

From Finger Prick Sampling to On-Body and Ultimately Implantable Chem/Bio-Sensors: The Key Role of Active Fluidics in Realising the Long-Term Functional Platforms of the Future

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The (broken) promise of biosensors.....



BIOSENSORS THE MATING OF BIOLOGY AND ELECTRONICS



Implanted sensors control the flow of insulin in a field of Utah model is a field

Sometime within the next three or four years, a physician will insert a centimeter of platinum wire into the bloodstream of a diabetic patient. At its tip will be a barely visible membrane containing a bit of enzyme. Hair-thin wires will lead from the other end of the platinum to an insulin reservoir—a titanium device about the size and shape of a hockey puck—implanted in the patient's abdomen.

Within seconds a chemical reaction will begin at the tip of the wire. A few molecules of glucose in the blood will adhere to the membrane and be attacked by the enzyme, forming hydrogen peroxide and another product. The peroxide will migrate to a thin oxide

In medicine and industry, a wide range of biological reactions

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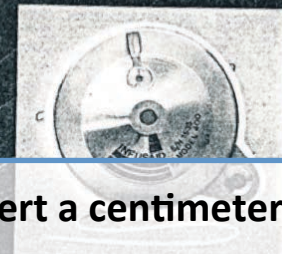
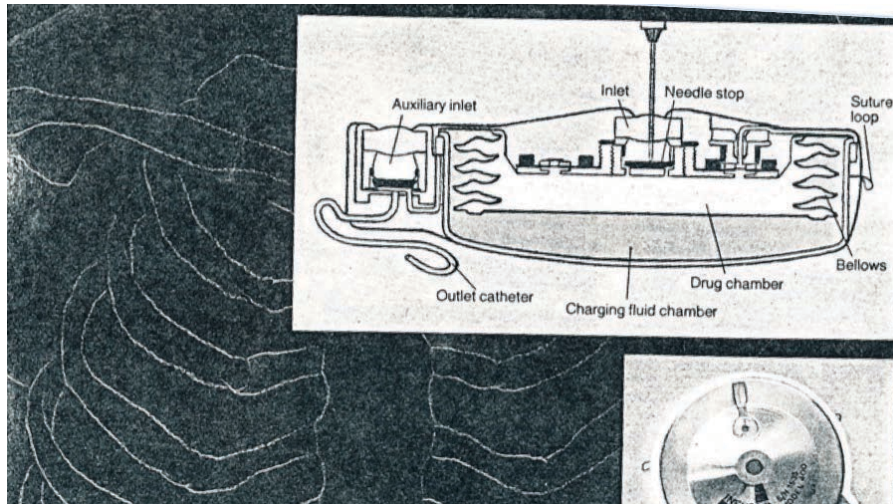
At its tip will be a barely visible membrane containing a bit of enzyme.

Hair-thin wires will lead from the other end of the platinum to an insulin reservoir implanted in the patient's abdomen.

Within seconds, a chemical reaction will begin at the tip of the wire.....

.....And (by implication) it will work for years reliably and regulate glucose through feedback to insulin pump

High Technology, Nov. 1983, 41-49





Current Approach: Finger Prick Sampling



- e.g. Diabetes: ca. 7% of world population
- USA: population 300 million
- Ca. 20 million diabetics
- Personal control of condition using finger prick test => blood sample + glucose biosensor
- Say four measurements per day = 80 million/day
- Per year = ca. 30 Billion measurements/yr
- Each sensor used ONCE





Abbott Freestyle 'Libre'



The days of routine glucose testing with lancets, test strips and blood are over.²

Welcome to flash glucose monitoring!

How to use the FreeStyle Libre System

The FreeStyle Libre system utilises advanced technology that is easy to use.

1 Apply sensor with applicator



- A thin flexible sterile fibre (5mm long) is inserted just below the skin. Most people reported that applying the sensor was painless⁶
- The 14-day sensor stays on the back of your upper arm and automatically captures glucose readings day and night.
- The sensor is water resistant and can be worn while bathing, swimming and exercising⁷

⁶ Most people did not feel any discomfort under the skin while wearing the FreeStyle Libre sensor. In a study conducted by Abbott Diabetes Care, 93.4% of patients surveyed (n=30) strongly agree or agree that while wearing the sensor, they did not feel any discomfort under their skin. [29 persons have finished the study; 1 person terminated the study after 3 days due to skin irritations in the area where the sensor touched the skin.]

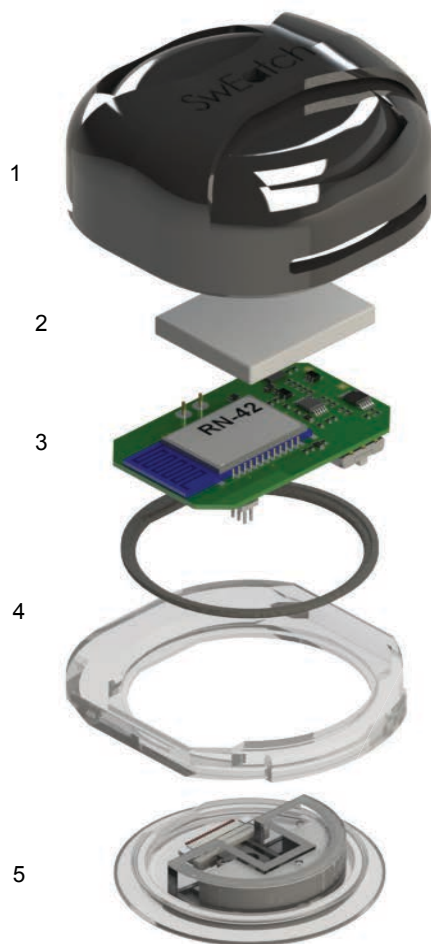
⁷ Sensor is water-resistant in up to 1 metre (3 feet) of water for a maximum of 30 minutes



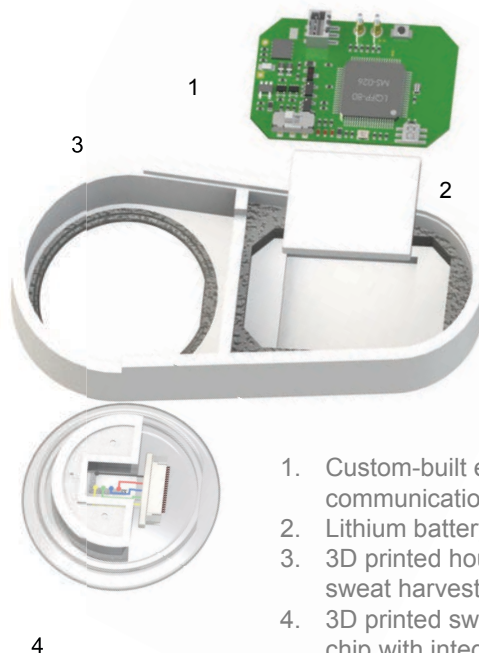
- 'Small fibre' used to access interstitial fluid
- Data downloaded at least once every 8 hr via 1s contactless scan (1-4 cm)
- Waterproof to 1 metre
- Replace every 2 weeks

Current state-of-the-art for patch based glucose sensing is 2-weeks use outside the body Implants require 10 years inside the body

Sweatch.....



