suppr1         -0.086         -0.067         -0.131         -0.038         0.003         0.083         -0.216         -0.061         0.052         0.016         -0.146         0.285           Suppr2         0.089         0.155         0.124         -0.078         0.122         -0.099         -0.114         -0.130         0.061         0.083         -0.193         0.281           Suppr3         -0.106         -0.086         0.059 <td>Reapp4</td> <td>0.026</td> <td>0.037</td> <td>-0.057</td> <td>0.021</td> <td>-0.045</td> <td>0.037</td> <td>0.120</td> <td>0.287</td> <td>0.348</td> <td>0.597</td> <td>-0.151</td> <td>-0.008</td> <td>0.079</td>	Reapp4	0.026	0.037	-0.057	0.021	-0.045	0.037	0.120	0.287	0.348	0.597	-0.151	-0.008	0.079
SelfS1 0.158 -0.082 0.082 0.145 0.301 -0.086 0.193 0.129 0.188 -0.011 <b>0.811</b> -0.054   SelfS2 0.292 0.096 0.149 -0.010 0.271 -0.247 0.120 -0.023 0.066 -0.060 <b>0.773</b> -0.088   SelfS3 0.184 0.126 -0.026 0.176 0.120 0.048 0.104 0.019 0.290 -0.093 <b>0.810</b> -0.067   Suppr1 -0.086 -0.067 -0.131 -0.038 0.003 0.083 -0.216 -0.061 0.052 0.016 -0.146 <b>0.285</b> Suppr2 0.089 0.155 0.124 -0.078 0.122 -0.099 -0.114 -0.130 0.061 0.083 -0.193 <b>0.281</b> Suppr3 -0.106 -0.086 0.059 0.269 -0.040 0.123 -0.026 0.019 0.104 -0.004 -0.275 <b>0.748</b> Suppr4 0.040 -0.091 -0.019 0.282 0.171 -0.061 0.007 -0.140 -0.020 -0.013 0.066 <b>0.841</b> GIMAGO 0.113 0.262 0.187 -0.191 -0.242 -0.060 -0.091 -0.192 -0.124 0.063 -0.090 -0.138	Reapp5	0.115	-0.074	-0.082	-0.024	0.064	-0.029	0.080	0.198	0.154	0.666	-0.044	-0.012	-0.023
SelfS2         0.292         0.096         0.149         -0.010         0.271         -0.247         0.120         -0.023         0.066         -0.060         0.773         -0.088           SelfS3         0.184         0.126         -0.026         0.176         0.120         0.048         0.104         0.019         0.290         -0.093         0.810         -0.067           Suppr1         -0.086         -0.067         -0.131         -0.038         0.003         0.083         -0.216         -0.061         0.052         0.016         -0.146         0.285           Suppr2         0.089         0.155         0.124         -0.078         0.122         -0.099         -0.114         -0.130         0.061         0.083         -0.193         0.281           Suppr3         -0.106         -0.086         0.059         0.269         -0.040         0.123         -0.026         0.019         0.104         -0.004         -0.275         0.748           Suppr4         0.040         -0.091         -0.019         0.282         0.171         -0.061         0.007         -0.140         -0.020         -0.013         0.066         0.841           G1MAGO         0.113         0.262         0.187 </td <td>Reapp6</td> <td>0.056</td> <td>0.046</td> <td>-0.070</td> <td>-0.302</td> <td>0.100</td> <td>-0.024</td> <td>0.015</td> <td>0.044</td> <td>0.270</td> <td>0.509</td> <td>0.075</td> <td>-0.131</td> <td>-0.015</td>	Reapp6	0.056	0.046	-0.070	-0.302	0.100	-0.024	0.015	0.044	0.270	0.509	0.075	-0.131	-0.015
SelfS3         0.184         0.126         -0.026         0.176         0.120         0.048         0.104         0.019         0.290         -0.093         0.810         -0.067           Suppr1         -0.086         -0.067         -0.131         -0.038         0.003         0.083         -0.216         -0.061         0.052         0.016         -0.146         0.285           Suppr2         0.089         0.155         0.124         -0.078         0.122         -0.099         -0.114         -0.130         0.061         0.083         -0.193         0.281           Suppr3         -0.106         -0.086         0.059         0.269         -0.040         0.123         -0.026         0.019         0.104         -0.004         -0.275         0.748           Suppr4         0.040         -0.091         -0.019         0.282         0.171         -0.061         0.007         -0.140         -0.020         -0.013         0.066         0.841           G1MAGO         0.113         0.262         0.187         -0.191         -0.242         -0.060         -0.091         -0.192         -0.124         0.063         -0.090         -0.138	SelfS1	0.158	-0.082	0.082	0.145	0.301	-0.086	0.193	0.129	0.188	-0.011	0.811	-0.054	-0.246
Suppr1         -0.086         -0.067         -0.131         -0.038         0.003         0.083         -0.216         -0.061         0.052         0.016         -0.146         0.285           Suppr2         0.089         0.155         0.124         -0.078         0.122         -0.099         -0.114         -0.130         0.061         0.083         -0.193         0.281           Suppr3         -0.106         -0.086         0.059         0.269         -0.040         0.123         -0.026         0.019         0.104         -0.004         -0.275         0.748           Suppr4         0.040         -0.091         -0.019         0.282         0.171         -0.061         0.007         -0.140         -0.020         -0.013         0.066         0.841           G1MAGO         0.113         0.262         0.187         -0.191         -0.242         -0.060         -0.091         -0.192         -0.124         0.063         -0.090         -0.138	SelfS2	0.292	0.096	0.149	-0.010	0.271	-0.247	0.120	-0.023	0.066	-0.060	0.773	-0.088	-0.061
Suppr2         0.089         0.155         0.124         -0.078         0.122         -0.099         -0.114         -0.130         0.061         0.083         -0.193 <b>0.281</b> Suppr3         -0.106         -0.086         0.059         0.269         -0.040         0.123         -0.026         0.019         0.104         -0.004         -0.275 <b>0.748</b> Suppr4         0.040         -0.091         -0.019         0.282         0.171         -0.061         0.007         -0.140         -0.020         -0.013         0.066 <b>0.841</b> G1MAGO         0.113         0.262         0.187         -0.191         -0.242         -0.060         -0.091         -0.192         -0.124         0.063         -0.090         -0.138	SelfS3	0.184	0.126	-0.026	0.176	0.120	0.048	0.104	0.019	0.290	-0.093	0.810	-0.067	-0.071
Suppr3 -0.106 -0.086 0.059 0.269 -0.040 0.123 -0.026 0.019 0.104 -0.004 -0.275 <b>0.748</b> Suppr4 0.040 -0.091 -0.019 0.282 0.171 -0.061 0.007 -0.140 -0.020 -0.013 0.066 <b>0.841</b> G1MAGO 0.113 0.262 0.187 -0.191 -0.242 -0.060 -0.091 -0.192 -0.124 0.063 -0.090 -0.138	Suppr1	-0.086	-0.067	-0.131	-0.038	0.003	0.083	-0.216	-0.061	0.052	0.016	-0.146	0.285	-0.139
Suppr4 0.040 -0.091 -0.019 0.282 0.171 -0.061 0.007 -0.140 -0.020 -0.013 0.066 <b>0.841</b> G1MAGO 0.113 0.262 0.187 -0.191 -0.242 -0.060 -0.091 -0.192 -0.124 0.063 -0.090 -0.138	Suppr2	0.089	0.155	0.124	-0.078	0.122	-0.099	-0.114	-0.130	0.061	0.083	-0.193	0.281	-0.020
G1MAGO 0.113 0.262 0.187 -0.191 -0.242 -0.060 -0.091 -0.192 -0.124 0.063 -0.090 -0.138	Suppr3	-0.106	-0.086	0.059	0.269	-0.040	0.123	-0.026	0.019	0.104	-0.004	-0.275	0.748	-0.038
	Suppr4	0.040	-0.091	-0.019	0.282	0.171	-0.061	0.007	-0.140	-0.020	-0.013	0.066	0.841	-0.215
G2MAGO -0.161 0.031 0.047 -0.158 -0.281 -0.075 -0.249 -0.066 -0.077 0.101 -0.236 -0.154	G1MAGO	0.113	0.262	0.187	-0.191	-0.242	-0.060	-0.091	-0.192	-0.124	0.063	-0.090	-0.138	0.958
	G2MAGO	-0.161	0.031	0.047	-0.158	-0.281	-0.075	-0.249	-0.066	-0.077	0.101	-0.236	-0.154	0.604

Table A10.10.iv Estimation of the structural model (emotional variables, cognitive variables with goal-setting and

actions, objective success and self-perceptions of success).

		Direct	effects only mod	el		Direct and indirect effects model					
	R <sup>2</sup>	R <sup>2</sup> effect size	Q <sup>2</sup> Cross validated commonalit	Q <sup>2</sup> Cross validated redundanc	R <sup>2</sup>	R <sup>2</sup> effect size	Q <sup>2</sup> Cross validated commonalit	Q <sup>2</sup> Cross validated redundanc			
Positive anticipated emotions	.167	Medium	<b>y</b> .643	<b>y</b> .120	.239	Medium- Large	<b>y</b> .641	<b>y</b> .068			
Negative anticipated emotions	.219	Medium- large	.526	.128	.092	Small- medium	.526	.011			
Problem-focused coping	.173	Medium	.572	.098	.375	Large	.576	.311			
Mastery Approach	N/A	N/A	N/A	N/A	.035	Small	.711	016			
Performance Approach	N/A	N/A	N/A	N/A	.031	Small	.280	.041			
Performance Avoid	N/A	N/A	N/A	N/A	.060	Small	.800	.030			
Goal-difficulty	.164	Medium	.638	.159	.146	Medium	.639	.062			
Goal-specificity	.100	Medium	.740	.001	.103	Medium	.740	.009			
Actions	.523	Large	.487	.081	.591	Large	.491	.295			
Objective success	.064	Small	1.00	.200	.202	Medium- Large	1.00	.180			
Self-perceptions of success	.104	Medium	.650	.066	.283	Large	.674	.160			

Table A10.10.v Statistical results for Path Coefficients in direct effects only model (emotional variables, cognitive

variables with goal-setting and actions, objective success and self-perceptions of success).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	f² effect size
Actions → Objective success	0.226*	1.89	0.119	0.119	007; .459	.054	Small
Actions → Self-perceptions of success	0.224	1.61	0.139	0.139	048; .496	.025	Small
Problem-focused coping → Objective success	0.074	0.574	0.129	0.129	179; .327	.003	Negligible
Problem-focused coping → Self- perceptions of success	0.188	1.10	0.171	0.171	147; .523	.027	Small
Problem focused coping → actions	0.160	1.56	0.103	0.103	042; .362	.057	Small
Goal-difficulty → Actions	0.252**	2.62	0.096	0.096	.064; .440	.109	Small- medium
Goal-specificity → Actions	0.561***	7.13	0.079	0.079	.406; .716	.587	Large
Negative anticipated emotions → Goal- difficulty	0.034	0.204	0.166	0.166	291; .359	007	Negligible
Negative anticipated emotions → Goal- specificity	-0.035	0.213	0.164	0.164	356; .286	.007	Negligible
Negative anticipated emotions → Problem- focused coping	-0.074	0.456	0.161	0.161	039; .242	.010	Very small
Positive anticipated emotions → Goal- difficulty	0.067	0.463	0.144	0.144	215; .349	.024	Small
Positive anticipated emotions → Goal- specificity	0.093	0.699	0.133	0.133	168; .261	.007	Negligible
Positive anticipated emotions → Problem- focused coping	0.424**	2.62	0.162	0.162	.106; .742	.209	Medium
Mastery approach goal orientation → Negative anticipated emotions	-0.120	0.987	0.121	0.121	357; .117	.012	Very small
Mastery approach goal orientation → Goal-difficulty	0.257*	1.74	0.147	0.147	031; .545	.069	Small
Mastery approach goal orientation → Goal-specificity	0.212	1.47	0.144	0.144	070; .494	.049	Small
Mastery approach goal orientation → Positive anticipated emotions	-0.235*	1.82	0.129	0.129	488; .018	.062	Small
Performance approach goal orientation → Negative anticipated emotions	0.074	0.536	0.138	0.138	196; .344	.008	Negligible

Performance approach goal orientation → Goal-difficulty	0.150	1.05	0.143	0.143	130; .430	.025	Small
Performance approach goal orientation → Goal-specificity	0.216	1.46	0.148	0.148	074; .506	.052	Small
Performance approach goal orientation → Positive anticipated emotions	-0.003	0.017	0.183	0.183	362; .356	001	Negligible
Performance Avoid goal orientation → Negative anticipated emotions	0.224	1.09	0.205	0.205	178; .626	.041	Small
Performance Avoid goal orientation → Goal-difficulty	-0.249	1.42	0.175	0.175	592; .094	.060	Small
Performance Avoid goal orientation → Goal-specificity	-0.064	0.384	0.166	0.166	389; .261	.006	Negligible
Performance Avoid goal orientation → Positive anticipated emotions	-0.118	0.454	0.260	0.260	628; .392	.023	Small
Reappraisal → Negative anticipated emotions	-0.078	0.315	0.246	0.246	560; .404	.015	Very small
Reappraisal → Positive anticipated emotions	0.326	1.49	0.219	0.219	103; .755	.103	Small- medium
Suppression → Negative anticipated emotions	0.345	1.12	0.307	0.307	257; .947	.099	Small
Suppression → Positive anticipated emotions	-0.093	0.548	0.170	0.170	426; .240	.001	Negligible

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$  where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

(Hinkle, Wiersma & Jurs, 1998)

Table A10.10.vi Statistical results for Path Coefficients in fully specified model (emotional variables, cognitive variables with goal-setting and actions, objective success and self-perceptions of success).

	β	t	SD	SE	$CI_{95}$	$f^2$	$f^2$ effect size
Actions → Objective Success	0.195	0.902	0.216	0.216	218; .618	.025	Small
Actions → Self-perceptions of success	0.199	0.908	0.219	0.219	228; .626	.045	Small
Goal-difficulty → Objective success	0.120	0.642	0.188	0.188	248; .488	.025	Small
Goal-difficulty $\rightarrow$ Self-perceptions of success	-0.061	0.346	0.177	0.177	408; .286	.015	Very small
Goal-difficulty → Actions	0.218*	1.91	0.114	0.114	005; .441	.093	Small
Goal difficulty → problem-focused coping	0.059	0.438	0.134	0.134	204; .322	.005	Negligible
Goal-specificity → Objective success	-0.046	0.2634	0.175	0.175	389; .297	001	Negligible
Goal-specificity → Self-perceptions of success	-0.002	0.009	0.202	0.202	398; .394	003	Negligible
Goal-specificity → Actions	0.567***	5.51	0.103	0.103	.365; .769	.643	Large
Goal specificity → problem-focused coping	0.006	0.047	0.133	0.133	255; .267	.000	Negligible
Problem-focused coping → Objective success	0.093	0.571	0.163	0.163	226; .412	.010	Very small
Problem-focused coping → Self- perceptions of success	0.297*	1.68	0.177	0.177	050; .644	.081	Small
Problem-focused coping → Actions	0.094	0.769	0.122	0.122	145; .333	007	Negligible
Negative anticipated emotions → Goal-difficulty	-0.031	0.177	0.174	0.174	372; .310	012	Negligible
Negative anticipated emotions → Goal-specificity	-0.032	0.184	0.175	0.175	375; .311	.002	Negligible
Negative anticipated emotions → Actions	0.048	0.432	0.112	0.112	172; .268	.012	Very small
Negative anticipated emotions → Problem-focused coping	-0.032	0.227	0.140	0.140	306; .242	003	Negligible
Negative anticipated emotions → Objective success	0.040	0.263	0.151	0.151	256; .336	001	Negligible
Negative anticipated emotions → Self-perceptions of success	0.141	0.869	0.163	0.163	178; .460	.017	Very small
Positive anticipated emotions → Goal-difficulty	0.010	0.060	0.168	0.168	319; .339	001	Negligible

The second second							
Positive anticipated emotions → Goal-specificity	0.147	0.959	0.154	0.154	155; .449	.019	Very small
Positive anticipated emotions →	-0.135	0.955	0.141	0.141	411; .141	.034	Small
Actions Positive anticipated emotions →	0.225	1.50	0.150	0.150		056	C 11
Problem-focused coping	0.225	1.50	0.150	0.150	069; .519	.056	Small
Positive anticipated emotions → Objective success	-0.163	0.900	0.182	0.182	520; .194	.021	Small
Positive anticipated emotions →	-0.196	1.21	0.162	0.162	514; .122	.031	Small
Self-perceptions of success Mastery approach goal orientation →	-0.226*	1.71	0.132	0.132	485; .033	060	C11
Positive anticipated emotions Mastery approach goal orientation →	-0.220**	1./1	0.132	0.132	463; .033	.060	Small
Negative anticipated emotions	-0.201	1.40	0.144	0.144	081; .483	.004	Negligible
Mastery approach goal orientation → Goal-difficulty	0.230	1.42	0.162	0.162	088; .548	.035	Small
Mastery approach goal orientation →	0.247	1.62	0.153	0.153	053; .547	.059	Small
Goal-specificity Mastery approach goal orientation →							
Actions	-0.129	0.997	0.130	0.130	384; .126	.090	Small
Mastery Approach goal orientation  → Problem-focused coping	-0.088	0.691	0.128	0.128	339; .163	.008	Negligible
Mastery Approach goal orientation	-0.350*	2.43	0.144	0.144	632;068	.117	Small
<ul> <li>→ Objective success</li> <li>Mastery Approach goal orientation</li> </ul>					,		
→ Self-perceptions of success	-0.199	1.23	0.162	0.162	517; .119	.038	Small
Performance approach goal orientation → Positive anticipated	0.003	0.018	0.189	0.189	367; .373	003	Negligible
emotions							
Performance approach goal orientation → Negative anticipated	0.014	0.092	0.151	0.151	282; .310	.000	Negligible
emotions							
Performance approach goal orientation → Goal-difficulty	0.238	1.58	0.151	0.151	058; .534	.057	Small
Performance approach goal orientation → Goal-specificity	0.264*	1.69	0.156	0.156	042; .570	.069	Small
Performance approach goal	0.166	1.08	0.153	0.153	155; .445	.051	Small
orientation → Actions Performance Approach goal	0.100	1.00	0.155	0.155	.155, .445	.031	Silian
orientation → Problem-focused	0.145	0.977	0.149	0.149	147; .437	.027	Small
coping Performance Approach goal	0.044	0.251	0.4.50	0.4.50	25. 205	001	
orientation → Objective success	-0.044	0.261	0.169	0.169	375; .287	.001	Negligible
Performance Approach goal orientation → Self-perceptions of	-0.013	0.080	0.163	0.163	332; .306	007	Negligible
success							
Performance Avoid goal orientation  → Positive anticipated emotions	-0.310	1.63	0.190	0.190	682; .062	.125	Small
Performance Avoid goal orientation  → Negative anticipated emotions	-0.160	0.668	0.240	0.240	630; .310	003	Negligible
Performance Avoid goal orientation	-0.237	1.11	0.215	0.215	658; .184	.059	Small
→ Goal-difficulty Performance Avoid goal orientation							
→ Goal-specificity	0.011	0.058	0.185	0.185	354; .374	006	Negligible
Performance Avoid goal orientation  → Actions	-0.161	1.04	0.155	0.155	465; .143	.042	Small
Performance Avoid goal orientation	-0.032	0.178	0.177	0.177	379; .315	005	Negligible
→ Problem-focused coping Performance Avoid goal orientation							
→ Objective success	-0.117	0.618	0.189	0.189	487; .253	.016	Very small
Performance Avoid goal orientation  → Self-perceptions of success	-0.242	1.42	0.170	0.170	575; .071	.053	Small
Reappraisal → Negative anticipated	-0.129	0.670	0.193	0.193	507; .249	.025	Small
emotions	0.12)	0.070	0.175	0.175	.507, .219	.023	Siliuli
Reappraisal → Positive anticipated emotions	0.356*	2.07	0.172	0.172	.019; .693	.148	Medium
Reappraisal → Mastery approach	0.114	0.833	0.136	0.136	153; .381	.011	Very small
Reappraisal → Performance	0.078	0.435	0.179	0.179	273; .429	.009	Very small
approach							•
Reappraisal → Performance avoid	0.108	0.567	0.190	0.190	264; .480	.027	Small
Reappraisal → Goal-difficulty	0.086	0.521	0.165	0.165	237; .409	.000	Negligible
Reappraisal → Goal-specificity	-0.117	0.715	0.164	0.164	438; .204	.009	Negligible

Reappraisal → Actions	0.115	0.796	0.144	0.144	167; .397	.010	Very small
Reappraisal → Problem-focused coping	0.442**	2.88	0.154	0.154	.140; .744	.200	Medium
Reappraisal → Objective success	0.029	0.146	0.200	0.200	363; .421	003	Negligible
Reappraisal → Self-perceptions of success	-0.082	0.411	0.200	0.200	474; .310	006	Negligible
Suppression → Negative anticipated emotions	0.013	0.051	0.262	0.262	501; .527	008	Negligible
Suppression → Positive anticipated emotions	-0.097	0.647	0.150	0.150	391; .197	.022	Small
Suppression→ Mastery approach	-0.153	0.962	0.159	0.159	465; .159	.025	Small
Suppression → Performance approach	-0.161	0.941	0.171	0.171	496; .174	.027	Small
Suppression → Performance avoid	0.215	1.07	0.202	0.202	181; .611	.057	Small
Suppression → Goal-difficulty	0.127	0.616	0.207	0.207	279; .533	.001	Negligible
Suppression → Goal-specificity	0.095	0.465	0.205	0.205	307; .497	008	Negligible
Suppression → Actions	0.000	0.004	0.121	0.121	237; .237	002	Negligible
Suppression → Problem-focused coping	0.112	0.779	0.144	0.144	170; .394	.013	Very small
Suppression → Objective success	0.022	0.123	0.180	0.180	331; .375	003	Negligible
Suppression → self-perceptions of success	-0.215	1.17	0.184	0.184	576; .146	.059	Small
* $p < .05$ , ** $p < .001$ ; *** $p < .0001$							
$t_{0.05, 4999} = 1.645$ ; $t_{0.01, 4999} = 2.576$ ; $t_{0.001, 200}$	<sub>4999</sub> = 3.291 (one	-tailed)	(Lindl	ey & Scott,	1984)		
Calculating the Confidence Interval: C where $t_{CV} = 1.96$ for two-tailed 95% Co			(Hink	le, Wiersma	& Jurs, 1998)		

Table A10.10.vii Test of the indirect effects of reappraisal and suppression.