1. 3D printed housing
2. Lithium battery
3. Custom-built electronics with wireless communication (Shimmer)
4. 3D printed mount with silicon inner seal to house the sweat harvester
5. 3D printed sweat harvesting device and microfluidic chip with integrated sensor



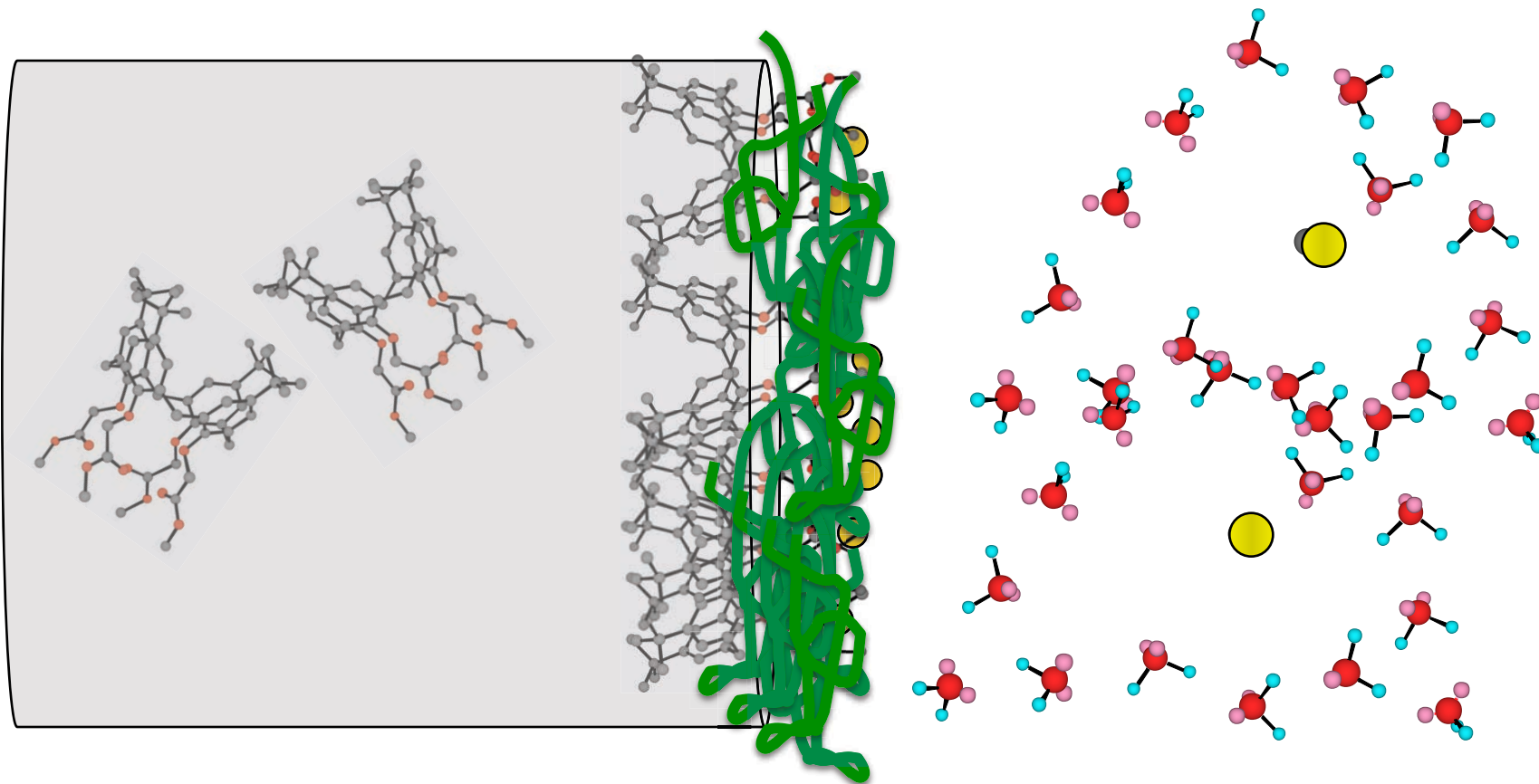
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See Poster Margaret McCaul, et al...



Control of membrane interfacial exchange & binding processes



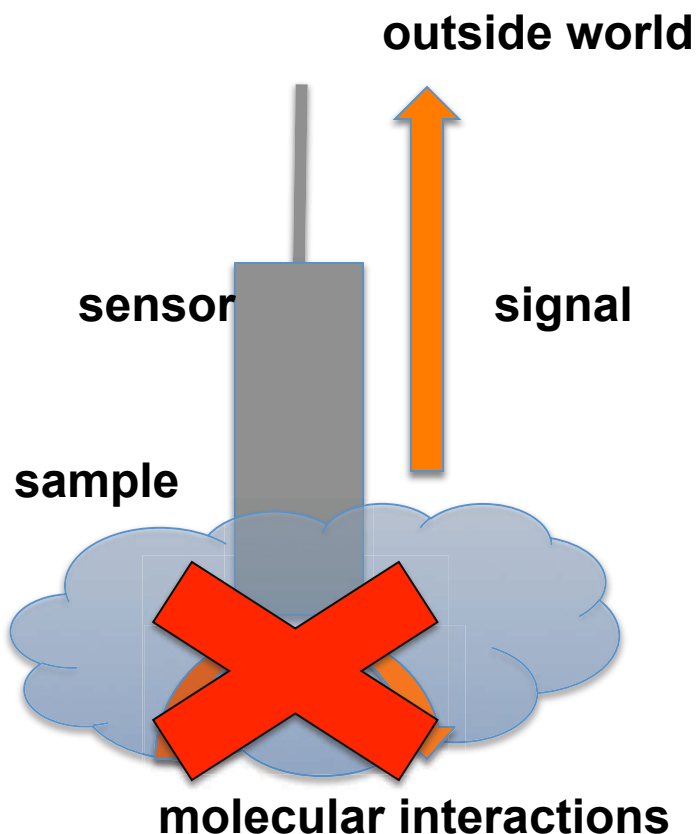
Remote, autonomous chemical sensing is a tricky business!