Indirect path	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
Reappraisal $\rightarrow$ positive anticipated emotions $\rightarrow$ Goal-difficulty	.004	.005	.067	.059	14; .14
Reappraisal $\rightarrow$ positive anticipated emotions $\rightarrow$ Goalspecificity	.052	.053	.066	.788	06; .20
Reappraisal → positive anticipated emotions → Actions	048	050	.060	800	19; .05
Reappraisal $\rightarrow$ negative anticipated emotions $\rightarrow$ Goal-difficulty	.004	.005	.039	.103	07; .10
Reappraisal $\rightarrow$ negative anticipated emotions $\rightarrow$ Goalspecificity	.004	003	.040	.100	09; .08
Reappraisal $\rightarrow$ negative anticipated emotions $\rightarrow$ Actions	006	005	.026	231	07; .05
Reappraisal → Problem-focused coping → Actions	.042	.054	.062	.677	06; .19
Reappraisal → Goal-difficulty → Actions	.019	.016	.038	.500	06; .10
Reappraisal → Goal-specificity → Actions	066	060	.092	717	26; .12
Suppression $\rightarrow$ positive anticipated emotions $\rightarrow$ Goal-difficulty	001	001	.031	032	06; .06
Suppression $\rightarrow$ positive anticipated emotions $\rightarrow$ Goalspecificity	014	012	.034	412	09; .05
Suppression $\rightarrow$ positive anticipated emotions $\rightarrow$ Actions	.013	.012	.031	.419	05; .08
Suppression $\rightarrow$ negative anticipated emotions $\rightarrow$ Goal-difficulty	.000	.000	.049	.000	11; .10
Suppression $\rightarrow$ negative anticipated emotions $\rightarrow$ Goalspecificity	.000	013	.051	.000	14; .08
Suppression $\rightarrow$ negative anticipated emotions $\rightarrow$ Actions	.001	.003	.033	.030	06; .08
Suppression $\rightarrow$ Problem-focused coping $\rightarrow$ Actions	.011	.011	.027	.407	04; .08
Suppression $\rightarrow$ Goal-difficulty $\rightarrow$ Actions	.028	.007	.045	.622	09; .10
Suppression → Goal-specificity → Actions	.054	.044	.118	.458	19; .27

Reappraisal → Actions → objective success	.022	.023	.047	.568	06; .14
Reappraisal → Actions → self-perceptions of success	.023	.023	.047	.489	06; .14
Reappraisal → Goal-difficulty → objective success	.010	.021	.044	.227	04; .14
Reappraisal $\rightarrow$ Goal-difficulty $\rightarrow$ self-perceptions of success	005	005	.037	135	09; .08
Reappraisal → Goal-specificity → objective success	.005	.001	.035	.143	08; .08
Reappraisal $\rightarrow$ Goal-specificity $\rightarrow$ self-perceptions of success	.000	.001	.041	.000	09; .09
Suppression → Actions → objective success	.000	005	.038	.000	09; .08
Suppression → Actions → self-perceptions of success	.000	005	.038	.000	09; .07
Suppression → Goal-difficulty → objective success	.015	.013	.047	.319	07; .13
Suppression $\rightarrow$ Goal-difficulty $\rightarrow$ self-perceptions of success	008	004	.042	190	10; .09
Suppression → Goal-specificity → objective success	004	004	.041	098	10; .08
Suppression $\rightarrow$ Goal-specificity $\rightarrow$ self-perceptions of success	.000	.006	.045	.000	09; .11
1	<.05, ** p < .01	· 1			
$t_{0.05, 4999} = 1.645$ ; $t_{0.01, 4999} = 2.576$ ; $t_{0.001, 4999} = 3.291$ (one-tate (ab original) / (SD ab Bootstrapped)	iled)	(Lindley & So	cott, 1984)		

Table A10.10.viii Test of the indirect effects of Positive and Negative Anticipated Emotions

Indirect path	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
Positive anticipated emotions → problem-focused coping → Actions	.021	.024	.036	.583	04; .11
Positive anticipated emotions → goal-difficulty → Actions	.002	.007	.039	.051	07; .10
Positive anticipated emotions → goal-specificity → Actions	.083	.076	.087	.954	10; .26
Positive anticipated emotions → Actions→ objective success	026	028	.050	520	15; .05
Positive anticipated emotions → Actions→ self- perceptions of success	027	029	.052	519	16; .05
Positive anticipated emotions → goal-difficulty → objective success	.001	001	.038	.026	08; .08
Positive anticipated emotions → goal-difficulty → self-perceptions of success	001	002	.033	030	08; .07
Positive anticipated emotions → goal-specificity → objective success	007	005	.037	189	09; .07
Positive anticipated emotions → goal-specificity → self-perceptions of success	.000	.000	.043	.000	09; .09
Negative anticipated emotions → problem-focused coping → Actions	003	005	.025	120	06; .05
Negative anticipated emotions → goal difficulty→ actions	007	.000	.039	179	09; .08
Negative anticipated emotions → goal specificity → actions	018	0163	.099	181	21; .17
Negative anticipated emotions → Actions → Objective success	.009	.007	.035	.257	07; .08
Negative anticipated emotions → Actions → self- perceptions of success	.010	.009	.035	.285	06; .09
Negative anticipated emotions → goal difficulty → Objective success	003	005	.039	077	10; .07
Negative anticipated emotions → goal difficulty → self-perceptions of success	.002	.001	.037	.054	08; .08
Negative anticipated emotions → Goal specificity → Objective success	.001	001	.034	.029	08; .07
Negative anticipated emotions → Goal specificity → self-perceptions of success	.000	.001	.036	.000	08; .08

\* p < .05, \*\* p < .01; \*\*\* p < .001.010  $t_{0.05, 4999} = 1.645; t_{0.01, 4999} = 2.576; t_{0.001, 4999} = 3.291$  (one-tailed) t = (ab original) / (SD ab Bootstrapped)

(Lindley & Scott, 1984)

Table A10.10.ix Test of the indirect effects of Reappraisal and Suppression via two sequential mediators.

Indirect path	Original ab	Mean Bootstrapped ab	<b>Bootstrapped Sd</b>	t	BC CI <sub>95</sub>
Reappraisal → positive anticipated emotions → goal- difficulty → objective success	.000	001	.015	.000	03; .03
Reappraisal → positive anticipated emotions → goal- specificity → objective success	.009	002	.015	.600	03; .03
Reappraisal → positive anticipated emotions → Actions → objective success	009	011	.021	429	07; .02
Reappraisal → positive anticipated emotions→ goal- difficulty → self-perceptions of success	.000	.000	.013	.000	03; .03
Reappraisal → positive anticipated emotions → goal- specificity → self-perceptions of success	.000	.000	.018	.000	04; .04
Reappraisal → positive anticipated emotions → Actions → self-perceptions of success	010	011	.022	455	07; .02
Reappraisal → positive anticipated emotions → goal- difficulty → Actions	.001	.002	.015	.067	03; .04
Reappraisal → positive anticipated emotions → goal- specificity → Actions	.029	.029	.038	.763	03; .12
Reappraisal → positive anticipated emotions → Problem focused coping → Actions	.008	.009	.015	.533	02; .05
Reappraisal → negative anticipated emotions→ goal- difficulty → objective success	.000	.001	.009	.000	01; .02
Reappraisal → negative anticipated emotions→ goal- specificity → objective success	.001	.001	.008	.125	01; .02
Reappraisal → negative anticipated emotions→ Actions → objective success	001	001	.008	125	02; .01
Reappraisal → negative anticipated emotions→ goal- difficulty → self-perceptions of success	.000	001	.009	.000	02; .02
Reappraisal → negative anticipated emotions→ goal- specificity → self-perceptions of success	.000	.000	.009	.000	02; .02
Reappraisal → negative anticipated emotions → Actions → self-perceptions of success	001	002	.009	111	02; .01
Reappraisal $\rightarrow$ negative anticipated emotions $\rightarrow$ goal-difficulty $\rightarrow$ Actions	.002	.001	.009	.222	02; .02
Reappraisal → negative anticipated emotions→ goal- specificity → Actions	.002	002	.022	.091	05; .04
Reappraisal → negative anticipated emotions→ Problem focused coping → Actions	.000	.001	.006	.000	01; .01
Suppression → positive anticipated emotions→ goal- difficulty → objective success	.000	.000	.007	.000	01; .01
Suppression → positive anticipated emotions→ goal- specificity → objective success	002	.001	.006	333	.01;01
Suppression → positive anticipated emotions → Actions → objective success	.003	.002	.010	.300	01; .03
Suppression → positive anticipated emotions→ goal- difficulty → self-perceptions of success	.000	.000	.006	.000	01; .01
Suppression → positive anticipated emotions → goal- specificity → self-perceptions of success	.000	.000	.007	.000	02; .01
Suppression → positive anticipated emotions → Actions → self-perceptions of success	.003	.003	.010	.300	01; .03
Suppression → positive anticipated emotions → goal- difficulty → Actions	007	004	.007	-1.00	02; .01
Suppression → positive anticipated emotions → goal- specificity → Actions	007	006	.019	368	05; .03
Suppression → positive anticipated emotions → Problem focused coping → Actions	002	002	.008	250	02; .01
Suppression → negative anticipated emotions→	.006	001	.011	.545	03; .02

goal-difficulty → objective success					
Suppression → negative anticipated emotions →	.000	.001	.010	.000	02; .02
goal-specificity → objective success	.000	.001	.010	.000	.02, .02
Suppression → negative anticipated emotions →	.000	.001	.010	.000	02; .02
Actions → objective success	.000	1001	.010	.000	.02, .02
Suppression → negative anticipated emotions→	.000	.000	.011	.000	02; .02
goal-difficulty → self-perceptions of success	.000	.000	.011	.000	.02, .02
Suppression → negative anticipated emotions→	.000	.000	.011	.000	02; .02
goal-specificity → self-perceptions of success	.000	.000	.011	.000	.02, .02
Suppression → negative anticipated emotions →	.000	.001	.010	000	02; .02
Actions → self-perceptions of success	.000	.001	1010		.02, .02
Suppression → negative anticipated emotions →	.000	.000	.010	.000	02; .02
goal-difficulty → Actions	.000	.000	.010	.000	.02, .02
Suppression → negative anticipated emotions →	.000	007	.029	.000	08; .05
goal-specificity → Actions	.000	1007	.029	.000	100,100
Suppression → negative anticipated emotions→	.000	001	.007	.000	02; .01
Problem focused coping → Actions					.02, .01

Problem focused coping  $\rightarrow$  Actions

\* p < .05, \*\* p < .01; \*\*\* p < .001  $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

t = (ab original) / (SD ab Bootstrapped)

(Lindley & Scott, 1984)

Table A10.10.x Test of total indirect effects.

Total Indirect effect (∑ab – c')	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
Reappraisal → Objective Success	026	.002	.147	177	29; .30
Reappraisal $\rightarrow$ Self-perceptions of success	.037	.069	.167	.222	27; .38
Reappraisal $\rightarrow$ problem-focused coping	.077	.065	.119	.647	18; .28
Reappraisal $\rightarrow$ Goal-difficulty	.027	.035	.115	.235	20; .26
$Reappraisal \rightarrow Goal\text{-specificity}$	.099	.091	.110	.900	13; .30
Reappraisal $\rightarrow$ Actions	004	.002	.158	025	31; .29
Suppression → Objective Success	.006	.073	.139	.043	19; .35
Suppression $\rightarrow$ Self-perceptions of success	.023	.082	.169	.136	23; .42
Suppression $\rightarrow$ problem-focused coping	046	042	.112	411	27; .17
Suppression $\rightarrow$ Goal-difficulty	126	097	.130	969	35; .15
Suppression → Goal-specificity	.095	092	.126	.754	32; .13
Suppression $\rightarrow$ Actions	018	019	.176	102	34; .35
Anticipated positive emotions → objective success	.010	136	.223	.045	57; .30
Anticipated positive emotions $\rightarrow$ self-perceptions of success	.061	.067	.098	.622	12; .27
Anticipated positive emotions $\rightarrow$ Actions	.112	.107	.113	.991	12; .33
Anticipated negative emotions $\rightarrow$ objective success	002	013	.075	027	17; .12
Anticipated negative emotions $\rightarrow$ self-perceptions of success	.004	010	.083	.048	17; .15
Anticipated negative emotions → Actions	028	024	.119	235	25; .20

\* p < .05, \*\* p < .01; \*\*\* p < .001  $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed) t = (ab original) / (SD ab Bootstrapped)

(Lindley & Scott, 1984)

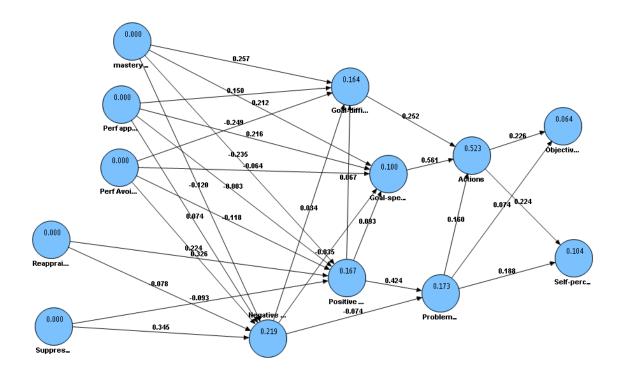


Figure A10.10.i. Original PLS output for model investigating the direct relationships between emotional variables, cognitive variables (with goal-setting and actions) and objective success and self-perceptions of success.

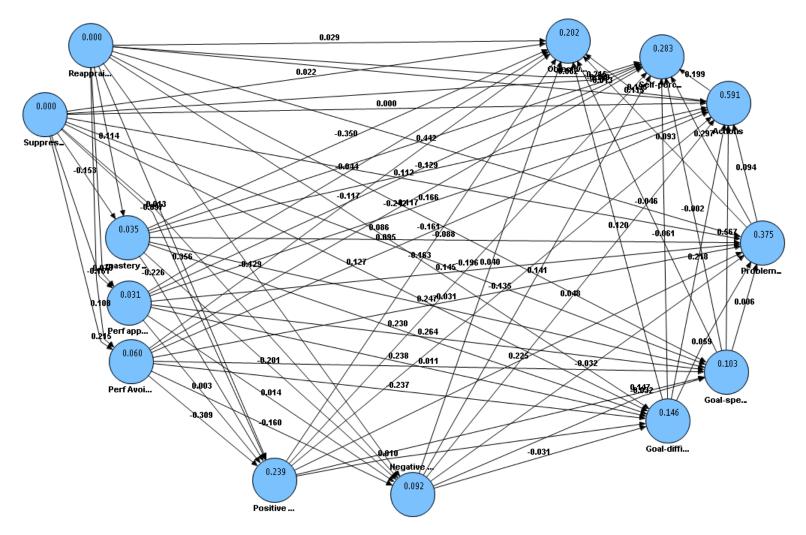


Figure A10.10.ii. Original PLS output for the fully-specified model investigating the relationships between emotional variables, cognitive variables (with goal-setting and actions) and objective success and self-perceptions of success.

# Appendix 10.11: Model investigating the effects of the Emotional and Cognitive components (including goal-setting and actions) on External Success

The analysis outlined in this appendix examines the impact of the emotional components and the cognitive components (including goal-setting and actions) on external success. As such, it mirrors the analysis in section 10.7 which investigated the impact of these variables on self-perceptions of success and objective success.

The results of the measurement model presented pertain to the model as specified in Figure 10.8. The fully specified model was also calculated, but as the results of the measurement model for both versions are very similar, they are presented only once. Table A10.11.i outlines the AVE, composite reliability, and factor loadings for each latent construct. The AVE for all variables except reappraisal, suppression, negative anticipated emotions, and both performance goal orientations were below the recommended level of 0.5, although a number only marginally so. Both of the performance goals and suppression also had suboptimal composite reliability values, but all other reliabilities were above the recommended level of 0.6.

With regard to the factor loadings for the latent variables, four of the reappraisal indicators were above 0.7, with one marginally below this, and the final item at .491. Two of the suppression indicators were above 0.7, but the remaining two loaded quite poorly. However, given that the CFAs indicated that the measurement of suppression was a good fit, all indicators were retained. All of the positive anticipated emotions indicators loaded highly, with the exception of satisfaction, which was somewhat lower at .533. Six of the negative anticipated emotions indicators loaded above 0.7, three loaded above 0.6 and the final item were somewhat lower at .439. Three of the problem-focused coping indicators were above 0.7, with the other two below this. For each of the goal orientations, one of the two indicators loaded highly, but the other loaded suboptimally. Both goal specificity indicators loaded highly, as did both actions indicators. Three of the four goal difficulty indicators loaded highly, but the fourth loaded a just below 0.6. Both indicators for external success loaded highly.

Table A10.11.ii outlines the latent variable correlations. None of the correlations are higher than the square root of the AVE for each respective latent variable. Hence, the Fornell-Larcker criterion is met, and discriminant validity it evident. As a second check on discriminant validity, the cross-loadings were compared (see Table A10.11.iii). All of the indicators loaded more highly on their own latent variable, than on any other, indicating once again, the discriminant validity was evident.

Although there were a number of issues with the measurement model, the structural model was calculated in order to investigate the results of the model with external success, and to allow for comparison with the other two forms of success.

Moving to examine the structural model, Table A10.11.iv provides an overview of both versions of the model. In the model which included only the direct effects between each sequential phase, reappraisal and suppression, combined with the goal orientation variables explained 42.2% of the variance in anticipated positive emotions (a large effect), and 28.5% of the variance in anticipated negative emotions (a large effect). Goal orientations, combined with both types of anticipated emotions combined explained 17.8% of the variance in goal difficulty (a medium effect), and 18.8% of the variance in goal-specificity (a medium effect). Anticipated emotions explained 27.7% of the variance in problem-focused coping (a medium effect). Goal-setting, combined with problem-focused coping explained 54.9% of the variance in actions. Finally, problem-focused coping combined with actions explained 17.5% of the variance in external success. The model had predictive relevance for all variables, but the cross-validated redundancy figure was very close to zero for goal-specificity, and was just below zero for external success, suggesting that the predictive relevance for these variables was slightly suboptimal.

Table A10.11.i. Factor loadings, Weights, Composite Scale Reliability, and AVE of constructs.

Construct	Measure	Factor Loadings	Weights of measures	Composite scale Reliability	Average Variance Extracted (AVE)
Reappraisal	Reap1	0.735	0.184	0.853	0.498
FF	Reap2	0.703	0.169	******	*****
	Reap3	0.872	0.387		
	Reap4	0.491	0.202		
	Reap5	0.700	0.201		
	Reap6	0.679	0.248		
Suppression	Supp1	0.152	-0.245	0.564	0.297
TI	Supp2	0.288	-0.156		
	Supp3	0.763	0.794		
	Supp4	0.706	0.675		
Positive	Delight	0.926	0.234	0.929	0.692
anticipated	Excitement	0.887	0.212	***-	****
emotions	Gladness	0.848	0.190		
	Happiness	0.902	0.214		
	Pride	0.831	0.201		
	Satisfaction	0.533	0.141		
Negative	Anger	0.732	0.151	0.900	0.479
anticipated	Depression	0.726	0.096		
emotions	Disappointment	0.714	0.198		
	Discomfort	0.774	0.168		
	Fear	0.761	0.136		
	Frustration	0.682	0.179		
	Guilt	0.601	0.101		
	Sadness	0.635	0.101		
	Shame	0.439	0.036		
	Worry	0.786	0.232		
Problem-	ActiveCope	0.901	0.356	0.849	0.547
Focused Coping	InstSocSupp	0.626	0.225	******	
	PlanCope	0.813	0.272		
	ResCope	0.370	0.021		
	SupprCompAct	0.857	0.361		
Mastery	G1MAGO	0.943	0.792	0.809	0.685
Approach	G2MAGO	0.693	0.364	******	*****
Performance	G1PAGO	0.996	0.999	0.468	0.498
Approach	G2PAGO	-0.056	-0.084		
Performance	G1PAvGO	0.912	0.932	0.224	0.483
Avoid	G2PAvGO	-0.366	-0.411		
Goal-difficulty	G1DIffI	0.735	0.324	0.853	0.600
<del></del>	G1DiffS	0.539	0.101		*****
	G2DiffI	0.894	0.382		
	G2DiffS	0.878	0.416		
Goal-specificity	G1Spec	0.815	0.563	0.823	0.699
	G2Spec	0.857	0.632		*****
Actions	G1 Actions	0.877	0.717	0.788	0.653
	G2Actions	0.732	0.507	2.,00	0.022
External Success	ExtSucc1	0.773	0.355	0.859	0.755
	ExtSucc2	0.955	0.759		

Table A10.11.ii. Average Variance Extracted by constructs and correlations between constructs to assess Discriminant Validity.

	1.	2.	3.	4.	5.	6.	7.	8.	9.	10	11.	12.
1. Actions	0.808											
2. External Success	0.398	0.869										
3. Goal-difficulty	0.395	-0.047	0.775									
4. Goal-specificity	0.655	0.022	0.299	0.836								
5. Mastery Approach	-0.048	-0.087	0.213	0.129	0.828							
6. Negative anticipated emotions	0.024	0.112	-0.037	0.039	-0.087	0.692						
7. Performance Approach	0.366	0.011	0.272	0.351	0.018	0.007	0.706					
8. Performance Avoid	-0.413	-0.037	-0.314	-0.329	-0.042	-0.125	-0.361	0.695				
9. Positive anticipated emotions	0.172	-0.036	0.086	0.066	-0.185	0.148	-0.160	-0.329	0.832			
10. Problem-focused coping	0.363	0.025	0.219	0.077	-0.043	0.051	0.034	-0.095	0.526	0.740		
11. Reappraisal	0.197	-0.049	0.322	-0.053	0.068	-0.226	0.065	0.139	0.313	0.626	0.706	
12. Suppression	0.297	-0.056	0.051	0.39	0.09	0.472	0.031	-0.205	-0.022	-0.052	-0.011	0.545

(Note: Bold numbers on the diagonal show the square root of the AVE; Numbers below the diagonal represent construct correlations)

Table A10.11.iii. Cross-loadings for measurement model

	Actions	External Success	Goal- difficulty	Goal- specificity	Mastery Approach	Negative anticipate d	Perf Approach	Perf Avoid	Positive anticipate d	Problem- focused coping	Reapprais al	Suppressi on
G1 Action	0.877	0.279	0.370	0.620	0.025	emotions -0.005	0.293	-0.324	<b>emotions</b> 0.141	0.442	0.231	0.219
G2Action		0.279	0.370	0.620	-0.131	0.054	0.293	-0.324	0.141	0.442	0.231	0.219
	0.732											
ExtS1	0.234	0.773	-0.117	-0.022	-0.024	0.038	-0.139	0.112	-0.074	0.118	-0.005	-0.188
ExtS2	0.415	0.955	-0.007	0.039	-0.104	0.129	0.080	-0.101	-0.012	-0.022	-0.062	0.014
G1DiffI	0.273	-0.055	0.735	0.205	0.274	-0.174	0.109	-0.184	0.109	0.107	0.195	-0.176
G1DiffS	0.025	-0.064	0.539	-0.035	0.125	-0.15	-0.037	-0.132	0.126	0.019	0.303	-0.249
G2DiffI	0.346	-0.152	0.894	0.323	0.193	0.085	0.251	-0.274	0.120	0.302	0.320	0.210
G2DiffS	0.412	0.084	0.878	0.270	0.091	0.005	0.346	-0.328	-0.019	0.160	0.254	0.125
G1Spec	0.533	0.074	0.208	0.815	0.062	-0.043	0.349	-0.119	0.058	-0.027	-0.059	0.184
G2Spec	0.562	-0.031	0.288	0.857	0.149	0.100	0.245	-0.415	0.052	0.147	-0.031	0.453
G1MAGO	0.067	0.024	0.252	0.148	0.943	-0.054	-0.013	-0.014	-0.166	-0.041	0.071	0.138
G2MAGO	-0.279	-0.291	0.036	0.033	0.693	-0.121	0.076	-0.085	-0.148	-0.030	0.032	-0.052
Anger	0.049	0.100	-0.173	-0.041	-0.067	0.732	-0.049	-0.144	0.308	0.243	-0.181	0.273
Depression	-0.128	0.026	0.044	-0.224	-0.104	0.726	-0.093	0.085	0.041	0.054	-0.014	0.243
Disappointm ent	-0.144	-0.108	-0.077	-0.104	-0.079	0.714	0.050	-0.014	-0.026	-0.142	-0.299	0.396
Discomfort	-0.031	0.004	-0.007	0.104	0.099	0.774	-0.014	-0.096	0.166	0.031	-0.057	0.438
Fear	0.102	0.358	-0.047	-0.039	-0.148	0.761	-0.042	0.083	0.073	0.167	0.020	0.320
Frustration	0.094	0.000	-0.058	0.241	0.019	0.682	0.069	-0.314	0.161	-0.063	-0.303	0.331
Guilt	0.210	0.061	0.031	0.165	-0.178	0.601	0.106	-0.277	0.373	0.101	0.002	0.207
Sadness	-0.067	0.03	0.026	-0.203	-0.113	0.635	-0.178	-0.004	0.102	0.179	-0.117	0.195
Shame	0.061	-0.007	0.214	-0.137	-0.116	0.439	0.078	-0.147	0.306	0.105	0.136	0.143
Worry	0.065	0.246	0.021	0.175	-0.073	0.786	0.058	-0.06	-0.1	-0.05	-0.304	0.462
G1PAGO	0.405	0.036	0.269	0.358	-0.001	0.018	0.996	-0.353	-0.142	0.055	0.073	0.033
G2PAGO	0.451	0.288	-0.032	0.068	-0.217	0.140	-0.056	0.100	0.218	0.249	0.095	0.020

Table A10.11.iii. Cross-loadings for measurement model (cont.)