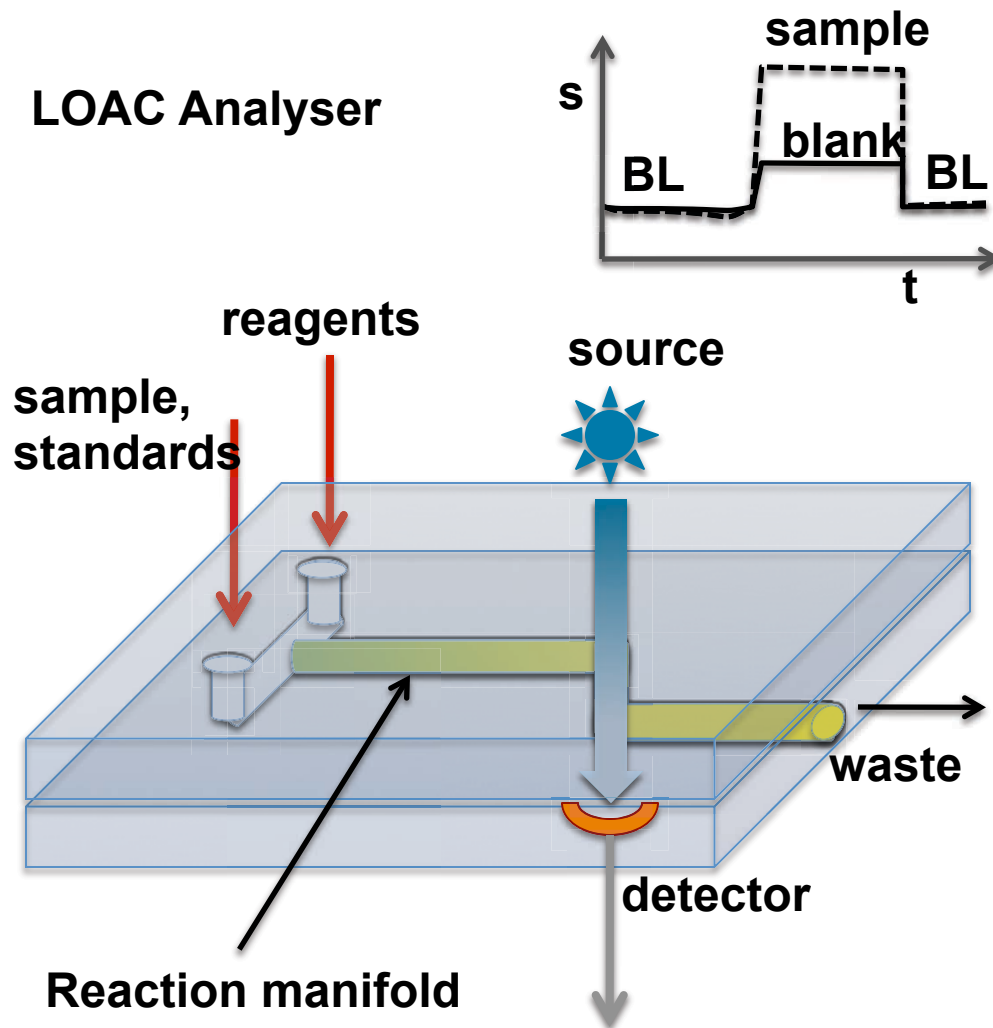
Direct Sensing vs. Reagent Based LOAC/ufluidics



Direct Sensing



LOAC Analyser





Microfluidics, to date, has been largely focused on the development of science and technology, and on scientific papers, rather than on the solution of problems

**Editorial 'Solving Problems', George Whitesides,
Lab Chip 10 (2010) 2317-2318**

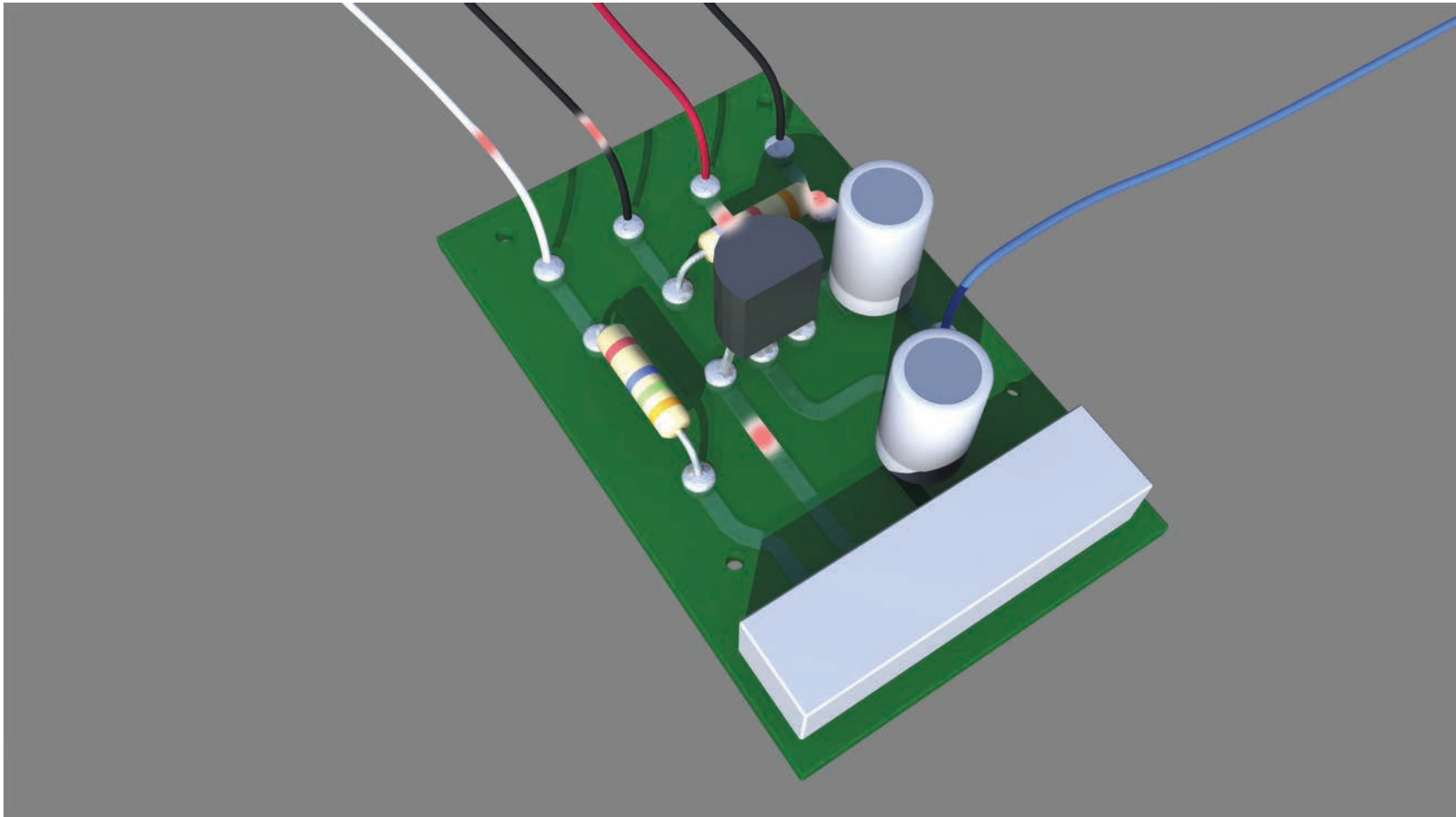


Microfluidics – Evolution....

Engineering Inspired

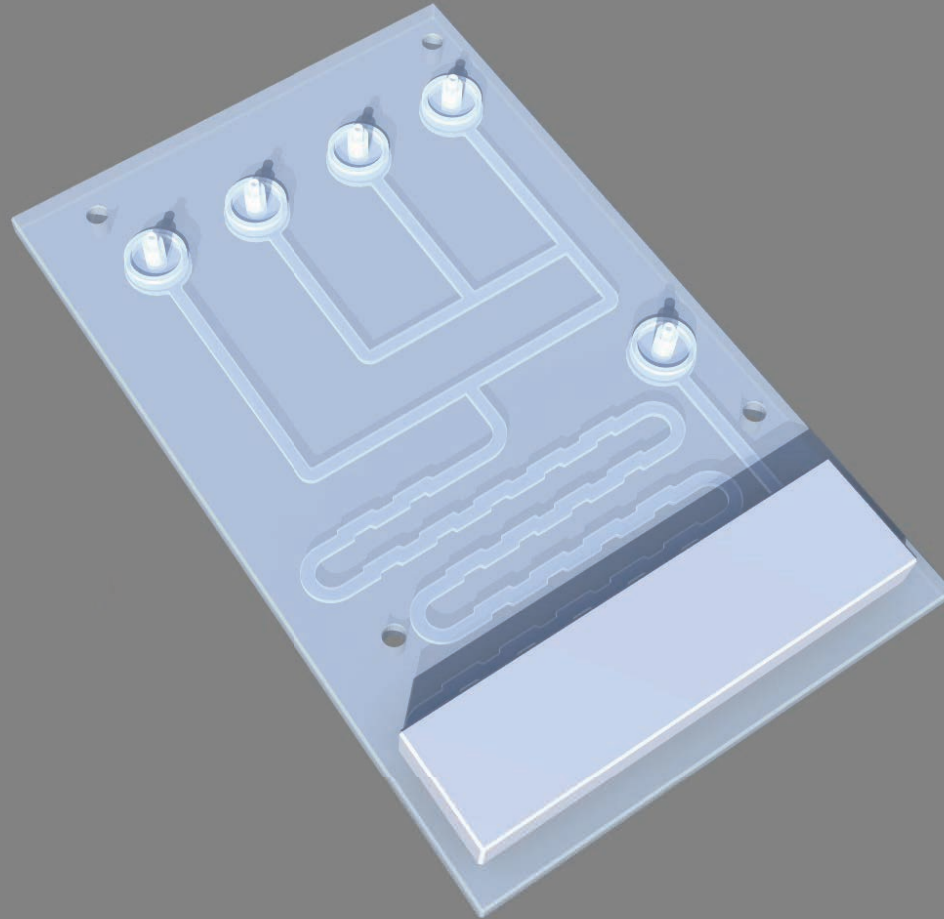


BioInspired





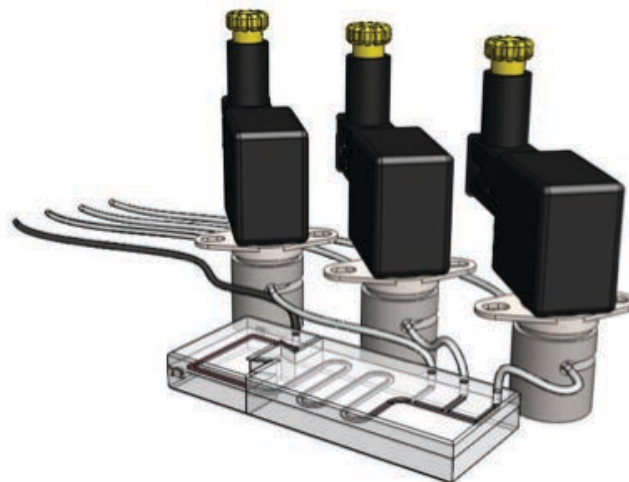
But not everything is integrated.....





How to advance fluid handling in LOC platforms: re-invent valves (and pumps)!

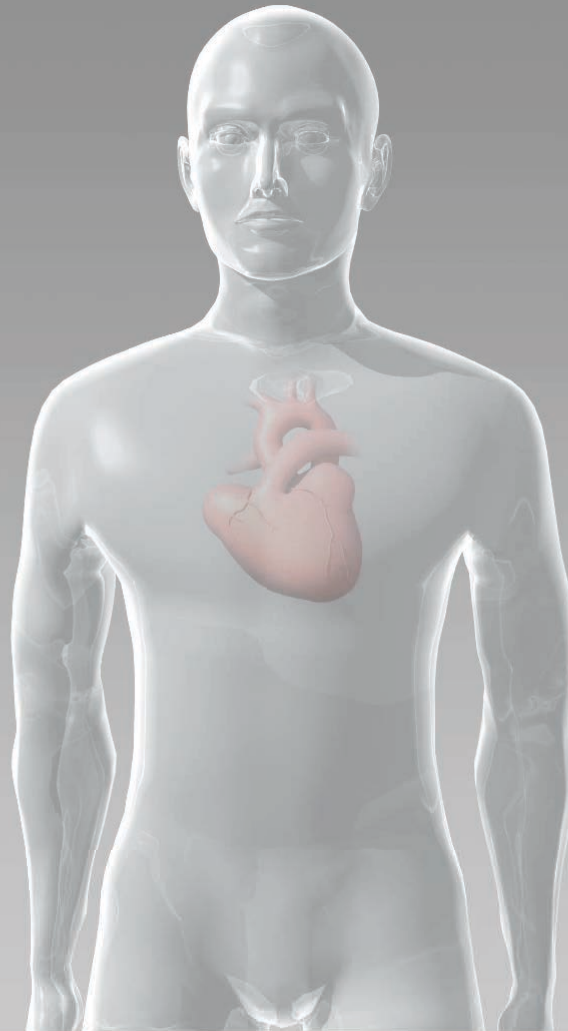
- **Conventional valves cannot be easily scaled down - Located off chip: fluidic interconnects required**
 - Complex fabrication
 - Increased dead volume
 - Mixing effects
- **Based on solenoid action**
 - Large power demand
 - Expensive



Solution: soft-polymer (biomimetic) valves fully integrated into the fluidic system