	Actio ns	Extern al Success	Goal- difficulty	Goal- specificity	Mastery Approach	Negative antic emotions	Perf Approach	Perf Avoid	Positive antic emotions	Problem- focused coping	Reappraisal	Suppre ssion
G1PAvGO	-0.429	-0.066	-0.352	-0.290	-0.037	-0.003	-0.407	0.912	-0.276	-0.065	0.013	-0.150
G2PAvGO	0.032	-0.060	-0.034	0.143	0.019	0.297	-0.044	-0.366	0.174	0.085	-0.310	0.160
Delight	0.273	-0.018	0.198	0.152	-0.094	0.067	-0.049	-0.324	0.926	0.537	0.374	0.021
Excitement	0.197	-0.092	0.145	0.143	-0.194	0.145	0.063	-0.424	0.887	0.475	0.223	-0.022
Gladness	0.051	0.061	0.085	0.003	-0.170	0.136	-0.258	-0.037	0.848	0.457	0.348	-0.04
Happiness	0.149	0.036	0.009	0.022	-0.174	0.154	-0.307	-0.232	0.902	0.445	0.241	-0.035
Pride	0.002	-0.131	0.006	-0.025	-0.247	0.199	-0.157	-0.382	0.831	0.343	0.187	-0.035
Satisfaction	0.176	-0.034	-0.072	-0.002	-0.023	0.018	-0.115	-0.213	0.533	0.347	0.161	-0.005
ActiveCope	0.323	0.083	0.166	-0.005	-0.063	0.096	0.035	-0.113	0.499	0.901	0.573	-0.080
InstSocSup p	0.301	-0.001	0.422	0.134	0.014	-0.002	0.068	-0.136	0.249	0.626	0.461	0.189
PlanCope	0.19	-0.031	0.027	0.008	0.062	-0.01	0.018	-0.067	0.42	0.813	0.524	-0.143
ResCope	0.116	0.109	0.113	0.129	0.057	-0.14	0.187	-0.048	-0.05	0.370	0.38	0.092
SupprComp Act	0.348	0.004	0.153	0.122	-0.116	0.063	-0.006	-0.015	0.495	0.857	0.465	-0.081
Reapp1	0.127	-0.12	0.32	-0.052	0.217	-0.131	0.305	-0.061	0.152	0.496	0.735	-0.084
Reapp2	0.055	-0.013	0.143	-0.06	0.076	-0.059	-0.058	0.319	0.185	0.339	0.703	0.083
Reapp3	0.159	-0.171	0.368	0.072	0.128	-0.311	0.115	0.15	0.294	0.503	0.872	-0.016
Reapp4	0.306	-0.031	0.187	0.074	0.036	-0.004	-0.106	-0.04	0.268	0.507	0.491	0.007
Reapp5	0.216	0.327	0.073	-0.129	-0.037	-0.082	0.084	0.103	0.211	0.292	0.700	-0.027
Reapp6	-0.010	-0.073	0.178	-0.201	-0.137	-0.218	-0.085	0.104	0.174	0.491	0.679	0.000
Suppr1	-0.059	0.009	-0.035	-0.051	-0.258	-0.106	-0.188	0.473	-0.157	0.038	0.206	0.152
Suppr2	0.208	0.141	0.271	0.184	-0.078	-0.067	0.169	0.141	-0.081	0.124	0.302	0.288
Suppr3	0.246	0.030	0.104	0.360	0.129	0.321	0.082	-0.104	0.002	0.029	0.045	0.763
Suppr4	0.178	-0.083	0.002	0.177	-0.130	0.268	-0.080	0.022	-0.111	-0.069	0.075	0.706

The results of the fully specified model resulted in largely similar findings, with some changes. The percentage of variance explained for positive anticipated emotions decreased to 30.1%, and for negative anticipated emotions decreased to 24.6%. The addition of reappraisal and suppression, goal orientations and goal-setting increased the percentage of variance explained in problem-focused coping to 57.1% (a large effect). The percentage of variance explained in both goal-setting variables increased to 27.9% for goal-difficulty and 36.1% for goal-setting, while the percentage of variance explained in actions increased to 74.7%. The inclusion of all variables in the model as direct predictors of external success resulted in the percentage of variance explained increasing to 38.7%. Given that reappraisal and suppression were placed in a more distal phase in the theoretical model than goal orientations, arrows were also included to explore whether these more distal concepts would have an impact on the more proximal goal orientations. Reappraisal and suppression had a negligible effect on mastery approach, explaining 0.5% of the variance, and had a small effect on performance approach and performance avoid, explaining 2.1% and 5.8% of the variance in each respectively.

Table A10.11.iv. Estimation of the structural model (emotional variables, cognitive variables with goal-setting and actions, and external success).

		Direct o	effects only mod	lel		Direct and indirect effects model					
	R <sup>2</sup>	R <sup>2</sup> effect size	Q <sup>2</sup> Cross validated commonality	Q <sup>2</sup> Cross validated redundancy	R <sup>2</sup>	R <sup>2</sup> effect size	Q <sup>2</sup> Cross validated commonality	Q <sup>2</sup> Cross validated redundancy			
Positive anticipated emotions	.422	Large	.717	.251	.301	Large	.706	.019			
Negative anticipated emotions	.285	Large	.528	.122	.246	Medium- large	.547	.144			
Problem-focused coping	.277	Large	.442	.223	.571	Large	.447	.368			
Mastery Approach	N/A	N/A	N/A	N/A	.005	Negligible	.843	042			
Performance Approach	N/A	N/A	N/A	N/A	.021	Small	.423	146			
Performance Avoid	N/A	N/A	N/A	N/A	.058	Small	.793	048			
Goal-difficulty	.178	Medium	.627	.137	.279	Large	.626	.132			
Goal-specificity	.188	Medium	.513	.038	.361	Large	.507	.122			
Actions	.549	Large	.637	.332	.747	Large	.646	.365			
External success	.175	Medium	.654	010	.387	Large	.688	352			

To explain these effects in more detail, the individual paths were examined. Figure A10.11.i and Table A10.11.v outline the results of the path coefficients for the model specifying the direct paths between each sequential phase of the model only. Only those paths relating to external success are examined as all other relationships were previously interpreted in the main analysis. Actions taken towards ones goal had a significant positive relationship on external success, which was medium in its effect size. Problem-focused coping also had a significant positive impact on external success, but this was very small in its effect size.

Figure A10.11.ii and Table A10.11.vi. outline the results for the fully specified model. Again, only the paths relevant to external success are interpreted as all other paths were assessed in the main analysis. Actions had a significant positive effect on external success, while goal-specificity had a significant negative effect. Performance approach goals, performance avoid goals, positive anticipated emotions, and suppression had small, but non-significant negative effects on external success, while negative anticipated emotions had a small, but non-significant negative effect. For ease of interpretation, only the significant paths and the non-significant but small effects paths are included in Figures A10.11.i and ii.

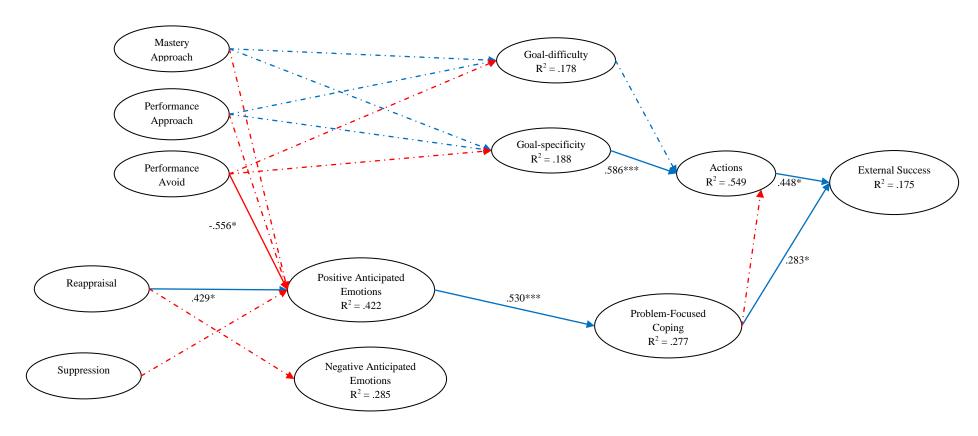


Figure A10.11.i. Results of Partial Least Squares analysis for the model investigating the relationships between emotional variables, cognitive variables with goal-setting and actions, and external success. (\*\*\* p < .001; \*\*p < .01; \* p < .05; dashed lined indicate non-significant paths; blue dashed paths- small positive effects, red dashed paths- small negative effects).

Table A10.11.v. Statistical results for Path Coefficients in direct effects only model (emotional variables, cognitive variables with goal-setting and actions, and external success).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	f <sup>2</sup> effect size
Actions → External success	0.448*	2.06	0.218	0.218	.021; .875	.187	Medium
Problem-focused coping → External success	0.283*	2.16	0.131	0.131	.026; .540	.018	Very small
Problem focused coping → actions	-0.138	0.493	0.280	0.280	687; .411	.188	Medium
Goal-difficulty → Actions	0.158	1.46	0.108	0.108	054; .370	.044	Small
Goal-specificity → Actions	0.586***	5.41	0.108	0.108	.374; .798	.701	Large
Negative anticipated emotions → Goal-difficulty	-0.060	0.245	0.245	0.245	540; .420	.002	Negligible
Negative anticipated emotions → Goal-specificity	0.014	0.071	0.195	0.195	368; .396	.004	Negligible
Negative anticipated emotions → Problem-focused coping	-0.027	0.134	0.205	0.205	429; .375	.000	Negligible
Positive anticipated emotions → Goal-difficulty	0.101	0.498	0.204	0.204	.299; .501	.007	Negligible
Positive anticipated emotions → Goal-specificity	0.070	0.349	0.201	0.201	324; .464	.005	Negligible
Positive anticipated emotions → Problem-focused coping	0.530***	3.48	0.152	0.152	.232; .828	.382	Large
Mastery approach goal orientation  → Negative anticipated emotions	-0.115	0.629	0.183	0.183	474; .244	001	Negligible
Mastery approach goal orientation  → Goal-difficulty	0.214	0.861	0.249	0.249	274; .702	.046	Small
Mastery approach goal orientation  → Goal-specificity	0.130	0.619	0.210	0.210	282; .542	.020	Small
Mastery approach goal orientation  → Positive anticipated emotions	-0.222	1.31	0.170	0.170	555; .111	.087	Small
Performance approach goal orientation → Negative anticipated emotions	0.008	0.035	0.230	0.230	443; .459	.001	Negligible
Performance approach goal orientation → Goal-difficulty	0.211	1.11	0.190	0.190	161; .583	.043	Small
Performance approach goal orientation → Goal-specificity	0.290	1.31	0.221	0.221	143; .723	.068	Small
Performance approach goal orientation → Positive anticipated emotions	-0.382	1.61	0.237	0.237	847; .083	.208	Medium
Performance Avoid goal orientation  → Negative anticipated emotions	0.001	0.005	0.245	0.245	479; .481	.003	Negligible
Performance Avoid goal orientation  → Goal-difficulty	-0.203	0.816	0.249	0.249	691; .285	.029	Small
Performance Avoid goal orientation  → Goal-specificity	-0.194	0.957	0.203	0.203	592; .204	.028	Small
Performance Avoid goal orientation  → Positive anticipated emotions	-0.556*	2.09	0.266	0.266	-1.08; - .035	.422	Large
Reappraisal → Negative anticipated emotions	-0.213	0.805	0.265	0.265	723; .306	.092	Small
Reappraisal → Positive anticipated emotions	0.429*	2.33	0.184	0.184	177; .545	.298	Medium- large
Suppression → Negative anticipated emotions	0.480	1.04	0.462	0.462	426; 1.39	.018	Very small
Suppression → Positive anticipated emotions	-0.100	0.517	0.193	0.193	478; .278	.085	Small

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$ 

where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

(Lindley & Scott, 1984)

(Hinkle, Wiersma & Jurs, 1998)

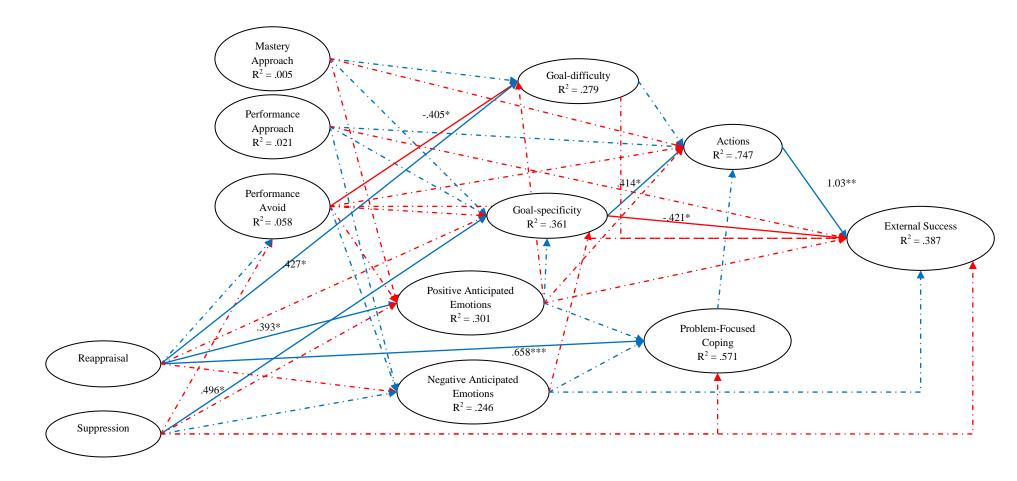


Figure A10.11.ii. Results of Partial Least Squares analysis for the fully specified model investigating the relationships between emotional variables, cognitive variables with goal-setting and actions, and external success. (\*\*\* p < .01; \* p < .01; \* p < .05) (dashed lines indicate non-significant small effects).

Table A10.11.vi. Statistical results for Path Coefficients in fully specified model (emotional variables, cognitive variables with goal-setting and actions, and external success).

	β	t	SD	SE	$CI_{95}$	$f^2$	$f^2$ effect size
Actions → External Success	1.03**	2.58	0.401	0.401	.244; 1.82	.440	Large
Goal-difficulty → External success	-0.171	0.791	0.217	0.217	539; .197	.031	Small
$Goal\text{-}difficulty \rightarrow Actions$	0.085	0.611	0.140	0.140	189; .359	.130	Small- medium
Goal difficulty → problem-focused coping	-0.060	0.339	0.176	0.176	405; .285	.007	Negligible
$Goal\text{-specificity} \rightarrow External \ success$	-0.421*	1.37	0.306	0.306	-1.02; .179	.209	Medium
Goal-specificity → Actions	0.414*	2.55	0.163	0.163	.095; .733	.715	Large
Goal specificity → problem-focused coping	0.140	0.683	0.205	0.205	262; .542	.016	Very small
Problem-focused coping → External success	-0.070	0.203	0.347	0.347	750; .610	.000	Negligible
Problem-focused coping $\rightarrow$ Actions	0.206	1.12	0.183	0.183	153; .565	.138	Small- medium
Negative anticipated emotions → Goal-difficulty	0.013	0.059	0.221	0.221	420; .446	.001	Negligible
Negative anticipated emotions → Goal-specificity	-0.228	0.895	0.255	0.255	728; .272	.066	Small
Negative anticipated emotions → Actions	-0.106	0.663	0.161	0.161	422; .210	.012	Very small
Negative anticipated emotions → Problem-focused coping	0.181	0.935	0.194	0.194	199; .561	.054	Small
Negative anticipated emotions → External success	0.235	0.808	0.291	0.291	335; .805	.052	Small
Positive anticipated emotions → Goal-difficulty	-0.170	0.755	0.226	0.226	613; .273	.025	Small
Positive anticipated emotions → Goal-specificity	0.132	0.593	0.222	0.222	303; .567	.038	Small
Positive anticipated emotions → Actions	-0.088	0.487	0.181	0.181	443; .267	.024	Small
Positive anticipated emotions → Problem-focused coping	0.240	1.25	0.192	0.192	136; 616	.089	Small
Positive anticipated emotions → External success	-0.099	0.440	0.224	0.224	577; .379	.021	Small
Mastery approach goal orientation → Positive anticipated emotions	-0.250	1.35	0.185	0.185	613; .113	.077	Small
Mastery approach goal orientation → Negative anticipated emotions	-0.096	0.462	0.208	0.208	504; .312	.005	Negligible
Mastery approach goal orientation → Goal-difficulty	0.031	0.125	0.252	0.252	463; .525	.001	Negligible
Mastery approach goal orientation → Goal-specificity	0.124	0.577	0.215	0.215	297; .545	.030	Small
Mastery approach goal orientation → Actions	-0.237	1.08	0.219	0.219	666; .192	.170	Medium
Mastery Approach goal orientation  → Problem-focused coping	0.026	0.166	0.159	0.159	286; .337	.005	Negligible
Mastery Approach goal orientation  → External success	0.035	0.125	0.280	0.280	514; .584	.000	Negligible
Performance approach goal orientation → Positive anticipated emotions	-0.115	0.401	0.286	0.286	676; .446	.016	Very small
Performance approach goal orientation → Negative anticipated emotions	0.101	0.422	0.239	0.239	367; .569	.042	Small
Performance approach goal orientation → Goal-difficulty	0.036	0.185	0.194	0.194	344; .416	001	Negligible
Performance approach goal orientation → Goal-specificity	0.301	1.29	0.234	0.234	158; .760	.105	Small- medium

Table A10.11.iv (cont.).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	$f^2$ effect size
Performance approach goal orientation → Actions	0.331	1.42	0.234	0.234	128; .790	.320	Medium- large
Performance Approach goal orientation → Problem-focused coping	0.064	0.303	0.212	0.212	352; .480	004	Negligible
Performance Approach goal orientation → External success	-0.213	0.675	0.315	0.315	830; .404	.039	Small
Performance Avoid goal orientation  → Positive anticipated emotions	-0.433	1.55	0.279	0.279	980; .114	.220	Medium
Performance Avoid goal orientation  → Negative anticipated emotions	0.025	0.087	0.292	0.292	547; .597	.062	Small
Performance Avoid goal orientation  → Goal-difficulty	-0.405*	1.74	0.233	0.233	862; .052	.192	Medium
Performance Avoid goal orientation  → Goal-specificity	-0.123	0.429	0.286	0.286	684; .438	.069	Small
Performance Avoid goal orientation  → Actions	-0.211	1.01	0.209	0.209	621; .199	.111	Small- medium
Performance Avoid goal orientation  → Problem-focused coping	-0.059	0.227	0.258	0.258	.565; .446	.007	Negligible
Performance Avoid goal orientation  → External success	0.140	0.460	0.305	0.305	458; .738	.033	Small
Reappraisal → Negative anticipated emotions	-0.254	0.939	0.271	0.271	785; .277	.154	Medium
Reappraisal → Positive anticipated emotions	0.393*	2.33	0.168	0.168	.064; .722	.216	Medium
Reappraisal → Mastery approach	0.059	0.299	0.199	0.199	331; .449	.004	Negligible
Reappraisal → Performance approach	0.124	0.671	0.185	0.185	239; .487	.019	Very small
Reappraisal → Performance avoid	0.118	0.622	0.189	0.189	252; .488	.050	Small
Reappraisal → Goal-difficulty	0.427*	2.29	0.187	0.187	060; .794	.160	Medium
$Reappraisal \rightarrow Goal\text{-specificity}$	-0.210	1.01	0.207	0.207	616; .196	.067	Small
Reappraisal $\rightarrow$ Actions	0.043	0.201	0.212	0.212	373; .459	012	Negligible
Reappraisal → Problem-focused coping	0.658***	3.33	0.198	0.198	.270; 1.046	.448	Large
Reappraisal → External success	-0.065	0.179	0.363	0.363	776; .646	.003	Negligible
Suppression → Negative anticipated emotions	0.424	1.04	0.409	0.409	378; 1.23	.077	Small
Suppression → Positive anticipated emotions	-0.110	0.570	0.193	0.193	488; .268	.023	Small
Suppression Mastery approach	0.035	0.155	0.227	0.227	410; .480	.002	Negligible
Suppression → Performance approach	0.068	0.278	0.244	0.244	410; .614	.005	Negligible
Suppression → Performance avoid	-0.218	0.559	0.391	0.391	984; .548	.051	Small
Suppression → Goal-difficulty	0.049	0.228	0.216	0.216	374; .472	.004	Negligible
Suppression → Goal-specificity	0.496*	1.90	0.261	0.261	016; 1.01	.239	Medium
Suppression → Actions	0.133	0.821	0.162	0.162	185; .451	.008	Negligible
Suppression → Problem-focused coping	-0.154	0.670	0.229	0.229	603; .295	.042	Small
Suppression → External success	-0.203	0.690	0.295	0.295	781; .375	.021	Small

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

(Hinkle, Wiersma & Jurs, 1998)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$ 

where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

The final stage of the assessment of the structural model necessitates the investigation of the significance of the indirect paths. Only the indirect effects that pertained directly to the variables of goal-setting and actions were calculated as all others were estimated in the previous analysis. The bootstrap estimations and significance of the indirect effects can be found in Table A10.11.vii These were based on the fully specified model in order to control for any direct effects that the variables may be having (i.e. to

control for the c' paths). Only the indirect effects pertaining to external success were calculated as all

others were calculated in the main analysis.

Table A10.11.vii. Test of the indirect effects on external success.

Indirect path	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
Reappraisal → Actions → external success	.179	.156	.189	.947	19; .56
Reappraisal $\rightarrow$ Goal-difficulty $\rightarrow$ external success	030	026	.092	326	21; .16
Reappraisal $\rightarrow$ Goal-specificity $\rightarrow$ external success	002	008	.050	040	12; .08
Suppression $\rightarrow$ Actions $\rightarrow$ external success	.359	.154	.252	1.42	34; .69
Suppression $\rightarrow$ Goal-difficulty $\rightarrow$ external success	014	003	.056	250	13; .12
Suppression $\rightarrow$ Goal-specificity $\rightarrow$ external success	.012	.020	.105	.114	17; .28
Positive anticipated emotions → Actions→ external success	.007	.000	.172	.041	38; .34
Positive anticipated emotions → goal-difficulty → external success	.016	.013	.063	.254	10; .17
Positive anticipated emotions → goal- specificity → external success	.004	005	.073	.055	17; .15
Negative anticipated emotions → Actions → External success	175	063	.169	-1.04	42; .28
Negative anticipated emotions $\rightarrow$ goal difficulty $\rightarrow$ External success	001	007	.060	017	14; .11
Negative anticipated emotions → Goal specificity → External success	006	.007	.081	074	15; .19

<sup>\*</sup> p < .05, \*\* p < .01; \*\*\* p < .001.010

(Lindley & Scott, 1984)

As none of the indirect effects via one sequential mediator were significant, the indirect effects via two sequential mediators were not calculated. Finally, the total indirect effects were calculated across each sequential phase of the model (see Table A10.11.viii). None of the total indirect effects reached significance.

Table A10.11.viii. Test of total indirect effects.

Total Indirect effect $(\sum ab - c')$	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
Reappraisal → External Success	.015	.090	.350	.043	59; .81
Suppression → External Success	.203	.065	.277	.733	55; .55
Anticipated positive emotions → External success	037	040	.191	194	44; .33
Anticipated negative emotions → External success	091	007	.199	457	40; .38

\* p < .05, \*\* p < .01; \*\*\* p < .001  $t_{0.05, 4999} = 1.645; t_{0.01, 4999} = 2.576; t_{0.001, 4999} = 3.291$  (one-tailed) t = (ab original) / (SD ab Bootstrapped)

(Lindley & Scott, 1984)

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

t = (ab original) / (SD ab Bootstrapped)

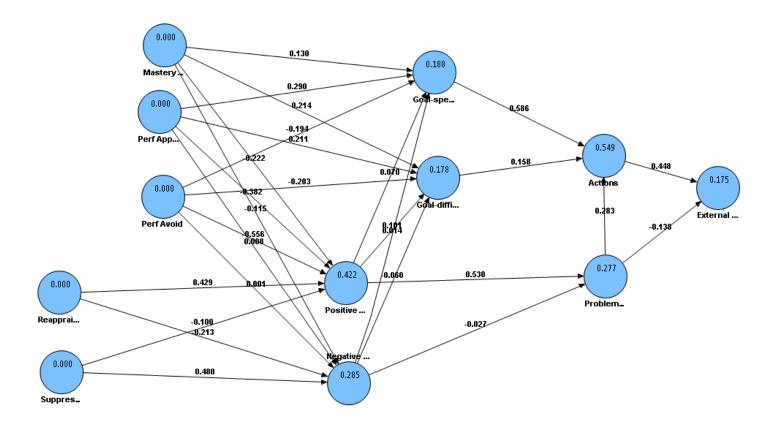


Figure A10.11.iii. Original PLS output for the direct effects model investigating emotional components, cognitive components (with goal-setting and actions) and external success.

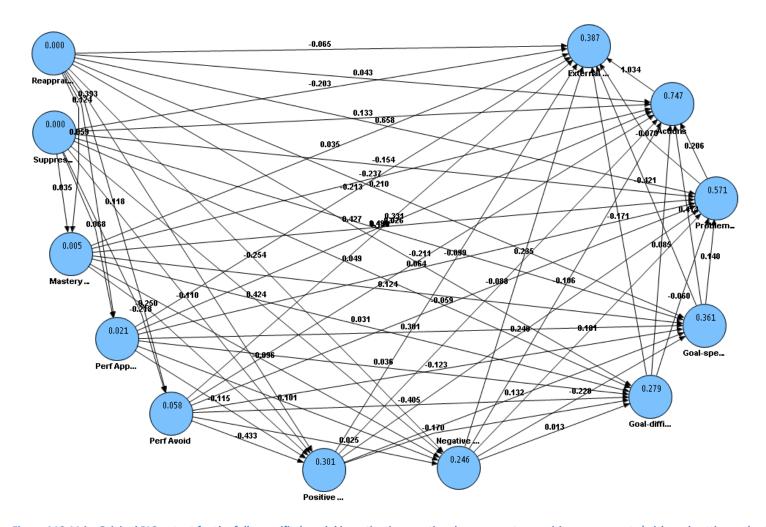


Figure A10.11.iv. Original PLS output for the fully specified model investigating emotional components, cognitive components (with goal-setting and actions) and external success.

# Appendix 10.12: Model investigating the emotional variables, motivational variables, self-perceptions of success and objective success.

Table A10.12.i Factor loadings, Weights, Composite Scale Reliability, and AVE of constructs.