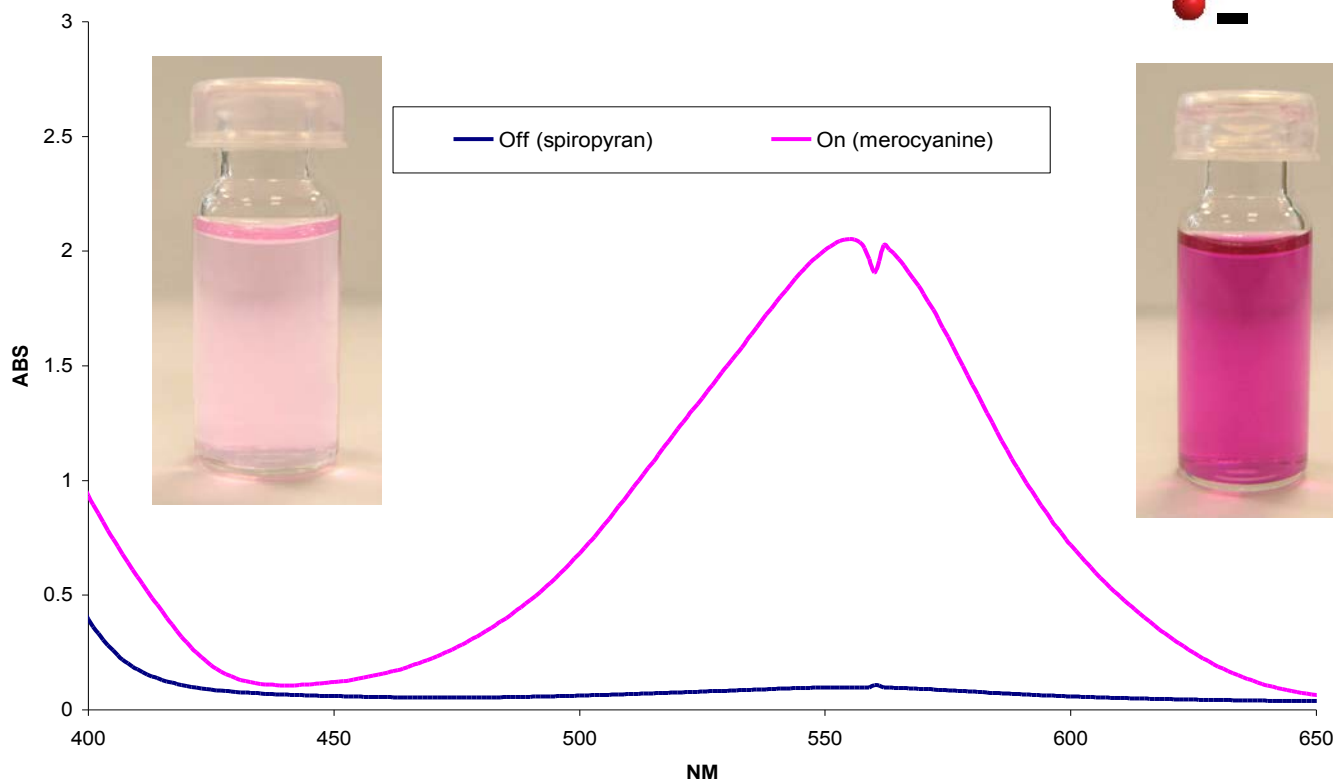
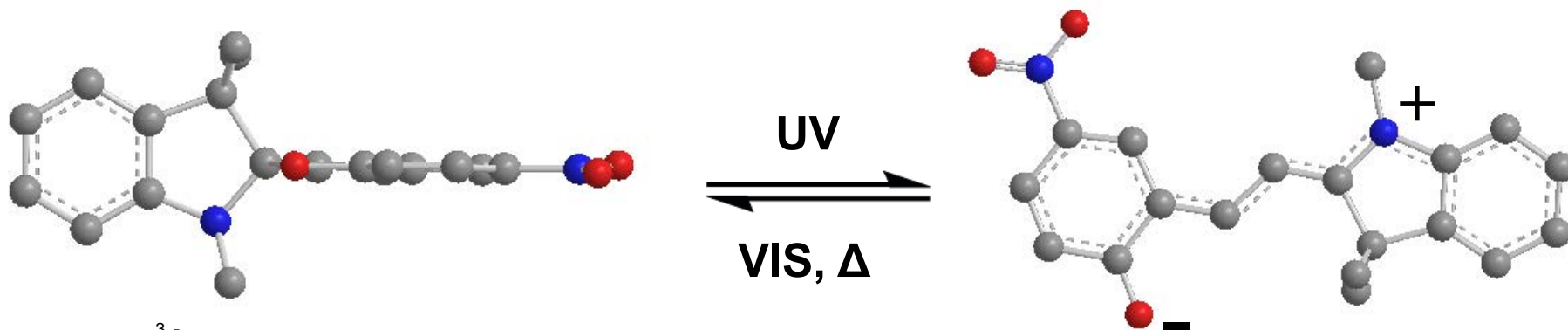


Bioinspired Fluidics





Photoswitchable Soft Actuators

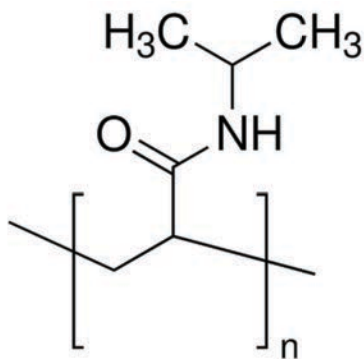




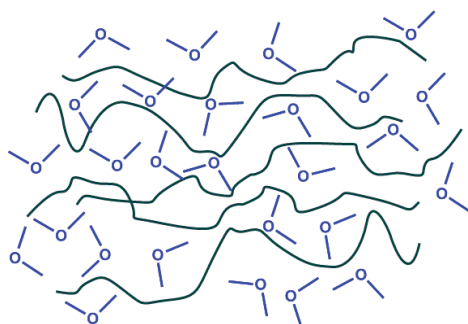
Poly(*N*-isopropylacrylamide)

- pNIPAAm exhibits inverse solubility upon heating
- This is referred to as the LCST (Lower Critical Solution Temperature)
- Typically this temperature lies between 30-35°C, but the exact temperature is a function of the (macro)molecular microstructure
- Upon reaching the LCST the polymer undergoes a dramatic volume change, as the hydrated polymer chains collapse to a globular structure, expelling the bound water in the process

pNIPAAm



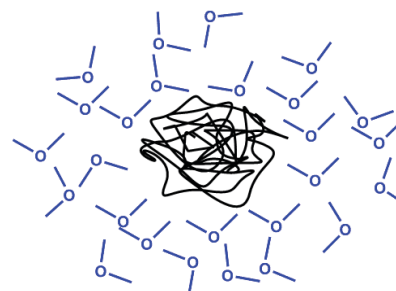
Hydrophilic



Hydrated Polymer Chains



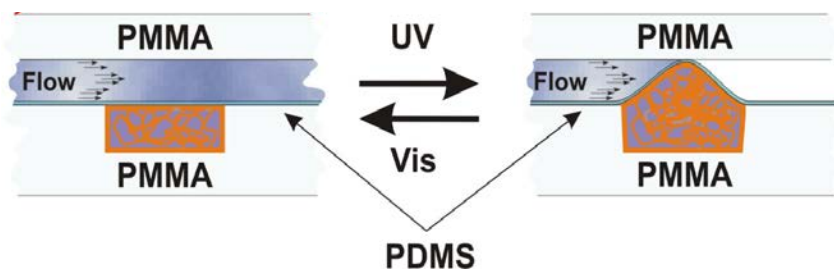
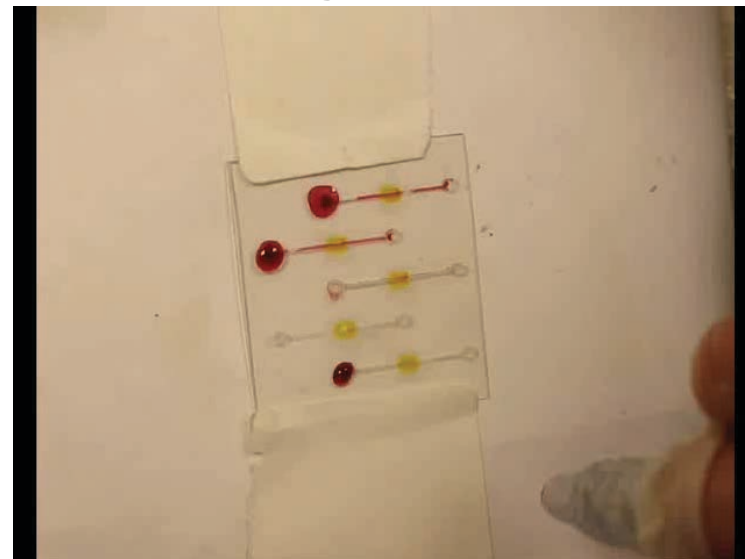
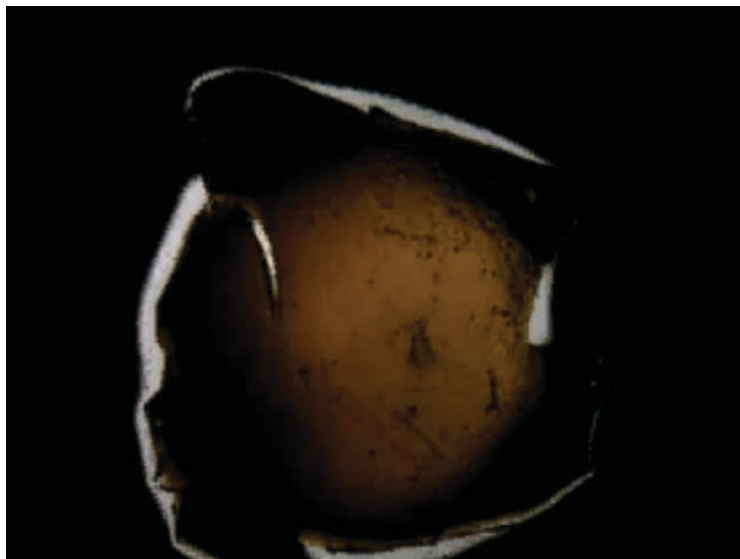
Hydrophobic



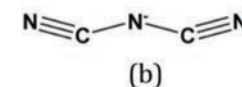
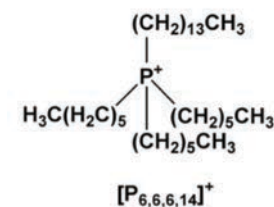
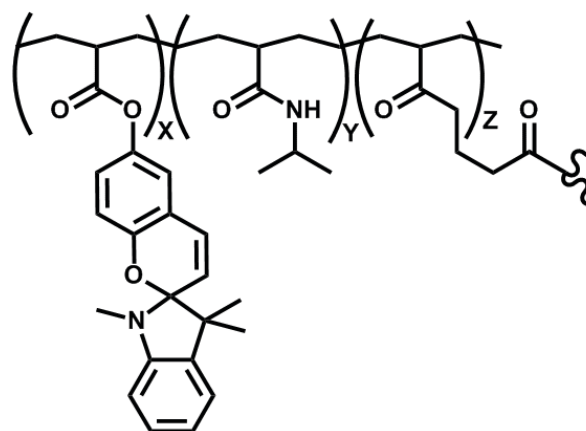
Loss of bound water
-> polymer collapse



Photo-actuator polymers as microvalves in microfluidic systems



trihexyltetradecylphosphonium
dicyanoamide $[P_{6,6,6,14}]^+[dca]^-$

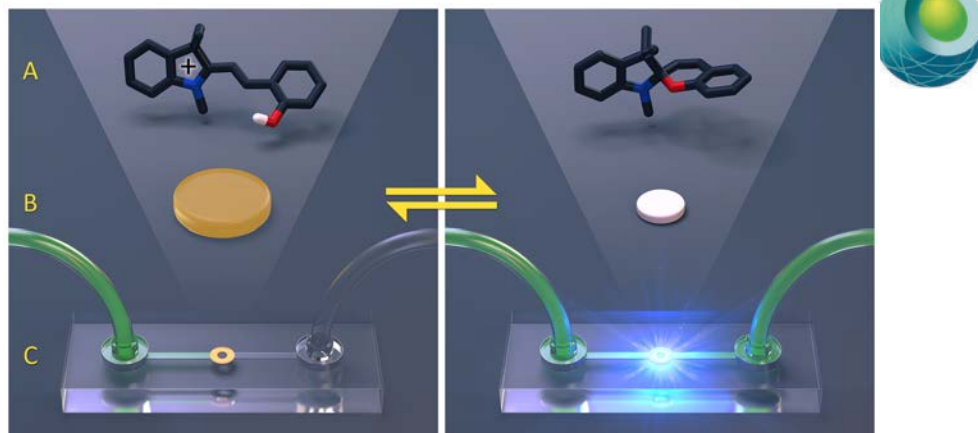


Ionogel-based light-actuated valves for controlling liquid flow in micro-fluidic manifolds, Fernando Benito-Lopez, Robert Byrne, Ana Maria Raduta, Nihal Engin Vrana, Garrett McGuinness, Dermot Diamond, Lab Chip, 10 (2010) 195-201.

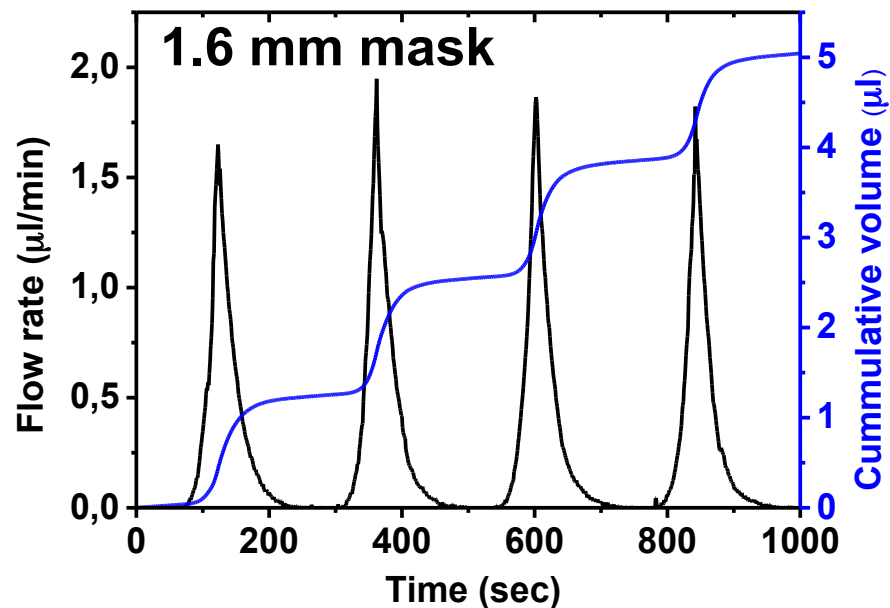
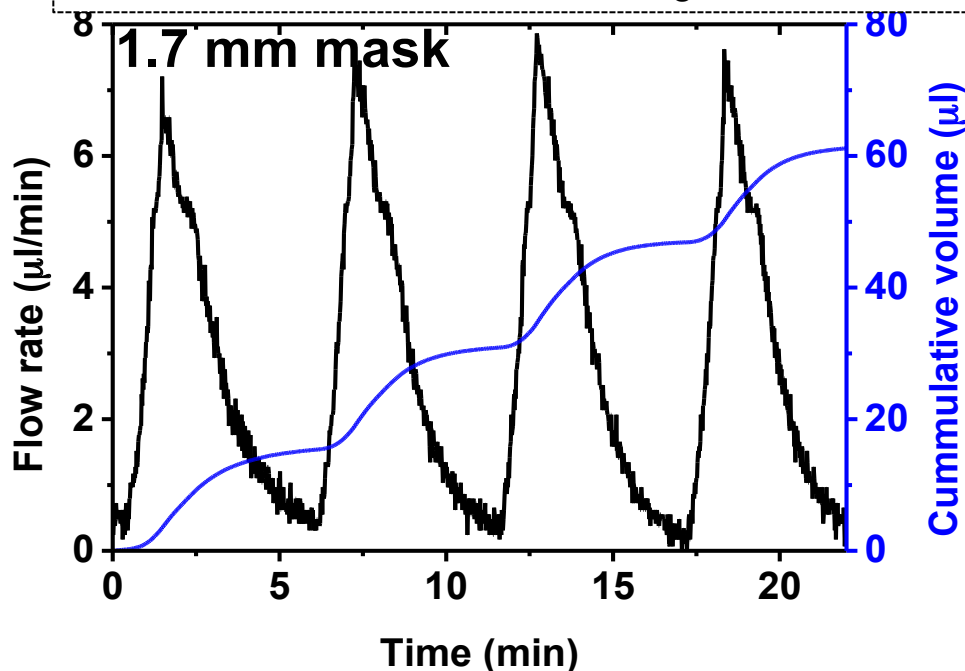