Construct	Measure	Factor Loadings	Weights of measures	Composite scale Reliability	Average Variance Extracted (AVE)
Entrepreneurial	AO	0.633	0.375	0.705	0.303
Orientations	AutO	0.643	0.365		
	CAgg	0.721	0.448		
	IO	0.329	0.079		
	LO	0.294	0.038		
	RTrs	0.540	0.311		
Personal Initiative	PI1	0.694	0.196	0.858	0.465
	PI2	0.784	0.251		
	PI3	0.650	0.162		
	PI4	0.680	0.177		
	PI5	0.675	0.257		
	PI6	0.701	0.228		
	PI7	0.570	0.190		
Entrepreneurial Self-	ESE1	0.776	0.292	0.891	0.577
efficacy	ESE2	0.776	0.182		
,	ESE3	0.716	0.214		
	ESE4	0.853	0.224		
	ESE5	0.710	0.255		
	ESE6	0.716	0.150		
Creative Self-efficacy	CSE1	0.808	0.472	0.837	0.631
,	CSE2	0.820	0.416		
	CSE3	0.754	0.367		
Work Engagement	Absorption	0.892	0.350	0.915	0.783
Work Engagement	Dedication	0.820	0.330	0.515	0.765
	Vigor	0.938	0.445		
Reappraisal	Reap1	0.787	0.372	0.807	0.414
	Reap2	0.593	0.161	0.807	0.414
	Reap3	0.660	0.253		
	Reap4	0.618	0.359		
	Reap5	0.620	0.176		
	Reap6	0.555	0.205		
Suppression	Supp1	0.249	-0.064	0.605	0.335
Suppression	Supp2	0.213	-0.190	0.003	0.555
	Supp3	0.686	0.558		
	Supp4	0.872	0.772		
Positive anticipated	Delight	0.870	0.257	0.904	0.616
emotions	Excitement	0.798	0.254	0.504	0.010
emotions	Gladness	0.856	0.208		
	Happiness	0.890	0.229		
	Pride	0.704	0.178		
	Satisfaction	0.532	0.125		
Negative anticipated	Anger	0.775	0.123	0.922	0.542
emotions	Depression	0.771	0.185	0.722	0.542
emotions	Disappointment	0.757	0.183		
	Discomfort	0.767	0.081		
	Fear	0.693	0.135		
	Frustration	0.717	0.119		
	Guilt	0.760	0.094		
	Sadness	0.679	0.145		
	Shame	0.669	0.145		
	Worry	0.764	0.113		
Problem focused	ActiveCope	0.704	0.354	0.833	0.518
coping	InstSocSupp	0.502	0.146	0.055	0.516
coping	PlanCope	0.820	0.331		
	ResCope	0.820	0.069		
	SupprCompAct	0.849	0.372		
Objective Success	ObjSucc	1.00	1.00	1.00	1.00
	SelfSucc1	0.817	0.434	0.823	0.612
Self-Perceptions of Success	SelfSucc2	0.627	0.434	0.823	0.012
Duccess	SelfSucc3	0.827	0.612		

Table A10.12.ii Average Variance Extracted by constructs and correlations between constructs to assess Discriminant Validity.

	1.	2.	3.	4.	5.	6.	7.	8.	9.	10.	11.	12.
1. CSE	0.794											
2. EO	0.426	0.550										
3. ESE	0.581	0.486	0.760									
4. Negative anticipated emotions	0.012	0.021	0.091	0.736								
5. Objective Success	0.137	0.044	0.053	0.058	1.000							
6. Personal Initiative	0.460	0.470	0.635	0.062	0.076	0.682						
7. Positive anticipated emotions	0.209	0.335	0.240	0.225	-0.010	0.324	0.785					
8. Problem-focused coping	0.222	0.234	0.463	0.030	0.114	0.512	0.397	0.720				
9. Reappraisal	0.199	0.225	0.442	-0.118	0.028	0.427	0.288	0.468	0.643			
10. Self-perceptions of success	0.080	0.082	0.376	0.194	0.250	0.359	0.062	0.276	-0.021	0.782		
11. Suppression	0.029	-0.019	0.009	0.381	0.086	-0.008	-0.068	0.033	-0.059	-0.050	0.579	
12. Work Engagement	0.344	0.264	0.487	0.157	-0.007	0.537	0.349	0.421	0.309	0.171	0.010	0.885

(Note: Bold numbers on the diagonal show the square root of the AVE; Numbers below the diagonal represent construct correlations)

Table A10.12.iii Cross-loadings for measurement model

	CSE	EO	ESE	NAE	Objective Success	Personal Initiative	PAE	PFC	Reappraisal	Self-perc of success	Suppression	Work Eng
CSE1	0.808	0.395	0.490	-0.020	0.036	0.344	0.265	0.082	0.151	-0.014	0.028	0.309
CSE2	0.820	0.329	0.511	-0.057	0.015	0.452	0.046	0.279	0.178	0.075	-0.059	0.266
CSE3	0.754	0.279	0.373	0.122	0.310	0.298	0.177	0.183	0.145	0.152	0.109	0.236
AOtot	0.249	0.633	0.299	0.016	0.173	0.345	0.318	0.271	0.226	0.046	-0.030	0.173
AutOTot	0.152	0.643	0.413	0.126	0.021	0.304	0.055	0.047	0.130	0.258	-0.014	0.074
CAgg	0.398	0.721	0.369	-0.096	-0.048	0.305	0.317	0.177	0.059	0.040	-0.007	0.199
IOTot	0.259	0.329	-0.110	-0.119	0.225	0.121	0.172	-0.114	0.033	-0.139	0.026	0.047
LOTot	0.097	0.294	-0.064	-0.023	0.243	0.118	0.208	0.178	0.087	0.249	-0.057	0.120
RTTotRS	0.239	0.540	0.220	0.071	-0.108	0.254	0.105	0.124	0.193	-0.146	0.003	0.239
ESE1	0.744	0.486	0.776	-0.058	0.099	0.610	0.300	0.322	0.309	0.171	0.033	0.512
ESE2	0.332	0.257	0.776	0.086	-0.019	0.359	0.104	0.363	0.424	0.325	-0.120	0.287
ESE3	0.329	0.410	0.716	0.187	0.060	0.457	0.250	0.424	0.401	0.295	0.075	0.205
ESE4	0.426	0.372	0.853	0.052	-0.034	0.498	0.128	0.250	0.360	0.364	-0.070	0.350
ESE5	0.339	0.282	0.710	0.119	0.021	0.495	0.196	0.494	0.291	0.290	0.085	0.536
ESE6	0.343	0.361	0.716	0.071	0.110	0.374	0.008	0.203	0.227	0.322	-0.004	0.177
Anger	-0.108	0.010	0.086	0.775	0.015	0.032	0.295	0.158	-0.174	0.243	0.306	0.133
Depression	0.114	0.118	0.163	0.771	-0.058	0.098	0.225	0.037	0.008	0.042	0.365	0.208
Disappointment	-0.050	-0.139	-0.047	0.757	0.072	-0.090	-0.044	-0.093	-0.269	0.132	0.374	0.085
Discomfort	-0.025	0.029	-0.080	0.767	-0.098	0.026	0.169	-0.039	-0.087	0.002	0.219	0.026
Fear	-0.226	0.019	0.048	0.693	0.090	0.181	0.028	-0.020	0.095	0.224	0.299	0.100
Frustration	0.062	-0.074	-0.003	0.717	0.118	-0.063	0.149	-0.088	-0.313	0.227	0.196	0.034
Guilt	0.210	0.167	0.141	0.760	0.079	0.117	0.359	-0.022	-0.003	0.147	0.217	0.041
Sadness	0.093	0.066	0.234	0.679	0.025	0.149	0.239	0.158	0.023	0.219	0.181	0.263
Shame	0.268	0.079	0.213	0.669	0.095	0.131	0.340	0.153	0.136	0.091	0.222	0.219

Table A10.12.iii (cont.)

	CSE	EO	ESE	NAE	Objective Success	Personal Initiative	PAE	PFC	Reappraisal	Self-perc of success	Suppression	Work Eng
Worry	-0.172	-0.073	-0.161	0.764	0.117	-0.111	-0.068	-0.112	-0.220	0.023	0.303	-0.086
ObjSucc5	0.137	0.044	0.053	0.058	1.00	0.076	-0.010	0.114	0.028	0.250	0.086	-0.007
PI1	0.279	0.361	0.412	-0.155	-0.075	0.694	0.077	0.327	0.253	0.139	-0.045	0.325
PI2	0.328	0.426	0.478	-0.021	-0.092	0.784	0.199	0.331	0.433	0.196	-0.039	0.471
PI3	0.174	0.232	0.343	0.160	-0.036	0.650	0.253	0.318	0.267	0.253	0.005	0.315
PI4	0.224	0.229	0.321	0.146	0.076	0.680	0.280	0.298	0.340	0.236	0.141	0.393
PI5	0.368	0.396	0.539	0.126	0.316	0.675	0.304	0.425	0.335	0.414	-0.005	0.338
PI6	0.330	0.298	0.444	0.152	0.112	0.701	0.274	0.497	0.345	0.233	0.040	0.518
PI7	0.451	0.235	0.432	-0.111	-0.004	0.570	0.149	0.204	0.005	0.209	-0.120	0.158
Delight	0.323	0.360	0.260	0.120	0.057	0.327	0.870	0.380	0.278	0.085	-0.058	0.262
Excitement	0.268	0.376	0.245	0.143	0.002	0.291	0.798	0.415	0.156	0.112	-0.147	0.302
Gladness	0.031	0.273	0.115	0.154	0.003	0.183	0.856	0.323	0.272	-0.005	-0.044	0.264
Happiness	0.169	0.360	0.244	0.187	-0.077	0.349	0.890	0.264	0.272	0.012	-0.061	0.341
Pride	0.089	-0.002	0.102	0.317	-0.058	0.163	0.704	0.229	0.178	0.106	0.038	0.308
Satisfaction	-0.024	0.067	0.103	0.211	0.015	0.155	0.532	0.202	0.213	-0.071	0.010	0.134
ActiveCope	0.039	0.193	0.299	0.113	0.135	0.424	0.400	0.877	0.399	0.221	0.028	0.360
InstSocSupp	0.230	0.277	0.268	-0.078	0.181	0.230	0.174	0.502	0.388	0.031	0.056	0.113
PlanCope	0.283	0.180	0.522	-0.110	-0.061	0.472	0.322	0.820	0.433	0.277	-0.092	0.332
ResCope	0.072	0.003	0.242	-0.107	0.068	0.200	-0.049	0.418	0.323	-0.002	0.137	0.174
SupprCompAct	0.204	0.177	0.345	0.121	0.149	0.426	0.340	0.849	0.280	0.273	0.096	0.416
Reapp1	0.260	0.124	0.410	-0.048	0.088	0.395	0.137	0.273	0.787	0.154	-0.119	0.178
Reapp2	-0.122	0.070	0.203	-0.084	-0.058	0.207	0.103	0.258	0.593	-0.052	0.062	0.200
Reapp3	0.044	0.158	0.215	-0.076	-0.043	0.249	0.286	0.494	0.660	-0.102	0.041	0.155
Reapp4	0.247	0.186	0.315	0.003	-0.045	0.369	0.292	0.339	0.618	-0.119	-0.015	0.226

Table A10.12.iii (cont.)

	CSE	EO	ESE	NAE	Objective Success	Personal Initiative	PAE	PFC	Reappraisal	Self-perc of success	Suppression	Work Eng
Reapp5	-0.110	0.208	0.228	-0.033	0.064	0.154	0.201	0.141	0.620	-0.089	-0.016	0.109
Reapp6	0.200	0.116	0.240	-0.306	0.100	0.118	0.041	0.258	0.555	0.069	-0.131	0.344
SelfS1	0.186	0.251	0.442	0.168	0.301	0.461	0.129	0.202	0.029	0.817	-0.038	0.287
SelfS2	0.199	0.156	0.356	0.018	0.271	0.222	-0.024	0.079	0.004	0.627	-0.061	-0.072
SelfS3	-0.056	-0.086	0.202	0.193	0.120	0.198	0.017	0.286	-0.057	0.881	-0.038	0.096
Suppr1	0.067	0.088	0.016	-0.038	0.003	-0.090	-0.063	0.051	-0.022	-0.127	0.249	0.102
Suppr2	-0.001	0.061	-0.018	-0.100	0.122	-0.047	-0.136	0.066	0.047	-0.219	0.213	0.055
Suppr3	0.021	0.100	-0.009	0.241	-0.040	0.011	0.019	0.112	-0.024	-0.241	0.686	0.105
Suppr4	0.027	-0.074	0.015	0.292	0.171	-0.036	-0.140	-0.018	-0.049	0.045	0.872	-0.042
Absorption	0.315	0.179	0.301	0.179	0.015	0.369	0.354	0.379	0.218	0.073	0.133	0.892
Dedication	0.288	0.258	0.506	0.091	-0.049	0.550	0.256	0.211	0.273	0.159	-0.102	0.820
Vigor	0.312	0.262	0.483	0.143	0.009	0.509	0.315	0.492	0.319	0.209	-0.006	0.938

Table A10.12.iv Estimation of the structural model (emotional variables, motivational and volitional resources, objective success and self-perceptions of success).

		Direct	effects only mod	lel		Direct and i	ndirect effects n	ıodel
	R <sup>2</sup>	R <sup>2</sup> effect size	Q <sup>2</sup> Cross validated commonality	$Q^2$ Cross validated redundancy	R <sup>2</sup>	R <sup>2</sup> effect size	Q <sup>2</sup> Cross validated commonality	Q <sup>2</sup> Cross validated redundancy
Reappraisal	.183	Medium	.518	.100	.180	Medium	.520	.103
Suppression	.000	N/A	.383	044	.026	Small	.617	.004
Positive anticipated emotions	.113	Medium	.578	.050	.211	Medium	.582	.074
Negative anticipated emotions	.181	Medium	.530	.203	.076	Small	.509	.080
Problem-focused coping	.256	Large	.477	.108	.436	Large	.465	.234
Entrepreneurial self-efficacy	.482	Large	.610	.362	.446	Large	.605	.362
Creative self- efficacy	.269	Large	.625	.247	.262	Large	.611	.250
Work Engagement	.302	Large	.810	.191	.394	Large	.809	.224
Objective success	.013	Small	1.00	.061	.066	Small	1.00	.192
Self-perceptions of success	.076	Small- medium	.565	085	.396	Large	.723	.178

Table A10.12.v Statistical results for Path Coefficients in direct effects only model (emotional variables, motivational variables, objective success and self-perceptions of success).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	$f^2$ effect size
Entrepreneurial orientation → creative self-efficacy	0.270*	2.06	0.131	0.131	.013; .527	.075	Small
Entrepreneurial orientation → entrepreneurial self-efficacy	0.235	1.62	0.145	0.145	049; .519	.081	Small
Entrepreneurial orientation → Reappraisal	0.031	0.208	0.147	0.147	257; .319	.000	Negligible
Entrepreneurial orientation → Suppression	-0.019	0.077	0.254	0.254	517; .479	.000	Negligible
Personal Initiative →Creative self-efficacy	0.335*	2.44	0.137	0.137	.066; .602	.101	Small- medium
Personal initiative  →entrepreneurial self-efficacy	0.438***	3.32	0.132	0.132	.179; .697	.259	Medium
Personal initiative → Reappraisal	0.413**	3.26	0.127	0.127	.164; .662	.160	Medium
Personal initiative → Suppression	0.002	0.008	0.205	0.205	400; .404	.000	Negligible
Reappraisal → entrepreneurial self-efficacy	0.204*	1.91	0.107	0.107	006; .414	.037	Small
Reappraisal → creative self- efficacy	-0.003	0.019	0.156	0.156	309; .303	.000	Negligible
Reappraisal → negative anticipated emotions	-0.174	0.784	0.222	0.222	609; .261	.048	Small
Reappraisal → positive anticipated emotions	0.231	1.21	0.192	0.192	145; .607	.043	Small
Suppression → entrepreneurial self-efficacy	0.036	0.337	0.107	0.107	174; .246	.006	Negligible
Suppression → creative self-efficacy	0.029	0.287	0.101	0.101	169; .227	.003	Negligible
Suppression → negative anticipated emotions	0.371	1.21	0.308	0.308	233; .975	.129	Small- medium
Suppression → positive anticipated emotions	-0.058	0.342	0.170	0.170	391; .275	.002	Negligible

**Table A10.12.v (cont.)** 

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	$f^2$ effect size
Creative self-efficacy → work engagement	0.072	0.539	0.133	0.133	189; .333	.009	Negligible
Creative self-efficacy → negative anticipated emotions	-0.091	0.481	0.190	0.190	463; .281	.002	Negligible
Creative self-efficacy → positive anticipated emotions	0.128	0.757	0.169	0.169	203; .459	.012	Very small
Entrepreneurial self-efficacy → Work engagement	0.385**	2.83	0.136	0.136	.118; .652	.136	Small- medium
Entrepreneurial self-efficacy → negative anticipated emotions	0.218	0.949	0.230	0.230	233; .669	.032	Small
Entrepreneurial self-efficacy → positive anticipated emotions	0.064	0.417	0.154	0.154	238; .366	003	Negligible
Negative anticipated emotions  → problem focused coping	-0.090	0.582	0.155	0.155	394; .214	.008	Negligible
Negative anticipated emotions → work engagement	0.070	0.567	0.123	0.123	171; .311	.004	Negligible
Positive anticipated emotions → problem focused coping	0.302*	2.23	0.135	0.135	.037; .567	.101	Small- medium
Positive anticipated emotions → work engagement	0.225*	1.83	0.123	0.123	016; .466	.066	Small
Work engagement →problem focused coping	0.330**	3.03	0.109	0.109	.116; .544	.103	Small- medium
Problem focused coping → objective success	0.114	0.866	0.132	0.132	143; .373	N/A	Only predictor
Problem focused coping → self- perceptions of success	0.276*	2.12	0.130	0.130	.021; .531	N/A	Only predictor

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$  where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

Table A10.12.vi Statistical results for Path Coefficients in fully specified model (emotional variables and motivational variables, objective success and self-perceptions of success).

	β	t	SD	SE	$CI_{95}$	$f^2$	$f^2$ effect size
Entrepreneurial orientations → Reappraisal	0.042	0.292	0.142	0.142	236; .320	.001	Negligible
Entrepreneurial orientations → Suppression	0.174	0.801	0.217	0.217	251; .599	.026	Small
Entrepreneurial orientations → creative self-efficacy	0.272*	1.99	0.136	0.136	.005; .539	.076	Small
Entrepreneurial orientations → entrepreneurial self-efficacy	0.174	1.10	0.159	0.159	138; .486	.042	Small
Entrepreneurial orientations → negative anticipated emotions	-0.058	0.332	0.174	0.174	399; .283	017	Negligible
Entrepreneurial orientations → positive anticipated emotions	0.301*	1.93	0.156	0.156	005; .607	.080	Small
Entrepreneurial orientations → problem focused coping	-0.096	0.652	0.148	0.148	386; .194	.009	Negligible
Entrepreneurial orientations→ work engagement	-0.106	0.630	0.167	0.167	433; .221	.026	Small
Entrepreneurial orientations  →objective success	0.094	0.426	0.221	0.221	339; .527	.005	Negligible
Entrepreneurial orientations→ self- perceptions of success	0.041	0.210	0.195	0.195	341; .423	.018	Very small
Personal Initiative $\rightarrow$ Reappraisal	0.403***	3.34	0.121	0.121	.166; .640	.156	Medium
Personal Initiative → Suppression	-0.124	0.658	0.188	0.188	492; .244	.012	Very small
Personal Initiative → Creative self- efficacy	0.335*	2.32	0.144	0.144	.052; .617	.102	Small- medium
Personal initiative →entrepreneurial self-efficacy	0.458***	3.42	0.134	0.134	.195; .721	.265	Medium- large

Table A10.12.vi (cont.)

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	$f^2$ effect size
Personal initiative → negative anticipated emotions	0.128	0.674	0.190	0.190	244; .500	.002	Negligible
Personal initiative → positive anticipated emotions	0.157	1.09	0.144	0.144	125; .439	.016	Very small
Personal initiative → work engagement	0.372	2.56	0.145	0.145	.088; .658	.048	Small
Personal initiative → problem focused coping	0.262	1.52	0.172	0.172	075; .599	.124	Small- medium
Personal initiative → objective success	0.039	0.186	0.208	0.208	369; .447	003	Negligible
Personal initiative → self- perceptions of success	0.277	1.45	0.191	0.191	097; .651	.055	Small
Reappraisal → creative self-efficacy	-0.022	0.148	0.150	0.150	316; .272	004	Negligible
Reappraisal → entrepreneurial self- efficacy	0.200*	1.82	0.110	0.110	016; .416	.047	Small
Reappraisal → negative anticipated emotions	-0.252	1.29	0.196	0.196	636; .132	.011	Very small
Reappraisal → positive anticipated emotions	0.186	1.04	0.178	0.178	163; .535	.029	Small
Reappraisal → work engagement	0.046	0.301	0.152	0.152	252; .344	.010	Very small
Reappraisal → problem focused coping	0.245*	1.70	0.144	0.144	037; .527	.060	Small
Reappraisal → objective success	0.011	0.057	0.189	0.189	359; .381	.005	Negligible
Reappraisal → self-perceptions of success	-0.299*	1.99	0.150	0.150	593;005	.101	Small- medium
Suppression → creative self-efficacy	0.018	0.161	0.109	0.109	196; .232	.001	Negligible
Suppression → entrepreneurial self- efficacy	-0.012	0.118	0.105	0.105	218; .194	002	Negligible
Suppression → negative anticipated emotions	0.024	0.085	0.282	0.282	529; .577	.011	Very small
Suppression → positive anticipated emotions	-0.093	0.624	0.148	0.148	383; .197	.033	Small
Suppression → work engagement	0.152	1.12	0.136	0.136	115; .419	.033	Small
Suppression → problem focused coping	0.135	1.00	0.135	0.135	130; .400	.025	Small
Suppression → objective success	-0.012	0.063	0.181	0.181	367; .343	.001	Negligible
Suppression → self-perceptions of success	-0.258*	1.74	0.149	0.149	550; .034	.094	Small
Creative self-efficacy → negative anticipated emotions	-0.093	0.464	0.201	0.201	487; .301	.004	Negligible
Creative self-efficacy → positive anticipated emotions	0.031	0.203	0.153	0.153	269; .331	.009	Negligible
Creative self-efficacy → work engagement	0.059	0.362	0.164	0.164	262; .380	005	Negligible
Creative self-efficacy → Problem focused coping	-0.081	0.569	0.143	0.143	361; .199	.014	Very small
Creative self-efficacy →objective success	0.191	0.992	0.193	0.193	187; .569	.026	Small
Creative self-efficacy →self- perceptions of success	-0.161	0.949	0.169	0.169	492; .170	.023	Small
Entrepreneurial self-efficacy → negative anticipated emotions	0.252	1.12	0.224	0.224	187; .691	.023	Small
Entrepreneurial self-efficacy → positive anticipated emotions	-0.090	0.554	0.162	0.162	408; .228	019	Negligible
Entrepreneurial self-efficacy → Work engagement	0.186	1.13	0.164	0.164	135; .507	.028	Small
Entrepreneurial self-efficacy → problem-focused coping	0.227	1.14	0.199	0.199	163; .617	.030	Small

Table A10.12.vi (cont.)

	β	t	SD	SE	$CI_{95}$	$f^2$	$f^2$ effect size
Entrepreneurial self-efficacy → objective success	-0.150	0.556	0.270	0.270	679; .379	004	Negligible
Entrepreneurial self-efficacy → self- perceptions of success	0.436*	1.95	0.223	0.223	001; .873	.126	Small- medium
Negative anticipated emotions → work engagement	0.076	0.555	0.137	0.137	193; .345	.008	Negligible
Negative anticipated emotions → problem focused coping	-0.057	0.449	0.126	0.126	304; .190	.007	Negligible
Negative anticipated emotions → objective success	0.131	0.848	0.154	0.154	171; .433	.015	Very small
Negative anticipated emotions → self-perceptions of success	0.137	0.905	0.152	0.152	161; .435	.023	Small
Positive anticipated emotions → work engagement	0.182	1.28	0.142	0.142	096; .460	.030	Small
Positive anticipated emotions → problem focused coping	0.217*	1.75	0.124	0.124	026; .460	.059	Small
Positive anticipated emotions → objective success	-0.132	0.686	0.193	0.193	510; .246	.014	Very small
Positive anticipated emotions → self- perceptions of success	-0.106	0.820	0.130	0.130	361; .149	.013	Very small
Work engagement → problem focused coping	0.052	0.469	0.110	0.110	164; .268	.005	Negligible
Work engagement → objective success	-0.102	0.597	0.170	0.170	435; .231	.001	Negligible
Work engagement → self- perceptions of success	-0.096	0.534	0.179	0.179	447; .255	.003	Negligible
Problem focused coping→ Objective success	0.180	1.02	0.177	0.177	167; .527	.010	Very small
Problem focused coping → self- perceptions of success	0.153	0.920	0.166	0.166	172; .478	.023	Small

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95}$  =  $\beta$  ±  $t_{CV}$ \*SE where  $t_{CV}$  = 1.96 for two-tailed 95% Confidence Interval

Table A10.12.vii Test of the indirect effects of entrepreneurial orientations and personal initiative via one sequential mediator.