Valve Optimisation

First example of actuating polymer gels as reusable valves for flow control on minute time scales
(> 50 repeat actuations)

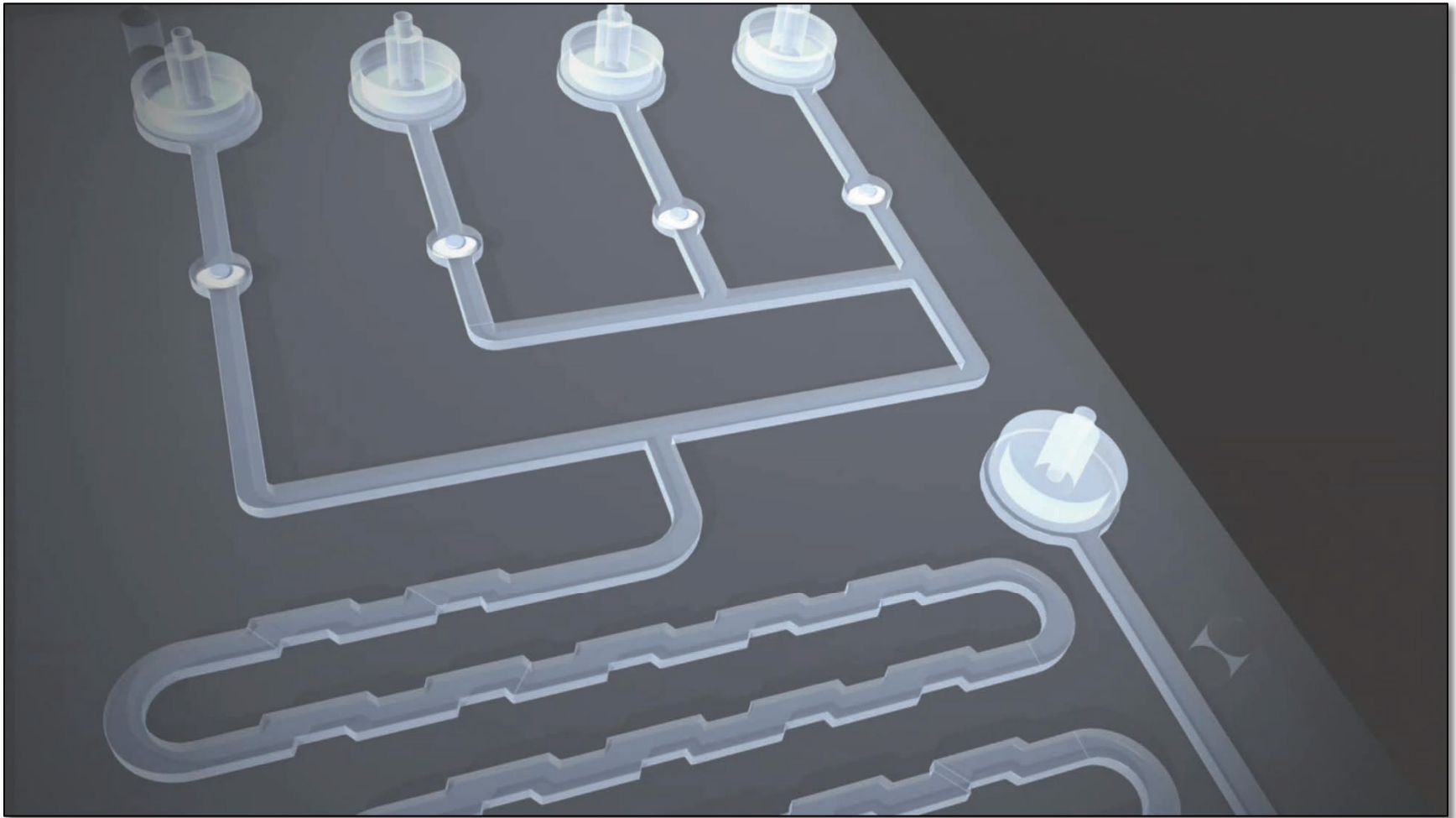


From 'Molecular Design of Light-Responsive Hydrogels, For in Situ Generation of Fast and Reversible Valves for Microfluidic Applications', J. ter Schiphorst, S. Coleman, J.E. Stumpel, A. Ben Azouz, D. Diamond and A. P. H. J. Schenning, Chem. Mater., 27 (2015) 5925–5931. **(cover article)**