Indirect path	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
$EO \rightarrow Reap \rightarrow CSE$	001	.000	.025	040	05; .06
$EO \rightarrow Reap \rightarrow ESE$	.008	.013	.032	.250	05; .09
$EO \rightarrow Reap \rightarrow PAE$	.008	.008	.038	.211	07; .09
$EO \rightarrow Reap \rightarrow NAE$	011	018	.044	250	12; .06
$EO \rightarrow Supp \rightarrow CSE$	004	.005	.031	129	06; .08
$EO \rightarrow Supp \rightarrow ESE$	.035	002	.028	1.25	06; .05
$EO \rightarrow Supp \rightarrow PAE$	016	013	.048	333	13; .07
$EO \rightarrow Supp \rightarrow NAE$	.004	.010	.075	.053	14; .17
$EO \rightarrow CSE \rightarrow PAE$	.008	.012	.048	.167	08; .12
$EO \rightarrow CSE \rightarrow NAE$	025	016	.063	400	15; .11
$EO \rightarrow ESE \rightarrow PAE$	016	017	.044	364	13; .06
$EO \rightarrow ESE \rightarrow NAE$	.044	.034	.061	.721	07; .18
$EO \rightarrow PAE \rightarrow WEng$	.055	.052	.054	1.02	05; .17
$EO \rightarrow PAE \rightarrow PFC$	.065	.062	.052	1.25	02; .18
$EO \rightarrow PAE \rightarrow OS$	040	030	.067	597	18; .10
$EO \rightarrow PAE \rightarrow SP$	032	023	.045	711	13; .06
$EO \rightarrow NAE \rightarrow WEng$	004	001	.027	148	06; .06
$EO \rightarrow NAE \rightarrow PFC$	.003	.005	.029	.103	05; .08
$EO \rightarrow NAE \rightarrow OS$	008	006	.033	242	08; .06
$EO \rightarrow NAE \rightarrow SP$	008	002	.031	258	07; .06
$EO \rightarrow PFC \rightarrow OS$	017	015	.039	586	12; .05
$EO \rightarrow PFC \rightarrow SP$	015	013	.034	441	10; .04

Table A10.12.vii (cont.)

Indirect path	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
$PI \rightarrow Reap \rightarrow CSE$	009	007	.068	132	15; .12
$PI \rightarrow Reap \rightarrow ESE$	.081	.085	.053	1.53	01; .20
$PI \rightarrow Reap \rightarrow PAE$	.075	.082	.082	.915	07; .25
$PI \rightarrow Reap \rightarrow NAE$	102	092	.088	-1.16	26; .09
$PI \rightarrow Supp \rightarrow CSE$	.003	003	.026	.115	07; .04
$PI \to Supp \to ESE$	025	.009	.024	-1.04	03; .07
$PI \rightarrow Supp \rightarrow PAE$	.012	.015	.040	.300	05; .12
$PI \to Supp \to NAE$	003	.007	.061	049	12; .14
$PI \rightarrow CSE \rightarrow PAE$	.010	.009	.057	.175	11; .13
$PI \rightarrow CSE \rightarrow NAE$	031	017	.077	503	17; .15
$PI \rightarrow ESE \rightarrow PAE$	041	030	.077	532	18; .15
$PI \rightarrow ESE \rightarrow NAE$	.115	.060	.106	1.08	17; .26
$PI \rightarrow PAE \rightarrow WEng$	.029	.028	.041	.707	04; .12
$PI \rightarrow PAE \rightarrow PFC$	.034	.037	.043	.791	03; .14
$PI \rightarrow PAE \rightarrow OS$	021	015	.043	488	11; .06
$PI \rightarrow PAE \rightarrow SP$	017	008	.028	607	07; .05
$PI \rightarrow NAE \rightarrow WEng$	.010	001	.032	.313	08; .06
$PI \rightarrow NAE \rightarrow PFC$	007	013	.034	206	10; .05
$PI \rightarrow NAE \rightarrow OS$	.017	.016	.042	.405	05; .12
$PI \rightarrow NAE \rightarrow SP$	017	.010	.038	447	06; .10
$PI \rightarrow PFC \rightarrow OS$	.047	.038	.059	.800	06; .17
$PI \rightarrow PFC \rightarrow SP$	.040	.036	.057	.702	05; .18

\*P < .05, \*\*p < .01; \*\*\*p < .001  $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed) t = (ab original) / (SD ab Bootstrapped)

(Lindley & Scott, 1984)

Table A10.12.viii Indirect effects of reappraisal and suppression.

Indirect path	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
Reap → PAE → WEng	.034	.045	.059	.576	03; .19
Reap $\rightarrow$ NAE $\rightarrow$ WEng	019	013	.041	436	11; .07
Reap $\rightarrow$ CSE $\rightarrow$ WEng	001	006	.026	038	07; .04
$Reap \rightarrow CSE \rightarrow NAE$	.002	003	.031	.065	07; .06
$Reap \rightarrow CSE \rightarrow PAE$	001	003	.024	042	06; .04
$Reap \rightarrow CSE \rightarrow OS$	004	001	.043	093	09; .09
$Reap \rightarrow CSE \rightarrow SP$	.004	.001	.033	.121	07; .07
Reap → ESE → WEng	.037	.043	.044	.841	03; .15
$Reap \rightarrow ESE \rightarrow NAE$	.050	.028	.052	.962	08; .14
$Reap \rightarrow ESE \rightarrow PAE$	019	018	.039	487	11; .06
$Reap \rightarrow ESE \rightarrow OS$	030	025	.059	508	17; .08
$Reap \rightarrow ESE \rightarrow SP$	.087	.093	.072	1.21	02; .26
$Supp \rightarrow PAE \rightarrow WEng$	017	018	.037	459	10; .05
Supp → NAE → WEng	.002	004	.044	.045	10; .09
$Supp \rightarrow CSE \rightarrow WEng$	.001	.000	.020	.050	04; .04
$Supp \rightarrow CSE \rightarrow NAE$	002	003	.025	080	06; .05
$Supp \rightarrow CSE \rightarrow PAE$	.001	.001	.018	.056	04; .04
$Supp \rightarrow CSE \rightarrow OS$	.003	.009	.031	.097	05; .08
$Supp \rightarrow CSE \rightarrow SP$	003	006	.025	012	07; .04
$Supp \rightarrow ESE \rightarrow WEng$	002	.000	.029	069	06; .06
$Supp \rightarrow ESE \rightarrow NAE$	003	.000	.027	111	06; .06

Table A10.12.viii (cont.)

Indirect path	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
$Supp \rightarrow ESE \rightarrow PAE$	.001	.002	.020	.050	04; .05
$Supp \rightarrow ESE \rightarrow OS$	.002	.001	.030	.067	06; .07
$Supp \rightarrow ESE \rightarrow SP$	.005	.000	.055	.091	11; .12

\* p < .05, \*\* p < .01; \*\*\* p < .001  $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed) t = (ab original) / (SD ab Bootstrapped)

(Lindley & Scott, 1984)

Table A10.12.ix Indirect effects of self-efficacy and anticipated emotions on problem focused coping and work engagement.

Indirect path	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
PAE →WEng →PFC	.009	.010	.028	.321	04; .08
$NAE \rightarrow WEng \rightarrow PFC$	.004	.005	.018	.222	03; .05
CSE →PAE → WEng	.006	.003	.037	.162	08; .08
$CSE \rightarrow PAE \rightarrow PFC$	007	.008	.038	184	07; .09
$CSE \rightarrow NAE \rightarrow WEng$	016	.004	.031	516	06; .08
$CSE \rightarrow NAE \rightarrow PFC$	.019	.003	.032	.593	07; .08
$ESE \rightarrow PAE \rightarrow WEng$	.067	017	.043	1.56	12; .07
$ESE \to PAE \to PFC$	.005	017	.040	.125	10; .06
$ESE \rightarrow NAE \rightarrow WEng$	020	.006	.038	526	07; .09
$ESE \to NAE \to PFC$	014	009	.042	333	10; .08

\* p < .05, \*\* p < .01; \*\*\* p < .001  $t_{0.05, 4999} = 1.645; t_{0.01, 4999} = 2.576; t_{0.001, 4999} = 3.291$  (one-tailed) t = (ab original) / (SD ab Bootstrapped)

(Lindley & Scott, 1984)

#### Table A10.12.x Test of total indirect effects.

Total Indirect effect ( $\sum ab - c'$ )	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
EO → CSE	.002	.005	.038	.053	07; .09
$EO \rightarrow ESE$	.007	.011	.042	.167	07; .09
$EO \rightarrow WEng$	.127	.124	.105	1.21	08; .34
$EO \rightarrow PAE$	016	010	.084	190	19; .15
$EO \rightarrow NAE$	.014	.012	.125	.112	23; .26
$EO \rightarrow PFC$	.117	.125	.104	1.13	07; .34
$EO \rightarrow OS$	018	001	.118	153	25; .22
$EO \rightarrow SP$	058	018	.146	397	30; .28
PI →CSE	011	010	.071	155	16; .12
$PI \rightarrow ESE$	.082	.093	.058	1.41	01; .22
$PI \rightarrow WEng$	.166	.156	.115	1.44	08; .38
$PI \rightarrow PAE$	.048	.065	.101	.475	13; .27
$PI \rightarrow NAE$	.001	029	.155	.006	33; .28
$PI \rightarrow PFC$	.243*	.270	.134	1.81	.02; .57
$PI \rightarrow OS$	.012	006	.166	.072	33; .34
$PI \rightarrow SP$	.116	.072	.160	.725	24; .40
Reappraisal → WEng	.143	.065	.091	1.57	11; .25
Reappraisal → PFC	.100	.101	.082	1.22	05; .27
Reappraisal → OS	031	013	.113	274	24; .20
Reappraisal → SP	.089	.105	.108	.824	09; .32
Suppression → WEng	017	022	.081	210	18; .13
Suppression $\rightarrow$ PFC	018	037	.071	254	17; .10
Suppression $\rightarrow$ OS	.118	.036	.104	1.13	14; .23
Suppression $\rightarrow$ SP	.010	.026	.118	.085	17; .26
$CSE \rightarrow PFC$	.015	.014	.053	.283	09; .13
CSE → objective success	034	028	.073	466	19; .11
CSE → self-perceptions of success	031	020	.064	484	16; .11
$ESE \rightarrow PFC$	025	018	.066	379	16; .12
ESE → objective success	.062	.048	.112	.553	17; .30
ESE → self-perceptions of success	.057	.023	.094	.606	17; .22
$PAE \rightarrow OS$	.022	.019	.068	.324	13; .15
$PAE \rightarrow SP$	.017	.007	.068	.250	13; .14
$NAE \rightarrow OS$	017	020	.054	315	12; .07
$NAE \rightarrow SP$	015	006	.048	313	10; .09

\* p < .05, \*\* p < .01; \*\*\* p < .001  $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed) t = (ab original) / (SD ab Bootstrapped)

(Lindley & Scott, 1984)

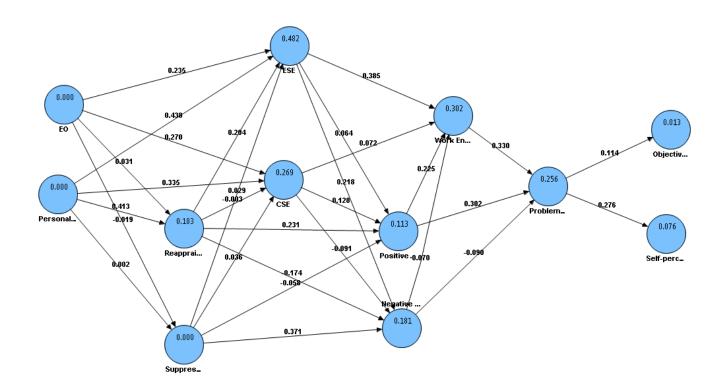


Figure A10.12.i. Original PLS output for model investigating the direct effects of the emotional variables and motivational variables on objective success and self-perceptions of success.

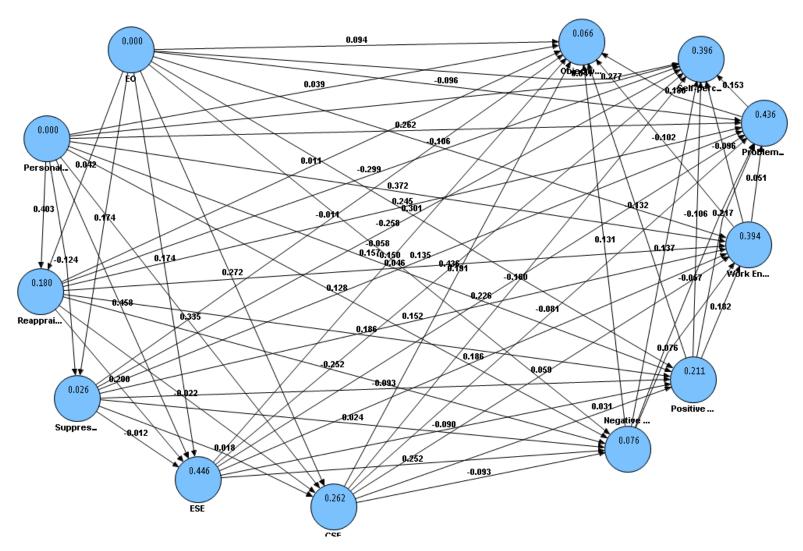


Figure A10.12.ii. Original PLS output for fully specified model investigating the effects of the emotional variables and motivational variables on objective success and self-perceptions of success.

# Appendix 10.13: Model investigating the effects of the Emotional and Motivational components on External Success

The analysis presented in this appendix mirrors that in the main analysis, as outlined in section 10.5, but investigates the impact of the emotional and motivational components on external success, rather than objective success or self-perceptions of success. The results of the measurement model which are shown in this section pertain to the model as specified in Figure 11.8. The fully specified model was also calculated, but as the results of the measurement model for both versions are very similar, they are presented only once. The power of the sample size is only sufficient to detect large effects in this analysis, so effect size estimations were relied upon.

Table A10.13.i outlines the average variance extracted, the composite reliabilities, factor loadings and factor weights for each variable and its indicators in the model. The AVEs for entrepreneurial orientations, personal initiative, entrepreneurial self-efficacy, reappraisal and negative anticipated emotions were below the recommended level of .5, but the composite reliability for each of these variables were all high and above the recommended level of 0.6. The AVE and composite reliability for all other variables were above the recommended levels.

Looking at the factor loadings, for entrepreneurial orientation, five of its indicators were above 0.6, one was just below this, and the final indicator was above 0.4. However, none of the indicators were above the recommended level of 0.7. For personal initiative, three of the indicators were above 0.7, while all the others were above 0.6, except for one indicator which loaded at .540. For entrepreneurial selfefficacy, two of the indicators were above 0.7, two were above 0.6 and two were above 0.5. For creative self-efficacy and work engagement all indicators had high loadings. For reappraisal, one indicator loaded above 0.7, three loaded above 0.6 and the final two were just below this. For suppression, one indicator loaded above 0.7, a second loaded just below this, but the final two were quite low in the range of 0.2 to 0.3. For positive anticipated emotions, three indicators were above 0.7, two were above 0.6 and the final indicated loaded a little below 0.6. For negative anticipated emotions, five of the ten indicators loaded above 0.7, three loaded above 0.6, and the remaining two were somewhat lower. For problem focused coping, three of the five indicators loaded very highly, but the other two demonstrated suboptimal loadings in the range of 0.3 to 0.5. Finally, for external success one of the two indicators loaded above 0.7, but the second was somewhat lower than this. Although a number of loadings were less than ideal, and the measurement model was weaker than in the main analysis, the structural model was investigated (although with caution) so as to allow for the investigation of the impact of the model on external success.

Table A10.13.ii outlines the correlations between the latent variables and the square root of the AVE for each latent variable. The Fornell-Larker criterion is met as none of the latent variables are correlated more highly with another latent variable than their square root of the AVE. This provides evidence of discriminant validity. Table A10.13.iii outlines the cross-loadings for each indicator, and provides a second method of checking the discriminant validity. With one exception, none of the indicators loaded more highly on another latent variable than they do on their own. However, ESE1 loaded highly on creative self-efficacy, and this loading was slightly than on its own indicator, entrepreneurial self-efficacy. As these are two domain specific forms of self-efficacy relevant to entrepreneurship, this is not that unusual however. Hence, discriminant validity was largely evident.

Table A10.13.i. Factor loadings, Weights, Composite Scale Reliability, and AVE of constructs.

Construct	Measure	Factor Loadings	Weights of measures	Composite scale Reliability	Average Variance Extracted (AVE)
Entrepreneurial	AO	0.663	0.343	0.778	0.374
Orientations	AutO	0.583	0.272		
	CAgg	0.685	0.233		
	IO	0.647	0.284		
	LO	0.636	0.225		
	RTrs	0.413	0.310		
Personal Initiative	PI1	0.692	0.213	0.855	0.463
	PI2	0.784	0.274		
	PI3	0.667	0.117		
	PI4	0.745	0.178		
	PI5	0.709	0.320		

Table A10.13.i. (cont.)

Construct	Measure	Factor Loadings	Weights of measures	Composite scale Reliability	Average Variance Extracted (AVE)
	PI6	0.650	0.229	·	. , ,
	PI7	0.469	0.110		
Entrepreneurial	ESE1	0.688	0.382	0.820	0.436
Self-efficacy	ESE2	0.642	0.197		
·	ESE3	0.539	0.221		
	ESE4	0.718	0.202		
	ESE5	0.780	0.375		
	ESE6	0.563	0.097		
Creative Self-	CSE1	0.724	0.394	0.824	0.610
efficacy	CSE2	0.802	0.467		
,	CSE3	0.814	0.418		
Work Engagement	Absorption	0.909	0.380	0.937	0.832
8.8	Dedication	0.892	0.320		
	Vigor	0.934	0.395		
Reappraisal	Reap1	0.707	0.181	0.841	0.470
	Reap2	0.570	0.103		
	Reap3	0.747	0.232		
	Reap4	0.663	0.386		
	Reap5	0.676	0.194		
	Reap6	0.735	0.346		
Suppression	Supp1	0.810	0.309	0.827	0.558
	Supp2	0.886	0.412		
	Supp3	0.772	0.432		
	Supp4	0.445	0.114		
Positive anticipated	Delight	0.922	0.220	0.929	0.691
emotions	Excitement	0.884	0.217		
	Gladness	0.849	0.200		
	Happiness	0.903	0.212		
	Pride	0.825	0.190		
	Satisfaction	0.549	0.160		
Negative anticipated	Anger	0.796	0.271	0.894	0.466
emotions	Depression	0.694	0.102		
	Disappointment	0.677	0.150		
	Discomfort	0.709	0.061		
	Fear	0.789	0.233		
	Frustration	0.681	0.162		
	Guilt	0.542	0.053		
	Sadness	0.719	0.202		
	Shame	0.376	-0.034		
	Worry	0.736	0.154		
Problem focused	ActiveCope	0.895	0.357	0.836	0.533
coping	InstSocSupp	0.508	0.073	3.030	0.555
rb	PlanCope	0.863	0.370		
	ResCope	0.319	0.021		
	SupprCompAct	0.870	0.365		
External Success	ExtSucc1	0.973	1.125	0.649	0.532
Zincina baccos	ExtSucc2	0.343	-0.277	0.012	0.552

Table A10.13.ii. Average Variance Extracted by constructs and correlations between constructs to assess Discriminant Validity.

	1.	2.	3.	4.	5.	6.	7.	8.	9.	10.	11.
1. Creative Self-Efficacy	0.781										
2. Entrepreneurial Orientations	0.444	0.612									
3. Entrepreneurial Self-Efficacy	0.602	0.370	0.660								
4. External Success	-0.108	0.012	0.143	0.729							
5. Negative anticipated emotions	-0.285	-0.149	0.059	0.033	0.683						
6. Personal Initiative	0.464	0.434	0.490	0.160	-0.027	0.680					
7. Positive anticipated emotions	0.128	0.372	0.240	-0.075	0.152	0.437	0.831				
8. Problem-focused coping	0.274	0.292	0.487	0.155	0.112	0.670	0.533	0.730			
9. Reappraisal	0.381	0.377	0.490	-0.005	-0.189	0.531	0.319	0.650	0.686		
10. Suppression	0.026	0.366	0.045	-0.031	0.094	-0.035	-0.095	0.014	0.191	0.747	
11. Work Engagement	0.353	0.311	0.595	0.082	0.011	0.599	0.387	0.593	0.477	0.046	0.912

(Note: Bold numbers on the diagonal show the square root of the AVE; Numbers below the diagonal represent construct correlations)

Table A10.13.iii. Cross-loadings for measurement model

	CSE	ЕО	ESE	External Success	Negative anticipated emotions	Personal Initiative	Positive anticipated emotions	Problem- focused coping	Reappraisal	Suppression	Work Engagement
CSE1	0.724	0.424	0.369	-0.197	-0.271	0.222	0.157	-0.001	0.159	0.114	0.236
CSE2	0.802	0.241	0.493	-0.048	-0.230	0.463	-0.058	0.294	0.328	-0.123	0.403
CSE3	0.814	0.394	0.543	-0.019	-0.169	0.384	0.222	0.327	0.395	0.091	0.171
AOtot	0.247	0.663	0.277	0.069	-0.042	0.332	0.398	0.336	0.306	0.315	0.324
AutOTot	0.207	0.583	0.358	-0.067	0.153	0.180	-0.032	0.060	0.098	0.243	-0.037
CAgg	0.257	0.685	0.172	0.031	-0.287	0.204	0.197	0.146	0.123	0.209	0.170
IOTot	0.394	0.647	0.049	-0.017	-0.212	0.212	0.328	-0.018	0.200	0.269	0.056
LOTot	0.320	0.636	0.131	-0.004	-0.200	0.395	0.440	0.355	0.239	0.027	0.160
RTTotRS	0.192	0.413	0.306	0.018	-0.015	0.239	0.020	0.166	0.343	0.196	0.384
ESE1	0.782	0.532	0.688	-0.079	-0.235	0.476	0.283	0.301	0.344	0.048	0.517

Table A10.13.iii. (cont.)

	CSE	ЕО	ESE	External Success	Negative anticipated emotions	Personal Initiative	Positive anticipated emotions	Problem- focused coping	Reappraisal	Suppression	Work Engagement
ESE2	0.227	0.046	0.642	0.273	0.073	0.175	0.035	0.402	0.362	-0.059	0.283
ESE3	0.244	0.217	0.539	0.150	0.292	0.322	0.255	0.380	0.429	0.088	0.116
ESE4	0.299	0.113	0.718	0.120	-0.034	0.139	0.035	0.218	0.279	-0.171	0.334
ESE5	0.338	0.176	0.780	0.098	0.184	0.421	0.202	0.390	0.322	0.097	0.628
ESE6	0.184	0.219	0.563	0.262	0.078	0.174	-0.145	0.193	0.157	0.175	0.141
ExtS1	-0.128	0.029	0.151	0.973	0.068	0.158	-0.070	0.130	-0.014	-0.006	0.067
ExtS2	-0.129	0.073	0.096	0.343	0.159	0.066	-0.013	-0.032	-0.041	0.087	-0.026
Anger	-0.365	-0.139	0.009	-0.011	0.796	-0.097	0.308	0.234	-0.187	-0.025	-0.036
Depression	-0.033	-0.064	0.157	0.075	0.694	0.007	0.042	0.054	0.049	0.079	0.041
Disappointment	-0.175	-0.241	-0.058	-0.100	0.677	-0.202	-0.026	-0.146	-0.315	0.116	-0.048
Discomfort	-0.132	0.031	-0.053	-0.168	0.709	0.067	0.161	0.024	0.007	0.128	-0.004
Fear	-0.320	-0.052	0.075	0.206	0.789	0.145	0.076	0.177	0.064	0.176	0.089
Frustration	-0.139	-0.204	0.045	0.005	0.681	-0.135	0.159	-0.051	-0.339	-0.155	-0.084
Guilt	0.090	0.195	0.209	-0.155	0.542	0.131	0.367	0.111	0.042	-0.055	-0.049
Sadness	-0.088	-0.143	0.195	-0.095	0.719	0.119	0.103	0.188	-0.054	0.106	0.238
Shame	0.294	0.163	0.263	-0.020	0.376	0.155	0.306	0.111	0.166	0.113	0.114
Worry	-0.185	-0.010	-0.090	0.204	0.736	-0.081	-0.099	-0.062	-0.272	0.238	-0.162
PI1	0.372	0.227	0.300	-0.012	-0.259	0.692	0.105	0.328	0.279	-0.171	0.437
PI2	0.365	0.379	0.310	0.152	-0.079	0.784	0.231	0.477	0.540	-0.005	0.427
PI3	0.114	0.320	0.216	0.053	0.076	0.667	0.233	0.384	0.196	0.111	0.303
PI4	0.171	0.345	0.259	0.318	0.024	0.745	0.362	0.392	0.356	0.034	0.388
PI5	0.416	0.342	0.512	0.044	0.079	0.709	0.519	0.583	0.500	-0.048	0.425
PI6	0.337	0.271	0.353	0.096	0.101	0.650	0.359	0.634	0.341	0.050	0.597
PI7	0.280	0.107	0.230	0.198	-0.105	0.469	0.109	0.211	-0.005	-0.111	0.106
Delight	0.166	0.374	0.200	-0.078	0.050	0.373	0.922	0.532	0.358	-0.049	0.261

Table A10.13.iii. (cont.)

	CSE	ЕО	ESE	External Success	Negative anticipated emotions	Personal Initiative	Positive anticipated emotions	Problem- focused coping	Reappraisal	Suppression	Work Engagement
Excitement	0.270	0.443	0.327	-0.134	0.132	0.388	0.884	0.494	0.228	-0.024	0.381
Gladness	-0.064	0.316	0.078	-0.059	0.156	0.329	0.849	0.444	0.323	0.005	0.312
Happiness	-0.035	0.373	0.168	-0.004	0.176	0.429	0.903	0.456	0.251	-0.096	0.360
Pride	0.222	0.118	0.256	-0.218	0.186	0.346	0.825	0.354	0.237	-0.177	0.361
Satisfaction	0.067	0.185	0.160	0.160	0.054	0.305	0.549	0.350	0.172	-0.158	0.249
ActiveCope	0.168	0.247	0.413	0.048	0.174	0.606	0.502	0.895	0.613	0.046	0.523
InstSocSupp	0.187	0.164	0.072	-0.011	0.014	0.126	0.249	0.508	0.466	0.235	0.004
PlanCope	0.324	0.181	0.499	0.146	0.029	0.630	0.421	0.863	0.569	-0.184	0.603
ResCope	0.086	-0.005	0.015	0.139	-0.098	0.081	-0.049	0.319	0.338	0.113	0.057
SupprCompAct	0.214	0.342	0.409	0.225	0.110	0.574	0.496	0.870	0.493	0.126	0.497
Reapp1	0.116	0.124	0.171	-0.051	-0.109	0.337	0.154	0.489	0.707	-0.037	0.154
Reapp2	-0.041	0.178	0.159	0.125	-0.043	0.114	0.186	0.313	0.570	0.314	0.235
Reapp3	0.245	0.275	0.151	-0.035	-0.323	0.235	0.295	0.474	0.747	0.202	0.190
Reapp4	0.429	0.322	0.429	-0.027	-0.023	0.604	0.269	0.488	0.663	0.028	0.275
Reapp5	-0.017	0.306	0.333	0.191	-0.050	0.245	0.210	0.297	0.676	0.140	0.228
Reapp6	0.421	0.256	0.514	-0.077	-0.207	0.358	0.170	0.503	0.735	0.233	0.667
Suppr1	0.052	0.274	0.130	0.047	-0.102	0.034	-0.159	0.008	0.202	0.810	0.143
Suppr2	0.067	0.365	0.096	0.109	-0.058	0.009	-0.080	0.068	0.244	0.886	0.058
Suppr3	-0.045	0.318	-0.062	-0.196	0.275	-0.062	0.000	-0.008	0.052	0.772	0.000
Suppr4	0.015	-0.061	-0.070	-0.047	0.263	-0.192	-0.110	-0.113	0.050	0.445	-0.191
Absorption	0.354	0.339	0.500	-0.032	0.004	0.514	0.450	0.580	0.425	0.082	0.909
Dedication	0.264	0.220	0.494	0.121	-0.035	0.533	0.274	0.459	0.337	-0.043	0.892
Vigor	0.338	0.283	0.626	0.142	0.052	0.590	0.324	0.571	0.525	0.073	0.934

Moving on to examine the structural model, Table A10.13.iv provides an overview of both versions of the model. In the model which included only the direct effects between each sequential phase, entrepreneurial orientations and personal initiative explained 30.8% of the variance in reappraisal, which is indicative of a large effect, and 18.0% of the variance in suppression, which is indicative of a medium effect. Interestingly, this contrasts with the main analysis, which did not explain a significant amount of variance in suppression. These variables, combined with reappraisal and suppression explained 31.1% of the variance in creative self-efficacy and 33.3% of the variance in entrepreneurial self-efficacy (both large effects). Both forms of self-efficacy, combined with reappraisal and suppression predicted 13.7% of the variance in positive anticipated emotions and 22.3% of the variance in negative anticipated emotions, which are both in the range of a medium effect. Self-efficacy combined with anticipated emotions had a large effect on work engagement, explaining 42.2% of its variance. Anticipated emotions combined with work engagement explained 46.3% of the variance in problem-focused coping (a large effect). Finally, problem-focused coping explained 2.4% of the variance in external success, which is a small effect. For the majority of variables, the Q<sup>2</sup> estimations were above zero. However, for positive anticipated emotions, both the cross validated redundancy and the cross validated commonality figures were below zero, suggesting that the model does not have predictive relevance for this variable. This is a somewhat unusual finding, given that 13.7% of the variance was explained in this variable. For external success, the cross-validated redundancy figure was below zero, although the cross-validated commonality figure was above zero, suggesting that predictive relevance was somewhat problematic here. However, in this version of the model, problem-focused coping was the only predictor for external success, and so this is less surprising.

The results of the fully specified model resulted in largely similar findings, with the effect sizes of the same magnitude for the majority of variables. The impact on suppression increase from zero to 2.6% which is a small effect, and the percentage of variance for negative anticipated emotions actually decreased from 18.1% to 7.6% (a small effect). The variance explained for reappraisal, entrepreneurial self-efficacy and creative self-efficacy remained relatively stable. The variance explained for positive anticipated emotions increased from 10.3% to 21.2%, for problem-focused coping the increase was from 25.6% to 43.6%, and work engagement increased from 30.2% to 38.4%. For the success variables, there was a small increase in the variance explained for objective success, increasing from 1.3% to 6.6%, but the increase for self-perceptions of success was much more pronounced, increasing from 7.6% to 38.6% (a large effect).

Table A10.13.iv. Estimation of the structural model (emotional variables, motivational and volitional resources, and external success).

		Direct	effects only mod	lel		Direct and i	ndirect effects n	nodel
	R <sup>2</sup>	R <sup>2</sup> effect size	Q <sup>2</sup> Cross validated commonality	Q <sup>2</sup> Cross validated redundancy	R <sup>2</sup>	R <sup>2</sup> effect size	Q <sup>2</sup> Cross validated commonality	Q <sup>2</sup> Cross validated redundancy
Reappraisal	.308	Large	.457	.182	0.277	Large	.438	.153
Suppression	.180	Medium	.507	.045	0.165	Medium	.495	.059
Positive anticipated emotions	.137	Medium	159	205	0.378	Large	.717	075
Negative anticipated emotions	.223	Medium- large	.601	.121	0.263	Large	.602	.157
Problem-focused coping	.463	Large	.294	.180	0.646	Large	.258	.262
Entrepreneurial self-efficacy	.333	Large	.565	.025	0.304	Large	.559	.003
Creative self- efficacy	.311	Large	.448	.142	0.298	Large	.445	.170
Work Engagement	.422	Large	.804	.181	0.502	Large	.798	.101
External success	.024	Small	.154	013	0.224	Medium- large	.690	117

To explain these effects in more detail, the individual paths were examined. Given the focus of the analysis in this appendix, only those paths relevant to the prediction of external success are interpreted. Figure A10.13.i and Table A10.13.v outline the results of the path coefficients for the model

specifying the direct paths between each sequential phase of the model only. Problem focused coping did not have a significant effect on external success, but as its only predictor, it explained 2.4% of the variance in this variable.

Figure A10.13.ii and Table A10.13.vi outline the results for the fully specified model. For ease of interpretation, only the significant paths and the non-significant paths which demonstrate small effects are included in Figure A10.13.ii. In this model, none of the variables had a significant effect on external success, but given the reduced sample size in this analysis, this is unsurprising. However, a number of the variables had non-significant effects in the small to medium range. Entrepreneurial orientations, personal initiative and entrepreneurial self-efficacy had positive effects on external success ratings. All were in the small range, but entrepreneurial self-efficacy had the largest effect. Reappraisal, creative self-efficacy and positive anticipated emotions had negative effects on external success. The effects of reappraisal and positive anticipated emotions were small in size, while the effect of creative self-efficacy was medium in size.

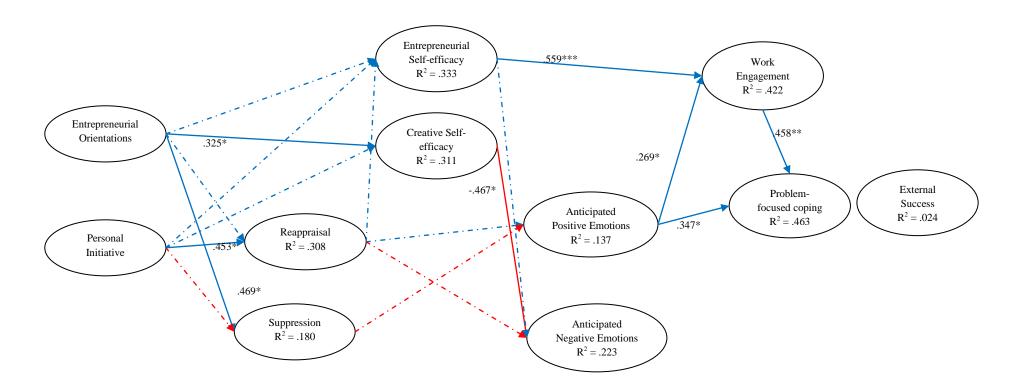


Figure A10.13.i. Results of Partial Least Squares analysis for the model investigating the relationships between emotional variables, motivational resources, and external success. (\*\*\* p < .01; \*\*p < .01; \*\*p < .05; dashed lined indicate non-significant paths; blue dashed paths- small positive effects, red dashed paths- small negative effects).

Table A10.13.v. Statistical results for Path Coefficients in direct effects only model (emotional variables, motivational variables, and external success).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	f² effect size
Entrepreneurial orientation → creative self-efficacy	0.325*	1.78	0.182	0.182	032; .682	.081	Small
Entrepreneurial orientation → entrepreneurial self-efficacy	0.171	0.725	0.236	0.236	292; .634	.022	Small
Entrepreneurial orientation → Reappraisal	0.180	1.14	0.158	0.158	130; .490	.038	Small
Entrepreneurial orientation → Suppression	0.469*	2.33	0.201	0.201	.075; .863	.160	Medium
Personal Initiative →Creative self-efficacy	0.237	1.17	0.203	0.203	161; .635	.049	Small
Personal initiative  →entrepreneurial self-efficacy	0.252	1.17	0.216	0.216	171; .675	.069	Small
Personal initiative → Reappraisal	0.453**	2.83	0.160	0.160	.139; .767	.241	Medium- large
Personal initiative → Suppression	-0.238	1.11	0.216	0.216	661; .185	.032	Small
Reappraisal → entrepreneurial self-efficacy	0.304	1.60	0.190	0.190	068; .676	.061	Small
Reappraisal → creative self- efficacy	0.154	0.790	0.195	0.195	228; .536	.013	Very small
Reappraisal → negative anticipated emotions	-0.264	1.01	0.262	0.262	778; .250	.031	Small
Reappraisal → positive anticipated emotions	0.307	1.25	0.246	0.246	175; .789	.072	Small
Suppression → entrepreneurial self-efficacy	-0.067	0.320	0.210	0.210	479; .345	.007	Negligible
Suppression → creative self- efficacy	-0.115	0.730	0.157	0.157	423; .193	.017	Very small
Suppression → negative anticipated emotions	0.135	0.386	0.350	0.350	551; .821	.004	Negligible
Suppression → positive anticipated emotions	-0.158	0.794	0.199	0.199	548; .232	.028	Small
Creative self-efficacy → work engagement	-0.040	0.212	0.187	0.187	407; .327	.002	Negligible
Creative self-efficacy → negative anticipated emotions	-0.467*	1.83	0.256	0.256	969; .035	.053	Small
Creative self-efficacy → positive anticipated emotions	-0.068	0.301	0.227	0.227	513; .377	.003	Negligible
Entrepreneurial self-efficacy → Work engagement	0.559***	3.38	0.165	0.165	.236; .832	.301	Medium- Large
Entrepreneurial self-efficacy → negative anticipated emotions	0.463	1.55	0.299	0.299	123; 1.05	.024	Small
Entrepreneurial self-efficacy → positive anticipated emotions	0.138	0.577	0.240	0.240	332; .608	.015	Very small
Negative anticipated emotions  → problem focused coping	0.054	0.316	0.172	0.172	283; .391	.009	Negligible
Negative anticipated emotions → work engagement	-0.074	0.498	0.149	0.149	366; .218	.005	Negligible
Positive anticipated emotions → problem focused coping	0.347*	2.16	0.161	0.161	.031; .663	.147	Medium
Positive anticipated emotions → work engagement	0.269*	1.85	0.146	0.146	017; .555	.126	Small- medium
Work engagement →problem focused coping	0.458***	3.67	0.125	0.125	.213; .703	.318	Medium- large
Problem focused coping → External success	0.155	0.558	0.279	0.279	392; .702	N/A	Only predictor

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$ 

where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

(Lindley & Scott, 1984)

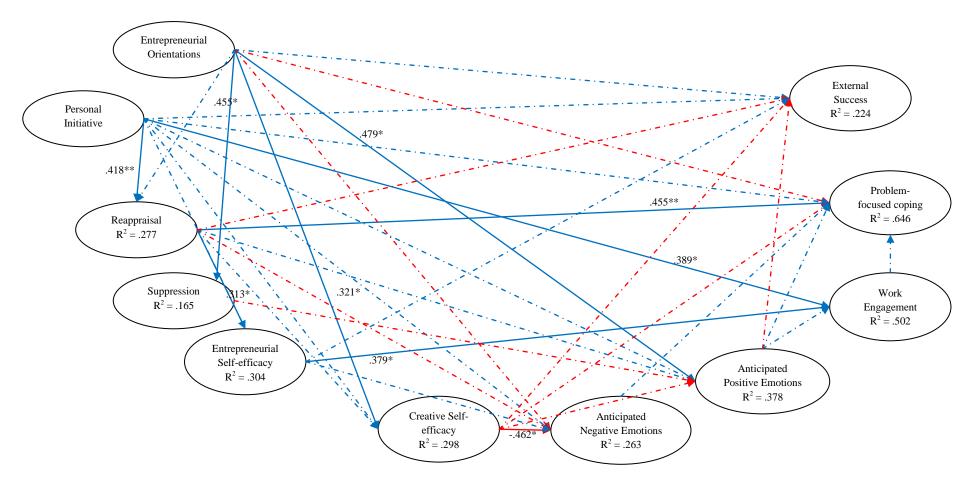


Figure A10.13.ii. Results of Partial Least Squares analysis for the fully specified model investigating the relationships between emotional variables, motivational resources, volitional resources, and external success. (\*\*\* p < .01; \*\*p < .05) (dashed lines indicate non-significant small effects).

Table A10.13.vi. Statistical results for Path Coefficients in fully specified model (emotional variables and motivational variables, external success).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	f² effect size
Entrepreneurial orientations → Reappraisal	0.183	1.17	0.156	0.156	123; .489	.036	Small
Entrepreneurial orientations → Suppression	0.455*	2.12	0.215	0.215	.034; .876	.143	Small- medium
Entrepreneurial orientations → creative self-efficacy	0.321*	1.69	0.190	0.190	051; .693	.081	Small
Entrepreneurial orientations → entrepreneurial self-efficacy	0.076	0.308	0.247	0.247	408; .560	003	Negligible
Entrepreneurial orientations → negative anticipated emotions	-0.168	0.687	0.244	0.244	646; .310	.022	Small
Entrepreneurial orientations → positive anticipated emotions	0.479*	2.30	0.208	0.208	.071; .887	.223	Medium
Entrepreneurial orientations → problem focused coping	-0.077	0.375	0.206	0.206	481; .327	.034	Small
Entrepreneurial orientations→ work engagement	-0.065	0.294	0.220	0.220	496; .366	012	Very small
Entrepreneurial orientations →External success	0.199	0.633	0.314	0.314	416; .814	.021	Small
Personal Initiative → Reappraisal	0.418**	2.92	0.143	0.143	.138; .698	.194	Medium
Personal Initiative → Suppression	-0.192	0.881	0.218	0.218	619; .235	.008	Negligible
Personal Initiative →Creative self-efficacy	0.236	1.10	0.214	0.214	183; .655	.044	Small
Personal initiative  →entrepreneurial self-efficacy	0.282	1.34	0.211	0.211	132; .696	.085	Small
Personal initiative → negative anticipated emotions	0.250	1.11	0.224	0.224	189; .689	.035	Small
Personal initiative → positive anticipated emotions	0.266	1.60	0.166	0.166	059; .591	.048	Small
Personal initiative → work engagement	0.389*	2.17	0.179	0.179	.038; .740	.141	Small- medium
Personal initiative → problem focused coping	0.300	1.50	0.196	0.196	084; .684	.153	Medium
Personal initiative → External success	0.333	1.07	0.311	0.311	277; .943	.055	Small
Reappraisal → creative self- efficacy	0.151	0.780	0.194	0.194	299; .531	.024	Small
Reappraisal → entrepreneurial self-efficacy	0.313*	1.74	0.180	0.180	040; .666	.085	Small
Reappraisal → negative anticipated emotions	-0.297	1.19	0.250	0.250	787; .193	.037	Small
Reappraisal → positive anticipated emotions	0.136	0.552	0.247	0.247	348; .620	.023	Small
Reappraisal → work engagement	0.076	0.358	0.212	0.212	340; .492	002	Negligible
Reappraisal → problem focused coping	0.455**	2.61	0.174	0.174	.114; .796	.172	Medium
Reappraisal → External success	-0.209	0.602	0.347	0.347	889; .471	.022	Small
Suppression → creative self- efficacy	-0.123	0.765	0.161	0.161	439; .193	.019	Very small
Suppression → entrepreneurial self-efficacy	-0.023	0.104	0.217	0.217	448; .402	.004	Negligible
Suppression → negative anticipated emotions	0.157	0.417	0.378	0.378	584; .898	.015	Very small
Suppression → positive anticipated emotions	-0.294	1.45	0.203	0.203	690; .102	.096	Small
Suppression → work engagement	0.075	0.399	0.189	0.189	295; .445	.008	Negligible

Table A10.13.vi. (cont.).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	f² effect size
Suppression → problem focused coping	-0.010	0.057	0.166	0.166	335; .315	.000	Negligible
Suppression → External success	0.005	0.019	0.244	0.244	473; .483	003	Negligible
Creative self-efficacy → negative anticipated emotions	-0.462*	1.83	0.253	0.253	958; .034	.134	Small- medium
Creative self-efficacy → positive anticipated emotions	-0.294	1.53	0.193	0.193	672; .084	.077	Small
Creative self-efficacy → work engagement	-0.082	0.361	0.227	0.227	527; .363	.012	Very small
Creative self-efficacy → Problem focused coping	-0.023	0.109	0.210	0.210	435; .389	.023	Small
Creative self-efficacy →External success	-0.498	1.50	0.332	0.332	-1.15; .153	.159	Medium
Entrepreneurial self-efficacy → negative anticipated emotions	0.428	1.56	0.274	0.274	109; .965	.031	Small
Entrepreneurial self-efficacy → positive anticipated emotions	0.076	0.348	0.217	0.217	349; .501	003	Negligible
Entrepreneurial self-efficacy → Work engagement	0.379*	1.94	0.196	0.196	005; .763	.147	Small- medium
Entrepreneurial self-efficacy → problem-focused coping	0.043	0.177	0.245	0.245	437; .523	006	Negligible
Entrepreneurial self-efficacy → External success	0.448	1.02	0.438	0.438	410; 1.31	.104	Small- medium
Negative anticipated emotions → work engagement	-0.068	0.351	0.195	0.195	450; .314	002	Negligible
Negative anticipated emotions → problem focused coping	0.126	0.753	0.167	0.167	201; .453	.031	Small
Negative anticipated emotions → External success	-0.011	0.036	0.293	0.293	585; .563	.005	Negligible
Positive anticipated emotions → work engagement	0.155	0.745	0.208	0.208	253; .563	.026	Small
Positive anticipated emotions → problem focused coping	0.214	1.37	0.157	0.157	094; .522	.068	Small
Positive anticipated emotions → External success	-0.229	0.930	0.246	0.246	711; .253	.040	Small
Work engagement → problem focused coping	0.076	0.460	0.166	0.166	249; .401	.020	Small
Work engagement → External success	-0.167	0.628	0.267	0.267	690; .356	.017	Very small
Problem focused coping→ External success	0.075	0.176	0.424	0.424	756; .830	.015	Very small

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$  where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

(Hinkle, Wiersma & Jurs, 1998)

The final stage of the assessment of the structural model necessitates the investigation of the significance of the indirect paths. The bootstrap estimations and significance of the indirect effects can be found in Table A10.13.vii These were based on the fully specified model in order to control for any direct effects that the variables may be having (i.e. to control for the c' paths). None of the indirect paths reached significance. As none of the indirect paths with one mediator were significant, the indirect effects via two sequential mediators were not assessed, as these would be smaller again in magnitude. Finally, the total indirect effects were calculated across each sequential phase of the model (see Table A10.13.ix). None of the total indirect effects reached significance.

Table A10.13.vii. Test of the indirect effects on external success

Indirect path	Original ab	Mean Bootstrapped ab	Bootstrapped Sd	t	BC CI <sub>95</sub>
$EO \rightarrow PAE \rightarrow ES$	110	058	.131	840	33; .23
$EO \rightarrow NAE \rightarrow ES$	.002	003	.080	.025	19; .16
$EO \rightarrow PFC \rightarrow ES$	.003	.007	.094	.032	19; .22
$EO \rightarrow Reap \rightarrow ES$	038	038	.090	422	25; .14
$EO \rightarrow Supp \rightarrow ES$	.002	.039	.114	.018	16; .31
$PI \rightarrow PAE \rightarrow ES$	061	040	.084	726	23; .13
$PI \rightarrow NAE \rightarrow ES$	003	006	.089	034	20; .19
$PI \rightarrow PFC \rightarrow ES$	.022	.029	.134	.164	23; .33
$PI \rightarrow Reap \rightarrow ES$	087	096	.165	527	45; .21
$PI \rightarrow Supp \rightarrow ES$	001	014	.071	014	19; .12
Reap $\rightarrow$ CSE $\rightarrow$ ES	075	067	.117	641	35; .12
$Reap \rightarrow ESE \rightarrow ES$	.140	.104	.157	.892	19; .44
Reap $\rightarrow$ WEng $\rightarrow$ ES	013	028	.072	181	22; .09
$Supp \rightarrow CSE \rightarrow ES$	.061	.028	.085	.718	13; .22
$Supp \rightarrow ESE \rightarrow ES$	010	005	.116	086	28; .22
$Supp \rightarrow WEng \rightarrow ES$	013	005	.058	224	13; .11
$CSE \rightarrow NAE \rightarrow ES$	.005	.0122	.122	.041	25; .29
$CSE \rightarrow PAE \rightarrow ES$	.067	.044	.087	.770	12; .24
$ESE \rightarrow NAE \rightarrow ES$	005	027	.120	042	30; .20
$ESE \rightarrow PAE \rightarrow ES$	017	009	.068	250	16; .13
$PAE \rightarrow WEng \rightarrow ES$	026	036	.077	338	22; .09
$NAE \rightarrow WEng \rightarrow ES$	.011	.008	.067	.164	13; .16
$WEng \rightarrow PFC \rightarrow ES$	.006	.014	.082	.073	15; .20

\* p < .05, \*\* p < .01; \*\*\* p < .001  $t_{0.05, 4999} = 1.645; t_{0.01, 4999} = 2.576; t_{0.001, 4999} = 3.291$  (one-tailed) t = (ab original) / (SD ab Bootstrapped)

(Lindley & Scott, 1984)

Table A10.13.ix. Test of total indirect effects.

Total Indirect effect	Original	Mean	Bootstrapped		BC CI <sub>95</sub>
$(\sum ab - c')$	ab	Bootstrapped ab	Sd	t	
EO → External success	200	134	258	775	63; .41
PI → External success	186	200	.277	671	75; .35
Reappraisal → External success	.040	.011	.291	.137	55; .60
Suppression → External success	.102	.017	.208	.490	42; .41
CSE → External success	.077	.057	.183	.420	33; .43
ESE → External success	072	072	.222	590	52; .39
PAE → External success	009	016	.144	063	32; .27
NAE → External success	.021	.0310	.113	.186	17; .28

<sup>\*</sup> p < .05, \*\* p < .01; \*\*\* p < .001

 $t_{0.05, 4999} = 1.645; t_{0.01, 4999} = 2.576; t_{0.001, 4999} = 3.291$  (one-tailed) t = (ab original) / (SD ab Bootstrapped)

(Lindley & Scott, 1984)

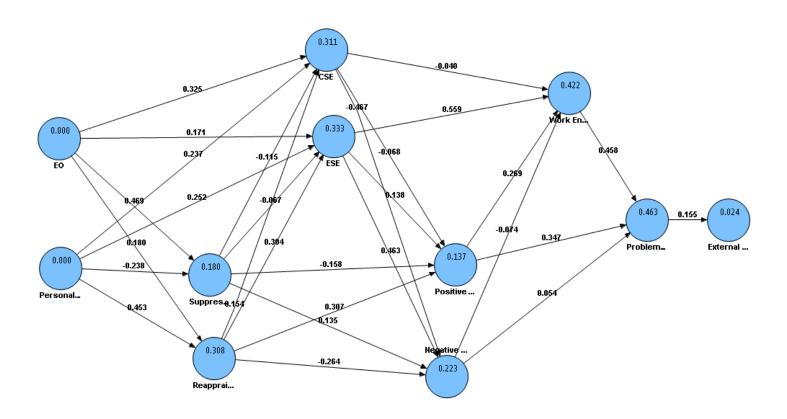


Figure A10.13.iii. Original PLS output for model investigating the direct effects of the emotional variables and motivational variables on external success.