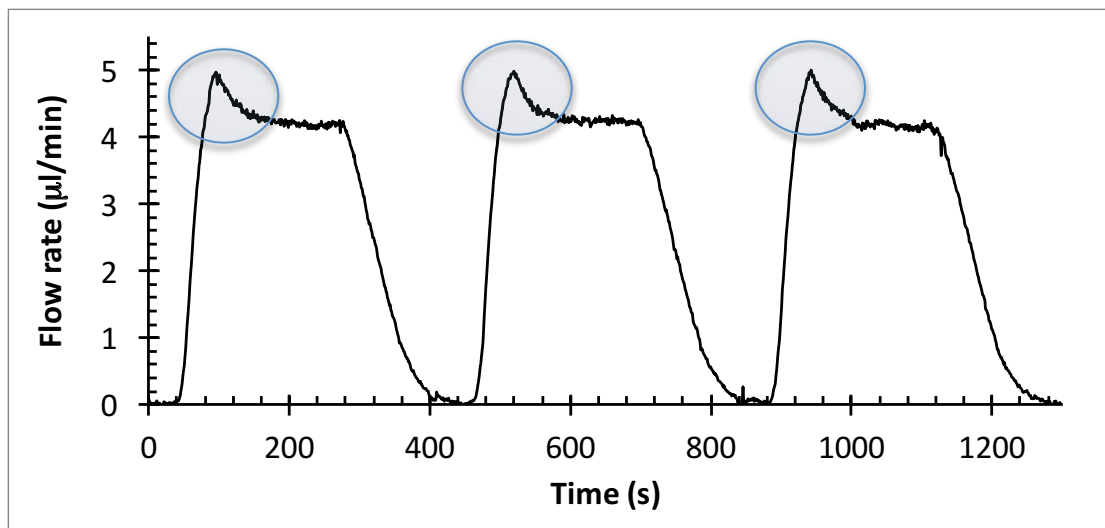




Photovalue Operation



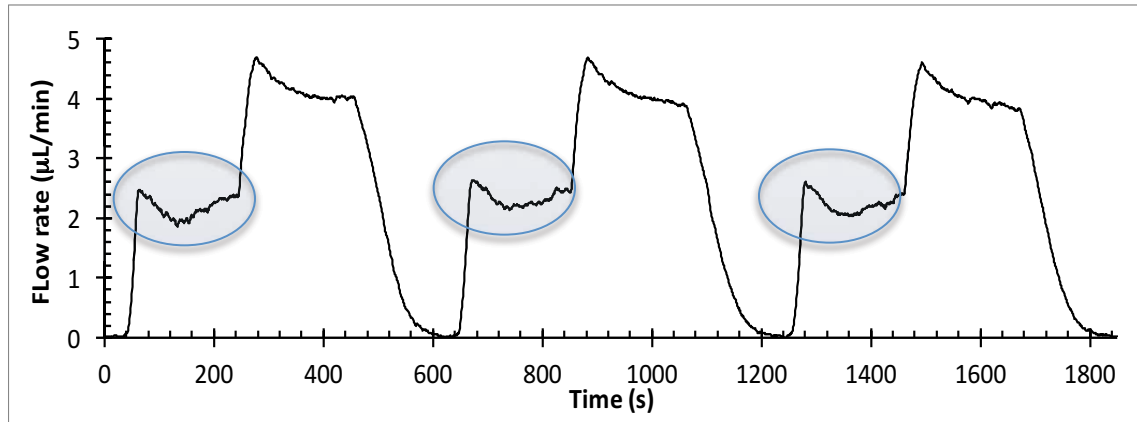
Photocontrolled Flow rate



- 60s LED on
- **180s pulsed LED (1s on, 2s off)**
- 180s LED off

Levels out ca. 4.0 $\mu\text{L}/\text{min}$

- 30s LED on
- **180s pulsed LED (1s on, 2s off)**
- 30s LED illumination
- **180s pulsed LED (1s on, 2s off)**
- 180s LED off

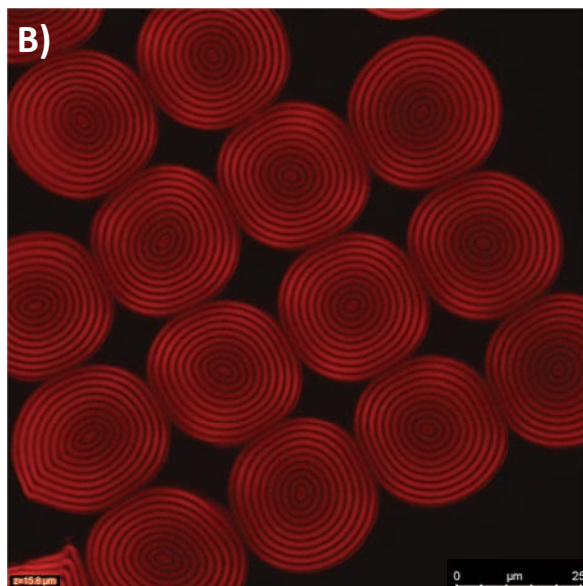
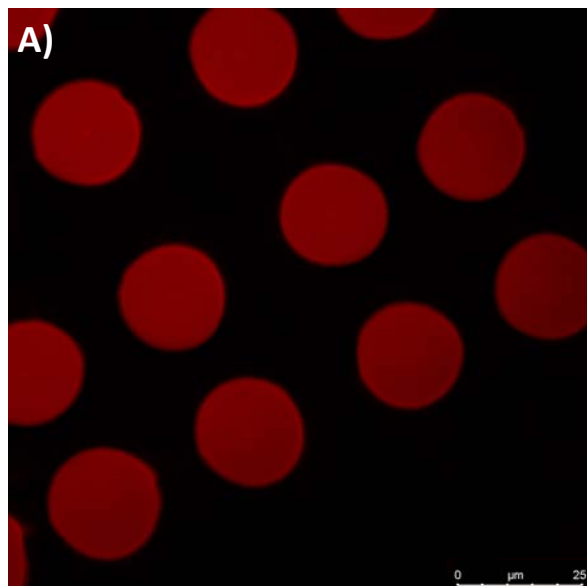


(1) Overshoot, and (2) Steady-state flow rate for this pulse sequence is ca.4.0 $\mu\text{L}/\text{min}$

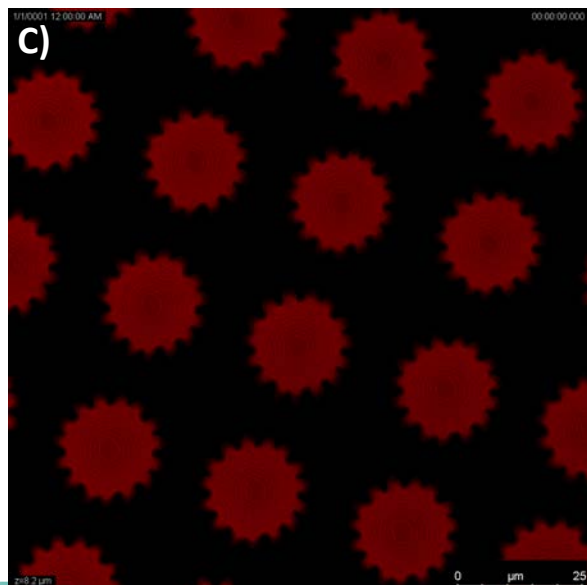
Coleman, S.; ter Schiphorst, J.; Ben Azouz, A.; Bakker, S.; Schenning, A. P. H. J.; Diamond, D. Tuning Microfluidic Flow by Pulsed Light Oscillating Spiropyran-Based Polymer Hydrogel Valves. *Sensors and Actuators B: Chemical* 2017, 245, 81–86.



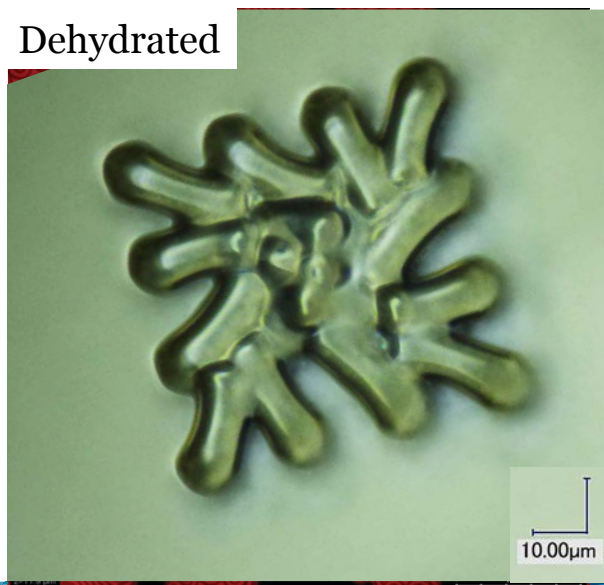
Endo-Skeleton Controlled Actuation



Microscope images of micro-scale pillar array fabricated in PIL hydrogels by 2-PP showing the collapsed pillars before hydration (left) and after hydration (middle and right). The concentric contour slicing pattern used to create the microstructure is visible in the swollen hydrated structures and are very clear in the high resolution STED image (right) of rodamine modified hydrogels. The hydration process is fully reversible and shows shape-memory behaviour. (DCU unpublished results)



Dehydrated



Hydrated





The future?



**Flexible Conformable Displays...
Flexible, Conformable Fluidics**

**But ultimately
3D 'Soft' Self-Aware
Fluidics....**



Thanks to.....

- **Members of my research group: Simon Coleman, Peter McCluskey, Colm Delaney, Nigel Kent, Jeff Whyte, Aymen Ben Azouz, Jeroen ter Schiphorst, Albert Schenning**
- **NCSR, DCU**
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- **Enterprise Ireland**
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