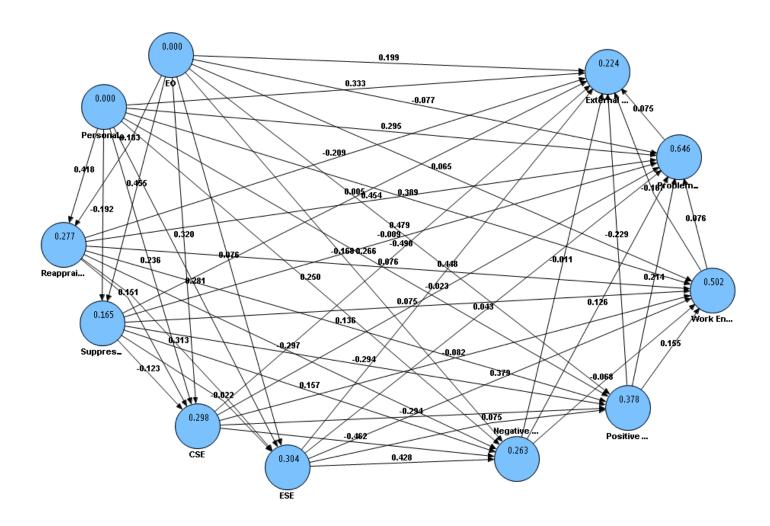


Figure A10.13.iv. Original PLS output for model investigating the direct and indirect effects of the emotional variables and motivational variables on external success.

# Appendix 10.14: Model investigating the direct effects of Emotion Regulation on Planning

The analysis presented in this appendix considers the direct effect of reappraisal and suppression on planning, in the absence of any mediating variables. Table A10.14.i outlines the factor loadings, weights, composite scale reliability, and Average Variance Extracted (AVE). Overall, the measurement model was quite problematic, with all AVEs and composite reliabilities quite poor. Two of the factor loadings for both suppression and planning respectively were negative. Discriminant validity was not entirely evident in the measurement as the correlation between suppression and planning (although negative) was greater than the AVE for planning either of these variables (see Table A10.14.ii). The negative loadings presented problems in the interpretation of the cross-loadings also (see Table A10.14.iii).

Table A10.14.i. Factor loadings, Weights, Composite Scale Reliability, and Average Variance Extracted (AVE) to assess reliability of constructs (reappraisal, suppression, planning).

Construct	Measure	Factor Loadings	Weights of measures	Composite Reliability	AVE
Reappraisal	Reapp1	0.480	0.140	0.688	0.331
	Reapp2	0.904	0.602		
	Reapp3	0.801	0.444		
	Reapp4	0.062	-0.099		
	Reapp5	0.251	-0.163		
	Reapp6	0.478	0.167		
Suppression	Suppr1	-0.184	-0.077	0.002	0.195
	Suppr2	-0.484	-0.711		
	Suppr3	0.030	0.092		
	Suppr4	0.715	0.894		
Planning	G1EPlan	0.613	0.611	0.169	0.214
	G1ProPlan	0.620	0.672		
	G2EPlan	-0.213	-0.397		
	G2ProPlan	-0.220	-0.564		

Table A10.14.ii. Average Variance Extracted and correlations between constructs (reappraisal, suppression, planning).

	1.	2.	3.
1. Planning	0.463		
2. Reappraisal	0.288	0.575	
3. Suppression	-0.514	-0.031	0.442

(Note: Bold numbers on the diagonal show the square root of the AVE; Numbers below the diagonal represent construct correlations)

The problems with the measurement model are somewhat intriguing given that these were not evident in many of the other models. These problems also suggest that the interpretation of the structural model may be problematic. However, for completeness, these findings are presented below. Table A10.14.iv demonstrates that reappraisal and suppression combined explained 33.8% of the variance is planning, which is a large effect. Examining the path coefficients (Table A10.14.v) indicates neither of the paths from reappraisal or suppression to planning reached significance, which is likely due to the large standard errors. However the effect size estimates indicated that suppression had a large effect on planning, while reappraisal had a small-medium effect.

Table A10.14.iii. Cross-loadings for measurement model (reappraisal, suppression, problem-focused coping).

	Planning	Reappraisal	Suppression
G1EPlan	0.613	0.166	-0.225
G1ProPlan	0.620	0.121	-0.280
G2EPlan	-0.213	-0.111	0.145
G2ProPlan	-0.220	-0.108	0.232
Reapp1	0.063	0.480	-0.073
Reapp2	0.269	0.904	-0.005
Reapp3	0.199	0.801	-0.038
Reapp4	-0.044	0.062	-0.029
Reapp5	-0.073	0.251	-0.065
Reapp6	0.075	0.478	-0.087
Suppr1	0.030	0.048	-0.184
Suppr2	0.277	0.120	-0.484
Suppr3	-0.036	-0.006	0.030
Suppr4	-0.348	0.065	0.715

Table A10.14.iv. Estimation of the inner model (reappraisal, suppression and planning).

	R <sup>2</sup>	R <sup>2</sup> effect size	<b>Q</b> <sup>2</sup> Cross validated commonality	<b>Q</b> <sup>2</sup> Cross validated redundancy
Planning	.338	Large	.490	.030

Table A10.14.v. Statistical results for Path Coefficients (reappraisal, suppression, planning).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	f² effect size
Reappraisal → Planning	0.272	1.013	0.268	0.268	253; .797	.106	Small- medium
Suppression → Planning	-0.505	1.313	0.385	0.385	-1.26; .250	.370	Large

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$  where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

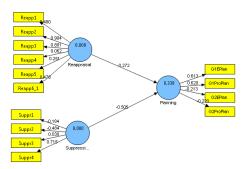


Figure A10.14.ii. Original PLS output for model investigating the direct effects of reappraisal and suppression on planning.

# Appendix 10.15: Model investigating the direct effects of Emotion Regulation on Goal-setting

The analysis presented in this appendix considers the direct effect of reappraisal and suppression on goal-setting, in the absence of any mediating variables. Table A10.15.i outlines the factor loadings, weights, composite scale reliability, and Average Variance Extracted (AVE). Overall, there were a number of issues with the measurement model, with three of the four latent variables showing AVEs below the required level, and the composite reliabilities were low for two of the four variables. One of the factor loadings for both goal-specificity was negative, and the other latent variables contained at least one indicator which loaded quite poorly. Discriminant validity was largely evident, the Fornell-Larcker criterion was met (see Table A10.15.ii), although the negatively loading indicator created problems in establishing discriminant validity when interpreting the cross-loadings (see Table A10.15.iii).

Table A10.15.i. Factor loadings, Weights, Composite Scale Reliability, and Average Variance Extracted (AVE) to assess reliability of constructs (reappraisal, suppression, goal-setting).

Construct	Measure	Factor Loadings	Weights of measures	Composite Reliability	AVE
Reappraisal	Reapp1	0.721	0.270	0.778	0.379
	Reapp2	0.398	-0.052		
	Reapp3	0.543	0.187		
	Reapp4	0.668	0.393		
	Reapp5	0.779	0.458		
	Reapp6	0.499	0.211		
Suppression	Suppr1	0.300	0.093	0.569	0.315
	Suppr2	0.118	-0.334		
	Suppr3	0.572	0.430		
	Suppr4	0.911	0.842		
Goal-difficulty	G1DiffI	0.940	0.577	0.811	0.538
	G1DiffS	0.878	0.438		
	G2DiffI	0.506	0.038		
	G2DiffS	0.489	0.109		
Goal-specificity	G1Spec	0.873	1.071	0.314	0.389
	G2Spec	-0.124	-0.527		

Table A10.15.ii. Average Variance Extracted and correlations between constructs (reappraisal, suppression, goal-setting).

	1.	2.	3.	4.
1. Goal-difficulty	0.733			
2. Goal-specificity	0.185	0.624		
3. Reappraisal	0.032	-0.245	0.616	
4. Suppression	-0.291	-0.247	-0.077	0.561

(Note: Bold numbers on the diagonal show the square root of the AVE;

Numbers below the diagonal represent construct correlations)

The problems with the measurement model suggest that the interpretation of the structural model may be problematic. However, for completeness, these findings are presented below. Table A10.15.iv demonstrates that reappraisal and suppression combined explained 8.5% of the variance is goal difficulty and 13.1% of the variance in goal-specificity, which are indicative of a small and medium effect respectively. Examining the path coefficients (Table A10.15.v) demonstrated that none of the paths reached significance. However, the effect size estimates indicated that suppression had small effects on both goal difficulty and goal specificity, while reappraisal had a small effect on goal-specificity.

Appendices pertaining to Chapter 10

	Goal- difficulty	Goal- specificity	Reappraisal	Suppression
G1DiffI	0.940	0.275	-0.031	-0.314
G1DiffS	0.878	0.023	0.095	-0.234
G2DiffS	0.489	0.101	0.063	-0.057
G2DiffI	0.506	0.131	0.040	-0.019
G1Spec	0.257	0.873	-0.196	-0.174
G2Spec	0.171	-0.124	0.067	0.115
Reapp1	0.052	-0.123	0.721	-0.134
Reapp2	-0.014	0.023	0.398	0.055
Reapp3	0.124	-0.074	0.543	0.031
Reapp4	0.035	-0.184	0.668	-0.030
Reapp5	-0.069	-0.229	0.779	-0.020
Reapp6	0.057	-0.094	0.499	-0.106
Suppr1	-0.054	0.01	-0.007	0.300
Suppr2	0.105	0.07	0.047	0.118
Suppr3	-0.163	-0.057	-0.029	0.572
Suppr4	-0.214	-0.237	-0.057	0.911

Table A10.15.iv. Estimation of the inner model (reappraisal, suppression and goal-setting).

	$\mathbb{R}^2$	R <sup>2</sup> effect size	Q <sup>2</sup> Cross validated commonality	<b>Q</b> <sup>2</sup> Cross validated redundancy
Goal- difficulty	0.085	Small	.557	.030
Goal- specificity	0.131	Medium	.776	.022

Table A10.15.v. Statistical results for Path Coefficients (reappraisal, suppression, goal-setting).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	f² effect size
Reappraisal → Goal-difficulty	0.010	0.037	0.270	0.270	519; .539	.003	Negligible
Reappraisal → Goal-specificity	-0.266	0.907	0.293	0.293	840; .308	.067	Small
Suppression → Goal-difficulty	-0.290	1.03	0.282	0.282	843; .260	.064	Small
Suppression → Goal-specificity	-0.267	0.858	0.311	0.311	877; .343	.101	Small

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$  where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

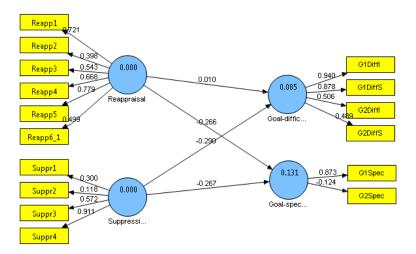


Figure A10.15.ii. Original PLS output for model investigating the direct effects of reappraisal and suppression on goal-setting.

# Appendix 10.16: Model investigating the direct effects of Emotion Regulation on Actions

The analysis presented in this appendix considers the direct effect of reappraisal and suppression on actions, in the absence of any mediating variables. Table A10.16.i outlines the factor loadings, weights, composite scale reliability, and Average Variance Extracted (AVE). Overall, the measurement model was somewhat problematic, with all AVEs lower than ideal, and two of the composite reliabilities suboptimal. Each of the latent variables had an at least one factor loading that was low. Discriminant validity was largely evident with the Fornell-Larcker criterion being met (see Table A10.16.ii). The cross-loadings largely demonstrated discriminant validity except for the second indicator for suppression, which was due to the low loading on its own factor rather than particularly high loadings on any other factor (see Table A10.16.iii).

Table A10.16.i. Factor loadings, Weights, Composite Scale Reliability, and Average Variance Extracted (AVE) to assess reliability of constructs (reappraisal, suppression, actions).

Construct	Measure	Factor Loadings	Weights of measures	Composite Reliability	AVE
Reappraisal	Reapp1	0.552	0.064	0.777	0.392
	Reapp2	0.853	0.474		
	Reapp3	0.763	0.342		
	Reapp4	0.252	0.038		
	Reapp5	0.490	0.105		
	Reapp6	0.658	0.363		
Suppression	Suppr1	0.518	0.517	0.562	0.296
	Suppr2	0.035	-0.636		
	Suppr3	0.634	0.556		
	Suppr4	0.715	0.563		
Actions	G1Actions	0.975	1.053	0.531	0.481
	G2Actions	0.110	-0.237		

Table A10.16.ii. Average Variance Extracted and correlations between constructs (reappraisal, suppression, actions).

	1.	2.	3.
1. Actions	0.694		
2. Reappraisal	0.293	0.626	
3. Suppression	-0.241	-0.027	0.544

(Note: Bold numbers on the diagonal show the square root of the AVE; Numbers below the diagonal represent construct correlations)

The problems with the measurement model suggest that the interpretation of the structural model may be problematic. However, for completeness, these findings are presented below. Table A10.16.iv demonstrates that reappraisal and suppression combined explained 33.8% of the variance is planning, which is a large effect. Examining the path coefficients (Table A10.16.v) indicates neither of the paths from reappraisal or suppression to planning reached significance, which is likely due to the large standard errors. However the effect size estimates indicated that suppression had a large effect on planning, while reappraisal had a small-medium effect.

Table A10.16.iii. Cross-loadings for measurement model (reappraisal, suppression, actions).

	Actions	Reappraisal	Suppression
G1Action	0.975	0.260	-0.224
G2Action	0.110	-0.082	0.021
Reapp1	0.039	0.552	-0.182
Reapp2	0.284	0.853	0.018
Reapp3	0.204	0.763	-0.010
Reapp4	0.023	0.252	0.008
Reapp5	0.063	0.490	-0.051
Reapp6	0.217	0.658	-0.043
Suppr1	-0.096	0.074	0.518
Suppr2	0.118	0.112	0.035
Suppr3	-0.103	-0.021	0.634
Suppr4	-0.105	0.030	0.715

Table A10.16.iv. Estimation of the inner model (reappraisal, suppression and actions).

	$\mathbb{R}^2$	R <sup>2</sup> effect size	<b>Q</b> <sup>2</sup> Cross validated commonality	<b>Q</b> <sup>2</sup> Cross validated redundancy
Actions	0.14	Medium	.513	.062

Table A10.16.v. Statistical results for Path Coefficients (reappraisal, suppression, actions).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	<i>f</i> ² effect size
Reappraisal → Actions	0.287	1.03	0.277	0.277	256; .830	.097	Small
Suppression → Actions	-0.233	0.848	0.275	0.275	772; .306	.053	Small

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$  where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

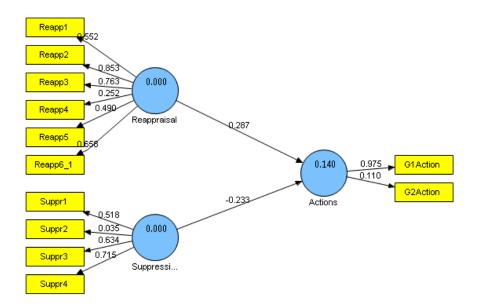


Figure A10.16.ii. Original PLS output for model investigating the direct effects of reappraisal and suppression on actions.

# Appendix 10.17: Model investigating the direct effects of Goal-orientations on Problem-focused coping

The analysis presented in this appendix considers the direct effects of goal-orientations on problem-focused coping, in the absence of any mediating variables. Table A10.17.i outlines the factor loadings, weights, composite scale reliability, and Average Variance Extracted (AVE). The composite reliabilities for the three of the four variables were above the recommended level of 0.6, with the performance avoid measure slightly below. The AVE was above .5 for both approach goals, but was slightly below this for performance avoid and for problem-focused coping. Both indicators for mastery approach loaded highly, but for the other two goal orientations, one of the two indicators loaded highly, while the second was suboptimal. Three of the five indicators for problem-focused coping were above 0.7, while the other two loaded suboptimally. Discriminant validity was evident in the measurement. The Fornell-Larcker criterion was met as all of the correlations between latent variable pairs are lower than the square root of each variables AVE (see Table A10.17.ii). Furthermore, looking at the cross-loadings, (see Table A10.17.iii), all indicators load most highly on their own latent variable, except for the Restraint Cope indictor for problem-focused coping, although this was likely due to the exceptionally low indicator loading on its own latent variable.

Table A10.17.i. Factor loadings, Weights, Composite Scale Reliability, and Average Variance Extracted (AVE) to assess reliability of constructs (goal-orientations, problem-focused coping).

Construct	Measure	Factor Loadings	Weights of measures	Composite Reliability	AVE
Mastery	G1MAGO	0.818	0.602	0.806	0.675
approach	G2MAGO	0.826	0.614		
Performance	G1PAGO	0.288	0.267	0.613	0.506
Approach	G2PAGO	0.964	0.958		
Performance	G1PAvGO	0.199	0.253	0.571	0.488
Avoid	G2PAvGO	0.968	0.981		
Problem-	ActiveCope	0.877	0.474	0.745	0.433
Focused Coping	InstSocSupp	0.341	0.066		
	PlanCope	0.734	0.250		
	ResCope	0.068	-0.286		
	SupprCompAct	0.858	0.463		

Table A10.17.ii. Average Variance Extracted and correlations between constructs (goal-orientations, problem-focused coping).

	1.	2.	3.	4.
1. Mastery Approach	0.822			
2. Performance Approach	-0.236	0.711		
3. Performance Avoid	-0.054	-0.197	0.699	
4. Problem-focused coping	-0.180	0.221	0.159	0.658

(Note: Bold numbers on the diagonal show the square root of the AVE;

Numbers below the diagonal represent construct correlations)

Although there were some issues with the measurement model, the structural model was interpreted cautiously for completeness. Table A10.17.iv demonstrates that goal orientations explained 10.4% of the variance in problem-focused coping, which is a medium effect. However, examining the path coefficients (Table A10.17.v) indicates that none of the three individual paths reached significance, although the path from performance avoid to problem-focused coping was small in nature.

Table A10.17.iii. Cross-loadings for measurement model (goal-orientations, problem-focused coping).

	Mastery Approach	Performance Approach	Performance Avoid	Problem- focused coping
G1MAGO	0.818	-0.074	-0.053	-0.147
G2MAGO	0.826	-0.311	-0.036	-0.150
G1PAGO	-0.019	0.288	-0.079	0.060
G2PAGO	-0.241	0.964	-0.183	0.214
G1PAvGO	-0.072	-0.026	0.199	0.039
G2PAvGO	-0.037	-0.194	0.968	0.152
ActiveCope	-0.144	0.22	0.080	0.877
InstSocSupp	0.025	0.184	-0.142	0.341
PlanCope	-0.009	0.069	0.136	0.734
ResCope	0.042	-0.005	-0.224	0.068
SupprCompAct	-0.215	0.184	0.071	0.858

Table A10.17.iv. Estimation of the inner model (goal orientations and problem-focused coping).

	$\mathbb{R}^2$	R <sup>2</sup> effect size	<b>Q</b> <sup>2</sup> Cross validated commonality	<b>Q</b> <sup>2</sup> Cross validated redundancy
Problem- focused coping	0.104	Medium	.498	.064

Table A10.17.v. Statistical results for Path Coefficients (goal-orientations, problem-focused coping).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	$f^2$ effect size
Mastery approach → Problem- focused coping	-0.114	0.591	0.194	0.194	494; .266	.016	Very small
Performance approach → Problem-focused coping	0.233	1.271	0.183	0.183	126; .592	016	Negligible
Performance avoid → Problem- focused coping	0.199	0.803	0.248	0.248	287; .685	.044	Small

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$  where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

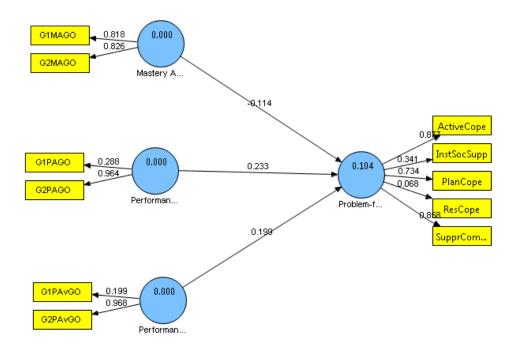


Figure A10.17.i. Original PLS output for model investigating the direct effects of goal-orientations on problem-focused coping.

# Appendix 10.18: Model investigating the direct effects of Anticipated Emotions on Actions

The analysis presented in this appendix considers the direct effect of anticipated emotions on actions taken towards ones goals, in the absence of any mediating variables. Table A10.18.i outlines the factor loadings, weights, composite scale reliability, and Average Variance Extracted (AVE). The AVE and composite reliabilities for positive anticipated emotions and actions were above the recommended figure. Both outer loadings were high for the Actions latent variable. Four of the six indicators for anticipated positive emotions were above the recommended level of 0.7, but two (pride and satisfaction) loaded suboptimally. The measurement model for negative anticipated emotions was quite problematic; it demonstrated both a low AVE and low composite reliability. This was likely due to three of its indicators (depression, disappointment and sadness) loading negatively, and none of the other six indicators loading above the recommended level.

The Fornell-Larcker criterion was met for actions and positive anticipated emotions, but not for negative anticipated emotions as it's' correlation with actions was higher than the square root of its' AVE (see Table A10.18.ii). Similarly, all of the indicators for actions and positive anticipated emotions loaded most highly on their own latent variable. However, the negative loadings on some of the negative anticipated emotions latent variable caused problems in determining the discriminant validity of this construct (see Table A10.18.iii).

Despite the issues with the measurement of negative anticipated emotions, the structural model was interpreted cautiously, for the sake of completeness. Table A10.18.iv demonstrates that both types of anticipated emotions combined explained 13.0% of the variance in taking actions towards one's goal, which is a medium effect. However, neither of the individual path coefficients reached significance (Table A10.18.v), although the effect size estimations suggest that anticipated negative emotions had a small effect on actions. Given the problems with the measurement model for this variable, this finding should be interpreted with caution.

Table A10.18.i. Factor loadings, Weights, Composite Scale Reliability, and Average Variance Extracted (AVE) to assess reliability of constructs (anticipated emotions, actions).

Construct	Measure	Factor Loadings	Weights of measures	Composite Reliability	AVE
Positive	Delight	0.937	0.493	0.871	0.549
anticipated emotions	Excitement	0.858	0.397		
Cinotions	Gladness	0.802	0.169		
	Happiness	0.805	0.067		
	Pride	0.469	-0.162		
	Satisfaction	0.411	0.203		
Negative	Anger	0.343	0.132	0.279	0.102
anticipated emotions	Depression	-0.266	-0.718		
	Disappointment	-0.040	-0.495		
	Discomfort	0.352	0.200		
	Fear	0.156	0.210		
	Frustration	0.505	0.574		
	Guilt	0.561	0.476		
	Sadness	-0.158	-0.287		
	Shame	0.161	0.138		
	Worry	0.249	0.065		
Actions	G1Action	0.840	0.650	0.798	0.664
	G2Action	0.790	0.575		

Table A10.18.ii. Average Variance Extracted and correlations between constructs (anticipated emotions, actions).

	1.	2.	3.
1. Actions	0.815		
2. Negative anticipated emotions	0.349	0.319	
3. Positive anticipated emotions	0.148	0.164	0.741

(Note: Bold numbers on the diagonal show the square root of the AVE; Numbers below the diagonal represent construct correlations)

Table A10.18.iii. Cross-loadings for measurement model (anticipated emotions, actions).

	Actions	Negative Anticipated Emotions	Positive Anticipated Emotions
G1Action	0.840	0.298	0.136
G2Action	0.790	0.269	0.104
Anger	0.030	0.343	0.211
Depression	-0.164	-0.266	0.178
Disappointment	-0.113	-0.040	-0.106
Discomfort	0.046	0.352	0.122
Fear	0.048	0.156	0.003
Frustration	0.131	0.505	0.101
Guilt	0.109	0.561	0.284
Sadness	-0.066	-0.158	0.141
Shame	0.032	0.161	0.304
Worry	0.015	0.249	-0.113
Delight	0.146	0.222	0.937
Excitement	0.117	0.172	0.858
Gladness	0.050	0.027	0.802
Happiness	0.020	0.125	0.805
Pride	-0.048	0.183	0.469
Satisfaction	0.060	0.017	0.411

Table A10.18.iv. Estimation of the inner model (anticipated emotions, actions).

	$\mathbb{R}^2$	R <sup>2</sup> effect size	$Q^2$ Cross	<b>Q</b> <sup>2</sup> Cross
			validated commonality	validated redundancy
Actions	.130	Medium	.452	.114

Table A10.18.v. Statistical results for Path Coefficients (anticipated emotions, actions).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	f² effect size
Anticipated positive emotions  → Actions	0.094	0.364	0.257	0.257	410; .694	.011	Very small
Anticipated negative emotions  → Actions	0.333	1.02	0.328	0.328	310; .976	.038	Small

\* p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$  where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

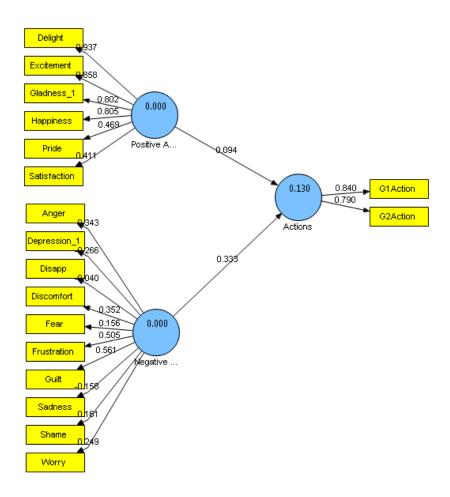


Figure A10.18.i. Original PLS output for model investigating the direct effect of anticipated emotions on actions.

## Appendix 10.19: Model investigating the direct effects of Self-efficacy on Problem-focused Coping

The analysis presented in this appendix considers the direct effect of self-efficacy (entrepreneurial and creative) on problem-focused coping, in the absence of any mediating variables. Table A10.19.i outlines the factor loadings, weights, composite scale reliability, and Average Variance Extracted (AVE). The AVE and composite reliabilities for the three variables were all high and above the recommended criteria. All of the indicators for entrepreneurial self-efficacy loaded highly on their latent variable. Two of the three indicators for creative self-efficacy were above the recommended level of 0.7, and the third was marginally below this. Similarly, three of the five indicators for problem focused coping were above 0.7, but the other two were between 0.55 and 0.60. Discriminant validity was evident in the measurement. The Fornell-Larcker criterion was met as all of the correlations between latent variable pairs are lower than the square root of each variables AVE (see Table A10.19.ii). Furthermore, looking at the cross-loadings, (see Table A10.19.iii), all indicators load most highly on their own latent variable.

Table A10.19.i. Factor loadings, Weights, Composite Scale Reliability, and Average Variance Extracted (AVE) to assess reliability of constructs (self-efficacy, problem-focused coping).

Construct	Measure	Factor Loadings	Weights of measures	Composite Reliability	AVE
ESE	ESE1	0.725	0.213	0.890	0.576
	ESE2	0.793	0.229		
	ESE3	0.759	0.292		
	ESE4	0.827	0.170		
	ESE5	0.720	0.278		
	ESE6	0.720	0.141		
CSE	CSE1	0.688	0.270	0.830	0.622
	CSE2	0.905	0.601		
	CSE3	0.758	0.357		
Problem-	ActiveCope	0.822	0.251	0.843	0.525
Focused Coping	InstSocSupp	0.584	0.227		
	PlanCope	0.839	0.407		
	ResCope	0.541	0.194		
	SupprCompAct	0.780	0.275		

Table A10.19.ii. Average Variance Extracted and correlations between constructs (self-efficacy, problem-focused coping).

	1.	2.	3.
1. Creative Self-efficacy	0.789		
2. Entrepreneurial Self-efficacy	0.543	0.759	
3. Problem-Focused Coping	0.273	0.511	0.725

(Note: Bold numbers on the diagonal show the square root of the AVE; Numbers below the diagonal represent construct correlations)

Table A10.19.iii. Cross-loadings for measurement model (self-efficacy, problem-focused coping).

	CSE	ESE	PFC
CSE1	0.688	0.442	0.131
CSE2	0.905	0.493	0.292
CSE3	0.758	0.359	0.173
ESE1	0.700	0.725	0.352
ESE2	0.337	0.793	0.378
ESE3	0.335	0.759	0.483
ESE4	0.394	0.827	0.282
ESE5	0.367	0.720	0.460
ESE6	0.356	0.720	0.234
ActiveCope	0.074	0.324	0.822
InstSocSupp	0.219	0.296	0.584
PlanCope	0.311	0.529	0.839
ResCope	0.059	0.251	0.541
SupprCompAct	0.241	0.358	0.780

Moving to examine the structural model, Table A10.5.iv demonstrates that the two forms of domain self-efficacy combined explained 26.1% of the variance in problem-focused coping, which is a large effect. Examining the path coefficients (Table A10.19.v) indicates that entrepreneurial self-efficacy had a significant and positive effect on problem-focused coping which was medium in magnitude, while the effect of creative self-efficacy was negligible.

Table A10.19.iv. Estimation of the inner model (self-efficacy and problem-focused coping).

	R <sup>2</sup>	R <sup>2</sup> effect size	<b>Q</b> <sup>2</sup> Cross validated commonality	<b>Q</b> <sup>2</sup> Cross validated redundancy
Problem- focused coping	0.261	Large	.452	.119
		ESE	.515***	Problem- Focused Coping
		CSE		$R^2 = .261$

Figure A10.19.i. Results of Partial Least Squares analysis for the model investigating the direct effects of self-efficacy on problem-focused coping. (\*\*\* p < .001; \*\*p < .01; \* p < .05; dashed lined indicate non-significant paths).

Table A10.19.v. Statistical results for Path Coefficients (self-efficacy, problem-focused coping).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	$f^2$ effect size
Entrepreneurial self-efficacy → Problem-focused coping	0.515***	3.894	0.132	0.132	.256; .774	.222	Medium
Creative self-efficacy → Problem-focused coping	-0.007	0.046	0.150	0.150	301; .287	.000	Negligible

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$  where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

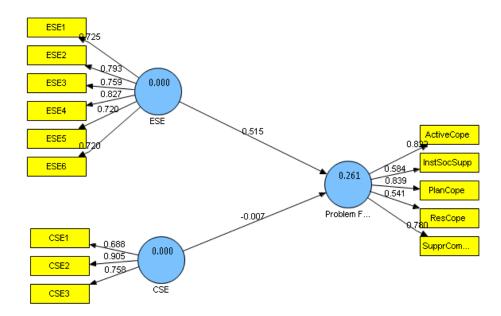


Figure A10.19.ii. Original PLS output for model investigating the direct effects of self-efficacy on problem-focused coping.

## Appendix 10.20: Model investigating the direct effects of Entrepreneurial Orientations and Personal Initiative on Problem-focused Coping

The focus of the analysis in this section relates to the direct effects of entrepreneurial orientations and personal initiative on problem-focused coping. Firstly, looking at the measurement model (see Table A10.20.i), the composite reliability for the three variables are all above the recommended level of 0.6. The AVE for problem-focused coping is above 0.5, but for personal initiative is a little below this at 0.462. However, the AVE for entrepreneurial orientations is quite low at 0.262. This is likely due to the fact that a number of the indicators for entrepreneurial orientations load suboptimally on this latent factor. In relation to personal initiative, two of the indicators loaded above 0.7, but four others are only slightly below this, with the final indicator loading at .522. Finally, three of the five indicators for problem-focused coping load highly, but the other two are suboptimal.

The variables in the model largely displayed discriminant validity; the square root of the AVE for each latent variable was higher than any of their intercorrelations (see Table A10.20.ii), and the indicators for each LV loaded more highly on their own LV than on any other (see Table A10.20.iii). The only exception is the LO indicator. However, this is due to an exceptionally low loadings on its own variable (entrepreneurial orientations), rather than a particularly high loading on any other variable.

Despite the minor issues with the measurement model, it was deemed relevant to explore the results of the structural model. Entrepreneurial orientations and personal initiative combined had a large effect on problem-focused coping, predicting 29.7% of the variance. The Q² estimations indicated that the model had predictive relevance (see Table A10.20.iv). Looking at the significance of the individual paths (see Table A10.20.v and Figure A10.20.i), personal initiative had a significant positive effect on problem-focused coping, which was medium in magnitude, while entrepreneurial orientations had a small, but non-significant effect.

Table A10.20.i. Factor loadings, Weights, Composite Scale Reliability, and Average Variance Extracted (AVE) to assess reliability of constructs.

Construct	Measure	Factor Loadings	Weights of measures	Composite scale Reliability	Average Variance Extracted (AVE)
	AO	0.794	0.596	0.635	0.262
	AutO	0.427	0.096		
Entrepreneurial	CAgg	0.644	0.399		
Orientations	IO	0.093	-0.236		
	LO	0.415	0.354		
	RTrs	0.405	0.255		
	PI1	0.692	0.196	0.856	0.462
	PI2	0.755	0.203		
	PI3	0.650	0.18		
Personal Initiative	PI4	0.680	0.171		
	PI5	0.683	0.264		
	PI6	0.748	0.307		
	PI7	0.522	0.13		
Problem-Focused	ActiveCope	0.864	0.333	0.841	0.525
Coping	InstSocSupp	0.559	0.201		
	PlanCope	0.816	0.332		
	ResCope	0.485	0.134		
	SupprCompAct	0.818	0.323		

Table A10.20.ii Latent variable correlations (entrepreneurial orientations, personal initiative and problem-focused coping).

	1.	2.	3.
1. Entrepreneurial Orientations	0.512		
2. Personal Initiative	0.434	0.680	
3. Problem-focused coping	0.357	0.526	0.725

(Note: Bold numbers on the diagonal show the square root of the AVE; Numbers below the diagonal represent construct correlations)

Table A10.20.iii Cross loadings of indicators (entrepreneurial orientations, personal initiative and problem focused coping).

	EO	PI	PFC
AOtot	0.794	0.349	0.276
AutOTot	0.427	0.305	0.045
CAgg	0.644	0.294	0.185
IOTot	0.093	0.110	-0.109
LOTot	0.415	0.116	0.164
RTTotRS	0.405	0.250	0.118
PI1	0.291	0.692	0.320
PI2	0.364	0.755	0.332
PI3	0.280	0.650	0.295
PI4	0.225	0.680	0.280
PI5	0.367	0.683	0.431
PI6	0.290	0.748	0.501
PI7	0.215	0.522	0.212
ActiveCope	0.325	0.450	0.864
InstSocSupp	0.295	0.238	0.559
PlanCope	0.244	0.478	0.816
ResCope	0.064	0.204	0.485
SupprCompAct	0.309	0.440	0.818

Table A10.20.iv. Estimation of the structural model (entrepreneurial orientations, personal initiative and problem-focused coping).

problem-rocused cop	$\mathbb{R}^2$	R <sup>2</sup> effect size	<b>Q</b> <sup>2</sup> Cross validated commonality	<b>Q</b> <sup>2</sup> Cross validated redundancy
Problem-focused coping	0.297	Large	.629	.207

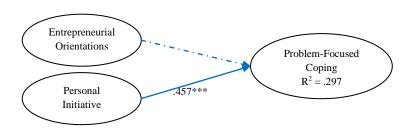


Figure A10.20.i. Results of Partial Least Squares analysis for the model investigating the relationships between entrepreneurial orientations, personal initiative, and problem-focused coping. (\*\*\* p < .001; \*\*p < .01; \* p < .05; dashed lined indicate non-significant paths).

Table A10.20.v. Statistical results for Path Coefficients (entrepreneurial orientations, personal initiative, and problem-focused coping).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	f² effect size
Entrepreneurial orientations → problem-focused coping	0.159	0.856	0.186	0.186	206; .524	.027	Small
Personal initiative → problem- focused coping	0.457***	4.337	0.105	0.105	.251; .663	.229	Medium

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$  where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

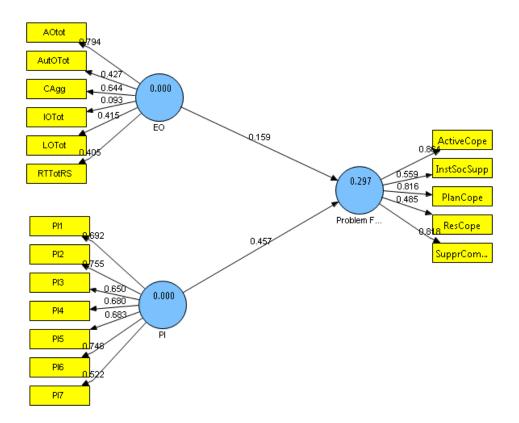


Figure A10.20.ii. Original PLS output for the model examining the direct effects of entrepreneurial orientations and personal initiative on problem-focused coping.

## Appendix 10.21: Model investigating the direct effects of Entrepreneurial Orientations and Personal Initiative on Goal-Directed Emotions

The focus of the analysis in this section relates to the direct effects of entrepreneurial orientations and personal initiative on goal-directed emotions. Firstly, looking at the measurement model (see Table A10.21.i), the composite reliability for the four variables are all above the recommended level of 0.6. The AVEs for both positive and negative anticipated emotions are above 0.5, but for personal initiative is a little below this at 0.447. However, the AVE for entrepreneurial orientations is quite low at 0.313. This is likely due to the fact that a number of the indicators for entrepreneurial orientations load suboptimally on this latent factor. In relation to personal initiative, three of the indicators loaded above 0.7, but two others were only slightly below this, and the final two indicators loaded between 450 and .555. For positive anticipated emotions, four of the six indicators loaded highly, while the other two were somewhat lower than the recommended level. Finally, for negative anticipated emotions, eight of the indicators loaded above 0.7, with the other two below this. The variables in the model displayed discriminant validity; the square root of the AVE for each latent variable was higher than any of their intercorrelations (see Table A10.21.ii), and the indicators for each LV loaded more highly on their own LV than on any other (see Table A10.21.iii).

Table A10.21.i. Factor loadings, Weights, Composite Scale Reliability, and Average Variance Extracted (AVE) to assess reliability of constructs.

Construct	Measure	Factor Loadings	Weights of measures	Composite scale Reliability	Average Variance Extracted (AVE)
Entrepreneurial Orientations	AO	0.653	0.434	0.725	0.313
	AutO	0.471	0.085		
	CAgg	0.698	0.458		
	IO	0.531	0.258		
	LO	0.548	0.283		
	RTrs	0.396	0.164		
Personal Initiative	PI1	0.555	0.020	0.846	0.447
	PI2	0.710	0.173		
	PI3	0.747	0.288		
	PI4	0.772	0.298		
	PI5	0.685	0.282		
	PI6	0.697	0.286		
	PI7	0.453	0.062		
Positive anticipated	Delight	0.898	0.283	0.900	0.609
emotions	Excitement	0.816	0.288		
	Gladness	0.860	0.206		
	Happiness	0.892	0.260		
	Pride	0.641	0.087		
	Satisfaction	0.480	0.094		
Negative anticipated	Anger	0.734	0.145	0.914	0.517
emotions	Depression	0.789	0.150		
	Disappointment	0.629	0.046		
	Discomfort	0.745	0.112		
	Fear	0.783	0.318		
	Frustration	0.584	0.020		
	Guilt	0.772	0.140		
	Sadness	0.710	0.243		
	Shame	0.708	0.163		
	Worry	0.705	0.008		

Despite the minor issues with the measurement model, it was deemed relevant to explore the results of the structural model. Entrepreneurial orientations and personal initiative combined had a medium-large effect on positive anticipated emotions, predicting 23.9% of the variance, and had a small effect on negative anticipated emotions, predicting 7.5% of the variance. The  $Q^2$  estimations indicated that the model had predictive relevance (see Table A10.21.iv). Looking at the significance of the individual paths (see Table A10.21.v and Figure A10.21.i), both personal initiative and entrepreneurial orientations had significant positive effects on positive anticipated emotions which were small in magnitude. However, the  $CI_{95}$  for the path from personal initiative to positive anticipated emotions contained zero, indicating that this result should be interpreted with caution. Neither personal initiative nor entrepreneurial orientations had a significant effect on negative anticipated emotions.

Table A10.21.ii. Latent variable correlations (entrepreneurial orientations, personal initiative and goal-directed emotions).

	1.	2.	3.	4.
1. Entrepreneurial Orientations	0.559			
2. Negative anticipated emotions	-0.011	0.719		
3. Personal Initiative	0.391	0.248	0.669	
4. Positive anticipated emotions	0.439	0.25	0.37	0.780

(Note: Bold numbers on the diagonal show the square root of the AVE;

Numbers below the diagonal represent construct correlations)

Table A10.21.iii Cross loadings of indicators (entrepreneurial orientations, personal initiative and goal-directed emotions).

	EO	Neg. Antic. emotions	PI	Pos. Antic emotions
AOtot	0.653	0.078	0.340	0.331
AutOTot	0.471	0.178	0.286	0.069
CAgg	0.698	-0.092	0.264	0.345
IOTot	0.531	-0.125	0.095	0.193
LOTot	0.548	-0.003	0.142	0.215
RTTotRS	0.396	0.095	0.208	0.126
Anger	-0.059	0.734	0.113	0.276
Depression	-0.001	0.789	0.142	0.217
Disappointment	-0.165	0.629	-0.027	-0.069
Discomfort	-0.027	0.745	0.095	0.160
Fear	-0.053	0.783	0.280	0.024
Frustration	-0.065	0.584	-0.008	0.132
Guilt	0.155	0.772	0.200	0.342
Sadness	-0.044	0.710	0.213	0.216
Shame	0.104	0.708	0.200	0.323
Worry	-0.120	0.705	-0.043	-0.087
PI1	0.271	-0.091	0.555	0.090
PI2	0.384	0.069	0.710	0.207
PI3	0.191	0.249	0.747	0.254
PI4	0.244	0.233	0.772	0.279
PI5	0.362	0.157	0.685	0.307
PI6	0.262	0.207	0.697	0.279
PI7	0.236	-0.111	0.453	0.164
Delight	0.452	0.149	0.327	0.898
Excitement	0.479	0.174	0.305	0.816
Gladness	0.323	0.227	0.247	0.860
Happiness	0.354	0.241	0.391	0.892
Pride	0.061	0.313	0.218	0.641
Satisfaction	0.090	0.225	0.197	0.480

Table A10.21.iv. Estimation of the structural model (entrepreneurial orientations, personal initiative and goal-directed emotions).

	$\mathbb{R}^2$	R <sup>2</sup> effect size	<b>Q</b> <sup>2</sup> Cross validated commonality	Q <sup>2</sup> Cross validated redundancy
Positive anticipated emotions	0.239	Medium- large	.589	.415
Negative anticipated emotions	0.075	Small	.589	.046

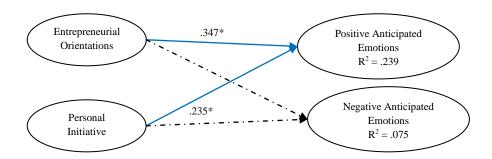


Figure A10.21.i. Results of Partial Least Squares analysis for the model investigating the relationships between entrepreneurial orientations, personal initiative, and goal-directed emotions. (\*\*\* p < .001; \*\*p < .01; \* p < .05; dashed lined indicate non-significant paths).

Table A10.21.v. Statistical results for Path Coefficients (entrepreneurial orientations, personal initiative, and goal-directed emotions).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	f² effect size
Entrepreneurial orientations → positive anticipated emotions	0.347*	2.41	0.144	0.144	.065; .629	.134	Small- medium
Entrepreneurial orientations → negative anticipated emotions	-0.127	0.487	0.261	0.261	639; .385	004	Negligible
Personal initiative → positive anticipated emotions	0.235*	1.66	0.142	0.142	043; .513	.035	Small
Personal initiative → negative anticipated emotions	0.298	1.00	0.297	0.297	284; .880	.008	Negligible

<sup>\*</sup> p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$  where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

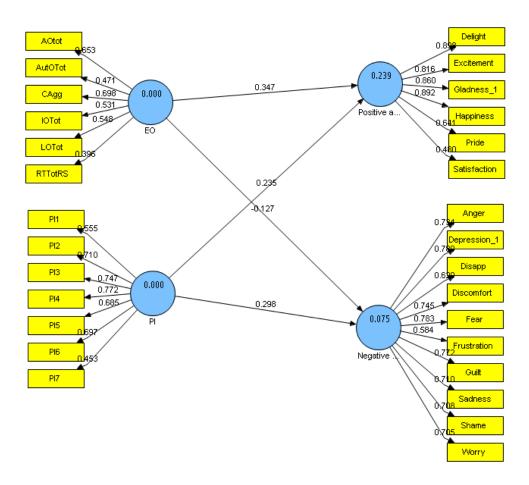


Figure A10.21.ii. Original PLS output for the model examining the direct effects of entrepreneurial orientations and personal initiative on goal-directed emotions.

# Appendix 10.22: Model investigating the direct effects of Emotion Regulation on Work Engagement

The analysis presented in this appendix considers the direct effect of reappraisal and suppression on work engagement, in the absence of any mediating variables. Table A10.22.i outlines the factor loadings, weights, composite scale reliability, and Average Variance Extracted (AVE). Work engagement displayed a high AVE and high composite reliability. Its three indicators loaded highly. The AVEs for both reappraisal and suppression were a little lower than the recommended level, but the composite reliability for both were high. Reappraisal had two indicators that loaded above the recommended level of 0.7, a further two loaded above 0.6 and the final two loaded above 0.5. For suppression, three of the indicators loaded highly, but the fourth had a very low loading. Discriminant validity was evident with the Fornell-Larcker criterion being met (see Table A10.22.ii). The cross-loadings also demonstrated discriminant validity (see Table A10.22.iii).

Table A10.22.i. Factor loadings, Weights, Composite Scale Reliability, and Average Variance Extracted (AVE) to assess reliability of constructs (reappraisal, suppression, work engagement).

Construct	Measure	Factor Loadings	Weights of measures	Composite Reliability	AVE
Reappraisal	Reapp1	0.700	0.224	0.804	0.409
	Reapp2	0.665	0.254		
	Reapp3	0.629	0.198		
	Reapp4	0.528	0.288		
	Reapp5	0.557	0.137		
	Reapp6	0.732	0.438		
Suppression	Suppr1	0.800	0.516	0.742	0.457
	Suppr2	0.742	0.276		
	Suppr3	0.777	0.539		
	Suppr4	0.181	-0.201		
Work Engagement	Absorption	0.895	0.353	0.915	0.782
	Dedication	0.812	0.311		
	Vigor	0.942	0.458		

Table A10.22.ii. Average Variance Extracted and correlations between constructs (reappraisal, suppression, work engagement).

	1.	2.	3.
1. Reappraisal	0.640		
2. Suppression	0.017	0.676	
3. Work Engagement	0.352	0.136	0.884

(Note: Bold numbers on the diagonal show the square root of the AVE; Numbers below the diagonal represent construct correlations)

Table A10.22.iii. Cross-loadings for measurement model (reappraisal, suppression, work engagement).

	Reappraisal	Suppression	Work Engagement
Reapp1	0.700	-0.120	0.176
Reapp2	0.665	0.058	0.200
Reapp3	0.629	0.066	0.156
Reapp4	0.528	0.020	0.227
Reapp5	0.557	0.039	0.108
Reapp6	0.732	0.012	0.345
Suppr1	0.026	0.800	0.104
Suppr2	0.047	0.742	0.056
Suppr3	-0.034	0.777	0.109
Suppr4	-0.048	0.181	-0.041
Absorption	0.247	0.221	0.895
Dedication	0.302	-0.030	0.812
Vigor	0.373	0.147	0.942

Moving to examine the structural model, Table A10.22.iv demonstrates that reappraisal and suppression combined explained 14.1% of the variance in engagement, which is a medium effect. Examining the path coefficients (Table A10.22.v) indicates reappraisal had a significant positive effect on work engagement, which was small-medium in size. Suppression did not have a significant effect.

Table A10.22.iv. Estimation of the inner model (reappraisal, suppression and work engagement).

	$\mathbb{R}^2$	R <sup>2</sup> effect size	<b>Q</b> <sup>2</sup> Cross validated commonality	<b>Q</b> <sup>2</sup> Cross validated redundancy
Work Engagement	.141	Medium	.832	.169

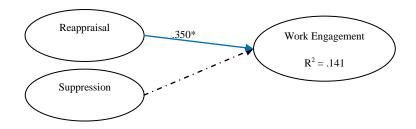


Figure A10.22.i. Results of Partial Least Squares analysis for the model investigating the relationships between emotion regulation and work engagement (\*\*\* p < .001; \*\*p < .01; \* p < .05; dashed lined indicate non-significant paths).

Table A10.22.v. Statistical results for Path Coefficients (reappraisal, suppression, work engagement).

	β	t	SD	SE	CI <sub>95</sub>	$f^2$	f <sup>2</sup> effect size
Reappraisal → Work Engagement	0.350*	2.17	0.162	0.162	.032; .668	.104	Small- medium
Suppression → Work Engagement	0.130	0.624	0.208	0.208	278; .538	.017	Very small

\* p < .05, \*\* p < .001; \*\*\* p < .0001

 $t_{0.05, 4999} = 1.645$ ;  $t_{0.01, 4999} = 2.576$ ;  $t_{0.001, 4999} = 3.291$  (one-tailed)

(Lindley & Scott, 1984)

Calculating the Confidence Interval:  $CI_{95} = \beta \pm t_{CV}*SE$  where  $t_{CV} = 1.96$  for two-tailed 95% Confidence Interval

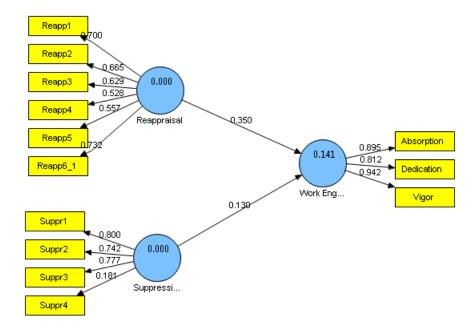


Figure A10.22.ii. Original PLS output for model investigating the direct effects of reappraisal and suppression on work engagement.